

INDIAN ECHOES

1990

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Pressure



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A commitment to academic excellence is the goal of Ryan White and Jeffrey Parker.



Constantly under pressure with the demands of both academic and extracurricular activities are handled with ease by Jennifer Davis and Erina Moriarty.



Contents

Under Pressure

Indian Echoes Vol. 47
Gar-Field Senior High School
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Contents under pressure

Pressure is the perfect word to describe the student body. Everyone at some time during his or her high school years experiences some type of pressure whether from parents, teachers, or friends.

To be a freshman means adjusting to a new and bigger school with about four times as many students as middle school. "The first week was a little rough but by the second week it was a breeze," stated freshman Kristen Lovell. Learning to drive and passing the drivers test is probably the most important thing on a sophmores mind. Finally, when students do learn to drivethey need a car. Juniors are often trying to juggle school with work. The senior year students have to choose careers, fill out college applications, take SATs and of course, make reservations for BEACH WEEK. Senior Dyane Felts said, "I think the biggest pressure at school this year is dealing with the college applications on top of school."

In addition to these pressures parents are always asking "where are you going?" "where have you been?" and "have you done your homework?" "My parents pressure me about my grades, because I have no other restrictions," comments Missy Ogden.

Grades put a lot of pressure on students. You must always study, memorize, or resite. Teachers are famous for putting the pressure on students to speak in front of the class. "I don't like getting in front of the class because they laugh at me," added junior Jane Fetko.

At lunch Debbie Navaro, Carrie Vitko, Sabrina Iglesiasias, Shayne Jackson, Kim McCulloch, Chris Frye, Carrie Wiggins, Jennifer Garret, Stephanie Shrewsbury, Shannon Jackson, Dennis Krell, Ashley Holland, David Presnell, Denise Simcic, Chad Jordan, Tony Wudski, Jeanne Schmecht and Jeff Killingsworth take time to pose for a picture and have fun .



Excited over the unexpected early dismissal due to Hurricane Hugo Senior Chris Frye gets a ride home with Jason Dengler.



Kneeling by the lockers Senior Stephanie Shrewsbury jokes about what happened last period as Carlos Alvarez gets his books for his next period class.



Standing against the wall Alex Lepage wishes for a fire drill so he won't have to resite the preamble

Although there was an increase in lunch prices this year Jaret Hadden didn't mind. He still found the money to eat a nourishing lunch in the cafeteria with his friend Ricky Knott.



Ready to go home and watch her favorite TV show and do her homework Sharon Eddy is the first out of the school for once since cheerleading practice was canceled.

Gald the day is half over Seniors Carrie Vitko and Tara Knight laugh as they listen to one of Ricky Lloyd's stories.



During a meeting of the dominants Jonthan Miller expresses his ideas as Susan Suslowicz listens attentively.



Instead of eating lunch Seniors Jerry Eastman, Jeff Thurston, and Brian Hunkley spend their time doing their homework and studying before the bell rings.



Mike Crossett and Heidi Dieringer wait for their frienmds to join them for lunch.

**"The Junior and Senior years put a lot of pressure on you, because you start worr ying about college and your life after highscool which in turn af-fects your social and academic life."
Karan Angiolillo.**

Students' lives are Packed with Pressure

Being a teenager isn't easy, with pressure to succeed socially, academically, athletically, or anywhere. Life at Gar-Field encompassed many of these aspects, which meant that everyone had a built in amount of pressure. Whether it was adjusting to a new school, navigating the crowded halls, encountering tougher competition, or juggling a busy schedule, pressure became a constant in every student's life.

The classroom proved to be the center of stress for some as they struggled to stay on top of the academic pile-up- the pile of homework and tests teachers dispensed with

no mercy. Joked math teacher Sara McKelvey in response to student complaints, "I don't know who told you I was nice!"

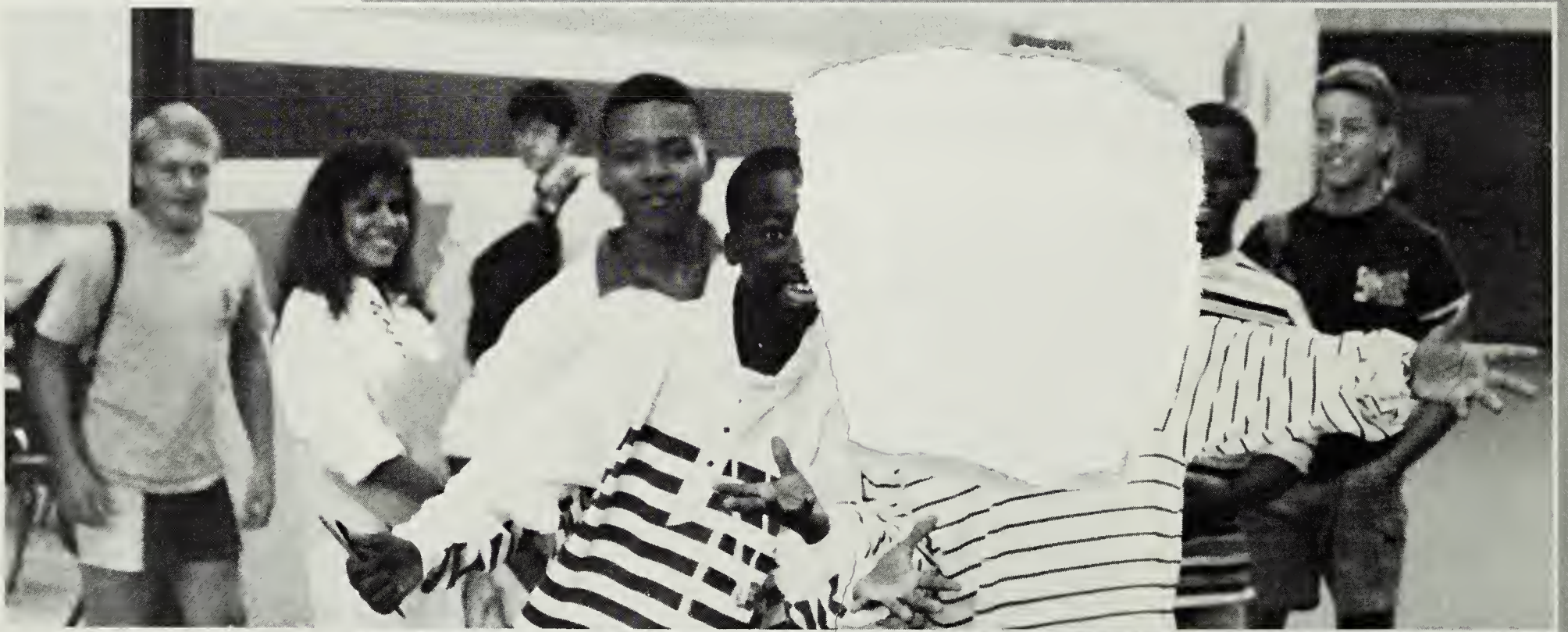
The pressure also extended to life beyond school. Students and teachers alike stepped out into community activities, like sophomore Melissa Sorensen, who is an active member of People for the Ethical Treatment of Animals. "Someone has to do something to protect them," she said.

Others made time for hobbies outside of school, such as skateboarding, swimming, or even fighting mock medieval battles. Chuck Kane, who

regularly fights in these mock battles, explained his hobby by saying, "where else can I hit somebody and not get in trouble?"

No matter what stress everyday life brought, the youngest and oldest classes of G-F were subjected to unique pressure. For the class of '90, worrying about the future was common; freshmen had to compete with older, bigger kids, as well as adjust to unfamiliar settings.

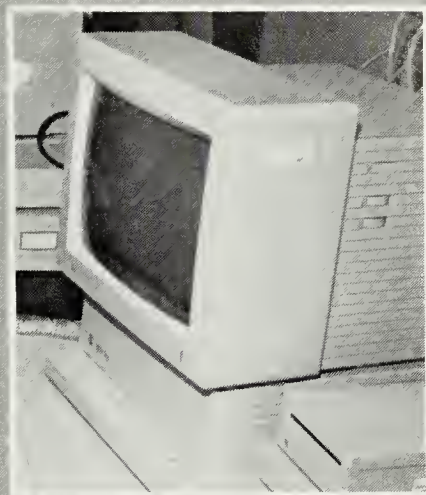
All in all, pressure- both positive and negative- was something that helped shape this school year, and the people in it- the contents of Gar-Field.



Individual style was one of Gar-Field's outstanding characteristics this year. Stopping for a moment to display their own style were Rassan Byrd and Lonnie Kindred.

Some underclassmen still had to rely on their own two feet to get them home from the bus stop, like Amy Sullivan and Kristin Lovell.





STUDENT Life



Waiting for the buses to leave, Lewis Forset and Carol Medina hang out in the parking lot.

Bursting into Spring

Even though peoples minds were on getting out of school, there were many spring activities going on. First of all, the advanced fashion merchandising students put on a fashion show.

Teachers and students alike participated in this event. Among those were various school administrators and selected teachers. Unlike past years, this fashion show had more male participants.

There were four scenes in the fashion show including the opening which was called "School Daze." Next the students produced a scene titled "A Night to Remember" which was a reflection of our prom. The show was half way over and Principal Roger Dallek handed out diplomas in the third scene called "A Touch of Class." The fourth and final scene came and it was called

"Beach Bound '89." In this scene there was a Jeep, a giant beach ball, and a lifeguard stand resembling a beach like atmosphere.

Another event during the spring was the annual variety show. The show took place on March 31 and April 1. The show lasted approximately two hours. The commentators of this show were Osie Brown and Jennifer Stanbaugh. At the talent show there were fifteen acts. Among those were singing, dancing, live bands playing some songs and a rap group showing off its talent.

Every year our school has a blood drive sponsored by the

red cross. The blood drive is limited mainly to juniors and seniors since there is an age requirement. Some students who were hesitant to give blood used the excuse, "I need all the blood that I have."

Although many people attended the spring events, some people just went outside and enjoyed the beautiful spring weather. "I like the spring because of all the beautiful colors and the nice weather," said senior Melanie Pike. The fact that the weather was especially warm made the outside appealing and made it difficult for students to concentrate on school.



During the annual variety show, Michelle Pillow shows off her talent by singing a song. "It was the most fun I have ever had," said Michelle.



Racing their radio control cars around a track, Brett Templeton, Walter Hagan, and Dennis Halman wait to see who will come in first place.

In addition to acting as masters of ceremony for the talent show, Osie Brown and Jennifer Stanbaugh participated in a dance routine.

Showing off prom attire, Tara Knight and Mike Johnson model in the spring fashion show.



Showing off some of the newest spring designs, Stephanie Thompson gives the fashion show audience a final look.

During the tryouts for the district competition play, Chuck Edwards, English teacher, and Edward Joshlyn watch the next person to audition.



Math Department

Stephanie Allison
Natalie Brunson
Maria Cahill
Mary Jane Centola
Cary Howard
Lynn Knight
Ashley Kohler
Sara McKelvey
Sarah Parker

Manuel Ramos
Toni Robertson
Ingrid Scholz
Faye Simon
Rita Tobin
Ed Tucker
Gary VanWinkle
Jean Walsh
Nancy White
William Willis

It took forever to prepare...

During the spring of every year, students build up anxiety as they anticipate the coming of prom.

The first fear that a student has to overcome is knowing whether or not he or she is going to get asked.

After the pressure is off student can begin preparation for prom. Soon appointments are scheduled for tuxedo fittings, the hair dressers and the tanning saloons.

"How much I spend on prom depends on how much money I make in the next couple of months," said Senior Troy Fuchs. In order for the guys to get a better tuxedo they had to shop early. Senior John Mann said he planned to spend about \$500 on prom.

The never ending search for a perfect prom dress also begins early. Senior Shelly Wal-

ters said she spent time finding out who is wearing what styles and colors.

She spent aboutt \$200 on her gown. "I like my prom dress to be kind of sexy, but feminine," said Walters.

There were many different styles and colors to choose from. Senior Jenny Stevensaid

she planned to spend between \$100 and \$200 for a dress. A lot of time between friends are spent finding out who is wearing what styles and colors.

Many girls had to buy some dye because they had to dye their purses and shoes to match the colors of their dresses.

In order to avoid spending a lot of money many students got together to split the cost of dinner and a limosuine.

Then before they knew it prom time was here students got together to split the cost of dinner and a limosuine. spent finding out who is wearing what styles and colors.

In One Night We Spent



While taking a break from dancing, Nikki Meyers' blind date feeds her a snack.

Dress: \$200

Shoes and Purse: \$60

Hair: \$30

Tanning Saloon: \$40

Pictures: \$30

Tuxedo: \$95-\$120

Tickets: \$30

Dinner: \$35

Coursage: \$15-\$20

Limosuine: \$400



As of any prom tradition Senior Ashley Holland puts a corsage on the hand of Senior Kandice Michael.

It didn't last long enough

The long awaited prom night had finally arrived. The Sheraton Hotel was decorated with vivid colors as the students made their way through the reception line.

Pastel colors and familiar faces paced the music filled ballroom. The rock band played a variety of music setting a mood of romance.

The evening started out on a slow note but as the evening progressed the scene became alive.

Voices echoed as friends greeted one another. As the students relaxed the tension wore off.

More and more couples entered the dance floor and started to dance the night

away.

As prom set into the early morning hours couples began to head out into the late night air. The ball room emptied as the last couple headed for home.

They thought of the evening's events and wished that the night would have never ended.

Looking sharp, Senior Tom Chandler shows Senior Teresa Speck the high class limosine that they will go to prom in.



The social gathering of friends at prom helps relax the mood as they talk about the memories that each of them share.

Romance is in the air as felt by Senior Carrie Brower and Senior David Orndoff, each of them setting a mood for the night.

Caught by surprise, Senior Rachel Sutherland receives a corsage from Senior Steve Anderson.



students
sacrificed
fun for
funds in a

Loss of Leisure

People everywhere discovered that the summer doesn't always mean freedom from the alarm clock. Students worked in a wide variety of summer jobs from teaching children Tae Kwon Do to, in the words of senior Jason Davis, "slinging tacos at Taco Bell."

When it came to finding a summer job, not everyone applied at the mall. Senior Joe Emling worked in laboratory at Ft. Belvoir, and junior Jenny Edleschick drove cars onto railroad cars for Amtraks last summer. The best part about her job, she said, was driving all the sport cars onto the car. Senior Tony Midget worked at Dale City Recreation Center as a Tae Kwon Do instructor.

There were other students who had physically orientated jobs this summer. Tina Broch, Jenni Carroll, Kristin Rensch, Adam Shiffelin, Chris Forester, Jenn Peters, Katie Burrell, and Lisa Schmeiser were all lifeguards this summer. Other pool jobs included concessionaries Sean Harrington and Janet Held, and swim aide Cary Johnson.

The great outdoors also provided other jobs for students, especially at Prince William Stadium. Donnie Bledsoe, John Sommers, and Shannon Dunn all worked as food vendors during baseball games rain or shine.

Other food related jobs included the ever-present fast food restaurants, like Roy Rogers, where freshman Steven Meidt worked. Sophomore Travis Fitzwater, who worked at Padrinos, said his job, "was particularly enlightening."

I learned how to make a good pizza and check out the girls while I was serving them."

But why would anyone want to trade in days of no responsibility for a sometimes boring, often underpaid job? "So I could get prepared for school, and Homecoming."

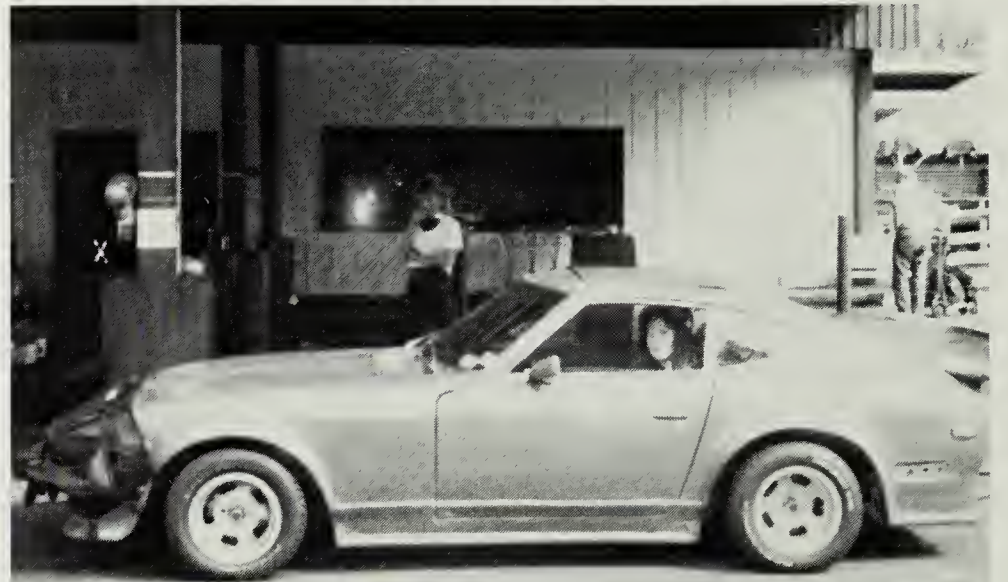
So give me the sunscreen already-- Brothers Eric And Brent Lazersen pause to apply their sunscreen on their way to see the President at the Boy Scouts National Jamboree in early August.



And to think I'm getting paid for my tan. One benefit of being a lifeguard was a tan on the job, as Kristin Rensch discovered from her job at Westridge pool.

All this and french fries too. Melissa Self smiles at the taste of the more than one-hundred crayfish she devoured during her stay in Louisiana's Cajun country.

A ticket to ride. Jenny Edelschick's summer wear was a hard hat, but it was because of her summer job. Driving different cars onto a railroad flatbed for shipment was her daily task.



From Disney World to the real world, students scattered for the summer, engineering the

Great Escape

Sometimes it seems impossible to escape Dale City, but the summer proved to be a great time to try. Vacations varied from person to person, whether it was a week in Ocean City, a summer university program, or a trip to Europe. Students also hit the fifty states, from Vermont, where Cynthia Lyons went, to

Louisiana, where Melissa Sef went to a Wider Opportunity program that allowed her to explore Cajun culture and live with a host family for a few weeks.

Other educational vacations included the Boy Scout National Jamboree, held in Fort A.P. Hill. Eagle scout Jorma Auburn, brothers Brent

and Eric Lazerson, Ken Macdowell, William Ritter, and Ed Gowdy all attended. Said Ed, "Spreadables (canned sandwich spread) were the worst part of the Jamboree. The best was Challenge Valley." The Challenge Valley was cited as fun as well as the Jets' concert, and visits by Steven Spielberg and

President Bush.

Despite all that, Brent said, "It wasn't worth five hundred dollars-I wouldn't suggest going."

All in all, the students of Gar-Field spent this summer exploring the United States, relaxing away from school, and maybe learning a little in the process.



Taking time to smell the flowers. Senior Katie Yachechko shares some of the flowers she bought at a Soviet flower stand with her translators in Riga, USSR.



Business Department

Connie Barley
Cindy David
Norma Early
Sherel Frere
Sue Good
Karen Hundley
Hannah Johnson
Linda Krimmer
Terry McClure
Marianne Rose
Alice Wimmer

They were trying to act inconspicuous, hoping no one would learn their secret, but...

Oh, Brother

You thought that guy who sat in front of you in physics and the girl who sat next to you in Spanish looked alike. Of course, they're brother and sister. That's cool. Take a look around, there are lots of siblings at our school. You may think it's cool, but do they?

Though they may not totally admit to even knowing their brother or sister, Drew Ashley (90) pointed out a positive aspect, "she's (Amy) got some alright connections in the girl department."

Spencer Broce ('90) liked knowing he "always has someone to go to for school supplies or money."

Anne Feeney (93) likes having her brother Chris (91) at Gar-Field to "help me have a great freshman year."

The worst parts? Tara Broce (91) said, "Teachers expect Spencer and me to be alike. It doesn't take long for them to figure out differently. That's not always been a positive experience. Believe me!"

Spencer and Tara Broce angelically sat to get their picture taken at ages three and two, respectively.

Jen Palmer ('92) thought the worst thing about her relationship with her brother, Brian ('90), is "sharing friends." Amy Ashley hates when Drew "teases me in front of his friends. It's quite embarrassing."

What do siblings do together? Nothing, everything, as little as possible, or fight. Most siblings do the normal things like go to church, go on vacations or ride to school

together. But, it is hard to generalize about what siblings do.

Spencer said he and Tara "sometimes will end up at the same place but we rarely do so on purpose."

Having a sibling can't be all that bad because most siblings said they would rather have a brother or sister than be an only child. Sisters and brothers can always play the role of friend when there is nobody else around to do so.

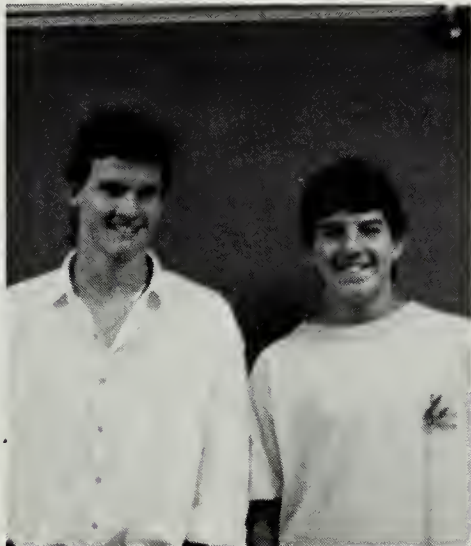
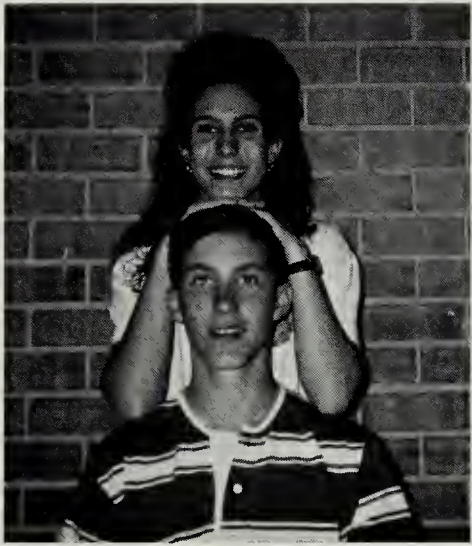
Even now, Spencer and Tara Broce don't mind spending time together



Coming Back to *Our House*

Anne Feeny ('93) says about her brother, Chris ('91)"he can be a little rough when it come to his sister picking out the man."

Despite their three year age difference and opposing positions on the football field, Brett ('90) and Blake ('93) Smith find time to watch each other's games.



BRRRRRing. 6:00 a.m. September 5, 1989. The first day of school. For some people it was the beginning of the beginning, for others it was the beginning of the end. Some people woke up early to don clothes they picked out weeks ago, others rolled out of bed 20 minutes late wearing their normal summer attire.

The first few days of school were for adjusting. Learning time was taken up by filling

out forms, getting books, and assigning lockers. Finding classes was a problem for some freshmen and new people, so Principal Roger Dallek graciously asked teachers not to count tardys for the first few days of school. Unfortunately, teachers seemed to have no problems getting into the swing of things.

Freshman Emily Wilbur moaned, "My teachers gave us homework on the first day."

For some, school started before summer ended. The A.P. Government classes had a summer project due on the first day of school, and the 12th grade A.P. English classes spent their summer furthering their knowledge by reading three works of fiction.

School after summer was lots of pressure, of new ideas, things to do and people to meet. But with some optimism, it wasn't as bad as it could have been.

Yes! Brothers actually do do things together. Here Alex and Frank Council (both juniors) eat lunch with some of their mutual friends.



With our unusual Indian summer, many Gar-Field students were found sporting sunglasses well into October.

Jen Palmer ('92) replied "Yea, except for when he acts like my father" when asked if she likes her brother, Brian ('90).



Choosing to be ready for any weather by wearing shorts and a sweater was Kelli Sorenson (90).



Homecoming Heartbreak

It was the best of games, it was the worst of games. Classes and clubs pulled together to make some of the most innovative floats a homecoming parade had ever had.

The Girls' Varsity Club entered the parade for the first time, and the senior class boys bared their chests in the forty-degree weather.

"I was going to keep my sweatshirt on, but Eliana Cabral insisted that we take 'em off," said senior class president John Somers.

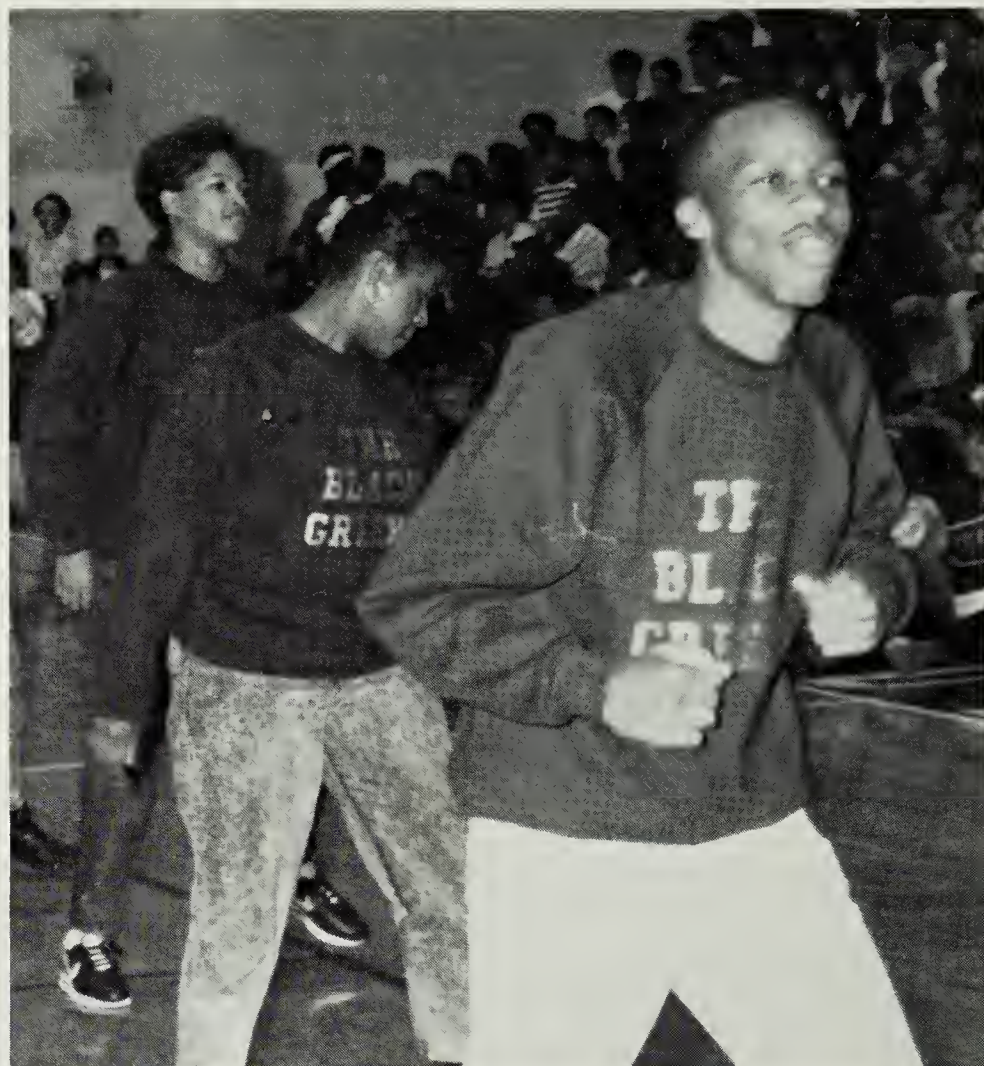
Despite the seniors hard work, the "New Greek" party float came in second to the juniors' huge pillared production. "I think the only reason

the juniors won is because theirs was bigger," senior Michelle Liston commented.

The Indians also suffered on the field as well. Traditionally, Gar-Field plays North Stafford for Homecoming, and won four times in the last five years. This year, after a close game in the second half, the G-Force lost. Indian spirit remained though.

"It wasn't that bad," said Erica Borreao, "we were close."

For the pep rally, Walter Pinson, Sonoma Jordan, and Charleata Beale plus 24 other members of the Black History Club performed the "electric slide."



Close friends Millie Munoz and Lewis Forrest share an enjoyable slow dance to MilliVanilli's "Girl I'm Gonna Miss You." The song was picked as Homecoming's slow song.

People on the senior class floats were in high spirits and warm clothes before the actual parade, where all the guys did the Greek thing and divested.



It's Greek to me

Think frats. Think stair-diving, spray-painting a stray dog at two in the morning, and parties that last all night. But most important, think **WILD**.

Wild? At Gar-Field, where "A commitment to intensified discipline" is practically the law, the homecoming proposal of a Greek Week seemed almost impossible. Yet everyone involved in Homecoming pulled it off nicely, with a homecoming parade that was the best in years and a dance that had double the attendance of last year's.

Technically, Homecoming began at the S.G.C. meeting at

which the theme "Greek Week" was decided upon, along with the two homecoming songs, "Louie, Louie" and "Girl I'm gonna Miss You" by MilliVanilli. Almost immediately after that, each class held a meeting to decide what its float for the parade would look like.

As the weeks approached, SGC president Tara Knight found herself after school more and more often, as did Patrick O'Shea, the sponsor. Coordinating the election of the homecoming princesses on Scan-Tron made their job a little easier. This year's prin-

Our House went "Animal House" for Homecoming weekend '89

cesses were: freshmen Stephanie Tirch and Heather Rupert; sophomores Tamika Jones and Maria Firvida; juniors Charleata Beale and Suzanne Duckworth; and seniors Carrie Vitko, Anita Jones, and Mylinda McConnell. Three of the princesses were on last year's court as well. Mylinda McConnell was crowned Homecoming Queen.

Homecoming weekend approached with two built-in problems: rainy weather and SATs on Saturday, which almost prevented the Homecoming decorating. Fortunately, the committee was still

able to decorate early Saturday morning. The rain, one of Mr. O'Shea's chief worries, cleared up Friday afternoon, and was replaced by cold weather instead.

After a spirited pep rally with a performance by the Black History Club's "Black Greeks," the dance itself was the highlight of the weekend. The lobby was packed with people until midnight. Said Mr. O'Shea, "I thought decorating for Greek Week was going to be difficult, but the decorating committee did a really excellent job. It was outstanding."



Minutes after her crowning, Homecoming queen Mylinda McConnell stoops to receive her rose bouquet from Mr. Dallek and Jeannie Smecht's little sister.

Closing his eyes in exhaustion and defeat is senior James Lyon, out on the sidelines during the final minutes of the game.



English Department

Mike Abler
Brenda Brohard
Sharon Burniston
Chuck Castrina
Sara Chase
Phyllis Coffee
Carmaleta Combs
Tom Corbin
Lallie Crim
Chuck Edwards
Gail Garcelon
Della Gordon

Judy Henson
Judy Jandreau
Paulette Jones
Stephanie Koepping
Wendy La Rue
Linda Little
Ann Martin
Rylene Mickleberry
Judy Powers
Gary Seddon
Jeannine Turner
Lorrie Weidenbruch

Keeping the Spirit Under Pressure

At Gar-Field, school spirit has become the backbone for our sports success. People at our school were much more involved and supportive of our athletes than most. This year there was a lot more support in the stands at our football games as well as basketball, and other major sporting events.

Most students felt that participation and encouragement for our athletes was imperative for a strong, and productive team. For most athletes the fans' applause, and support was their inspiration. Junior soccer player, April Haslacker stated, "Participating in sports myself, I know

"Participating in sports myself, I know having a lot of fans and cheering really gets you up."

April Haslacker

having a lot of fans and cheering really gets you up."

Gar-Field also had a tremendous amount of pride for its athletes. Despite the downfalls of the varsity football team, Gar-Field's fans were still spirited and supportive. Regina McCarthy explains, "No matter how our team does, we're always going to be optimistic and be supportive of them."

Students aren't the only ones who show dedication and spirit, it is also shown by teachers and parents. Many teachers volunteer to work the

concession stands and ticket booths.

During football season, the main place to go on Fridays was the game, so that's where one could find the majority of the people. Along with going to

games to support the teams, many students used this as an opportunity to socialize with friends. Junior, Kara Moylan says, "The best part about the football games are getting to be with your friends, and

making plans for the rest of the weekend."

Although a lot of students went to mainly support our athletes, many, like Kara admit that it was also sometimes a social gathering.



Socializing was more important than seeing the game for Darla Lindgren, Holy Rupert, David Bailey, and their friends.



During a mini pep-rally, Gar-Field students display their spirit by boosting Spiro Nomikos into the air.



A very talented, devoted, Jennifer Stambough practices for band after school.



As Kim Smith purchases candy at the consession stand, Todd Perkins and Brian Barr hastily search their pockets for money

The marching band practices the National Anthem before the foot- ball game.



Despite a disappointing record, the varsity football team seniors were a united group.



The Other 48 hours

Weekends were often packed with everything Prince William county had- and more

What's so great about weekends?

For many students that question didn't even need to be asked. On those two days away from school, there were innumerable opportunities to relax, and entertain themselves.

Sophomore Donnie Bledsoe explains why he likes weekends. "I have time to myself on the weekends, because I'm not all caught up in schoolwork, and homework, and all this other junk."

Being yourself on your own time often included hobbies and civic activities. Both the Key Club and the Model U.N. took turns cleaning up the stadium after home games early Saturday morning, and guidance counselor Roger Fitzgerald could be found in front of the Ashdale Sovran bank, sell-

ing raffle tickets. The Indianettes could also be found out in front of Sovran bank selling doughnuts. Jenny Moore and her father were the two most effective salespeople, often grabbing passerbys and urging them to buy, "just one box- they're nutritious!"

Still others had to go to work. For many, weekends were times to earn extra money, whether it was by odd job or part-time job.

Most people didn't mind using their free time for outside responsibility, and even saw the weekend as a good time to have a job. "I wouldn't mind working... depending on the job," said junior Bonnie Higgins, "it's something to do."

Doing something was on everybody's mind, even if it was supposed to be for re-

laxtion. Among weekend activities were trips into Washington D.C., trips to the mall, and activity trips, like the DECA camping trip. But most students didn't always have set plans for their weekend.

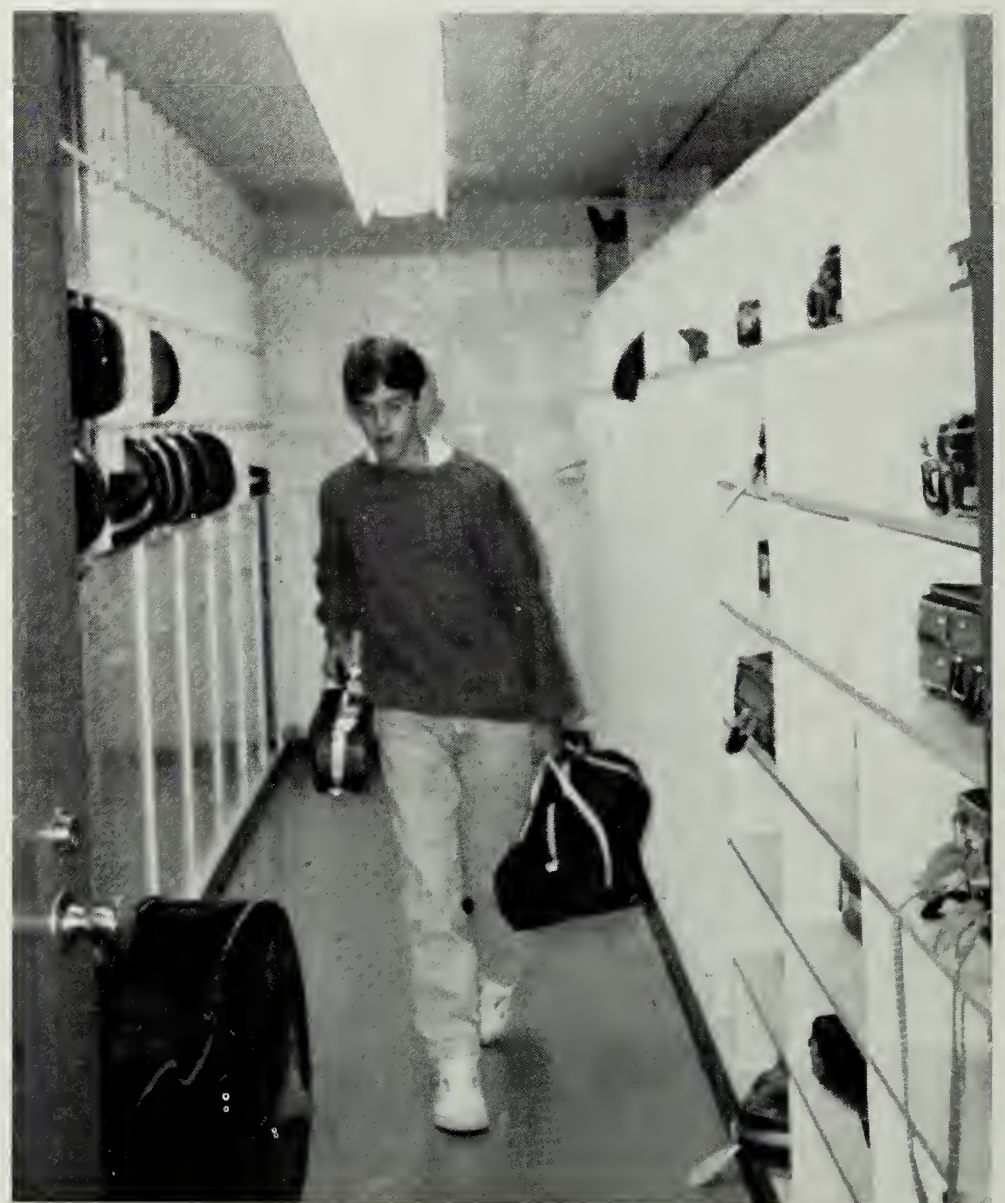
"We think weekends are not meant to be spent at home- they're for going out, relaxing, or just chillin' with your friends," said freshmen June Cambell and Cathy Shelton.

All in all, weekends for the Indians meant a wide variety of things, from working to bumming, from sleeping in at home to visiting the Air & Space Museum in D.C. No matter what they did, though, students never did it alone. Sophomore Jason Crawley sums up weekend when he says, "They give you time to have fun, and be with your friends."



And to think I could've slept in. Senior Susan Suslowicz and other members of the key club volunteered their Saturday mornings to clean the stadium.

And you call this fun? After a long day of practice, Jason Leight lugs his instrument home in preparation of a Friday marching band performance.





I'll go on my diet after the weekend. Good friends Kim Smith, Regina McCarthy, Kara Moylan, Kristin Kerrigan and Jill Snyder spend their Saturday afternoon at Subway's.

To think, after all this, I get to wash three hundred golf balls. Locust Shade golf center was the site of sophmore Matt Daly's weekend job.



Who cares if it's windy- the best view's up here! Mirowaise Shpoon and his friends intently watch the Gar-Field -O.P.football game play-by-play .



English as a Second Language

Barbara Manring
Marina Reivch



In-School Suspension

Rob Bailess
Judy Snediker

Days of our Lives

Ever seen the button S.S.D.D.? While some feel the statement might be valid, especially after the days have settled into a seemingly endless stream of work, work, and more work, it can also be said that each day has its own characteristics.

Teachers seemed to follow a pattern after a while: On Mondays, announce any tests or quizzes, and any other long-range big-grade assignments; Tuesdays, teacher broke out the chalk for lengthy note-giving sessions. Wednesdays seemed to be the most productive: class discussions or assignments were frequent, or tests taken, but by Wednesday, students seemed geared up to work more and drag less. Thursday's arrival had some students flying. It was almost the end of the week, and weekend plans were already being made. Teachers often used this day for review before a big test, to cram in a few more notes, or remind students of a big assignment the next day.

All in all, the daily routine at Gar-Field couldn't be said to be boring at all.

ARRGH Mondays were students' worst enemy

When the alarm goes off on Monday morning, the last thing anyone wants to do is cheer. After a weekend full of fun, it's hard to get up before it's light outside, and even harder to get up when all you have in store is another day of school work.

Teachers hate the first day of the week too. Many have "I hate Monday" posters of Garfield, or grouchy expressions for their first period class. Others dislike it for different reasons. Said Claye Rhea, a science teacher, "I do not like Mondays. My kids are always the least productive on Mondays."

Still, other teachers have different opinions. Business teacher Norma Early is one of them. "I love Mondays! It's the start of a new week!"

The start of a new week is precisely the reason most students do not like Mondays.

Teachers often hit students with week-long assignments, such as Ms. Stephanie Allison and her Math Analysis class's algebra review sheets.

Tests are often announced, or, even worse, given on Mondays. And, it's much harder to stay awake, especially if it'd been "a long weekend."

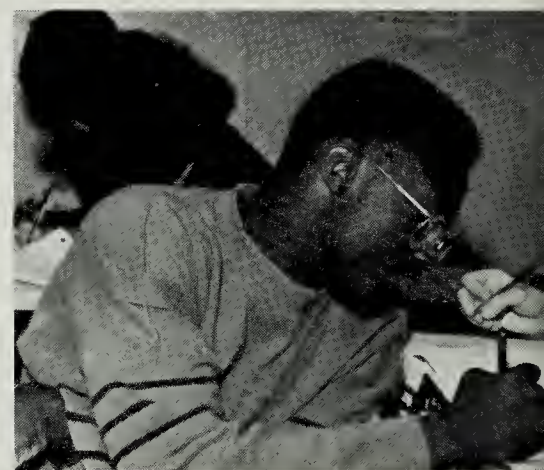
But academics weren't the chief reason most students despised Mondays. For some, it was psychological. Said Jennifer Robison, "I hate Mondays. It's always the first day after the weekend, and it goes by so slow. You know there's five more days until the weekend, but it doesn't seem like it will ever get there."

The best way to describe Mondays was to compare them to exams. Both are the worst in schools, and both are hated, hard, and, worst of all, completely unavoidable.

HUMP DAY

Wednesdays were
often viewed with
relief as students
thought, "Two
down, two to go."

Out of the four regular school days, Wednesday seemed to be the one that students greeted with relief. Having recovered from the shock of school brought on by Monday, and the Tuesday Dol-drums, students realized that another school week was almost half way over, and the rest of the week was downhill.



Involved in their homework are Osie Brown and Stephanie Lamb.



Recovering From a weekend Dominants performance for *America Sings!*, senior Mike Howard decided to forgo learning Algebra II and catch up on some much-needed sleep. Many students used Monday to catch up on some much-needed sleep, and adjust to a weekday schedule.

Monday, Tuesdays: *part II*

Surprise! There was a test today. It was announced yesterday; if you had been listening, you would have heard about it.

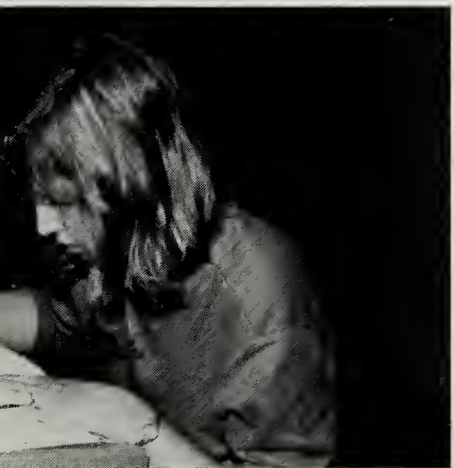
Sound familiar? For some, Tuesdays seemed like a rerun of Monday, only worse. Why worse? Tuesdays were more likely to be test days, or hard lecture days, because, according to teachers, you're right in the middle of the week already.

Students didn't think much of Tuesdays, good or bad, because they were recovering from Mondays still. But Eddie Joshlyn summed up the feeling of those who did. "I hate 'em. They're worse than Mondays. They're like Monday leftovers."



Jess Scherstrom displays the beginnings of a poster for her fashion merchandising class.

Wednesdays were tolerated better than the previous two days. Said Patrick Hogeboom, "The best thing about Wednesdays is that there's only two more days to go." He also added, "but the worst thing about Wednesdays is that there's only two more days to go as well."



The Calm before the storm

Thursday at last! Despite the test you've been putting off studying for, or the paper you'll have to write at two in the morning for tomorrow, it's almost certain that, next to Friday, Thursday is everyone's favorite weekday.

Why? Teachers have a tendency to hint about weekend assignments, or spring pop quizzes.

Even so, students like Thursdays more than any other weekday. In the opinion of Sunday Frey, "Thursdays go by fast, because you know there's only one day left 'till it's Friday, and the weekend."



Already anticipating the weekend is the cast of *The Pink Panther*.

Everyone indulged in a dating truth-or-dare, and discovered how hard it was to win

The first date was perfect-you never ran out of things to talk about, you had a great time, and you wished that it wouldn't have ended so soon. The next date was even better, and, next thing you know, you're calling each other every day, holding hands in the hall, and turning into a typical high school couple.

Twosomes at Gar-Field often identified themselves by spending time together. Not every romance is easy, however, and students often have to face dating difficulties.

Whether it was a difference in age, family background, opinions, or friends, it's often difficult when couples can't agree. Sometimes different groups of friends can force people to choose who they'll spend time with. "We're usually out with his friends more often," said senior Nancy Panzo, "mainly because they're older and they can drive."

But other couples find it more difficult, especially since it's not always easy to compromise with your friends. "My boyfriend hated all my friends and I didn't care for his," said junior Kary Dengler, "so we didn't spend time with either of our friends."

Senior Krista Brown also admits that sometimes her boyfriend and her friends didn't get along. But, she says

The Dating Game

they settle their differences with more compromise." If we have a difference in opinion, we listen to each other."

When a couple is separated by different schools, both people can have problems. Nancy, whose boyfriend goes to Potomac, says, "I don't like walking through the halls, seeing other couples together, and knowing I can't do the same."

College presented a special kind of problem, since distance separated the people as well. Senior Mike Howard, whose girlfriend is at U.Va., says, "You can't spend as much time together."

Separation can also be good for a relationship, because it can show whether or not the two people are serious about each other. Another unexpected benefit of separation is independence. Says Tchula Morigson, whose boyfriend is at Virginia Tech, "It's important to be two separate individuals who choose to be together rather than two people who cannot stand on their own two feet."

Couples, couples everywhere. Students at Gar-Field showed everyone else who they were dating by spending free time with them, like Mike Butler and Shane Aiken.

Sometimes a good friend of the opposite sex was as good as a real date for Friday nights. Good friends Damien Breland and Carrie agree at the Taco Bell where they hung out.

What are girlfriends for anyway? Melanie Pike provides her boyfriend Tyrone "Peanuts" Peterson with support for his lunchtime nap.





Good morning! Couples could be found in the halls exchanging good morning hugs almost every day. Here, Dennis Krell and Joy Odom share an affectionate cuddle before first bell.

Attached at the hand. Longtime couple Amy Tom and Donald Campbell were rarely seen apart, and were almost always holding hands.



Nights of Intrigue

The most difficult thing to do in the dating game is ask someone out. But, what to do runs a close second, and students often spent their time wondering where to take someone for the perfect first date.

The safest first date is the movies. Says senior Rachel Sutherland, "It's dark so you don't have to look at them, and something's going on, so you don't have to talk."

Going out to eat is also a common option. It's easy to impress someone by taking them to a nice restaurant, or put them at ease by going to a casual one. Eating out is a good way to know someone's likes and dislikes, too. However, it does cost more, it's more formal, and it calls for one's best behavior.

Whether it was a night at home with a rented video, a concert, or cruising the mall, comfortable, easygoing dates were the most common, and the most enjoyable.



Foreign Language Department

Byron Bailey
Elizabeth Batchelder
Martha ElNaggar
Ava Hacker
Chery Heedick
Irene Kabler
Barbara Manring
Stephanie Rosen
Aurora Ruiz
Debbie Skiffington
Myra Watts
Sally Watts

Foreign exchange students learn about

American Culture

Every year students from around the world travel to the United States. They come from Spain, Finland, Germany, Canada Ecuador and many other places.

These students are more than just tourists, they are part of the foreign exchange student program. They attend school and live the life that Americans do for the year of so during which they are here. Some participate in sports and clubs during their stay.

Many exchange students came to learn the culture of America. Elina Lohiniva from Finland explained, "The USA is a very interesting country with many different nationalities and people."

Others came for different reasons, Inken Miuller from Germany commented, "I heard so much about America, I just wanted to see it."

Most exchange students agree on one thing "I imagined every-

thing here was big and I wasn't disappointed," says Elina. She added, "The distances here are so big that everyone have to have their own car."

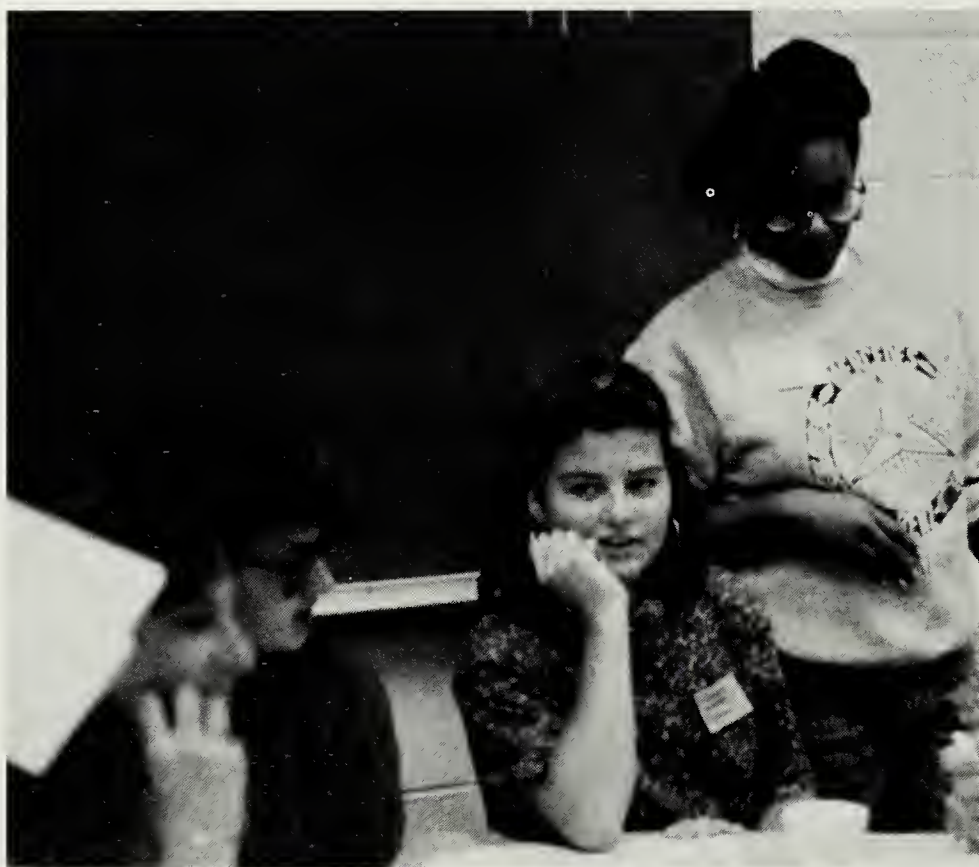
School was found different here also. Alexandra Sanchez from Spain explained, "We don't change rooms after classes, and we don't take tests every week."

In their home countries, some foreign exchange students take as many as 13 classes but different

ones on certain days. David Gauthier from Canada added, "School in my country is from 9:00 a.m. to 4:00 p.m."

Being a foreign exchange student isn't always easy, "Some times I'm uncomfortable and confused. Living with strangers is a new experience," explained Alexandra.

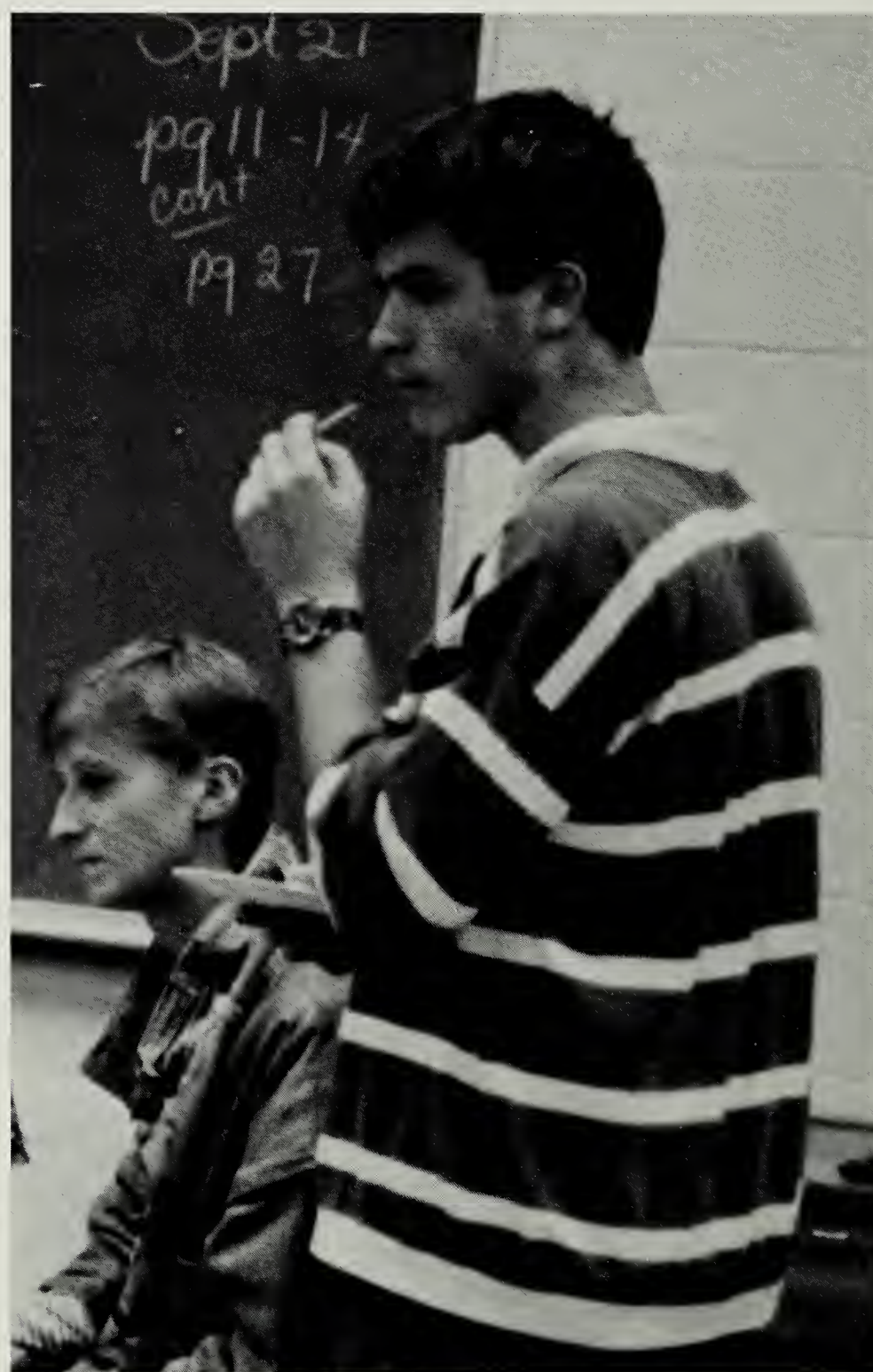
Inken added though, "They're only strangers for the first weeks, you get to know them quickly."



Gathered for a reception, exchange students, Alexandra Sanchez and Erika Zapata talk things over with Future Homemakers Of America (FHA) members, Renita Blachard, and Kathy Taylor.



As a member of the girls' tennis team, Inken Muller brought her talents from Germany. She played the third seed.



Alexandre Lepage and David Gauthier listen attentively to their fellow exchange students at a reception held for them.

Math teacher and coach, Nancy White, takes time out to talk with player Jessica Williams.

Yearbook sponsor Wendy LaRue and Josten's representative Al Ramer explain ideas for the front cover to the staff.

Relating, Teachers and Students Getting Along

Teachers and students relate to each other everyday with not always positive results.

Different opinions and points of view sometimes cause unavoidable conflicts. Teachers and students don't always have the same intentions in mind.

Senior Susie Touset explained, "I like teachers who explain things in plain English and can relate them to everyday life. If all they know how to do is read from a book, then they're not really teaching."

Senior Ed Joshlyn agreed, "Willingness to help students is important. Some take the time to make sure you understand."

On the other side, not all students want or try to learn. This problem adds tension to the relationship between students and teachers.

Business teacher Cindy David explained, "Before you can help a student who doesn't want to learn, you must first break down the wall."

Students and teachers both want mutual respect. English teacher, Gail Garcelon explained, "I treat students as I expect to be treated. I respect them and their rights and expect that in return."

Touset added, "When students are upset they're usually upset over not being treated as equal, rather than about a specific occurrence."

Experimenting with foreign matter, Tracey Russ works on a lab with science teacher Melvin Cheshire.



Bridging the generation gap

In developing a respectful relationship, communication is essential between students and their parents. Our parents can become our true best friends if the time is taken to understand each other's feelings and morals.

Although certain views may collide, by discussing the problems, worries eventually work themselves out. "Half the time they're tyrants and the other half they can be reasonable," said junior Linc Williams of parents.

In many cases the students feel that there is a generation gap that separates views on issues. "Unlike Dad, Mom lets me get away with anything," said junior Shawn Huffman.

The responsibility of a parent is never done. In their lifetime they must guide their children to understand what is right and what is wrong. As a result of this we individually reflect the traits and morals of our parents.

By taking an interest in school projects, Angela Shipp's mother helps bridge the generation gap.

Going out together can help a family have better communication.



Junk food provides quick, easy alternative

Ironically, in an era of concern about what is in the food we eat, fast food and junk food were as popular as ever. "I usually eat out about three times a week," said sophomore Ronnie Wright.

Fast food has lived up to its name providing a quick alternative for people who are on the go. But, even though you may still be able to get needed nutrients from these convenient foods, you get unwanted calories too.

And, of course you can't always be too certain about what is in the food. "The junk food has enough preservatives to keep you mortal for a few hundred years," said junior Erik Howe.

Like in other years, students continued to flock to McDonalds after football games for the perennial teenage favorites, hamburgers, fries, and shakes.

Homecoming queen Mylinda McConnell, her date,

and friends even ventured to the "Golden Arches" with candles and table clothes for a romantic dinner before attending the homecoming dance.

Becoming an increasingly popular place to hang out, Taco Bell attracted students for its 69 cent specials that provided a break from the traditional burgers.

When students weren't eating junk at fast food restaurants, they got their fill of it at school.

Growing lines at the snack center kept cafeteria workers busy during lunch. For many, the whole lunch revolved around unhealthy snacks.

"They say school food is good for you; I don't think so,"

said sophomore Simone Early. But, too often, students opted for doughnuts and cupcakes rather than the traditional school lunch. However, even the plate lunch offered fast food type entrees.

Students who were involved in clubs and sports after school and couldn't hit the fast food hangouts didn't have to go hungry.

They got their fill of junk from the vending machines that sold soft drinks, chips, cookies, and candy.

Bringing lunch from home didn't mean no junk for sophomore Claire Tart. As she ate her cookies, she washed them down with fruit punch.



After school, students flocked to the machine in search of sodas which they are not allowed to purchase during the school day.



Many students preferred cupcakes to regular lunch.

Packed like sardines

As students forced their way through the crowded halls each morning, they heard the word of Principal Roger Dallek, "Students you have less than a minute to get to class."

Students' reactions to these words varied. Some hurry up and go to class, while others just continued what they were doing and waited for the crowd to die down.

According to junior Heidi Dieringer "When I go through the halls, I feel like a salmon swimming upstream."

Senior Tina Scott agreed saying, "I feel that if everyone in the halls would keep moving, and not stop in the middle

of the hall to talk, we might not have such a problem with trying to get to our classes."

The areas in front of the academic pods were the most crowded. "It is truly a survival of the fittest when it comes to changing classes here. The stronger can push their way through the crowds while the smaller just get stepped on," remarked senior Mylinda McConnell.

The overcrowdedness of the halls spilled over into the lunchrooms.

Some people waited in lines while the more patient people waited for the lines to die down before buying their food.



The usual crowd that gathered in the hall between classes was very hard to get through.

Strolling out of class after a difficult science test, Cara Sims and Dennis Riva discussed their relief that the class was finished.



With her lunch tray in her hand, Kristen Lovell walks back to her table after waiting in line.



Waiting for the endless lunch lines to die down, freshman Wendy Hodges sits patiently at her table.

Struggling to get to class, David Mosby and Jay Miller forge their way through the media hall, which was usually the most crowded.



After the bell, Tasha Powell and Lewis Sullivan lead the crowd from the science pod.



Before school, mini pep rallies were an additional cause of congestion in the halls.

During the life
of a student

comes the urge to spend money

In the life of some students comes the time when he or she has the urge to spend money. When the urge sets in many wonder how they will pay for the item that he or she wishes for.

Most of the students who spent money had a part time job in the afternoons and on

While at Potomac Mills, sophomore Amy Ashley and junior Rex Strickland take time out for a walk together.



weekends to support their impulsive frenzies.

"I work at Service Merchandise so I can get money for new clothes and to save up money, so I can hopefully buy a new car," said senior Michael Casey.

When students were asked if they felt under pressure to

shop at the same stores that their friends do, 79% said no.

"Those students probably lied to you because you can see the same styles of clothing on many people in the school," says senior Corey Barnes.

Also, half of the students said that they shop for clothes just for the name brand.

student expenses

How students get money?
69% had a job

How much spent a week?
\$20



"Driving to school everyday is expensive because of the gas prices said," junior Jason Seifried and sophomore Devon Seifried.



After school many students can be seen using their spare change to buy sodas.



Working hard to earn money, Chris Grover, sands down boots at the Marina at Locast Shade Park.



Working hard to earn money, senior John Mann finishes up a order with a refreshing Coke.



Wandering through Potomac Mills Mall, junior Ryan Pruitt points at the stores to shop at.

Spending their money on the school lunch, seniors Dennis Krell and Joy Odom enjoy their food.

Moving to the beat of different drums

Diversity in lifestyles is the only thing people in Our House can say they have in common. Students' taste in entertainment, food, and free time, as well as their future plans, varied from person to person. In a student survey, the lifestyles and diversity of Indians were revealed.

The summer of 1989 was the summer of movies. All different kinds of movies, from sci-fi to romance to comedy, came out this summer and most Gar-Field stu-

dents went to the Potomac Mills AMC 10 Theater or Tackett's Mill to catch some fun. "Man, I can't even count how many movies I saw, since I was there every other night," said sophomore Jae Ko.

While most students are sitting around their houses doing nothing, some students claim that they exercise regularly, by walking around the mall. But they don't go to the mall only to exercise, they also shop. "I usually go to the Po-

tomac Mills Mall to shop, because it's closest mall around, but if I had to choose between Tyson's Corner and Potomac Mills Mall I would definitely go to Tyson's Corner," said sophomore Cybil Huss.

Senior Cheryl Robinson commented, "Most of teens these days are very brand conscious. It's a sort of status symbol to show that they can afford the brands, and certain brands show the way people feel."

John Mann tries to get some sleep back stage while he can, since he has a lot of homework.



Because their shoes are brand new, Roman Whitt, Chris Forster, and Kristen Williams proudly where them anywhere.

Dianna Imbler tries to finish her chemistry homework before the lunch bell rings.



Trying to keep up with current affairs, Jimmy Saunders and his friends read an issue of the *Potomac News*.

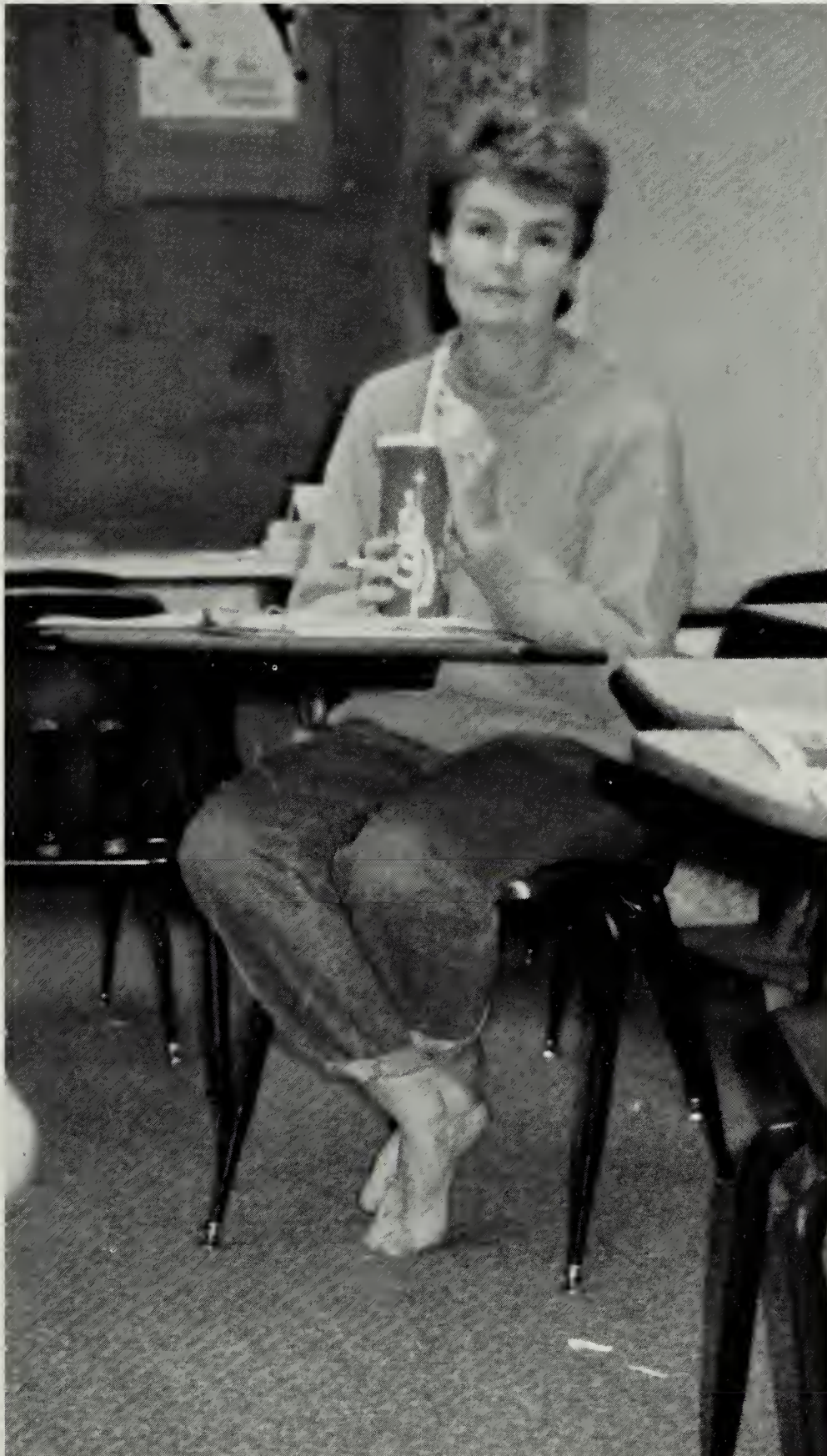
Like most students, Amy Tom and Don Campbell enjoy having a boyfriend/girlfriend relationship.





Concert t-shirts, like Cathy Brookstein's are popular among students.

Many people are brand name conscious these days, but by showing her bare feet, English teacher Ann Martin proves that she doesn't care about brand names at all.



Survey Says ...

Top five movies of Summer '89

1. Batman
2. Indiana Jones & the Last Crusade
3. Ghostbusters II
4. Lethal Weapon II
5. Honey I Shrunk the Kids

Top five brand name sneakers

1. Nike
2. Reebok
3. K-Swiss
4. Addidas
5. L.A. Gear

Top five types of music

1. Rap
2. Top 40
3. Heavy Metal
4. Pop
5. Progressive Rock

Top three stores

1. Britches
2. Bugle Boy
3. Limited

How much time do most of Gar-Field's students spend doing their homework?

Between 15 minutes to 4 hours

What do you look for in the opposite sex?

anything goes...

Before leaving, Rachel Hemmer ('91) loads her bag with tons of homework.

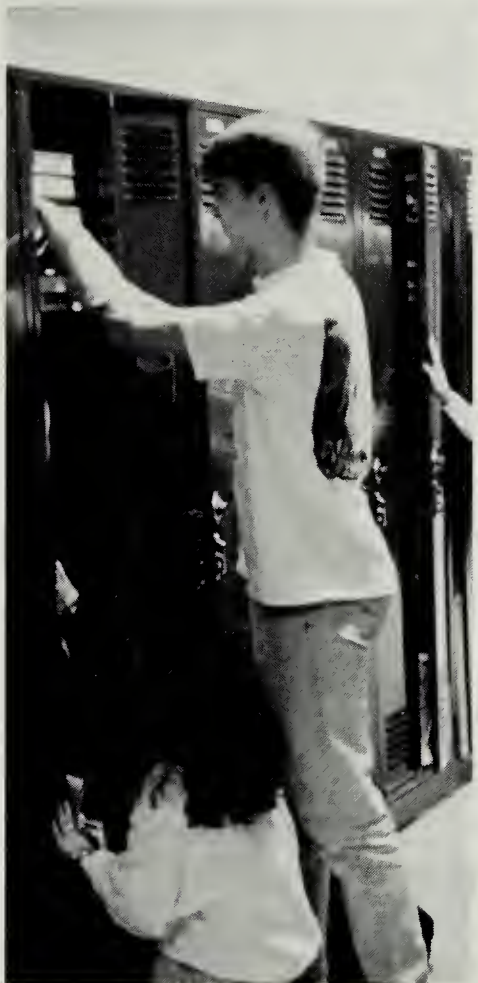


Kristen Rensch ('90) searches her locker to find the book she needs for her first class.



After a long day of study and work, a senior turns the knob on her locker to get the books she needs for the homework that night.

Between classes, Paul Puletz ('90) and Arlene Delacruz ('92) quickly get books.



Tamara Enoch ('91) proudly shows her locker, decorated by her friends for her birthday.



Freshmen and Sophomores crowd in the locker bay after school, trying to gather everything in time to get to their buses.



Warning:

contents under pressure

Lockers. They're your closet away from home. You keep everything from your calculator and your books to your hairspray and varsity jacket in them.

When principal Roger Dallek said anything about searching them, everyone got defensive. But why?

Maybe because lockers are students' most personal thing at school. The majority of students aren't hiding lethal weapons or illegal drugs in their lockers, they just don't like people messing with their stuff.

For some, lockers reflect their real selves. When the lockers were opened students stuffed about two more things in that had fallen out, so they wouldn't be late for their next class. Sometimes the pressure they created was greater than the pressure students have the night before exams.

Locker partners for example, might get upset with friends who were slobs and couldn't keep their half of the locker clean.

What happens when friends or boyfriends and girlfriends share lockers? It could be great, but as one can imag-

ine, too many relationships bite the dust, and then what happens? Students had to find another locker, or just hope the other person didn't ever need to get into the locker at the same time.

This was a big year for the lockers at Gar-Field. All were given a fresh coat of navy blue, just when the old colors, olive, harvest gold and orange were coming back "in" again.

The Seniors struggled through the year without carpet in the senior locker bay. "It used to be a place where seniors could relax and talk to your friends," commented James Lyon (90). In spite of complaints and demands that carpet is a senior privilege, Mr. Dallek assured adamant seniors that the change was for the better.

The class of 1991, however, made the move from downstairs to upstairs to the much coveted lockers by the parking lot. "Junior lockers are better because they are upstairs and closer to all my classes," said Valerie Tribble (91). "We're lucky because we'll get to have these lockers again next year as a senior privilege," said Tom Burrell ('91)

Secretaries

Darla Beale
Mary Barry
Janice Carr
Barbara Chiles
Jean Ewing
Ann Golliday
Sandy Hartman
Kathy Verschuere
Becky Wise

How to get into college in 3 easy steps

1. sift through the junk mail
2. apply
3. worry and wait

Are you a superstar? Have you managed to juggle five A.P. classes, been captain of a varsity team, been student body president, made all-state choir, and held down a part-time job? You haven't?

Do you think you'll be able to get into college? If irrational worries like these are perfectly normal to you, chances are you're a high school senior about to apply for admission into college.

After the members of the class of '90 had settled down and sifted through their junk mail, they began to think of life after Gar-Field.

By October some students had already submitted applications to guidance.

Early decision students had their worries put to rest by December, but only if they were sure that the college they applied to was their first choice.

Amy Burns, who applied to Virginia Tech early decision, said "I know Tech is my first choice, and it would be nice to find out by Christmas."

But, rushing applications wasn't the problem. What to put on them was. Students tried to think of ways to explain bad grades.

"I just told them my old school wasn't conducive to learning," said John Porter. Others relied on the number of

extra-curricular activities they had, or sweated over the essay part. But still, there was never a guarantee.

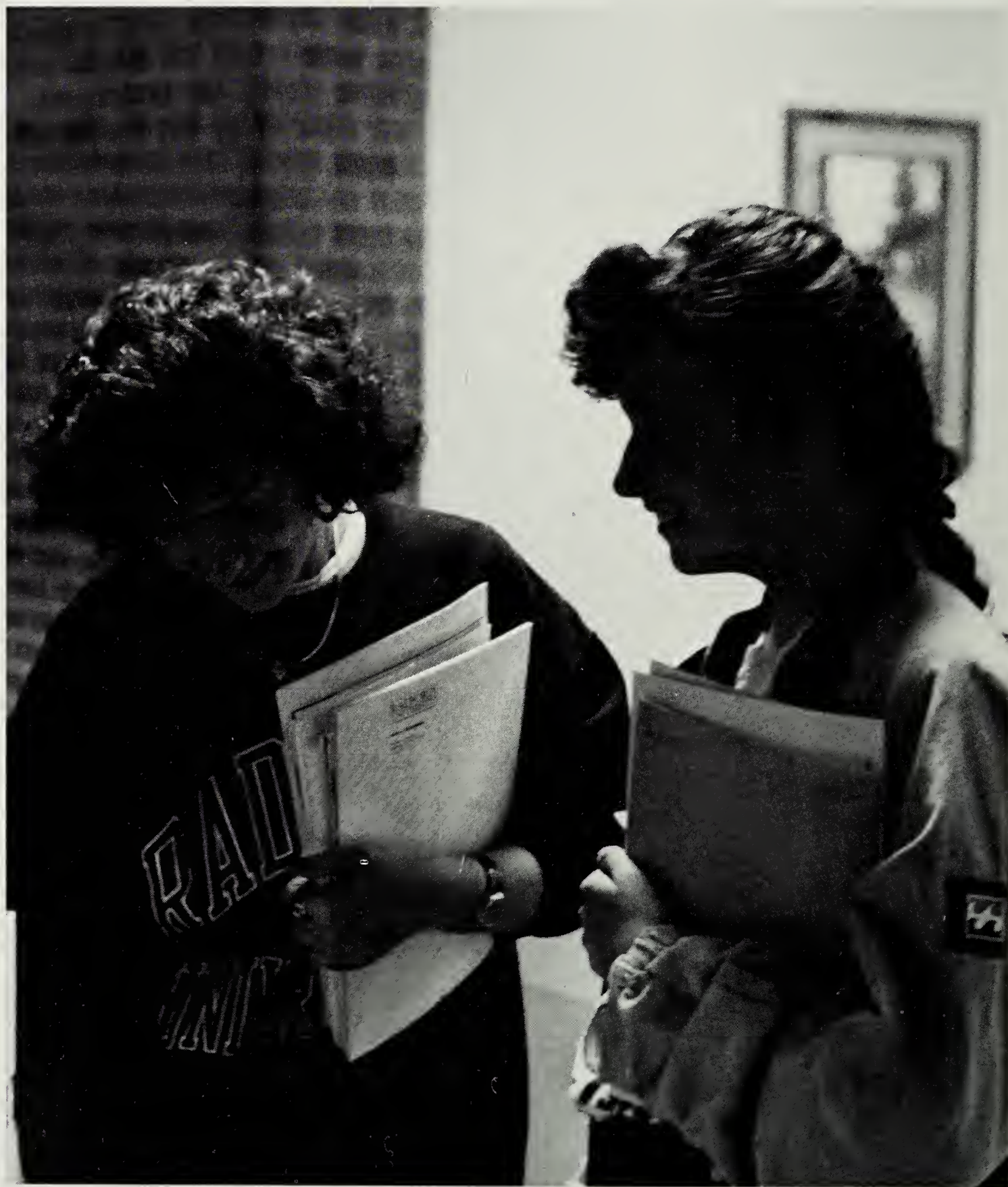
Of the pressure that comes with applying to college guidance counselor Joyce Jones said "It's very chancy....The anxiety is enormous because we don't have concrete deadlines."

In the push to get into college, students often worried, worked, and waited, while Senioritis took a back seat.

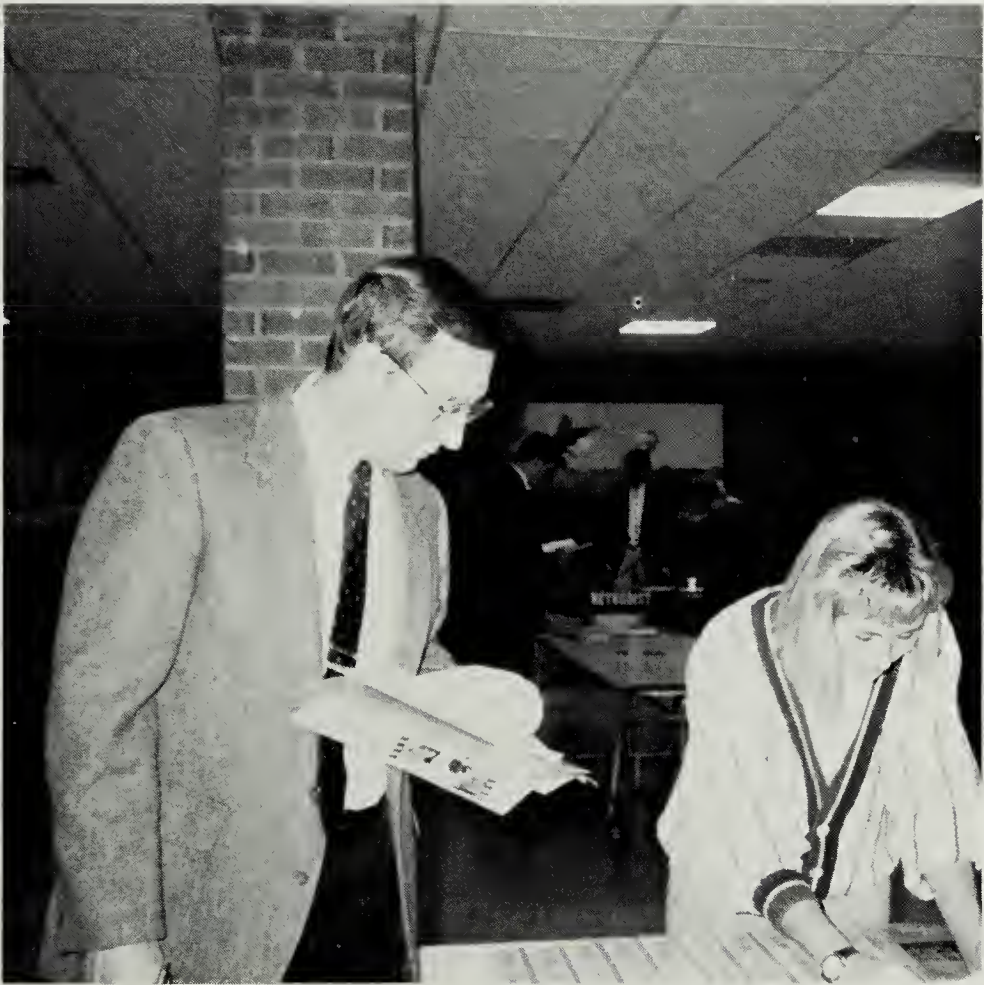


Lugging a bagful of applications and brochures, Heather Jewett prepares to pick up more info from U.Va. The average senior got thirty pounds of college mail.

Colleges often had free pens, window shields, and bumper stickers for prospective students. Seniors Rachel Sutherland and Beth Rosato hit the tables to see how many things they could get.



Adding his name to yet another college mail list, senior Tony Helmsley takes a moment to make sure all the correct information is on the card.



Often checking to see exactly where their money was going, parents were a frequent fixture at College Night. Vicky Sedlachek and her father investigate Carolina colleges.

Some students already had career plans for their future, such as the armed services. Marco Hinson, a member of the Army national guard, helps recruit on College Night.

students against testing

SATS

True or false- you will do well on a test given to you at eight in the morning, especially when you have no idea what's going to be on it.

The answer, of course, is false. The SATs are never easy. What's even worse, you have to pay to take them, and they're early Saturday morning, when most lucky freshmen are still asleep.

For those of you who haven't had the upperclass privilege of taking the SATs, it can easily be defined as the following: hard. Other accusations follow: it's boring, it's too long, or it's biased. Junior Erina Moriarty said the SAT is biased against everybody. "You read an essay, and they try to be fair, but they always end up excluding somebody. And in the math, there's always a sports question, and if you don't know sports, you're in trouble."

Others disagree, and claim the SAT is more than fair. Their chief problem seems to be the content of

the tests. The SATs include geometry problems, analogies, antonyms, quantitative equations (which one is bigger?), and the dreaded reading comprehension essays. The essays gather the most complaints. Said David Harper, a senior, "the essays are boring.... They put you to sleep. Math is easier."

After hearing about the SATs, or taking them for the first time and being dissatisfied with the scores, students take a variety of measures in order to improve their scores. Taking the PSATs was sometimes considered as a preview of the SATs. Junior Jennifer Arnold seems to think so, anyway. "The PSATs were good in a way. I'm not as nervous about the SATs."

Nervousness about SATs, and complaining seemed to be predominant among those who had their minds set on college. For others, like Jill Snyder, who doesn't plan on either the SATs or college, "I'm not taking them. I think it's a waste of time."

Debating whether spending four hours every weekend at an SAT class is really worth missing out on sleep are Jennifer Struder, Sandy Evirs, and Lisa Barnhill.



Homework-- Give me a break

The 1989-1990 school opened on September 5, 1989. This means seeing old friends, and meeting new people, and teachers. For the new Freshmen, it means beginning of new school life. Another most important added task was meeting homework and test requirements.

Jae Oh Ko explained, "If I don't have to do whole bunch of homework everynight, school woudn't be so bad; homework just killes me." Tamara Enoch added, "It seems as though people always put up their homework to do last minute, and if they don't I certainly do."

That's right most of student put up their homework to do last minute to do, and it's not a good habit to have.

Also most of students do their homework during lunches, or periods right before that homework is due, or copying one of their friend's homework.

How would you feel if you don't have to do any homework everynight? "To have or not to have homework is the problem I face everyday," replied senior Marval Liston.



While Kathy Brookstein is relaxing, Michelle Liston and Giovi Cauchi are deciding the topics for their abstract project for Biology II.

Just about time to start the math class Kay Smith tries to finish her homework in hurry, by asking Jeff Silvis to see his paper.



Akemi Sadler open her eyes wide to see the small writting on micro-fiche.

There is someone up there ...



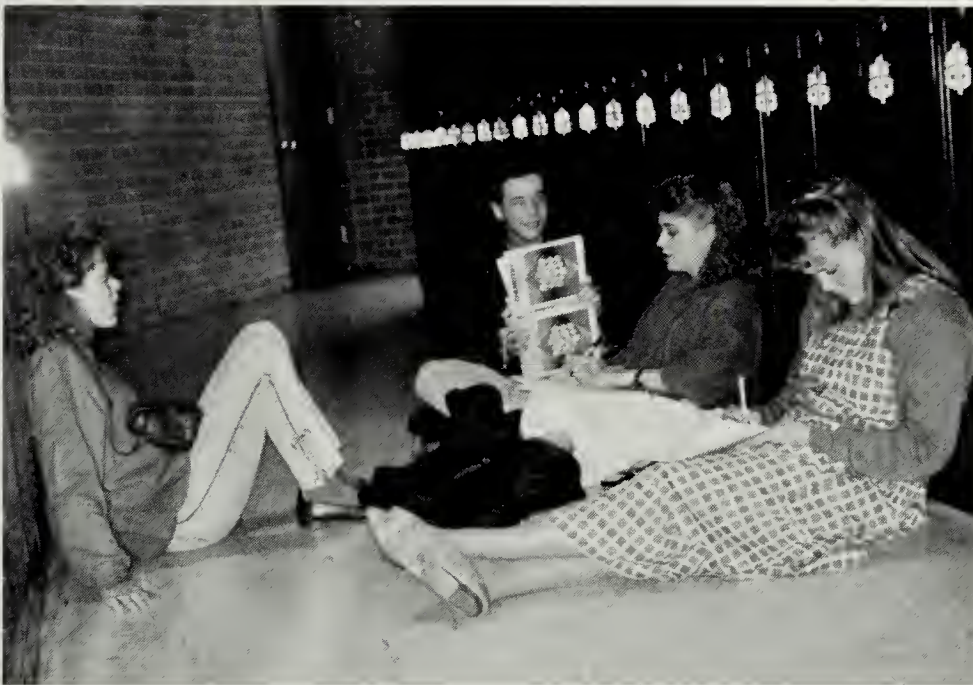
Just when you thought school is getting boring, or hard to handle almost miraculously some teachers start to give you a break. For example, like giving out easy home-work assignment, or giving out fun and enjoyable project to do.

"In Mr. O'Shea's Sociology class, we made a mini-soap opera. Our group had a lot of fun exaggerating the story line and characters of a real soap opera," explained senior Dawn Covington. Milly Munoz added, "It took us long time to get organized and taped it, but we all enjoyed it very much."

This is not all, in Della Gordon's tenth grade English class had another unique and fun project, where students acted out a scene from "Julius Caesar" on video tape. Robin Childers explained, "It actually was a fun assignment, and it turned out to be a terrific mini-movie."



During a physics lab , Gregory Witaker and Eric Recknor drop a rock from the top of a stair case.



While Aimee Lass and Amy Hamilton are concentrating to finshed their Chemisty home-work before lunch is over, Mark Biller tries to help.



Technical Education

Don Dew
Tony Labozzetta
Gerald Lucas
Jesse Mason
Ross Metts
Butch Murphey
Alan Peck
Paul Vadeboncoeur
Clyde Washington
Dick Wiczalkowski

The pressures of memorization

Memorizing is something that every high school student must encounter. Whether it is the prologue to the Canterbury Tales or lines out of Shakespeare, it is something that we all must do.

Students memorize things for many reasons. It may be for that math test, or for a recital in English.

The general attitude towards memorizing is one of dislike. When a student hears that he must memorize something you would think that the end of the world has come.

On the other hand, some students enjoy memorizing things since it is easy for them.

When English teacher Jeanine Turner announced that her classes had to recite the first eighteen lines to the Canterbury Tales in Middle English they thought that they would fail. "When it came to the day of recital, everyone went up and did it, some better than others," said senior

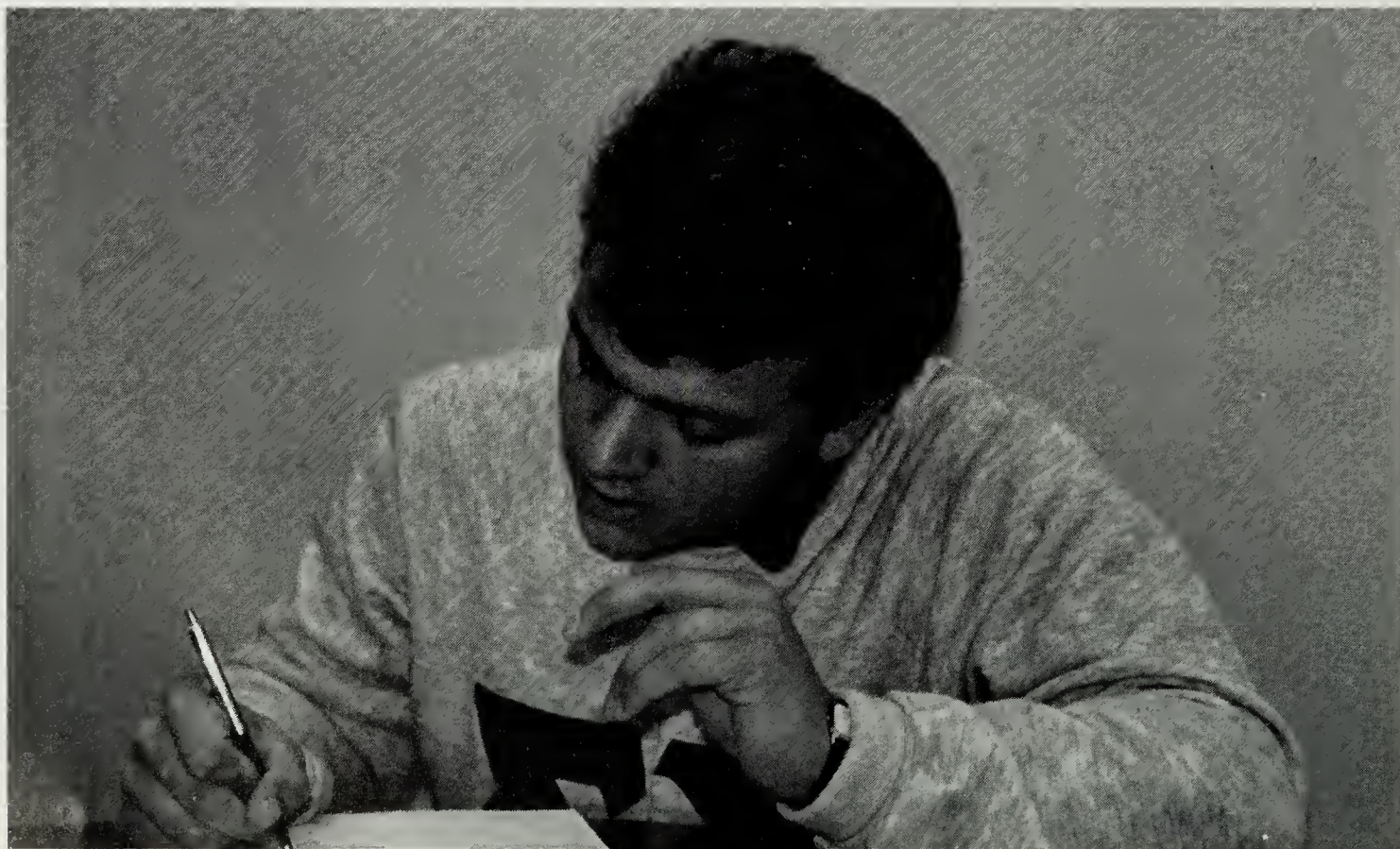
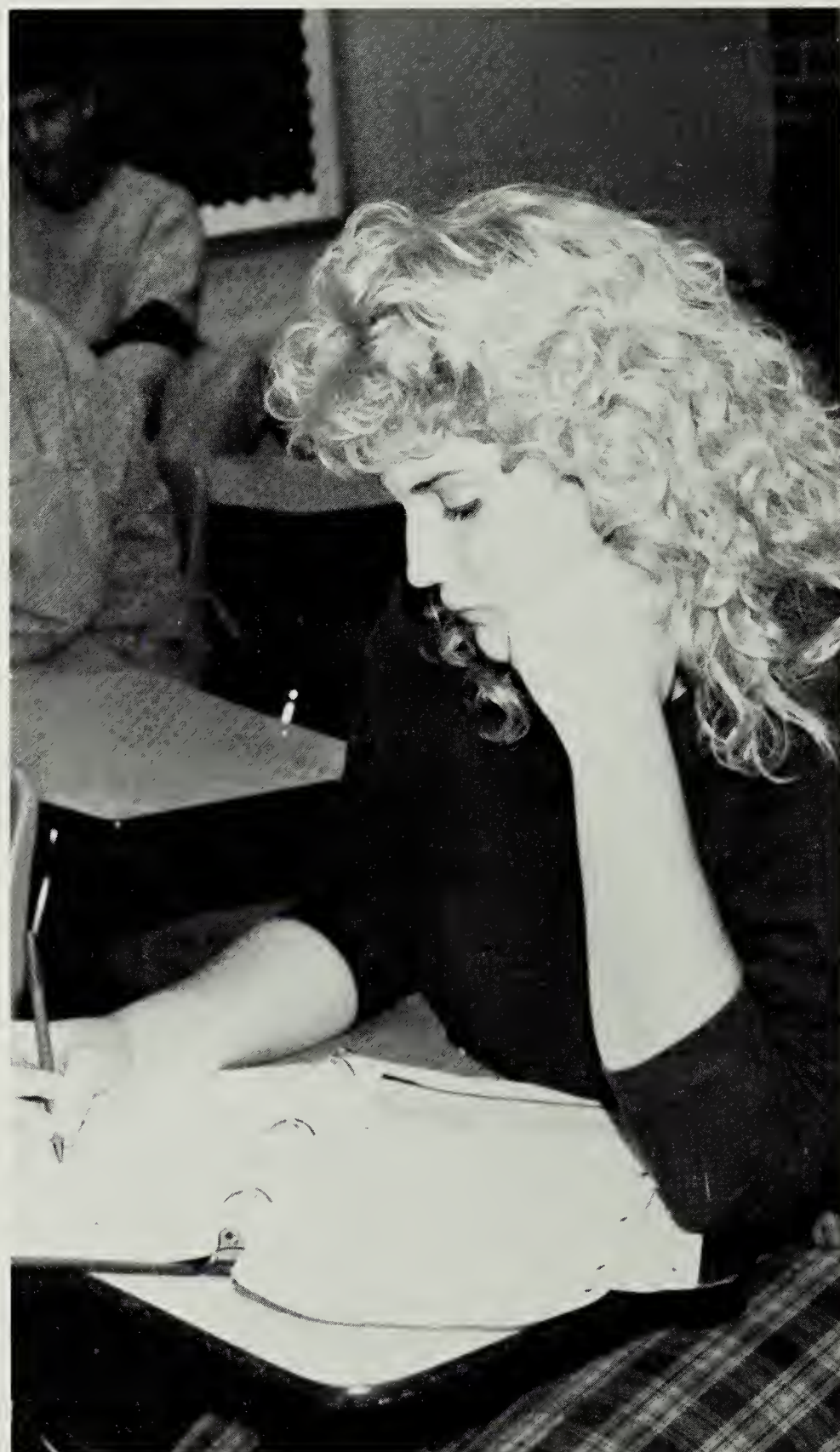
Totally involved in his work, senior Sam Hollrah writes a paper on the Middle English period.

Laura Giese. Whether you like memorizing or dislike it, it is something that we all must learn to deal with.



Waiting for a ride home, Phil Sykes studies for a government exam.

Trying to memorize for an English test, Ginger Gorder looks on at her paper.



The worksheet in Mr. Greer's government class has Jenny Lewis stumped. With the help of her classmates she was able to successfully completed it.

Measuring the height of her science experiment, Jennifer Rodriguez puts the ruler next to it. The earth science classes made a volcano so that they could have a visual diagram.

Jonathan Miller tries with his undivided attention to find the weight of his book. Using a balance is something that all science students must learn to do.

Experiments bursting under pressure



BOOM! As the smoke clears, the teacher tries to find out what happened.

The teacher finds out that one of his or her student's experiments went bad and blew up. Next time this might be you. Out of all the labs performed at school there is bound to be some problems.

Not all students encounter these lab disasters but there are some that are unlucky and do. Whether it is breaking something or spilling something. It is a part of lab that some of us must face. "I broke more test tubes than I can count on my hands in chemistry," said junior Chris Campbell.

Some labs are simple and not messy like measuring the amount of oxygen used up in an experiment. While others are more in depth and can become messy.

When you hear a teacher say not to wear something nice the next day you know that something might go wrong. Every year in chemistry, the students perform a lab with acid that turns your skin yellow for days if you get it on you.

"Instead of the yellow color disappearing, my skin peeled off!" exclaimed junior Sean New.

Lab disasters add excitement to our labs.



Totally enthused by their science project, Mike Howard and Link Williams show off their results. It might not be much but they measured that rope accurately.

Trying to find the height of their experiment for their data, Walter Jones and Tara Johnson work together to find out.

Testing Pressures

Tests put an unbelievable amount of pressure on students. They require a lot of time and preparation.

The average student spends approximately one hour studying for a test.

Although most students overall hate tests, many specify the type they really dislike are essay tests, and fill in the blank.

High on the preferred list is multiple choice.

"It's a lot easier to pick the correct answer from a list than from the top of your head," explained junior Regina McCarthy.

Students have different opinions on how they feel about tests.

Some absolutely despise them, like Harrison Kerchner, who said, "The worst part about tests is taking them."

Kim Ward explained, "I like tests because when you're done, you have the rest of the period to do whatever you want."

Tests are a major determining factor to a student's overall grade average.

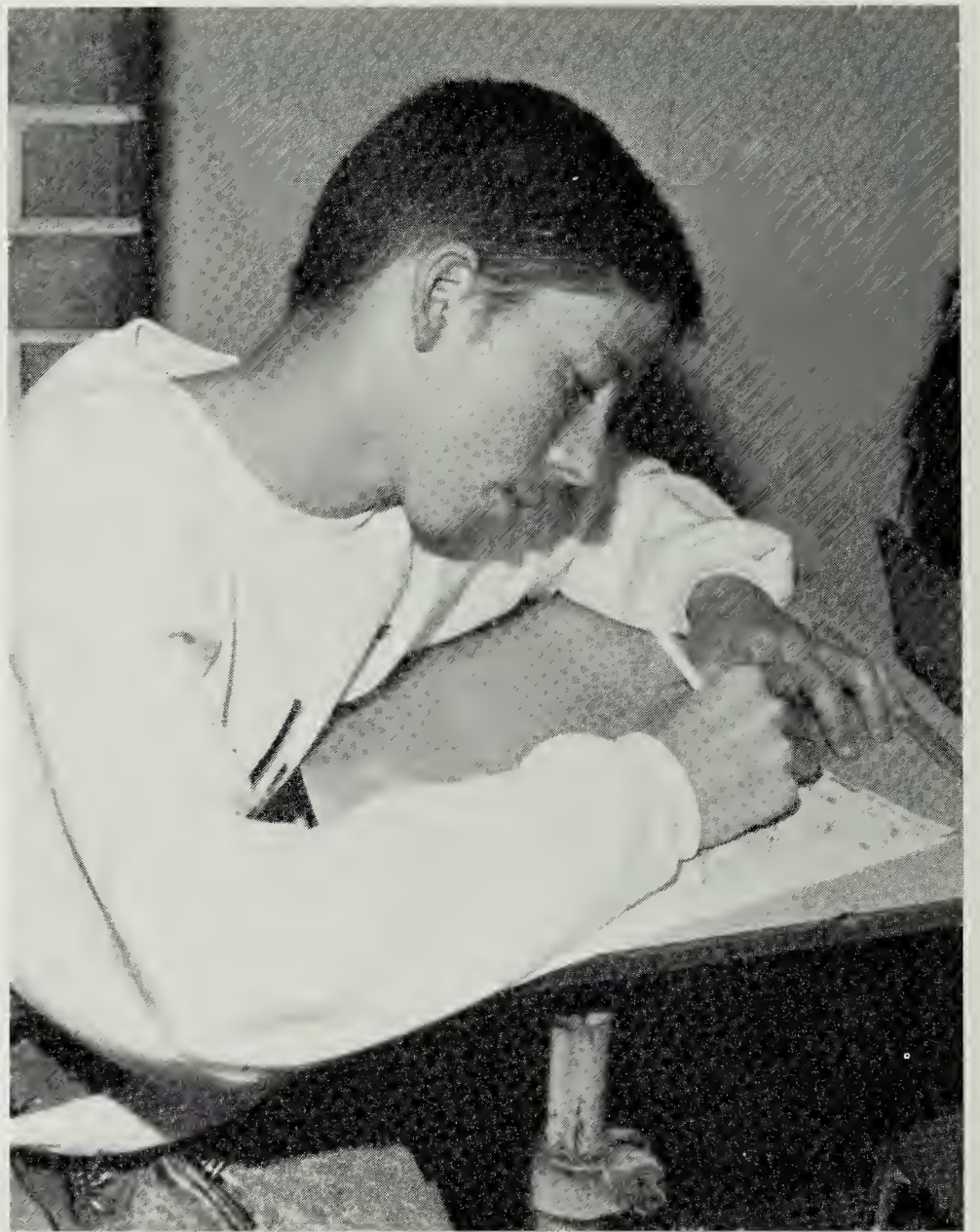
Therefore, it is very important to adequately prepare for them so you will do well.

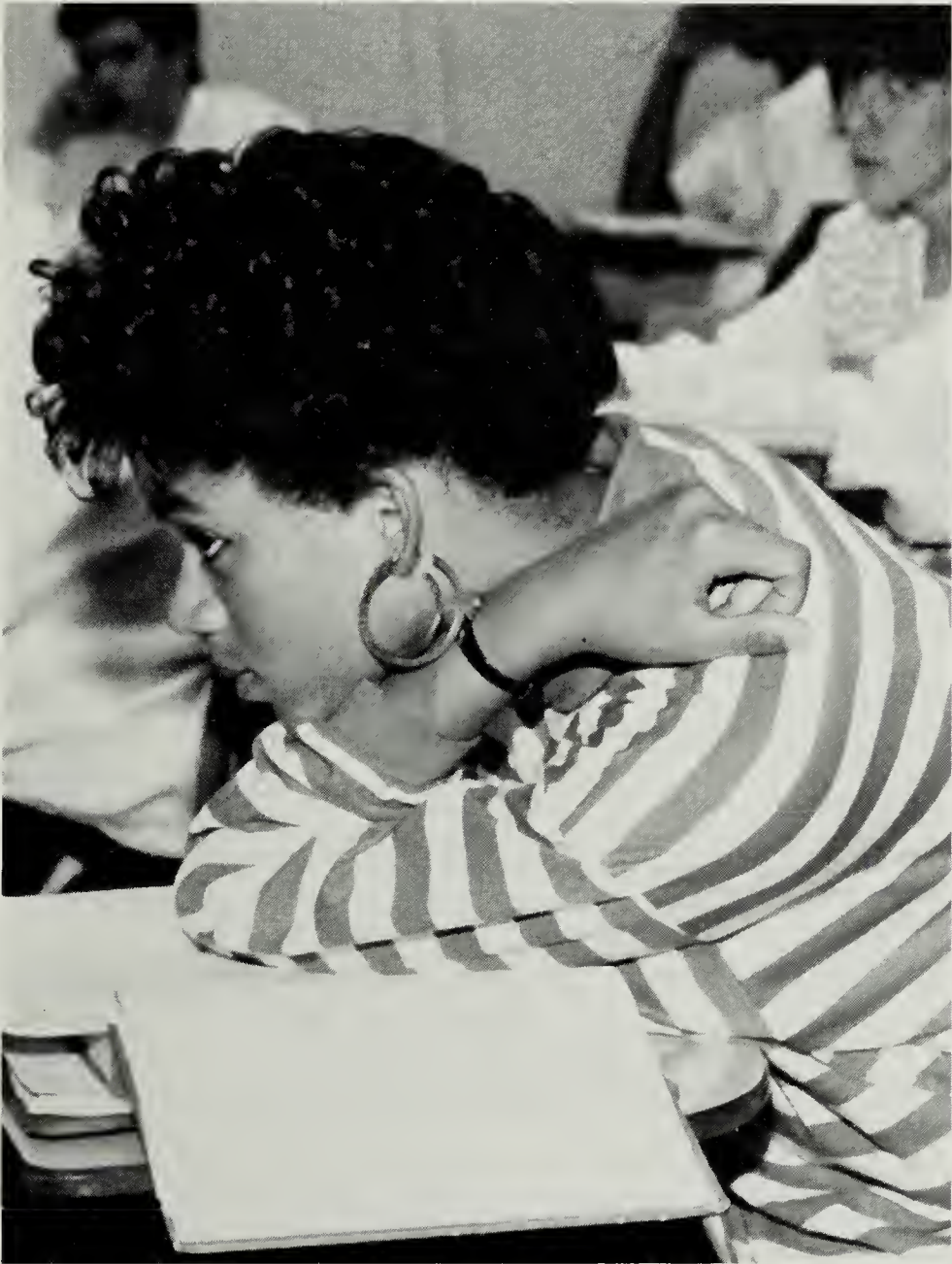
Basically, tests really aren't all that bad, if one is properly prepared for them.

Just always remember that they can either make, or break a grade.

During lunch, a group of students are using a suggested study method by studying in a group.

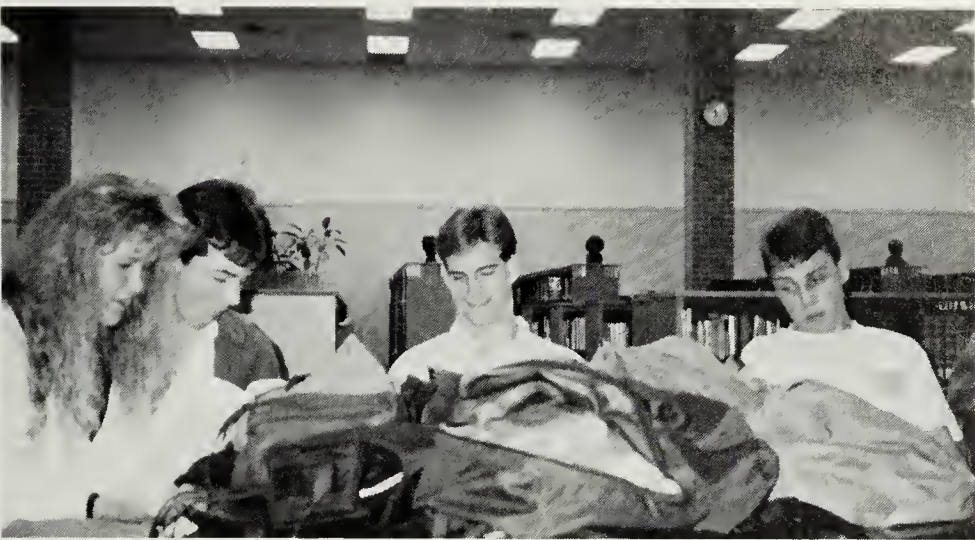
A diligent student is finishing up a Geometry test.





Getting a little studying done before class, Kim Ward is trying to make the most of her time.

During a Geometry test, Kim Hamilton takes a break to think a little.



In the library, Tammy Todt, Mike Parmelee, Bill Rodriguez, and Todd Castle study the American Revolution together.

Doing Time

Study habits: they have been trying to teach you the correct study methods since the first grade, but how many students actually use them?

Teachers try to teach you to study in a quiet place where there won't be any disruptions. But, for many students having the T.V. or radio on actually helps them work a little better. Jill Snyder explains, "It helps me relax when I listen to the radio while studying."

There are many tricks students can use to help themselves remember all the little facts they are required to know.

One example is analogies. One can find some similarities in what he or

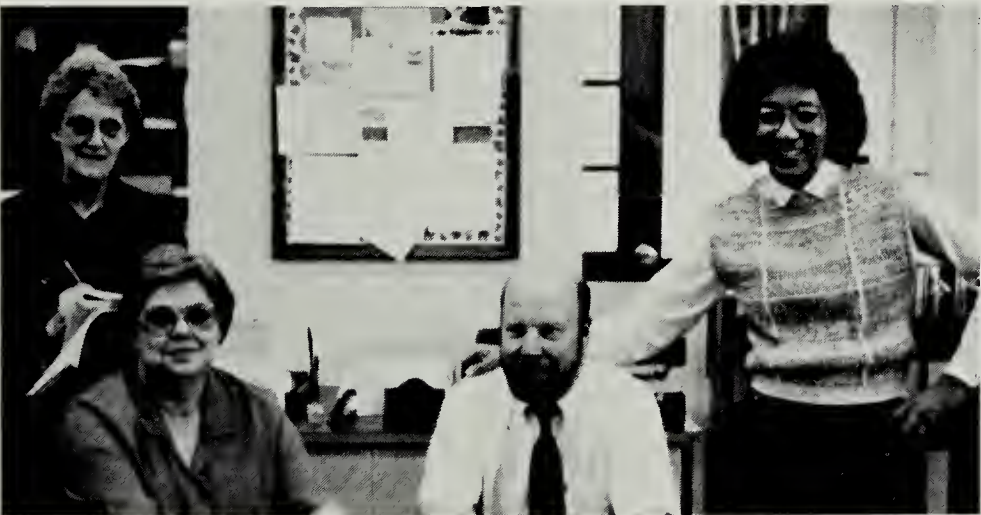
she wants to remember, and use a base word to tie them all together.

Chris Aleo tells his history and sociology classes to choose a favorite song and put the things they need to study to the tune.

Most students will agree that with good study skills, studying is a lot quicker and easier.

The best bet is to study a little each day, and not overload. Taking a five or ten minute break every once in a while helps, too.

By studying a little everyday, the need to cram at the last minute and the pressure that comes with doing so are eliminated, leaving students with more time to have fun.



Library

Lisa Shacklette
 Jean Smith
 Vilma Templeton
 Steve Wilson

Behind the Scene

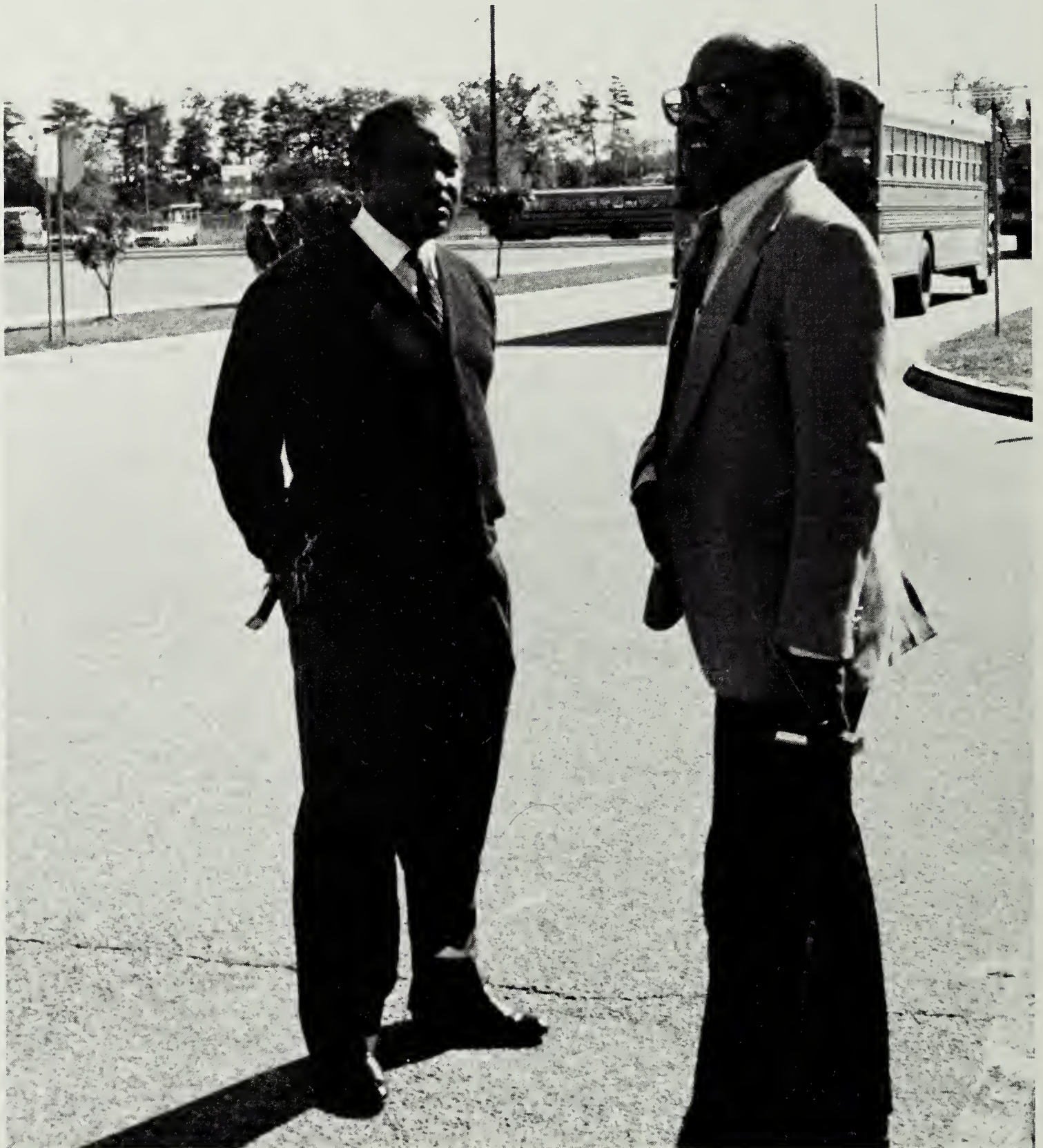
After school Principal Ron Thompson and Principal Frank Bradsher direct the traffic.

Becoming more consistent, the school staff has been able to get students involved in extra-curricular activities rather than just their everyday school work. The faculty not only instructed us in the right foot path they also enforced discipline.

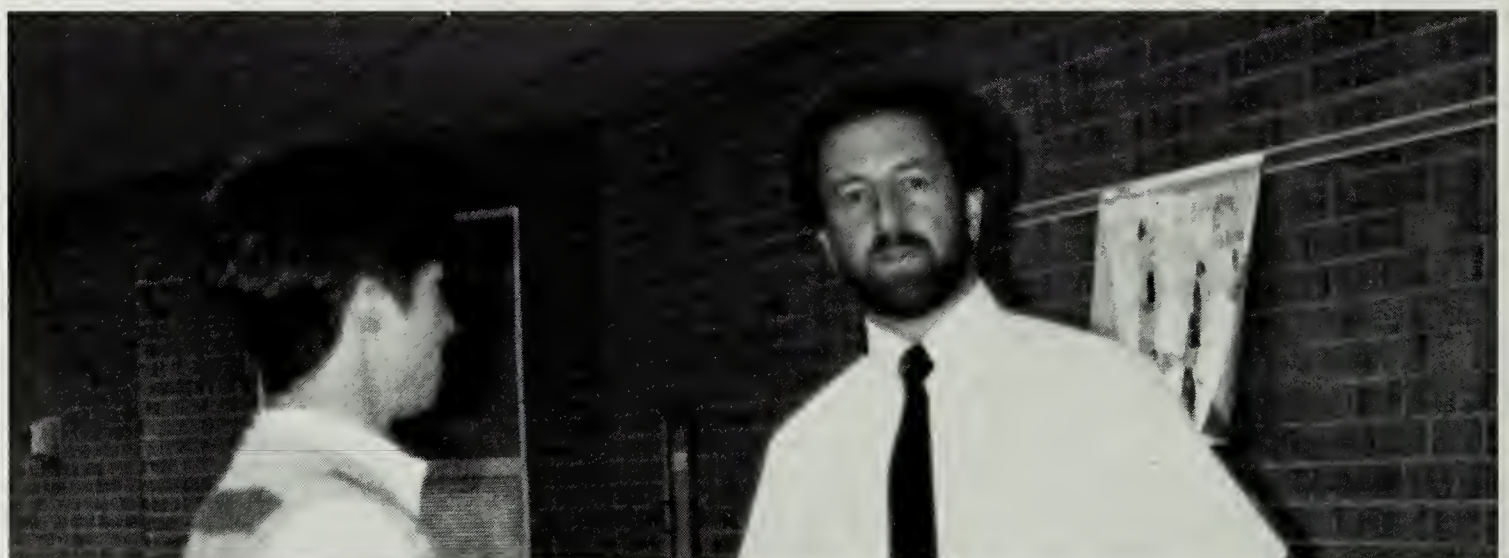
The staff had a major role in preparing students for the working world by teaching values and morals. Not only were they involved in teaching, they took part in many activities like: Homecoming, Prom, graduation, clubs and afterschool activities.

Although teaching is not looked upon as a desirable job by most students, the teachers take great pride in educating the leaders of tomorrow. Most of the school staff has been at Gar-Field for over a decade.

The life of a teacher is not an easy one to pursue. Several years of schooling is required for a degree in education. First, a regular Bachelor's degree is mandatory to get started in the teaching career. After they get started in their career additional schooling is pursued, that of getting a Masters degree.



Walking around the room, Kirk Darrough takes time to do his daily homework check.



Discussng the schools attendance policies are Mrs. Chris Hamill and Principal Roger Dallek.

All part of the Tribe

Each year unfamiliar faces line the halls as Gar-Field receives handfulls of newcomers to our school. The majority of these new students are freshmen who make up a large portion of the student body.

Being new to a school can leave one with confusion and a constant feeling of being lost.

Many student s have families that are constantly on the move. But, adjusting to a new school is always tough no matter how many times you move.

Gar-Field as a whole is made up of students from all over the world. In addition to having native American stu-

dents who had lived abroad, there were foriegn students whose families came to live here and exchange students who were jsut visiting for a year.

As time progressed these "new students" became just one of the pack. taking off the pressure of wanting to fit in.

Amy Sullivan takes a break from practice.



Taking time out of his academic schedule Freshman Jason Locamy.



Cheerleading gave freshman Heather Hollis a means of meeting new people.

Tomas Blomquist, a native of Sweden, came here as an exchange student.



Libraries--

They Aren't Just A Place To Study

Shhhhh. You're in the library. It's a familiar place to most students. Most students spend a good deal of their high school career there.

Freshman year they spend hours there learning how to use the various resources the library offers. Sophomore year it's that literature paper for English teachers like Stephanie Koepping.

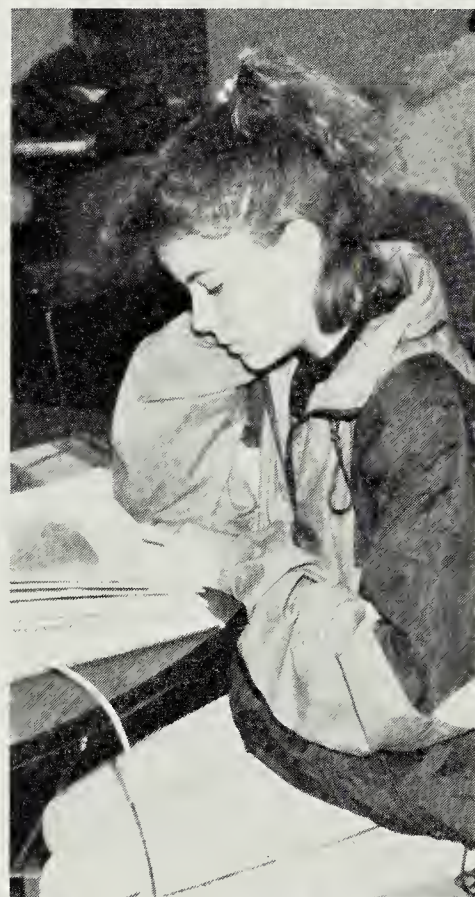
Junior year students practically live in the library the week before the history club project due for Jean Bittner's class. Senior year they spend time in the library for numerous things, whether it be research for English, government, or some other class.

"It seemed like every other week we were in the library for something," said Eliana Cabral.

The pressure was on each time students entered, whether it was rushing to get

projects finished on time or just taking a short cut from the parking lot to Latin.

Then there were those days when students went to the library with their class. Did anyone really do any work? "I just sat there and talked and wrote letters to guys I liked," said Tatia Anderson (92).



Patently, a student sits and studies while her class uses the library.



Just as she gets ready to leave, Michelle Liston (90) has a last minute word with a fellow student in the library.



Not all students homework in the library. A lot of them sit and enjoy the peace away from the pressures of other school activities like Danny Sawyers (92) who reads a magazine in his free time.

After two days of collecting money, Krista Brown (90) reports to Anthony Gamboa (90) the final tally of money collected.



Helping to "Save San Francisco," Janet Held ('90) tapes posters to advertise the class' venture.



Gar-Field Helps "Bridge the Gap"

On October, 17, 1989, people were sitting in their houses watching game three of the World Series, when all of a sudden the picture started to shake. Just as they were getting up to adjust the tube, the newscaster came on and informed watchers that it wasn't their T.V. going haywire; an earthquake that measured 7 on the Richter scale had just hit California.

Many people were injured and lives were lost. In the shadows of the disastrous Hurricane Hugo, the U.S. government was quick to see that San Francisco got as much aid as possible.

Jeri Cantwell's A.P. Government classes were quick to act, also. Two days after getting news of the disaster, the classes organized groups to collect money from students and teachers during lunch. People donated pennies, dimes, nickles, even dollars. Anything they had with them.

"It made me feel like I was doing something to help somebody," said Caterina Natale (92) who donated her share to the fund. The A.P. classes were able to raise \$524 to give to the needy Red Cross which was much deprived of resources after helping victims of Hurricane Hugo.

Many students were happy to participate in this activity. Laura Giese (90), a student in Mrs. Cantwell's class said, "I just like helping people. If something like that happened to you, you would want them to help."

Mrs. Cantwell was encouraged by her class' efforts. "It made us all feel good that we could help even a little bit."



Despite the chatter in the background, the authoritative Mrs. Rhea quietly delivers instructions to one of her science classes about an upcoming project.



Marketing

Denise Davis
Ray Dise
Bev Miller
Elizabeth Slack

Happiness after two o'clock

As soon as students leave school, our day is over. This is just the beginning of the end of every teacher's day. They look around after school and see stacks of papers that need to be graded and Mr. Dallek is calling them for an important conference.

It is not just the papers to grade but it is the students that need extra help after school. Since the teacher had to help the student after school, he or she must bring home that big stack of papers to grade.

The teachers do not always have it like this, sometimes they are able to get out of here by three o'clock. It seems like every time the teachers are staying after school, you can

walk by the pod and smell a cup of coffee and see that teacher with his or her shoes off, attempting to feel like they are at home.

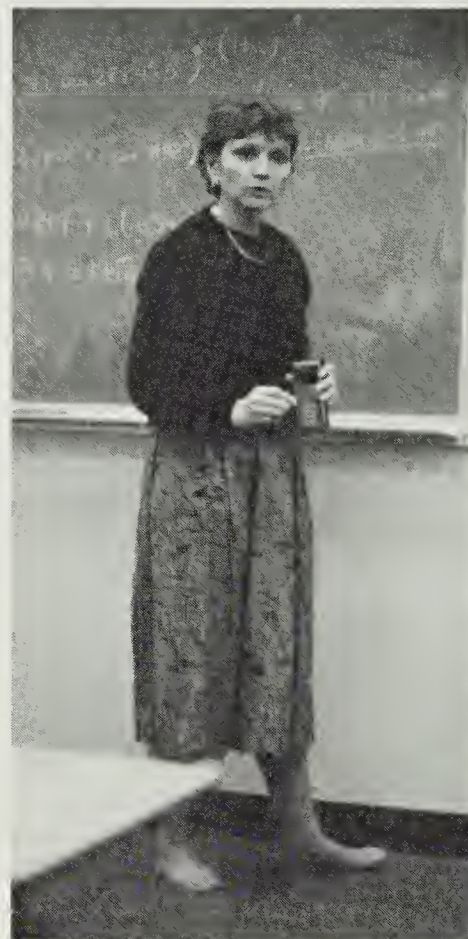
The time that teachers spend after school is spent by planning out what they are going to do in class and going to conferences with principals or counselors.

These meetings may be about things like problems with specific students or new school policies.

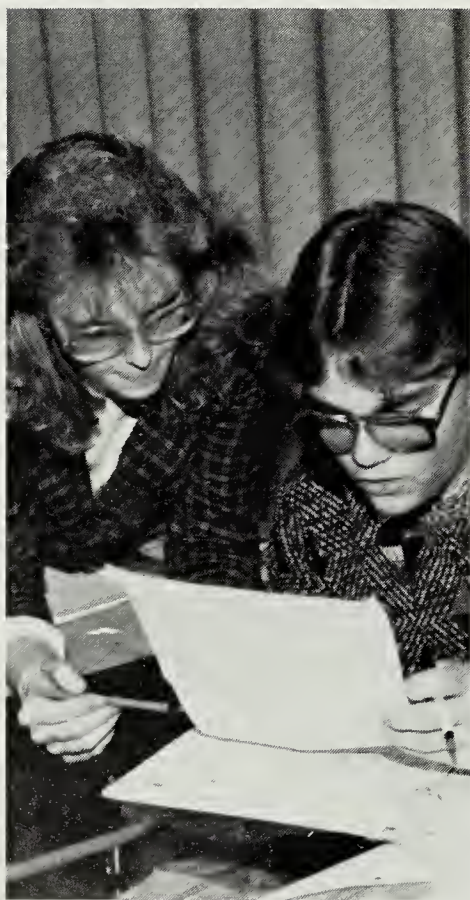
In addition, teachers have forms to fill out, clubs to sponsor, and sports to coach before they go home.

Even though the life of a teacher after school is hectic, they do it because they like to.

Getting comfortable after school, math teacher Faye Simon takes off her shoes.

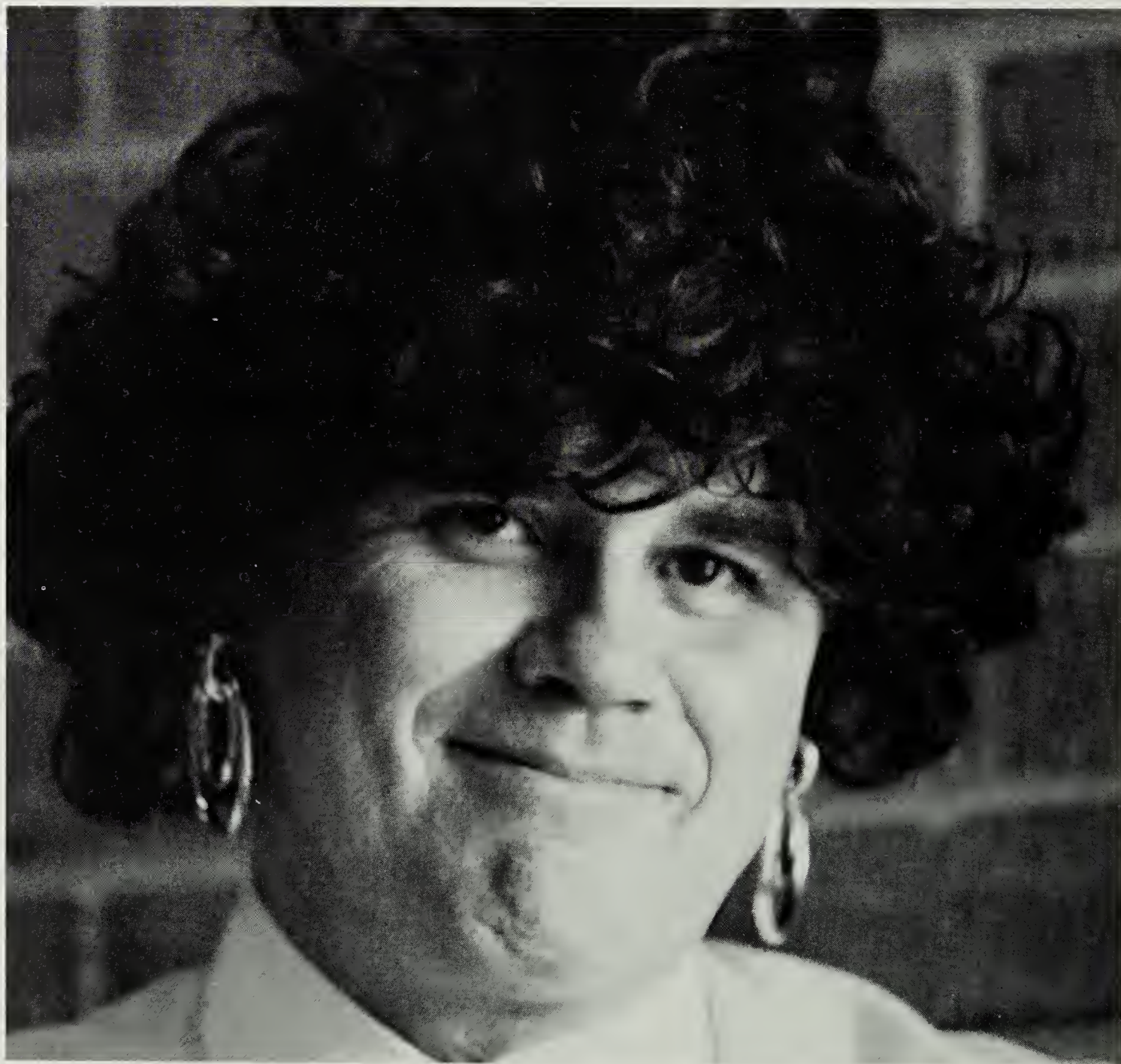


Even though she stayed up until midnight working on this report, science teacher Wanda Pitt, hands out the next lab report to her students the following day.



Staying after school for some extra help, Matt Williams tries to figure out where he went wrong on his paper. Life can sure be hard at times but that's why teachers help.

In an attempt to keep school fun, math teacher Bill Willis sports a wig.



Caught in the act of breaking the rules

In-school suspension, out of school suspension, or just plain old detention; these are some of the ways students are disciplined for breaking the rules.

At the beginning of the year each student is given a student handbook with a set of rules in it. These rules are like law here at Gar-Field High School. Every student is responsible for knowing and abiding by these rules.

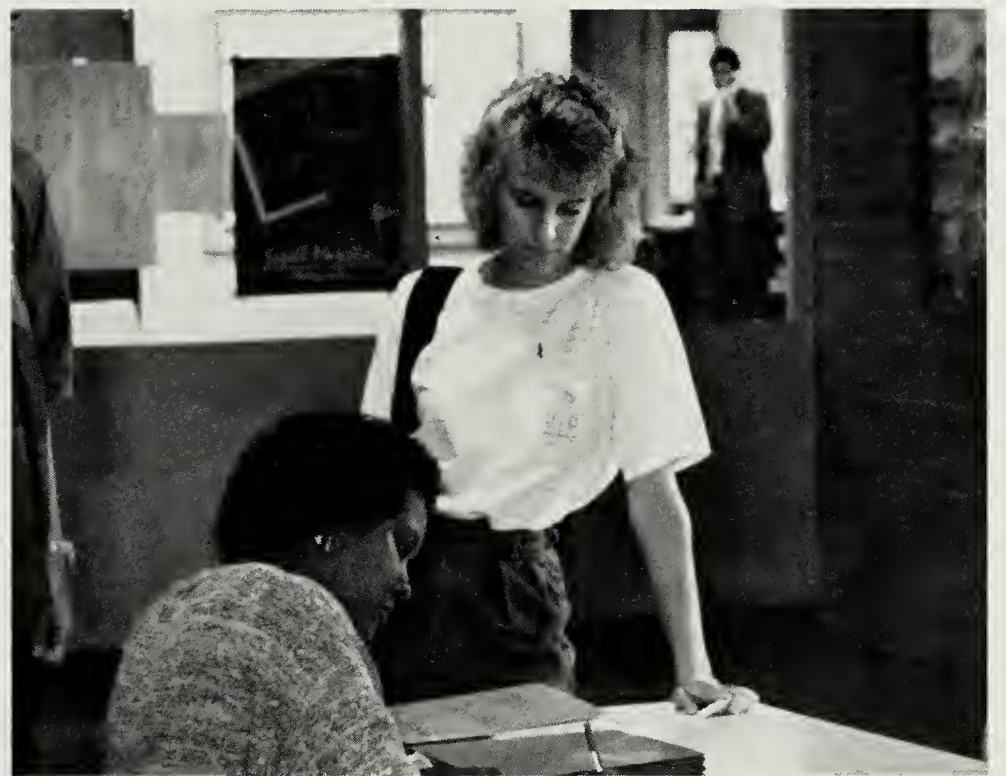
Explaining the importance of maintaining her grade point average, Principal Joe Cardinale illustrated it to senior Carrie Vitko.

As a whole, students follow rules but when they do get in trouble, we must pay the price. Sometimes we get warnings but other times we get it all.

The students seem like they do not mind all of the rules but there are some that do not like them.

"Most of the rules are fine but the tardy policy just has to go," said junior John Meyer.

This seems to be the general attitude towards the tardy policy. Many students do not think that it is fair that if you get five unexcused tardies that you fail for the six weeks. Even though there is dislike the students seem to get to class on time.



Business teacher Cindy David reminds Scott Richards that it is against the rules of typing class to look at his fingers as he works.



Getting to school late, Stephanie Breyfogle must sign in with Hannah Johnson, the teacher at the front entrance who was on duty. This year only two doors remained unlocked during the day.

When the science project is due the next day and your fish *still* aren't pregnant,

Let It Snow, Let It Snow, Let It Snow

Talk of snow flurried about school. "I hear there's supposed to be 6" to 12" starting tomorrow morning," said Alexis MacDonald ('91). The winter started with a blast of cold air and several snow days to boot. All before students even began to be anxious about the upcoming winter break.

Students love snow days

because of all the extra time they have to finish homework, right? Wrong. It's time to have fun, talk on the phone, clean your room (what?), and SLEEP.

"We usually play football. It is great because we get a lot of people and knock the garbage out of each other. It doesn't hurt because your body is so cold and when you

hit the ground, the snow is like a pillow," explained Mike Gallup ('91). A lot of people, including Katie Yachechko ('90) enjoy "sleeping in and then going out to play in the snow." John Brettle ('91) says sometimes he "just hangs out." Jessica Jackson ('93) explains, "Sometimes I do my homework if there is nothing else to do." And finally Robin Mid-

dleton ('93) says the main thing she does on snow days is "relax".

Although snow does provide some distraction from the everyday school monotony, too many can be detrimental. We are only allotted four of them. If they aren't used wisely, with each one we take steps further away from the end of school.



Taking a ride down the hill, Justin Scott ('92) enjoys his snow days snow boarding at Godwin Middle School, a popular sledding sight for Gar-Field students.

After taking a good hit by his opponents, Garland Dillard ('90) manages to keep a good attitude while playing football in the snow.



Ashley Holland ('90) flies down the toughest slope of Westridge Elementary School on his cool snowsaucer one snow day in December.

With snow flakes landing on their sweaty faces, Matt Timmerman('91), Tom Burrell ('91), Toby Farr ('91), and Blake Smith('93) line up , ready for Mike Stilley ('92) , the offence's quarterback to throw the ball. The pass started the first play of the football game in the lot across from Twin Oaks.



Cars in the Gar-Field parking lot suffered through the cold while the rest of the lot remained empty.

As crucial as flouride

While working on *the hyphen*, junior Jason Morrow looks on as senior Eliana Cabral eases some of her tension.

Since, the increased availability of computers, many students have found them to be both instructive and entertaining.

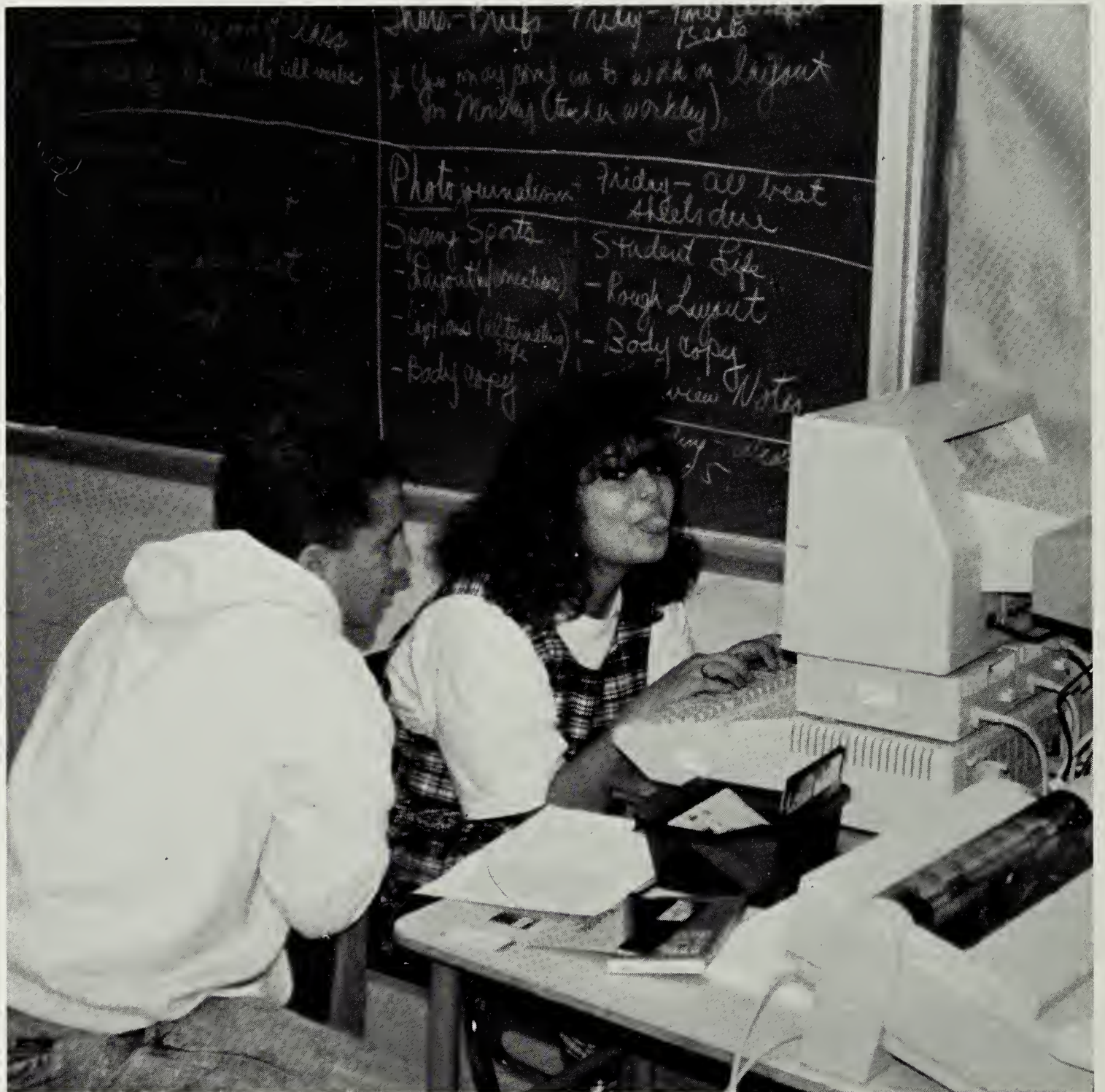
Computers served as an educational tool because they allow students to develop their academic skills needed in the real world.

Entertainment can also be found in computers. The market in computer software and hardware increased, leaving students to a wide assortment of games.

The availability of computers had grown tremendously. Students had easy access to computers at school and at home.

Since, computers were used in school, many students have utilized them to do reports and even science fair projects. Computers have become a familiar sight, as the working world revolves around their uses.

Oriented programs are incredibly easy to use and allowed computers to be used by everyone from beginners to advanced.



After a little trial and error, computer programs can become very easy to use, as some of our students have written complex programs for class.

Computers have become a familiar sight at Gar-Field and have given the students a taste of where technology is headed as shown by senior David Williams.

Making the extra effort

Since Gar-Field is such an enormous school, it has the facilities to allow many of its students to take part and participate in various clubs and organizations.

Vocational Education is a program developed to conduct a wide variety of classes, clubs, and activities to prepare

students for jobs.

Gar-Field maintains a large selection of organization developed to give the students an opportunity to learn certain skills and give each student the experience that is needed in the working world.

Vocational Education is broken down into groups that

deal with various trades or help build leadership or provides services within the community.

The Distributive Education Clubs of America (DECA) has the chief purpose of advancing each student's career and further develop leadership in marketing.

Vocational Industrial Cooperative provides students the opportunity to leave school early each day and work at jobs related to the vocations they're studying in school.

Students in these programs have practical experience when they graduate.

With ease, senior Anthony Surbeck runs the printing press without spilling ink everywhere.

"Eating what you have made makes it even better," said senior Dennis Marshall.



Making a few changes, senior LaJuan Parris giggles as she realizes what she had done to her mannequin head in Cosmetology class.

Wood working shop has always been a classic when it comes to the different school trades.

Two Ways to Avoid Class

There are two great ways to pass the time in boring classes, and there are two noises associated with them. The first is only come upon by luck. The sound of a fire drill bell is music to a student's ears. Fire drills are great for getting a few moments of fresh air or time to talk with a friend who sits across the room. Though they aren't as frequent as students would like them to be, they are much appreciated when they happen. It also helps if your most boring class

"It takes a split second to exit the building, but it always seems to take forever coming back in. People live for opportunities to waste time," said Brad Hansen ('91)

is either third or fifth period. These are the times when fire drill are most likely to occur.

Once that bell rings, everyone is up on their feet and out of the class like a herd of horses. If they could only show the same enthusiasm when running around the track for Mr. Zimmerman in P.E. The pace on the way back to class is more like a herd of turtles.

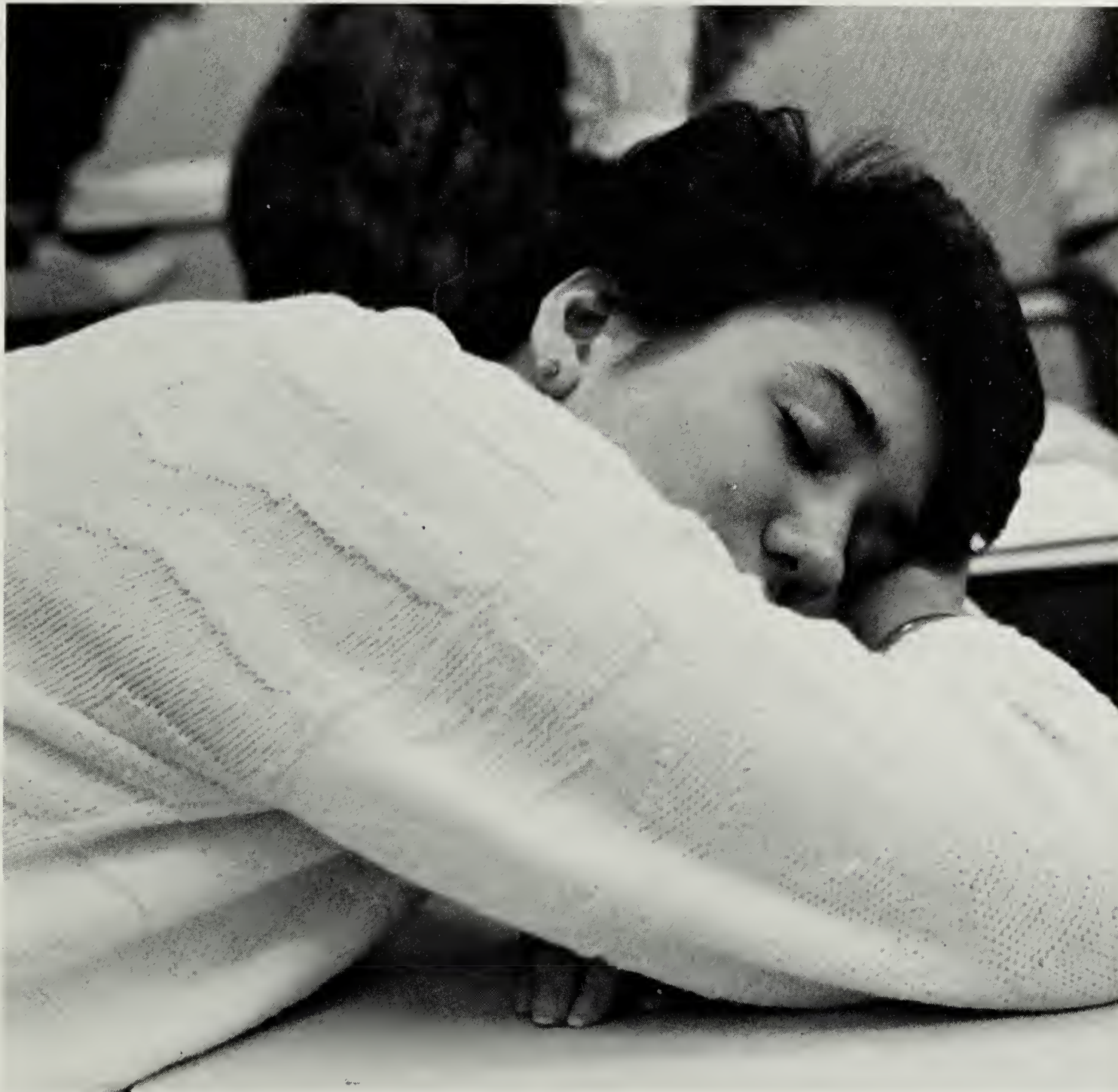
Teachers play the role of shepherd trying to gather their flock each time there is a fire drill. They have to make sure each student is present and accounted for.

During his lunch shift one day, Brett Templeton ('90) tried to catch a few minutes of sleep by the senior locker bay. He would probably say he was only "meditating" for his next class.

Students use the fire drill time to catch a glimpse of the sun and to talk about what everyone did the weekend before, as other students wander about the parking lot.



Students from the foreign language and business pods assemble randomly on the lawn by the tennis courts for a fire drill one sunny day in September.



The other sound, though inaudible to the person who is enjoying the wasted time in class is the sound of snoring.

Students at Gar-Field spend hours upon hours with school, sports, clubs and jobs. The pressure on students is phenomenal. And what is the best reliever of stress? Sleep, but what is that?

Students have no time for such trivial things as getting seven or eight hours of sleep a day, as healthy growing teenagers should. The only time to catch up on the sleeping time that was spent doing algebra homework the night before is in algebra class the next day.

"Between my job and homework, I almost never get to sleep before eleven o'clock at night," explained Jeff Tom ('90).

Have you ever noticed that even though students may

"When you work, have homework, and only get six hours of sleep, you try to get all the beauty sleep you can--whenever you can," said Christine Williams ('90).

find it hard to keep their eyes open friday morning at 10:00 to listen to their math teacher explain limits, they have no trouble on that same friday night to stay awake well past 10:00 to go to a party and listen to someone explain how 107.3 is a much better station than 105.1. Hmmm.



Instead of listen to the teacher, Amy Tom ('90) decides to take a few minutes to try to get back to the dream she was having when she woke up that morning.

Marco Hinkston ('90) catches a few winks in one of his morning classes in the position least noticeable to teachers, usually called, "The Thinker".



Administrators

Frank Bradsher
Joseph Cardinale
James Council
Roger Dallek
Sara Fitts
Ron Thompon

Let's show your feeling!

Wear it! Tighten it! Cut it! Sew it! Or roll it up! Whatever you do it is up to you, and you can call it fashion. Fashion is a statement about yourself, and your feelings. Whatever you wear, whenever you wear it, and however you wear it, it does not matter, but what really matter is how you feel about yourself

So, let's talk about what's in. Most people have one or more vests these days. In addition baggy pants that are gathered at the ankles are in. Also there are a lot more popular fashions like shoes without socks, big coats, parkas, tie-died pants, leather jackets, boots, scarfs, and as always turtle necks.

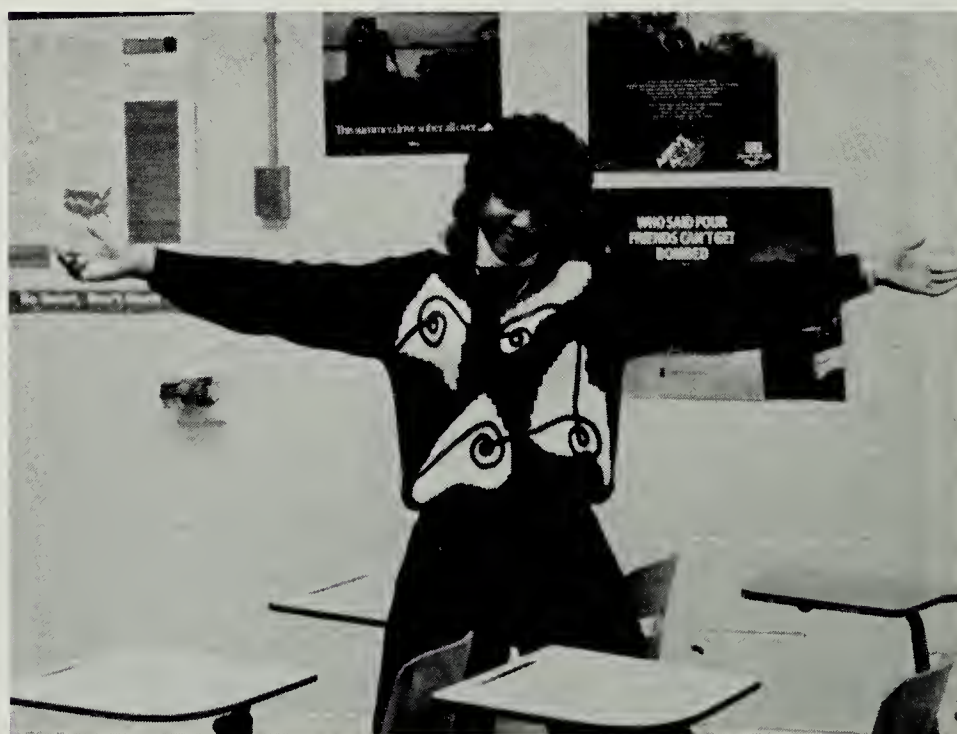
It's not only clothes, they are fashionable, but also the colors. Colors like mustard, black, white, bright orange, navy blue, or flourscent green.

Wearing a blazer coat, one of the popular types of jackets this year, Davina Blackett walks to the busses with April Davis.



Sherry Stewart and her friends explained that one of easy ways to become trendy is to wear shoes without socks.

Sweaters with diesign, like the one worn by Carika Squire were also popular.





Wearing baggy pants and a turtleneck, Lamont Ruffin represented the Black History Club at a pep rally.

This year's homecoming princesses sported some of the styles that were in fashion.



Large designs like that of Sandra Perkins' shirt were in this year.



Showing several styles of coats, Katherine Angiolillo and her friends wait to go on a field trip.



How Embarrassing

Have you ever been so embarrassed you just wanted to disappear?

Many students have. As if every day pressures aren't enough to deal with, embarrassing situations "top the cake."

A very embarrassing situation that almost everyone has been through at some time or another is riding the "cheese." It's bad enough having to stand out there in the rain, sleet, and snow, but what makes it even worse is when friends drive by and just laugh.

Another humiliating experience that many students have been faced with is wearing the same outfit as another person. Kim Ward was put in this position, she explained, "It's really embarrassing when you come to school and four or five other people have on

the same outfit as you."

Michelle Bourke has been placed in an equally embarrassing situation. During an assembly, she was called to the pulpit to speak, and as she was approaching the stage, she tripped and fell down the aisle. When asked how she

reacted, Michelle simply replied, "I just laughed about it, what else could I do?"

These aren't the only situations that can be embarrassing. There are many others, such as tripping up the stairs, having your elastic shorts pulled down in the middle of

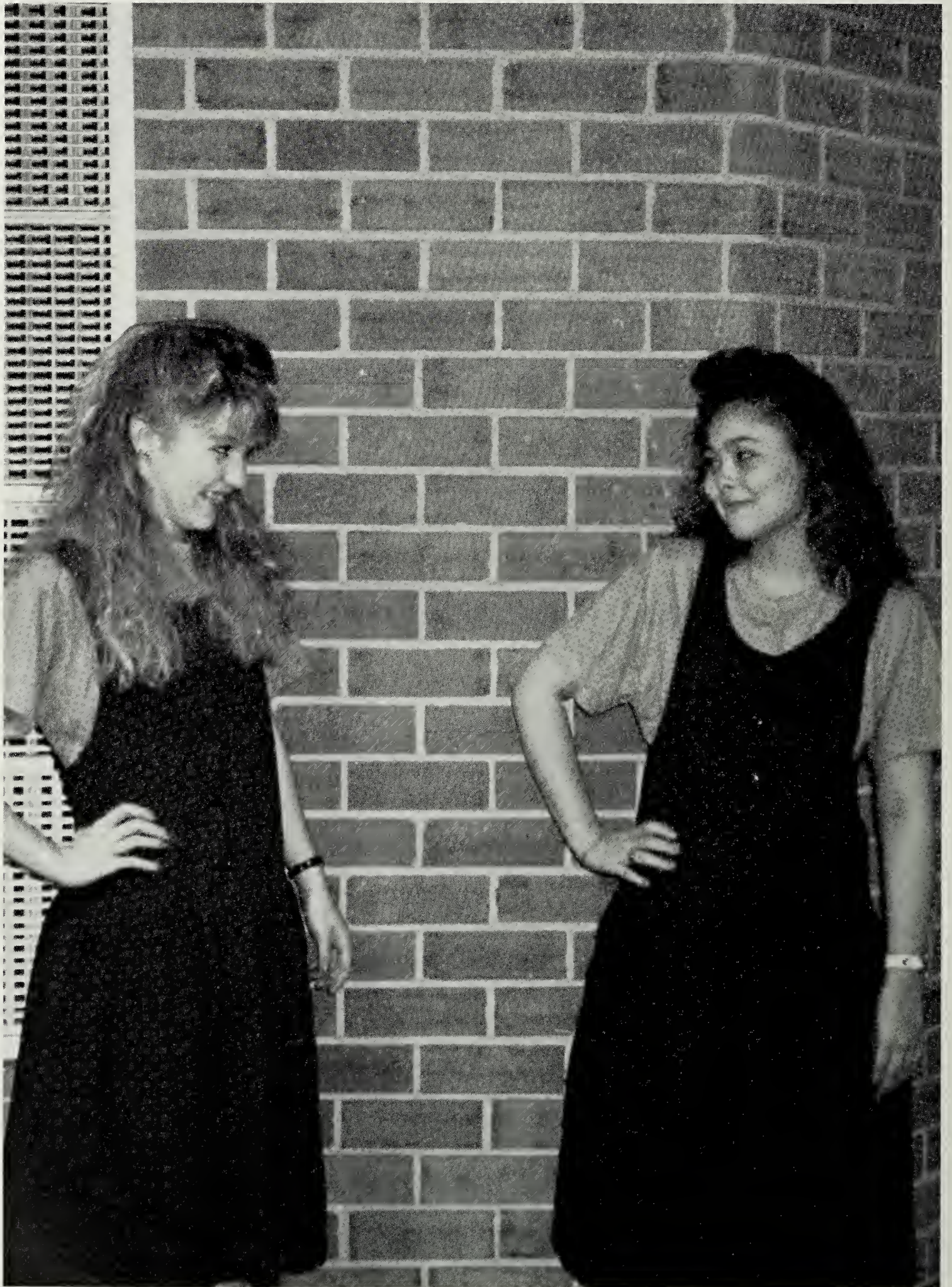
the hall, or worst of all getting into an accident right after school, because everyone drives by and stares.

If more people could be like Michelle Bourke and take embarrassments in stride, these situations wouldn't be so dreaded.



For some students, a very common embarrassment is to be sleeping during class, and have your teacher wake you up.

An embarrassed Kim Ward, and Alea Banta model the latest, and what seem to be the most popular fall fashions.





On range, an embarrassed driver had the passenger, Brian Anton retrieve the cone they had just knocked over.



Several embarrassed students wait in the rain for their bus to come.

Many students, like this one are embarrassed to have their picture taken.



A group of girls reluctantly allow their picture to be taken while waiting for the bus.



Guidance

- Sue Carr
- Bill Cryan
- Betty Fagan
- Rodger Fitzgerald
- Debbie Hamilton
- Charlotte Harrell
- Bettie Harrison
- Jean Huntley
- Joyce Jones
- Glenda McGee
- Bill Rampley
- Joan rRche
- Linda Rowland

A Driving Force

With gas at \$1.19 a gallon, penny-pinching students may wonder why bother driving. The parking lot is always full, in the winter it's a long hike to the school, and it's five bucks to make sure your car is legal.

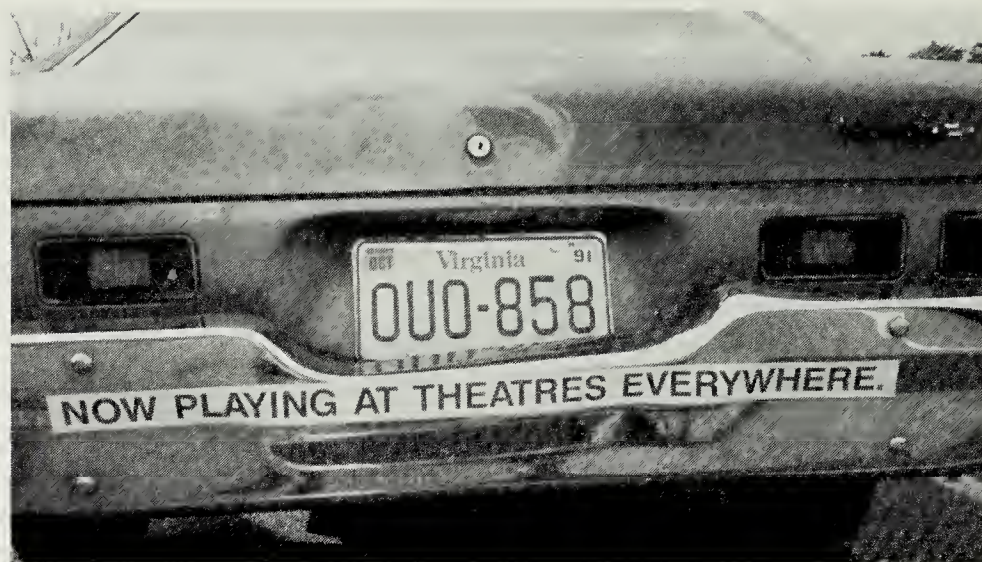
But, despite some of the inconveniences, there are some nice benefits. Senior Cathy Nothnagel comments, "When you get a ride you can take your time and socialize in the morning and afternoon. It's also warmer in the winter and much more comfortable."

Jimmy Fernandez, also a senior, agreed. "You can judge how long it takes to get to school and plan on whether you want to come early to do some work. And you can leave right after school, no waiting around for anyone."

It just goes to show, despite the trouble driving was worth it to some.

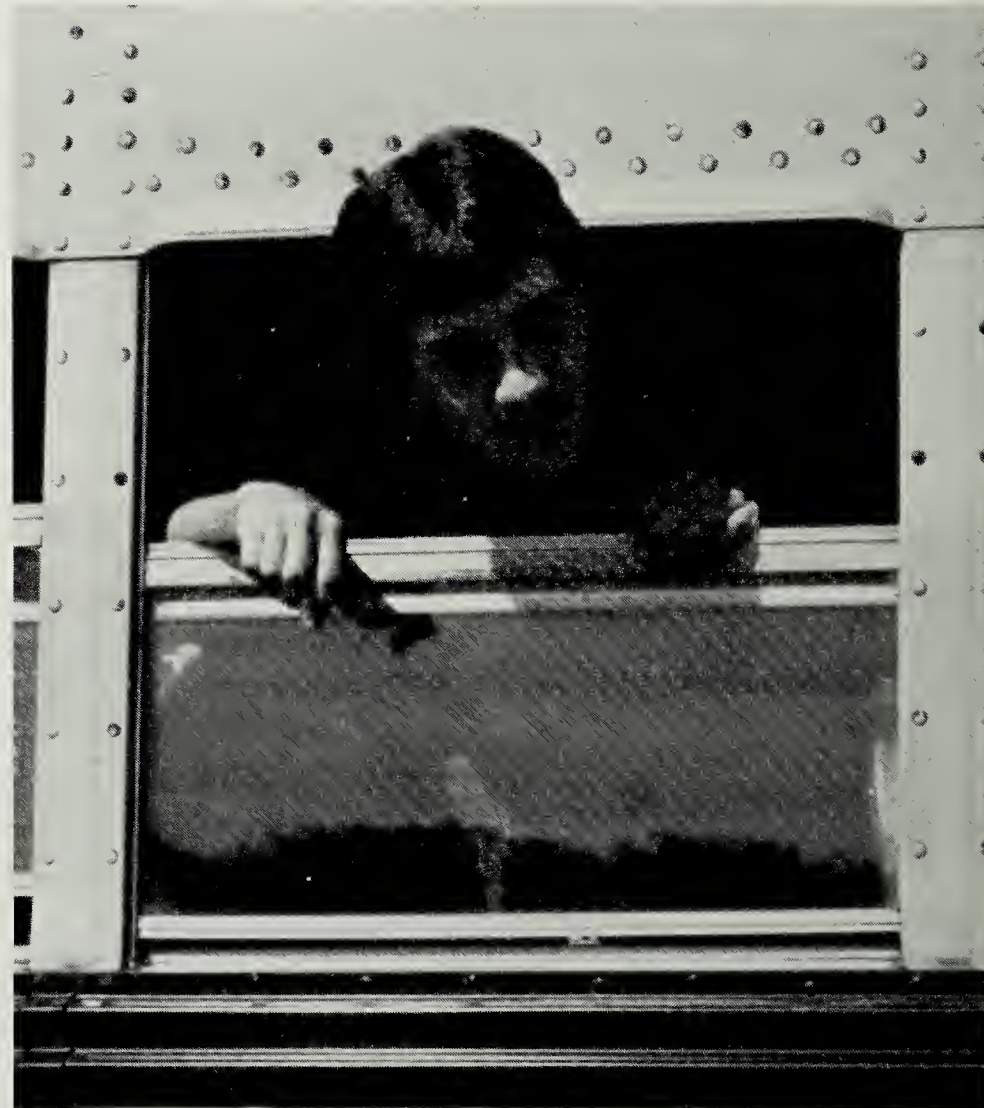
With a rash of student drivers this year, personalizing cars with vanity plates, window signs, and bumper stickers was frequent in the parking lot.

Catching up on the day's events as they wait for the parking lot traffic jam to disappear are juniors Suzanne Duckworth and her ride Nikki Hiett.



A friend in need... proven over and over again as one disabled student gets help from her friend with books on her way to the bus.

One of the few who doesn't mind showing the world that he rides the bus, sophomore Greg Crone sticks his head out for some after-school sunshine.



Another One Rides the Bus

It is heard before it is seen, air brakes groaning down the street, coughs and sputter from the defective exhaust system.

Then, it comes over the horizon, a yellow so bright it hurts your eyes, on a vehicle so

unbelievably big and clumsy that the students who ride it shrink back in embarrassment.

Actually, that is an exaggeration of the morning bus ride. But, students will go to great lengths to avoid sitting on those sticky green seats.

Seniors are the worst when it comes to riding the bus. Travis Brandel comments, "Thank goodness I don't have to ride the bus. They're not dependable, always coming to the bus stop at different times, and riding the bus reflects a

students tried to save face when faced with the Big Cheese.

certain negative image, also known as a nerd."

Underclassmen still have to endure getting ready early and watching upperclassmen in their cars go by while waiting for the Big Yellow Taxi.

Despite the negative Nerd Image attached to the bus, some students feel neutral. Sophomore Christopher Morgan comments on his bus-riding, "I don't think you're a nerd if you ride the bus...I ride it very little, though. "

All in all, whether students waited at the hated bus stop or just drove by, the bus was not the preferred mode of transportation for the contents of G-F.



When snow came through most of December, bus riding became more uncomfortable due to the cold. Students like this one still made their way out every afternoon though.

Nina Jackson (center) and some of her friends face the afternoon bus ride home with "support hugs" before boarding the crowded bus.

Paroled at 1:52

It is 1:52 and students are leaving school. Many students have jobs to go to, homework to do, or they just want to go home and rest. It seems like there is something different to do every day. A lot of the students stay after school for school activities or to make up a test. To many students, school does not end at 1:52; it is over whenever they catch up with make-up work. There are also a lot of people who trot off to work to make some money for Christmas gifts. "If I don't go to work, I'll be broke around Christmas time!" said senior Mike Vito.

Every year the Gar-Field drama club performs a play. This year they did *The Pink Panther*. Members of the cast would stay after school to practice rehearsing their lines. Most of the students would not get home till after 9:00. This took up all of their time

Celebrating that school was over for the day, Tam Le, Joe Emling, Anthony Gamboa, Tony Oliver, and Hiram Frias gather together before going home.

for about two weeks. During these two weeks they practiced their physical stunts and lines. All their efforts paid off in a successful production.

"I just go home and do my homework so that I can relax at night," said junior Thomas Blount. Many students do not have a job and they do not have to stay after school so they go home and try to find something to do. Whether it is hanging out with friends or just doing homework, there is something that everyone must do.

What people do after school seems to be a matter of choice. The school tries to keep the students busy with clubs and organizations. If they do not have a school activity to go to, they usually have to work or do homework. What it all boils down to is that school is not the end of everyone's day and school can last all night.

On a biology fieldtrip, Eliana Cabral, Sam Hollrah, Lucette Rios, Phillip Wolf, Christine Williams, and Roman Whitt pose for a picture with Santa.



When dress rehearsal finally ended at nine in the evening, actors Lonnie Martin and Cindy Breedlove were ready and eager to leave.

The Last Word :

When you absolutely, positively, have something to say, and it's going to count

Just as staying after school can be compared to topping off the day at someplace where you'd rather not be, getting in the last word in an argument can be like putting the finishing touch on a conversation you'd rather not have.

Very few people, with the exception of Model U.N. members relish a good debate. But

almost everyone who gets in a fight agrees that getting in the last word is crucial. But why? Is it because one wants to make a grand exit after the argument, or is it because having the last word is often seen as winning the argument? Junior Kristine Griffin agrees with the latter. "I just like getting the last word. I feel as if I've

lost the argument otherwise. I feel on top if I get the last word."

Others like to get the last word because they might feel like they're saving face. When someone makes a snide comment, that's when freshman Chris Baxter decides to end the argument. "You've got to be the last one! Well, I have to.

My mom says I talk back to her, but I don't take it if I don't want to."

Some others, like junior Amy Ripton and senior Amy Burns, see getting the last word as a matter of style. Amy Ripton, who is in Model U.N. used its formal structure as an example of why getting the last word may be the most effective battle tactic. "It's great because they'll say something you really hate, and then when it's your turn you can say something that'll really kill them, and because of the rules they can't say anything back."

Most people agree: getting the last word is a matter of style. And, when students are under pressure, they often work better. Or, in this case, win a fight.



Carefully planning their arguments, juniors Amy Ripton and Erina Moriarty review a resolution at William and Mary Model U.N. with a delegate from Osbourn High.



Teachers often had the last word when disciplining tardy students, like Coach Bell, seen here with Chris Knepper asking him exactly where his pass is.

The future is ours

Looking back on one's high school career conjures up memories that will never be forgotten, but always remembered.

As the years went by, it seemed that things got better. Students experienced everything from first dates, homecoming, class rings, and getting driver's licenses, to parties, Prom, and beach week.

It was during this course which seemed the longest four years of our lives that we were catapulted from adolescence to adulthood. (Well, at least most of us anyway.)

High school is where we truly grew up. As freshman, we were carefree and making our place in the school. But

now as seniors, we cannot live our lives on a day by day cycle. What we do now will reflect our lives in the future. The future is up to us, and we must live up to it.

School has taught us much, though we don't appreciate it at times. Most had other things they would rather be doing. But if you haven't realized it now, you will sooner or later.

With the good times come the bad, and there have been plenty. For the most part they have been memorable. Those that weren't are the ones from which we will learn and live.

For the most part high school has prepared us for what is to come. Those who took school seriously will be making their

way in the real world. Those who didn't will be in for the shock of their lives. As for now, we must enjoy our last days in high school. School spirit has strengthened, and involvement in extra-curricular activities has grown. Garfield has enjoyed a student body rich with variety that never quits. And most of all cherish the moments you share with your friends.

College is exciting but it is nothing like high school. Don't be over anxious about leaving, because believe it or not, high school is definitely something you'll miss.

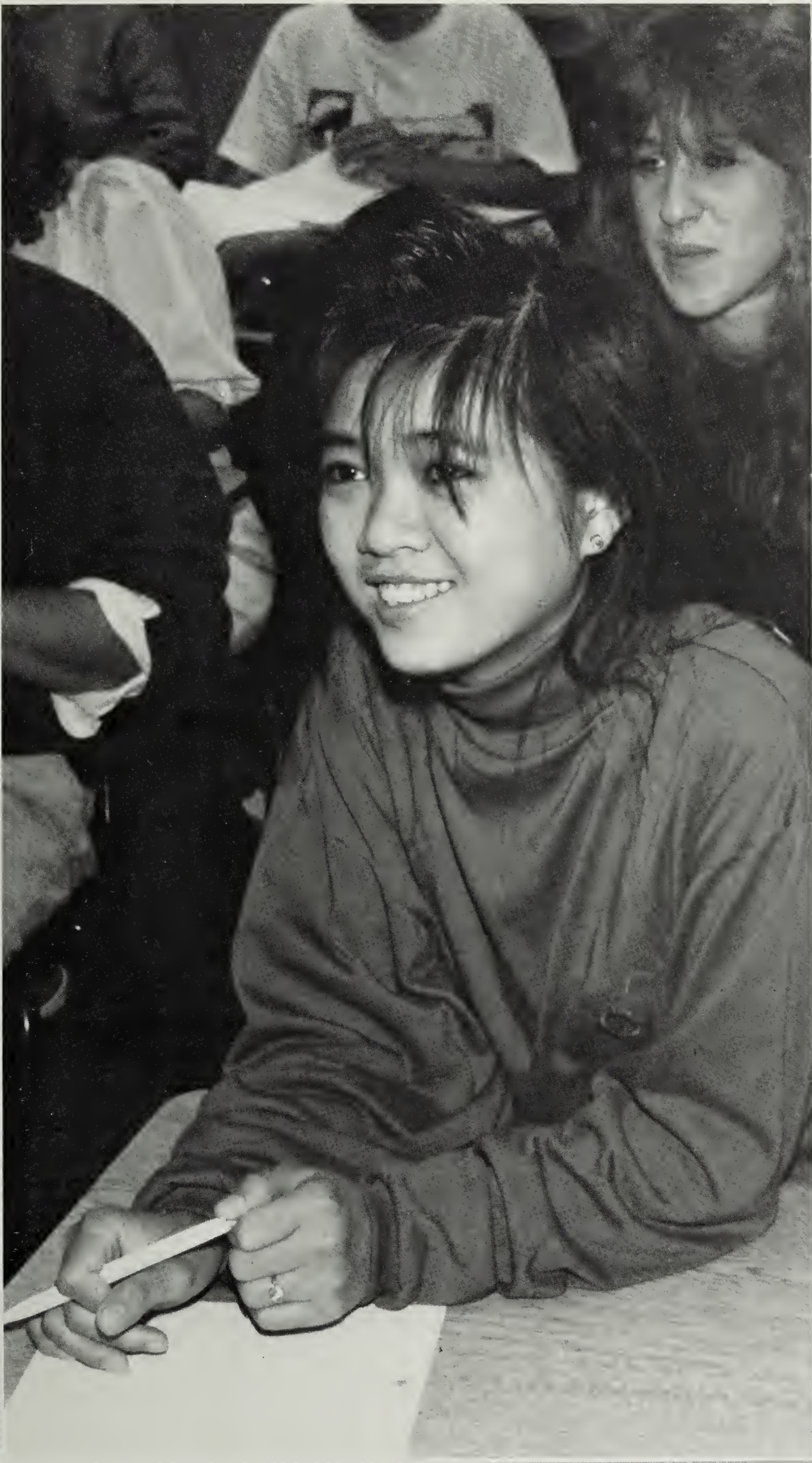
The day after graduation is the first day of the rest of your life. The future is up to us.



On November 3, seniors celebrated their last homecoming.

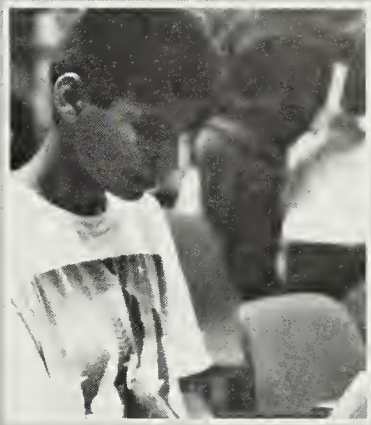
After school, Bret Templeton prepares his remote control car for the upcoming race.





Laughing at one of Mr. Edwards' many jokes, Sue Thammavongsa just moved from Reston, Virginia where she and her brother Dan (92) attended South Lakes High. Welcome to Gar-Field.

Concentrating hard to memorize his English vocabulary words, Michael Roacha waits for the assembly to begin.



SENIOR



In a moment of excitement, Christine Williams and Eliana Cabral share a hug.

Pamela Abel
 Jennifer Abrell
 Michael Adams
 Tara Adams
 Jessica Affricano
 Shane Aiken
 David Alba
 Kenni Allen



Carlos Alvarez
 Maria Alvarez
 Deborah Anderson
 Karen Angiolillo
 Katherine Angiolillo
 Michael Anthon
 William Ashley
 Karen Aveni



James Bahr
 Clyde Barbour
 David Bailey
 Stephen Balcomb
 Rebecca Bank
 Genevieve Barefoot
 Corey Barnes
 Kimberly Barnes



Taye Barnes
 Lisa Barnhill
 Christopher Barrett
 Mathew Baumgarten
 Tammy Beach
 Jason Beglin
 Kimberly Bender
 Blake Bethem



Tamatha Beyer
 Katherine Bice
 Tricia Bickham
 Melissa Blackburn
 John Blackwell
 Christine Blais
 Gregory Blount
 Wayne Blucher





What was the most influential thing that occurred in your high school career, and how did it change you or your direction in life?



"The most influential person in my high school life came later in my high school career. It was Mrs. Hamill. She showed me I was worth something and I believed her."

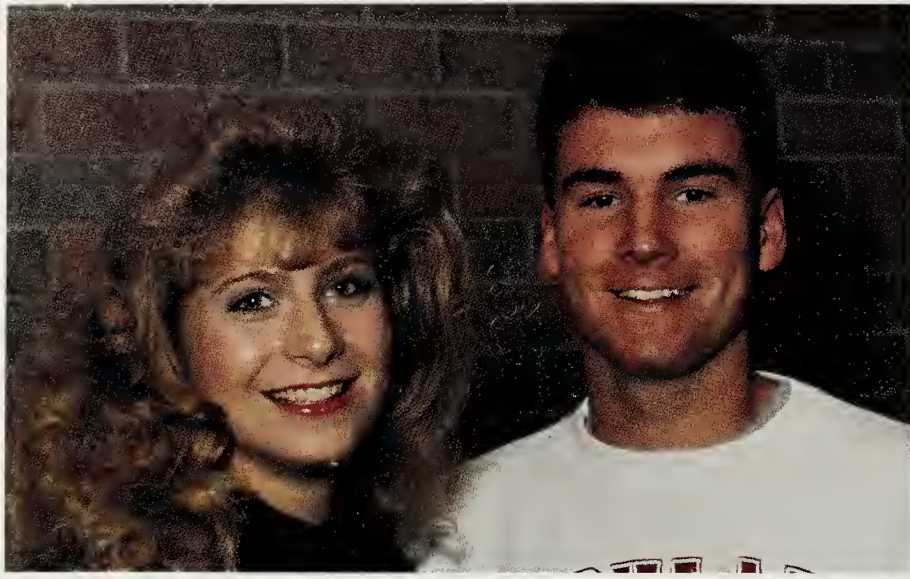
-Adam Schieffelian



"Acceptance into the National Honor Society and a nomination into Who's Who Among American High School Students has made me strive for success in school."

-April Doyle

It's not an easy job but somebody's got to do it!



Though Mylinda McConnell and Skip Saunders spoke modestly, the rest of the senior class saw them as prime candidates for Mr. and Ms. Gar-Field.

Mylinda, who is involved in Dominants, S.A.D.D., N.H.S., Senior Advisory Council, Drama Club, and Teen Counseling says, "Being chosen as Ms. Gar-Field was just about the biggest surprise I've ever had. I appreciate my classmates for allowing me to represent the school as Ms. Gar-Field."

Along the same lines, Skip has been active in DECA and FBLA. Not to mention his athletic ability in basketball. Skip was shocked upon being chosen as Mr. Gar-Field but is grateful nonetheless. "I am proud that I had been recognized by the school as Mr. Gar-Field. I feel privileged to represent Gar-Field by being chosen for this honorary title."

Mylinda and Skip show that they are definitely qualified to be Mr. and Ms. Gar-Field.





Wayne Bock
Andrea Bogger
Tawanda Boggs
Paul Boland



Jared Boomer
Carol Bowe
Cynthia Bowling
Russell Bowling



Jamila Bowman
Douglass Boyer
Lora Bradford
Antonia Bradley
Jennifer Bradshaw
David Brain
Daniel Brandel
Angela Brayboy



Jennifer Breeding
Thomas Breen
Damian Breland
Sandra Brennan
Stephanie Breyfogle
Tina Broach
Spencer Broce
Carrie Brower



Eric Brown
Kenneth Brown
Osie Brown
Tanisha Brunson
Mari Bryant
Michael Bryant
Dwight Buchanan
Amy Burns

Katherine Burrell
Marvis Burress
Donna Burrow
Lori Buterbaugh
Michael Butler
Eliana Cabral
Michele Cadwallader
William Callahan



Annamaria Campbell
Donald Campbell
Michael Carmon
Dionne Carter
Michael Casey
Becky Casterline
Megan Casterline
Phillip Chapman



Michael Chendorian
Vernon Cline
Constance Coaxum
Jennifer Cohen
Constance Cole
Neal Collier
Alexander Conwell
George Cook



Isaac Cooper
Tonisha Cooper
Craig Copeland
Tangela Cornwell
Dawn Covington
Trevor Cowgill
Terri Cramp
Melissa Cushing



Kristi Dangoia
Claudia Daniels
Jonna Darby
Jeanette Davidson
Catherine Davis
Jason Davis
Jennifer Davis
John Davis



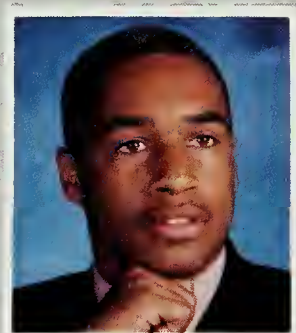


What do you think is your responsibility as a role model for the underclassmen?



"As a role model for the underclassmen, I feel my responsibility is mostly to show them how to respect themselves and others. If you don't respect others, then they will never respect you.

-Kim Harris



"My responsibility for underclassmen is to show them they should get involved in as many activities as they can handle because one person can make a difference."

-George Thompson III.

Head of the class



Being successful isn't easy but it seems Tara Knight and Anthony Gamboa have got what it takes.

Tara Knight is very active in scholastic activities. As president of our SCA and district vice-president of DECA, Tara demonstrates her leadership qualities. Tara has lettered in DECA and her all-time favorite sport, volleyball. Tara is also a member of the new Student Relations Council. Future plans include attending Old Dominion University where she will major in marketing as a step towards becoming an entrepreneur.

On the other hand, Anthony Gamboa plans to attend the Air Force Academy from where he will move on into medical school to become a doctor. Anthony is also greatly involved within the school as he wrestles, plays tennis, and is vice-president of the SCA.

Between the two of them, the future is looking pretty bright. Best of luck to the both of them!





Lynne Davis
Nicole Davis
Tina Davis
Zerranna Davis



Eric Dawson
Stuart Dean
Jennifer DeLong
Jason Dengler



Karen Derderian
Deborah Dibble
Nicole Dickerson
Eric Dietz
Garland Dillard
Tracy Dimaio
Pamela Dixon
Michelle Donath



Donald Douglas
April Doyle
Deana Duggar
Tammy Dumire
Don Dyer
Jerry Eastman
Gwendolyn Eddy
Marcus Edmonds



Elizabeth Edwards
Jonathan Edwards
Kandi Edwards
Kevin Edwards
Marcus Edwards
Daralyn Egan
Jon Eitel
Joseph Emling

Asia English
 Alessandra Ennett
 Michelle Essey
 Sandra Evirs
 Tracy Ewing
 Gerald Fairbanks
 Samantha Fairweather
 Gina Falsone



Diane Felts
 Jimmy Fernandes
 Angela Feters
 Steven Finch
 Sean Fleming
 Gail Fontillas
 Lewis Forrest
 Christopher Forster



Lawanda Fountain
 Kimberly Freeman
 Tara Freeman
 Sunday Frey
 Christopher Frye
 Troy Fuchs
 David Fugitt
 Allison Gallahan



Anthony Gamboa
 Charles Garland
 Jennifer Garrett
 Correy Gary
 William Gawehn
 Durania Gellios
 Laura Giese
 Marshall Gillon



Geoffrey Golliver
 Larry Goode
 Jinger Gorder
 Carla Green
 Randall Greenwalt
 Cynthia Grenier
 Monica Grizzle
 Christine Guck





Do you feel that your experience at Gar-Field has prepared you for college or a career? If not what would you change?



"Gar-Field has prepared me well for college and makes me want to try harder so I have more of a chance of getting the college I want."

-Karen Derderian



"I believe Gar-Field has prepared me for a college career. I only wish there were more career oriented courses for students who know what they want to do."

-Jeff Thurston

We've got spirit, How 'bout you?

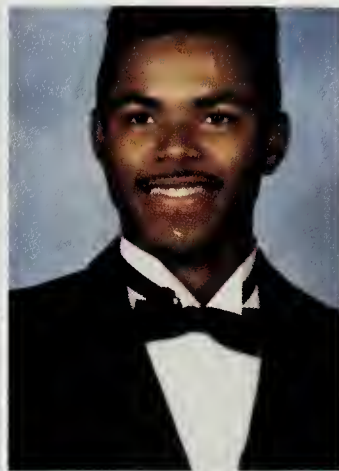


Not only have they shown themselves to be high achievers, but Tara Knight and Anthony Gamboa have proven that they know how to get the crowd going.

Being involved in wrestling and tennis, Anthony has seen a different side of sports - that of a cheerleader. In fact, Anthony brought guys back onto the varsity squad after years of an all girl squad. He broke the trend and brought the squad into the 80's.

School spirit comes from many different aspects including activities like Homecoming. In addition to sports and teen counseling, Tara was the main coordinator for this year's Homecoming, which can only exhibit her love for the school. Before leaving Gar-Field, Tara wants to encourage involvement in school spirit. "My main purpose is to motivate people to get involved," says Tara. Hopefully, some of the good cheer will rub off and circulate within the school.





Brett Gummerson
Patricia Gutierrez
Christopher Gutshall
Walter Hagans



Christopher Hale
Daryl Hale
Nancy Hale
Marcus Hallman



Donald Hammett
David Harper
AnnaMarie Harrell
Christopher Harris
Kimberly Harris
Angela Hartman
Robert Hastey
Karen Hatzimanolis



Tina Haycraft
Esther Haymond
Robert Hayward
Janet Held
Wendy Hendrick
Susan Hendrickson
Anthony Hensley
Kathy Hester

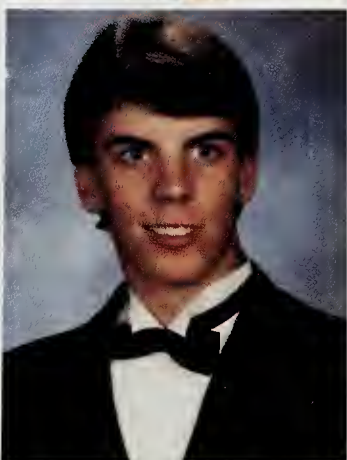


Gillian Hicks
Steven Hicks
Marco Hickson
Kenneth Hill
Rozalynn Hill
Patrick Hogeboom
William Holland
Samuel Hollrah

Ada Holmes
 Brian Houston
 Erin Howard
 Michael A. Howard
 Michael S. Howard
 Rodney Huff
 Andrew Huggins
 Brian Hunkley



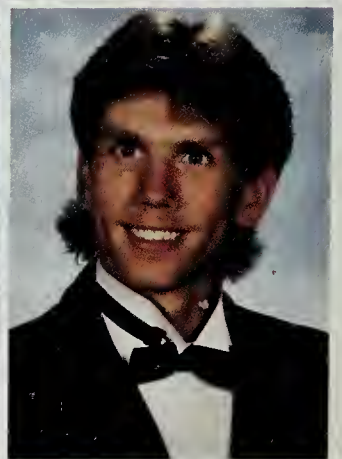
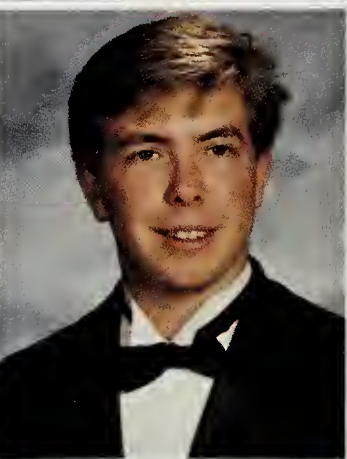
Chad Hurst
 Sabrina Iglesias
 Diana Imler
 Shannon Jackson
 Shayne Jackson
 Lisa Jarman
 Karen Jenkins
 Heather Jewett



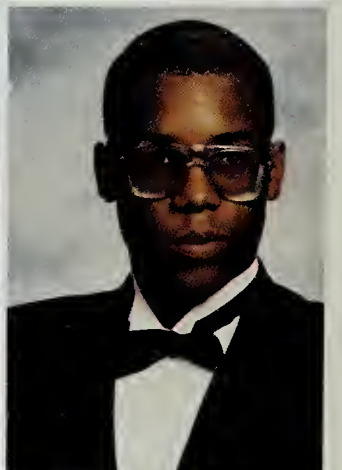
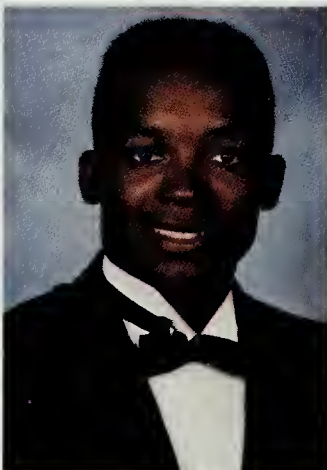
Gregory Johnson
 Tammy Johnson
 Anita Jones
 Brian Jones
 Michael Jones
 Reginald Jones
 Robert Jordan
 Veronique Jordon



Edgar Joshlyn
 Andrew Kahrer
 Charles Kane
 Kevin Kane
 Angela Karstetter
 Michael Kastner
 Ronald Kelly
 Rebecca Keltner



Serife Kerem
 Antonio Kindred
 Toni King
 Zerrick King
 Melissa Klitenic
 Joseph Knerr
 Tara Knight
 Hyun Ko





How do you feel about the tim-
portance of ex-
tra-curricular ac-
tivities as com-
pared to other
countries in
which the aca-
demic aspect is
stressed?



"Extra-curricular ac-
tivities are a benefit .
They teach you to
work as a team, be ac-
tive in school and stay
fit. A problem could
be if someone gets too
caught up in their ac-
tivity and forgets
about schoolwork."
-Cindy Bowling



"Extra-curricular ac-
tivities help students
balance their lives
and teaches them to
use time wisely. They
take a lot of stress off
those who devote so
much time to academ-
ics. -Constance Cole



Just a mere wink of the eye

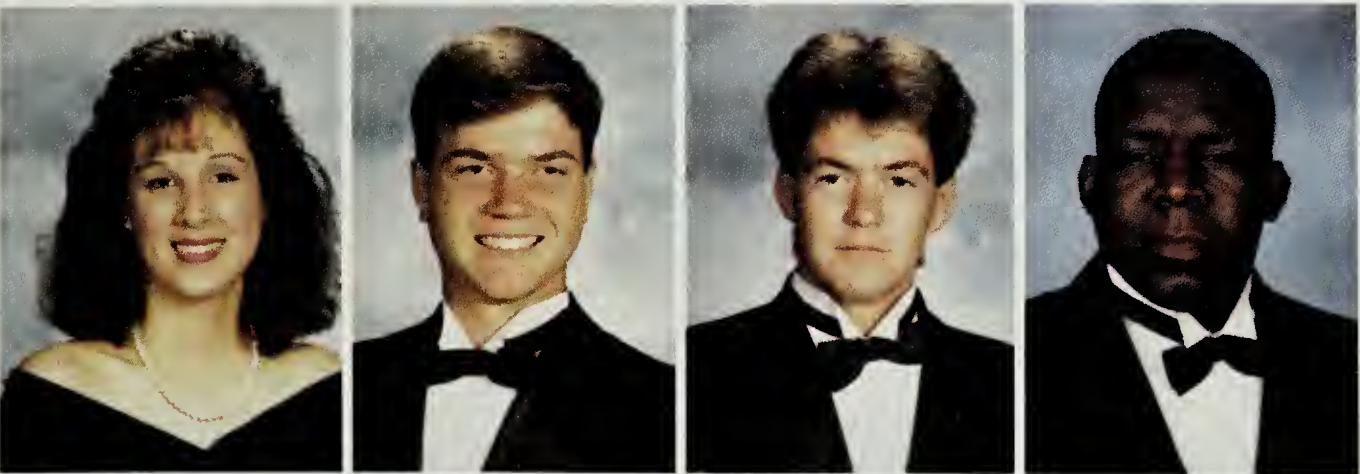
What's better than having a friend give you that oh-so-special hug or peck on the cheek to cheer you up? Gar-Field has a couple of fun-loving people who know just how to make your day. Debbie Navarro and Osie Brown know that they can bring out the blush in you just by a wink of an eye.

"Flirting is a way to get through the day and it keeps me in a good mood," says Debbie who is an experienced "cheerer upper" from her involvement in cheerleading.

Osie Brown feels great when he's walking down the hall and hears "Hi, Mr. Flirtatious".

Though they both have many friends with whom they like to flirt with, their idea of flirting is more towards the friendliness aspect. However, a little kiss never hurts.





Denise Kramer
Dennis Krell
Steven Kurtz
Kevin Kyles



James Langley
Tam Le
Gary Lee
William Lehnhardt



Janine LeRose
Judith LeRose
Tara Lewis
Gregory Lincoln
Marvel Liston
Richard Lloyd
Elina Lohiniva
Chad Look



David Loyd
Alexandra Lucero
David Ludwig
Noelani Luke
James Lyon
Cynthia Lyons
Faith MacKay
Aaron Magee



Dawn Manginen
John Mann
Rowland Marcelo
Tiffany Marcus
Dennis Marshall
John Martin
Karen Masciandaro
Teri Mathewson

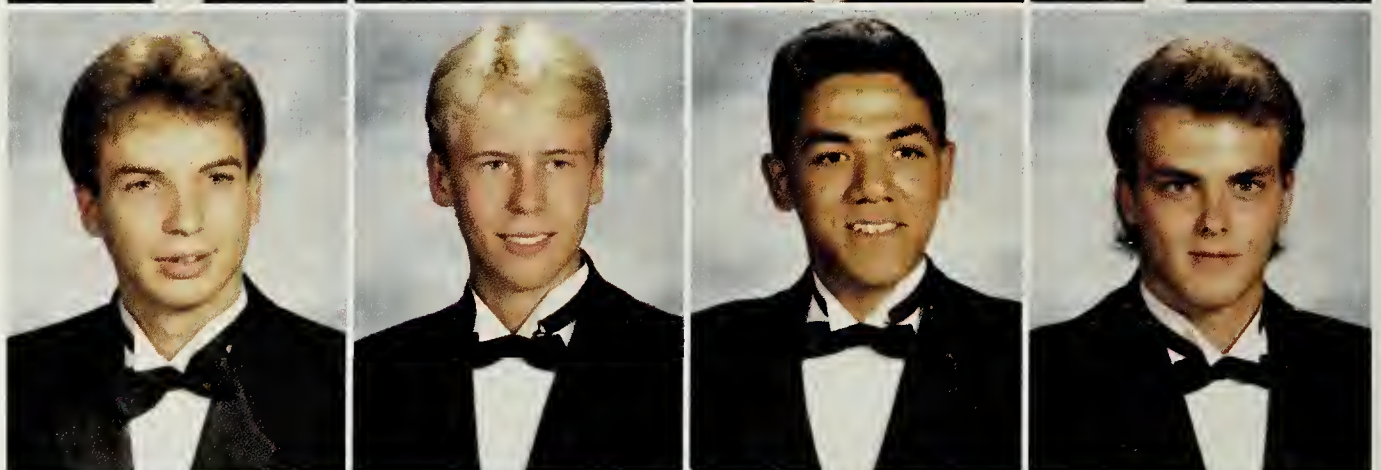
Michael Mauro
Dwayne Maynard
Beth McCarthy
Mylinda McConnell
Kimberly McCulloch
Steven McEachin
Hayley McGrail
Dusty McLaughlin



Shaun McManamey
Carol Medina
Dana Medina
James Melvin
Christopher Meurer
Nikki Meyers
Kandice Michael
Amy Middleton



Anthony Midgett
Evan Miller
Ruber Miranda
Jamey Mitchell
James Mitchem
Lori Moats
Patricia Moore
Tchula Morgison



Shawn Morris
Neil Mowery
Iken Mueller
Thomas Mullins
Emlida Munoz
Lashelia Murrell
Mariam Nabizad
Debra Navarro



Tisha Neverson
Kathleen New
Spiro Nomikos
Jalanda Norris
Cathy Nothnagel
Joy Odom
Melissa Ogden
Ann O'Hop





Compared to previous years, how has the school's tightening of security and rules affected your outlook of our school?



"I think the security and rules in school are just too restricting. The school should concentrate on more important things like the smoking situation in the bathrooms."

-Steve Quesenberry



"I don't feel the school should tightened security any more than is necessary. It's the duty of the school to protect the student, so if it's necessary for more security, it won't bother me."

-Mike Kastner

Two Tales of Talent



Having natural talent is one thing but having it and earning recognition for it is another. Through dedication and determination, Osie Brown and Jennifer Stambaugh have proven that hard work can only result in reward.

Both Jennifer and Osie are musically oriented. Jennifer prefers to make the music and Osie chooses to sing it.

Jennifer has been a member of numerous groups including: The Northern Virginia Youth Symphony, The Prince William Symphony, jazz band, marching band, and the Brass of Peace. "I couldn't have accomplished my goals without the support of my friends and family. The recognition of my talents mean a lot to me," says Jennifer. Don't be surprised if one day you look up to find her in the National Symphony!

Osie is also thrilled about being chosen as Most Talented. "I'm glad that people appreciate the things I do." Osie perfects his talents by taking acting, choir, and orchestra. And of course he's already an expertise in the field of flirting.





David Oliver
David Orndorff
Jennifer Orndorff
Melissa O'Toole



Bryan Palmer
Jeffrey Parker
Ronnie Parker
Tamika Parker



Orlando Parson
John Pates
Nicole Patton
Joise Pellegrini
Ursula Perales
Sandra Perkins
Jennifer Perusse
Jennifer Peters



Anthony Piccione
Matthew Pierce
Melanie Pike
Michelle Pillow
Brian Piper
Deborah Piper
Christina Plott
John Porter



Chris Potter
Rebecca Powers
David Presnell
Kim Price
Paul Priebe
Paul Puletz
Steven Quesenberry
Kimberly Rabb

Francis Reardon
 Kristen Rensch
 Alex Reppa
 Lucio Reyes
 Roger Reynolds
 Carroll Rich
 Scott Richard
 Michael Richardson



Dawn Ricketts
 Lisette Rios
 Cheryl Robinson
 Steven Robinson
 Tawana Robinson
 Michael Rocha
 Monica Rodriquez
 Rachel Rodriquez



Robert Rodriquez
 Michael Romano
 Elizabeth Rosato
 Shawn Ruais
 Holley Rubert
 Christopher Rusch
 Christopher Rushin
 Kenneth Russell



Carrie Sabarese
 Anthony Salathe
 Keith Sarna
 Ray Saunders
 James Saunders
 Adam Scheffelin
 Jessica Scherstrom
 Jeanne Schmecht



Lisa Schmeiser
 Robert Schoenemann
 Sherry Schooley
 Thomas Schwalder
 Lianna Schwinn
 Sean Schworer
 Darren Scott
 Pamela Scott





Think back to that first day as a freshman and what you expected high school to be like. How has the reality differed from the dream?



"After several weeks I realized that high school wasn't like the movies. I was expecting to see a really wild and funny senior class. To my surprise they were just like everyone else." - David Harper



"As a freshman, I expected high school to be the best experience of my life. I found that it was just one big experience after another. I learned you have to work to survive." -Paul Priebe



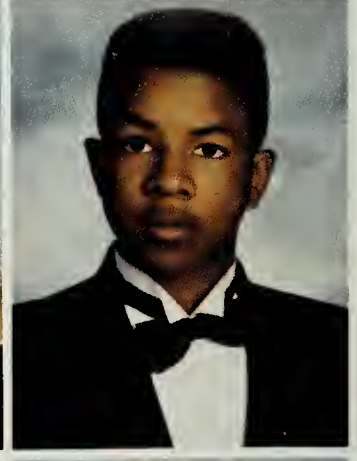
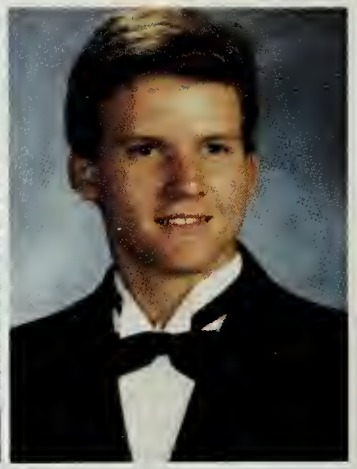
Sometimes you feel like a nut . . .

If there's one thing that never fails, it's having that one person who is always there to break the tension. As teachers have said, "There's always at least one." In this case the reference is to Tonisha Cooper and Corey Barnes who have been selected as the resident "Class Clowns."

People enjoy a good laugh every once in a while and with Tonisha and Corey around you can be sure that you will have your share.

"It's not really the jokes I tell, that's not really why they voted for me. It's when I'm there to cheer someone up, either a teacher or a friend," said Tonisha who was glad that people appreciated her good cheer.

Corey has his own philosophy, "Do your work but always keep a sense of humor." Corey is involved in concert choir, Dominants, and indoor and outdoor track, which gives him plenty of opportunities to get around and tell his wacky jokes. One last joke from Corey: Why can't you play cards in a jungle? Because of the cheetahs!





Tina Scott
Victoria Sedlacek
Rubilee Seeley
Melissa Self



Gregory Shaffer
Felecia Shands
Dennis Short
Stephanie Shrewsbury



Sinthia Shuler
Bryan Silvis
Denise Simcic
Brett Smith
Brian Smith
Jimmy Smith
Jacob Smoot
Paul Snyder

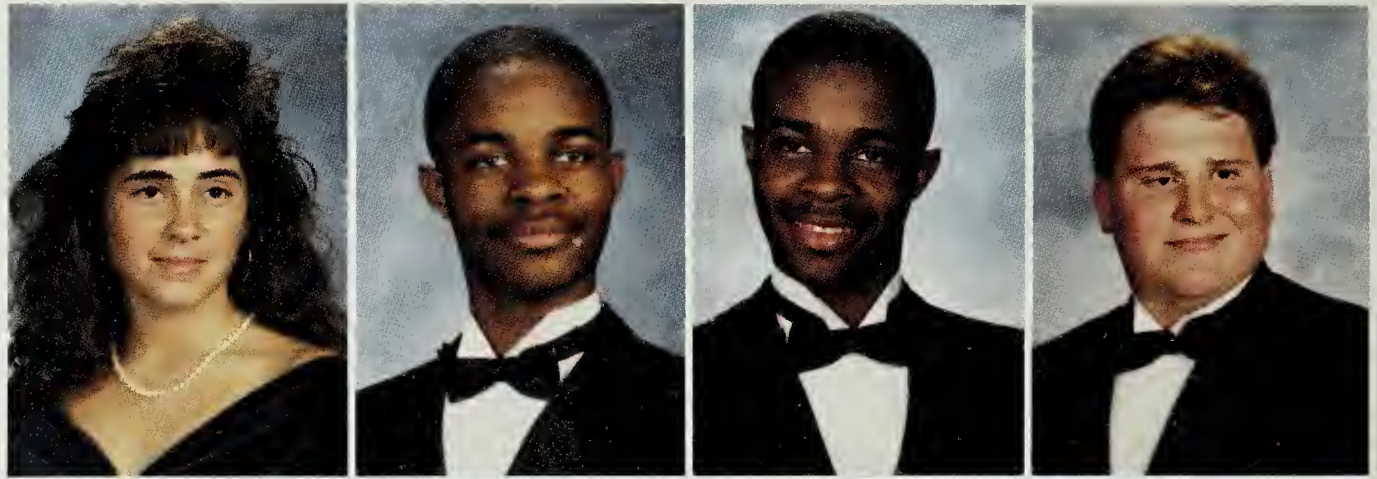


John Somers
Kelli Sorensen
Theresa Speck
Kenneth Spencer
Megan Sprouse
Michael Stafira
Jennifer Stambaugh
Christopher Stevens

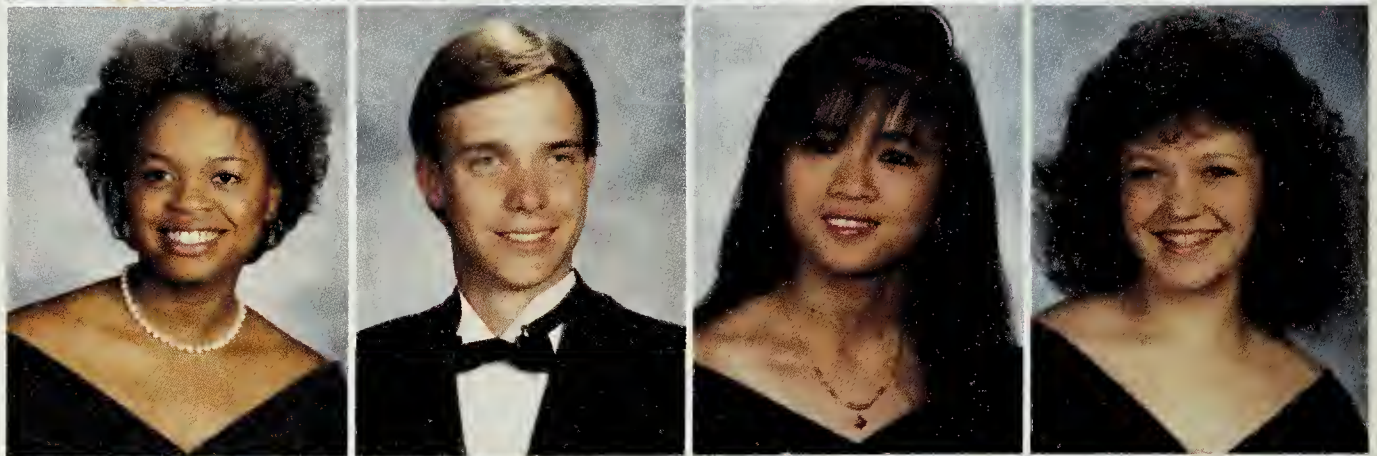


Jennifer Stevens
Sharon Stewart
Twaina Stewart
Bethany St. Laurent
Bobby Stocker
Brian Stoops
Carla Stowe
Cherrel Strange

Jennifer Struder
 Daniel Suggs
 Sean Suggs
 Matthew Sumpter
 Anthony Surbeck
 Susan Suslowicz
 Rachel Sutherland
 Thomas Sykes



Sharon Tate
 Brett Templeton
 Sue Thammavongsa
 Tammi Thomas
 Tammy Thomas
 George Thompson
 Jennifer Thompson
 Stephanie Thompson



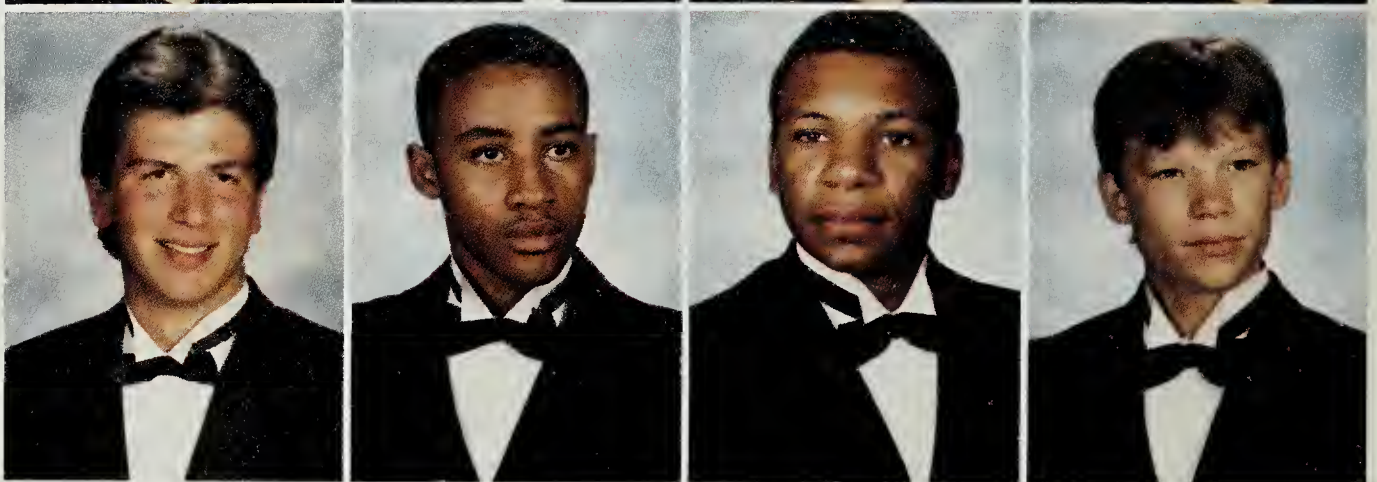
Jeffrey Thurston
 Stephanie Tiller
 Amy Tom
 Jefferson Tom
 Dennis Toole
 Susan Touset
 Shannon Twine
 Matthew Underwood



Robyn Utting
 Daniel VanGelder
 Tanya Vanover
 Carrie Vitko
 Michael Vito
 Patrick Wagnon
 Michelle Walter
 Paul Ward

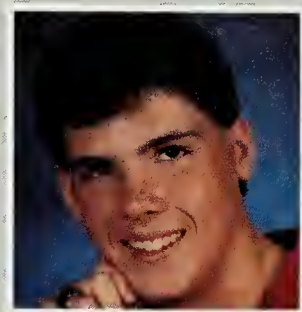


Ralph Warren
 Albert Washington
 Warren Watkins
 Shane Watson
 Angela Wayland
 Barbara West
 Jeffery Wheeler
 Elizabeth Whelan





Name the one thing you would want your fellow classmates to know about you. Why would their knowledge of this be important to you?



"I would like my classmates to know that I don't drink alcohol. I want them to know that you don't have to drink to have fun and that drinking can get you into more trouble than it's worth."

-Spencer Broce



"I want my friends to know how I appreciate growing up with them. I've realized how we all need friends, especially during the hard times."

-Ursula Perales

Great athletes in the making



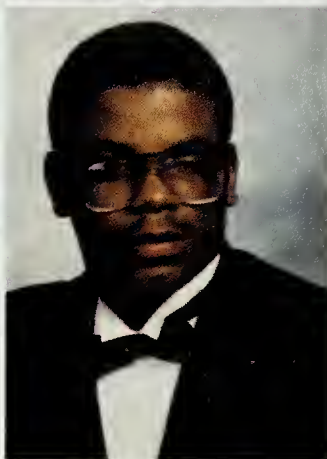
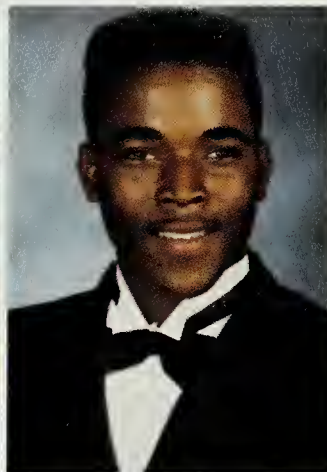
For years, sports has played a major role in the lives of people all over the world. For some, it is just a recreational activity, yet for others it is a way of life.

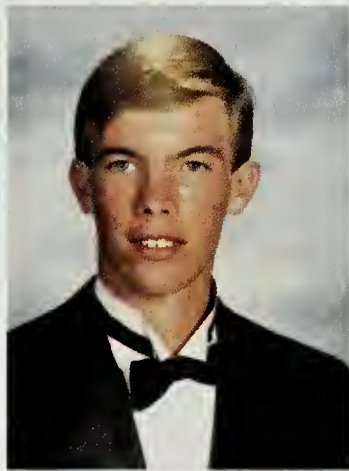
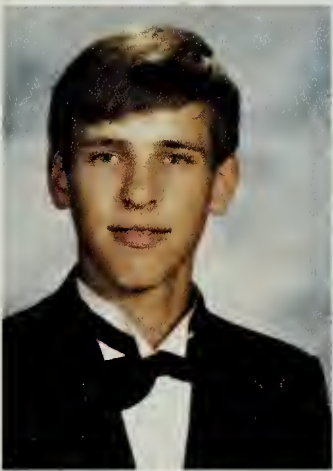
Stephanie Shrewsbury and Dennis Toole have proven that to them sports is a combination of both.

Dennis Toole feels that there is more to being Most Athletic than the title. One must play well and display good sportsmanship. He feels that sports is vital for becoming a well-rounded person. Dennis played football and ran indoor and outdoor track, for which he placed second in the State competition. "Hopefully, I will inspire younger generations to be active in sports."

Stephanie shows her all-around athletic ability by playing softball (4 years), basketball (2 years), and volleyball (3 years).

"Get involved in sports, it keeps you doing something and keeps you out of trouble," said Stephanie.





Gregory Whitaker
Petessa White
Ryan White
Chris Whitman



Roman Whitt
Vicki Willett
Christine Williams
David Williams



Jessica Williams
Russell Williams
Steven Williams
Toi Williams
Christine Wilmoth
Julianne Wise
Charlene Withers
Charles Wohlhueter



David Wolf
Kevin Woodfork
William Wudski
Kathryn Yachechko
Scott Yeary
Carin Young
Royce Zant
Susan Zeunges

Silence is golden



Though they might be quiet in school, Sherry Schooley and Rowland Marcello assure us that they are far from quiet outside of school.

True to character, they did not say much about being selected for Quietest of the senior class.

Rowland, who is on the Varsity football team and the Gar-field literary magazine said, "I was kind of suprised, I don't find myself to be all that quiet."

Being involved in DECA, fashion merchandising, and working at Peebles in her spare time, fills up most of Sherry's schedule. She also enjoys collecting fashion articles from newspapers and magazines and playing basketball. According to Sherry, if her parents could vote for quietest in the senior class, they wouldn't even think twice about voting for her.

Senioritis? Not me.

Senioritis, an unpreventable ailment that afflicts those of the senior class. Some claim immunity to senioritis. Unfortunately the disease shows no mercy, and eventually everyone is affected. It doesn't take

much for senioritis to kick in.

One can only take so much of the pressures and stress of school. Not to mention filling out infinite numbers of college applications. Worrying about college acceptance doesn't help to relieve ten-

sions. This is the perfect target for which senioritis attacks. Once you've been bitten, there's absolutely no hope. Until the effects wear off, students and faculty can only enjoy the uncrowded halls and better parking spaces..

Dyane Felts shows that a look of innocence is a sign of deviance. But who could possibly resist a smile like that?



As long as it doesn't concern schoolwork, Rachel Sutherland doesn't mind staying after school to talk with friends.

As they wait at the bottom of the stairs, Sam Hollrah, Sean Suggs, and Thomas Sykes keep their eyes out for any new beautiful faces.



Finishing that last minute homework she didn't quite complete the night before, Susan Zeunges frantically tries to get it done during her lunch period.

As Mr. Johnson explains the classwork to one of his students, Janet Held remembers when she had to wrack her brain trying to memorize historical dates.



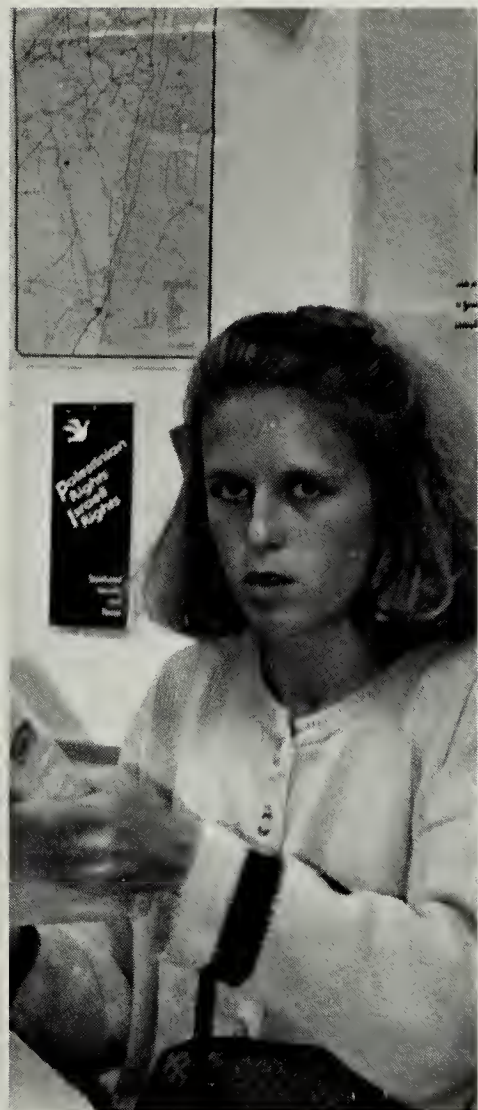
"Everyone is closer to their friends since it's our last year here."

-Thomas Schwalder

What has shown you that this is truly your senior year?

It's not that much different but we do get treated with a little more respect.

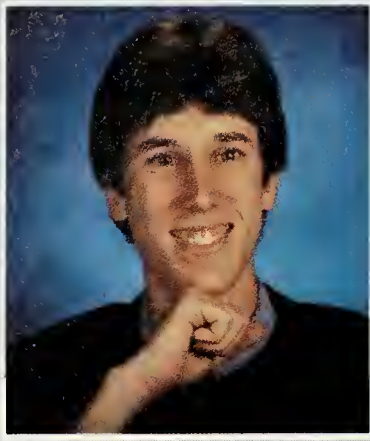
-Keith Sarna



Trying to catch up on the latest gossip, Debbie Dibble, Jennifer Leight, Alfonso Sanchez and Lucia Le manage to sneak a few bites between words.

Overwhelmed by the fact that another literature book was distributed in addition to the two required A.P. English books, Melissa Cushings wonders how she will ever manage to carry them all.

As we come to a close



"I have taken on a lot of responsibility which will help me in the future."

-Scott Richards

Famous last words . . .

"It's my last year. I'm trying to get out of here."

-Tawana Robinson

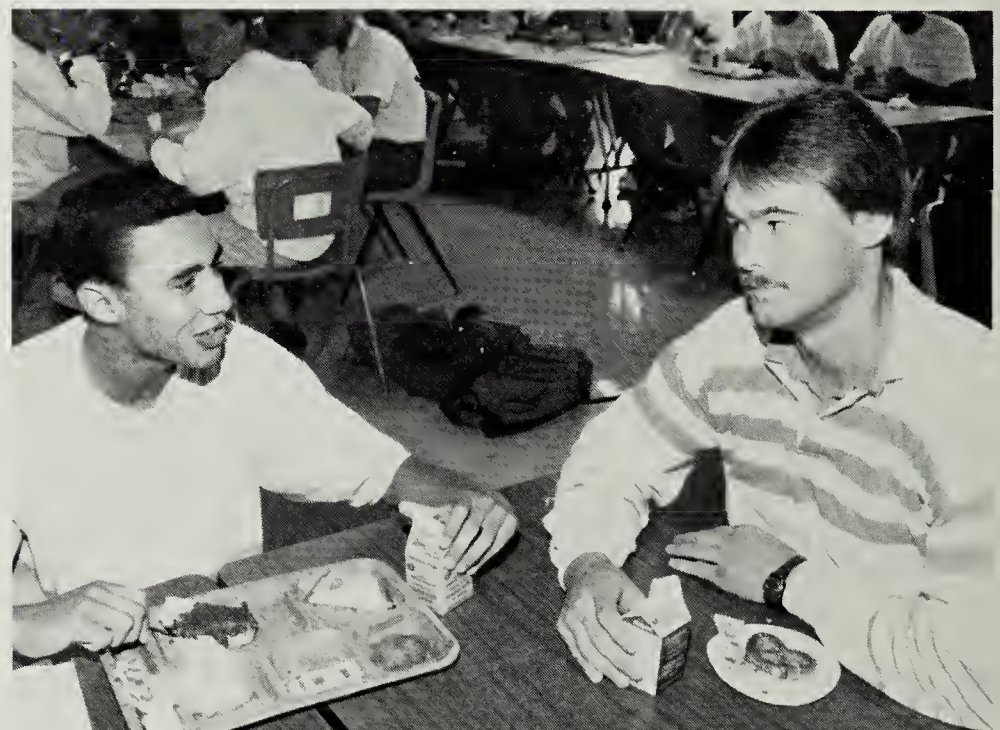


Not a minute to spare, Michael Adams spends every chance he gets to further enhance his knowledge.

Over a period of four long years, the senior class of 1990 has united as one. Though some came later on, they were warmly welcomed into our class which has grown and developed into one large family. There are those who will go off on their own and there are others who will stay within reach. No matter how it ends up the class of 1990 will never forget all the events that were shared among friends. Through good times and bad, the friendship has remained close-knit and will continue to stay that way. Everyone has learned the importance of friendship and its true value.



Leaving the cafeteria, Carol Bowe waits impatiently for her fellow companions.



Eating a well-rounded meal of grape icee and vanilla cake, Carlos Alvarez desperately attempts to convince Jeffrey Parker that school food has been proven to be edible.

Class of 1990: One Last Look



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27

"The senior class is responsible for setting an example for the underclassmen. They look up to us." - Chris Forster, senior class vice-president

Every spring, a group of hopefuls throw their hats into the ring of school politics. During this hectic week many posters can be found on the walls of G-F supporting various candidates. Then on the last day of campaigning, candidates running for SCA and class president muster up their courage and present their political platforms to the student body.

Tara Knight wowed the crowds with her personal, super-sized American Express card, urging everyone not to leave their classes without voting for her. After the votes were tallied up, Tara Knight won the SCA president position.

Tony Gamboa won SCA vice-president, and Car-

rie Vitko won SCA secretary.

"The best part of being a part of the SCA is bossing Mr. O'Shea around. That is why I am secretary and that is why my best friend is president. We like to see him suffer and torture him daily to the best of our abilities." commented Carrie jokingly.

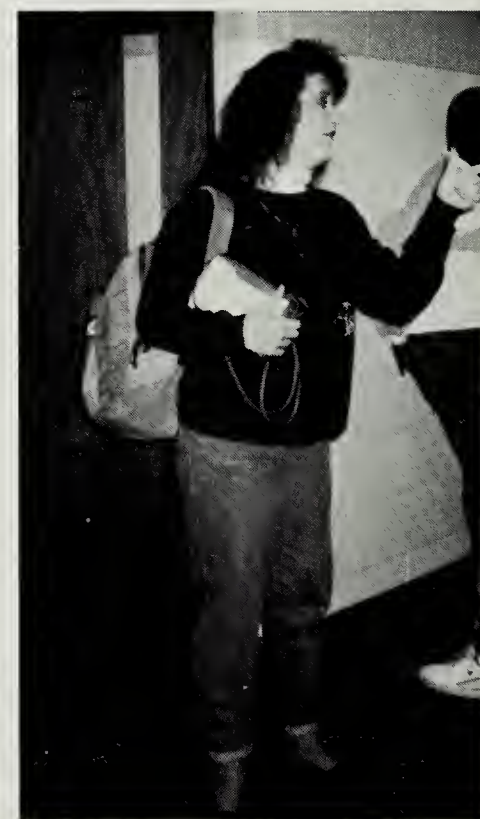
Seniors voted in John Somers as their class president, Chris Forster as the class vice-president, Jenn Peters as class secretary, and Roman Whitt as class treasurer. Roman said, "As treasurer of the senior class, I help plan the senior class trip and various senior activities. I'm glad to be able to represent my school as senior class officer."

Aside from planning the senior class trip, the class

officers are responsible for graduation speakers, the senior homecoming float and the after-graduation party theme. The after-graduation party of 1990 will be a first for Garfield. It will be sponsored and run by the parents association, the Tribe. "I'm really excited about the idea," commented Jenn Peters. "It sounds like a lot of fun. It's like the seniors' last fling with G-F before they go off to the real world."

Class office is not all fun and games, though. Senior class president John Somers said, "The job as senior class president is a great responsibility. Once you get to the top, no matter how much good you try to do, people will give heat. That's just the way things are."

SCA president Tara Knight reminds a fellow representative, in front of Mr. O'Shea's room, about the meeting after school to discuss upcoming events.



Always the first one to follow the school rules, class president John Somers takes off his hat as he entered the building for another day of intensified instruction and discipline.



Anxious to get out of math and get to his favorite class yearbook, class vice-president Chris Forster zips up his book bag ready to dash off as the bell rings.



Taking time out from their busy schedules, class treasurer Roman Whitt and SCA secretary Carrie Vitko break the "P.D.A." rule and embrace in public.



Looking up from her busy calendar to see if she can sandwich yet another class meeting in is Jenn Peters, three year class secretary.

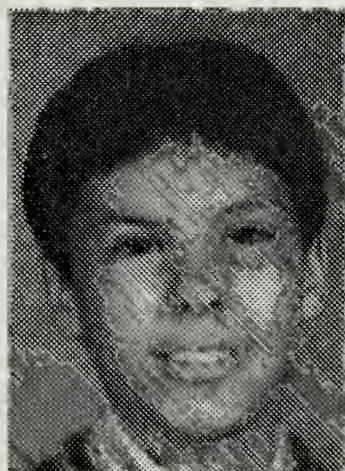


Drew Ashley



Cindy Bowling

Time Warp into the



David Bailey



Shannon Bjork



Steve Balcomb

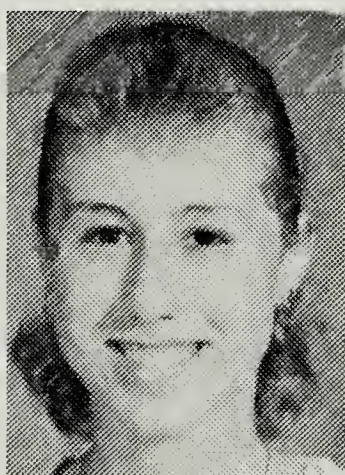


Michelle Cadwalader



Donald Campbell

Hall Of Shame



Victoria Sedlacek



Trevor Cowgill

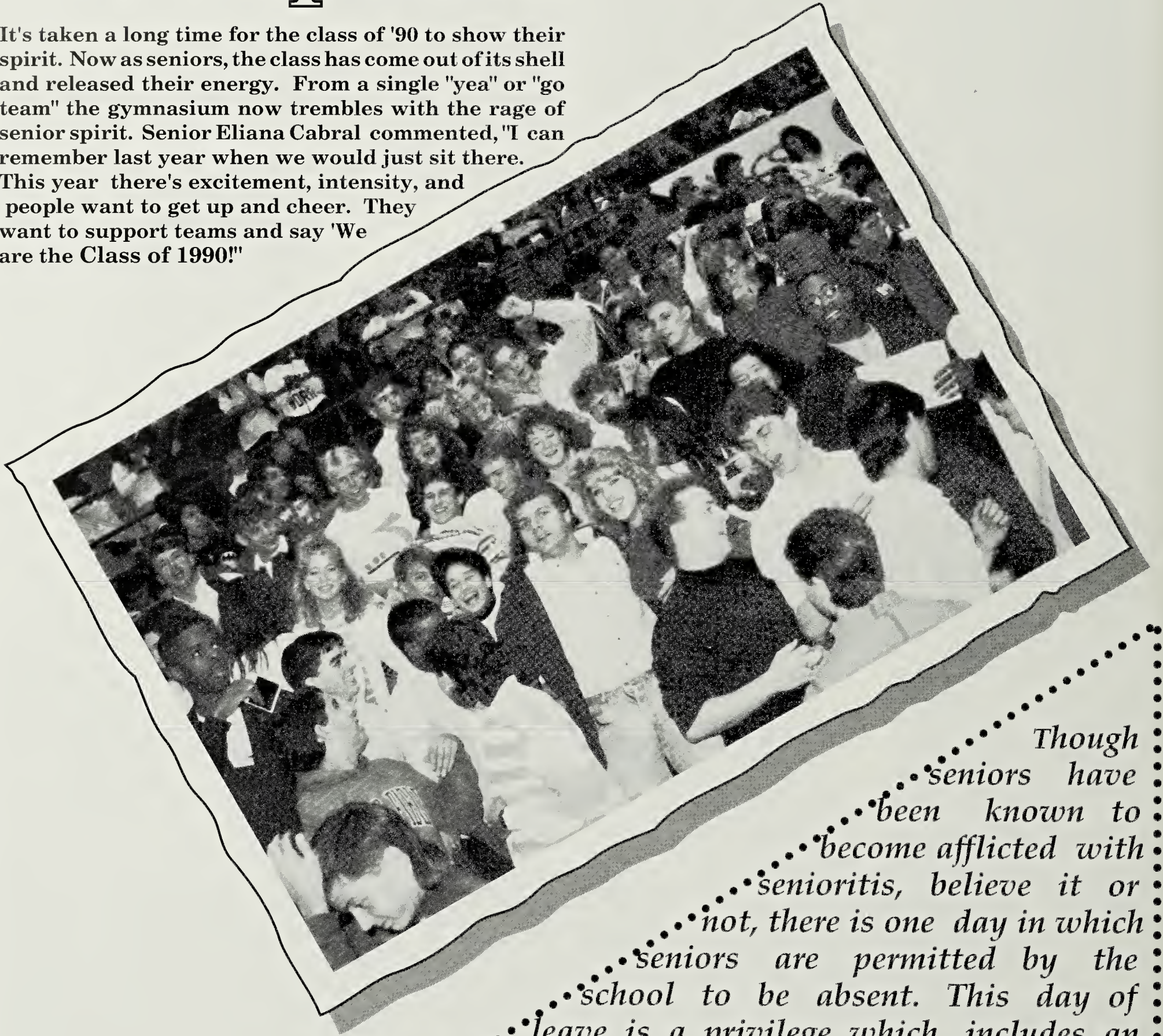


Elizabeth Whelan

Recognize these familiar faces? Just when everyone thought that freshman year was dead and gone, they are reminded of it once again. What's a better way to remember the year than with those oh-so-embarrassing freshman pictures?

'90 Spirit

It's taken a long time for the class of '90 to show their spirit. Now as seniors, the class has come out of its shell and released their energy. From a single "yea" or "go team" the gymnasium now trembles with the rage of senior spirit. Senior Eliana Cabral commented, "I can remember last year when we would just sit there. This year there's excitement, intensity, and people want to get up and cheer. They want to support teams and say 'We are the Class of 1990!'"



Though seniors have been known to become afflicted with senioritis, believe it or not, there is one day in which seniors are permitted by the school to be absent. This day of leave is a privilege which includes an optional field trip. This year's trip is destined for Hershey Park, though some seniors stated that they planned on visiting the beaches on senior skip day. The official skip day is supposed to be exactly 90 days before graduation. On this note, Mr. Dallek proclaimed that he possesses the authority to take away any senior privileges if there is an unusual number of absences on any given day. This was said as a precautionary measure against attacks of senioritis.

\$ Money is Everything \$

Those who expected their senior year to be a breeze had another thing coming. The cost of living is nothing, compared to the cost of being a senior.

First comes senior pictures. Taken in the summer previous to the senior year, they are tokens of memory that can literally wipe out your wallet. Ranging anywhere from a mere \$60 to an enormous \$300, these pictures are a must for seniors. Distributed among friends and family, pictures last a lifetime and will be cherished for years beyond high school.

Then comes graduation announcements and class rings (if it wasn't purchased in the sophomore or junior year). This is when the feeling of being a senior truly sets in as one orders the apparell to be worn at graduation. The cap and gown cost approximately \$9. However, that didn't include the cost of graduation announcements, envelopes, mugs, mini diplomas, tassles, key-chains, and the variety of other keepsakes. Depending on your budget and taste, the total expense of graduation accesories could amount to well over a hundred dollars.

These are all senior necessities. In addition, extra-curricular activities such as Model UN, journalism, yearbook, and fashion merchandising, offer a number of field trips to places such as The University of Virginia and New York. Depending on the amount of fundraising activities, the cost of these trips were about \$100 to \$300. Though these trips were optional, many seniors attended them, and some of their parents felt the dent in their pockets.

Last but not least is the unforgettable Beach Week. Many seniors might start sav-



Patiently waiting, Gregory Lincoln steps forward to place his order for his graduation announcements.

ing money around January for this long awaited event. Enough money must be scrapped up to cover the costs of hotel reservations, food, gas, and other miscellaneous needs. Depending on the length of vacation, the costs for Beach Week are tremendous. One could buy an entire new wardrobe or a plane ticket to the west coast with the money spent during Beach Week.

It may seem a bit foolish to be spending this kind of money when seniors should be preparing for college. However, it is kept in mind that this is the time of one's life that only occurs once. Money isn't the issue because the memories will last forever and are of priceless value. ■C&T

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Quiz:

Senioritis, could you have it?

1. You wake up and it's cloudy and cold out. You:

- a) decide you can't handle going to school and stay in bed all day.
- b) get up cheerfully because you know you're going to have a great day at school.
- c) drag yourself out of bed and go to school because you don't want to disappoint your friends.

2. Your work place is having a party on Wednesday. You really want to go, but it doesn't start until 9:00pm. You:

- a) go but come home at 10:30pm because you still have some school work to finish.
- b) decide not to go because you know you have school the next day.
- c) party all night; who cares about school?

3. As your english teacher lectures you about Shakespeare and the Elizabethan Age, you think to yourself:

- a) Why do I need to be in school when I could be making money by working?
- b) I better pay attention because this could be important.
- c) Go ahead and day-dream. You can always rent the movie.

4. You come home from school and when you look through the mail, you spot and acceptance letter from a college you applied to in the fall. You:

- a) hide it and hope your parents to find out.
- b) rip it open and call all your friends to tell them the good news.
- c) open it but don't think much about it.

5. In what order would you do these after school activities?

- a) do your homework
- b) visit your friends
- c) do your own personal running around to get things done.

6. You have a job that pays \$6.00 an hour but your grades are slipping. You:

- a) quit your job in order to have a social life and keep your grades high.
- b) cut back on your social life so that you have more time to study.
- c) decide that one grading period's not going to hurt you.

7. It's the last grading period of the year and you've already been accepted to a college. You:

- a) decide that summer vacation starts now.
- b) work to maintain the same grades you've been getting.

c) let your grades slide just a little. After all, you deserve a break.

8. You attend school mainly for:

- a) education
- b) social life
- c) your parents

9. You feel your senior year is:

- a) the best year in your life.
- b) just like all the other years.
- c) a waste of time

10. If you could graduate before the end of the year, would you quit earlier?

- a) yes
- b) no

.....

Now check your answers:

- | | | |
|---------------|------------|------------|
| 1. a. 3 | b. 1 | c. 2 |
| 2. a. 1 | b. 2 | c. 3 |
| 3. a. 3 | b. 1 | c. 2 |
| 4. a. 3 | b. 1 | c. 2 |
| 5. a, b, c. 1 | b, c, a. 3 | c, a, b. 2 |
| 6. a. 1 | b. 2 | c. 3 |
| 7. a. 3 | b. 1 | c. 2 |
| 8. a. 1 | b. 2 | c. 3 |
| 9. a. 1 | b. 2 | c. 3 |
| 10. yes. 2 | no. 1 | |

.....

If you scored:

29-23 Those of you who scored this high definitely have senioritis. Not only do you want to get out of school but you don't even want to think about your future. This can be a dan-

gerous thing. Without college or vocational training there is a slim chance of survival in the real world. Another thing you might think about when you don't want to go to school is that this is the last year you will have in the safe and protected environment of high school. It's a lot tougher out there so try to make the best of it while you still can.

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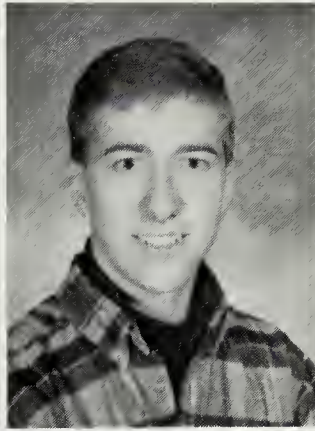
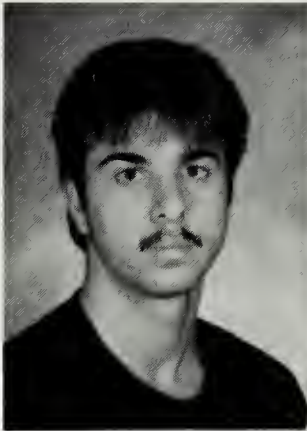
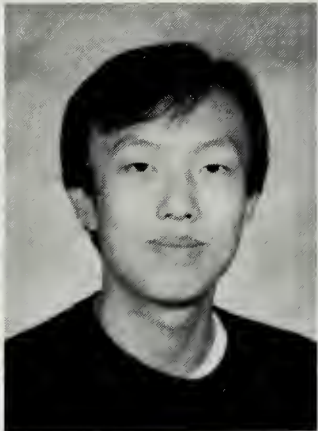
22-16 You have just a touch of senioritis and you are letting things go just a little bit. Keep pumping out those good grades even if it means you have to give up a little to do it. Your attitude towards school is pretty good but you should try to go to school more for yourself rather than for your friends or parents.

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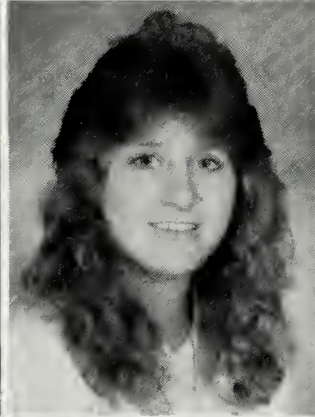
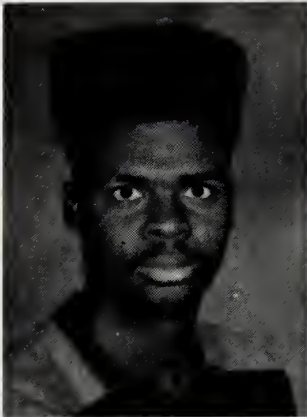
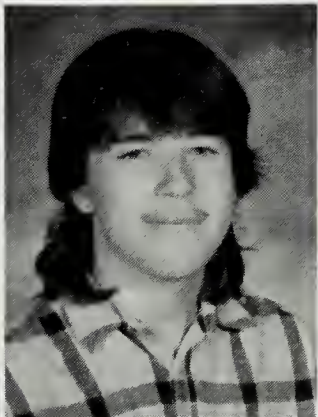
15-10 You have absolutely no senioritis. You get your regular grades and still have fun doing it. This is the best attitude to have. Not only do you look forward to going to school now, you are also looking forward to a bright and successful future. There is one thing you can do for your senioritis ridden friends and that is to help motivate them.

Better Late Than Never!

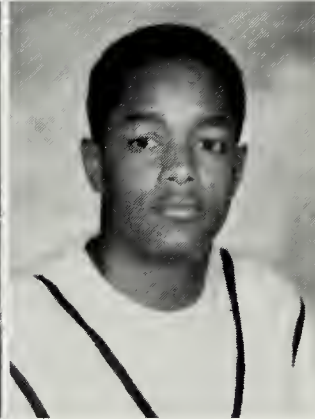
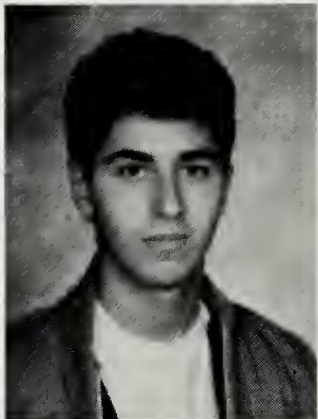
Last but not least . . .



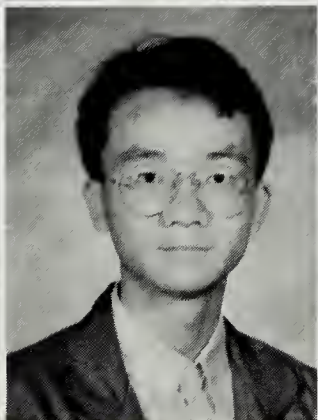
Allen, Kenni
An, Young-Sun
Devito, Anthony
Garcia, Menchu
Gokey, Brian



Hays, Katt
Huff, Mark
Jones Christopher
Koon, Kevin
Lawhorn, Tracey



Le, Lucia
Medawar, Fadi
Mireles, Stephanie
Moraes, Janet
Pendergrass, Daniel



Sanchez, Alfonso
Szeto, Chun-Fal
Thorkmorton, Robert
Zapata, Erika



The Choice of a New Generation

It's hard to believe that four long years of high school are almost behind us as the seniors in the class of 1990 prepare to move ahead into the new decade.

College conjures up many new dreams, high hopes, and for some, a sense of intimidation. The senior year is spent stressing over which colleges to apply to and worrying about to which ones you will get accepted to. Applications and interviews are all part of the long and tedious process. Some students were fortunate enough to visit the colleges they

During a visit to Fordham college in New York, Katie Burrell takes a minute to pose for a quick shot.

applied to.

Many students said they were anxious and eager to experience college life and were looking forward to at-

tending college.

"I'm looking forward to a new experience and to meeting new people," said Dennis Krell. Steve Ques-

enberry is excited about college for other reasons, "I'll probably go to Gardner-Webb where I hope to get an athletic scholarship."



College Night proved to be a worthy cause as Stacey Bittner, and her father wandered through the school getting information about colleges.

Sporting his favorite college t-shirt, Lewis Forest takes time during his lunch period to talk amongst his friends to see where they will be headed for college.

When '89 is dead and gone, the Class of '90 carries on



What is it like to be in each other's shoes? Mona Davidson and Geoff Gulliver tried it out as their spirit on "opposite day" during spirit week.

'90



Always one to "go with the flow", Evan Miller waits in the infamous Taco Bell to find out what everyone is doing next.



Already accepted to the college of their choices, Joe Emling, Tony Gamboa, and Tam Le spend the rest of the class period talking about plans for summer vacation.

Taking a well-deserved break, Jeannie Schmect and Roman Whitt take a minute to show off their hard work on the decorations for the Homecoming game.



So Much To Do, So Little Time!

One of the most common conflicts between teenagers and their parents is the issue of curfews. Reasonable curfews according to teenagers are not necessarily considered reasonable by parents. Teens like to think of themselves as responsible, young adults, who can take care of themselves. However, parents don't always agree.

For some of the luckier people, the word curfew is not part of their vocabulary. However, most people have to be home around the same time, which may range anywhere from 12:00 to 1:30. Extended curfews are exceptions as a result of Homecoming, Prom, or some other out of the ordinary event.

Senior Carrie Vitko said, "My parents like me to be home at 12:30, but my actual curfew is around 1:00; 1:30 with a good excuse."

Senior Jennifer Orndorff has a later curfew. "If I go to any parties or anything like that, 2:00 a.m. is the latest. If I'm just with a couple friends and just seeing a movie or shopping, I usually try to be home no later than 12:00," replied Orndorff.

Though it may not always seem fair, parents are always prepared to back up and support their final decisions. Whether it be the fear of drunk drivers, or the crazy people that roam at night, they only try to do what they feel is best for their child.

"My parents say that the reason I have a curfew is not because they don't trust me, but because they don't trust everyone else," said Vitko. At times, she might want to argue but feels that that's probably what parents are supposed to do.

Orndorff said that the issue of curfews has never really been brought up by her parents. "I

don't drink, do drugs, or act really stupid when I do go out, so my parents trust me enough for me to decide what is a reasonable time for me to be home," Orndorff said to explain her lenient curfew.

Teenagers would like to have their curfews to revolve around their activities. It's disappointing for someone to have to leave the party just when it's really starting.

"I'm not really satisfied with my curfew. I guess 1:00 is okay, especially for a girl (double standard), but it still seems like I always have to leave right when the fun starts," commented

They have so much more freedom and can have a good time without watching the clock. --Carrie Vitko

Vitko.

Sometimes it's just impossible to break away from the fun and then curfews get ignored. According to Vitko, the only way for her to get away with being late, is "with a surefire excuse which is not hard since my parents are very gullible. When I break my curfew, they usually just tell me that they were very worried and not to do it again. However, that is after I have given them a class A sob story," said Vitko.

Vitko explains that if she could set her own curfew, it would depend on who she was with and what they were doing. As far as teens who have no curfew, Vitko comments, "I am very jealous of kids without curfews. They have so much more freedom and can have a good time without watching the clock." C&T

It's better than eating in the cafeteria - Laura Glese

After waiting in lines that would make the Soviet Union's look like the Express lane at Giant, facing the cafeteria cuisine, and fighting past the crowds at the tables, seniors had a chance to retreat to the senior lounge at lunch this year. "It's peaceful and we're not bothered by nerdy little freshmen," said Janet Held, a

lounge regular.

The lounge is in the ESL room and is available to seniors before first period and during all three lunch shifts. Seniors have use of the lounge provided they keep it clean, and don't disturb any of the teachers.

As one of the privileges that the senior class advisory

board petitioned for this year, the lounge gives seniors a little release from the rest of Gar-Field, it provides opportunities to eat lunch and study in peace. "It's the only place to study," comments Osie Brown. Amy Burns agrees. "You don't have to sit on the floor, and it's generally quieter than the hallway."

This year, to the delight of many, a jukebox was added to the lounge, courtesy of Mr. Dallek who wrote that the seniors had earned the privilege. Senior Lisa Schmeiser commented, "Great. We earned the privilege for a juke box. Maybe next year's class will have the privilege of playing real music and not country on it."

Time Flies

January 31, 1986. The U.S. space shuttle Challenger explodes 74 seconds after liftoff. Christa McAuliffe, who was a school teacher, was the first civilian to go into space. She was just one of the seven crew members aboard the flight. Out of all the events that took place in the 80's, high school students dubbed this event as the most significant.

February 27, 1986. Ferdinand Marcos, the once leader of the Philippines, was exposed after diverting millions of dollars of government money to his own bank account. He fled to Hawaii where he was put under house arrest.

**In 1987,
only
73.1% of
American stu-
dents
graduated
from
high
school.**

November 30, 1986. The Reagan Administration plunges into the worst scandal since the Watergate: the Iran-Contra Affair.* The National Security Council sold arms to Iran and gave Iranian funds to Nicaraguan Rebels. One man who was involved and convicted on May 4, 1989 was Oliver North. He was charged with shredding official documents and lying to investigators.
* Taken from *The World Almanac and Book of Facts for 1990.*

April 26, 1986. The Soviet Union undergoes a major nuclear accident at Chernobyl. The Kremlin denies the disaster.

November 1989. For years the 'iron curtain' has kept the Communist half of Berlin well protected from losing population to the more democratic world of West Berlin. With the new premier, Gorbachev, in office and his Glasnost program there have been some major changes in the Communist countries under his rule, especially in East Germany. In November, the once heavily guarded gates of the East German border were opened to emigration of the populace. Millions of East Germans sold their possessions and flooded the border with hopes that they would be able to get through to the other side. Not only were the gates of freedom opened but the famous Berlin Wall was torn down. It was definitely a month of change for Eastern Europe.

The most prominent natural disasters in America happened in October of 1989. A hurricane named Hugo hit South Carolina and the Caribbean killing 50 people and causing irreparable damages. The second disaster was an earthquake that hit the San Francisco Bay area in California, damaging property and killing at least 59 people.

***By 1989,
40,000
Americans
have AIDS
and 100,000
to 200,000
have the vi-
rus.**

*taken from The World Almanac
and Book of Facts for 1990.*

Anxiously awaiting their turn to be seniors, students survived the pressures of being **Underclassmen**

Being an underclassman is a challenging time. You learn new things that can help you in the future even though you may not understand or use them now. In a couple years you might understand what people meant when they advised you not to do something.

They were sometimes right about what they had said, but to you, nothing you did was wrong. But if on occasion you were wrong, you would seldom admit it.

Every year, Gar-Field has seen many new faces. Being

here for four years is important for many students. The first two years seem to be the hardest for most.

Being a freshman is a very difficult time, but in reality, most of us get through it fine, for the most part at least.

A bigger school, and confusing layout doesn't make things easier, nor does upperclassmen reminding them of their inferiority.

But there are some good things about being a freshman or even sophomore.

Being able to plead inno-

cense to every rule that is broken, students somehow convince administration and faculty of their newness to the school and their unawareness of the rules.

Being an underclassman has good and bad things about it. One thing all underclassmen wait for is entering the twelfth grade where they no longer will be known as the underclassman.

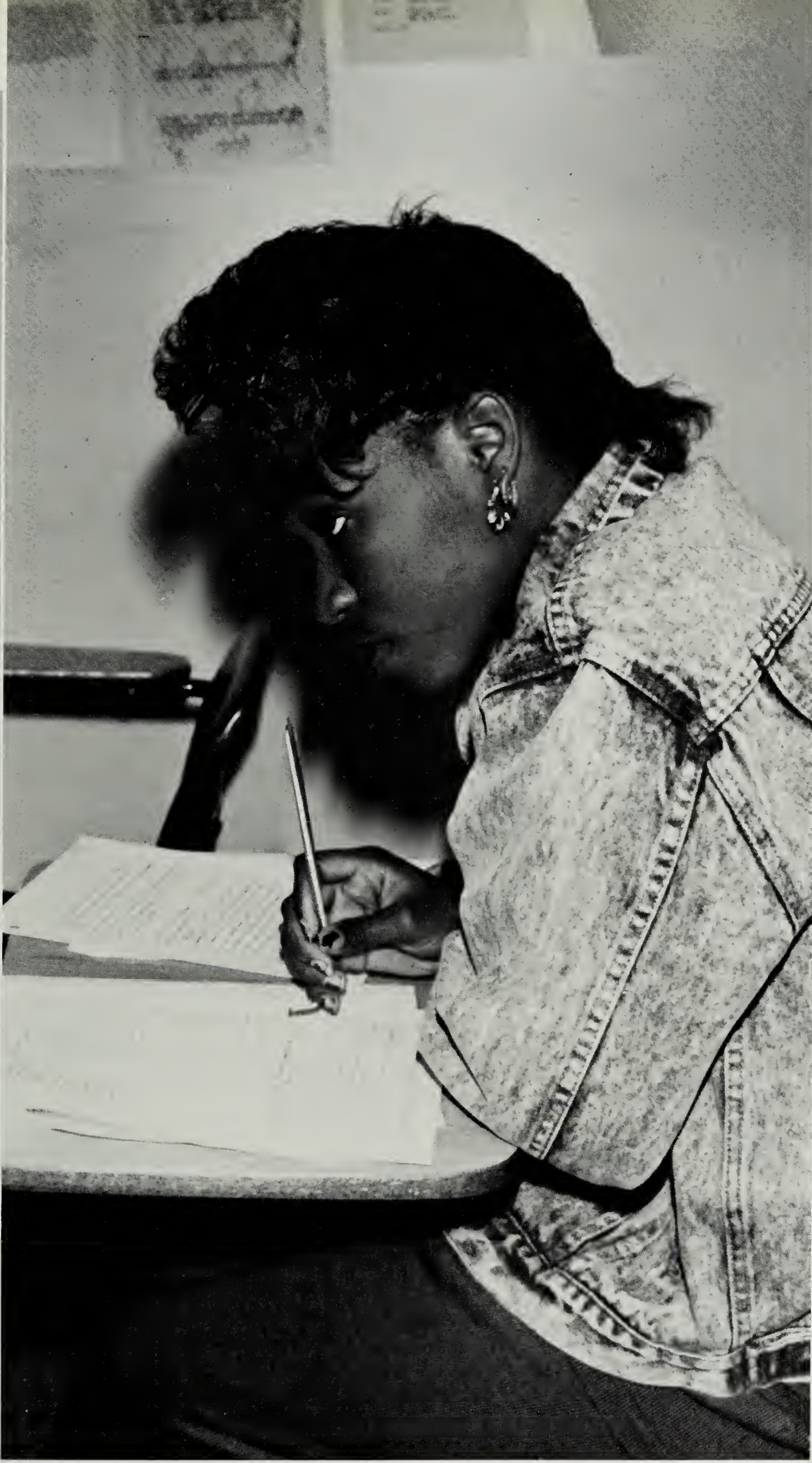
When they make it there, the ridicule they received for being younger, will be worth it. They'll lose their title as new kids to become seniors.



Erika Zapata begins to relax and enjoy her conversation with classmates.

Studying in the hallway Mike Childers catches up on some homework.



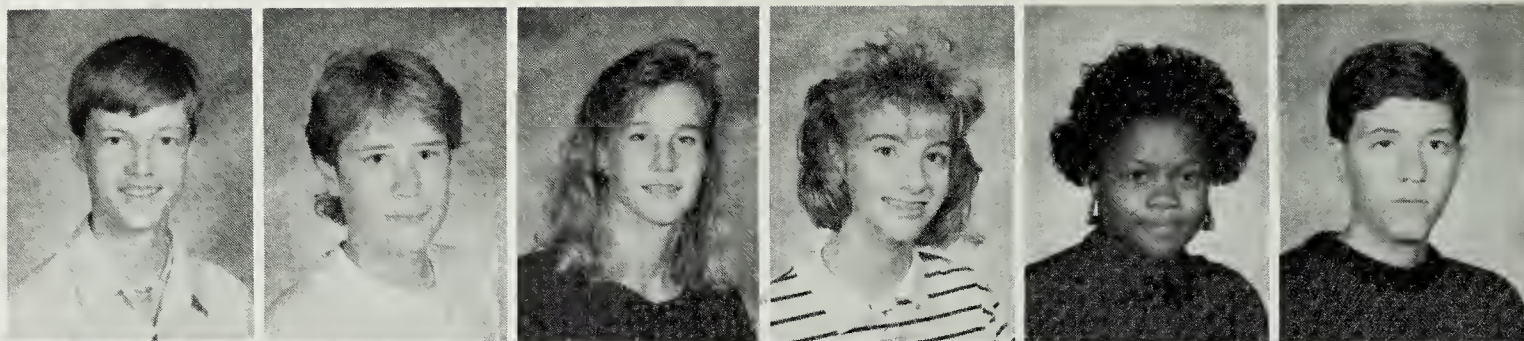


U n d e r c l a s s m e n

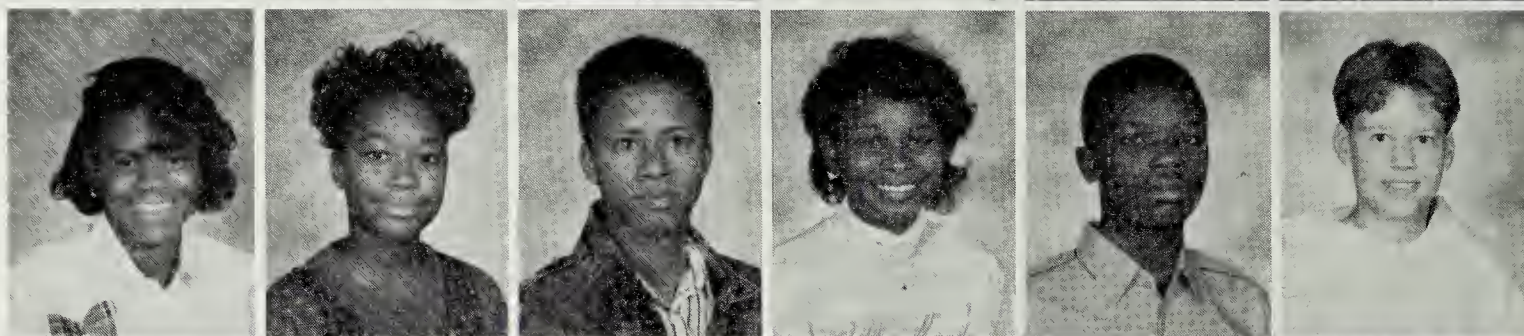


Listening very carefully to the instruction, sophomore Amesia Parks still looks confused.

Chris Abbott (10)
 Roger Ace (11)
 Maryelaine Ackerman (11)
 Kathryn Acord (9)
 Crystal Adam (9)
 Jeremy Adams (9)



Sophia Adams (11)
 Jamelle Adamson (10)
 Edward Addapong (11)
 Edna Addo (11)
 Leonard Addo (10)
 Chuck Adkinson (9)



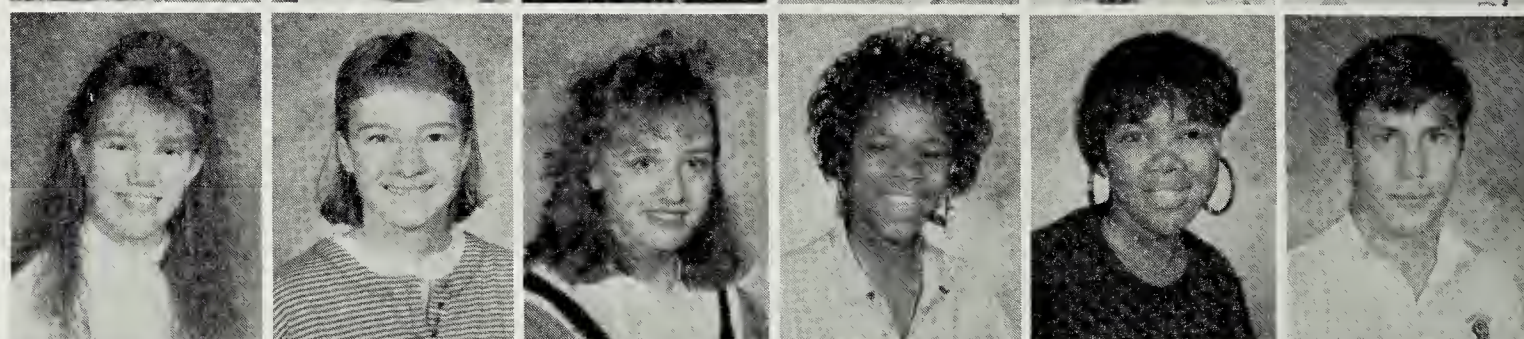
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 Greg Affeldt (9)
 Brian Affricano (11)
 Sulatana Afrooz (10)
 Wequar Ahmed (10)
 Joanna Aiken (11)



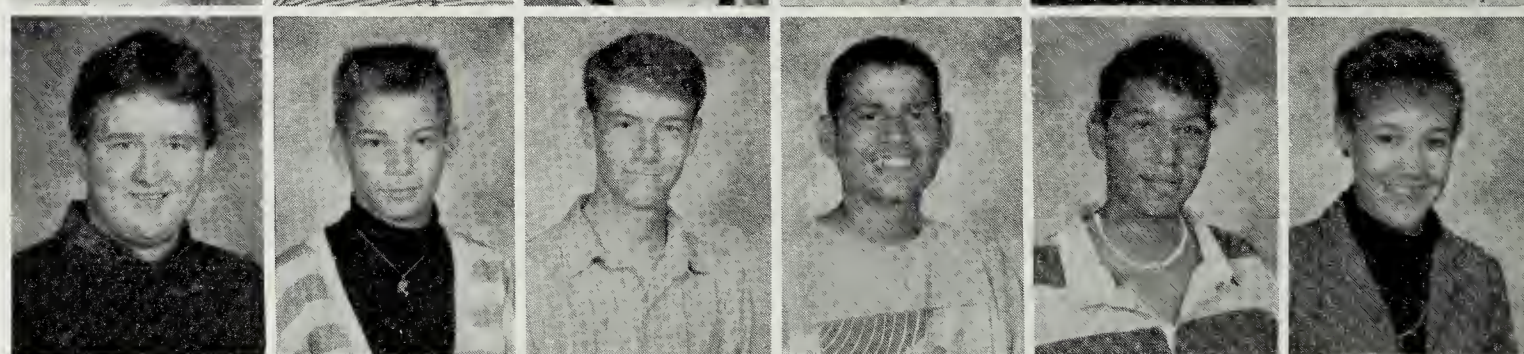
Sabrina Akins (11)
 Funmilayo Akinsanya (11)
 Jason Alba (11)
 Brian Albers (10)
 Dawn Alborn (9)
 Krista Aldrich (10)



Nicole Aldrich (10)
 Gretchen Aldridge (9)
 Rachel Aldridge (9)
 Bernadine Alexander (11)
 Bernatria Alexander (10)
 Mark Alexander (10)

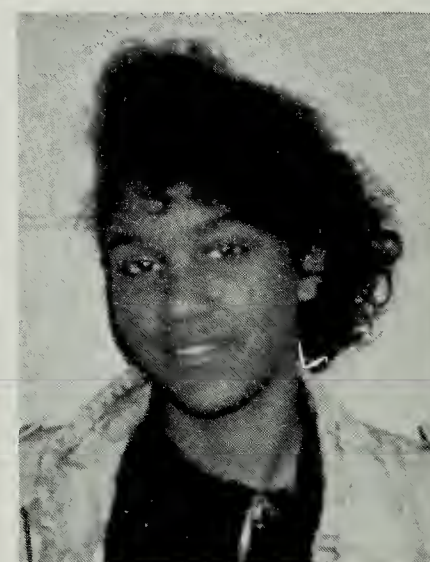


Timothy Alexander (10)
 Brian Alford (11)
 John Alford (10)
 Karamat Ali (9)
 Sheri Alicea (10)
 Suzanne Alicie (10)



"The wildest thing I did this summer was going to the movies with guys I did not know."

Freshman Crystal White





Vacation places vary

At the end of the school year, many students went on vacations.

Some students went away to visit their relatives and friends. "I went to California, because I had friends back there and to see my relatives," said junior Ryan Pruitt. "I went by myself, because I wanted to see one of my friends. I went to the beach with my old friends, and I stayed there for half of the summer. Once I got there I

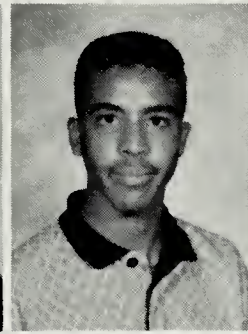
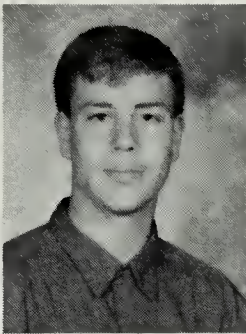
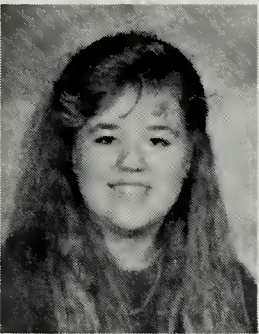
didn't want to leave all of my friends."

Many vacationers went to nearby beaches. "I went to Ocean City, because my boyfriend took me there," said junior Joanne Federico.

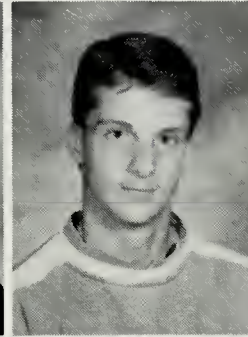
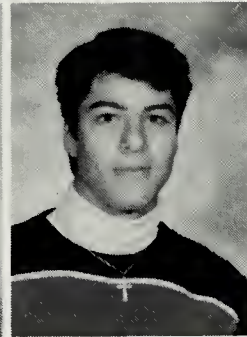
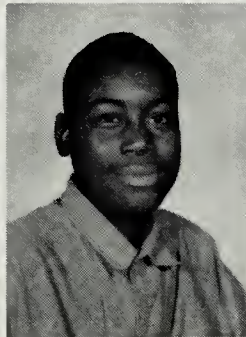
"I went to North Carolina with my family," said junior Jason Morrow. "It was nice to get away; I stayed on the beach and met new people."

Junior Bonny Higgins spent her vacation enjoying nature. "I went to the Poconos International, because there was a Nascar race and the Shenandoah Mountains for camping. They were both a birthday present."

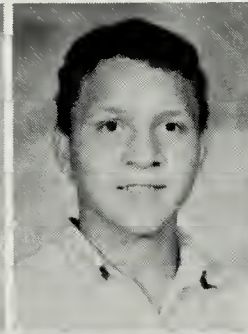
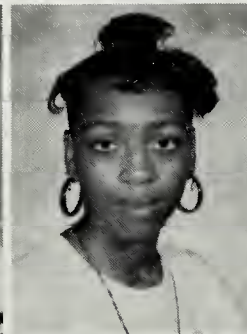
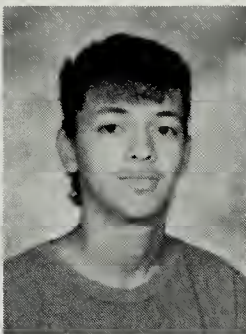
Taking advantage of the sun at the beach are sophomores Michael Crossett and Daniel Barboza.



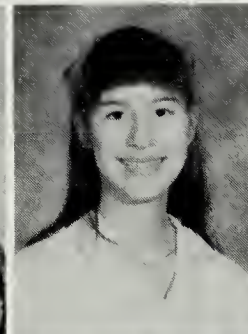
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Glenn Allen (11)
Matt Allen (10)
Steven Allen (11)
Mike Asonso (10)



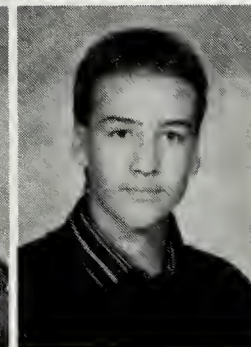
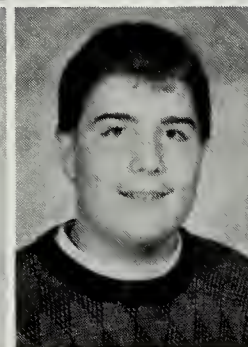
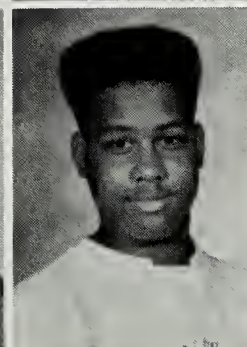
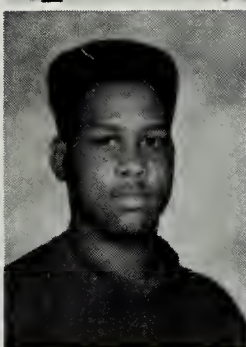
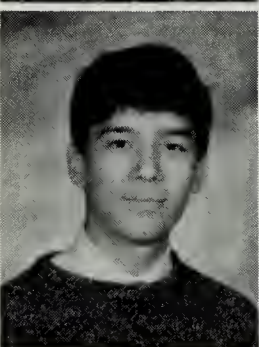
Kindrer Alonzo (10)
Bryan Altizer (11)
Branden Alvares (9)
Michael Alves (11)
Jesse Amidon (10)
Chada Andersh (10)



Bryan Anderson (10)
David Anderson (11)
Dicki Anderson (9)
Desiree Anderson (10)
John Anderson (10)
Leon Anderson (9)



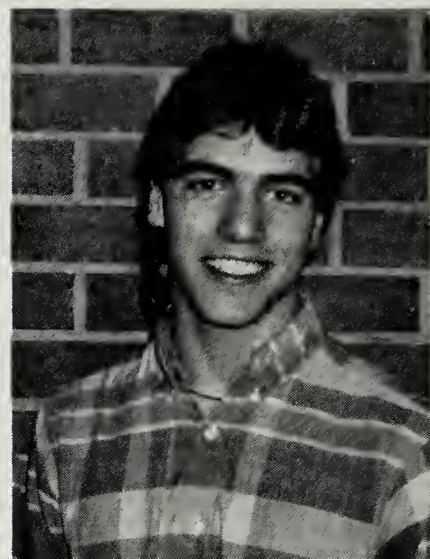
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Tatia Anderson (10)
Cathy Ando (9)
Bobby Andrade (9)
Rachel Andrade (10)
Laura Angiollilo (10)



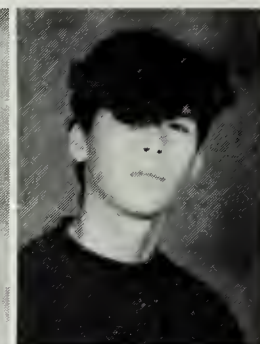
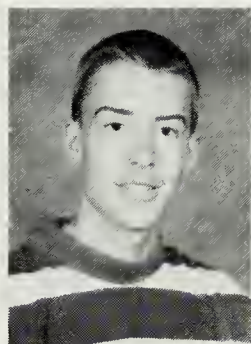
Brian Anthon (11)
Frederick Anthony (9)
Patricia Anthony (11)
Troy Anthony (9)
Carl Antolick (10)
Troy Appel (10)

"I would like to be a successful person dealing with money. In order to enter the career of my choice, I know that I will need a good education. I will have to make wise financial decisions."

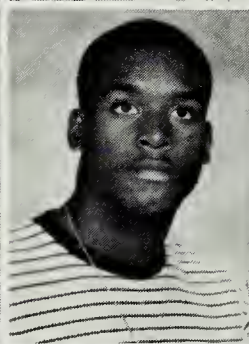
Sophomore Rich Bennett



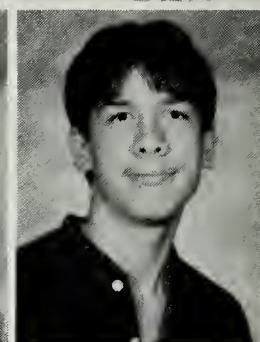
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Tiffany Archer (9)
Reem Arkawi (10)
Melissa Armstrong (11)
Jennifer Arnold (11)
Ismael Arrieta (10)



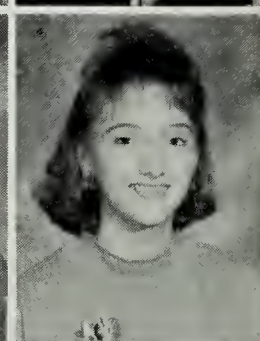
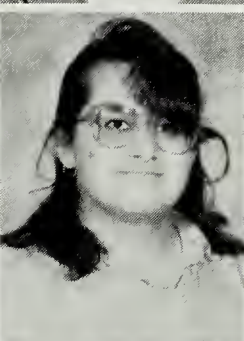
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Billy Ashby (11)
Amy Ashley (10)
Latroy Askew (11)
Michale Asuncion (10)
Atienza Dexter (9)



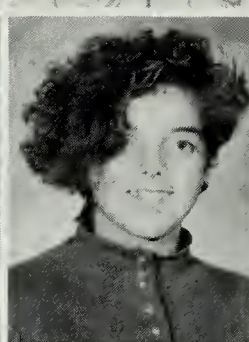
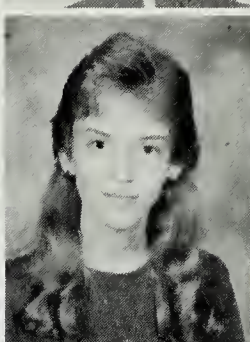
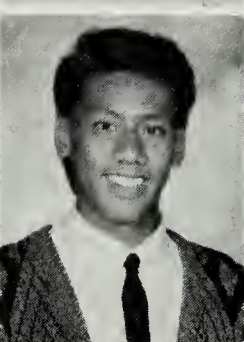
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Sandra Atseff (10)
Barett Atwood (9)
Rene Aumada (10)
Jorma Auburn (11)
Jeremy Auville (9)



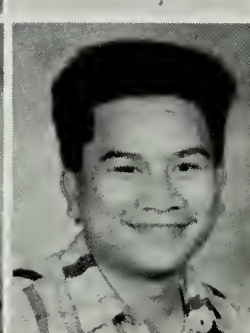
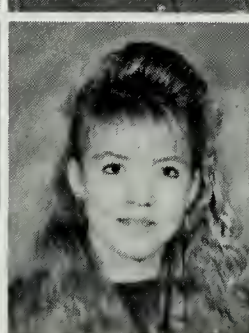
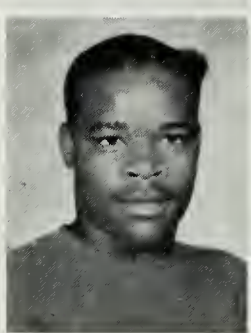
Belen Avey (11)
Yalda Azimi (10)
Matt Bachman (11)
Sheri Bailey (9)
David Baker (9)
Roth Baker (9)



Susan Baker (9)
Rene Balanga (10)
Deborah Balderson (9)
Shannon Ball (10)
Trey Ball (11)
Carmen Banks (10)



Damon Banks (9)
Daryl Banks (10)
Timothy Banks (9)
Alea Banta (11)
Dan Bao (11)
Armand Bapple (9)





Jay Bapple (10)
Maurice Barbour (10)
Preston Barbour (9)
Dana Barboza (9)
Robert Barclay (10)
Brandon Barger (11)

Curtis Barger (10)
Nicole Barley (9)
Sarah Barnes (9)
Tara Barnes (10)
Erik Barnhart (11)
Brian Barr (11)

Allison Barrett (10)
Julie Bartlett (9)
Monica Basford (9)
Brian Bassett (11)
Eric Bates (10)
Steven Battenfeld (11)

Valerie Bates (11)
Randy Baucom (11)
Tina Bauer (11)
Shelly Baughman (9)
April Baumgarten (9)
Afua Bawuab (10)

Chris Baxter (9)
Ebony Baynes (10)
Monique Beak (9)
Charleata Beale (11)
Shannon Beale (11)
Jennifer Beall (9)



Students work to earn money

When the final bell rang at the end of the day, not everybody headed home.

For many students the end of school meant only the beginning of work. With Potomac Mills Mall and several other shopping centers so close to the school, people didn't have any problems finding some place close by to work.

Although it wasn't difficult for people to find jobs; there was often a real challenge for

people to juggle the responsibilities of school, work, family and social life.

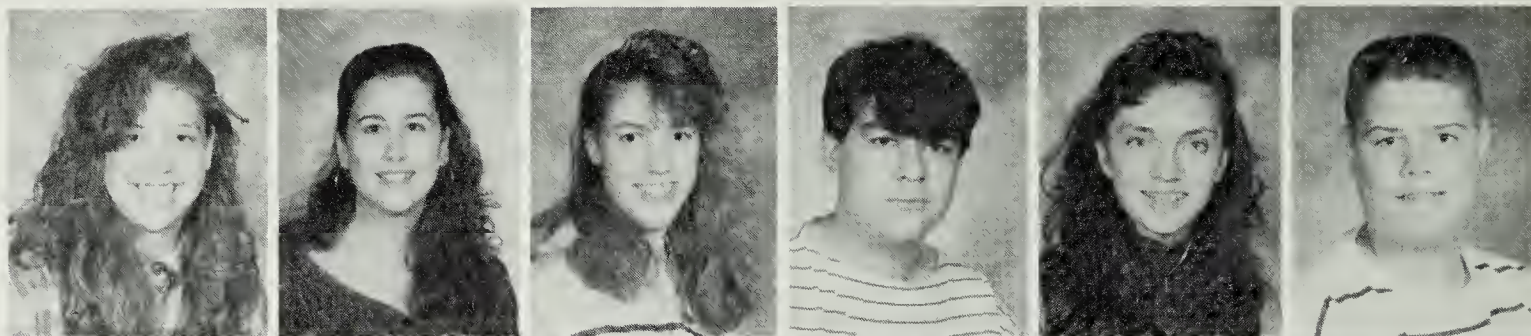
In some cases school work took the back seat to the jobs that were needed to pay for cars, clothes, and other important essentials of teenage life.

First period became the dreaded time when students who had been up late working the night before tried to catch up their sleep, while teachers pestered them to pay attention.

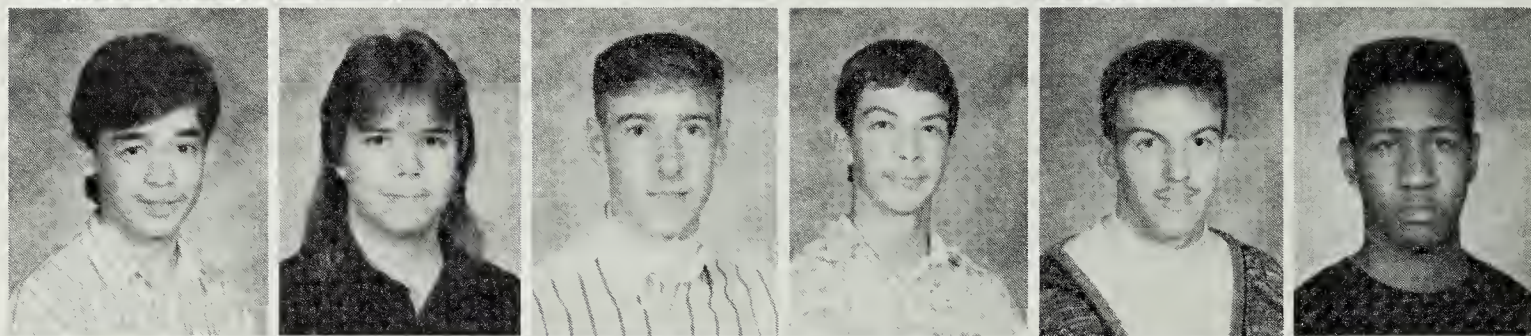
Despite the disadvantages, many found having jobs beneficial.

Felica Shands was one of the students who took advantage of the jobs Potomac Mills had to offer.

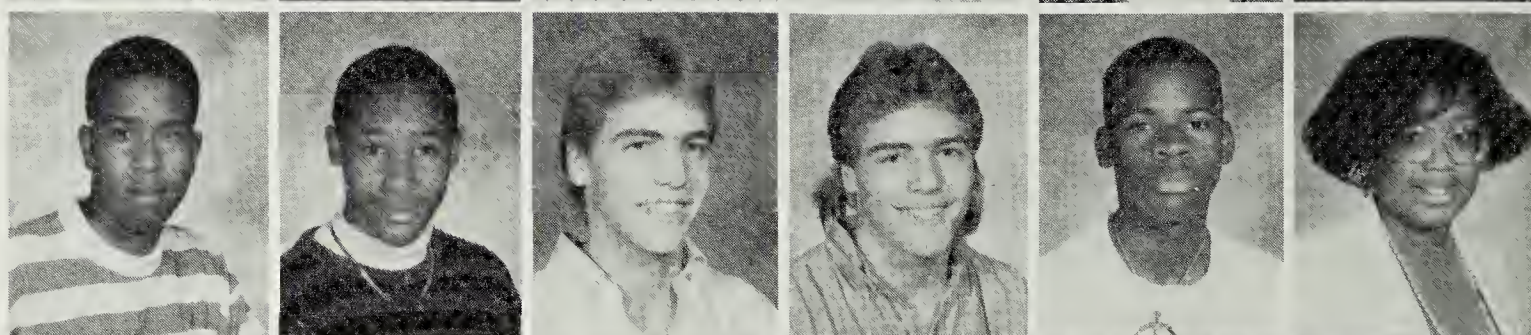
Margaret Beall (10)
Cynthia Beaver (11)
Laurie Becht (10)
Fridon Beg (10)
Charity Bedell (11)
John Bedenbaugh (9)



Sadiq Beg (10)
Neil Beigie (10)
Donald Bell (10)
Jason Bell (9)
Todd Bell (11)
Jemar Bellfield (9)



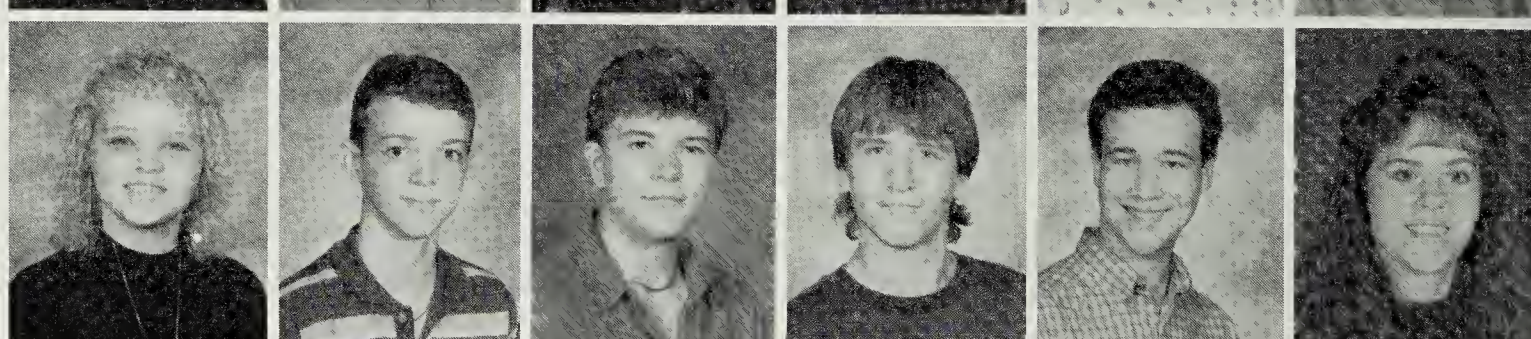
Gabiel Benn (11)
Marcus Bennett (9)
Richard Bennett (10)
Russel Bennett (10)
Ivan Benson (9)
Melissa Benton (11)



Chris Beranek (10)
Marc Berger (11)
Christin Berry (10)
Maureen Berry (11)
Jennifer Betham (9)
Kriste Betts (10)



Sally Bevenou (10)
Frank Bevnous (10)
Christopher Beyer (9)
Mike Bilak (9)
Mark Biller (11)
Kristen Biniek (10)



Weather Influences Student Plans

Weather is undoubtedly a major factor in our everyday lives. In fact, almost all plans are somehow influenced by weather. If it rains, the game is cancelled. If it snows, school is cancelled.

This year, snow had a great impact on plans. What seemed to be constant snow caused school to be cancelled many times. "I love the snow because we get out of school, and it gives me a good excuse to go sledding," said sophomore Chuck Lohmann. However, some students like sophomore Erika Borrayo said they prefer other seasons, "I like summer the best

because we don't have to go to school at all, and there is no snow to shovel."

Rain has had an equally great impact on school. The feelings of most students towards rain is negative because it makes driving conditions dangerous. Getting to school is a pain because students have to drive slower than usual.

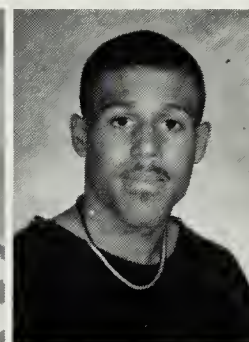
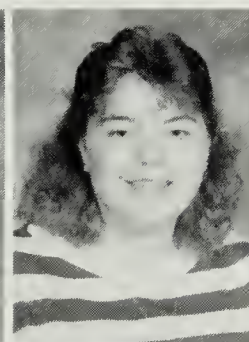
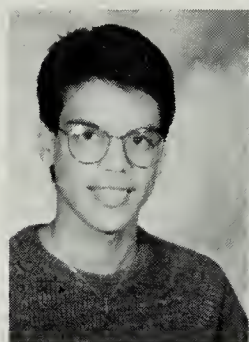
The best kind of weather was sunshine, however, it caused a big distraction for students in school.

Snow covered trees were not an uncommon sight this winter.

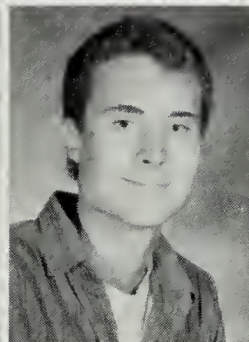
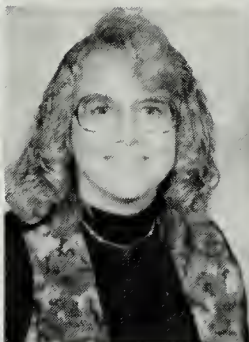


"I like fall out of all of the other seasons, because it's not too cold and not too hot, and I can sport my sweaters."

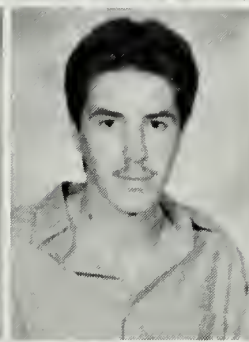
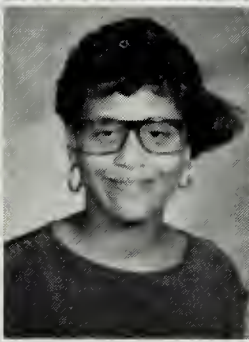
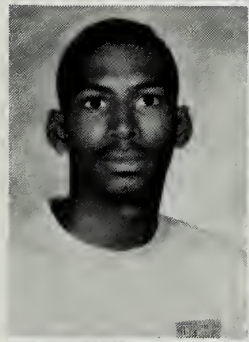
Junior Sandra Perkins



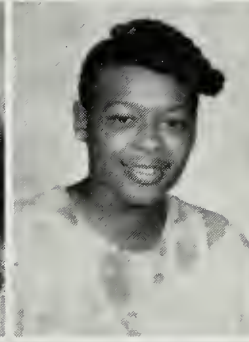
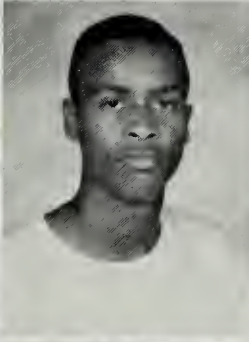
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Roger Birchmier (11)
David Bisson (9)
Sheila Blaich (11)
Elgin Blanchard (10)
Renita Blanchard (9)



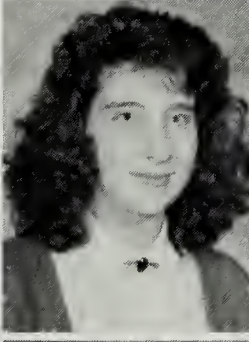
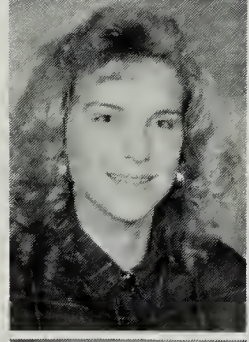
Davina Blackette (10)
Jamie Blancette (9)
Tom Blount (11)
Donnie Bledsoe (10)
Jason Blocker (9)
Doug Bock (10)



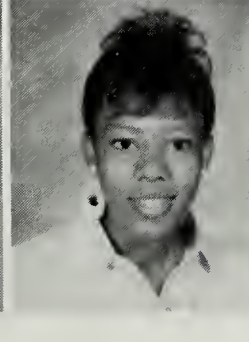
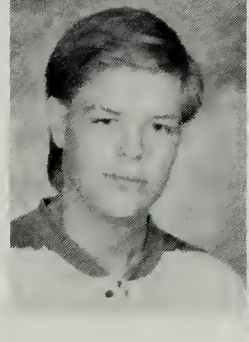
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Tamara Bohannan (9)
Stephanie Boisvere (9)
Tony Bone (10)
Roberta Bonning (9)
Gina Bono (11)



Camille Boomer (10)
William Boozer (9)
Casey Borden (11)
Erika Borrayo (10)
Lisa Bostic (11)
Michelle Bouchard (10)



Michelle Bourke (11)
Sandra Bourke (9)
Sandra Bourque (9)
Marjorie Bousiquot (10)
Andrew Bowe (9)
Shawn Bowen (10)



Anthony Bowers (11)
Kristie Bowie (10)
James Bowman (9)
Jan Bowman (10)
Peggy Bowman (10)
Tammy Bowman (10)

Change brings progress

Both positive and negative changes have effected Gar-Field this past year.

The positive differences include: all the lockers were freshly painted blue, students seemed to have more school spirit, and there was better attendance to after school events.

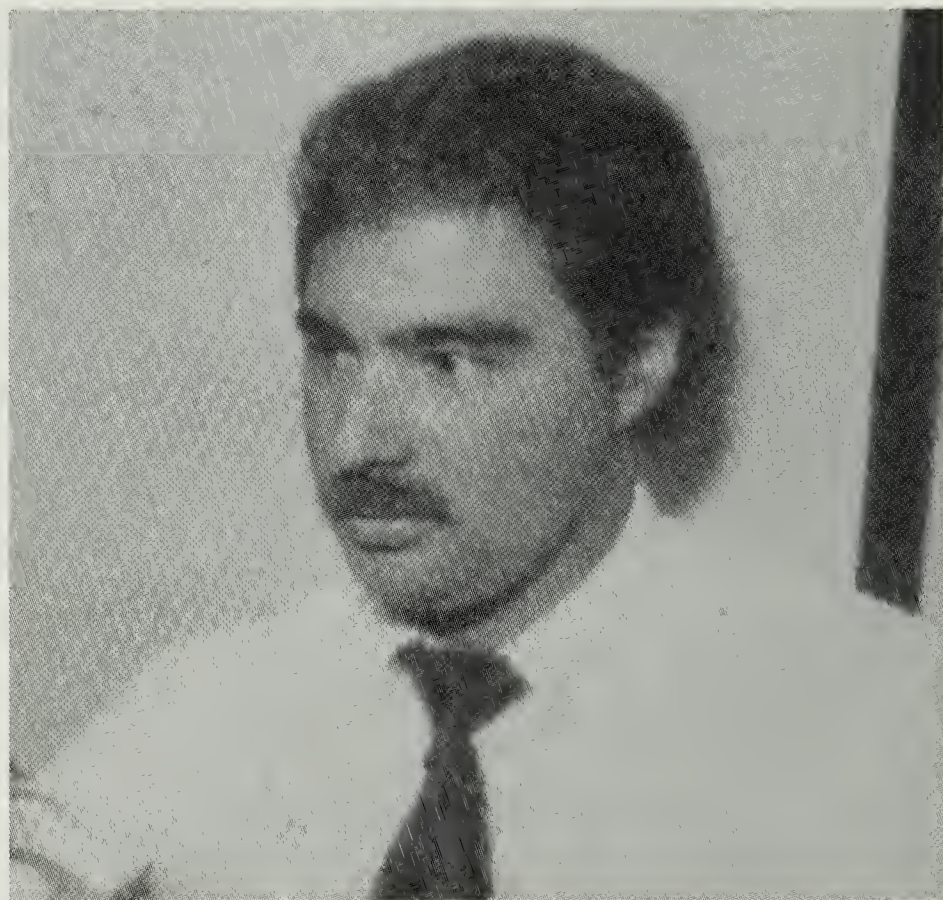
Along with the positive changes comes the inevitable negative changes. The halls have steadily become more crowded, causing a lot of students to be tardy. Junior Dawn Whitsell explained, "It's very frustrating when you're in a hurry to get to

class, and people are just standing around blocking your way."

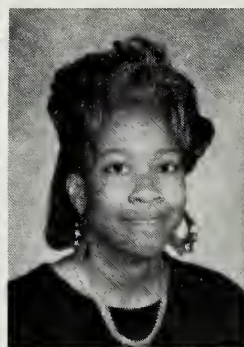
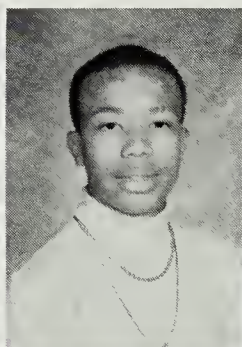
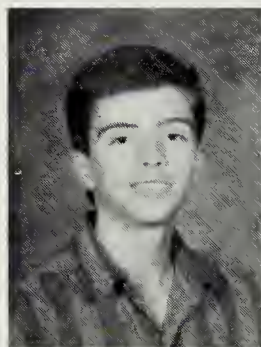
Despite student protest, the cost of parking stickers and football games increased. This caused many students, including junior Katrina Jackson to be upset. "We shouldn't have to pay so much to show our school spirit," commented Katrina.

Whether good or bad, change is inevitable, and as always, to progress we must change.

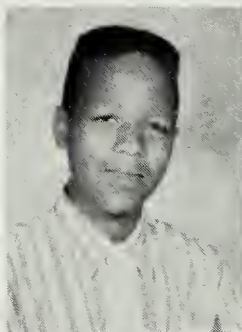
Security officer Mike Scuderei was added to the staff to help his counterpart Pat Gregoire.



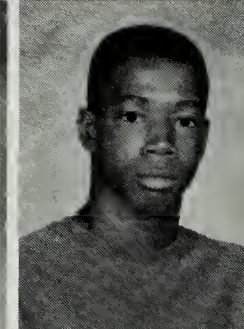
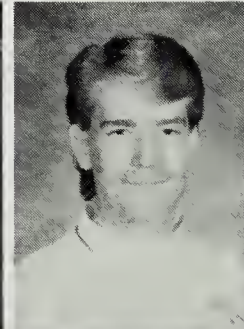
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Edward Boyd (11)
Shakira Boyd (11)
Jessica Braccioforte (11)
Haden Brad (9)
Andrea Bradley (9)



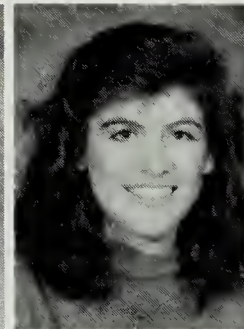
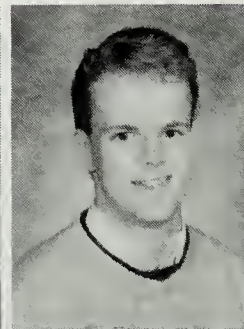
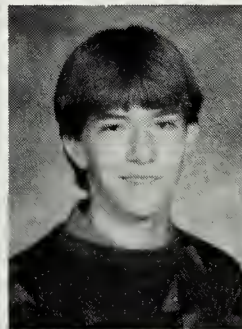
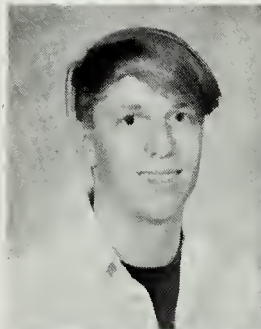
Kathie Bradshaw (9)
Jonathon Bradsher (10)
Connie Brandan (9)
Mario Brandan (11)
Jennifer Brant (10)
Eric Bratager (10)



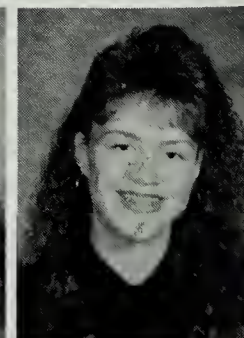
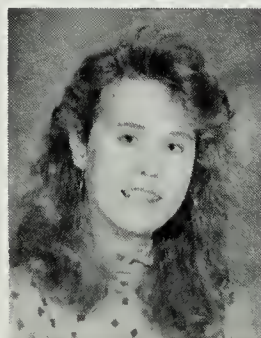
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Kristopher Breyfogle (10)
Carroll Bridgett (9)



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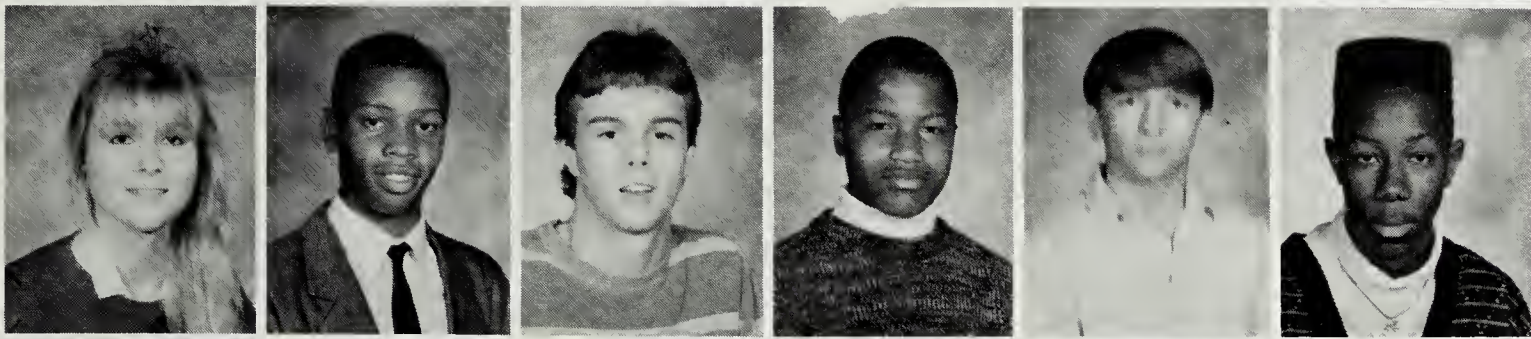


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Peter Brooks (10)
Cathy Brookstein (10)
Lisa Brophy (10)
Nikole Brower (10)

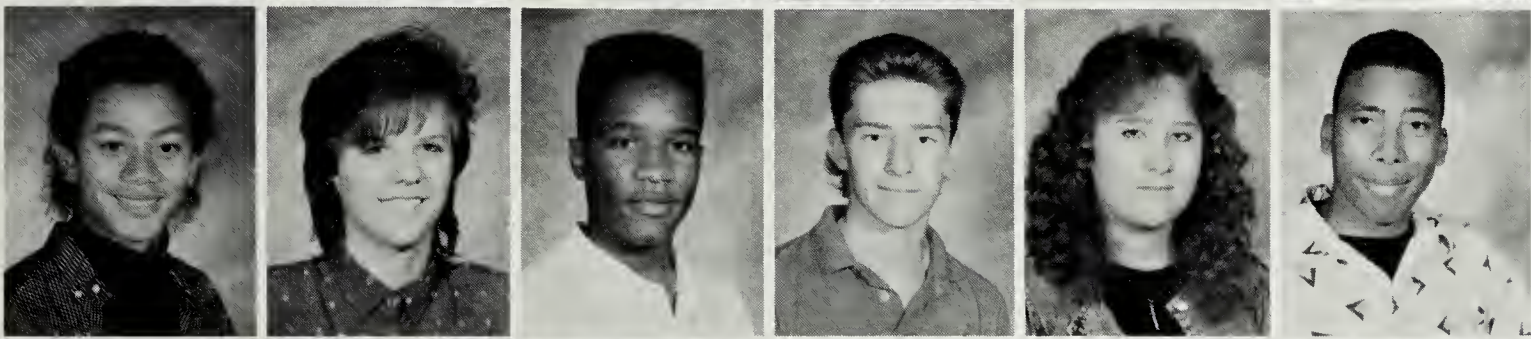




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 Brian Brown (11)
 Carey Brown (9)
 Catherine Brown (11)
 Jason Brown (11)
 John Brown (11)



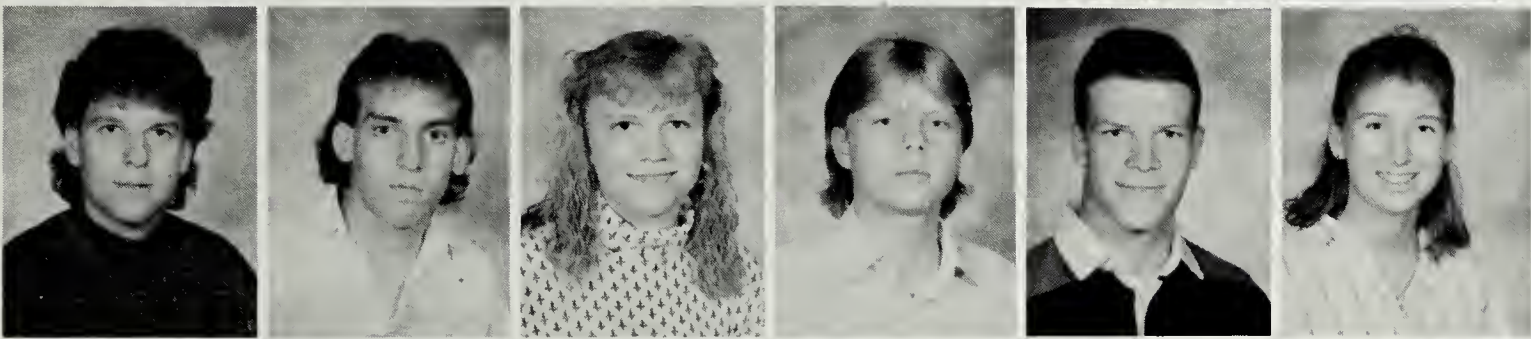
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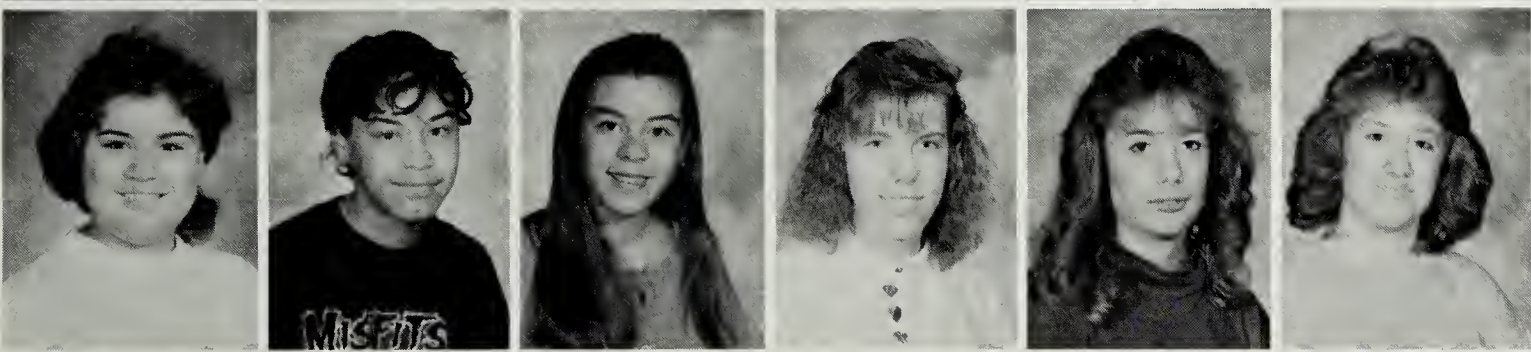
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 Cedric Buchanan (11)
 Ian Buckwalter (10)
 Rebecca Bunn (11)
 Emanuel Burgess (9)



Sarah Burgess (11)
 Jan Burke (11)
 Tywana Burke (9)
 Michale Burke (11)
 Cheryl Burmeister (11)
 Jeff Burn (10)



Andy Burnell (10)
 Neil Burnell (11)
 Tammie Burnette (9)
 Wayne Burnley (11)
 Tom Burrell (11)
 Kathryn Burroughs (11)



Kerrie Bursell (9)
 Brian Burton (11)
 Theresa Burton (9)
 Shelly Burt (9)
 Julie Busch (9)
 Kimberly Bush (9)

"I really don't think that there have been that many big changes in school, just small ones like lunch prices going up and six minutes between classes."

Freshman Jeremy Hopkins



Torrey Butler (11)
Michael Byrd (10)
Rasson Byrd (10)
Angie Byrne (10)
Shanon Cagney (10)
Derek Cail (11)



Becky Caldarelle (10)
Jennifer Caldwell (10)
Karyn Cameron (10)
Amy Campbell (9)
Chris Campbell (11)
June Campbell (9)



Mike Campbell (11)
Tom Campbell (10)
Anna Campos (10)
John Campos (9)
Julius Campos (11)
Joshua Candler (10)



Jennifer Canfield (10)
Jay Cano (10)
Ryan Cantu (10)
Beverly Caprara (9)
Brian Carlin (10)
Thenica Carmichale (9)



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Traci Carrano (11)
Jennifer Carroll (11)
Jerod Carroll (11)

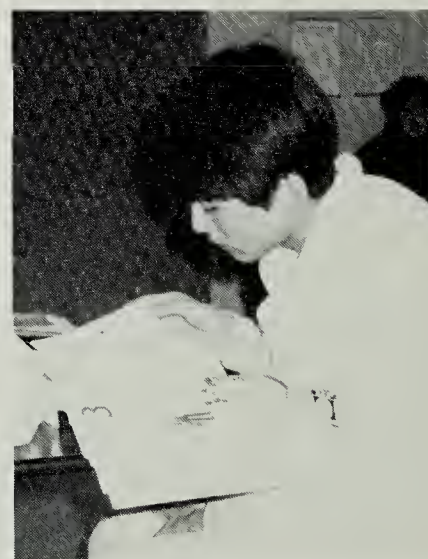


Monica Carroll (9)
Joseph Carter (9)
Colleen Casey (9)
Marquita Cash (9)
Tim Cash (10)
Steve Castle (10)



"I have only been here for two months and school work is very tough, but by getting help from Mrs. Mannring I got used to this kind of environment."

Sophomore Young Gie Hong





Foreign students learn English

When you say ESL, most students don't know what you are talking about. ESL is English as a Second Language. It is a course designed to serve the student whose first language is other than English and whose level of English proficiency prevents him or her from functioning at in a regular classroom.

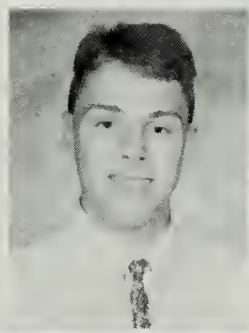
Some students take the

class for a year, while others stay there for all four. It just depends on the needs of the student. ESL can count as an English credit. It can also count as a foreign language credit or as an elective depending on the student.

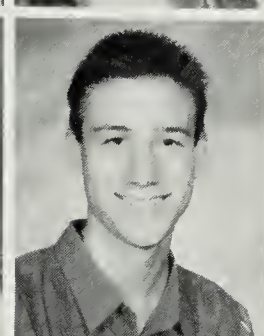
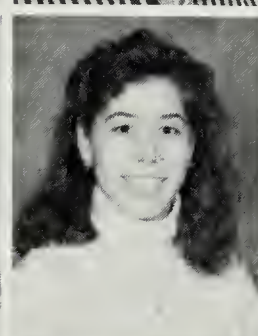
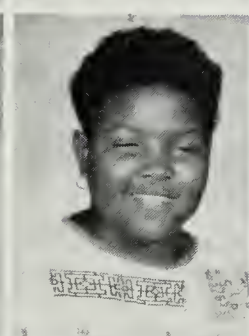
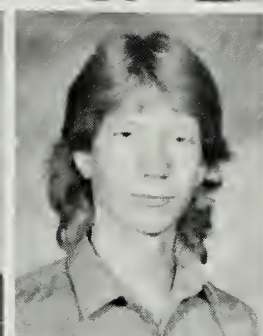
The program started in 1978. Current teacher Barbara Manring said she enjoys teaching students who from different countries.

In addition to teaching the basic language skills, the course helps students adjust to cultural differences.

Sophomores Jason Stout and Jatindes Kumor enjoy working with ESL teacher Barbara Manring.



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Jeannine Castro (11)
Mili Cauchi (10)
Shawn Cauffman (9)
John Causey (11)
Angelita Ceja (9)



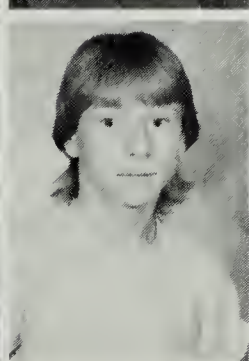
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Rashonda Charles (9)
Monica Chavez (10)
Michael Cilders (10)



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Robin Childers (10)
James Chumley (9)
Tammy Chumley (9)
Jamie Ciello (9)
Jamie Clabo (9)



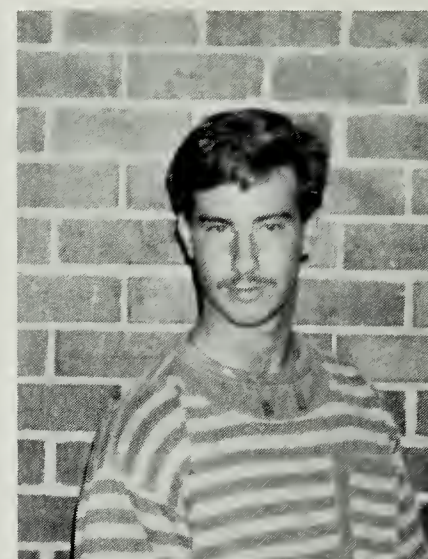
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Bethany Clark (9)
Jack Clark (10)
Kim Clark (9)
Maru Clark (9)
Patty Clary



David Click (11)
Randy Click (11)
Tina Clow (10)
Frank Coaxum (11)
Michell Cockerm (10)
Walter Cockran (10)

"I've been on three diets, and they really helped me to get to the weight that I wanted. The reason I was on the diet was because I was conditioning for the football team."

Junior Scott Hanson



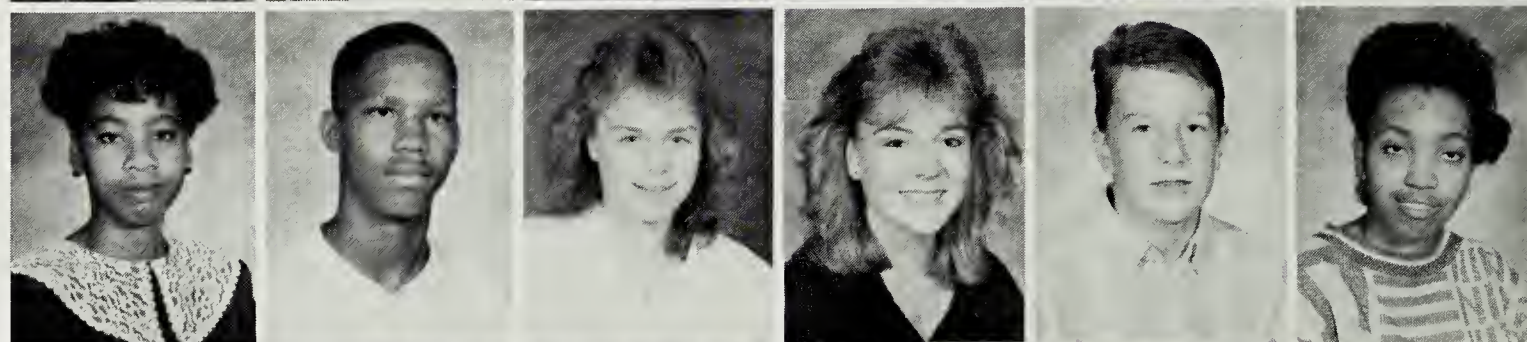
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Chad Coerse (10)
Stephanie Coff (11)
Amy Coffee (11)
Debra Coffee (10)
Mike Coffey (9)



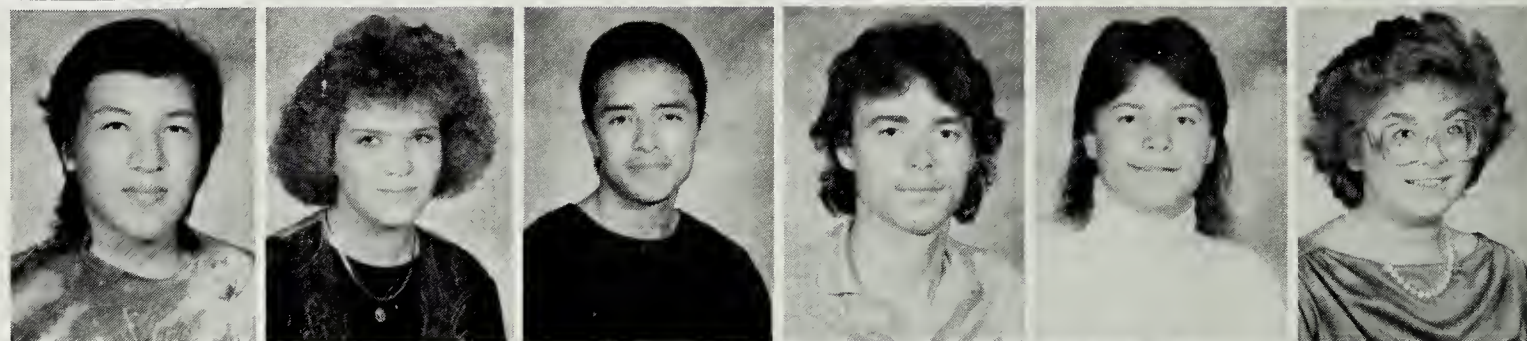
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Tiva Colbert (10)
Joshua Cole (9)
Mark Cole (10)
Cassandra Coleman (10)



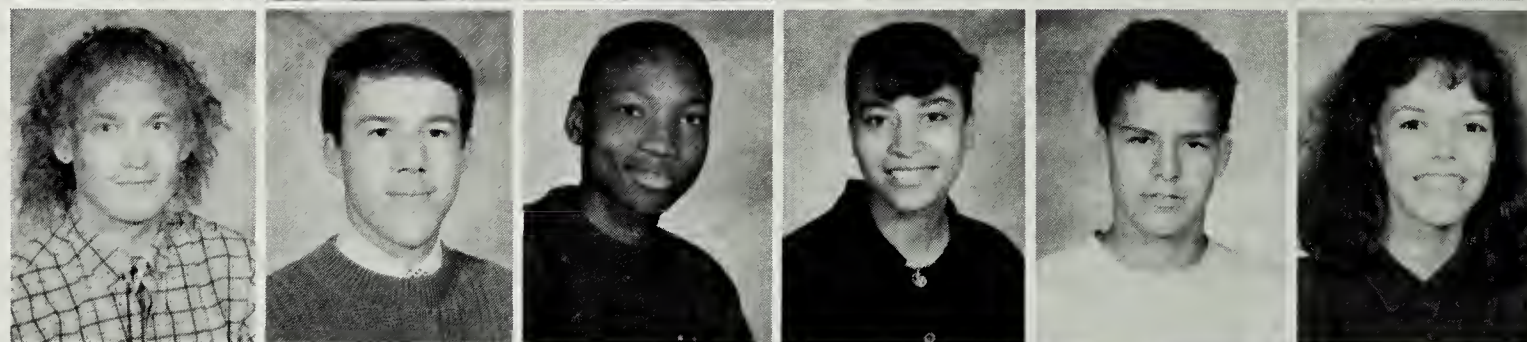
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Anthony Collier (9)
Tamara Collier (10)



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Cassandra Comer (10)
Larry Conklin (11)
David Conley (11)
Scott Conley (9)
Tracy Conner (11)



Troy Conner (11)
Alex Constantopoulos (11)
Lamain Conteh (10)
Nicole Conward (11)
Chris Conway (9)
Christie Cooch (10)



Jessica Cook (11)
Josie Cook (11)
Kevin Cook (10)
Kimberly Cook (10)
Eric Cooper (10)
Jerod Cooper





Bryan Corbin (10)
 Tammy Cornelious (9)
 Desiree Corona (9)
 Michael Correll (9)
 Chrissy Caruthers (9)
 Jamie Corvin (10)

Matt Coughenour (11)
 Shannon Coulbourn (10)
 Chris Coulter (11)
 Chris Coulter (10)
 Alex Council (11)
 Frank Council (11)

David Covington (11)
 Tiffany Cowgill (9)
 John Cox (11)
 Kim Cox (10)
 Jennifer Craft (11)
 William Craig (9)

Maria Cranshaw (11)
 Courtney Cramer (9)
 Jason Crawley (10)
 Roy Creamer (9)
 Paul Crevoisier (11)
 Rossana Crevoisier (10)



Keeping fit costly, time consuming

There were many ways to loose weight, and it seemed like everyone is trying to keep in shape nowadays.

"I just stopped eating sweets, and I excercised a lot, it worked for me," said sophomore Careka Squire.

A lot of work was required, and there were several different plans on the market to loose weight. Several of these proposed plans have been deemed unsafe and may have some sort of side effects. A wide variety of weight loss methods range from eating only selected foods to tak-

ing diet pills.

Diet and health clubswere a new way to lose weight quickly and easily, or so they say. The costs of many diet clubs may be undesirable, but so is the excess weight.

"I have been on a high carbohydrate diet, and I ate food that was high in protein, and it was hard to control my appetite," said junior Randy Baucom. A lot of self will is needed to not eat all of those high calorie snacks and foods on the market.

Toning your body takes time and many students didn't have enough.

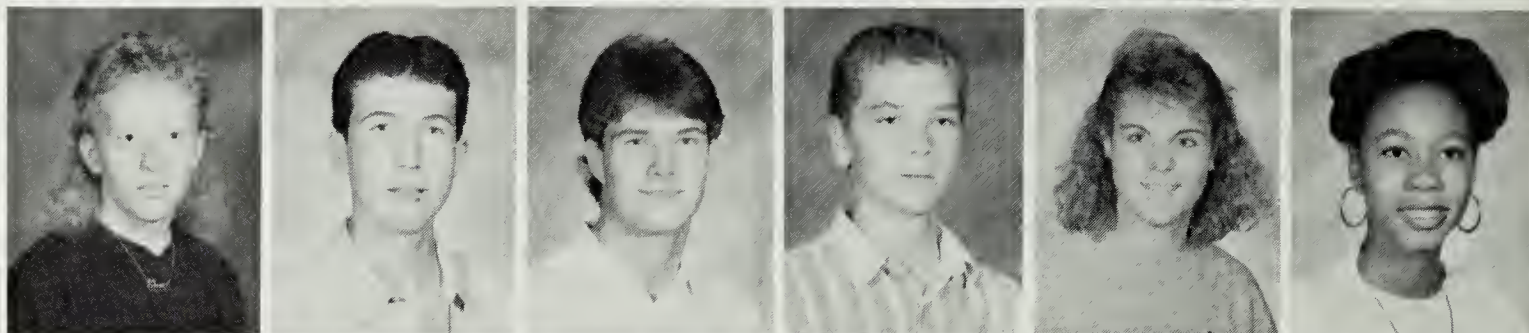
Most health clubs welcomed people to join and often offer a free introductory class, a chance to try out the equipment or see what the classes were like.

By lifting wieghts and staying in shape juniors Louie Eicenbaum, Mike Gorkowski, and Casey Borden maintain their ideal weigths.

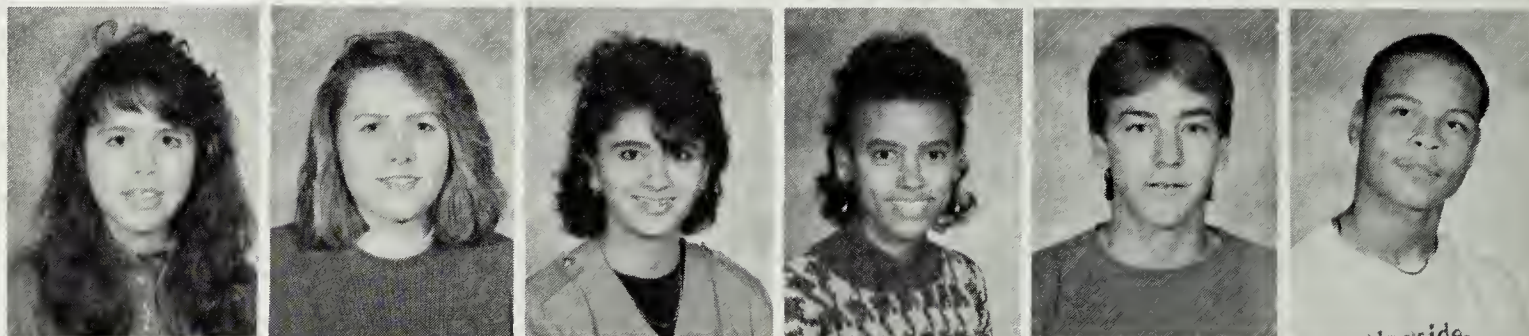
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 Rebecca Crone (11)
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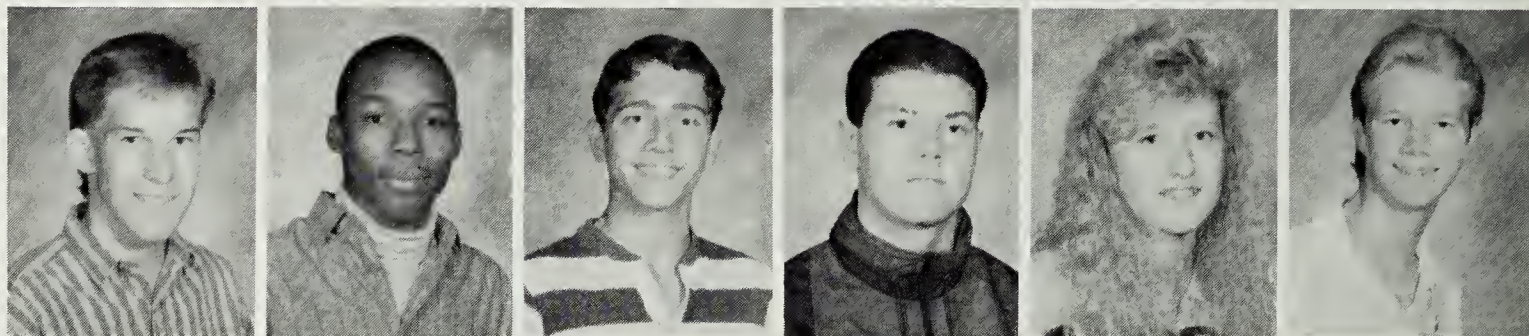
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 William Crowson (11)
 Greg Culbreth (10)
 Tammy Cummings (10)
 Chenel Currence (10)



Jennifer Cyphers (9)
 Gretchen Daack (10)
 Michelle Dacey (11)
 Tigist Dagnew (11)
 Brad Daley (9)
 Jay Dalwey (10)



Matt Daly (10)
 Tafari Dancy (11)
 John Danford (11)
 Charles Daniel (10)
 Dawn Dunlevy (10)
 Patrick Danley (10)



Bookbags make fashion statement

Carrying books by hand used to be what most students did, but now they have discovered that some kind of bookbag is easier to handle.

Students today like to have specific kinds of bookbags. Britches, Eastpak, L & C Surf Designs, and Bennetton are the major brands of back-sacks. "I carry an Eastpak just because I like the color, and it doesn't hurt my shoulder," said junior Heather Pierce.

Bookbags can also be used to carry other things besides books such as gym clothes, make-up, notes, and purses.

Even though bookbags are easier for some, there are still students that like to carry their books by hand. "I don't carry a backpack because with my locker being upstairs, it is easier to go to. Plus, a back-

sack is annoying," said junior Jane Fetko.

Bookbags can last as long as you want them to depending on what kind of bookbag you buy and how well you take care of it. "I get one everytime my old one falls apart, which is usually once or twice a year," commented junior Regina McCarthy. Some students have to have a different bookbag for each year, and sometimes more than one. Junior Kim Smith has two Britches backsacks and a flowered one. "I just like to have something different, and I love flowers," said Kim.

In an effort to get through the day with ease, junior Laurie Eichenbaum carries her books in a backpack.



"I like carrying a backpack because it makes it easier to carry a load of books from place to place. I usually don't spend too much on my backpacks, because they last a long time."

Freshman Eric Hodson



Glen Danzig (11)
Shavonne Dargan (11)
Terrence David (9)
Bobby Davidson (10)
Kenneth Davidson (10)
Ben Davies (9)

Brent Davies (9)
Annjeannette Davis (9)
April Davis (9)
Frank Davis (9)
Hugh Davis (9)
Lisa Davis (10)

Michael Davis (11)
Michael Davis (9)
Naja Davis (9)
Paula Davis (11)
Scott Davis (10)
Richard Dearden (11)

Travis Deardorf (11)
Jamie Dedman (9)
Craig Deely (10)
Elizabeth Deely (11)
Amanda Deffenbaugh (9)
David DeGuzman (10)

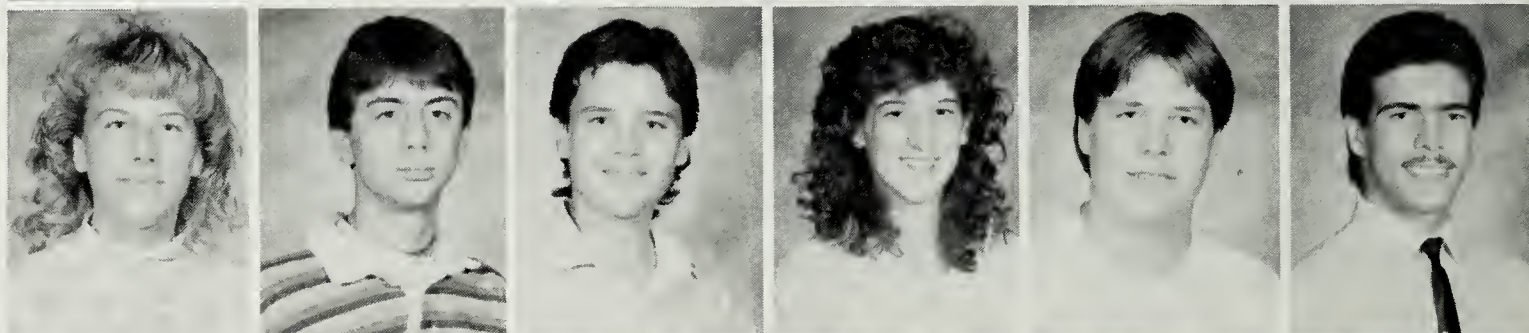
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Lawrence Delong (9)
Michael Demasi (9)

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Kary Dengler (11)
Vina Dennis (9)
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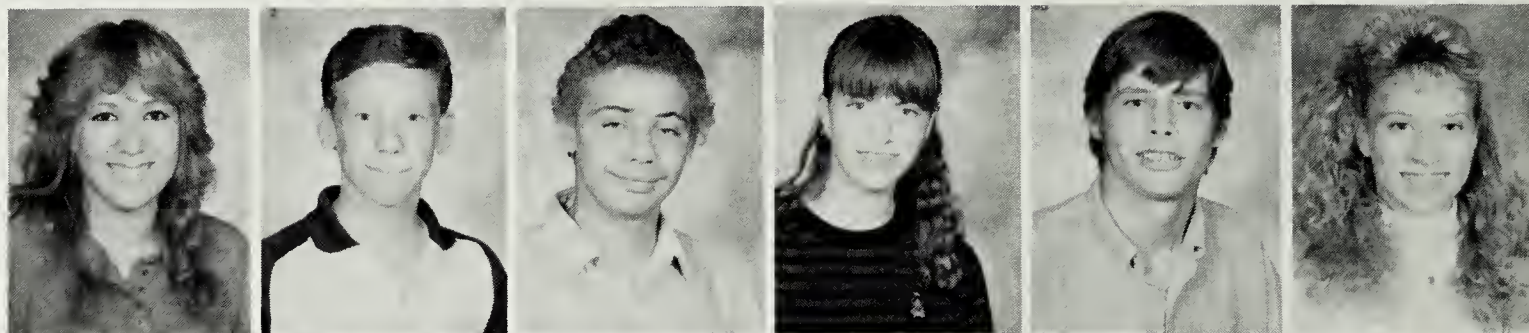
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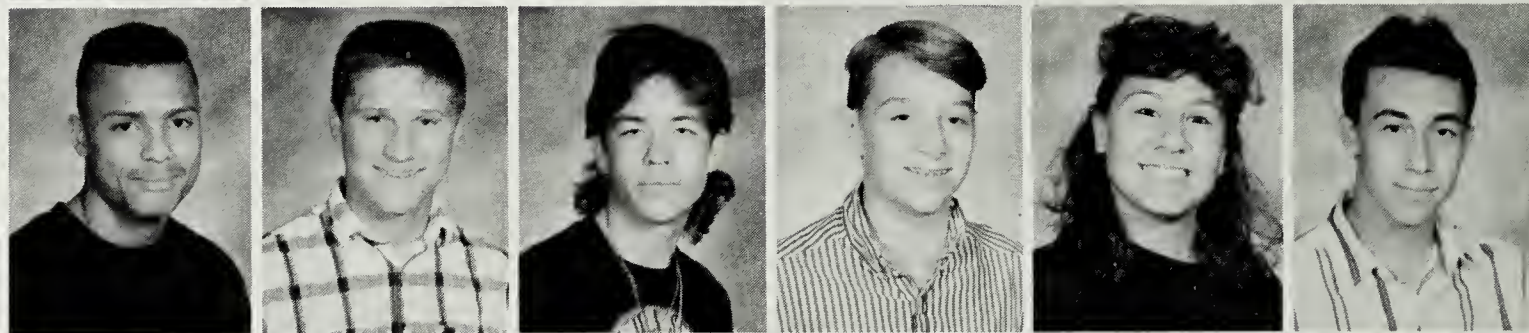
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Leland Dixon (9)
Brian Dobash (11)



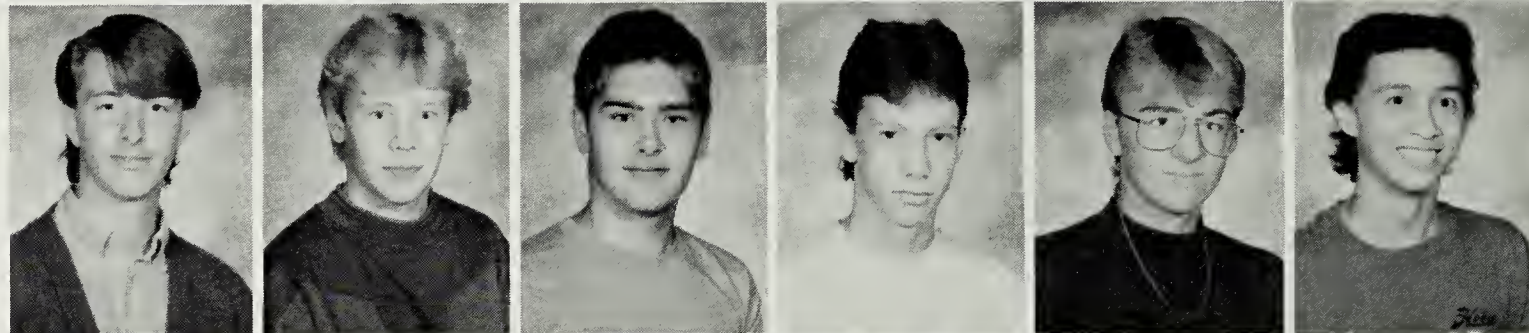
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Suzanne Duckworth (11)



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David Duggar (9)
Bryan Duke (10)
Branden Duncan (9)
Darlene Duncan (9)
Ryan Duncan (11)



Daniel Dunn (10)
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Sean Dunn (11)
Shannon Dunn (11)
Patrick Dunn (9)

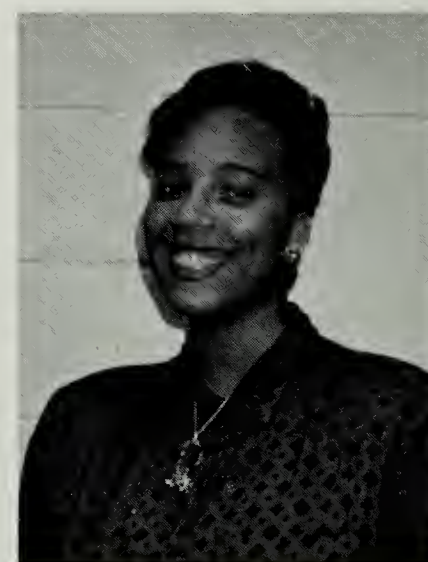


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Derek Dye (9)
Charmaine Eaglin (11)
Simone Early (10)
Dana Easley (11)
Larry Easter (9)



"My favorite hobby is playing the piano. The reason I became interested in it is because of my mom. I spend about one hour a day practicing."

Sophomore Nicole Hamilton





Hobbies keep students busy

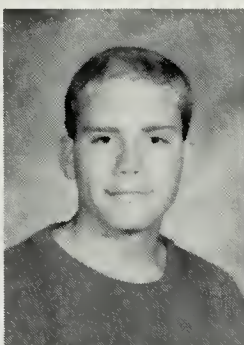
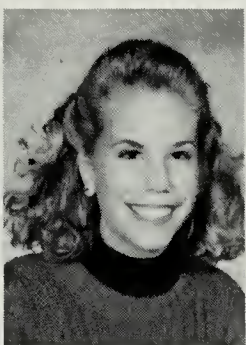
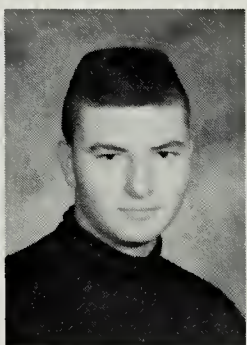
What do you do during your free time? There are so many different things to do that take up our time. One of the most common things to do is to have a hobby.

There are many hobbies to choose from, and almost everyone has one, from playing a sport to collecting stamps.

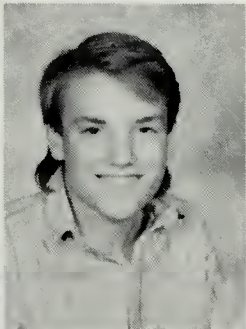
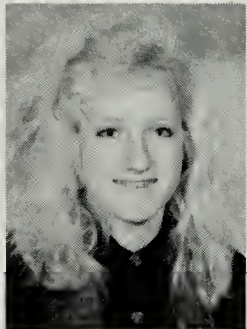
Freshman Emily Jolly said that her favorite hobby is shopping. "I love to go shopping at the mall whenever I have the time and the money, I practically live at the mall," commented Jolly.

Sophomore Jae Ko, for example enjoys the martial arts. Doing so gives him the chance to keep in shape while having fun at the same time.

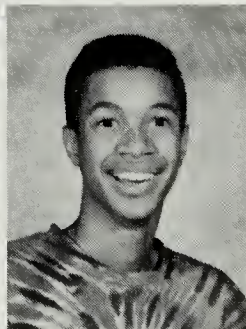
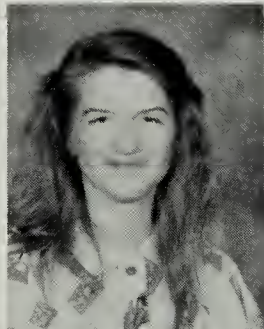
As his head stays level, sophomore Jae Ko concentrates on a high kicking leg.



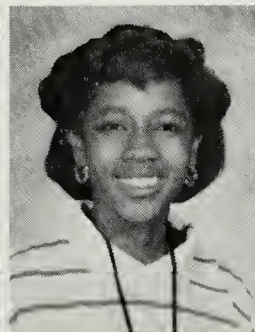
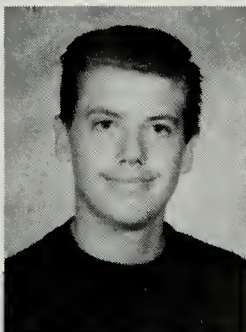
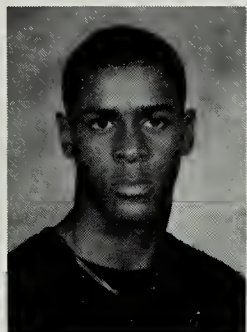
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Jill Edwall (11)
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Beverly Edwards (11)
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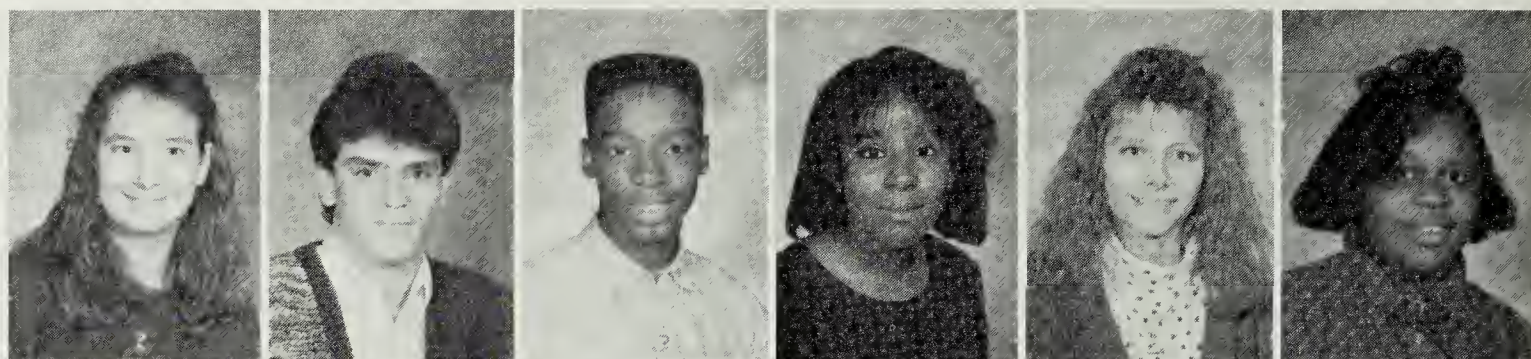
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Clyde Ellis (10)
Geoffrey Ellis (9)
Amy Elosser (10)
Monica Embrey (9)
Tara Exum (9)

"The only time I stay after school is to make up a quiz or a test, and usually it isn't fun."

Sophomore Debora Milowanski



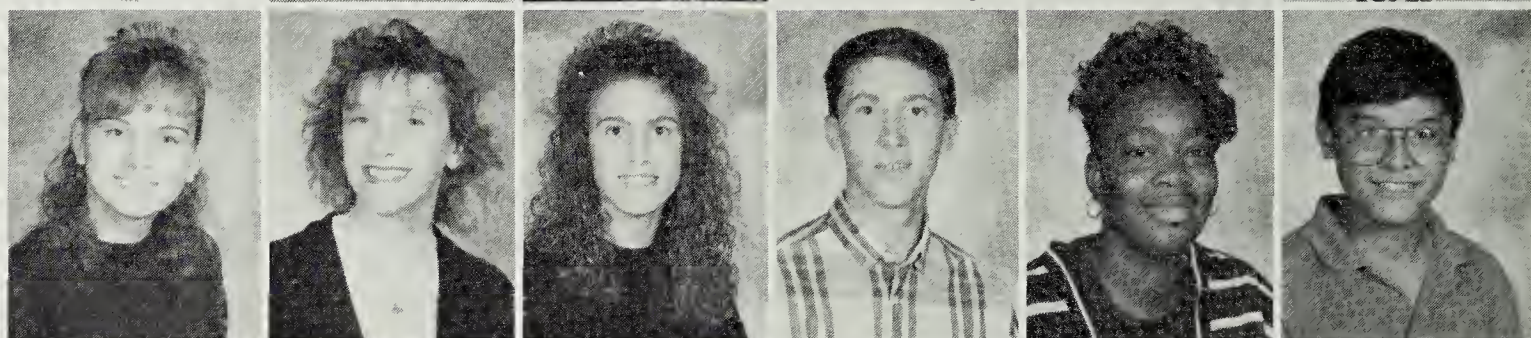
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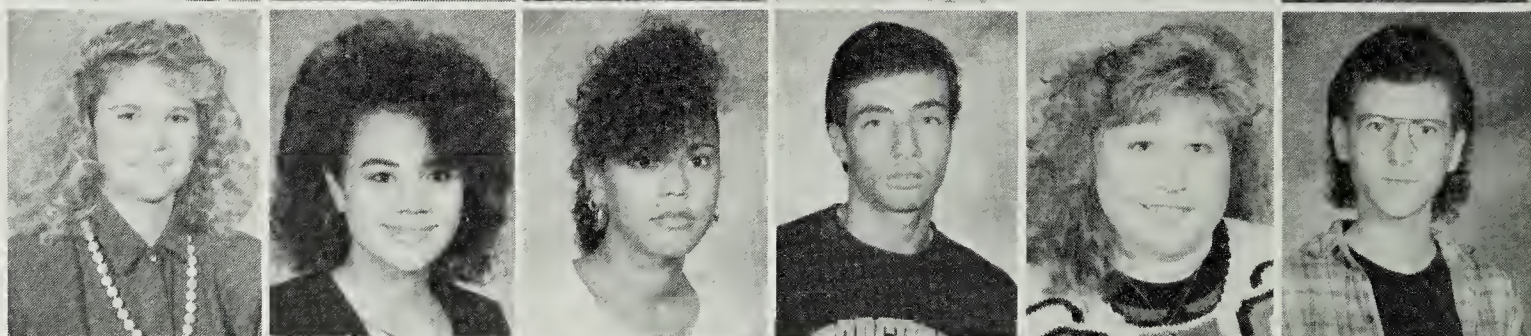
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Mike Ferree (11)
Jay Fetherolf (10)
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Jane Fetko (11)
Michelle Fichter (9)
Bethzaida Figueras (11)
Brian Figueroa (10)
Amy Fike (10)
David Findley (10)



Richard Findley (9)
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Dave Fisher (11)
David Fisher (9)





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Brian Fite (11)

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Lisa Fleming (9)
Stephen Flowers (10)
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Mike Ford (9)

Ron Ford (11)
Gretchen Forewell (9)
Acie Forrer (11)
Rob Forster (9)
Jenny Fortune (10)
Hillary Fountain (9)

Aaron Fowlkes (9)
Jason Fowlkes (10)
Treasure Frey (9)
Jennifer Friend (9)
Tysijuanta Fulcher (9)
Kristina Fox (10)



School doesn't always end at 1:52

Not every student has to do it, but it always seems to happen to you. You have an English test to make up, and you can't do it in the morning or during lunch, so what else do you have left to do but stay after? Of course not every student dislikes staying after, but for some, the torture never stops, and even carries over to the weekend.

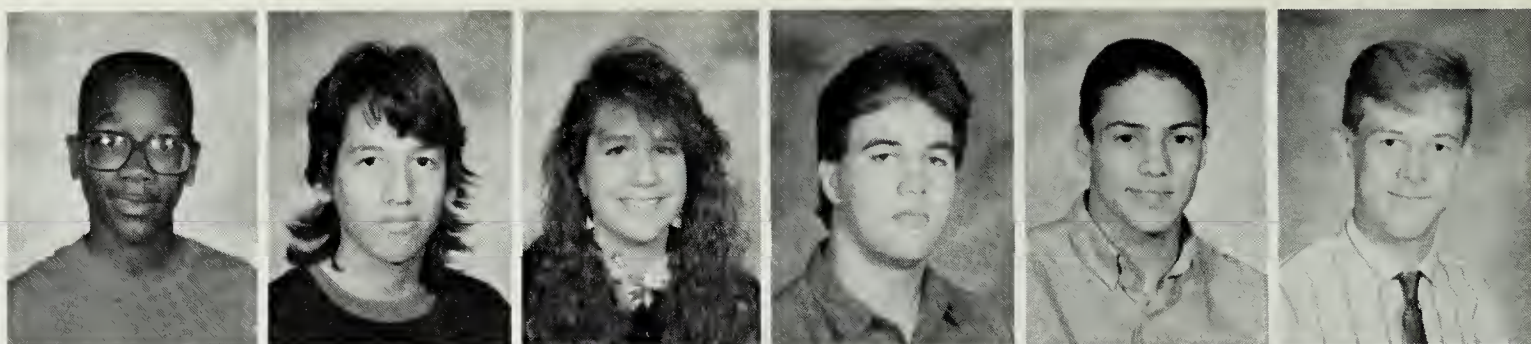
Some students enjoy staying after because of what they are staying after for. Most people who are on a sport enjoy it because they like participating in their sport. "I stay after because I have to lift

weights for baseball, and I enjoy it, but sometimes I have other things that I would rather be doing," commented junior Edgar Seely.

"I feel that if you stay after school with a specific plan, like to get help or to help out in an activity, then the reward will come from the success that will soon come from your hard work," said junior Shareen Young. When some students stay for long periods time, they tend to be more willing to get their work done. "I would not stay after school but I had to take a test," said sophomore Christie Wooten. A small portion of the students help their out favorite teacher when they need help, or assistance in a emergency situation.

Taking a break from play rehearsal, sophomore Travis Fitzwater and junior Michelle Poplani buy drinks for some of the members of the cast.

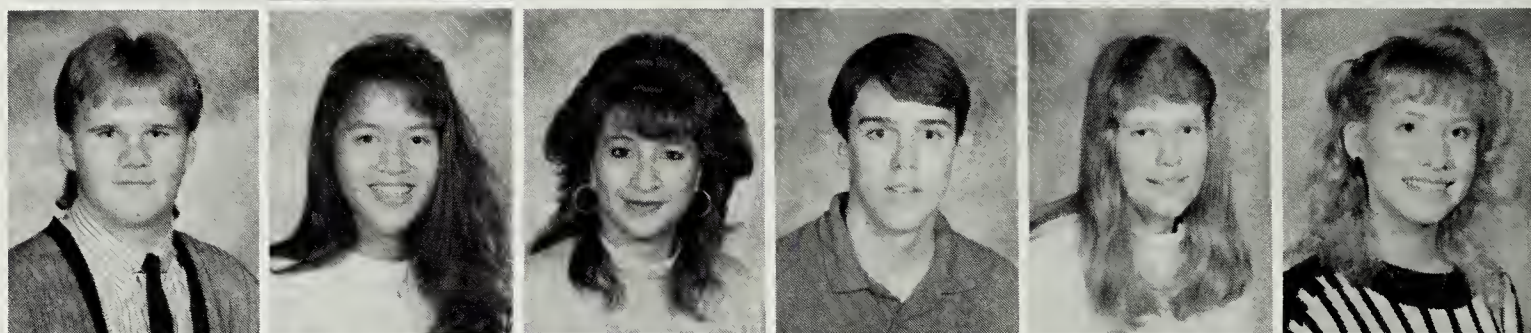
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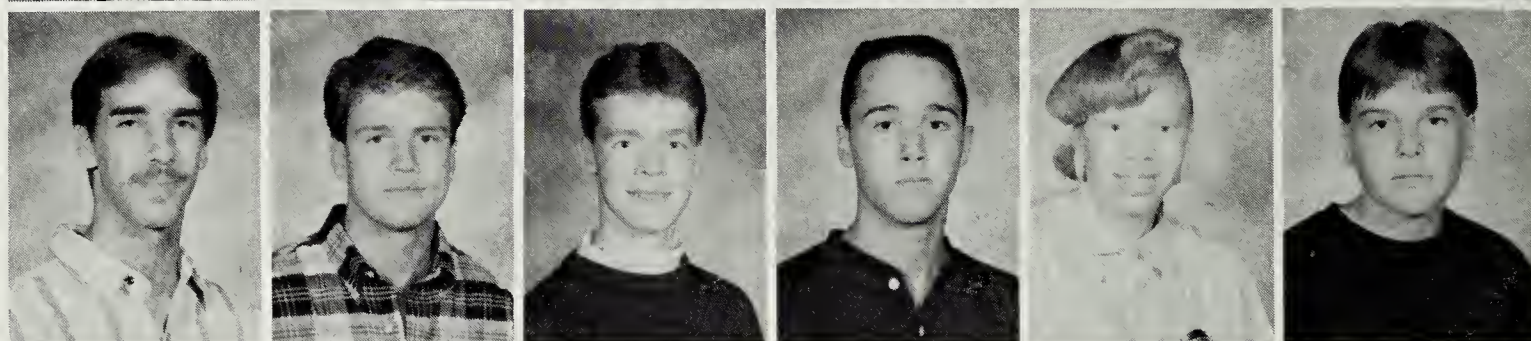
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Maria Gamboa (11)
Tina Garcia (11)
Eric Gardner (10)
Jennifer Gardner (11)
Jennifer Gardner (9)



Wes Gardner (11)
Daniel Garfield (10)
Chad Gargan (11)
Mike Garlick (9)
Amethyst Garrett (9)
Kevin Garrity (10)



Weekend relaxes week's stress

It's only Monday, fifth period, and you've already been assigned a book report, a research paper, and a ton of other homework, on top of a job, a club activity, or practice after school.

You often say to yourself, "How am I going to finish everything?" All you can do at this point is think about the weekend, the parties, the relaxation, and the date with your girlfriend or boyfriend.

"Weekends are like an escape," according to freshman Robert Forster. Students catch up on sleep, go shopping or just hang out with friends.

After building up all week the pressure is finally relieved. "On the weekend, I just let myself loose,"

exclaimed freshman Bob Wilcox. "The weekend is what gets me through the week, just the thought that after five days of school I can relax and have fun with friends," explained junior Alexis MacDonald. Friends organize parties, or just get together at hangouts like Taco Bell, McDonald's, and Potomac Mills Mall.

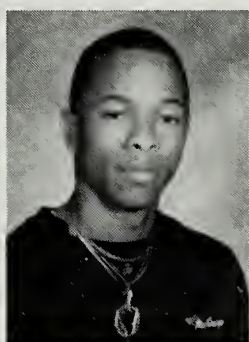
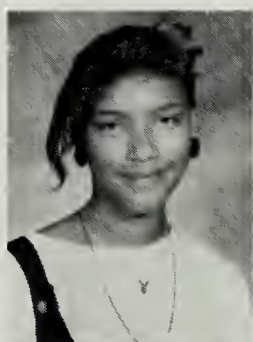
Unfortunately, the weekend must come to an end. Students finish last minute homework, pick out the next day's outfit, and prepare for yet another pressure packed week.

In their spare time on the weekends, juniors Elizabeth Rolfst and Judi LeRose enjoy spending time together whether they are out jogging or just clowning around.

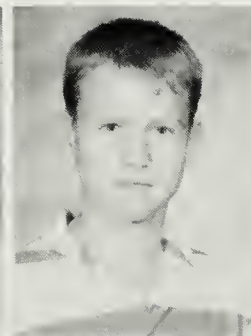
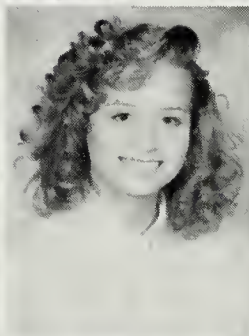
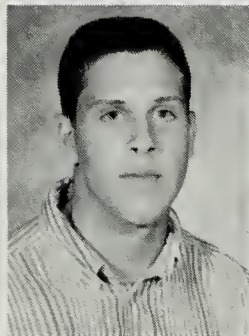


"I go anywhere until 1:30, usually to parties or to hang out with my friends. I have fun and meet new people all of the time."

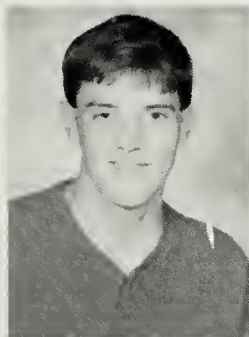
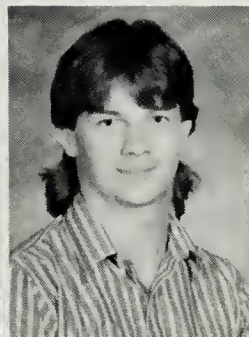
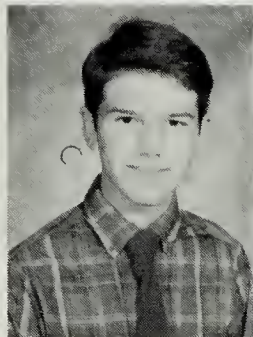
Freshman Carolyn Gorman



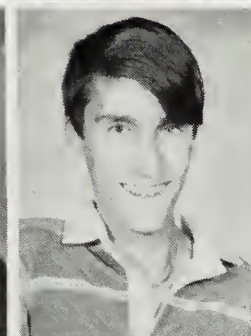
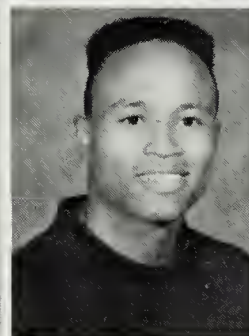
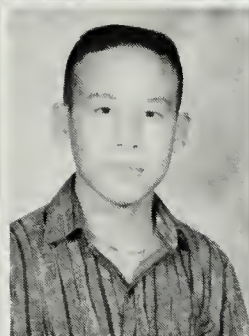
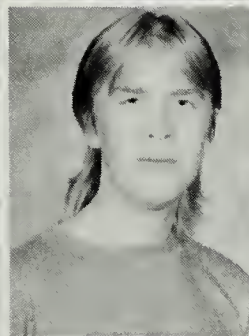
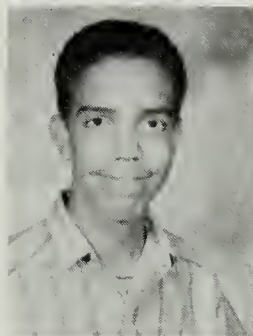
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Eva Gayoso (11)
Eric George (10)
Karrianne Gerhards (9)



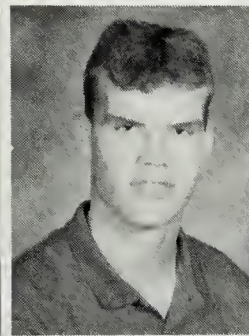
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Rick Gastley (9)
Kristin Gibbon (10)
Carla Gibson (10)
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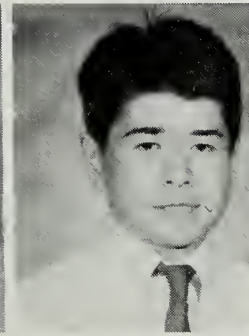
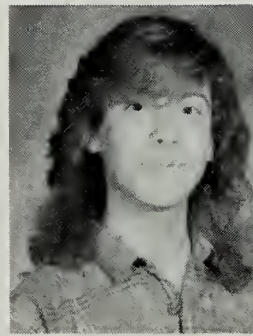
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Joseph Gill (9)
Richard Gill (9)
Jeff Gilliom (10)
Renee Girouard (11)



Peter Gleason (9)
Terrance Gloss (9)
Catherine Gnad (10)
Ed Goewey (9)
Steve Gomes (11)
Dwayne Gonsorcik (10)



Wayne Gonsorcik (10)
Michelle Goodermuth (9)
Christine Gorisek (9)
Mike Gorkowski (11)
Carolyn Gorman (9)
Carrie Gorman (11)



Dave Gosnell (11)
Christine Goulet (11)
Joseph Goyette (10)
Claudia Grafenstein (10)
Brandy Graham (9)
David Gratton (9)

Pets pass no judgement

You get home and you've had a bad day at school. After having three tests and in the other three classes, a speech to make, a five grade project due, and a paper to research, the academic aspect of your day is ruined. Plus, the special person you've been eyeing for some time tells you that you look awful. All in all this day rates a one on a scale of one to one hundred.

Finally, after you endure the bus ride home, you walk to your house. You walk through the door, and you know someone is there that won't judge or scorn you, that you can tell your problems to, that shows unconditional love. This someone is your pet.

No matter what kind of

pet, whether it be a bird, a dog, a hamster, or a fish, it plays a large part in everyday life. Sophomore Jennifer Linthicun said, "I have a poodle named Champ; he goes everywhere with me."

For many students pets may be a little extra work but the companionship they provide is worth it. In addition pets can also be quite humorous as Lisa Sailer commented, "I have a cat named Sunshine, and he is very crazy. He runs up and down the steps to try and trip me. He's always jumps up at the back of my legs when I try walk away from him."

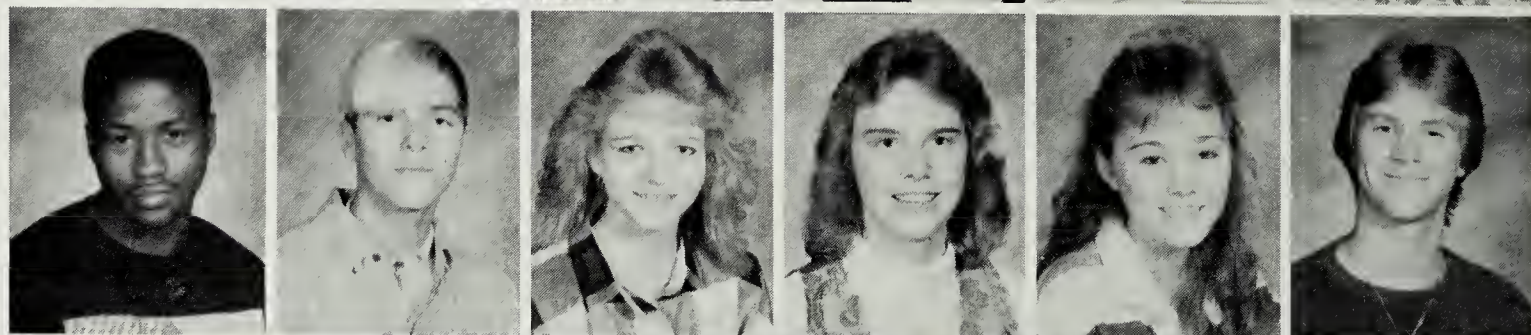
Spending time with her pet is one of sophomore Leslie Schmidt's greatest pleasures



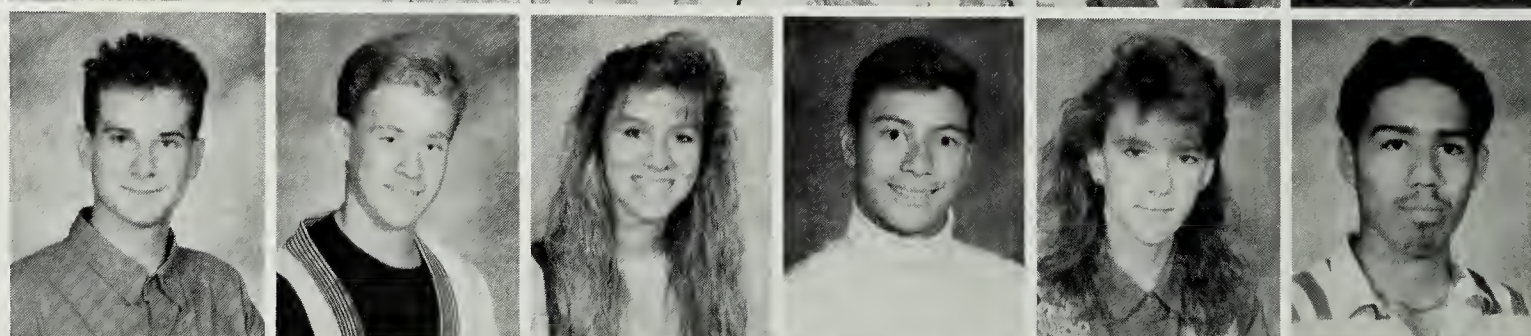
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Marc Grayson (10)
Talitha Green (9)



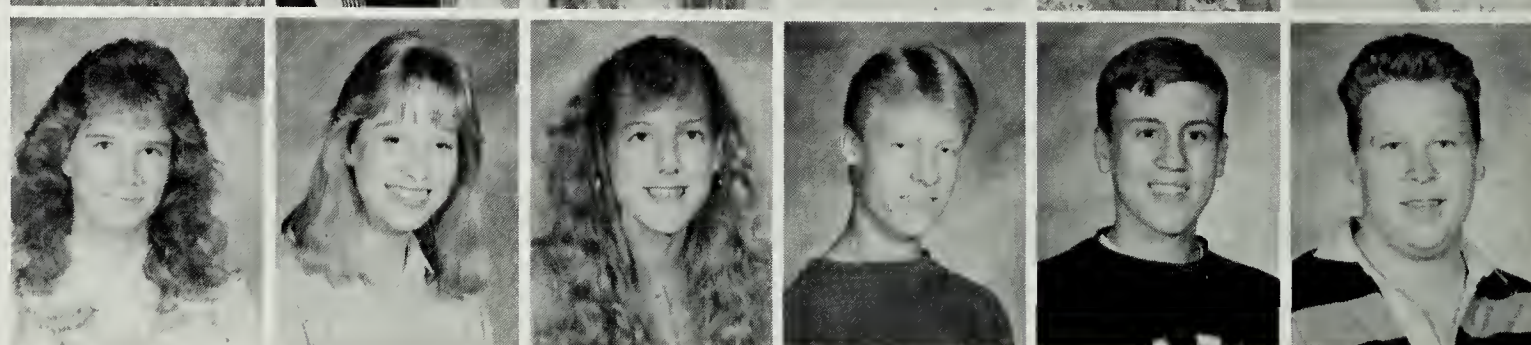
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Diane Grenier (11)
Jennifer Griffin (9)
Kristine Griffin (11)
Shane Grizzle (9)

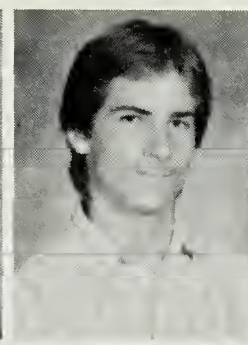
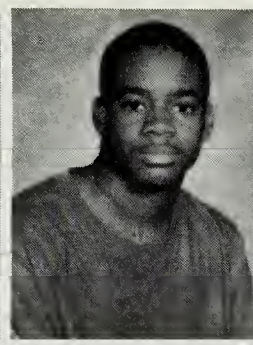
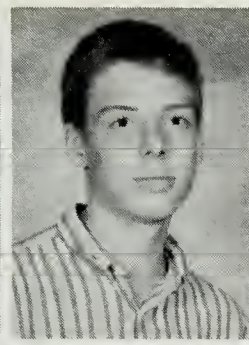
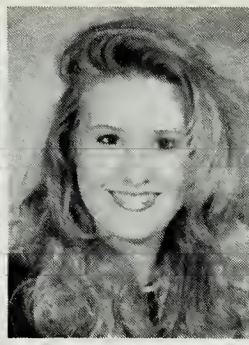


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Monica Gruber (11)
Scott Grune (10)
Angie Gruszka (9)
Juan Guerrero (10)

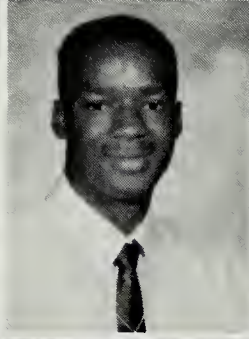


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Tom Haase (10)

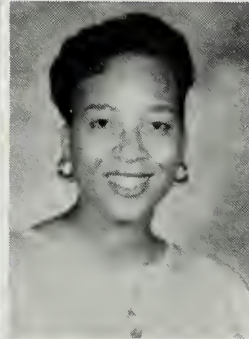




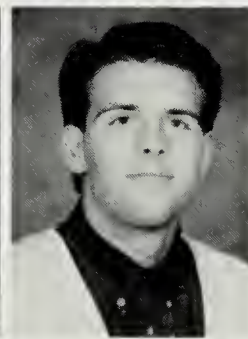
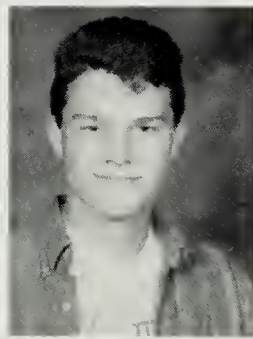
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Andrea Haines (9)
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Frank Hall (10)
John Hall (10)



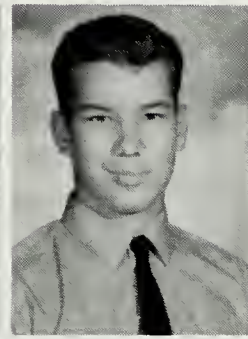
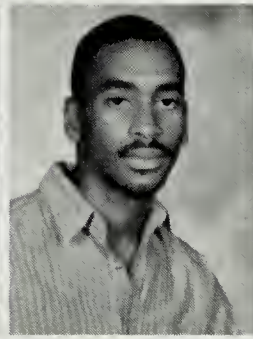
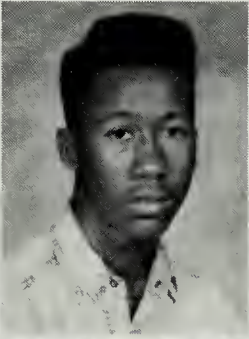
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Elijah Ham (10)
Sherry Hambleton (9)
Nasrin Hamid (10)
Shabia Hamid (10)



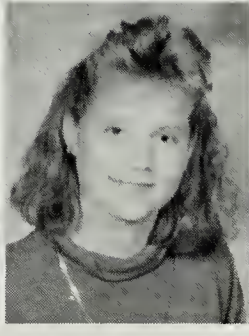
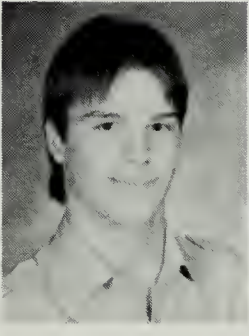
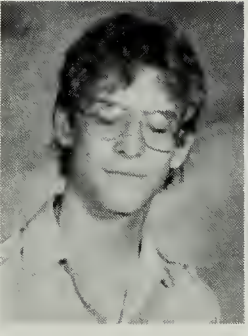
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Kim Hamilton (11)
Nicole Hamilton (10)
Philip Hamilton (11)
Kirk Hammett (10)



Michele Hammett (11)
Heather Hammond (9)
Larry Hammond (11)
Clint Hunkley (9)
Matthew Hanna (9)
Bradley Hansen (11)



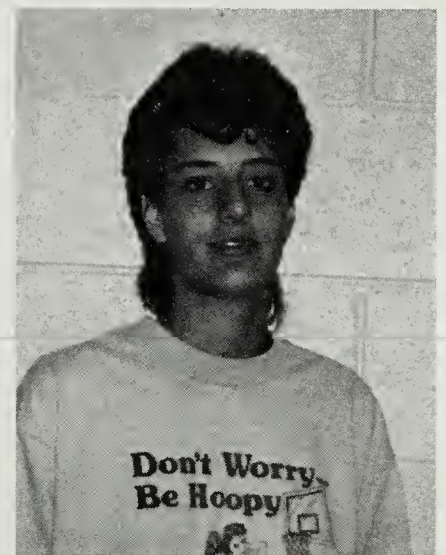
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Michael Harden (11)
Donna Hardesty (9)
Jennifer Harding (10)
Tarick Harding (11)
John Harman (9)



David Harold (10)
Dennis Harold (9)
Kevin Harper (10)
Amy Harrigan (9)
Christine Harrigan (10)
Seth Harrigan (10)

"The pet I have is a poodle. It is a pekingese. The name of my pet is Champ. He is named after my first dog."

Sophomore Jenny Linthicum



T-shirts rock the world

Many people own a Hard Rock Cafe shirt whether it's from nearby Washington D.C. or from across the ocean in Moscow. The people who don't own a shirt want one, or plan on getting one soon. Sophomore Bobbie Plenty has several t-shirts from London, Houston, Chicago, and Tokyo. Her favorite is her white shirt from Iceland; it is also a collector's item. "I also have pins, a hurricane glass, a menu, and a magazine," commented Bobbie.

Junior Ryan Pruitt, who also would like a jacket, has white sweatshirts from New York and Washington D.C. He wears them at least once every two weeks. Fauzea Hussain ate at the San Francisco cafe three years ago and

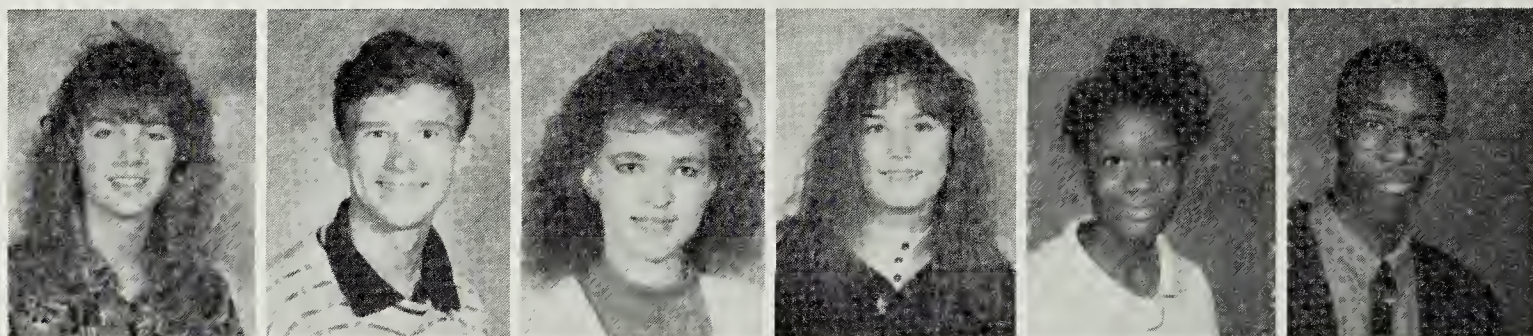
got a white shirt. "I only wear mine about three times a month," she said. Toby Farr also has several shirts from Hawaii, London, and San Francisco. Neither junior Bonny Higgins nor junior Joanne Federico has a shirt, but both plan on getting one.

Freshman Shelly Burt never went to the Hard Rock Cafe, but her grandmother sent her a black shirt from New York. It seems as if everyone has a shirt from one place or another, and no one can get away from the Hard Rock Cafe.

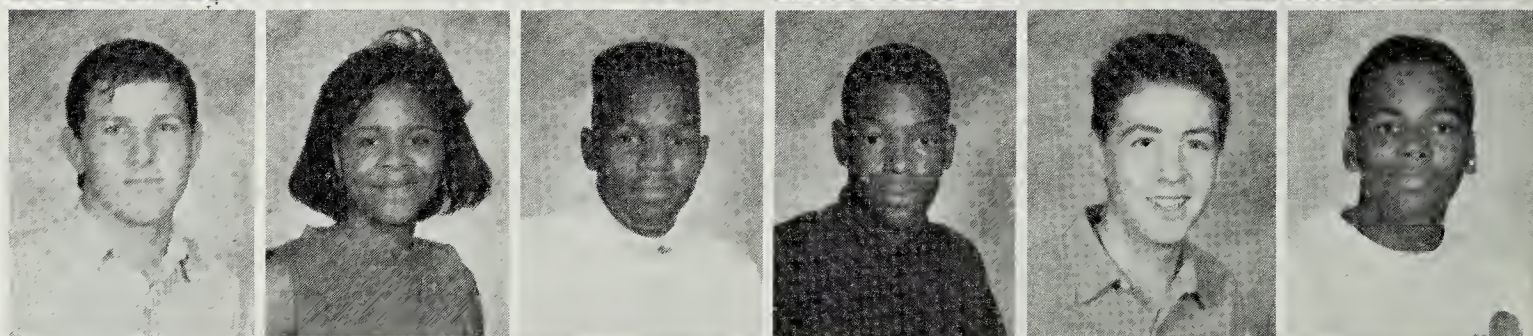
Giving his wardrobe the look of an international traveler, sophomore Aaron Hoplin sports his London Hardrock Cafe t-shirt.



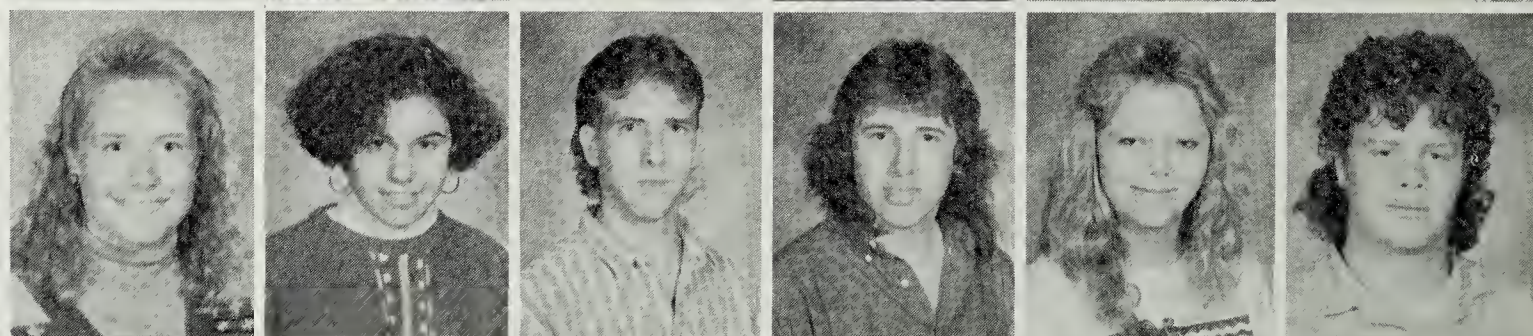
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Lynn Harris (11)
Monica Harris (9)
Pedro Harris (10)



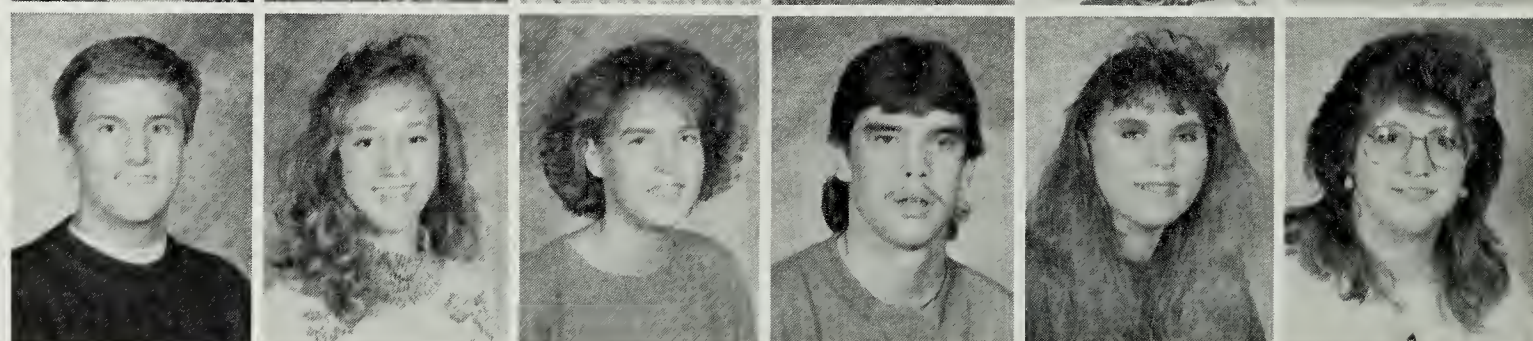
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Michael Harrison (9)
Weldon Harrison (9)



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James Hart (11)
Robert Hart (11)
Daile Harter (10)
Andrew Hartmann (10)



Eugene Hartmann (9)
April Haslacker (11)
Dawn Haug (11)
Matt Haugh (11)
Stephanie Haun (11)
Racquel Haven (9)





De'Antawn Haygood (9)
John Haynes (11)
Cynthia Haywood (10)
Jessica Heath (9)
Christa Heckman (10)
Chris Hegele (9)

Brian Helmerson (9)
Rachel Hemmer (11)
George Hemphill (10)
Lisa Hemphill (9)
Beth Henderson (11)
Christina Henderson (9)

Pamela Hendrix (10)
Jill Hensley (9)
James Herald (9)
Luis Hernandez (9)
Michael Hernandez (10)
Sylvia Hernandez (9)

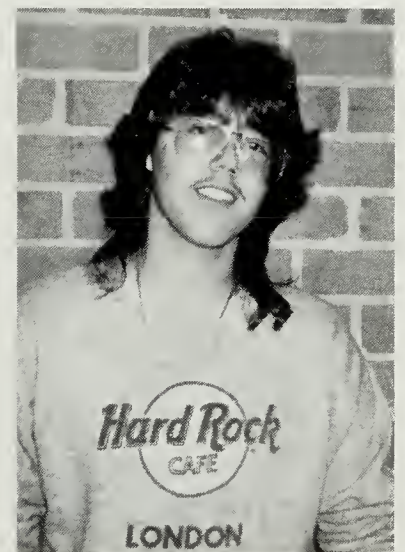
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A. R. Hersi (10)
James Hetfield (11)
Christine Hicks (9)
Dougald Hicks (11)
Morris Hicks (10)

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Nikki Hielt (11)
Bonny Higgins (11)
Tem Higgs (9)

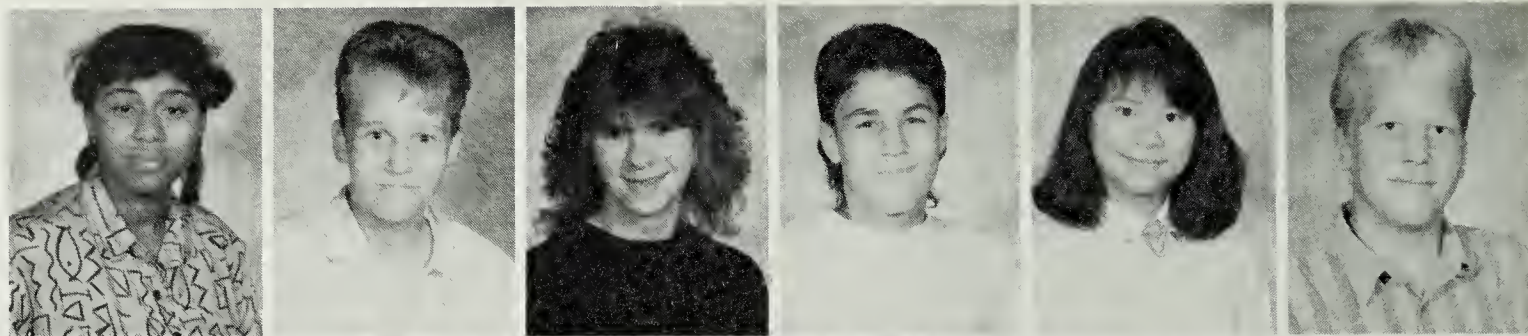
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Theodore Hilios (10)
Kathleen Hill (10)
Donald Hill (9)
Thais Hill (11)
Khalid Hillali (10)

"The Hard Rock Cafe reflects my view of music, because I like to listen to Rock-n-Roll. To me, the whole restaurant is a museum."

Junior Kraig Smith



Nazik Hillali (11)
Terralynn Hines (9)
Lisa Hinrel (9)
James Hissins (9)
Jennifer Hoang (9)
Brian Hobson (10)



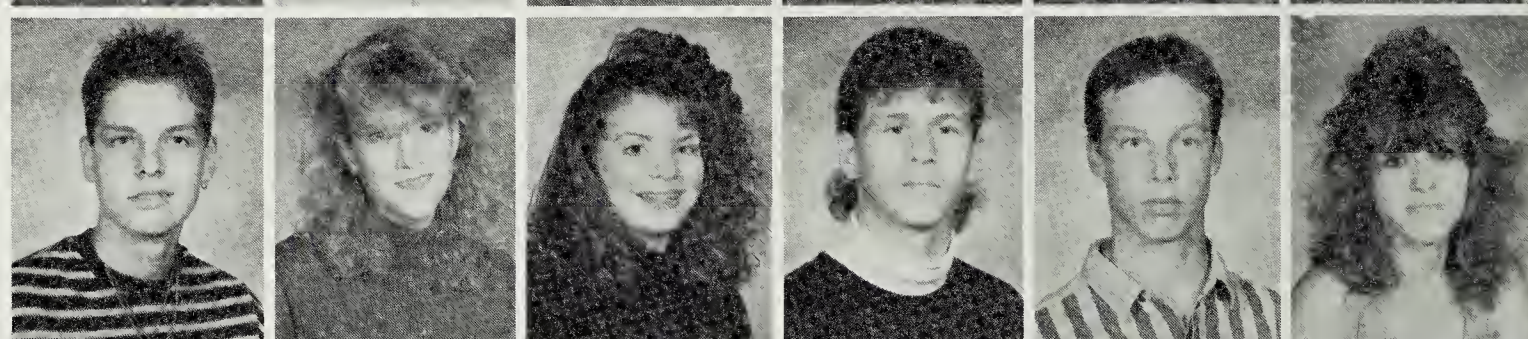
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Amie Hodge (11)
Wendi Hodges (9)
Aaron Hodson (9)



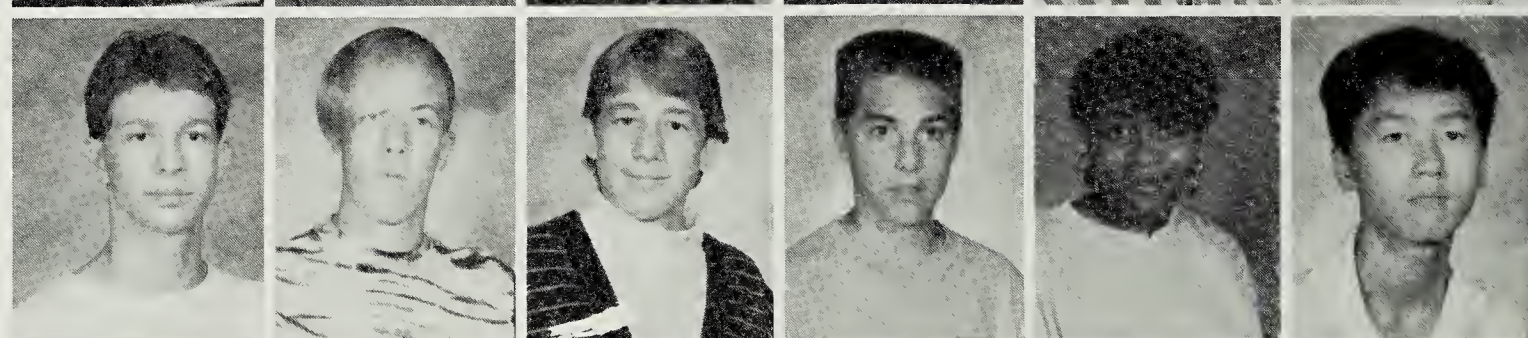
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Matt Hoff (10)
Stephanie Hoffman (9)
Denise Holbert (11)
Christina Holland (10)



Greg Hollandsworth (11)
Cheri Hollar (10)
Heather Hollis (9)
Tim Hollomon (10)
Robert Holloway (10)
Alice Holmes (11)



Jeff Holmes (9)
Kevin Holmes (9)
Robert Holstein (10)
Seth Holwarth (9)
Lashanya Hon (9)
Jungpyo Hong (10)

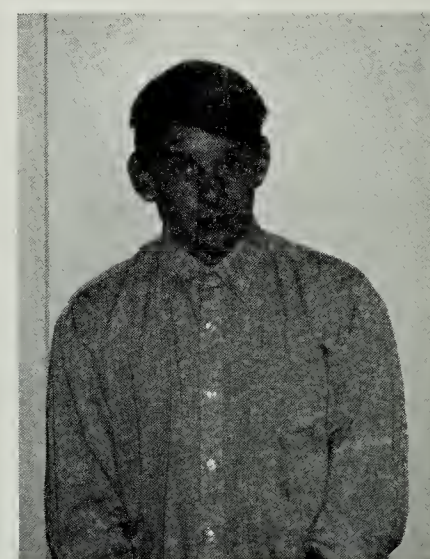


Sun Hong (10)
Charles Hooke (9)
Carl Hoover (10)
Angie Hopkins (10)
Jeremy Hopkins (9)
Heather Hornauer (10)



"I like earrings because they reflect my mood, and they make me feel cool. I think that it's more popular for guys to have a single earring."

Freshman Brandon Duncan





Earrings reflect different tastes

Peacocks have feathers, leopards have spots, and people have earrings. Ever since the first man punched a hole in his ear to decorate it, the earring has been used as everything from a fashion statement to a sign of wealth to a symbol of rebellion.

From huge hoops to sparkling diamonds and from peace signs to dollar signs, either sex sporting one earring, or three, is not uncommon in classrooms at Gar-Field. While it used to be a stigma for a guy to wear an earring, when popular male rock stars started wearing an earring, it became cool for high school guys, too.

Most male earrings are just studs, or other small objects,

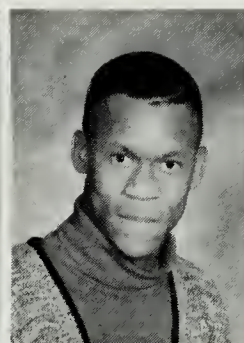
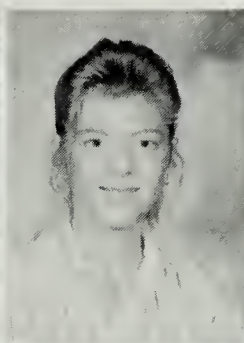
Wearing two earigs per ear as junior Heidi Dieringer did was popular.

like crosses or hoops, unlike the huge horns seen on women this year.

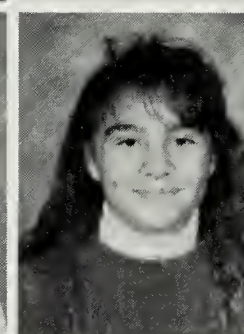
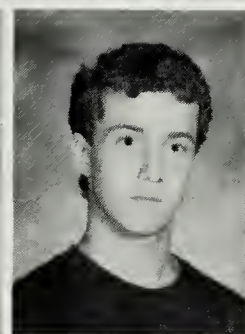
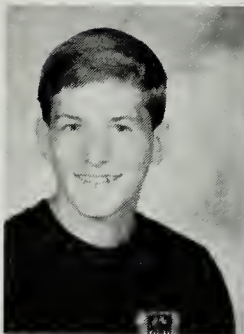
While some guys are casual about their new jewelry, others see it as a sign of rebellion. Some guys think an earring is a sign of wimpiness, others think it's the hip thing to do. Junior Tony Matos said, "I think it's okay. If I could I would do it."

Although the guys are wearing studs, the girls are wearing big earrings. Huge gold horns, bunches of trinkets, and baroque ornaments are stretching earlobes everywhere. As the focal point of an outfit or as an accessory, earrings were regarded as indispensable by females.

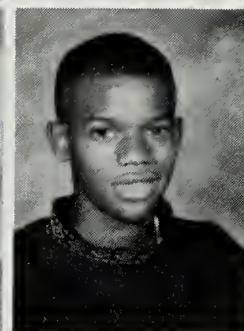
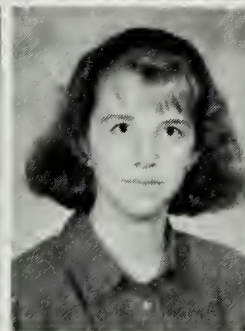
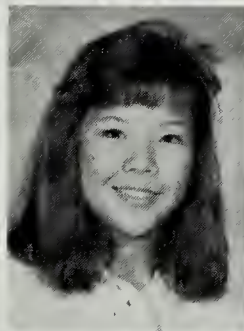
Sophomore Michelle Seymour said, "Earrings should reflect your personality and style; they should say something."



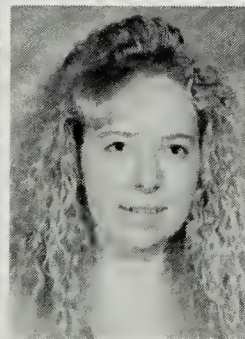
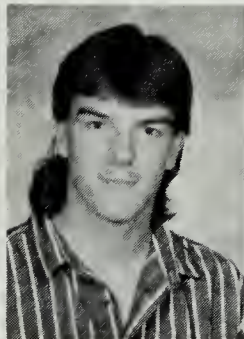
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Daniel Housier (10)
Robert Hovmiller (9)
Dair Howard (9)
John Howard (10)



Michael Howard (10)
Chad Howlett (10)
Andrea Hubbard (9)
John Hudson (10)
Joy Hudspeth (9)
April Huffman (9)



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Clint Hunkley (9)



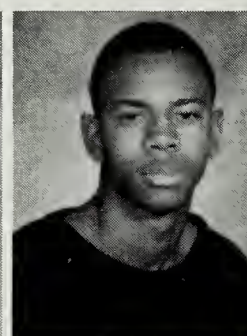
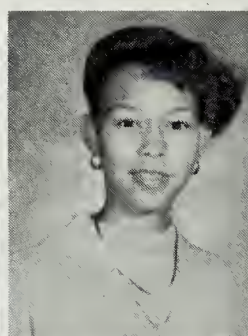
Jennifer Hunter (10)
Brett Hurm (9)
Matt Hurst (10)
Cybil Huss (10)
Fauzea Hussain (10)
Chris Hutchens (10)

"A first impression is a judgement I make until I meet them for the second time, but it doesn't count permanently."

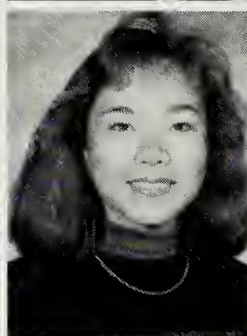
Freshman Jeff Wiggins



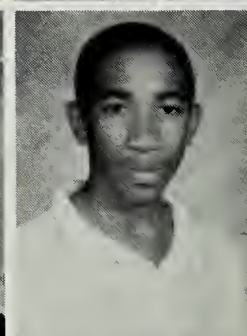
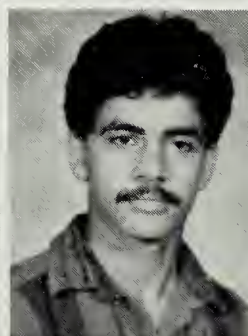
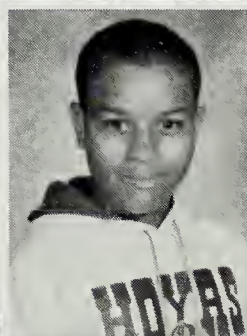
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Brian Howard (11)
Laconda Howard (11)
Korey Hudspeth (11)
Mark Huff (11)



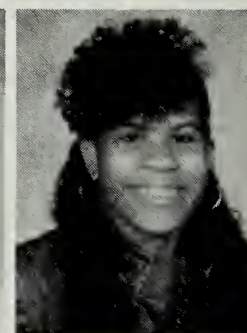
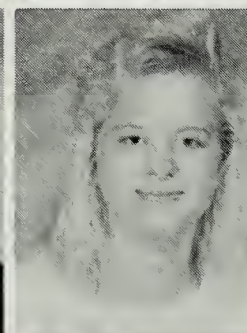
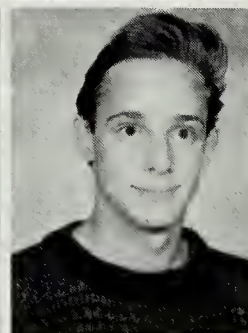
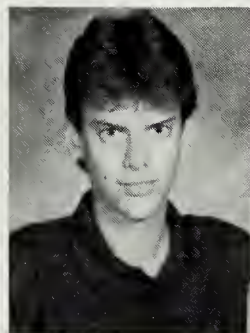
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Donna Hundley (11)
Christina Hurlburt (11)
Kimberley Hutchison (9)



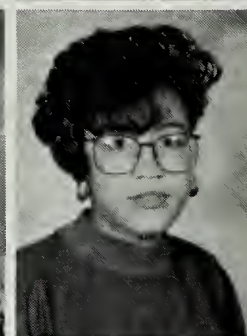
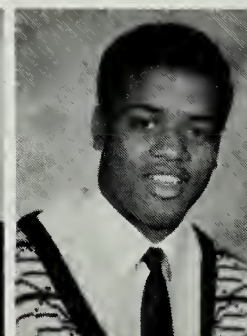
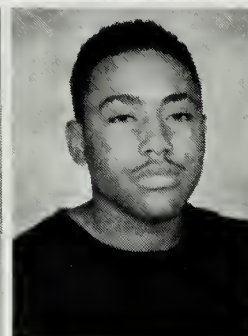
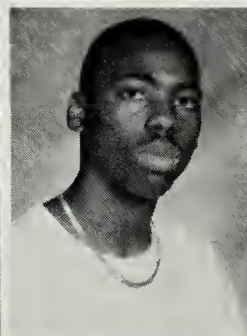
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Natasha Hyman (10)
Richard Hyman (9)
Abobaker Ibrahimkhil (11)
Brian Imel (10)
Isaac Ingram (10)



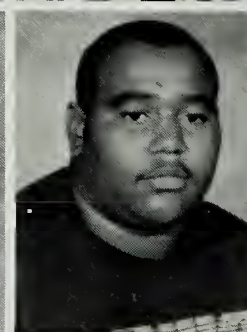
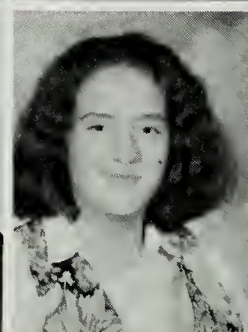
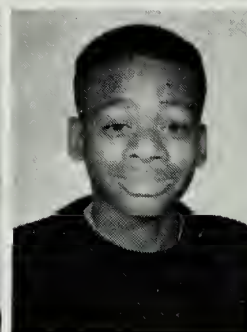
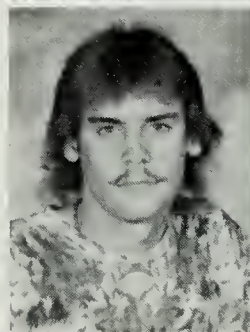
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Justin Inscore (9)
Marty Irvine (11)
Angela Isaac (10)
Cheryl Jackson (9)

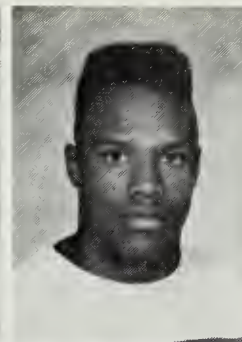
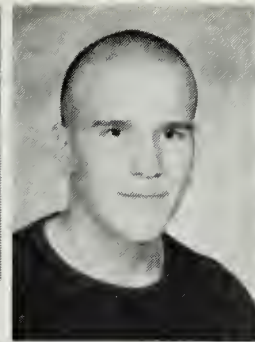
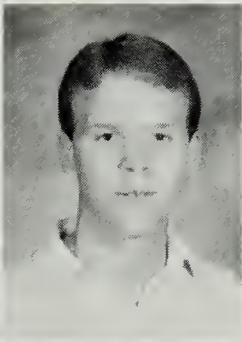
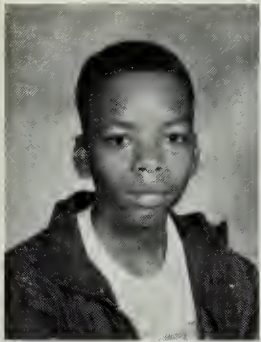


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Kenneth Jackson (10)
Mario Jackson (11)
Michael Jackson (11)
Nina Jackson (9)

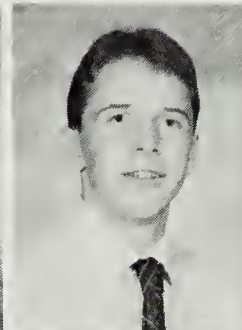
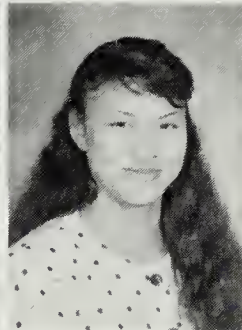
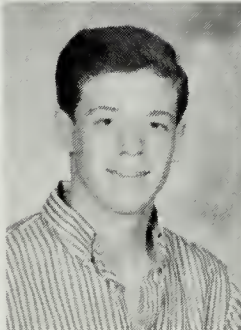
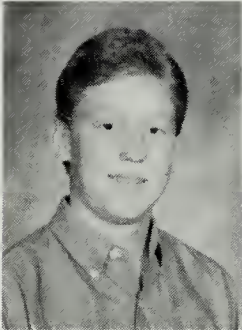
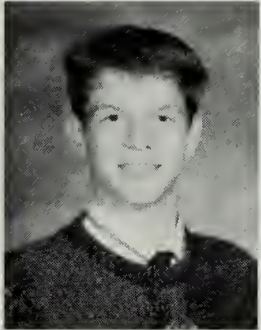


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Sandy Jackson (10)
Terrence Jackson (9)
Tobey Jackson (9)
Tony Jackson (11)
Michael Jakub (10)

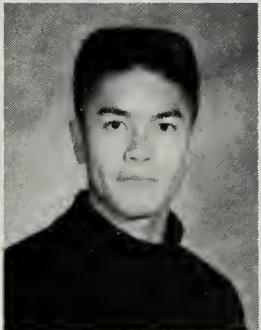




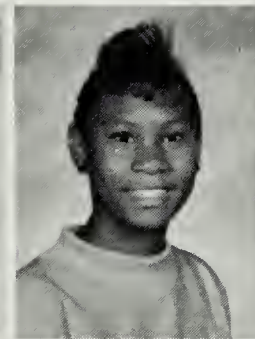
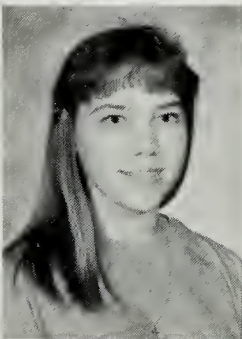
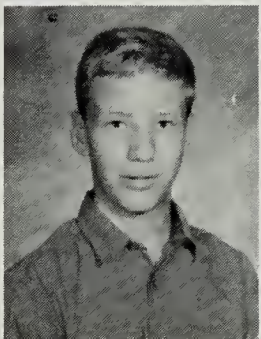
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Jason Jeifried (11)
Angela Jenkins (11)
Erik Jenkins (10)
Stephanie Jenkins (9)
Warren Jenkins (9)



Larry Jenkinson (11)
Scott Jenson (10)
Brian Jersey (10)
Thomas Jespersen (9)
Christina Jewett (11)
Matthew Jillson (11)



Michael Jimeno (10)
Amy Johnson (11)
Andrew Johnson (9)
April Johnson (11)
Carey Johnson (9)
Cassandra Johnson (11)



Charlie Johnson (9)
Danielle Johnson (9)
Danny Johnson (9)
Diana Johnson (9)
Faizah Johnson (11)
Jessica Johnson (9)



People often judge others on a first impression. This kind of tactic is used by many people. "I judge people by their first impression," said junior Ryan Pruitt, "I think everyone does it to some degree."

Since first impressions are extremely important, many people focus on having the right look and image. "You usually judge a person on the first ten seconds that you look at them and that is what makes your first impression," said junior Brian Hill.

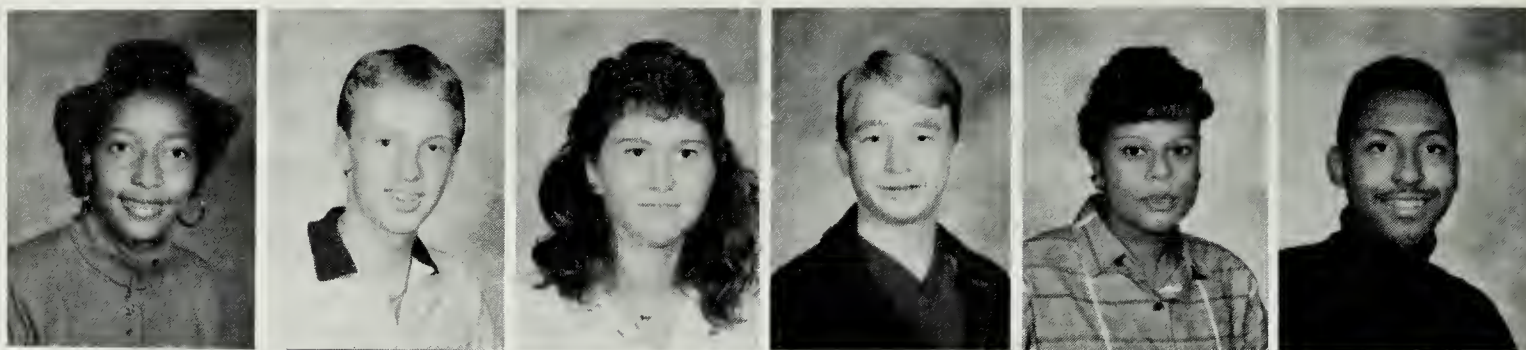
Sometimes first impressions can be a disadvantage in trying to meet people. "I don't think that first impressions are that important because

that is not how the person really is, you have to get to know them first," said junior Stephanie Cuff. Since different social groups are stereotyped by the clothes they wear, clothing can be important in making the right first impression. When a person wishes to enter a certain social group, they tend to buy the same clothes that the other members are wearing.

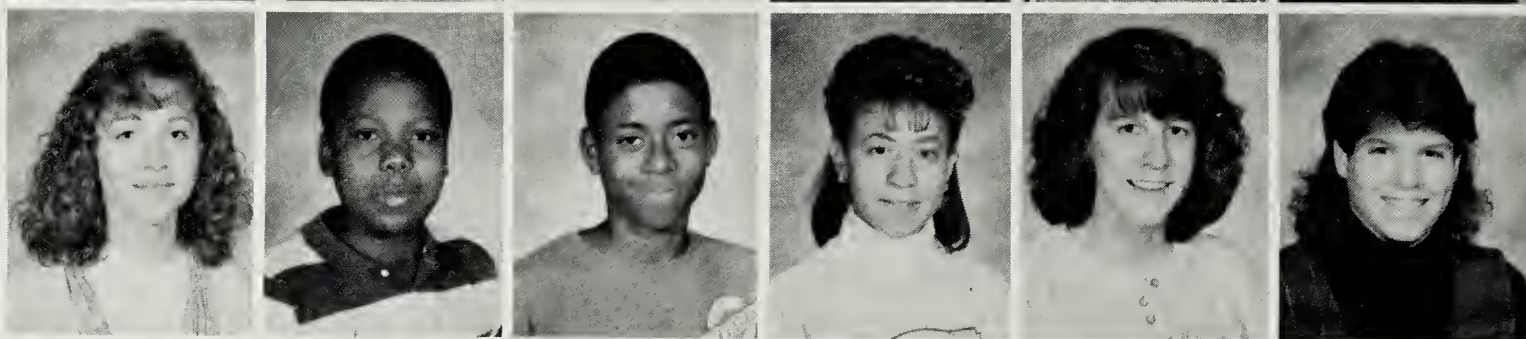
Overall, first impressions are not always what a person is really like. Sometimes people try to impress each other so much that they end up giving each other the wrong impression, or even scare the other person away. It's very hard to get to know people when you judge them by their first impression. When you get by the judging, you just might find a good friend.

Concentrating on another student, freshman Lisa Studds and her friends form an impression.

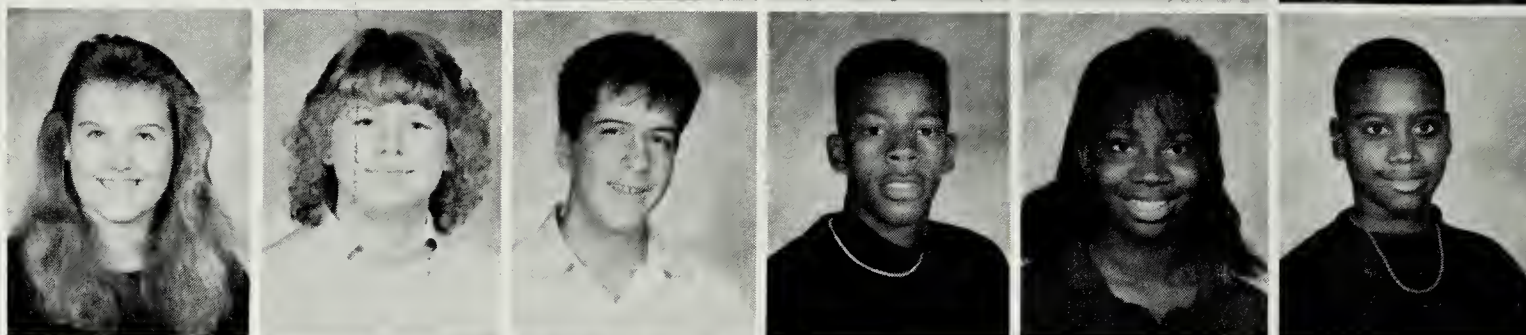
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Lloyd Johnson (10)
Michelle Johnson (9)
Nathan Johnson (9)
Nicole Johnson (11)
Reginald Johnson (10)



Taira Johnson (10)
Tequa Johnson (9)
Tony Johnson (9)
Wandshall Johnson (10)
Lady Johnston (10)
Elizabeth Jolly (11)



Emily Jolly (9)
Annemarie Jones (10)
Bryan Jones (10)
Bryant Jones (10)
Christie Jones (11)
Christopher Jones (9)



Heather Jones (10)
Jason Jones (9)
Jikeya Jones (9)
Kerbie Jones (9)
Keven Jones (9)
Lisa Jones (11)



Future Realities Draw Closer

Once, thinking ahead entailed nothing more than doing a homework assignment on Tuesday that was due on Friday. While it's true that most seniors were being forced to make decisions that effected the rest of their lives, the levels of preparation for the underclassmen varied more from person to person.

For most freshmen, future planning began by planning their classes for the next few years in Garfield. Few students had any idea of what they wanted to do after high school, just adjusting to high school was enough.

Sophomores, however, began to form ideas about their future lives. Courses started an interest in professional fields. Sophomore Travis Fitzwater not only had his career in mind, he also chose his college. "I plan on going to Virginia Tech and become an aero-

nautical engineer after I graduate."

The crunch for future plans and thinking ahead really hit the juniors. People began taking harder classes in preparation for college and taking the SATs became a real worry. Juniors also began examining why they wanted to do what they planned to do. Junior Shannon Raymond said, "I want to become famous, because I like to entertain people and make them happy."

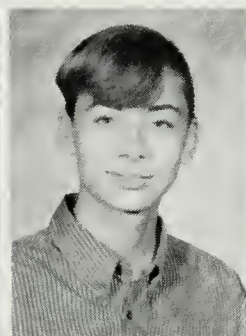
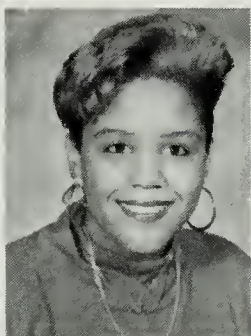
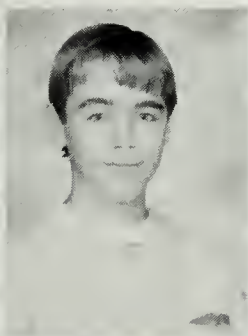
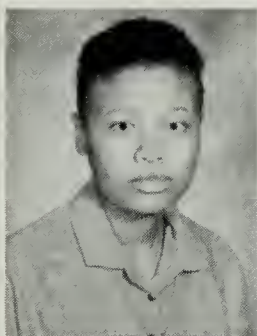
Junior Ryan Duncan admitted the difficulties he may be facing. "I want to be a vet, I like animal science, but my worst subject is math. I'll have to study hard."

After college sophomore Margie Borsiquot plans to be a singer.

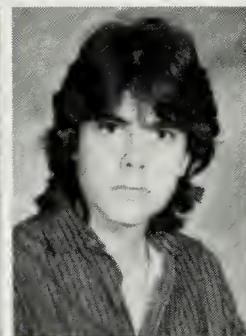
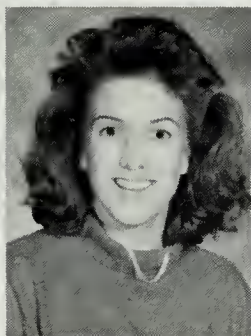
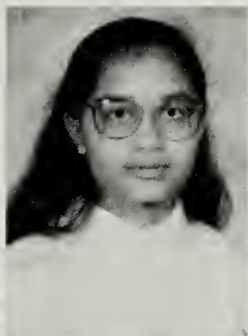


"My goal in life is to be a computer analyst, because I like working with computers. My cousin influenced me in my goal."

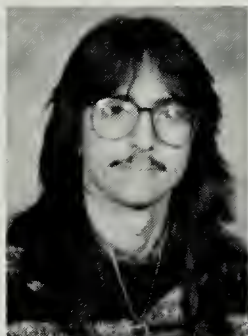
Junior Stacey Tonge



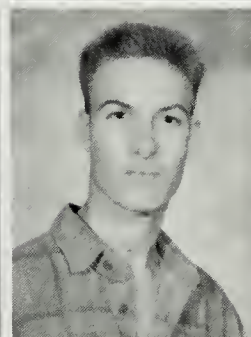
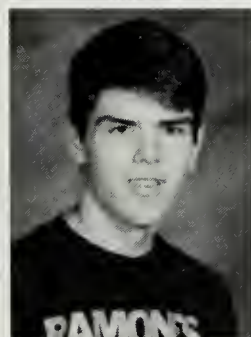
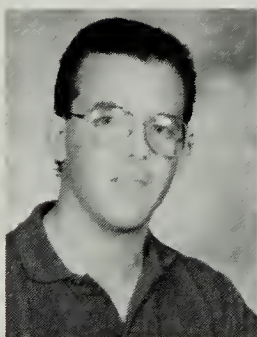
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Tamaica Jones (10)
Jeanine Jonson (9)
Sonoma Jordan (10)
Ian Jung (9)



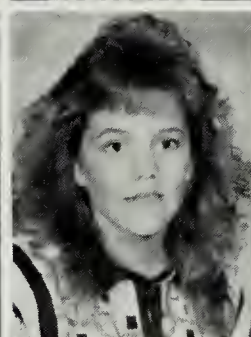
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Sabrina Kalin (10)
Cristin Kane (9)
Lauren Kampans (10)
Aaron Kaplan (10)



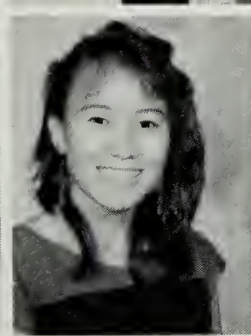
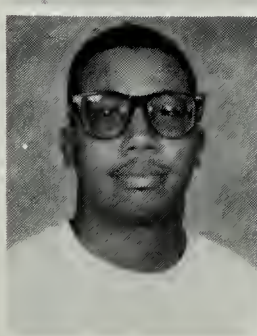
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George Karakatsanis (10)
Dorothy Karis (10)
Eugena Karstetter (11)
Douglas Kay (9)
Michele Kazinski (11)



James Kearns (10)
Melissa Keener (10)
Amy Kellerman (10)
Demian Kelly (10)
Jason Kelly (11)
Angela Kelso (9)



Michelle Kelson (10)
Chris Kemp (10)
Danny Kennedy (11)
Nicole Kennedy (9)
Robby Kennon (9)
Brian Kenny (9)



James Kent (10)
Daniel Kerns (9)
Brandie Kerr (9)
Kristin Kerrigan (11)
Wendy Kerscher (10)
Harrison Kerschner (11)

Stickers reflect personalities

"When I Grow Up I Want to be a Cadillac" Is this a new student trying for a body from a body shop, or one of the myriad of bumper stickers seen in the parking lot?

Bumper stickers reflect personality for either the car or the person who owns it. They are interesting for other drivers and passing observers in parking lots to read. Stickers themselves can reflect hobbies, or interests. Many a Grateful Dead bumper sticker is on the back of a VW.

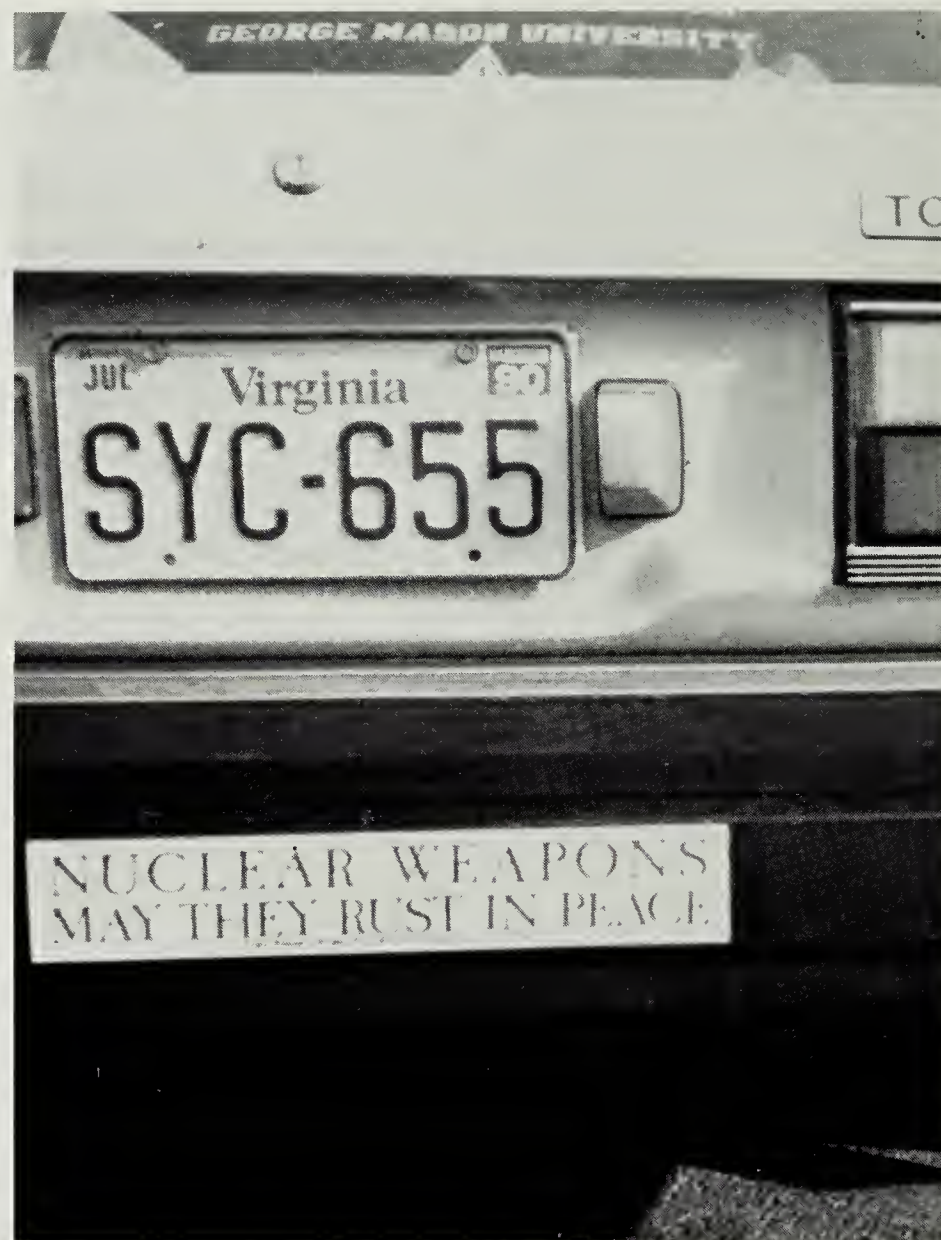
Although many people get a small kick out of reading them, the same amount would not want them on their cars. Sophomore Guyrin Wilburn explained, "I think bumper stickers are ugly. I like to read funny ones though, as long as they're on

other peoples' cars."

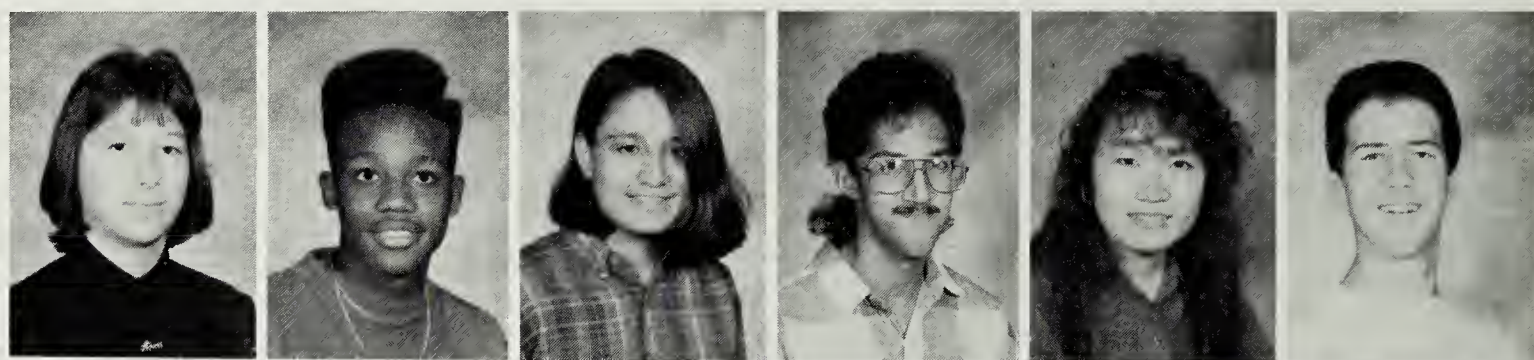
Senior Susie Touset agreed, "99.9 percent of bumper stickers are stupid. Like the ones that say, 'I love dogs,' who cares who loves dogs. But I generally hate bumper stickers."

She added, "There are some funny ones though, like ones that say 'Don't laugh it's paid for.' At least they have a sense of humor about driving a piece of junk."

Although many bumper stickers are meant to be humeroud and entertaining to motorists, the driver of this car made a statement about political issues through anti-nuclear weapon and anti-war stickers.



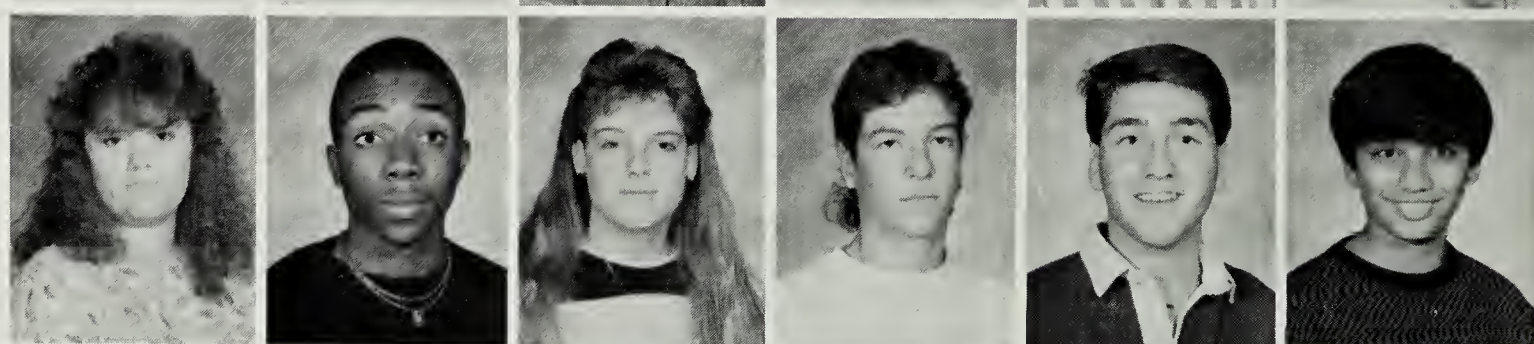
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Damion Keyes (9)
Zunaira Khalid (10)
Akram Khan (10)
Helen Ki (10)
Brad Kibler (9)



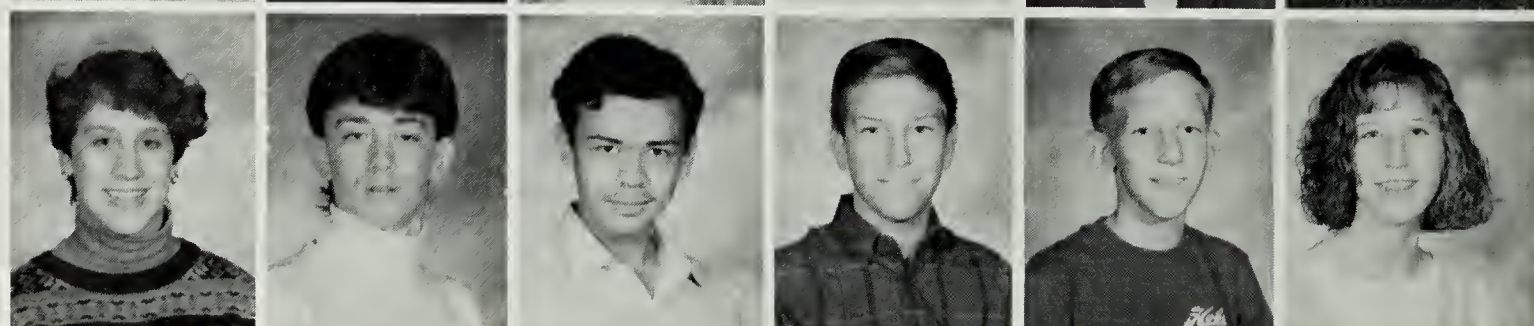
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Brad Killingsworth (11)
Jeff Killingsworth (11)
Arlene King (11)
Jared King (9)
Jennifer King (10)



Sharon King (10)
Steven King (10)
Tammy King (11)
Todd King (9)
Jonathan Kinzinger (10)
Adnan Kirza (9)

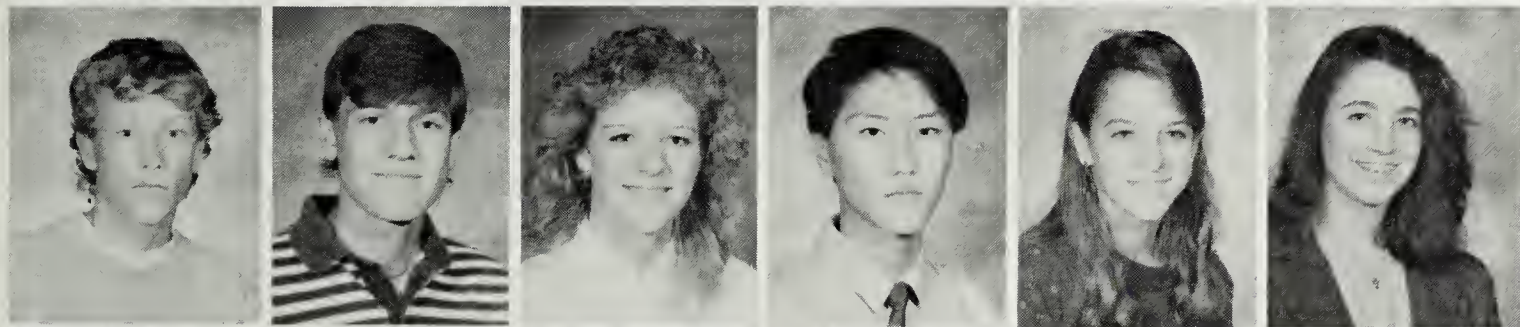


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Tom Kissinger (11)
Spencer Kitchens (9)
Andrew Klapmust (10)
Matthew Klapmust (9)
Amy Klemstine (9)

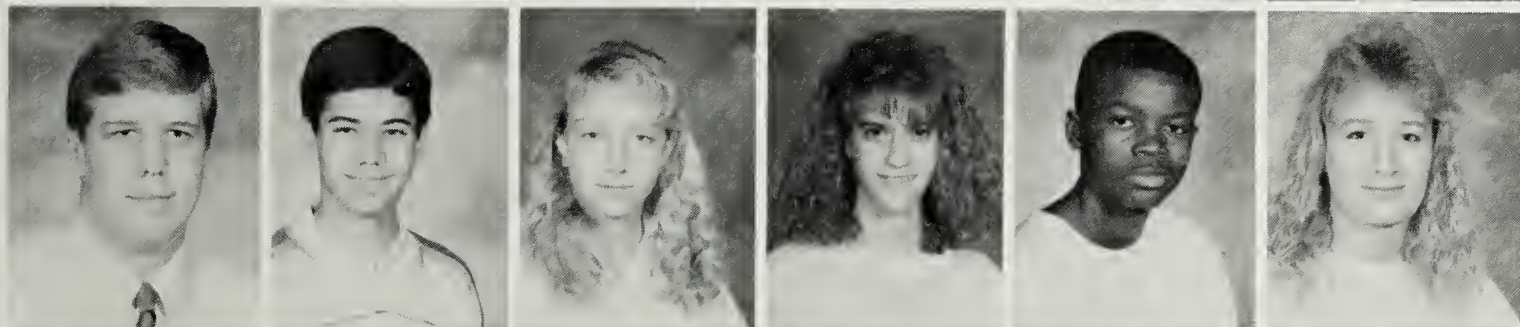




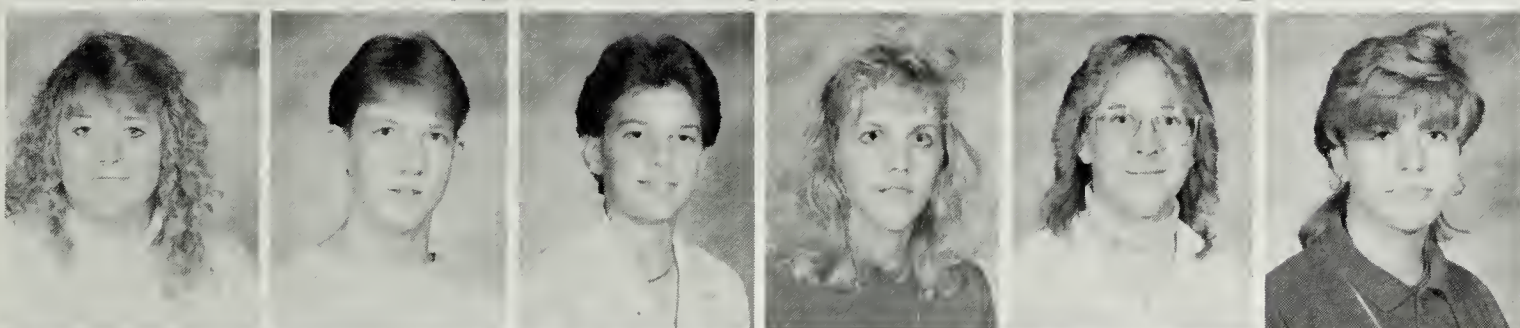
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Kerry Knepp (9)
Christian Knepper (10)
Matthew Knepper (9)
Chelsie Knight (9)
Heather Knight (11)



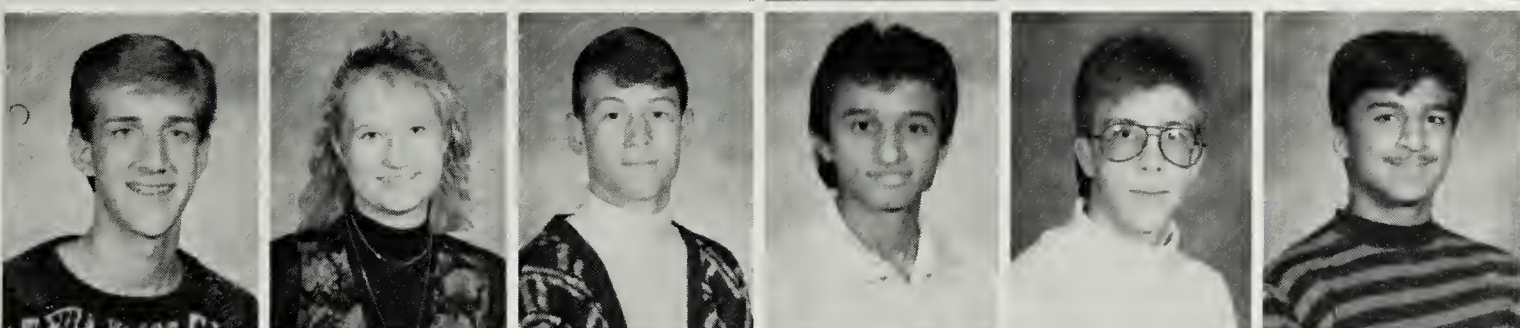
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Ricky Knott (11)
Heather Knox (11)
Jae Ko (10)
Danielle Kobasa (9)
Kim Kobasa (11)



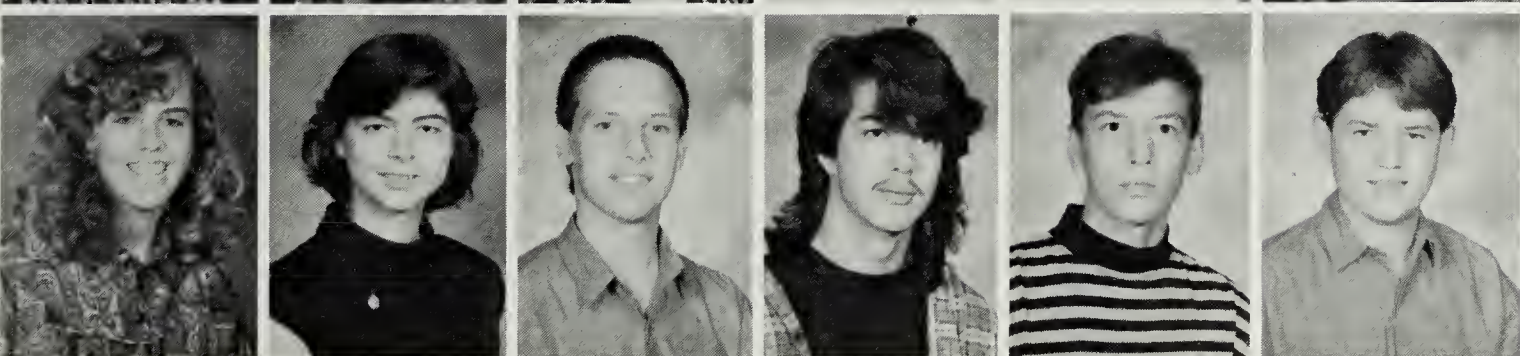
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Daniel Kokan (9)
Lisa Kollasch (9)
Stacey Kolleda (9)
Joe Koroma (10)
Tonya Kovack (10)



Nataure Kramer (9)
Scott Kramer (11)
John Kronebusch (9)
Debby Kruczek (10)
Kathy Kruczek (11)
Casey Kruer (9)



Timothy Kuehne (11)
Amy Kuhl (9)
Jeffery Kuhl (11)
Jatinder Kumar (10)
David Kunkle (10)
Sammy Kwatra (9)



Jennifer Labenz (10)
Lillianna Labiosa (10)
Donald Lace (10)
Chris LaFreniere (11)
Peter LaGuardia (10)
David Lakeman (10)

"The funniest bumper sticker I have read was, 'I'm fat, you're ugly, but I can go on a diet.'"

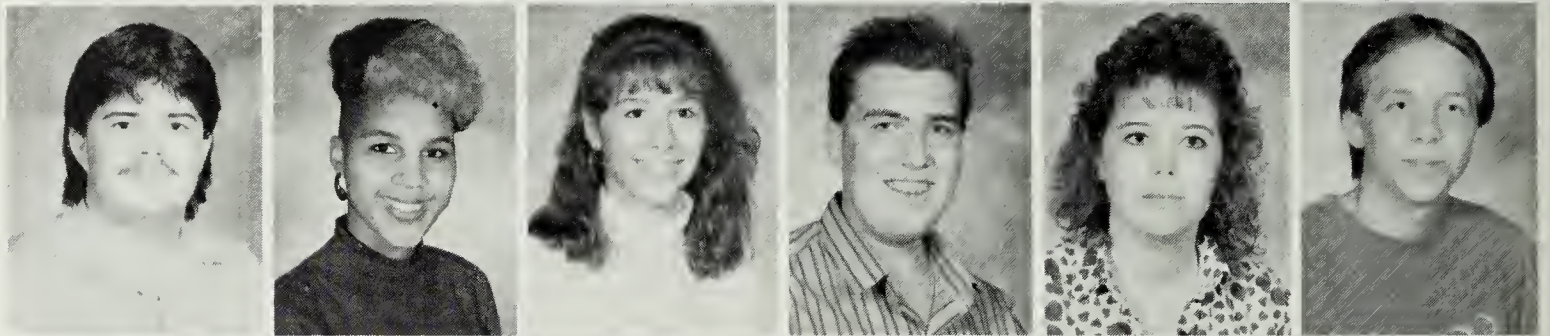
Freshman Bethany Clark



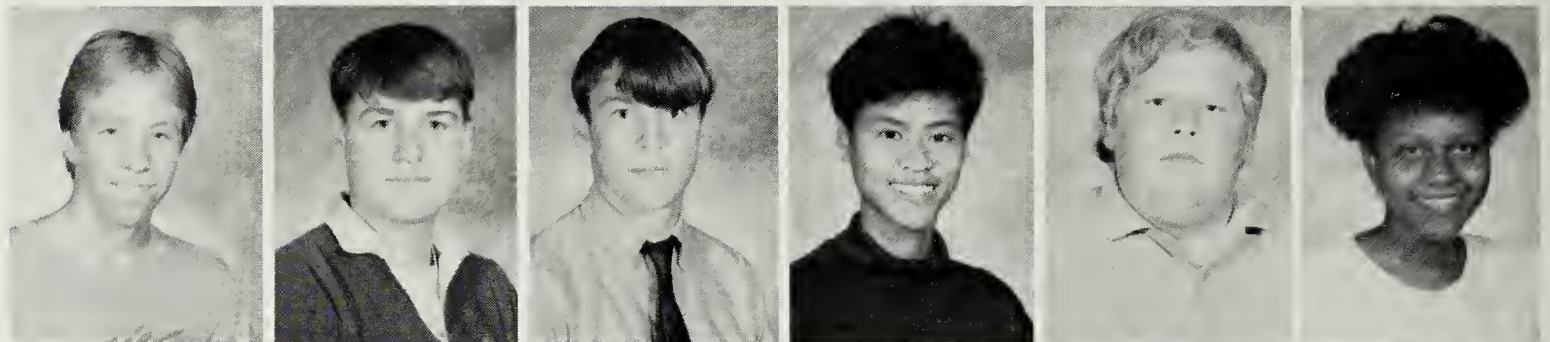
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 Bryan Lang (9)
 Shannon Lang (10)
 Nick Lanier (10)
 Todd Larson (10)
 Aimee Lass (11)



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 Tomega Latney (10)
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 Robert Laurence (10)
 Lori Lavey (10)
 Andrew Layne (10)



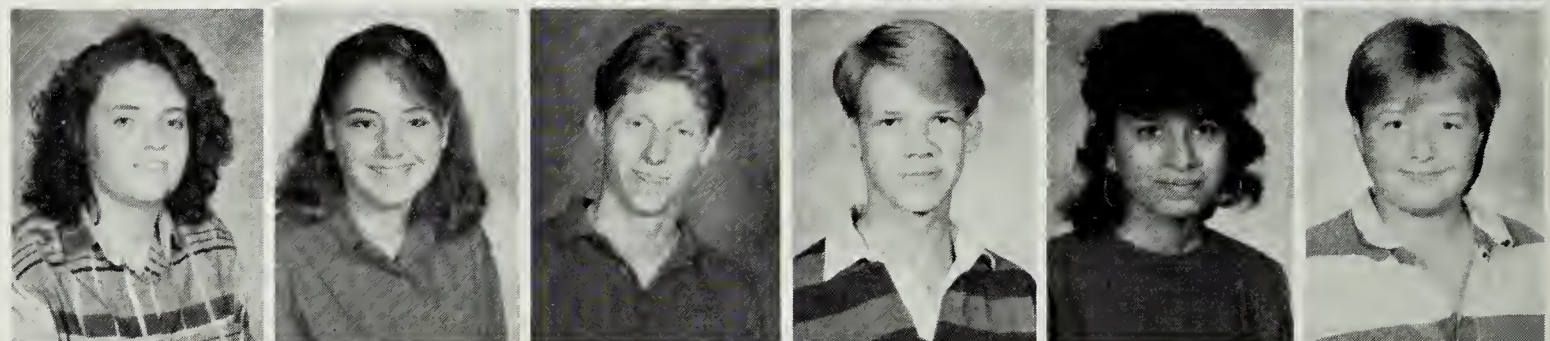
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 Brent Lazerson (11)
 Eric Lazerson (9)
 Phuc Le (10)
 Michael Leadbetter (10)
 Crystal Leake (10)



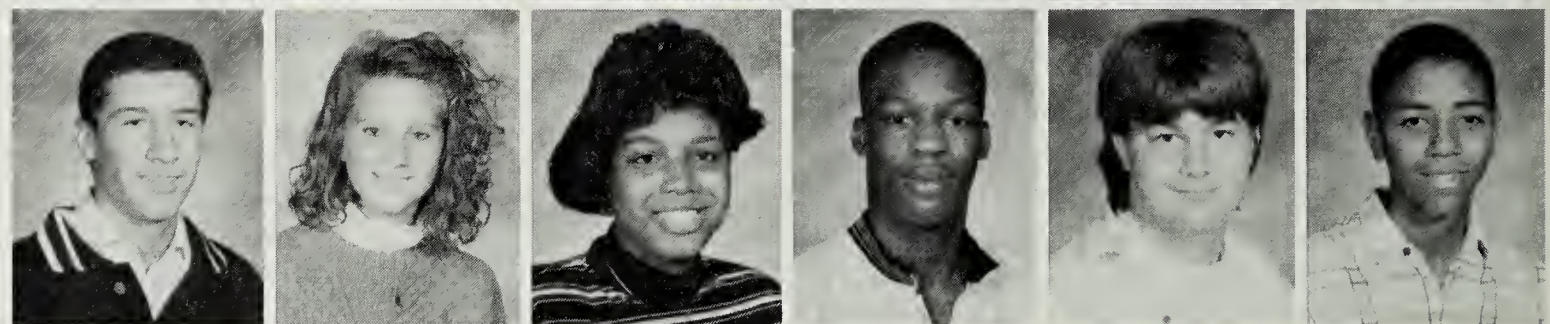
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 Takeya Leathers (9)
 Kathy Leavy (10)
 Matt Leavy (11)
 Candace Ledbetter (9)
 Ayana Lee (11)
 9/28/73-10/13/89



Evangeline Lee (10)
 Susan Lee (9)
 Jason Leicht (10)
 Larry Leitner (11)
 Veronica Leon (9)
 Brian Leonhardt (10)



Mark Lettmann (10)
 Jodi Levin (9)
 Carmen Lewis (11)
 Cass Lewis (11)
 Christopher Lewis (10)
 Gary Lewis (10)



"I like to skateboard, listen to music, look through magazines, and hang out with friends. "

Sophomore John Hudson





He was smiling mischeviously, a small box in one hand, his jacket in the other when suddenly I realized I was...

Daydreaming

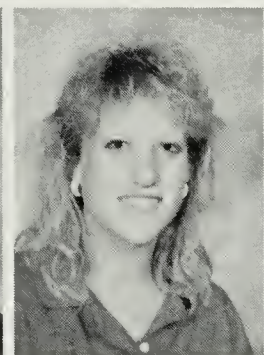
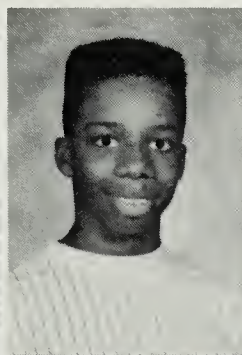
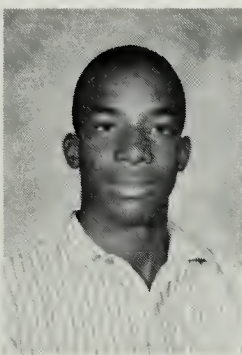
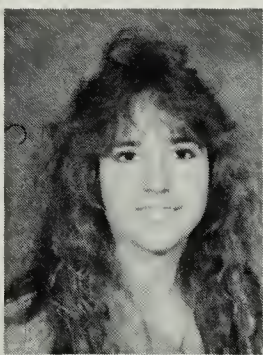
How many times have you been sitting in class listening to the teacher, and the next thing you know you're thinking about what you are going to do this weekend? Daydreaming is something that we all do. After we start, there is no stopping our minds from going to another planet.

One minute we're in class, and the next, well, we're all out to lunch. And we have all been in the situation where our teacher decides to call on us for the first time in a million

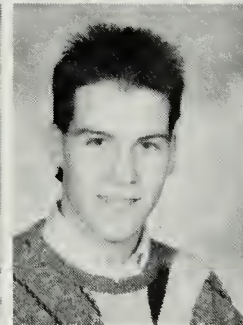
Trying to relax for a few minutes before class, sophomore Mark Poirier rests his head on his desk.

years, and we get caught in the act of daydreaming. If the teacher's yelling doesn't get us to snap out of our trance, then a big book slammed down on our desk usually does the trick, and in the process, embarrasses us to death.

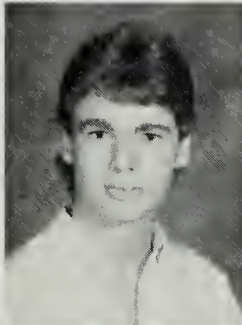
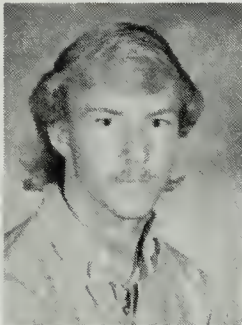
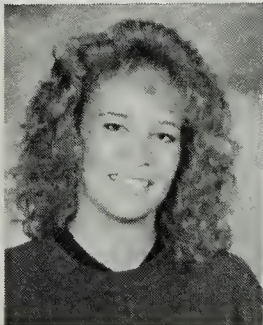
Daydreaming is a normal part of life that happens all of the time at Gar-Field. You try to avoid it, but it's inevitable. At least it's an escape from reality that we all can enjoy and use to our advantage. Just imagining the 'A' that we are going to get on our test helps us to do better and feel better about ourselves. So if you find yourself daydreaming, just relax and enjoy.



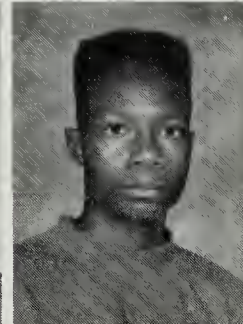
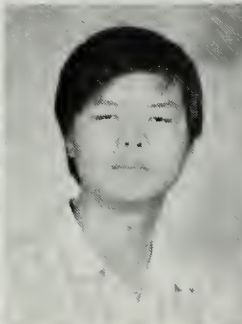
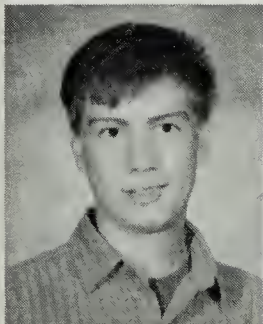
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Karyn Lewis (10)
Labaron Lewis (9)
Natasha Lewis (9)
Pam Lewis (10)



Tamara Lewis (10)
Sherry Lewko (10)
Lea Liburdi (10)
Jenny Light (11)
Kenneth Lightfoot (11)
Setoria Lilly (10)



Darra Lindgren (10)
Steven Lingenfelter (9)
Chris Liston (10)
Jennifer Lithicum (10)
Scott Little (11)
David Livesay (9)



Greg Lloyd (10)
Shannon Lloyd (9)
Pin Lo (10)
Jason Lockamy (9)
Kareem Lofton (9)
Brandi Logsdon (10)

"Pep rallies are okay, but they need a refreshment stand, because it gets hot in the gym."

Junior Rich Harris



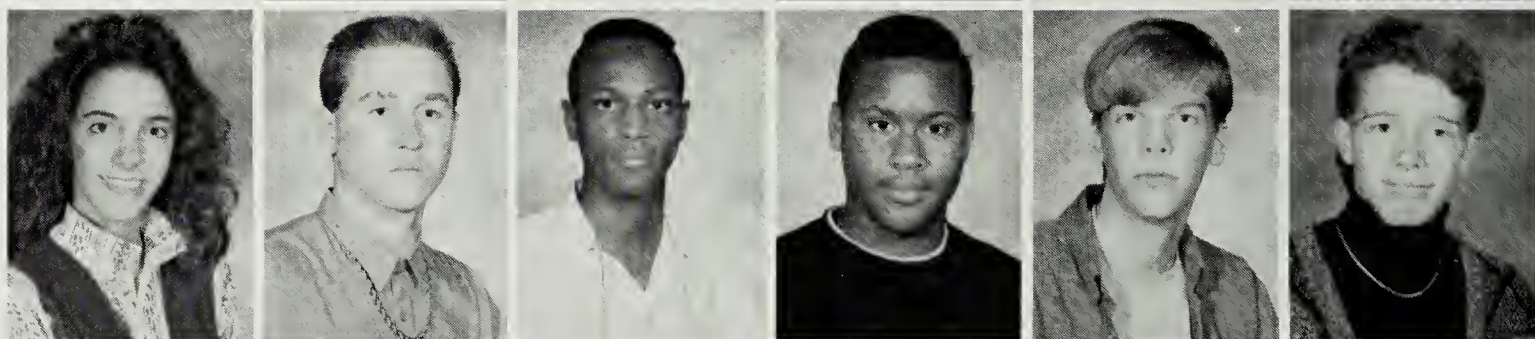
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Michael Lohnhardt (9)
Missy Loll (11)
Kathy Lomeli (10)
Stephen Lomeli (9)
David London (9)



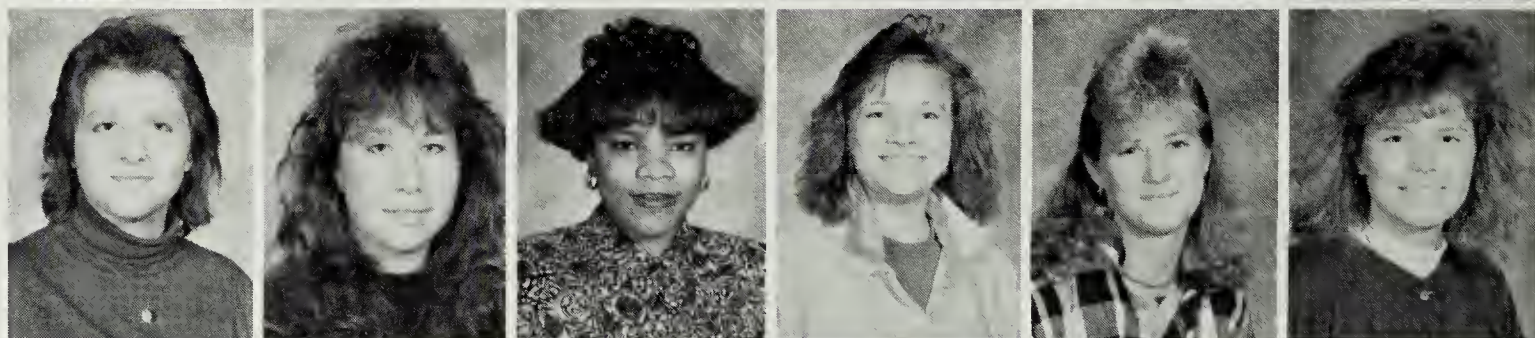
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Gina Lorenzo (9)
Barbara Loveitt (11)
Laura Loveitt (9)
James Lovell (10)



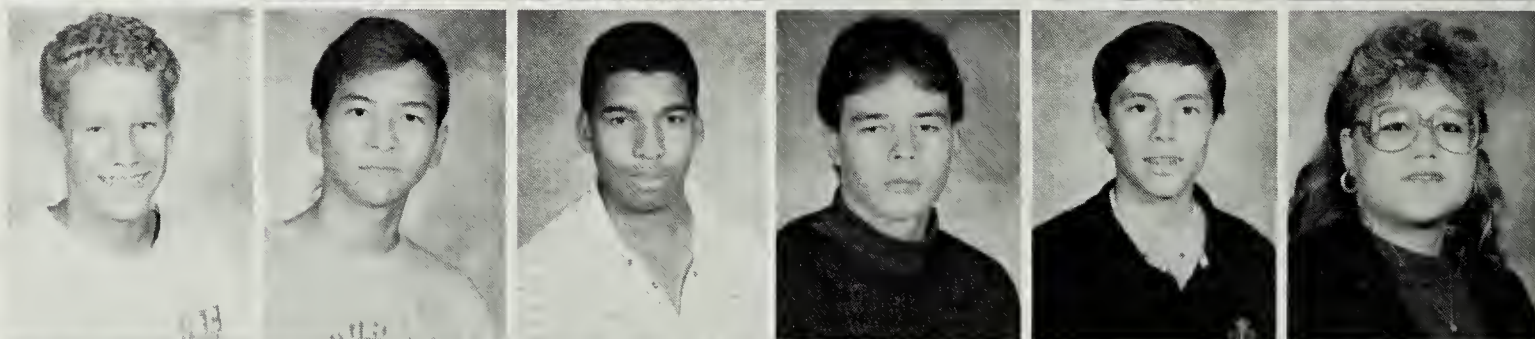
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Otis Lowe (11)
Troy Lowe (9)
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Robbie Lowman (10)



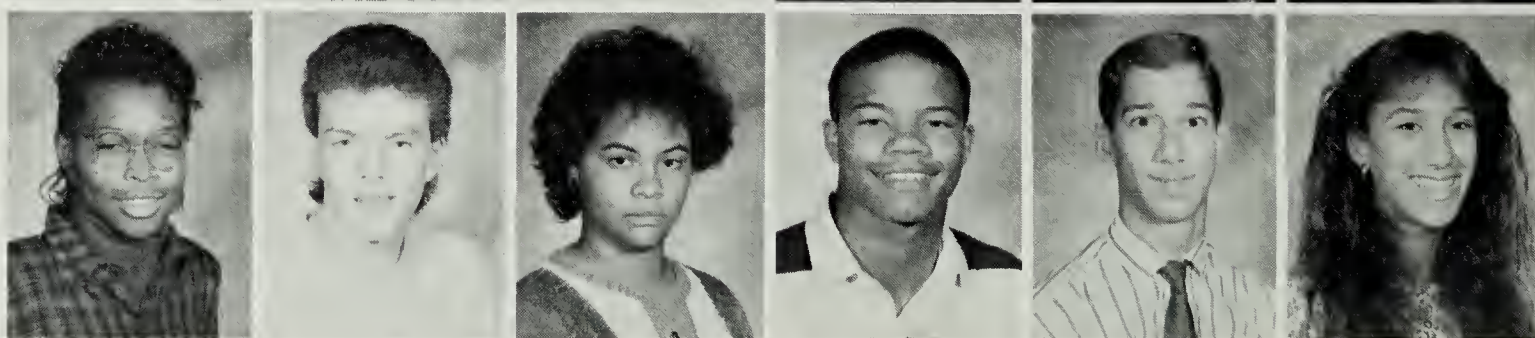
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Dawn Luellen (10)
Jessica Lusk (11)
Angela Luttrell (9)
Cynthia Lydell (10)
Chris Macejka (11)



Chris Mack (9)
Terry Mack (10)
Derek Mackey (11)
William Mackey (11)
Gary Macri (9)
Angela Macurdy (11)



Lavonne Maddox (11)
Brent Madison (10)
Kristi Madison (10)
Stephen Madison (9)
Francisco Madrid (11)
Melissa Madrid (9)





Danielle Mahan (11)
Heather Mahangoo (10)
James Mahoney (10)
Carl Mainwaring (9)
Amy Malekian (11)
Mohammad Malik (11)

Dana Mack (11)
Robert Mallard (9)
Erik Malmberg (9)
Susan Malone (10)
Christina Mangini (9)
Daunte Marchand (10)

Amy Marion (10)
Eric Mark (9)
Brian Marolda (11)
Don Marrow (11)
Judy Marsh (9)
Kristine Marshall (10)

Daniel Marshok (10)
Lonnie Martin (9)
Marvin Martin (9)
Melanie Martin (11)
Melvinia Martin (9)
Shawne Martin (9)



Where has all the spirit gone?

There was a time when spirit week meant that hundreds of students showed up dressed according to the day's theme, and when the game against Woodbridge wasn't practically "just another football game."

There was a time when students anxiously awaited the day when there were pep rallies in the afternoon, rather than getting early dismissals on those days.

So what happened to school spirit?

One of the biggest problems was that more students than ever had jobs.

Trying to boost school spirit, freshman cheerleader Sharon Eddy tries to help keep students loud and rowdy at pep rallies and games.

Despite the problems, there were people who worked at boosting school spirit.

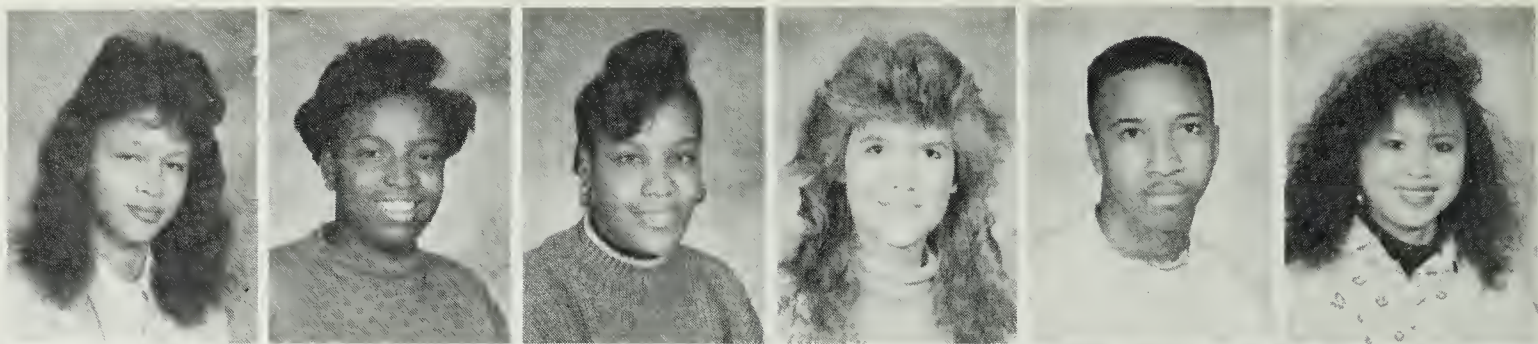
The cheerleaders cheered at games and led the pep rallies.

They performed skits at the pep rallies to help involve students in the activity.

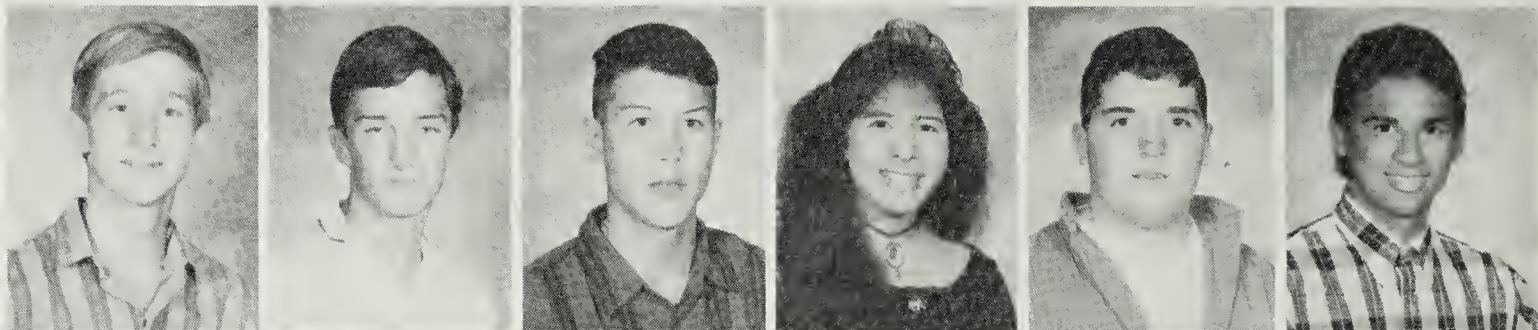
The Loud Crowd, a group of students who identified themselves with special t-shirts, kept the basketball games lively.

Encouraging the Loud Crowd and the rest of the school to support the basketball team, varsity boys' basketball coach Larry Bell decorated the school with posters and banners advertising upcoming games.

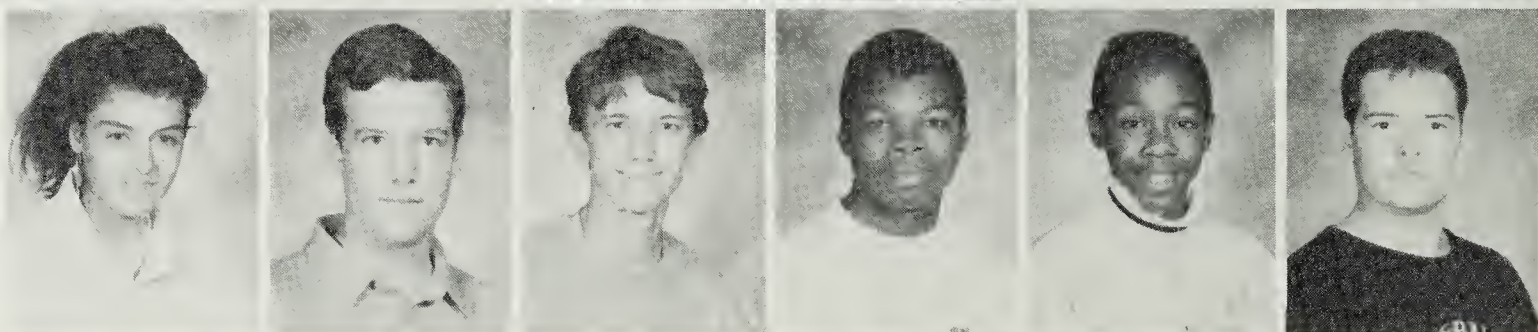
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Tasha Martin (10)
Latasha Masby (10)
Susan Maslanka (10)
Corey Mason (10)
Gina Mason (10)



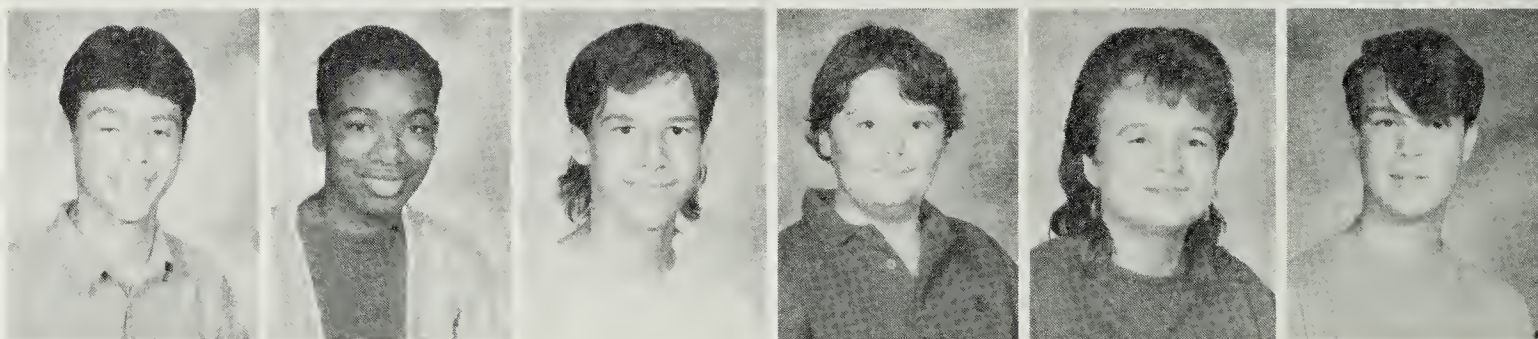
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Mark Masterson (11)
Jeff Matherson (9)
Norma Matias (11)
Brian Matis (11)
Anthony Matos (11)



Sebrielse Matta (10)
Thomas Matteson (11)
William Mattfield (10)
Dean Matthews (11)
Lewis Matthews (10)
Mark Matthews (10)



Jared Mattingley (10)
Michael Matthews (11)
Jonathan Mattiello (9)
David Mattingly (9)
Carol Maxfield (10)
Philip Maynard (10)



People catagorize each other

The Breakfast Club, a popular movie of the mid 80's, hits all too close to home in it's portrayal of high school stereotyping. The movie tells the story of a spoiled rich kid, a nerd, a jock, a freak, and a rebel who spend a day together in Saturday detention.

Students here often catagorizes themselves in similar groups or are labled as belonging in one of them by other students.

Of course, whether a student willing let him or herself be labled with such a stereotype depended a lot on the catagories in which they might fight.

While a student athlete might not mind being called a jock, a scholarly student might not appreciate being

called a nerd.

Another factor that might determine whether a student-eted minded being stereotyped was the image he or she was trying to create and who he or she hung around with.

Someone who wanted to seem wealthy perhaps wouldn't have minded being called a spoiled rich kid. Someone who hung around with all athletes might not have balked at being called a jock.

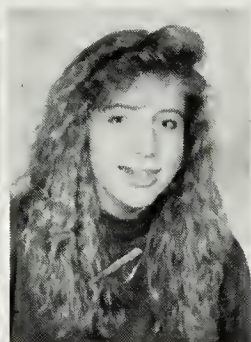
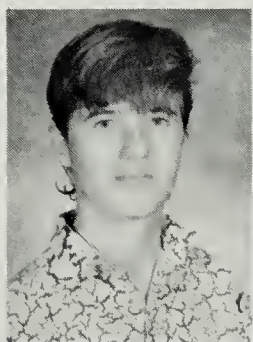
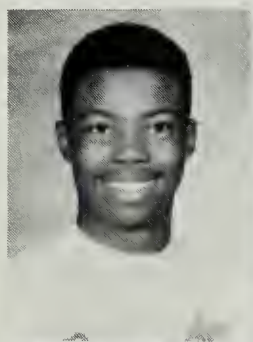
One of the biggest problems with stereotyping was that it occasionally enflamed tempers and got people in to unnecessary trouble.

Volleyball and soccer player April Haslacker, junior, might be stereotyped as a jock or an intellectual.

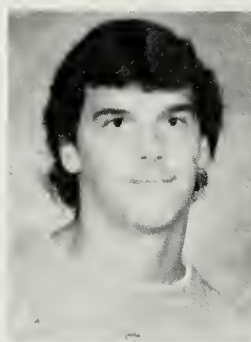
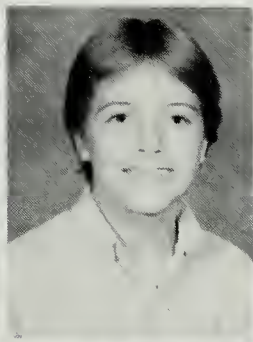
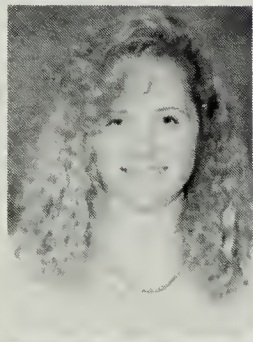


"You can't judge someone by how they look because it has nothing to do with the way they really are. A lot of people stereotype each other and they just assume things that aren't necessarily true."

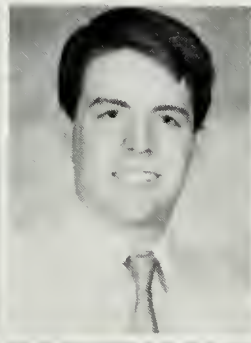
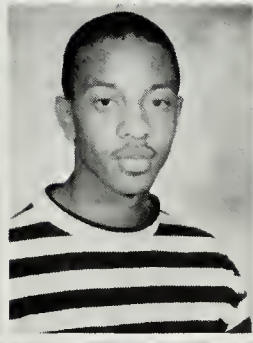
Freshman Anna Oremland



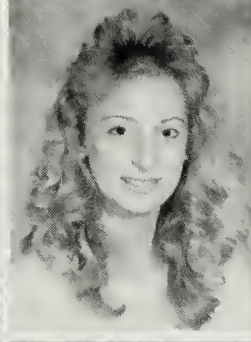
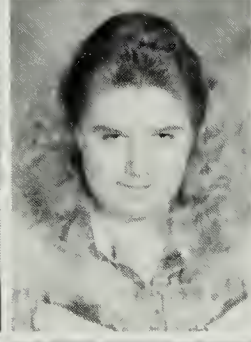
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Jessica Maze (10)
Paul Mazzone (9)
Kris Mazzotta (10)
Jenelle McAdams (9)



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Matt McCarthy (9)
Regina McCarthy (11)
Charles McClanahan (9)
Tim McClary (9)
Kevin McClelland (10)



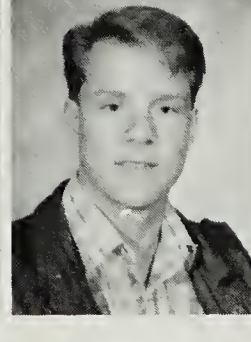
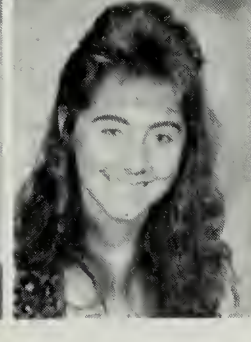
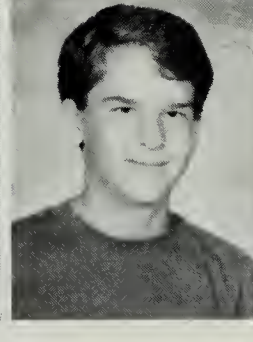
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Sandra McConnell (9)
Sean McCracken (9)
Jason McDonald (10)
Kenneth McDowell (10)
Jared McElwee (9)



Angela McEwen (11)
Serena McFaden (10)
Heather McHugh (9)
Curtis McIlwain (10)
Tony McIlwain (10)
Kristie McIntyre (10)



Lisa McKenzie (9)
Cory McKinley (11)
Molly McMahon (10)
Ian McManamey (10)
Scott McMoran (11)
Lataya McNeal (9)



Brian McNichol (10)
Jeremy McPike (9)
Heather McTague (10)
Becky McWharter (11)
Jimmy McWhorter (11)
Kelly McWilliams (9)

Symbols circle fingers

Class rings could be used as symbols for many things. It was a source of pride, a souvenir, or a gift signaling the closeness of a relationship.

To some, class rings were a status symbol, something to show your achievements. Junior Scott Little agreed, "It shows what school you went to and your interests and hobbies."

Athletes often have their sport on the side; people in music have notes on the side. The options are endless.

Rings, for others, had a totally different meaning. Most girls got theirs as jewelry, while guys tended to think of them as a memento of their years at Gar-Field. "It's a souvenir and something to remember Gar-Field by,"

said freshman Steve Ringald. While he, like most other freshmen, doesn't have a class ring yet, he plans on getting one.

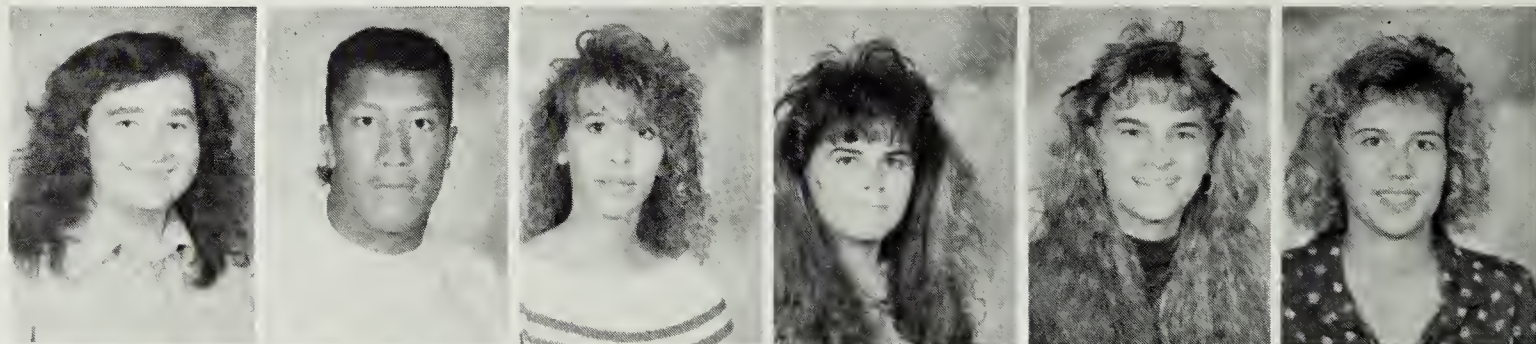
Most people do get a ring, but they don't keep it if they have a boyfriend or girlfriend. Swapping rings is common among serious couples, and some people even get a ring with giving it away in mind.

Some aspire to gaining one. "All my friends have older boyfriends, and they all wear their rings. I think that shows you have a serious relationship," said freshman Tracy Stinnett.

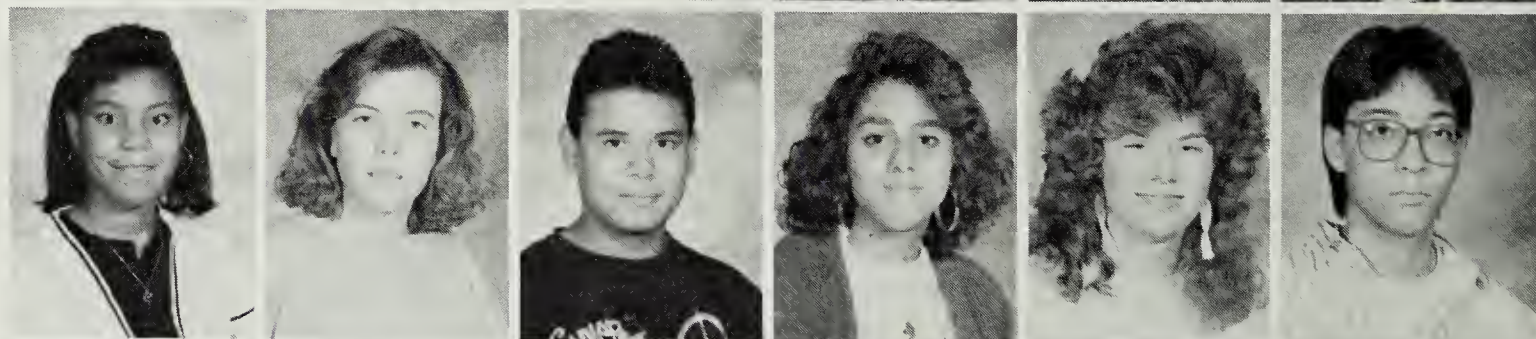
Many underclassmen look forward to the opportunity to buy a class ring.



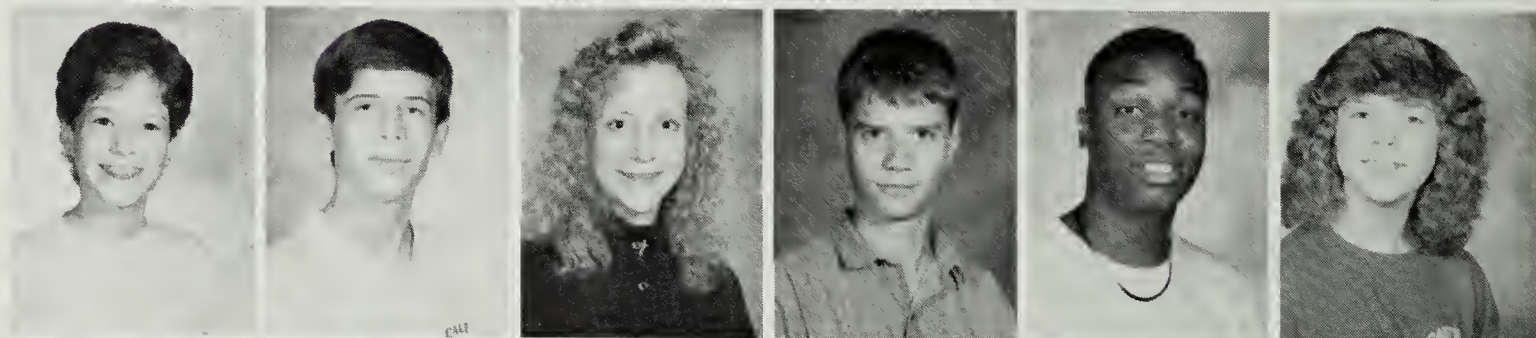
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Jay Medina (10)
Sandra Medeiros (9)
Shannon Meehan (9)
Kellie Meehan (11)
Robyn Megill (10)



Jackie Melton (9)
Christine Melvin (9)
Carlos Menendez (10)
Gina Menniti (9)
Cherie Messick (11)
John Meyer (11)



Denise Meyers (9)
David Mezzotta (9)
Bonnie Michell (9)
Michael Mick (10)
Freddie Mickins (10)
Robin Middleton (9)

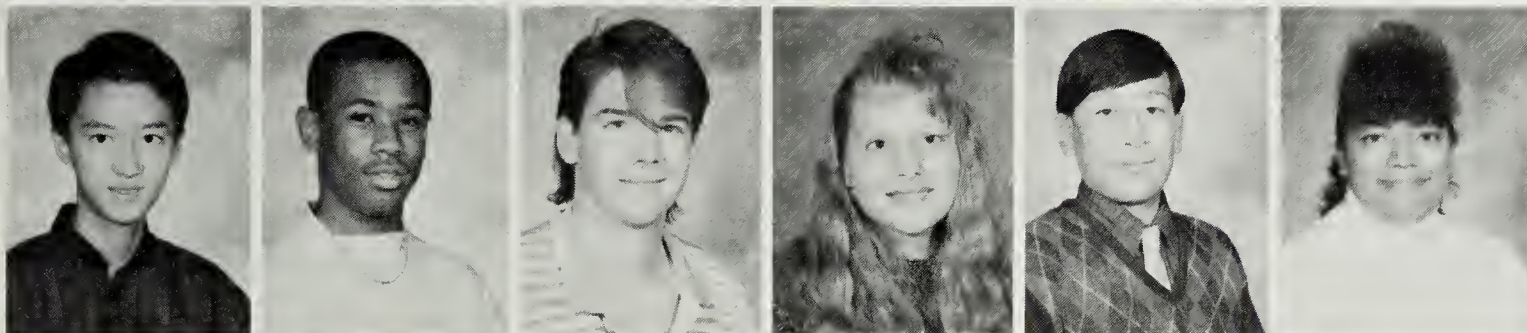


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Deborah Milanowski (10)
Andrew Miller (10)
Jennine Miller (9)
Jonathan Miller (11)

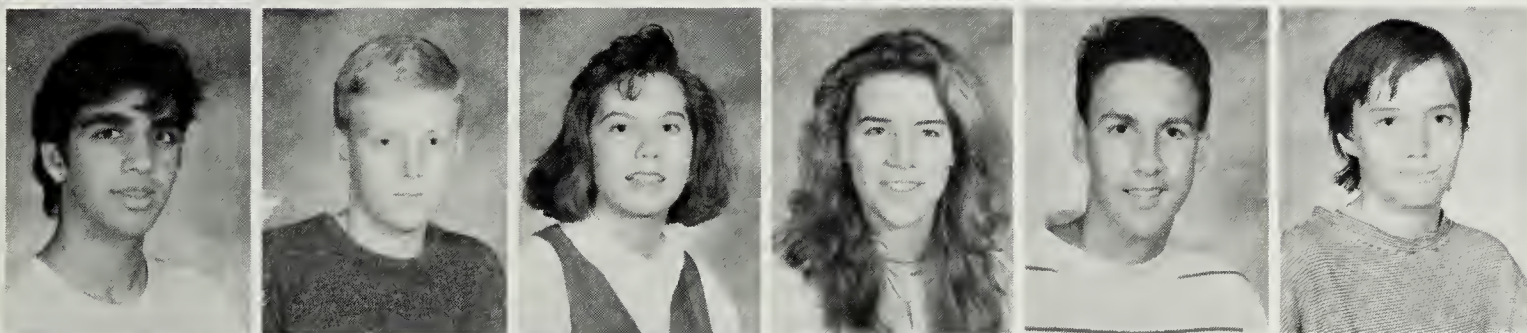




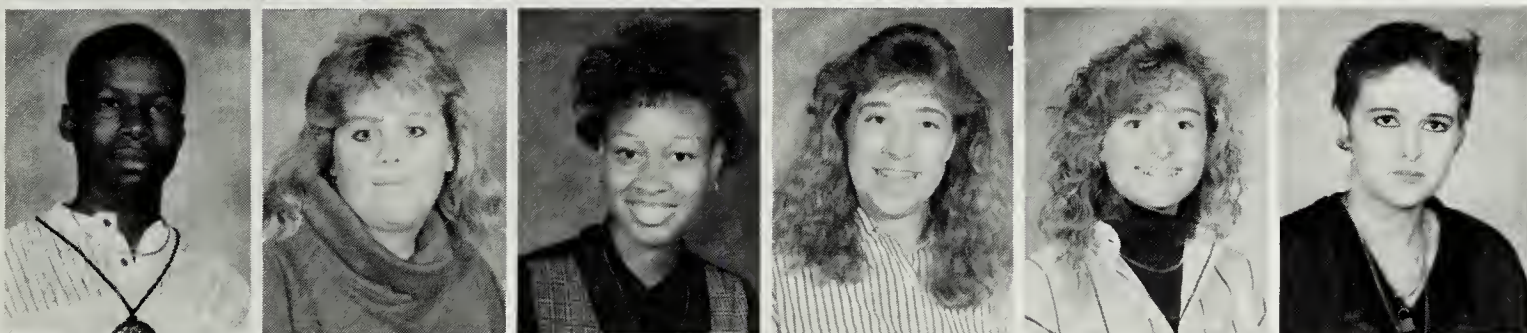
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 Marcie Miller (10)
 Michael Miller (10)
 Michelle Miller (10)
 Ronald Miller (9)



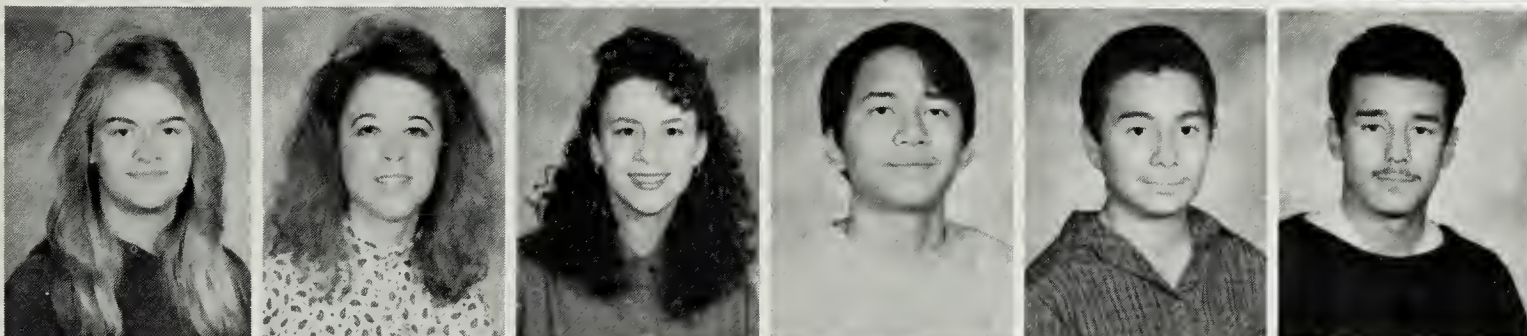
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 Theodore Mims (10)
 Mike Minnigh (11)
 Leigh Ann Minter (9)
 Joseph Mintzer (9)
 Yanina Miranda (9)



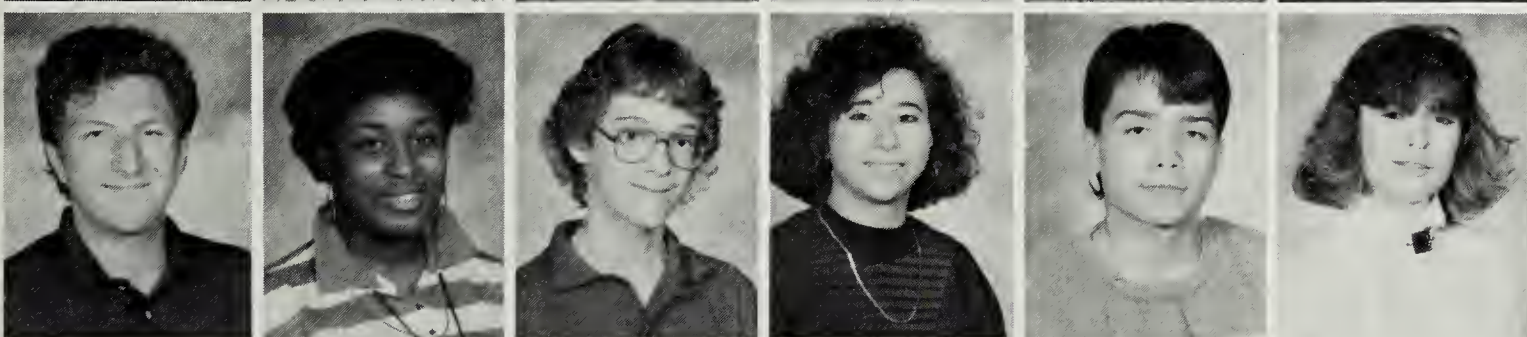
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 David Mitchell (11)
 Sherri Moats (10)
 Barbara Mobley (11)
 Sean Monahan (10)
 Brian Monroe (9)



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 Kathy Mooney (11)
 Erica Moore (11)
 Heather Moore (9)
 Jennifer Moore (11)
 Laura Moore (11)



Sheila Moore (9)
 Valerie Moore (11)
 Lisa Morais (11)
 David Morales (10)
 John Morales (10)
 Marcos Morales (11)



Chris Morgan (10)
 Linda Morgan (9)
 Chris Mori (10)
 Erina Moriarty (11)
 Clinton Morison (9)
 Sanya Morris (9)

"I like class rings because they represent your high school years, and they bring back a lot of memories."

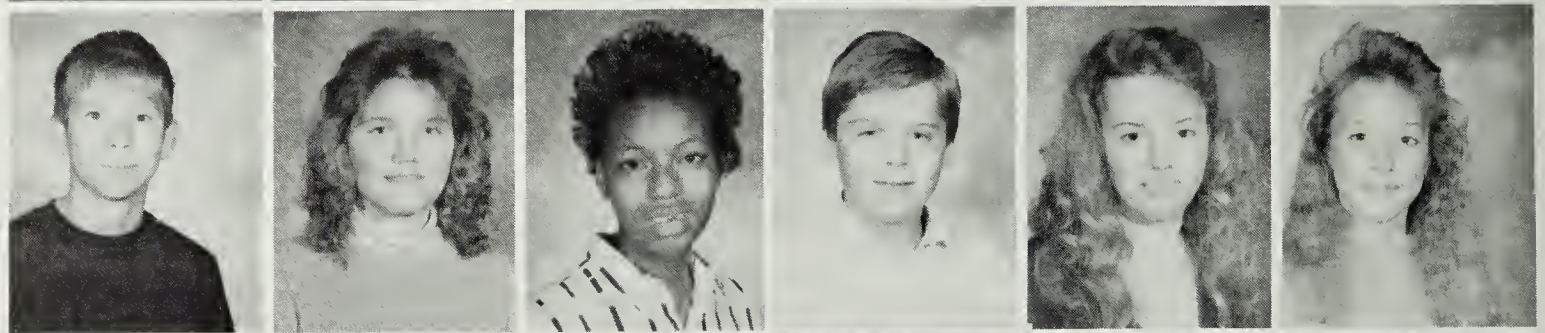
Sophomore Lisa Davis



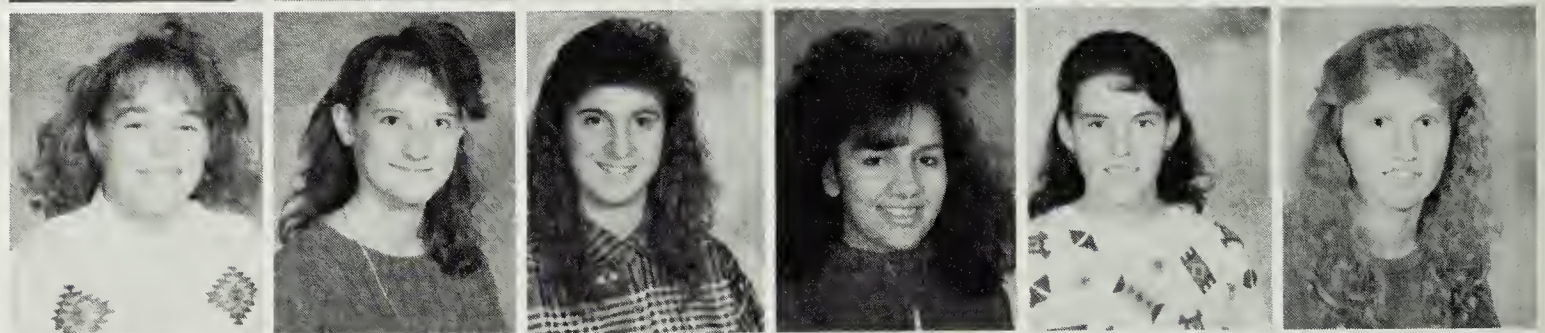
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 Jason Morrow (11)
 Andy Mosher (9)
 Tim Mosher (10)
 Jamila Mosley (9)
 Mari Mosley (10)



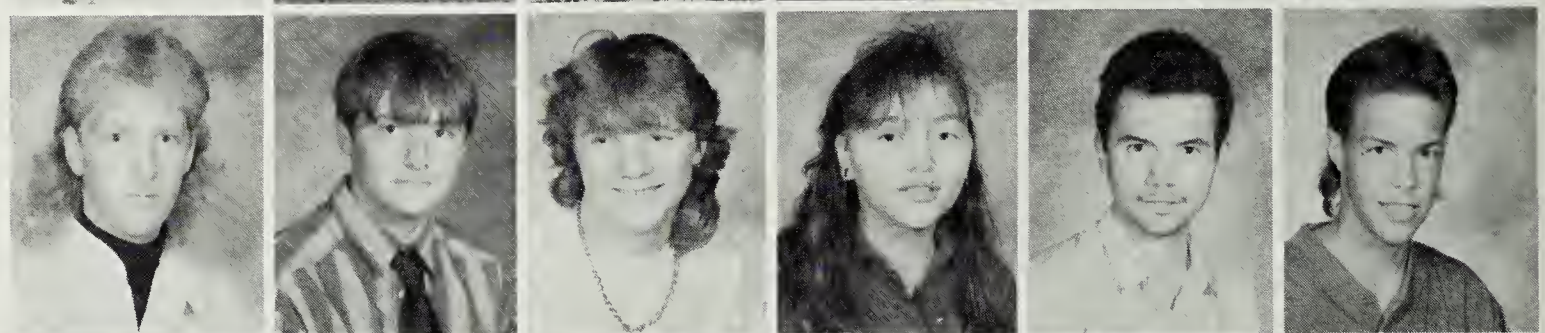
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 Monique Mott (10)
 Adam Mouw (9)
 Theresa Moyers (11)
 Jenny Moylan (9)



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 Kara Mullaley (10)
 Melinda Munsell (9)
 Desta Munson (11)
 Meredith Murray (9)
 Beverly Musick (9)



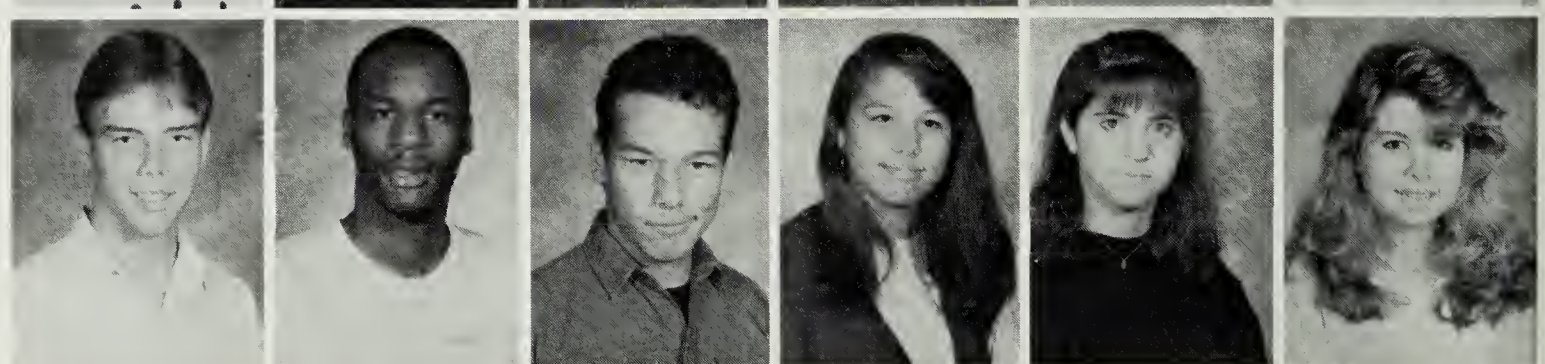
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 Kenneth Nagle (10)
 Tunde Nagle (9)
 Mansoor Nasir (11)
 Brian Nast (10)



Caterina Natale (10)
 Marzia Nawroz (11)
 Tracy Neagle (10)
 Brian Nelson (11)
 Patrick Nelson (9)
 Sean New (11)



Shea New (11)
 Courtney Newkirk (11)
 Mike Nickols (11)
 Wendy Nickols (10)
 Angela L. Nuckols (9)
 Angela M. Nuckols (9)



"I look for a girl who is pleasant looking and has a sense of humor. I think that it's hard to ask the opposite sex out on a date because the only time you see people to ask them out is at school, and that is a very difficult situation to be in."

Junior Jeff Hoehn





Lack of age causes problems

It's hard to put the moves on the date of your dreams with your mom behind the wheel.

Despite the difficulties, freshman Lonnie Martin has a steady girlfriend and is not embarrassed by the fact that he is not old enough to drive. "Driving is a problem, but my sister will take us. It's better than my mom taking us," he said.

Another factor causing problems for underclassmen was an age difference. While well-developed freshmen girls often had no problem finding older men, boys in the lower grades were not worried. The age difference, how-

When freshman like Stacey Ritenour and Erik Mark date, transportation can be one of the biggest hassles.

ever, often had surprising results. "People I know go out a lot more often now than they did in middle school," said freshman Audrey Duncan, "because they're influenced by upperclassmen."

While most people agree that coming into high school often means a whole new social life, junior Shannon Raymond cautions that dating someone older has its drawbacks. "I'd be worried that if I dated an older guy he wouldn't be dating me just because of my personality."

Some people didn't see age differences as a problem. Audrey said, "I'd still rather go out with people my own age." Lonnie concurred, "I don't think age is a threat. Older guys aren't really competition."



Laura Nunez (9)
James Nunnalee (9)
Heather Nurthen (10)
Earl O'Bannion (9)
Richard O'Connor (10)
Emily O'Daniell (10)

Cindi O'Ferrell (9)
Jimmy O'Neil (10)
Matthew O'Neill (9)
Christy O'Rourke (9)
Colleen O'Rourke (11)
Jennifer O'Shea (11)

Matthew Oaks (11)
Dianne Oermann (11)
Claire O'Grince (10)
Dawn O'Keefe (11)
Arlene Olaes (10)
Christine Oldis (9)

Tony Oliver (10)
Joe Oltmann (10)
Sally Omran (10)
Brenda Ondo (9)
Lynn Onks (11)
Tami Openshaw (9)

"My pet peeves are when people that don't even know me call me names behind my back, and also when teachers call on me when I don't know the answer."

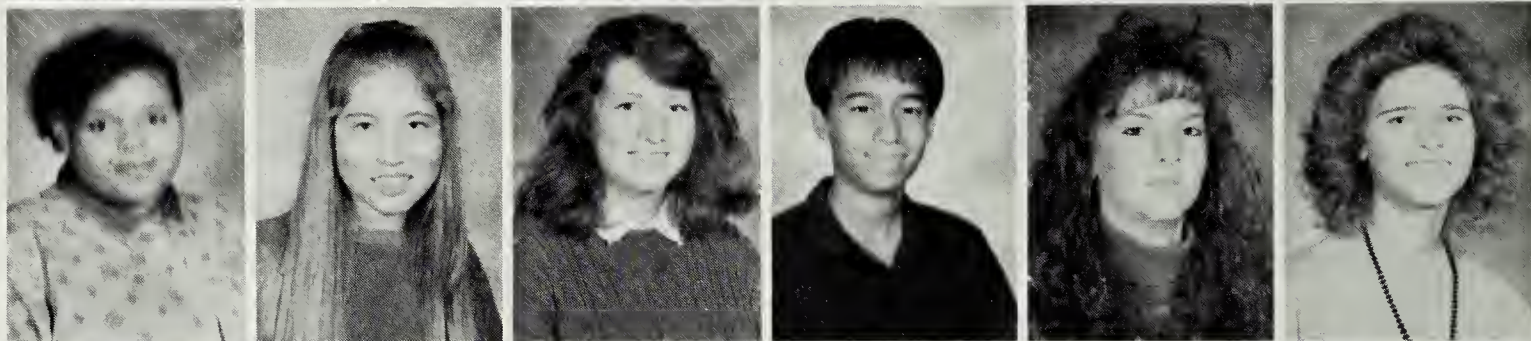
Freshman Crystal Sanders



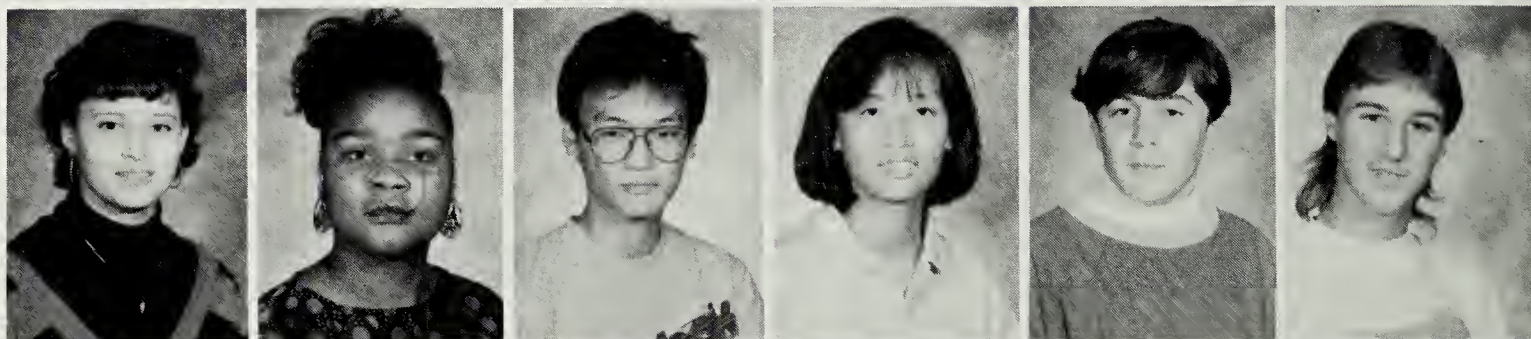
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Christina Orr (9)
Melanie Orth (10)
Melissa Ortiz (10)
Janna Owens (10)
Jennifer Owens (10)



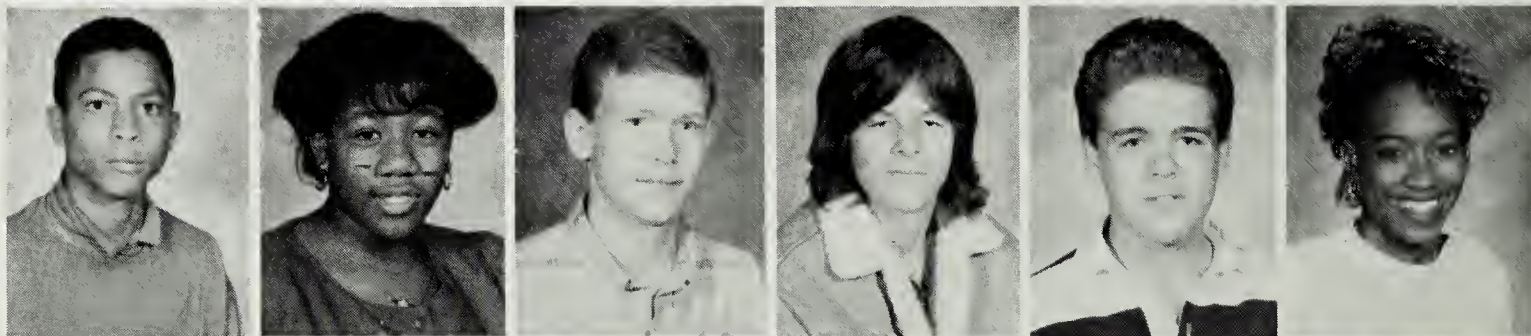
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Loralie Pace (10)
Terry Padalino (10)
Scott Pagel (9)
Jennifer Palmer (10)
Nancy Panzo (11)



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Tashiba Parish (9)
Chongpil Park (10)
Hee Pin Park (10)
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Jesse Parker (10)



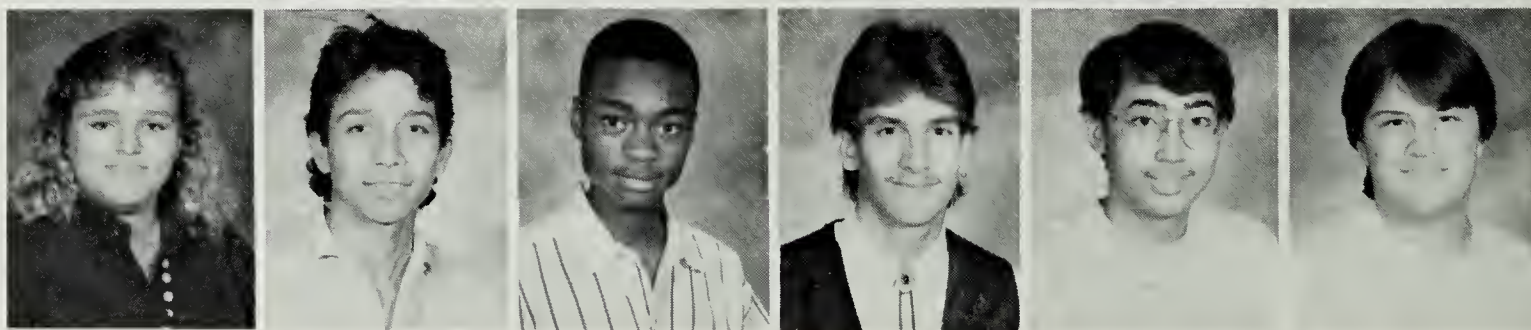
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Tory Parrish (9)
Vicki Parshall (11)
Chris Pase (11)
Andy Passaud (10)
Ericka Payne (10)



Nichole Payne (10)
Hector Paz (10)
Lemuel Pearsall (11)
Marcus Peatross (10)
John Pedro (11)
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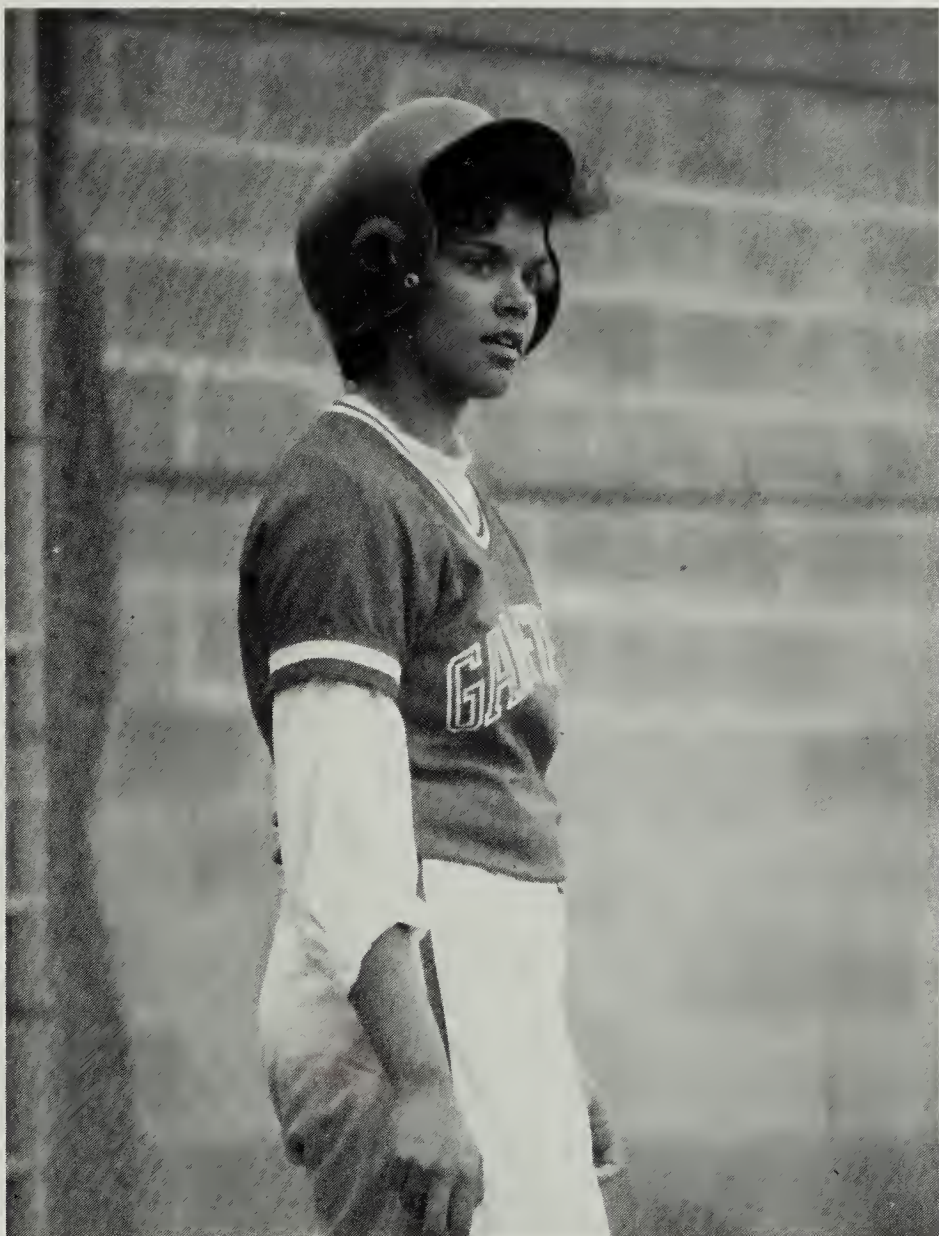


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Michelle Pellegrini (10)
Alicia Penic (10)
Ronald Pennell (10)
Vincent Perelli (11)
Eileen Perez (11)

Sylas Perez (9)
Scott Perhala (11)
Dana Perkins (11)
James Perkins (10)
Erika Perrin (9)
Jeffrey Perusse (10)

Jody Perusse (11)
Jennifer Peterbark (11)
David Peters (10)
Michael Peters (9)
Brian Peterson (10)
Dan Peterson (10)

Tara Peterson (10)
Chaniqual Pettway (9)
Shawntrell Pettway (9)
Terrence Petty (9)
Robbin Peyton (9)
Eric Pfitzner (11)



Habits annoy others

Everyone has little things that they find very annoying. The clicking of a pencil or the constant chatter of a class can annoy some, while others could care less if someone slammed a door twenty times in a row.

"I hate it when my mom borrows clothes and doesn't return them to my closet."

Barbara Gay

We all find different things annoying, but we can all agree on one thing, pet peeves drive

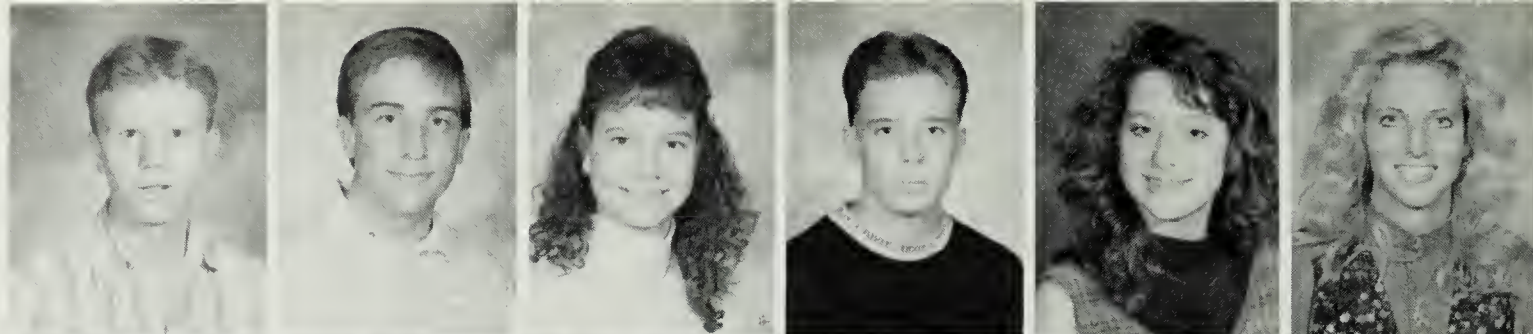
us crazy. And it seems that there is no way to control your urge to smack the boy who keeps on tapping his pencil at the desk next to yours.

Some of us have been able to put up with other's annoying habits, while some cannot stand it for two seconds. "My teacher has an annoying habit of always calling on me when I'm not prepared to answer the question," said sophomore Sandy Atseff.

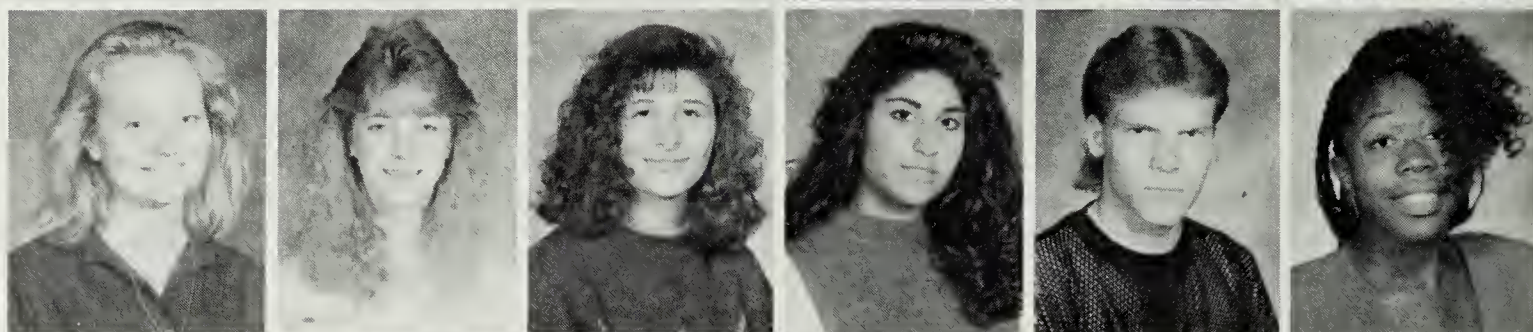
Usually the things that are annoying to us are irrational. Sophomore Barbara Gay said, "I hate it when my mom borrows clothes and doesn't return them to my closet, but she doesn't seem to think that it is so important."

One of the things that annoy athletes like junior Jeanine Castro are bad calls made by officials.

Rhett Pfitzner (9)
Eric Phillips (10)
Shalom Phillips (9)
Bobby Pickel (11)
Julie Pieper (10)
Heather Pierce (11)



Nichole Pierce (10)
Stephanie Pierce (9)
Sandra Piper (9)
Michelle Piplani (10)
Chris Platero (10)
Bobby Plenty (10)



Joey Pletz (10)
Jennifer Plouffe (10)
Matthew Poast (10)
Christine Poe (11)
Michael Poe (11)
Tamara Poindexter (9)



Mark Poirier (10)
Keshia Poledor (11)
Shonia Pollard (11)
Bobby Poole (11)
Griselle Poole (10)
Jennifer Pope (11)



Key chains make statements

Keychains have become a familiar sight here at school. They represent the attitudes and moods of the students.

Some students actually have more keychains than keys. Keychains have become an essential element in the life of a high school student. They are needed to hold your many different types of keys such as your house and car keys, your boyfriend's car and house keys, etc.

Since many students travel frequently they tend to pick up different types of key chains from places they have visited.

The keychains range from bottle openers to bottle tops, from surf boards to sneakers to change purses.

Many keychains have funny poems or sayings on them. The keychain represents the person whom carries it which is contradictory to the theorem that keychains are only used to organize the old keys. A key chain makes it easier for a student to find his or her keys. a lot of people like to carry twelve pounds of keychains to be fashionable.

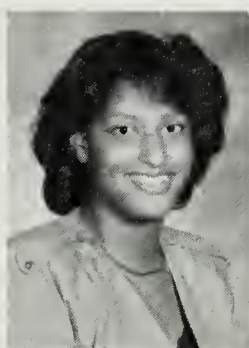
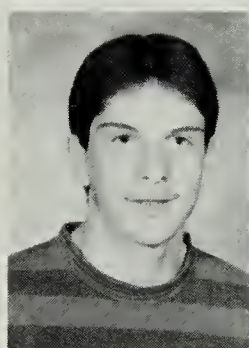
Keychains can even be used to strike up conversations with people whom you would like to meet. Or they can be used as a weapon for self defense. Keychains have a wide variety of uses and it seems like everyone has one or two hooked onto their keys.

Key chains, like bumper stickers, reflected the personalities of the students who owned them.



"My favorite key chain is 'I brake for men and other helpless animals.' I don't have that many key chains, but I think they are necessary."

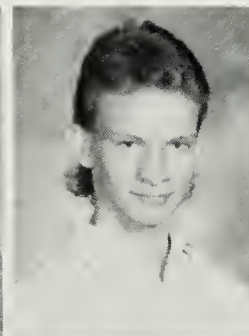
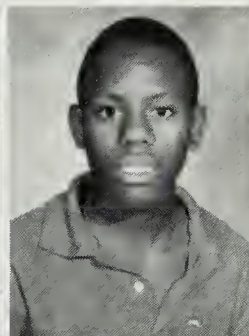
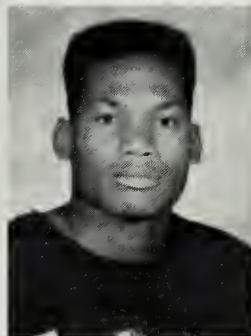
Sophomore Jennifer Owens



Christopher Popp (9)
Kyong Hee Park (11)
Desiree Porter (9)
Liz Porter (10)
Melvina Posey (10)
Tammi Poswiotowsky (10)



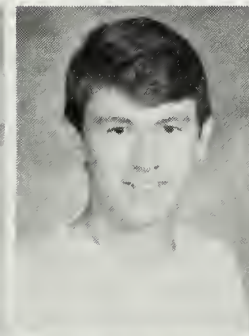
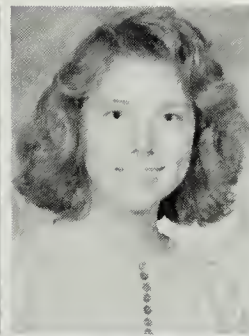
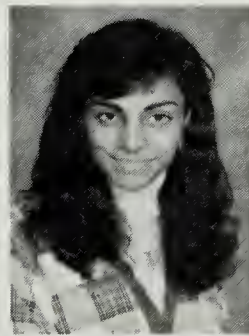
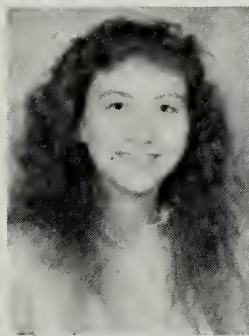
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Brian Potvin (9)
Brian Powell (10)
Erin Powell (9)
Stephen Powers (10)



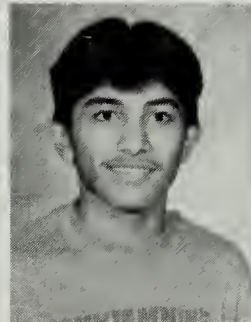
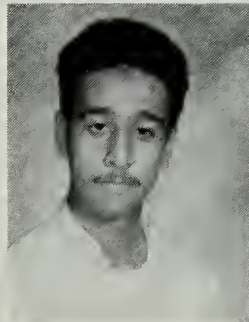
Souphatsa Pradasouk (10)
Kyle Price (11)
Shontina Price (9)
Tasha Price (10)
Ricky Pringle (9)
Sean Prior (10)



Tim Prisco (10)
Jodi Pritchett (11)
Troy Proffitt (9)
Michele Propes (9)
Ryan Pruitt (11)
Casey Pugh (9)



Wendy Pugh (11)
Holly Purcell (11)
Susan Purcell (10)
Amita Puri (10)
Tabetha Quin (9)
Kari Quinte (10)



Sajid Qureshi (10)
Haress Rahim (9)
Arthur Ramirez (9)
Carrie Ramsey (9)
Laryse Randolph (10)
Ben Rasmussen (9)

ISS offers discipline alternative

Disciplining students is an aspect of our everyday school structure. Many different plans to instruct students have been devised.

ISS has become a familiar term in many of our students vocabulary. The main difference between ISS and OSS is that In-School Suspension allows that all the work received is given credit. Many students that have had ISS do not feel that the proposed plan works. There are many repeat offenders in the system.

Several students actually look forward to ISS so that they can catch up on some of their school work. "I do my work, read magazines, pass notes, chew gum, and talk to my friends in ISS," said senior

Sharon Tate. Having students looking forward to ISS definitely defies its main purpose in disciplining.

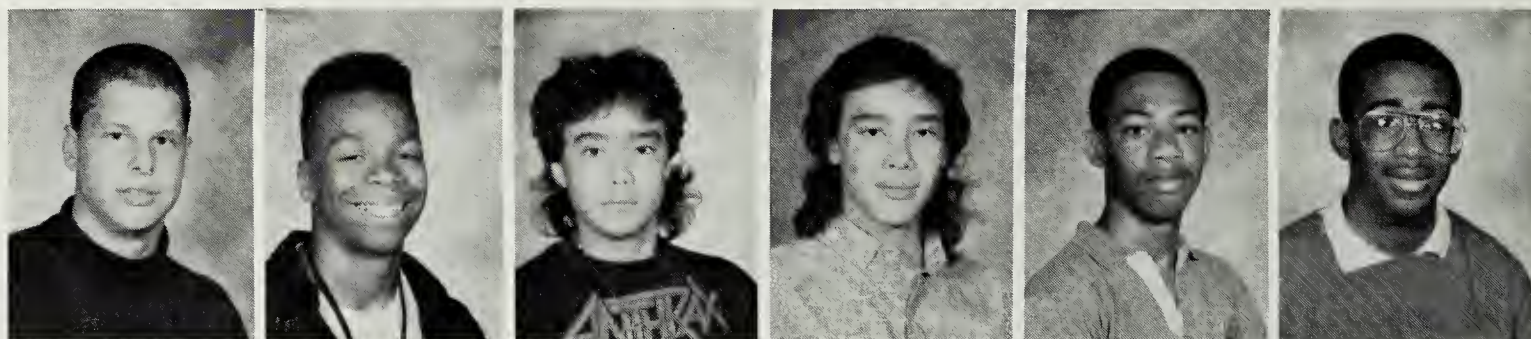
The structure is not very effective in teaching a lesson to the students. School suspension of any sort should be looked upon as a punishment and not a vacation or free time to catch up on school work.

Many of the students have said that they have been there at least once. "I have been in ISS a few times," said senior Bill Lehnhardt. However, most students do not look forward to going to ISS and are not planning to go in the future.

ISS is not a fun place to be, but junior Julius Campos seemed to get a lot accomplished.



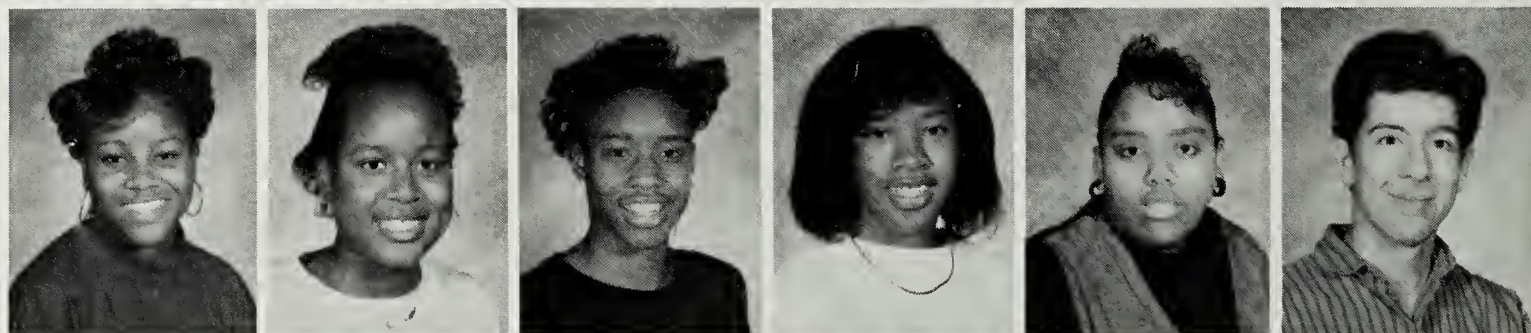
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Akuba Rattler (9)
David Rawls (11)
John Rawls (11)
Jacobi Ray (10)
Tyrone Ray (11)



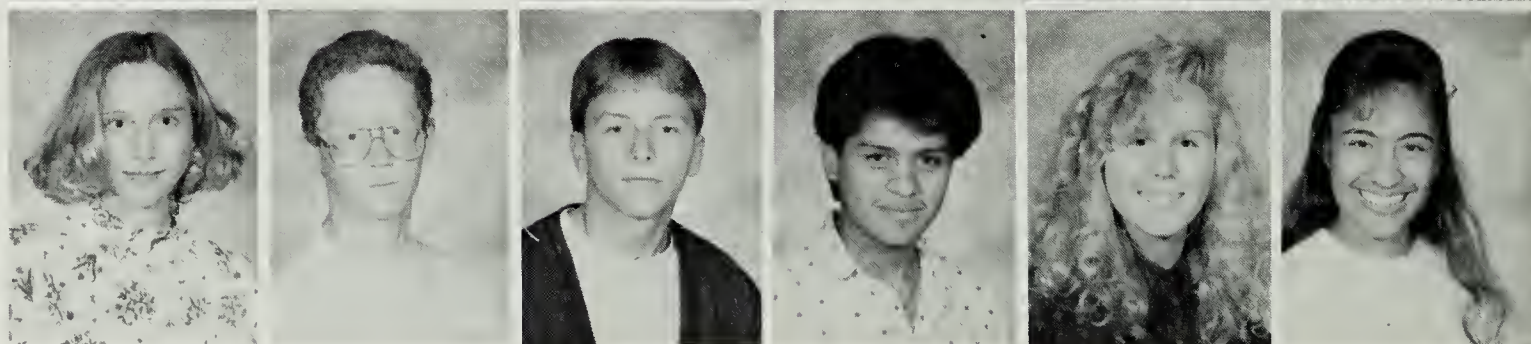
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Shannon Raymond (11)
James Reardon (11)
Karen Reardon (9)
Eric Recknor (11)
Purvis Redmond (11)



Brenda Reed (9)
Danitra Reed (10)
Ladonna Reed (11)
Taneshia Reeves (9)
Angel Reid (11)
John Reigle (10)

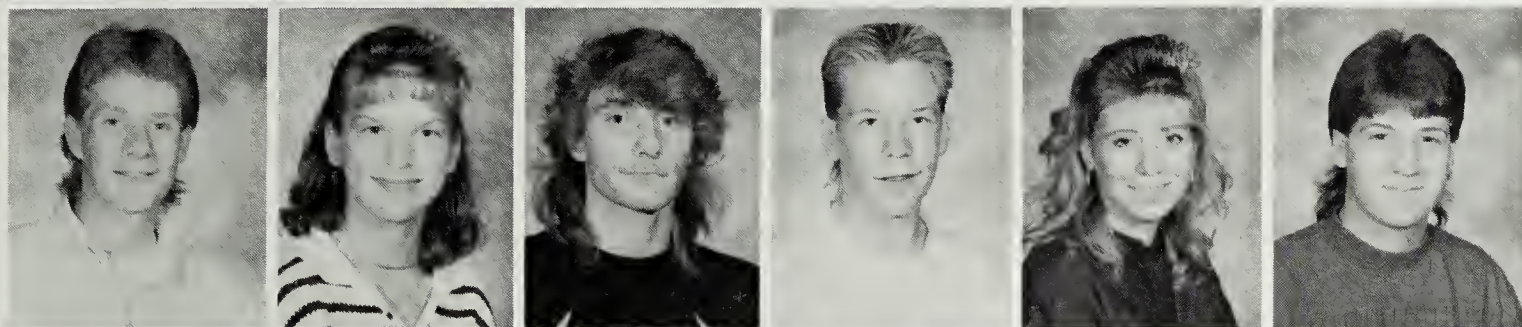


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Patrick Reubens (9)
Jeffrey Revels (11)
Francisco Reyes (11)
Vicki Rhorer (10)
Natasha Riazzi (9)





Chris Rice (9)
Jack Richards (10)
Nicole Richards (11)
Scott Richards (10)
Christine Richardson (11)
Kathleen Richardson (9)



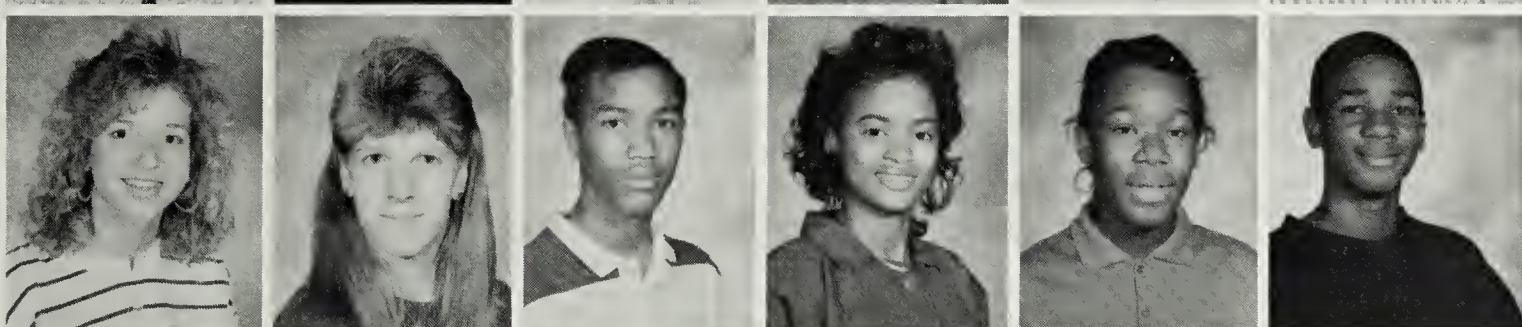
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Bethany Riddel (9)
Rob Rider (11)
James Rigg (9)
Julie Rigg (11)
Brian Rigg (11)



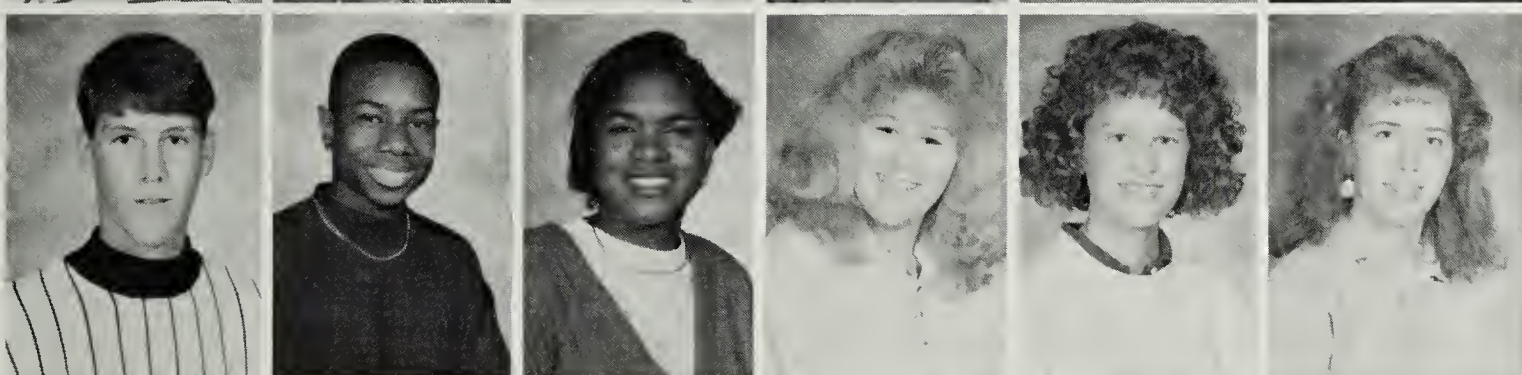
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Kenny Ritenour (11)
Stacey Ritenour (9)
William Ritter (10)
Denis Riva (9)
Wendy Rivas (9)



Jason Rivera (11)
Ricky Rivera (11)
Mike Roach (10)
Walt Roat (11)
Ivan Robelly (10)
Russell Robertson (11)



Wendy Robertson (10)
Tracey Roberts (9)
Anthony Robinson (9)
Chevelli Robinson (11)
Dara Robinson (9)
Daryl Robinson (9)



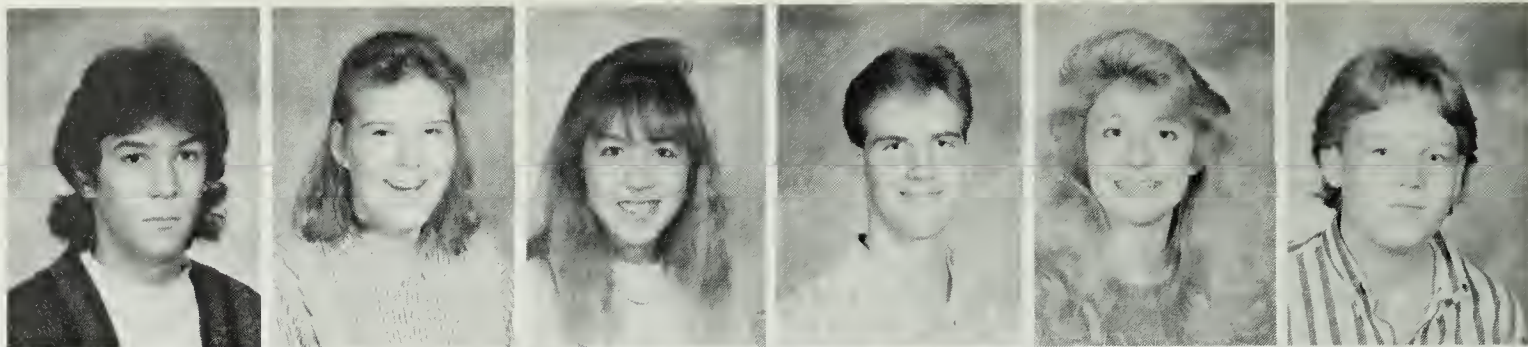
James Robinson (10)
Kyle Robinson (11)
Nessa Robinson (10)
Sarah Robinson (10)
Jennifer Robison (10)
Michelle Rodgers (11)

"What I did in In-School Suspension was my homework, wrote letters, and wasted valuable time. I would not like to go back to ISS, because you can't talk."

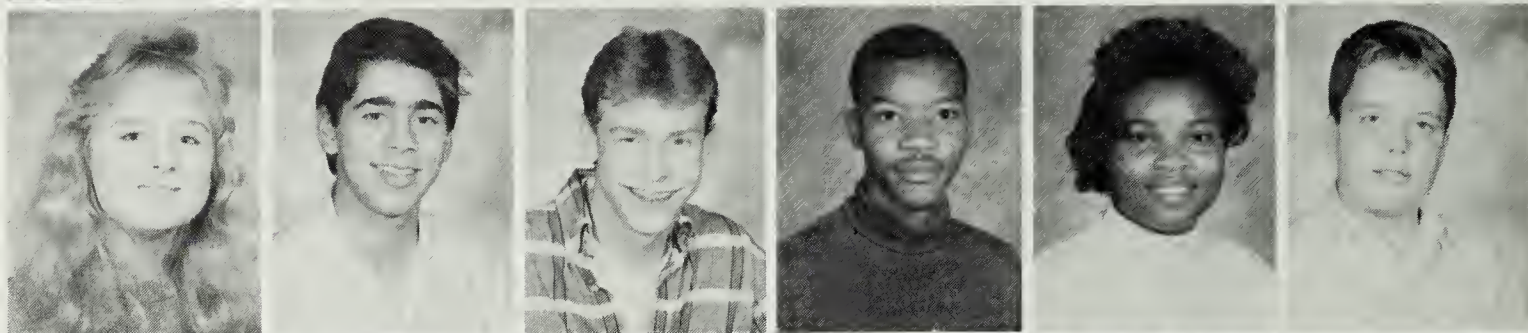
Junior Jill Snyder



Alex Rodriquez (9)
 Annie Rodriquez (10)
 Cindy Rodriquez (11)
 William Rodriquez (11)
 Stephanie Rogers (9)
 Christopher Rohlfs (9)



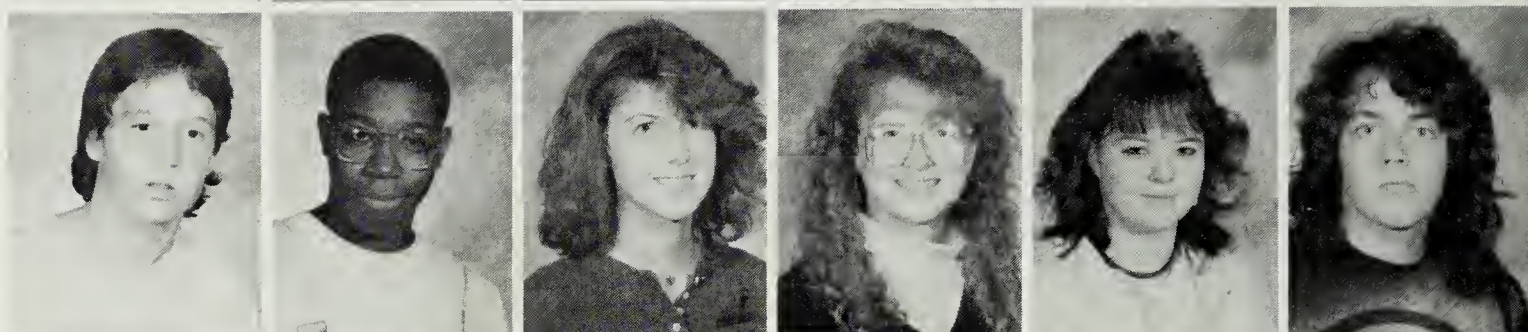
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 Carlos Rojas (11)
 John Rolland (10)
 James Rollins (11)
 Moneak Rollins (10)
 Arthur Rooney (9)



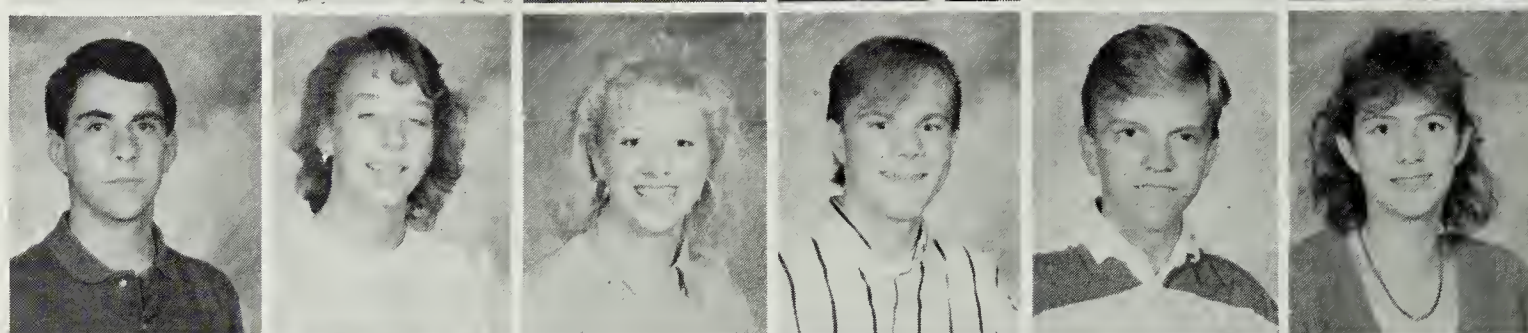
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 Eddia Rosario (10)
 John Ross (10)
 Tamika Ross (11)
 Monica Rosson (11)
 Amy Rouleau (9)



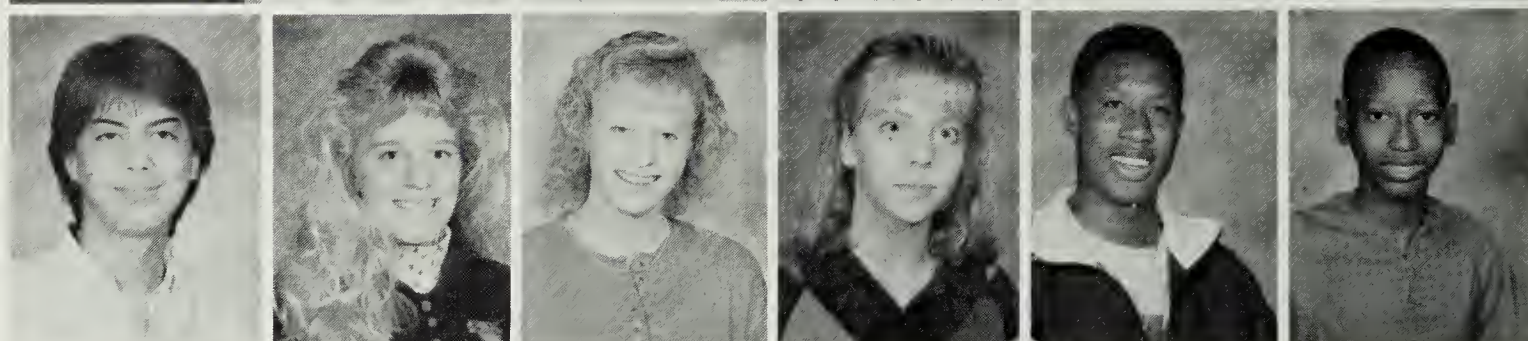
Cliff Rowe (9)
 Terrance Rowley (10)
 Carolyne Rowson (10)
 Shaughna Rowson (9)
 Laura Roy (9)
 Travis Rozar (10)



Michael Rubino (9)
 Denise Rummler (10)
 Ginger Rummler (10)
 Michael Rupe (10)
 Hans Ruska (10)
 Crystal Ruth (10)



Bryan Ruongrat (9)
 Heather Rupert (9)
 Liz Rush (9)
 Tracey Russ (9)
 Courtney Russell (9)
 Derek Russell (9)



"We argue about clothes and whose turn it is to do the chores. We can relate to each other, but my siblings get on my nerves."

Freshman Jamila Mosley





Friends start in family

It's not easy going to the same school as your siblings, but it can have its advantages.

One of the biggest problems of being in the same school is being compared to each other. Students who follow in the footsteps of a wiz kid are expected to match up in intelligence. Students whose siblings were on the devious side are often met with skepticism.

Despite the disadvantages, the advantages make it worthwhile to have siblings around.

Junior James Hart saw the practical side of his brother being at the same school. He said, "We get homework from

each other."

Looking at their relationship from another perspective junior Robert Hart responded "It's nice, because we can relate to each other."

Having siblings in school

"It's nice, because we can relate to each other."

Robert Hart

can have definite social advantages. They can provide younger students with the opportunity to meet people from the upper grade levels.

Freshman Stephen Lomeli remarked, "It makes it easier to meet people because my sister's friends are so nice."

Despite the fact that they are related, being together is something that Steve and Kathy Lomeli like to do.



Joseph Russell (11)
Victoria Ryan (10)
Brian Ryatt (9)
Christopher Rybicki (10)
Amy Rybolt (10)
Akemi Sadler (9)

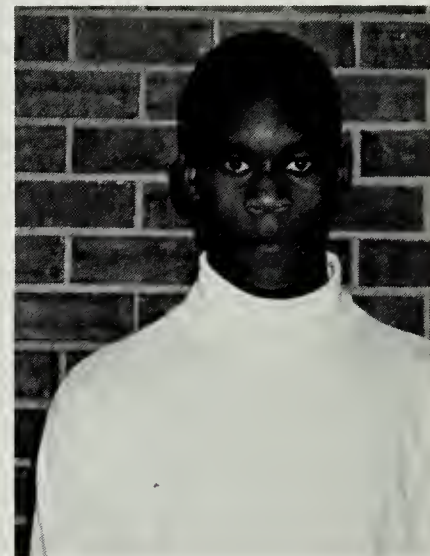
Quadsia Saeed (10)
Lisa Sailer (10)
David Sahagun (9)
Kevin Salminen (10)
Danny Salyers (9)
Sam Said (11)

Robert Salzman (10)
Alexandra Sanchez (11)
Demian Sanchez (9)
Susan Sanchez (11)
Crystal Sanders (9)
Amy Sanderson (10)

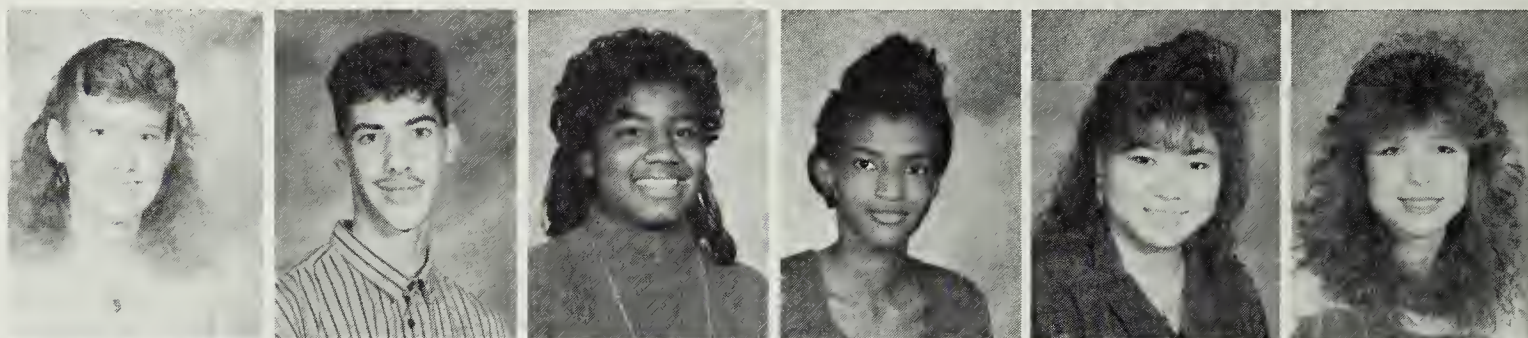
Tiffany Sanderson (10)
John Sang (9)
Leilani Santos (10)
Marta Santos (9)
Abby Sarmac (9)
Jennifer Sarna (9)

"My schedule is convenient to my lifestyle because it gives me a chance to talk to my friends. It also gives me a chance to take more classes that do not deal with academics."

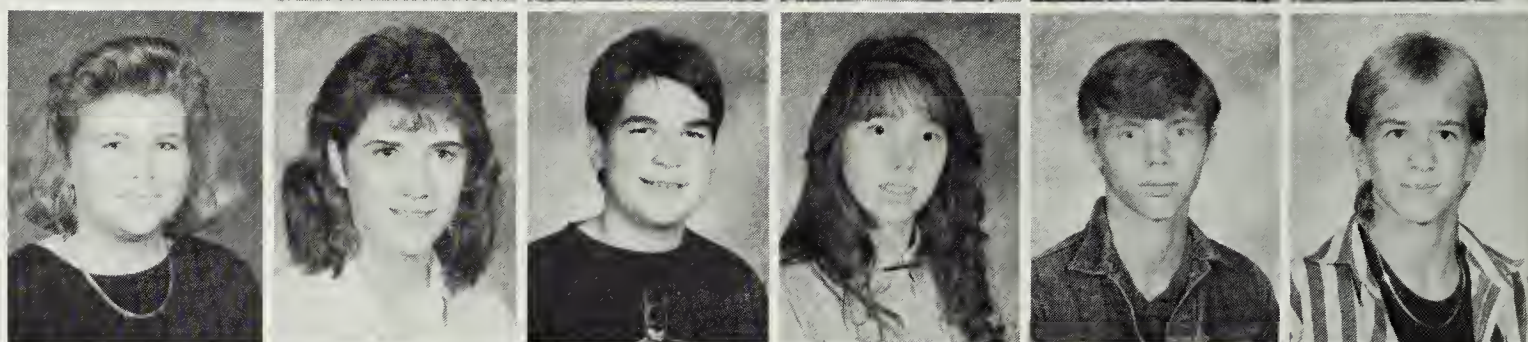
Sophomore Danny Housier



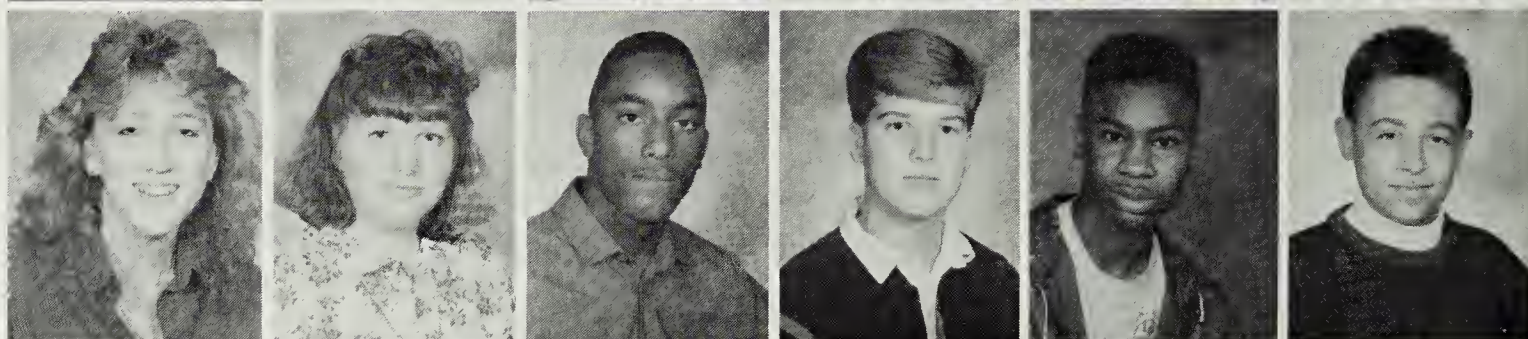
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Jason Sawyer (10)
Erika Saxon (11)
Rebecca Saxon (11)
Poupee Sayasithsena (11)
Gail Schawalder (11)



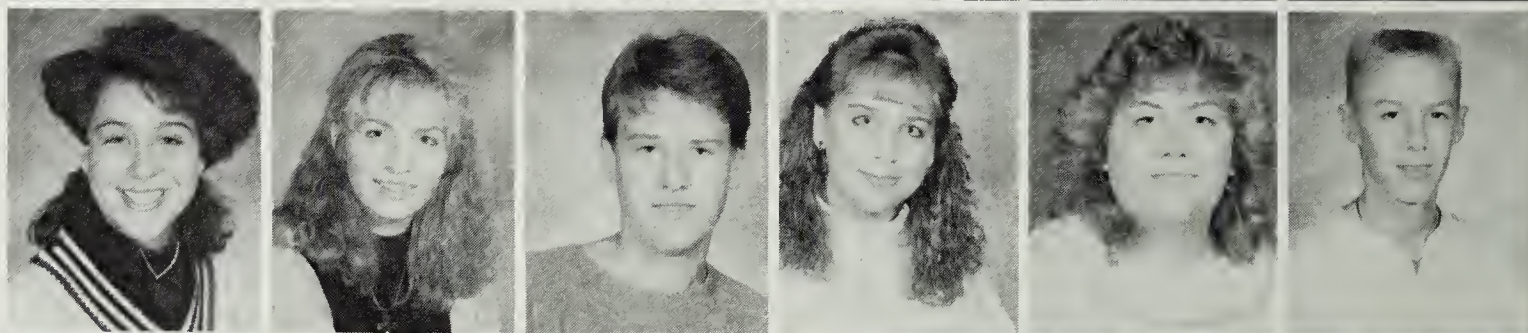
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Leslie Schmidt (10)
Tim Schmidt (9)
Cynthia Schoenborn (10)
Edward Schoerborn (11)
Donald Schumann (9)



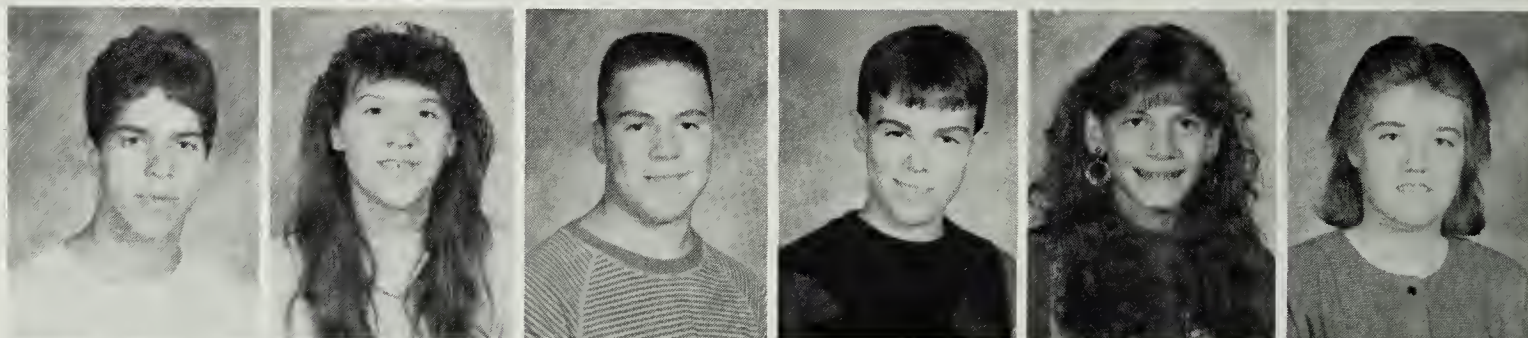
Heather Schwab (11)
Julia Scoleri (9)
Garland Scott (10)
Justin Scott (10)
Larry Scott (11)
Richard Scott (10)



Shaun Scott (11)
Amy Scritchfield (10)
Jason Seamster (9)
Kimberly Sears (9)
Tina Sears (11)
Bert Seay (11)



Edgar Seeley (11)
Jeanette Seese (9)
Devon Seifried (10)
Tony Seikirk (11)
Jessica Sekhon (9)
Angela Semrov (10)

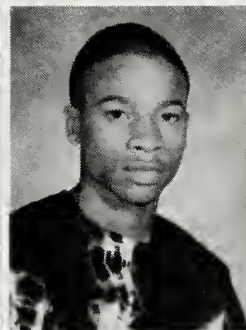
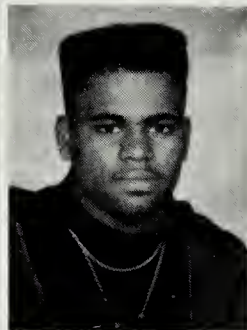


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Michelle Seymour (10)
Rebecca Shafer (9)
Kim Shands (9)
Kirk Shands (9)

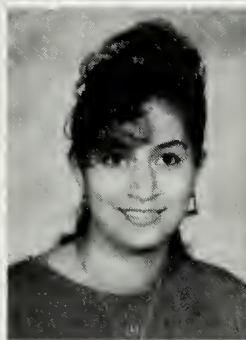
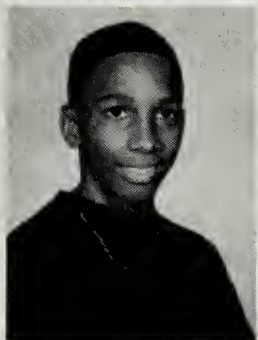




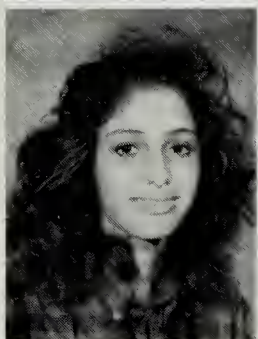
Linda Shands (10)
Dion Share (11)
Steve Share (10)
Dariel Shazier (9)
Elizabeth Shazier (10)
Shelly Shearer (11)



Cathy Shelton (9)
Lori Shepard (10)
Howard Sheppard (9)
Ron Sheppard (11)
Danny Sherwell (9)
Keith Shields (11)



Senghor Shields (11)
Tanya Shimkoski (10)
Jody Shipe (11)
Angela Shipp (10)
Rahele Shokri (10)
Minny Shomper (10)



Kachai Shpoon (9)
Kevin Shriver (10)
Lindia Shuler (11)
Misschellia Shuler (10)
David Siders (9)
Jeffrey Silvis (10)



Schedule changes bring frustration

One of the inevitable parts of the beginning of the school year is schedule changes.

Teachers dread it because for the first few weeks of school they never know who will be in their classes. Counselors dread the overload in paper work.

In the past, students have dreaded it because of the long lines they had to wait in. But this year things were better.

Students who wanted a change dropped off all the paper work and returned the following day for a new schedule. Junior Katheryne Burroughs said, "It was very

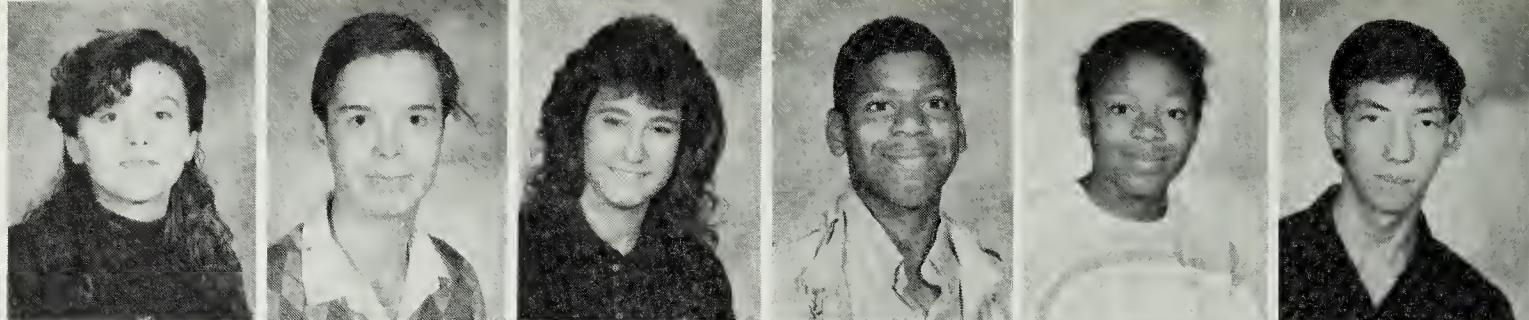
easy to get a schedule change with the guidance department, but my parents weren't so cooperative especially since I was dropping two advanced placement classes."

Some students try to get schedules changed so they can be in the same class or lunch shift as their friends. Another reason that students get schedule changes is because a class is too easy or hard.

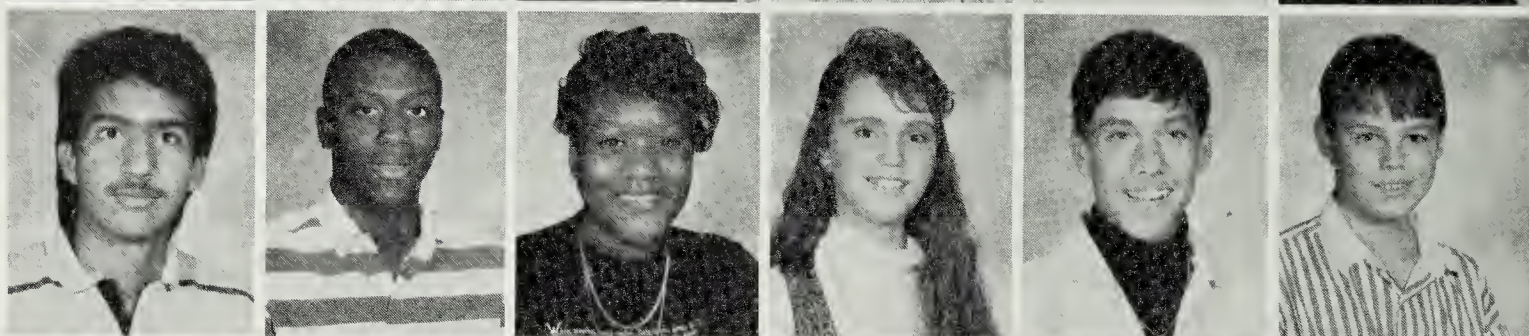
Some people, like freshman Georgina Thompson, have never had to get a schedule change. "I have never had to get any of my classes changed because all of my classes are easy and I like all of my teachers. If I did need a change, it would probably be from a hard class to an easy class."

Guidance counselor Joyce Jones helps sophomore Lisa Davis find her first period so she can get her schedule on the first day of school.

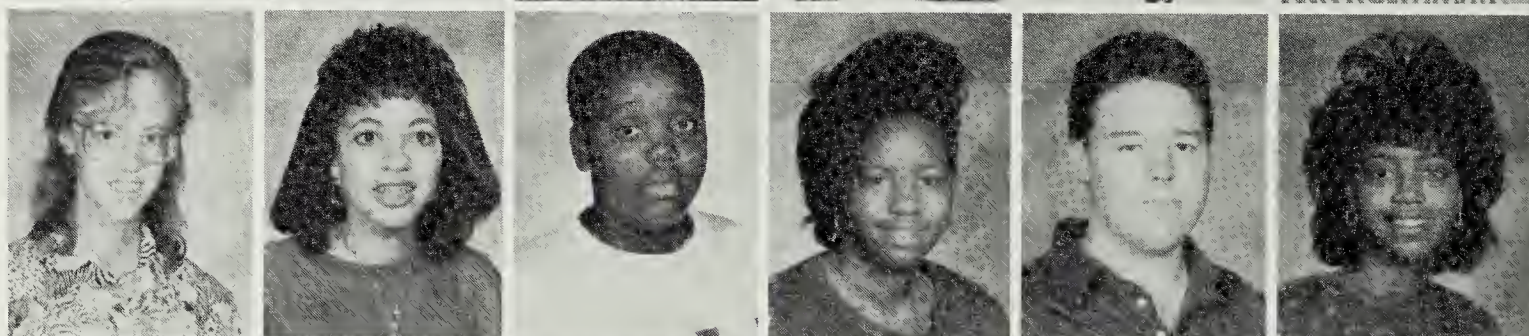
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 Carrie Simpson (10)
 John Sims (9)
 Tameka Sims (10)
 John Sincavage (11)



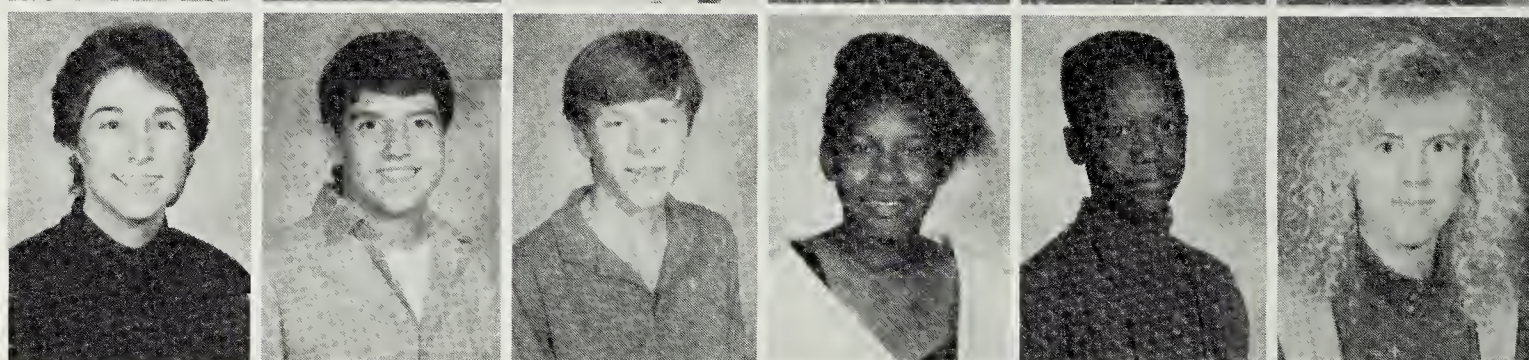
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 Dana Singleton (11)
 Denise Singleton (10)
 Jennifer Sipes (10)
 Charles Sisson (9)
 Travis Sizemore (9)



Melanie Skoog (10)
 Nicole Slaughter (11)
 Arek Sloan (9)
 Brigitte Smallwood (10)
 Donny Smallwood (10)
 Joy Smallwood (10)



Amy Smith (11)
 Blake Smith (9)
 Brian Smith (9)
 Erica Smith (10)
 Eugene Smith (9)
 Heather Smith (10)



Trips strengthen studies

When the words field trip is spoken, what comes to mind? Some people think of getting out of school, spending a day at a museum, or just being bored. Most students enjoy going on the field trips just because they are getting out of school, while others enjoy looking at paintings and sculptures or watching the plays.

Field trips are always learning experiences. Even if students don't think they learned anything, they always pick up something useful.

Junior Stephanie Cuff explained, "I think that field trips should be both educational and fun, but what I like most is getting out of school."

New York, Washington

D.C., Williamsburg, Richmond, and Baltimore are frequently visited places.

"The best field trip that I ever went on was with my history class to the Smithsonian Institution because we got to see some really exciting things in the museum," said sophomore Kim Cook.

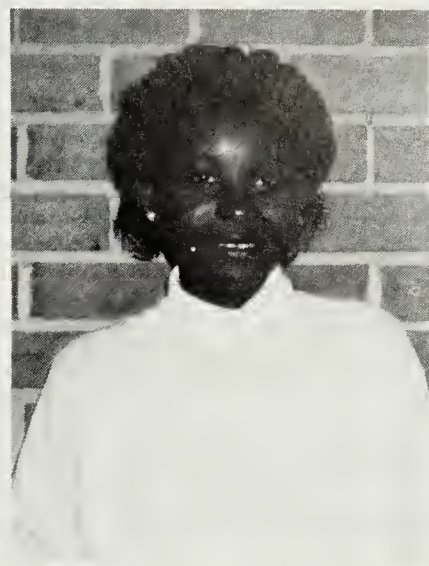
Even though bus trips may take a while, they can be just as fun as the rest of the trip. Singing, or play games, or just talk to friends makes trips seem fast and fun. And of course, there are always plenty of Doritos, Cokes, and Oreo Cookies to keep people occupied.

With the essential comforts of home in hand, Junior Shavonne Dargan is ready for a field trip.



"I like field trips, because we get to go outside and meet other people. It lets you take your mind off of school work and learn the subjects they are teaching."

Junior Edna Addo



Kelly Smith (10)
Kimberly Smith (11)
Kraig Smith (11)
Kristen Smith (10)
Lumumba Smith (10)
Pamela Smith (10)

Rosemary Smith (9)
Scott Smith (11)
Tameka Smith (11)
Tamiko Smith (9)
Wayne Smith (11)
William Smith (10)

Aaron Smuzynski (11)
Brian Snow (10)
Jacque Snyder (9)
Jill Snyder (11)
Michael Solarczyk (10)
Melissa Sorensen (10)

Anthony Souza (11)
Patrick Sowers (10)
Nicole Spatzer (11)
Terry Spellane (10)
Camille Spence (9)
Tuyet Spence (11)

Angela Spenner (9)
Jona Sperty (9)
Carmen Spesert (11)
Kelly Spesert (9)
Alicia Squelia (11)
Careka Squire (10)

Wesley Sprouse (11)
John Standard (9)
Brian Stanley (11)
Tara Stapleton (9)
Rosemary Staudt (11)
Stephen Meidt (9)

Special people admired

You admire people because they did something positive that you will always remember. They have a major effect on your life that cannot be repeated.

It may not always be something logical or reasonable, but chances are you remember that person for showing you what reality is really about.

They may have set an example for you, become your role model, took that extra time out to help you, or talked you out of doing something wrong.

In any event, your admiration for that person taught you something new about life, and the encouragement you need to survive and succeed.

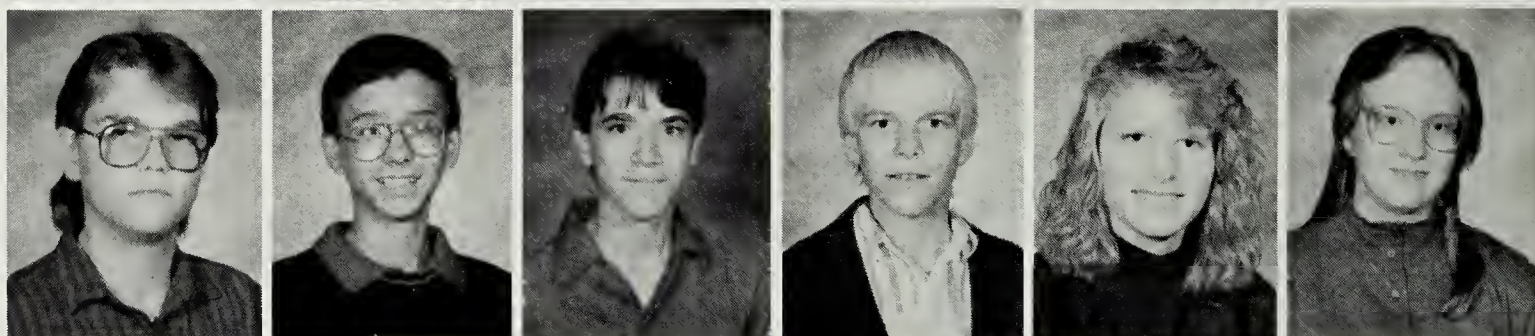
Dedicated athletes like Ginger Rummler are easy to admire for their stamina.



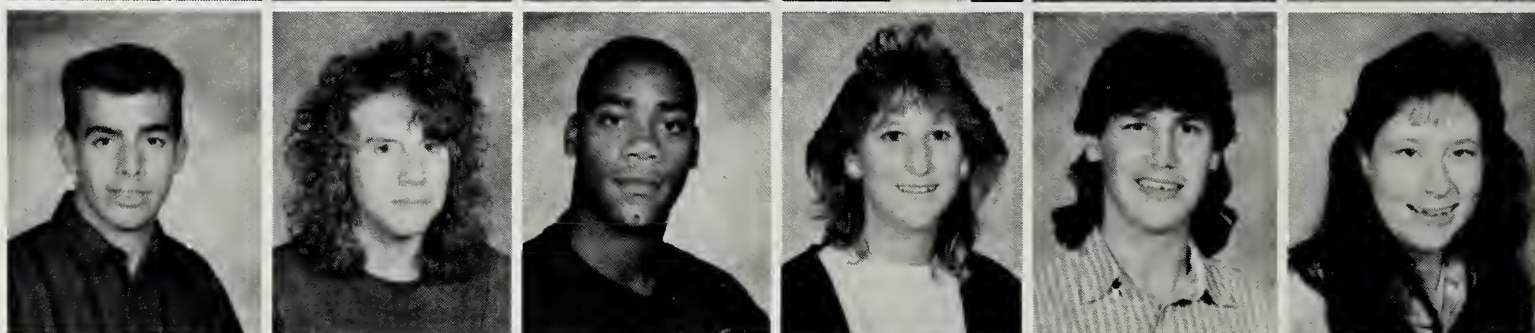
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Kati Stephenson (10)
Dawn Stern (9)
Brian Stewart (9)
Mike Stilley (10)
Tracy Stinnett (9)



Andrew Stock (10)
Eric Stocker (9)
Chris Stoltz (10)
Garrett Stone (9)
Kimberly Stone (10)
Amy Stoneberger (9)

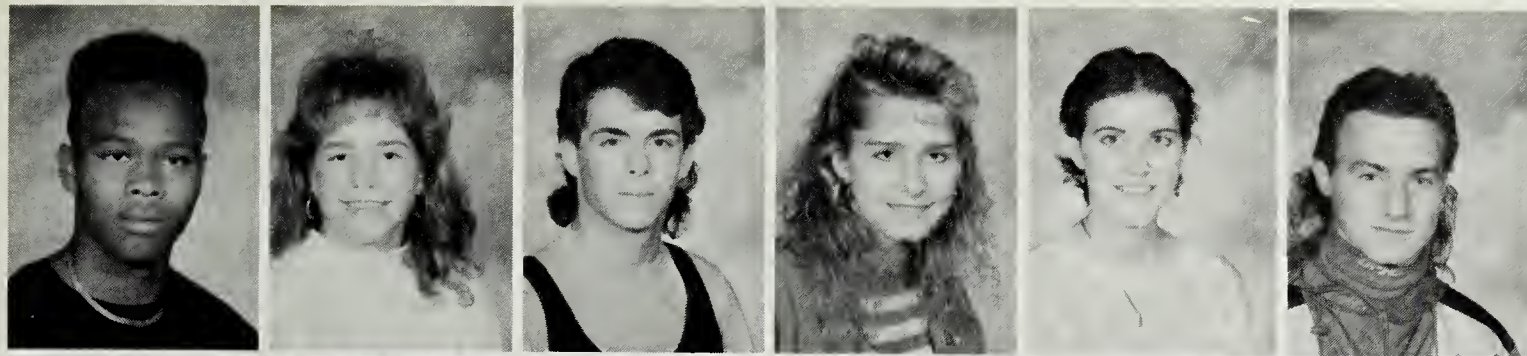


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Kelli Storer (10)
Demont Story (10)
Cynthia Stout (9)
Shane Stout (11)
Julie Stoy (11)

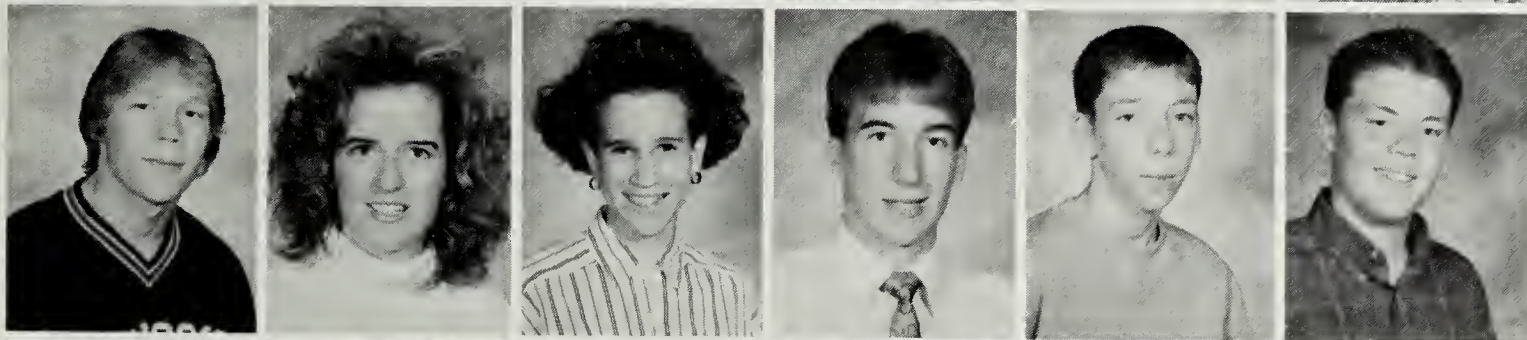


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Sharon Street (9)
Joseph Strickland (11)
Rex Strickland (11)
Derek Stromgren (10)

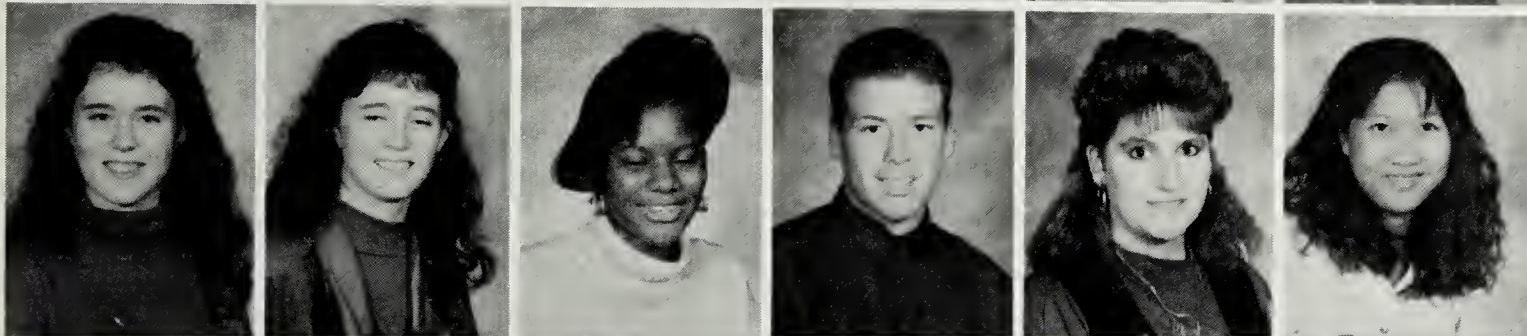




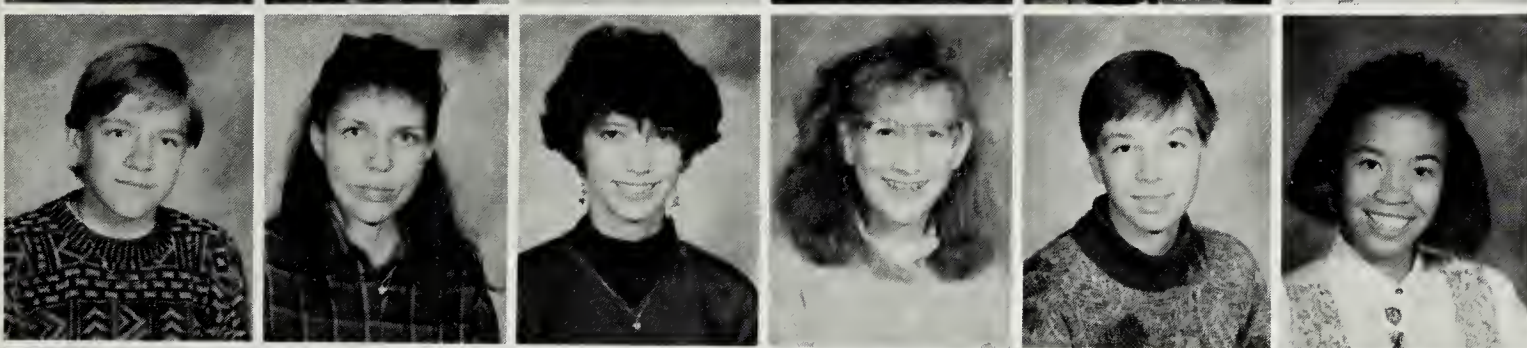
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Marcellus Stuck (9)
Lisa Studds (9)
Michelle Stump (9)
Charles Sturzenegger (11)



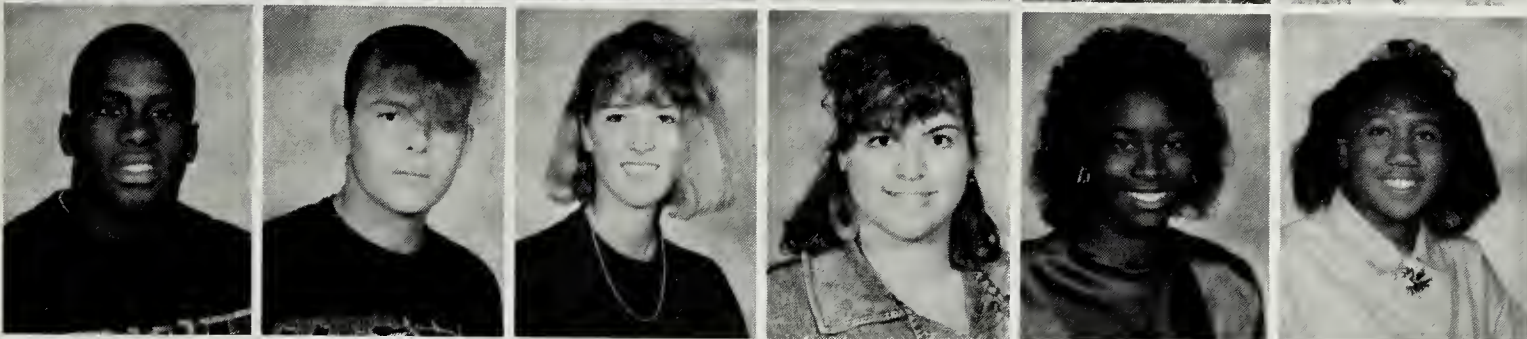
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Amy Sullivan (9)
Chris Sullivan (10)
Eric Sullivan (11)
Michael Sullivan (10)



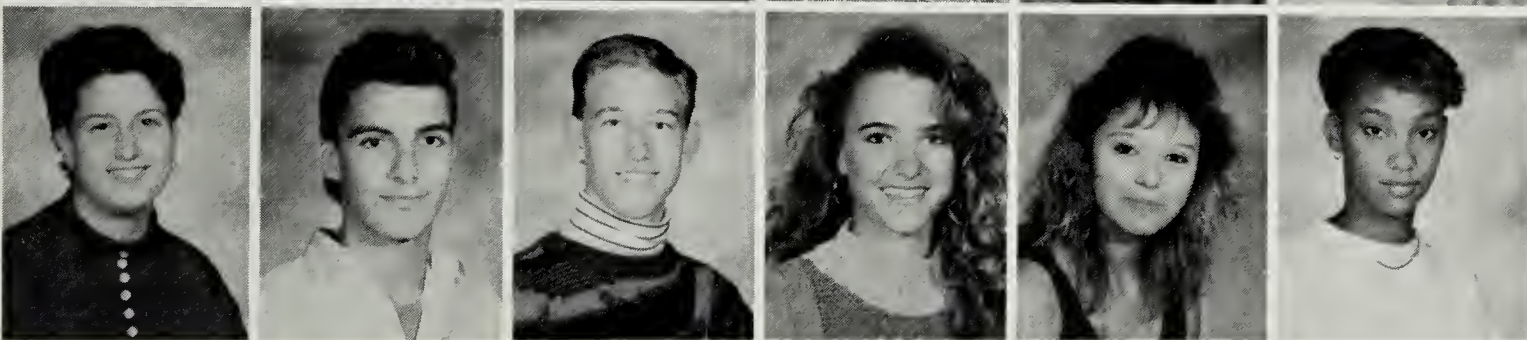
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Tonya Sullivan (10)
Jason Summers (9)
Shannon Summerville (11)
Ravy Suon (11)



Jim Surrena (10)
Jane Sutton (10)
Rebekah Swank (10)
Vanessa Swartz (9)
Doug Sweeny (10)
Tanya Sydnor (9)



Phil Sykes (11)
Luke Szelaka (11)
Jennifer Taft (11)
Lorraine Tant (9)
Claire Tart (10)
Denise Taylor (10)



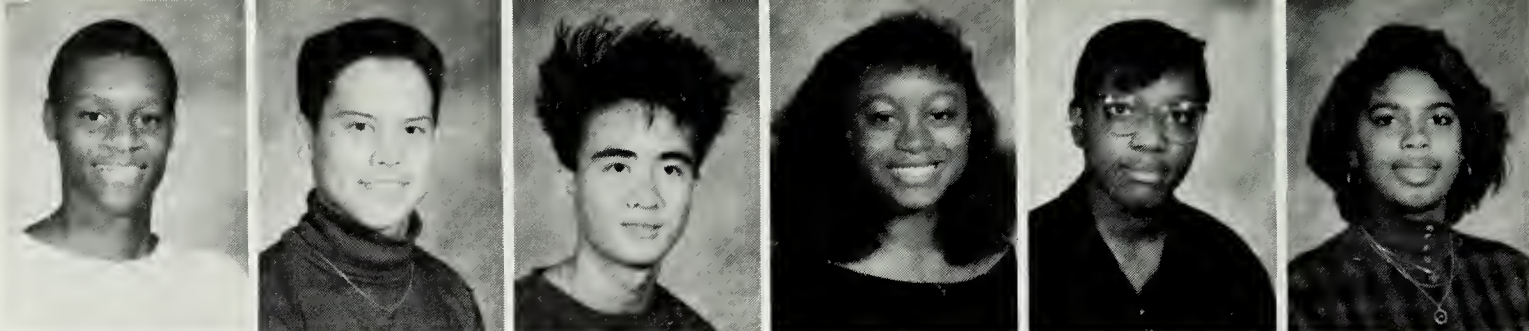
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Ivan Teixeira (10)
Mike Tekampe (9)
Aimee Templeton (10)
Elizabeth Tenda (11)
Kimberly Terry (11)

"I admire Miss Rhea, because she tries to help her students in the best way she can, and I also admire the fact that she doesnot give us homework."

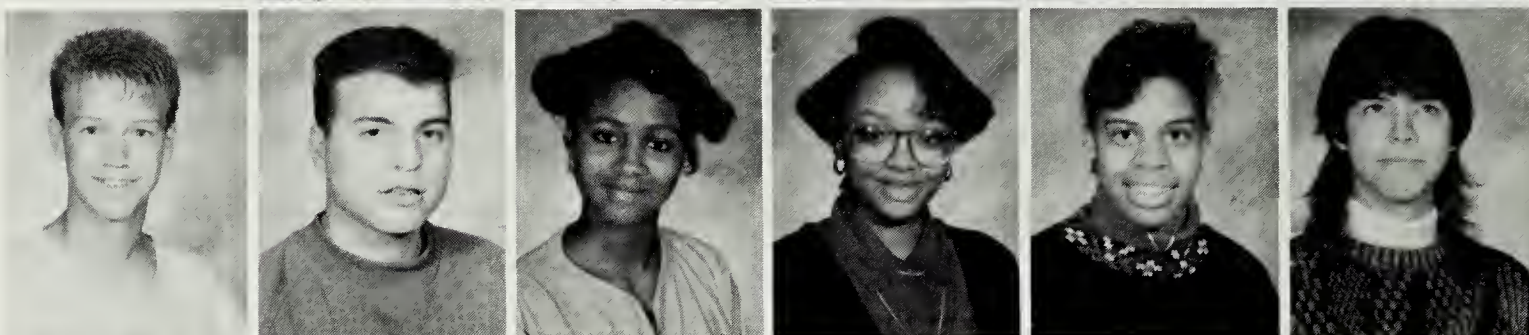
Freshman Renita Blanchard



Stillman Terry (9)
 Cornelia Teves (10)
 Dan Thammavongsa (10)
 Erika Thirkill (11)
 Robyn Thirkill (9)
 Carla Thomas (10)



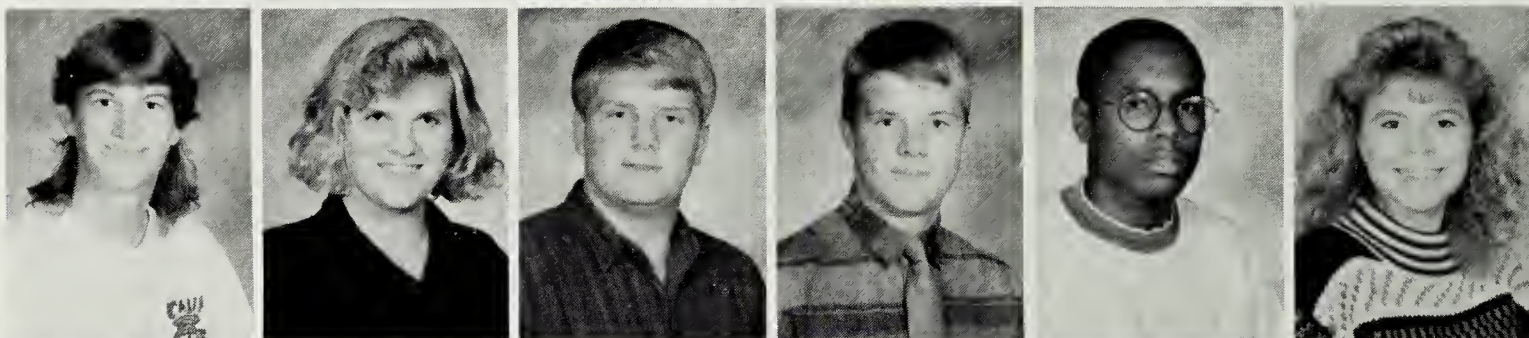
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 Cherry Thompson (10)
 Georgina Thompson (9)
 Jason Thompson (11)



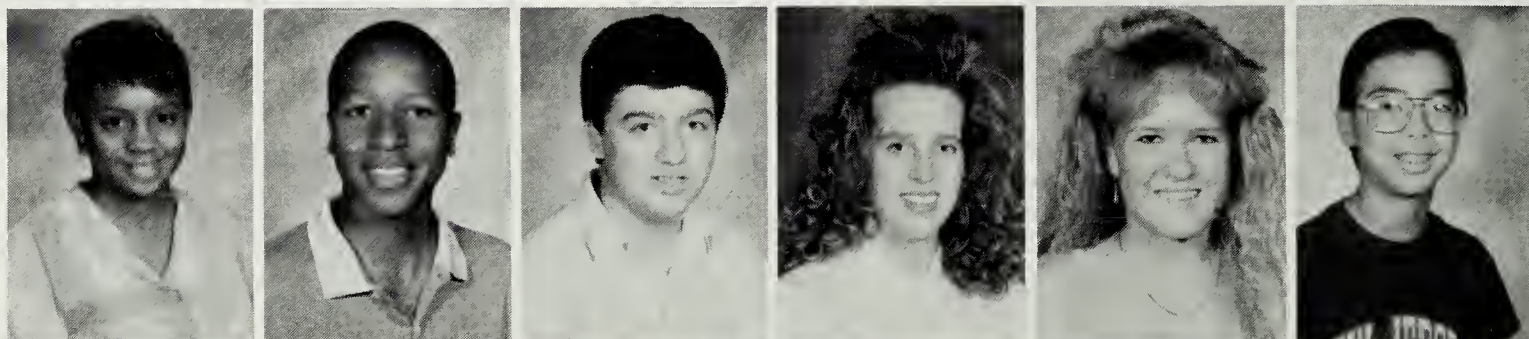
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 Jason Thurston (11)
 Steve Tichacet (10)



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 Jenni Timmerman (9)
 Matt Timmerman (11)
 Michael Timmerman (10)
 Sean Timmons (10)
 Stephanie Tirch (9)



Anitra Tisdale (9)
 Charles Tisdale (9)
 Giles Todd (10)
 Judi Todd (10)
 Tammy Todt (11)
 Kenneth Tomei (9)



Jennifer Tomlin (10)
 Donald Tompkins (11)
 Alfred Toole (11)
 Aubrey Toole (9)
 Stacy Tonge (11)
 Amanda Torres (10)



"I enjoy the fundraisers that are fun and have some sort of party involved, but they could be planned out a little better."

Sophomore Austin White



Organizations need money

Fundraising took a new twist this year when the school system decided to have a county-wide fundraiser.

While a good idea in theory, the event did not pan out as well as county officials had expected. The coupon books which were sold were not too practical for Dale City residents since most of the coupons were for Manassas businesses.

To complicate things further, high school students had to compete in a market flooded with frantic elementary and middle school students.

Originally students were told that the coupon book sale would be the only fundraiser allowed for the entire school year. However, after the sale

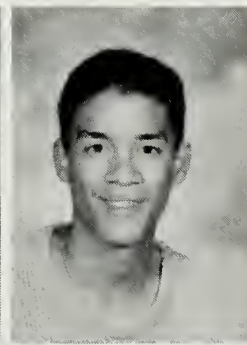
was over clubs were allowed to go back to the old favorites.

Groups like Model UN, Drama Club, *Indinan Echoes*, and *the hyphen*, that take trips out of state had the most fundraising to do. Included in their efforts were projects like pizza and gift sales and leaf raking.

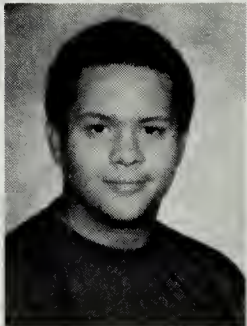
Meeting success in a first time fundraiser, the Black History Club sold Christmas cards that featured black people in the pictures.

Not all of the fundraisers this year were to generate money for Gar-Field organizations. Students from the History Club and A.P. Government worked together to raise money for the earthquake victims in San Francisco. The SCA also raised money for people in San Francisco by donating some of the homecoming proceeds.

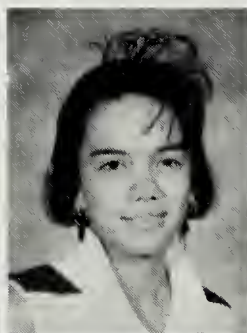
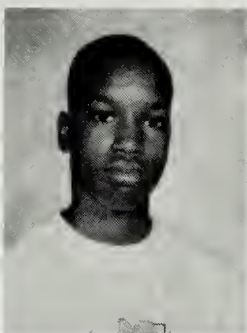
Cheerleaders like junior Staci Hall sold programs at football games to raise money.



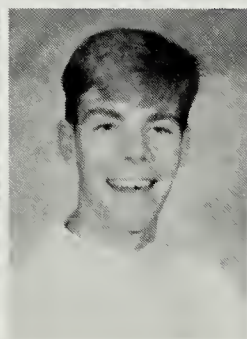
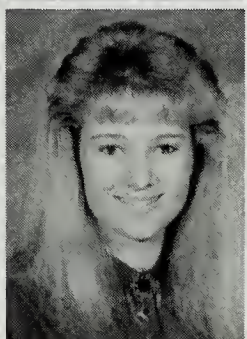
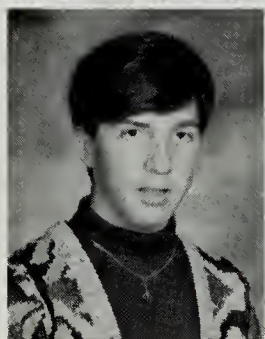
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Charlotte Townes (11)
Bradley Townsend (9)
Jeff Traasdahl (10)
Terence Traasdahl (11)



Vallerie Tribble (11)
Mitchell Trotter (11)
Sautra Tucker (9)
Shayna Tucker (10)
Jeff Tuggle (9)
Felicia Tukenmez (10)

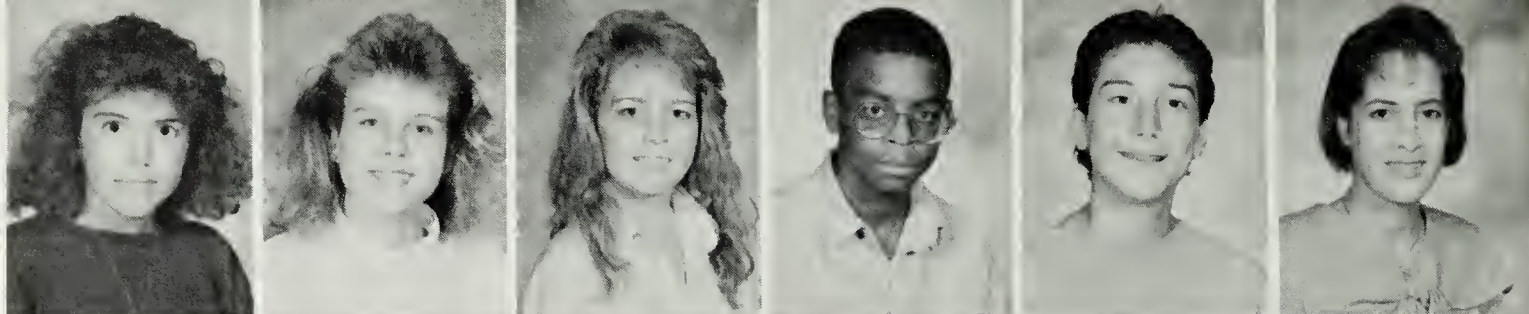


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Lewis Turner (10)
Melissa Tydingco (10)
Sonia Tydingco (9)
Tracie Tyler (9)

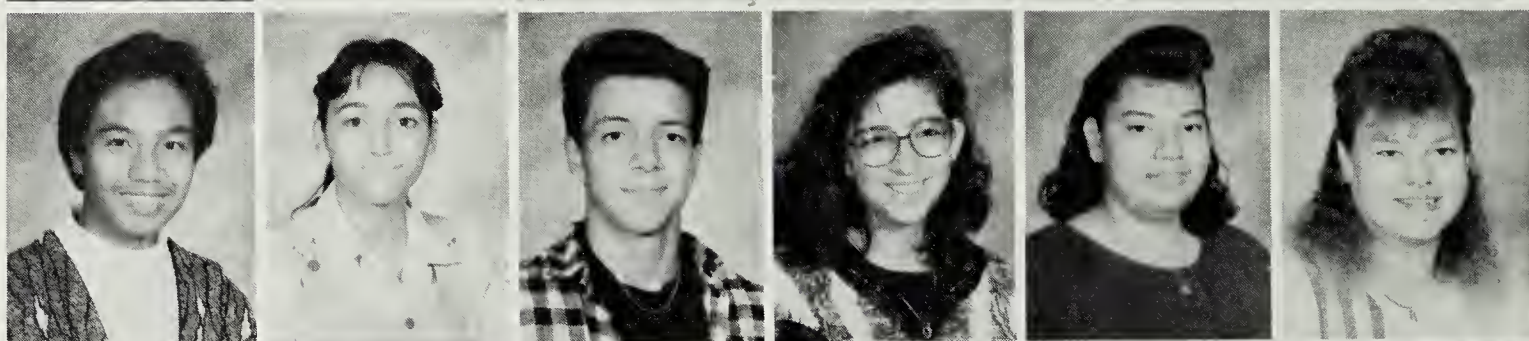


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Lisa Valentine (10)
Jason Valli (9)
Larry Vandergrift (10)
Michele Vanlanduyt (10)

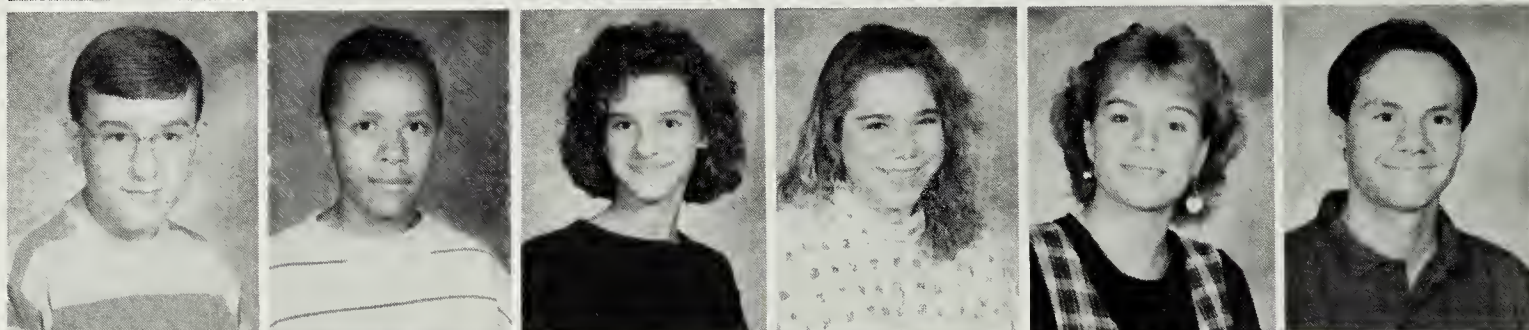
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Sheila Vanover (11)
Jennifer Varick (10)
Kevin Vaughan (10)
Kelvin Vaughn (9)
Vanessa Vega (11)



John Velasco (11)
Katherine Velez (9)
Noel Velez (10)
Sylvia Venzor (10)
Tammy Venzor (11)
Michelle Vermillion (11)



Brian Verschueren (9)
Victor Rios (10)
Kristin Vitko (9)
Annalise Vlaming (10)
Tina Vlietstra (11)
Steven Volpe (10)



Brett Wade (11)
Kathy Wade (10)
Marc Waldrop (11)
Michelle Waldorf (10)
Andrea Walker (10)
Jack Walker (11)



Driver's Ed. increases awareness

One of the rights of passage that students look forward to most is obtaining a driver's license.

Though students can get a learner's permit without any real training, in order to get a regular license, they must complete both the classroom and road and range portions of driver's education.

While the classroom part of driver's ed is not much different than any other class, road and range can be a real challenge.

While practicing their driving skills students learn the art of daring moves such as navigating bright orange cones, parallel parking, and three point turning.

For students who have not had much practice driving, road and range can be a humiliating experience. They

have to worry about knocking down cones in the presence of their more experienced peers and real dangers presented from being a novice driver on the busy and overcrowded Dale City roads.

"I'm confident, because I practiced a lot before I took road and range, so I was ready to drive," said sophomore Jennie White.

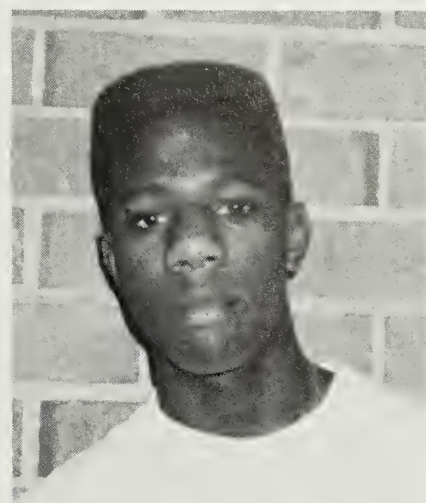
Some students are nervous about taking road and range. Sophomore Jae Ko said, "I like driving, but I haven't done it that often, and I get upset when the teachers yell at me for something that I didn't think was wrong."

Attempting to clarify the directions they were given, Juniors Dana Easley and Jennifer Moore discuss what they were told to do on the driving range.

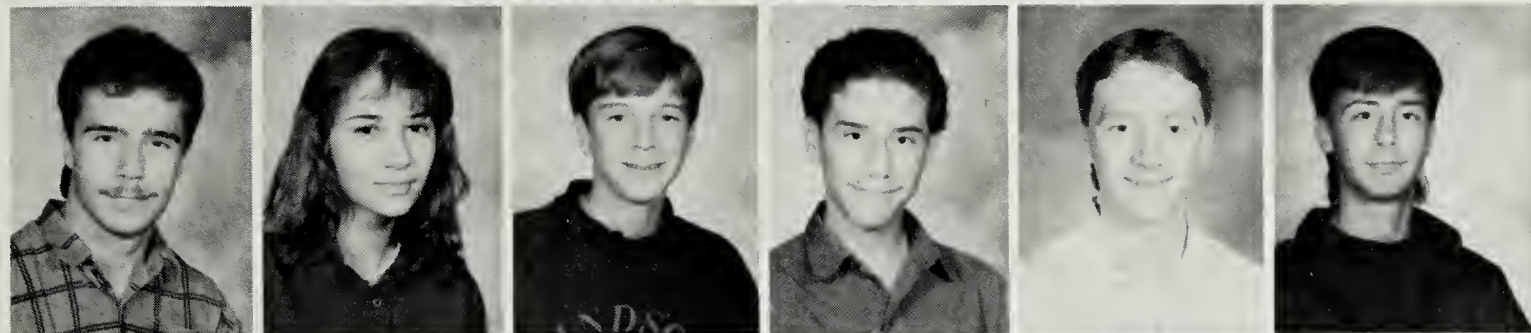


"Road and range really didn't seem to be that hard to me because I practiced beforehand; I felt like I was in control.

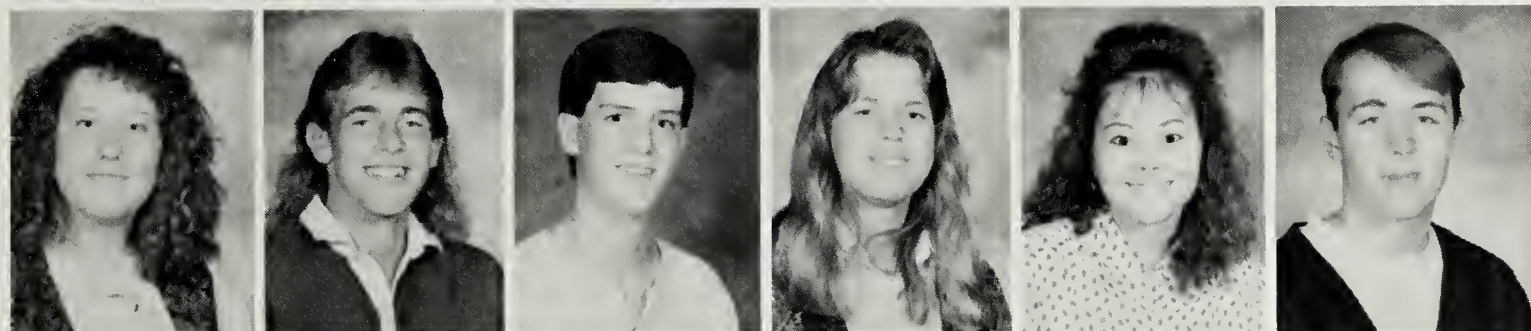
Sophomore Daunte Marchand



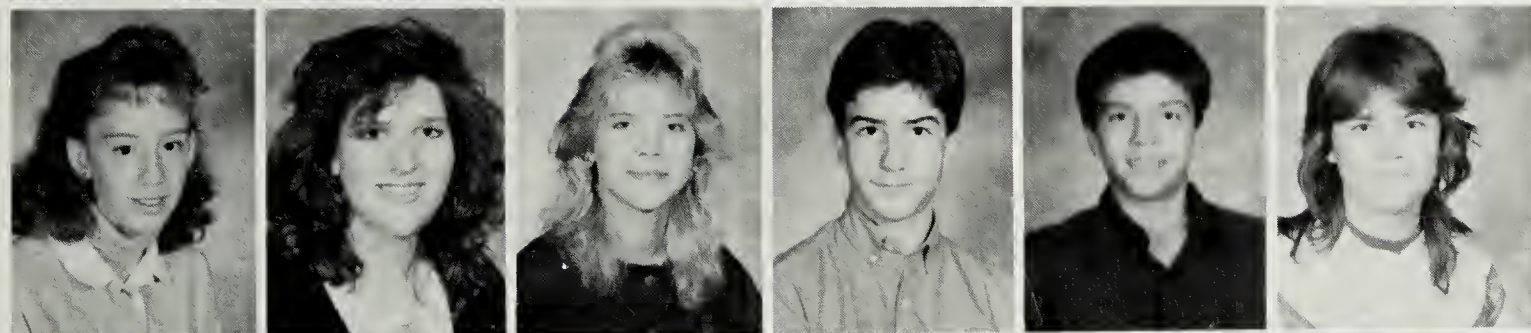
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William Walker (11)
Jason Wall (9)
Jenny Wall (11)



Paul Wallace (11)
Roxanne Wallace (9)
Philip Wallisch (10)
David Walter (9)
Paul Walters (11)
Thomas Walthall (11)



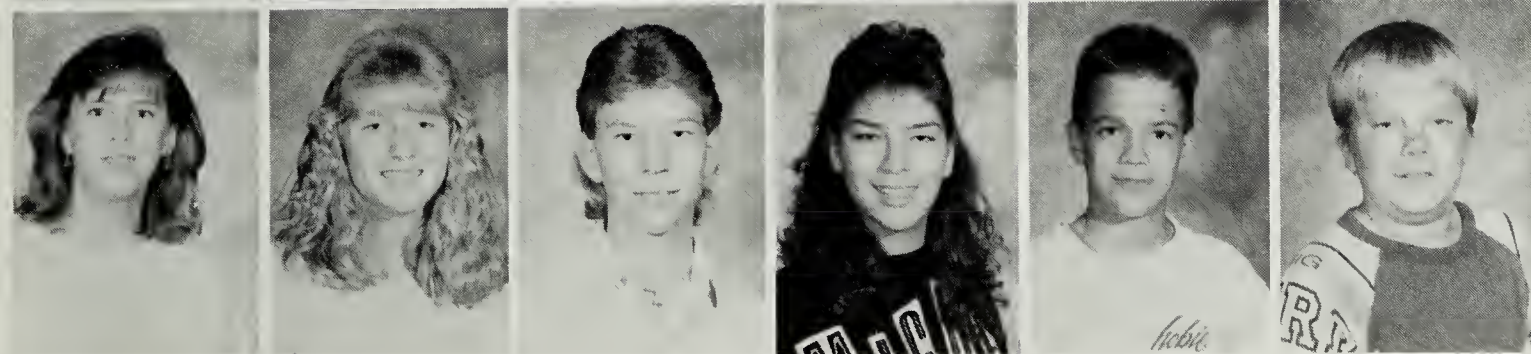
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Jeff Ward (10)
Jennifer Ward (11)
Kim Ward (11)
Michael Ward (11)



Traci Ward (9)
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Heidi Wark (10)
David Warren (10)
Steve Warren (9)
Kimberly Watford (9)



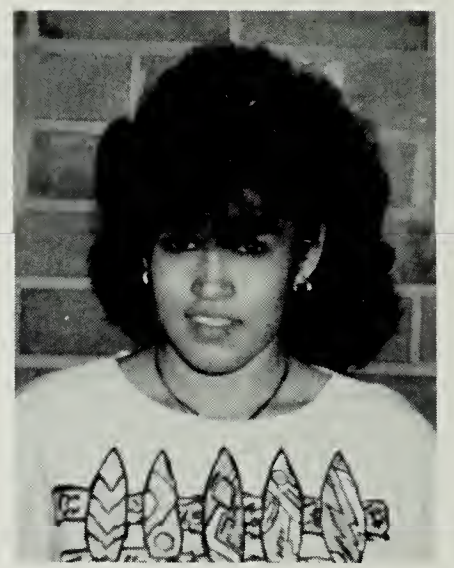
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Angie Watts (10)
Cherrie Webb (11)
Audra Weber (11)
Jeanette Weber (11)



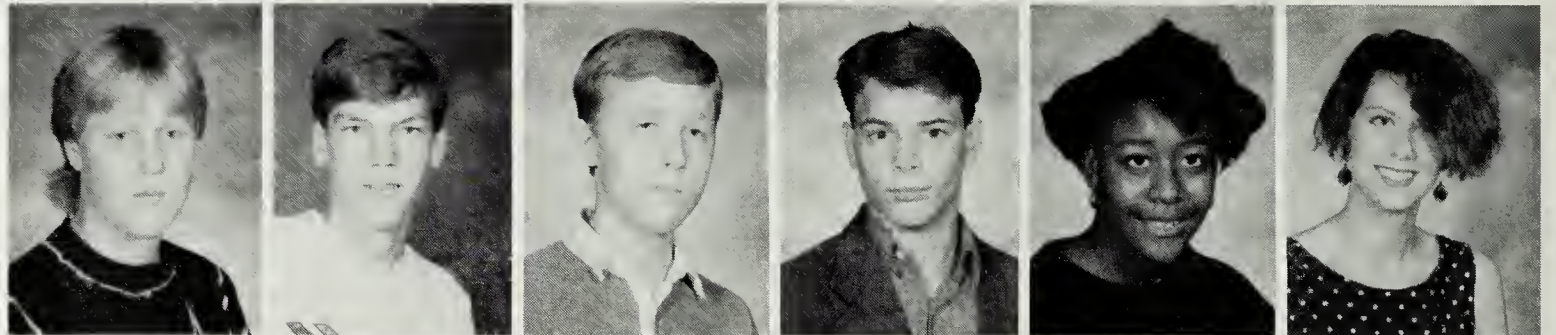
Melissa Weber (9)
Rachel Weber (9)
Chris Weckenman (11)
Jaimi Weetman (9)
Jason Wehmeyer (9)
Aaron Weisenberger (10)

"I enjoy pep rallies because they are fun and everyone gets a chance to participate in each activity."

Freshman Monica Basford



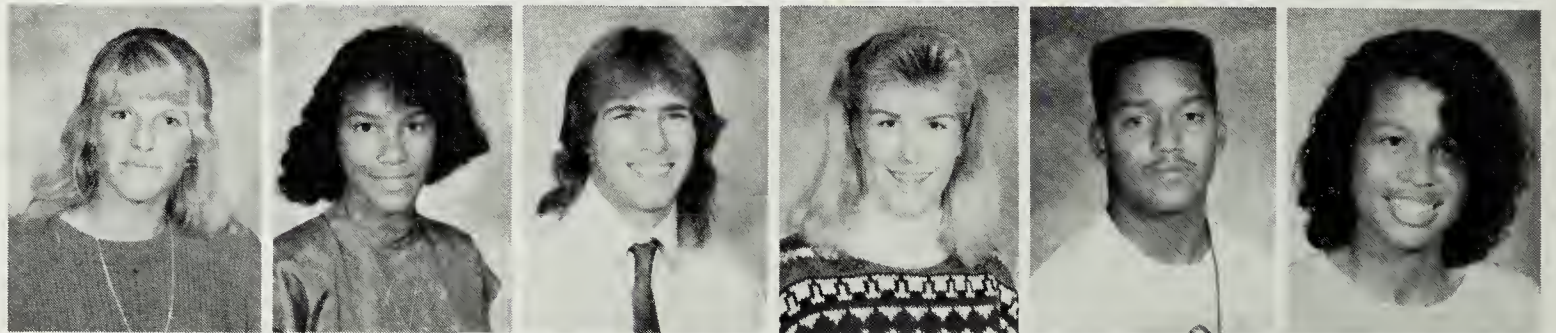
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Todd Wells (10)
Michael Wendling (10)
Chavisty West (9)
Kim West (11)



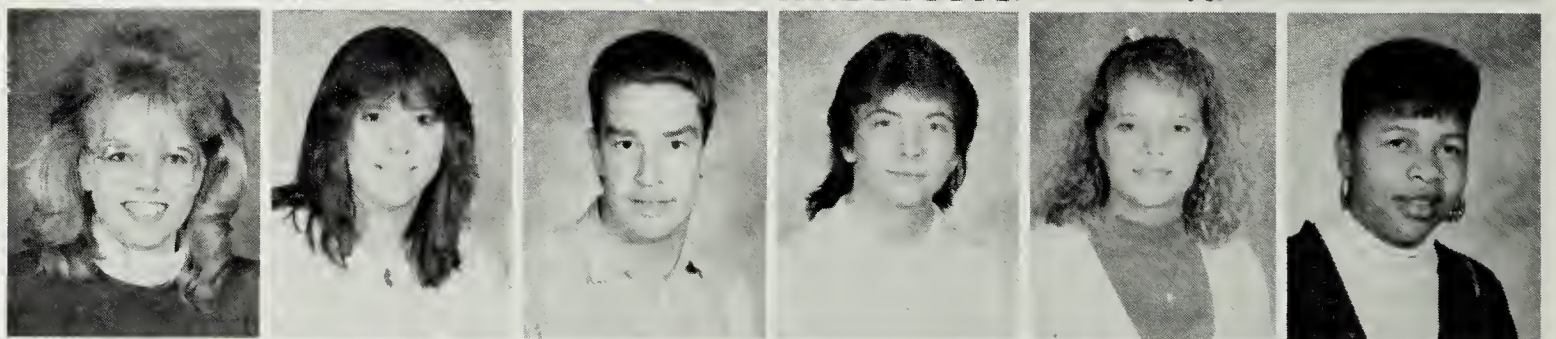
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Steve Wheeler (10)
Jennifer Whitaker (9)
Austin White (10)
Brandon White (9)



Christine White (11)
Crystal White (9)
David White (9)
Jennie White (10)
Jimmie White (11)
Tanya Whited (9)



Melissa Whitehead (10)
Wendi Whitehead (10)
Scott Whiteman (10)
Kimberly Whitman (11)
Dawn Whitsell (11)
Napell Wicker (11)



Cassandra Wiens (11)
Sydonie Wierbinski (10)
Jim Wiggins (9)
Emily Wilbur (9)
Guyrin Wilburn (10)
Robert Wilcox (10)



Brian Wiley (10)
Jack Wiley (9)
Craig Wilhelm (10)
Adrian Williams (9)
Ameni Williams (9)
Brandon Williams (10)



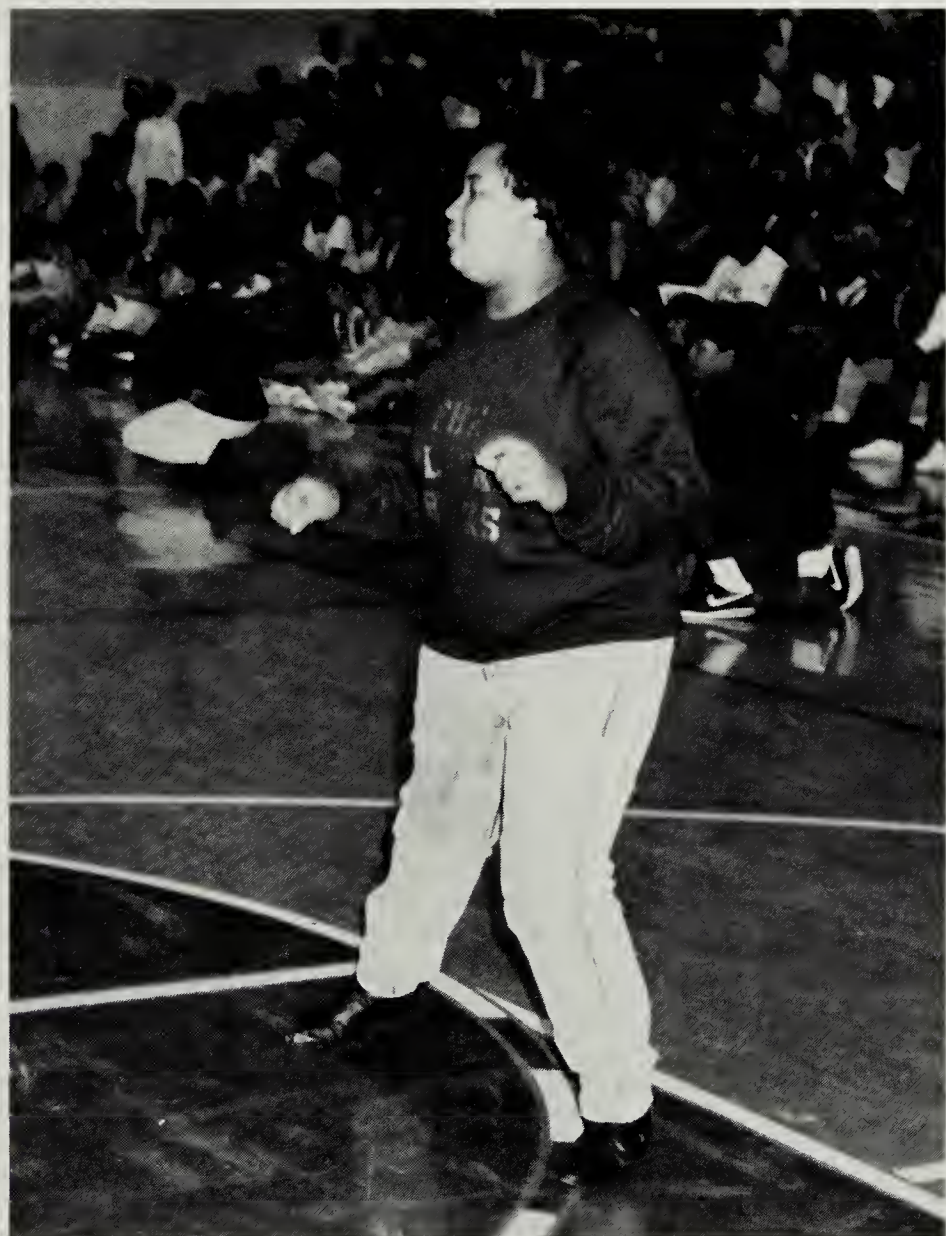


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Greg Williams (9)
James Williams (10)
Kitty Williams (10)
Kory Williams (10)
Linc Williams (11)

Lisa Williams (9)
Martin Williams (10)
Monica Williams (11)
Yumiko Williams (9)
Beverly Willie (9)
Brian Wilson (10)

Bryan Wilson (10)
Kristie Wilson (11)
Scott Wilson (10)
Shaun Wilson (11)
Steve Wilson (9)
Thomas Wilson (10)

Wendell Wilson (9)
Brian Wise (10)
Tawnia Wisser (9)
Stephen Witt (9)
Kyle Wolf (11)
Sara Wolf (10)



Pep rallies raise excitement

You can always tell when there is going to be a pep rally because there's a certain feeling in the air early in the morning. Students watch and wait for the time to pass. And it usually passes quickly because every class is shortened five minutes.

When the time finally comes for the pep rally to start, students are ready. Most students like yelling different cheers and sayings, but some don't like going to the pep rallies at all. A lot of students get early dismissals

so they can leave before the crowd and get home early. Still, over half of the school stays to party and have fun. Junior Cedric Buchanan said, "Pep rallies are a great opportunity for students to come together to cheer for a good cause, to rock the house!"

The pep rally would not be complete, of course, without the cheerleaders. The cheerleaders spend a lot of time preparing cheers especially for the pep rally. They know how to get everyone hyper and excited.

At the end of the pep rally, there is a lot of pushing and shoving involved, but mostly fun and laughter. Students leave school pumped up and ready to cheer their team to victory.

Adding variety to to pep rallies, the Black History performed a dance routine to The Electric Slide. Club member Kristie Bowie seems to be having a good time.

Fast food hits the spot

What's the one place students went to hang out after school, and get a quick bite to eat? Wide varieties of food were served to please everyone's taste. Restaurants that served fast food had the reputation that the food is not very healthy, but many students still ate out at least once a week or more. The emphasis on eating healthy snacks is decreasing, and junk food is remaining a favorite among teens. These snacks are convenient for someone on the go, but we rely too much on eating snacks in place of healthy foods. Fast foods are loaded with calories that are not easily used up.

People didn't have the time to maintain healthy diets while keeping up with school and some-

times jobs. this made it difficult to have the time to cook and eat these healthy foods.

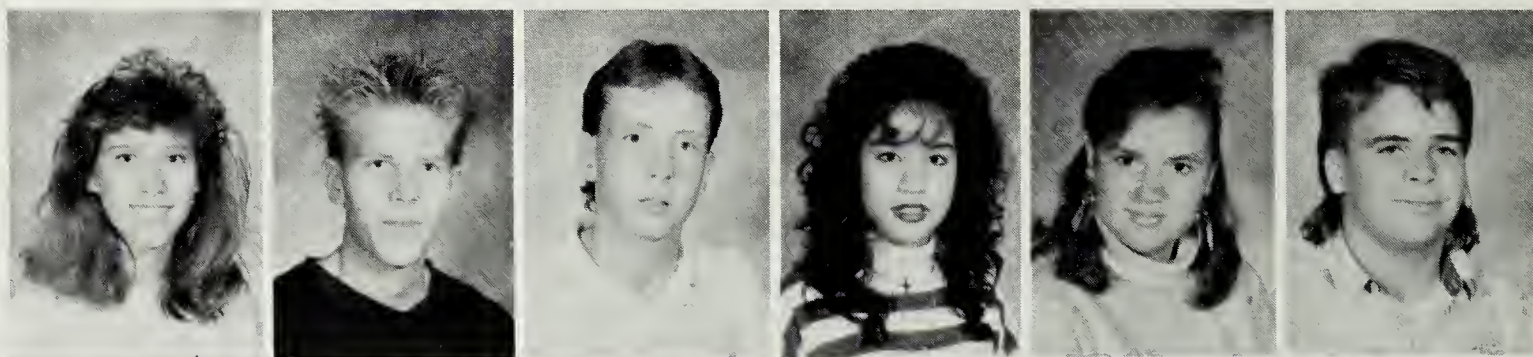
Some students relied on fast food restaurants for most or all of their meals. As soon as school lets out, students head to their favorite place like McDonalds, Taco Bell, or Pizza Hut to grab a bite. "McDonalds is my favorite restaurant because I love their french fries, but I would never want to work there because I would probably burn the food," said sophomore Sandy Atseff.

Whether it's a McChicken sandwich, or Wild Wings, students love fast food, and are not worried about the price or the health risks involved.

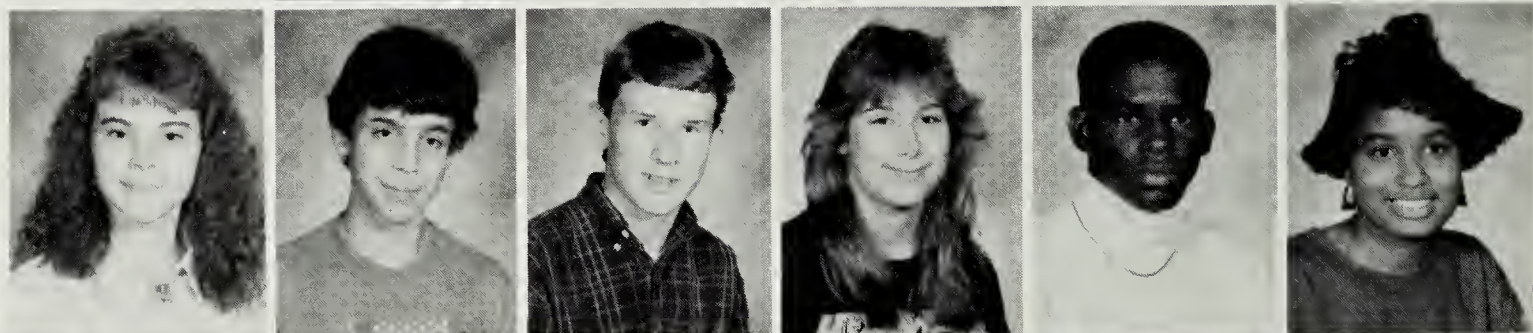
Students enjoyed fast food, like pizza even when they ate in the school cafeteria.



Tina Wolfenbarker (9)
Philipp Wolff (11)
Russell Wolfrey (9)
Helen Wonpat (11)
Amber Wood (9)
Eric Wood (10)



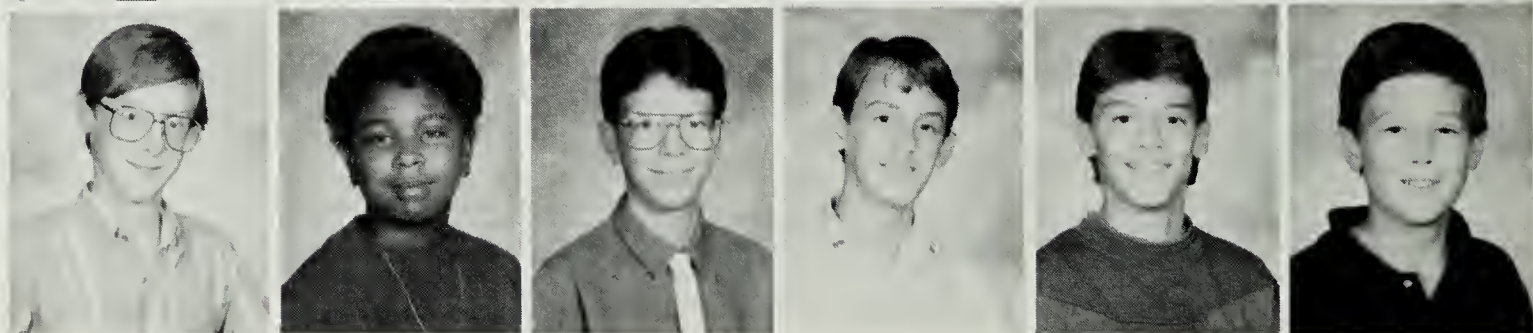
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Tammy Wood (10)
Elbert Woodall (9)
Okola Woodberry (9)

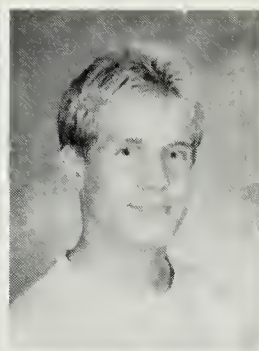
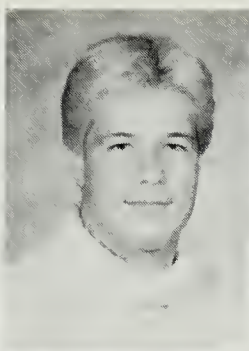


Alton Woodbridge (11)
Chris Woods (9)
Victoria Woodson (9)
Christie Wooten (10)
Chris Wright (10)
Mike Wright (10)

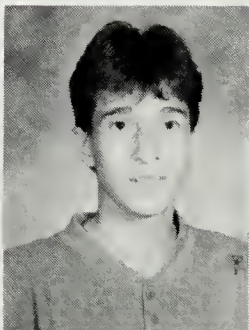
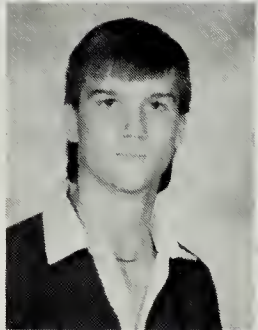


Robert Wright (11)
Veronica Wright (11)
Chris Wyatt (10)
Jonathan Wyatt (9)
David Wycinsky (9)
Davie Wynn (9)

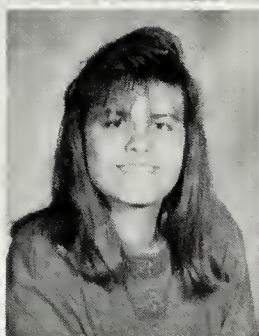
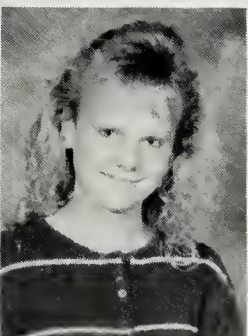
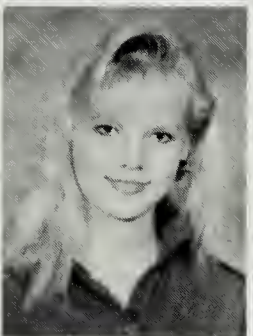




Melinda Yaken (10)
 Claudia Yalicki (9)
 John Yancy (11)
 Paul Yardschak (9)
 Billy Yates (11)
 Scott Yates (9)



Christopher Young (9)
 Eric Young (11)
 Shareen Young (11)
 Tiffany Young (11)
 Sean Youngblood (11)
 Maha Yousufzai (9)



Amy Yuratich (11)
 Sabina Zenke (10)
 Miriam Zimmerman (10)
 Davy Zinn (9)
 Sara Zinser (9)
 Maria Zoscak (10)



Molly Zurflueh (10)

"Hardees is my favorite fast food place because I like their quarter pounder cheeseburgers."

Freshman Robbin Peyton



Unity Under Pressure

Striving to Meet Expectations

No one but an athlete knows how much work and determination is involved in each and every game. Athletes had to battle against their opponents, school work, and extra activities as well.

It's a wonder how they manage to do it all and still

maintain a respectable academic record.

Hours were spent practicing and training after school. Athletes felt the pressure not only from their coaches but from their teachers, parents, and friends as well.

Their hard work payed off too. The girls tennis team

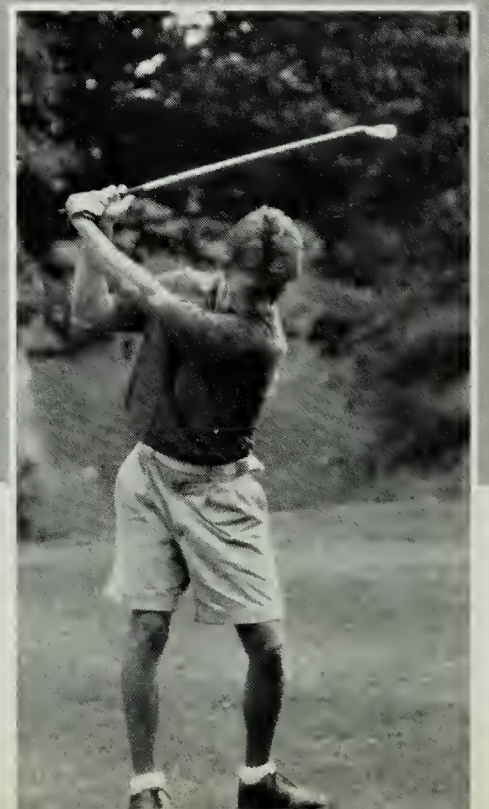
finished superbly with an undefeated regular season. The golf team did outstanding as well, finishing 2nd in districts and 4th in regionals.

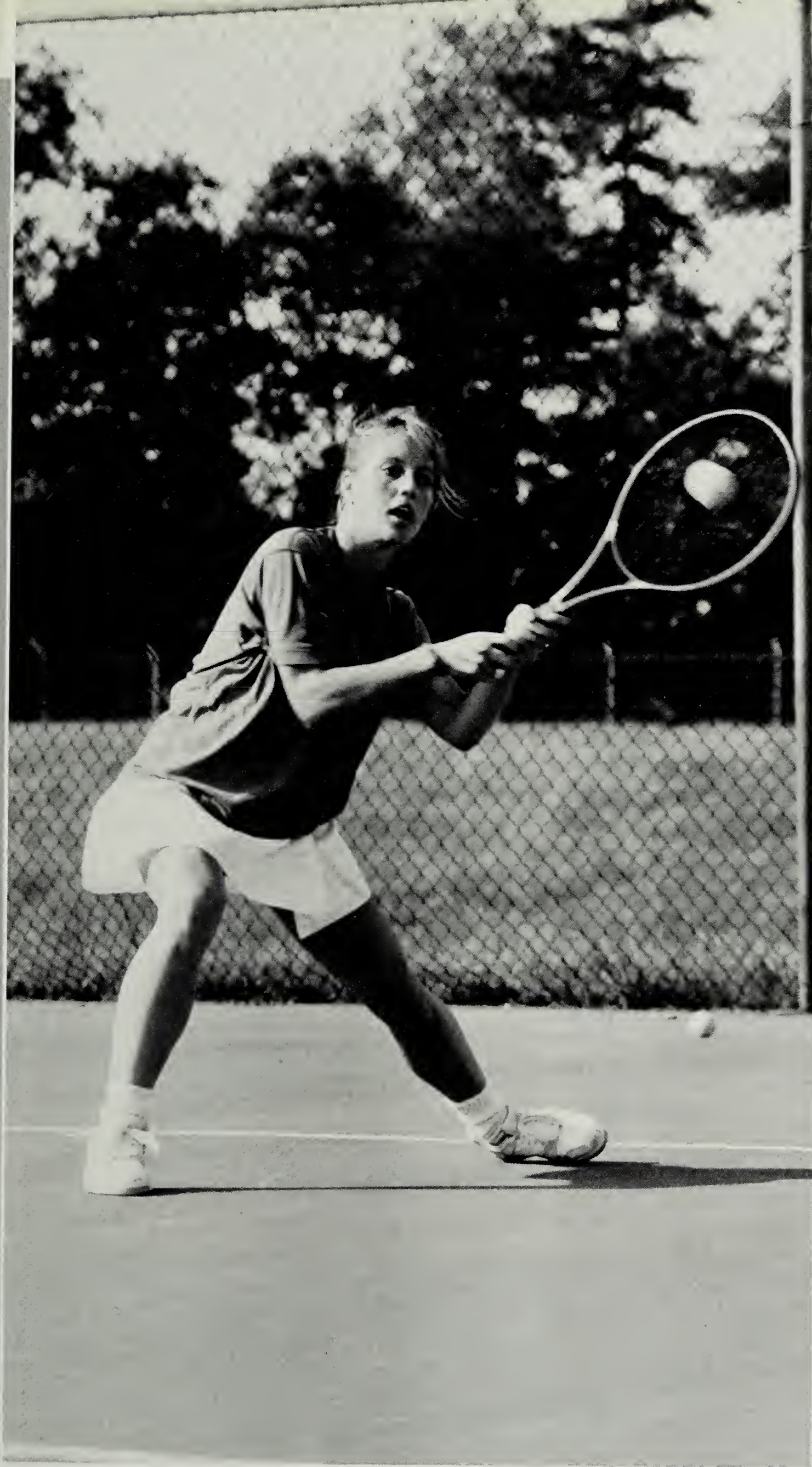
Somehow they were able to overcome the pressures they encountered and continued to strive to meet their expectations.



Kneeling from the sideline, Stan Fissel (91), contemplates a long and frustrating season.

Aaron Magee (90) takes the time to practice his swing before he tees off for the 9th hole.





S P O R T S



Senior Jessica Williams (90) centers the ball on the strings as she demonstrates her two-handed back hand.

KICKIN' THE NIGHT AWAY

On February 21, a group of forty girls met in Health Room 2 to meet the new Junior Varsity coach, Mrs. Claye Rhea and start the week-long tryouts. One of the try-out requirements is to run one and one-half miles in six minutes. Because of the lingering rain, most of the week was spent inside playing short-sided games in the main gym along with many skill drills to improve the teams passing, direction, coordination, and concentration which was a necessity on the field.

Once the special teams were formed, they started right away in preparing for their first game of the season against North Stafford. Their diligence at practice paid off with a win. However, after losing to Osbourn Park and Stonewall Jackson, the team

sat down and had a little talk which resulted in arousing a new sense of unity and team spirit. Consequently, they went on to win the rest of their games until they encountered Woodbridge Senior High School where they lost 0-3 in both the last game of the season and the district tournament.

Placing 4th in the district, three girls were selected for the All-District second team. They were Heather Bouton (90), Holley Rupert (90) and Audra Weber (91). Janet Clegg (89), April Haslacker (91), Lisa Savage (89) and Beth Sunderland (89) were named honorable mention for All-District. Holley Rupert was named defensive Most Valuable Player and Heather Bouton was named the offensive MVP of the season.

Midfielder Megan Sprouse (90) watches the play for an opportunity to take the ball away from her opponent.



With the moon behind her, April Haslacker (91) chips the ball down the field to scoring position against North Stafford.



Audra Weber (91) gives the ball a swift kick to send it to the other side of the field to an open teammate.



Dribbling down the field to score another goal, Heather Bouton (90) intently concentrates on the ball for perfect positioning.



Coach Sullivan confers with Jenn Peters (90) to affirm the defensive strategy against North Stafford.



"Although we did not come out on top, we kept going. We never gave up." Holley Rupert (90), defensive MVP



"It's an honor to get this award. Soccer's my game. I always try to improve my performance. The team was really supportive." Jenn Peters (90), MVP



Right before the game, Coach Mickie Sullivan gives the team encouragement while reminding them of the off-sides traps.

Varsity Soccer

5	North Stafford	0
4	Potomac	1
8	Fauquier	1
0	Osborn Park	2
2	Stonewall Jackson	3
2	Potomac	1
3	Stafford	2
4	North Stafford	2
0	Woodbridge	3

Season Record: 6 - 3

District Tournament:
0 Woodbridge 3



Defender Holley Rupert (90) juggles to keep her balance and dribble the ball away from her Potomac offender.



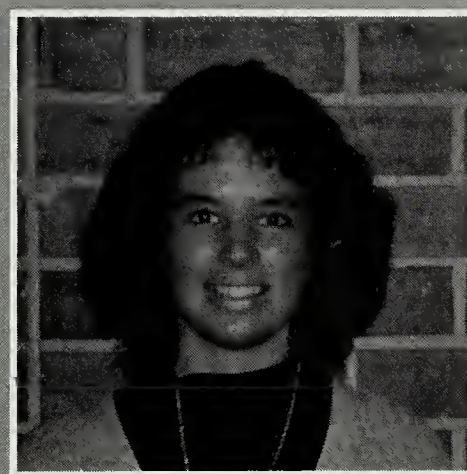
Taking a drink of water on the sideline before going back into the game, Annie O'Hop (90) sits and watches her teammates.



Sitting: Heather Bouton and Renae Lohman. First Row: Jenn Peters, April Doyle, April Haslacker, Audra Weber, Beth Sunderland, Trina Vanderhoof, and manager Jennifer Dixon. Second Row: Lisa Savage, Amy Lass, Janet Clegg, Holley Rupert, Angie Andrews, Megan Sprouse, Nicki Hiatt, Annie O'Hop, Suzie Touset, and Coach Mickie Sullivan. Not Pictured: Manager Angie McEwen.



"I believe that this team was by far the most talented this school has seen in the past several years." Coach Mickie Sullivan

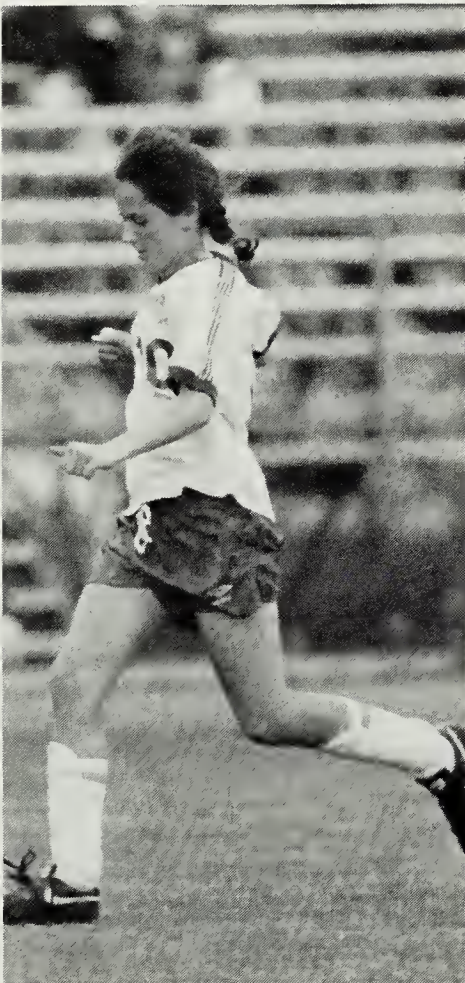


"Being a manager I got to experience the comradery of the team and watched how the girls worked together and grew as a unit." Angie McEwen (91)

Tackling the ball, Amy Johnson (91) shows the other team who is in charge as G-F scores again.



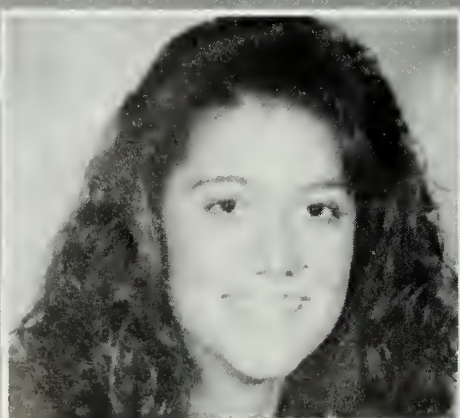
Ayana Lee (91) keeps the ball from going over the sidelines by kicking it back into play.



Using good judgement, Amy Coffee (91) passes the ball to another team member.



Full of determination, Tara Broce (91) keeps the ball away from the opposing team by passing it downfield.



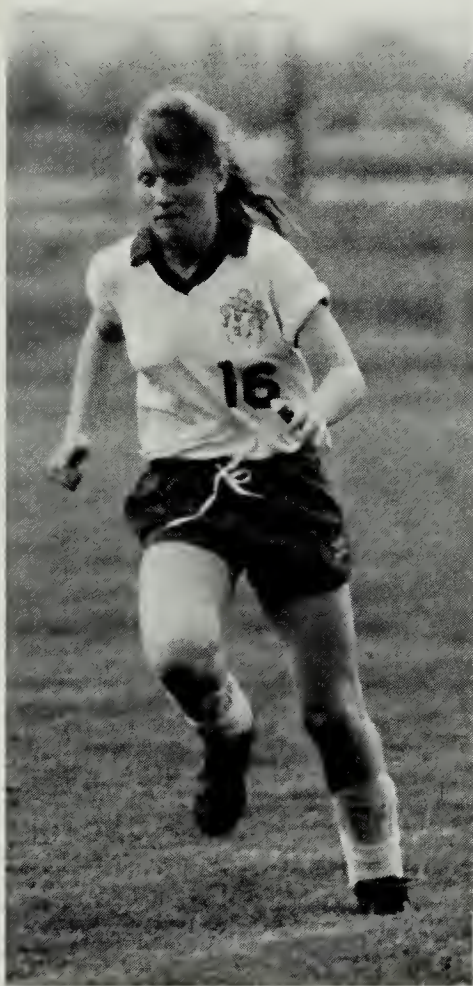
"Being on the J.V. team was a great experience. It taught me to be a more mature and responsible athlete." Most Valuable Player Jennie Carroll



"Considering we had many new players and a new coach, I feel we had a fine season and a great record." Most Improved Player Jen Arnold

Traci Carrano (91) scrambles towards the ball and prepares to advance it down field.

Giving It the Boot



The 1988-89 Girls J.V. team ended the season with six wins and two losses. Their hardest game was against Woodbridge, who had a very strong team. Gar-Field tried their hardest and were very pleased with themselves.

The team's easiest game was against North Stafford, who they beat 4-0. The team was also very proud to win six out of eight games, which was a definite improvement from last year.

Overall, the team did great with help from Coach Claye Rhea. Being her first year coaching girls soccer, Coach Rhea wasn't quite sure what to expect. Putting uncertainties

aside, Coach Rhea worked hard and accomplished a lot with the girls.

The team had many strengths that Coach Rhea helped to refine. Areas such as defense, speed, skills, and attitude were improved. The team was dedicated in every aspect and willing to give it their best. Coach Rhea worked the team and conditioned them, producing great results.

Tryouts for the team included a timed, twelve minute run on the track. Eighteen out of forty girls were selected for the team. Once the girls were selected, they had to maintain a "C" average.

J.V. Soccer

4	North Stafford	0
6	Brentsville	1
1	Stonewall	4
9	Faquier	0
4	Osborn Park	1
3	Potomac	0
3	Stafford	0
1	Woodbridge	2

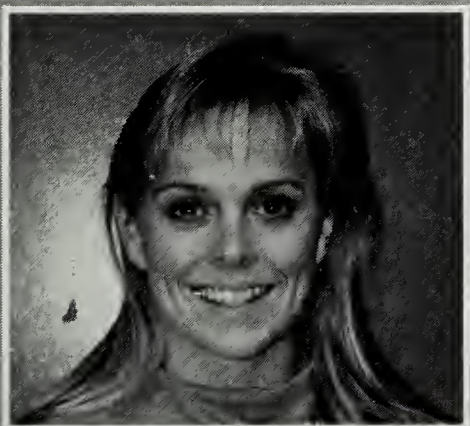
Record: 6 - 2



With clenched fists, Amy Ashley (92) tackles the ball, dribbles it down field, and sets up an opportunity to score a winning goal.



Top Row: Tracy Carrano (91), Dawn Whitsell (91), Jenn Arnold (91), Amy Ashley (92), Tanya Pierce (92), Ayana Lee (90), Camille Boomer (92), Sabrina Halin (92), Claye Rhea. Middle Row: Jennie Carroll (91), Amy Coffee (91), Lady Johnston (92), Allison Sullivan (92), Donna Hundly (91), Heather Crowe (92), Tara Broce (91). Front Row: Amy Johnson (91), Liz Porter (92), Shannon Beale (91).



"I think that overall the group was a good bunch of girls with tremendous potential."
Coach Claye Rhea



"I think that the team worked good together as a group. We've done better as a team than we've ever done before."
Manager Wendy Hendrick

It's a REAL KICK

The Call of the Wild

Where would we be without the support of our student body at school events. Whether it is on the football field, basketball court or the track, athletes need to hear the cheer of the Indians. One can feel the excitement and spirit of the student body when a basket or goal is made. Everyone pulls together when times are tough to help support the team.

Varsity basketball player Marty Ruffin (90) comments, "When the team is behind, the cheers of the students help us improve our motivation. It puts us back in the game." Not only is the pressure felt on the playing field, it is also felt in the stands. Cheering for the team was a way to let out the "call of the wild."

Whether it was their magic shoe polish imported from England or their desire to win, the team demonstrated a strong beginning. Scoring eight goals in the first two games against Mt. Vernon and West Potomac, put the team in the right direction. Despite the aggressive beginning, the team had three ties which prevented them from entering the playoffs. "It was a frustrating year," reflects Coach Rudy Zimmerman, "The team worked really hard at making this a good year."

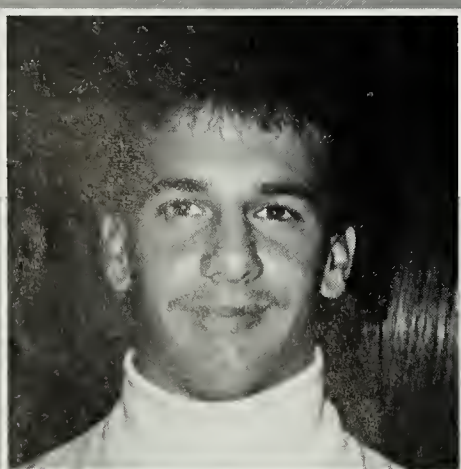
The team ended their season with an awards banquet at Crystal's Restaurant in Woodbridge. Joey Witzgall (89) was awarded Most Valuable Player and Trevor Cowgill (90) was awarded Most Improved Player. The Outstanding Forward, Midfielder, and Defender Awards were earned by Jason Weber (89), Paul Parker (89), and Claude Barfield (89) respectively.

The team learned through practices, games, and scrimmages that hard work yields improvements. This season they did improve. The team lost fewer games, finished fifth in the district, and stuck together through all the pressures.

Minutes before the game, David Covington (91) takes the time to prepare himself by stretching and warming up.

Quick feet and determination allowed Alexander Council (91) to out maneuver his opponent and score a goal.

Evan Miller (90) attempts to deliver a pass to a team member further upfield.



"It was a frustrating season. We tied one to many games which put us out of the playoffs." Joey Witzgall (89) Most Valuable Player



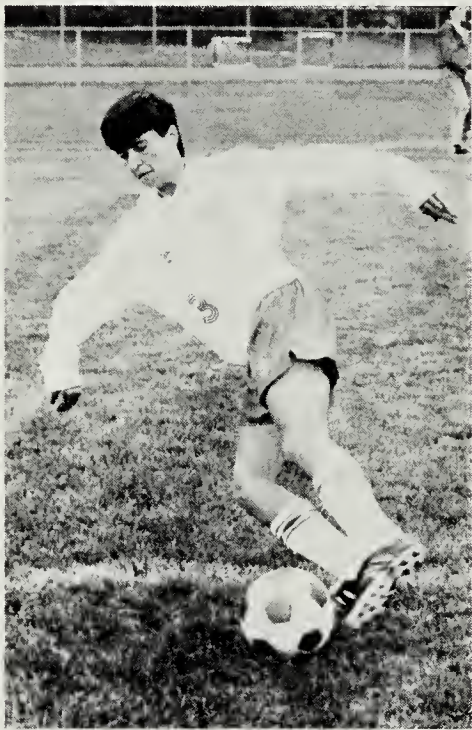
"Even after a big loss the team would pull together and work harder in order to win the next game." Trevor Cowgill (90) Most Improved Player



Buppy Barfield's (89) size, determination and playing ability in handling the soccer ball allows him to overcome his opponent.



Working on last minute details, Franklin Council (91) and Anthony Matos (91) practice their passing exercises before the game.



Keeping in mind that there is always room for improvement, Tommy Walthall (91) takes the time to refine his dribbling skills.

Varsity Soccer

4	Mt. Vernon	1
4	West Potomac	0
0	North Stafford	2
1	Potomac	3
0	Osborn Park	6
1	Stonewall	1
2	Fauquier	2
1	Stafford	0
1	Potomac	1
1	North Stafford	4
3	James Wood	0
0	Woodbridge	8

Season Record: 4 - 5 - 3



When Joey Witzgall (89) and Tony Matos (91) are not on the field, they can be found on the sidelines supporting their teammates.



Back Row: Coach Joe Lanzafama, Franklin Council, Jason Weber, Claude Barfield, Paul Parker, Alexander Council, Domenic Bianchini, Candice Michael. Middle Row: Coach Chris Aleo, Mark Grayson, Drew Ashley, Danny Suggs, Scott Honeycutt, Sean Suggs, Rob LeBlanc, Janet Held, Coach Rudy Zimmerman. Front Row: Joey Witzgall, Evan Miller, Tommy Walthall, Larry Goode, Brandon Demers, Tony Matos, and Trevor Cowgill.



"When the team put forth the effort and sacrifices they began to see the rewards."
Coach Rudy Zimmerman



"Being part of the team is great. Everyone works really hard to have a good season." Janet Held, manager

Pausing for a moment, Brian Hill ponders the pros and cons of his playing techniques at the first home game of the season on April sixth against Brentsville.



Taking in a refreshing drink to conquer his unquenchable thirst, Fumu Gakodi energizes himself to play against Osbourn Park on this fine April day.

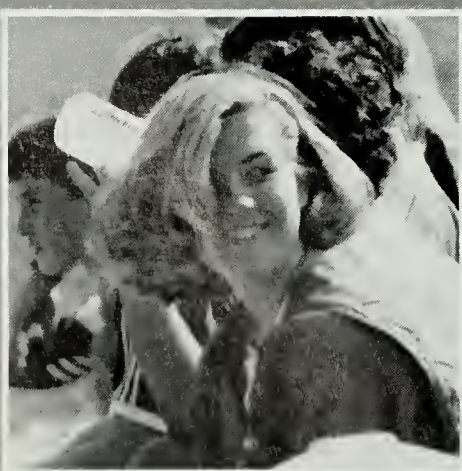
EVERYONE WANTS ONE NOT EVERYONE GETS ONE

Getting a sports letter is a great honor, but it's not as easy as it may seem. It takes hours of practice and hard work. Every day these dedicated players stay after school for what may be hours just to keep our school's team in a winning light. How do you receive one of these metals of honor? Well, it takes time, courage, dedication, and hard work. Letters are awarded mainly to one year varsity members for all sports except track. Track has specific requirements as far as running times. If you are interested in obtaining a letter, just get in touch with a coach and good luck!



Taking some time to practice before the home game against Brentsville, Vu Huy makes stopping the ball look easy.

Trying to keep the ball away from the Woodbridge players' reach, Jorge Duque makes a successful pass to a fellow teammate.



"I enjoyed the game. There was action and never a dull moment."
Kandice Michael



"Two years ago the team was great, but this year the team was even better."
Assistant Coach Joe Lanzafama

A Natural Playing Force

Not only was the soccer team a natural playing force on the field, but it was also an international one as well. The team players backgrounds went from Greek to Hispanic to American. To confuse Coaches Aleo and Lanzafama even further were five players with the same first name "Eric." As with any sport, the team's practices consisted mainly of learning new soccer

techniques. The JV team was good and on their way to becoming bigger and better varsity stars. "This years soccer team was a great bunch of guys!" exclaimed Coach Chris Aleo.

The team played scrimmages to try out their newly acquired skills and fine tune their regular ones. As Coach Aleo reviewed the past games of the season, he decided that

the Potomac and Stonewall high games were the best. At the Potomac game the team never gave up and won with a 2 to 1 victory. They always tried to out do themselves and score that extra goal. Their persistence paid off with a winning goal in the last 37 minutes to break the tie with Potomac. Although we lost to Stonewall 0 to 1, the team gave it their best shot.

Junior Varsity Soccer

4	Mount Vernon	1
4	West Potomac	1
1	North Stafford	0
3	Brentsville	1
0	Stonewall Jackson	1
3	Fauquier	1
0	Osborn Park	3
2	Potomac	1
7	Stafford	0
5	James Wood	0
0	Woodbridge	7
5	T. C. Williams	0

Season Record: 9 - 3

Coming in from behind, Jeff Kuhl takes the ball away from a Woodbridge player on Woodbridge's home field.

Wiped out after a hard days practice, Marc Grayson finds the perfect way to keep himself cool and refreshed.

Being a goalie is an essential and difficult job that Marc Grayson has become an expert at.



Top Row: Coach Rudy Zimmermann, Eric Phillips, Jeff Kuhl, Fumu Gakodi, Matthew Daly, Eric Cooper, Eric Recknor, Coach Chris Aleo. Bottom Row: Brian Hill, Jorge Duque, Sam Said, Eric Brettaser, Vu Huy, Chris Grover, Ted Hilios, and Lloyd Johnson.



"The team came together real easy. It was a natural team. They're a great bunch of guys." Coach Chris Aleo



"My favorite thing about soccer is the team unity and spirit. It teaches us self-discipline and management." Sam Said

Talking with catcher Carmen Spesert (91) and pitcher Holly Gutridge (92), Coach Jennifer Jones confers with them on the upcoming batting order of the other team.

Lynn Harris (91) smiles with satisfaction as she sheds her helmet after making another home run.



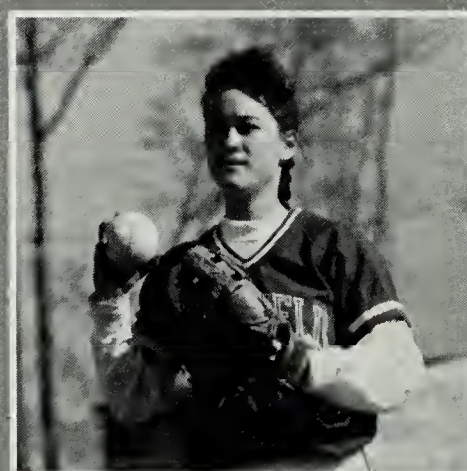
Frustrated with the umpire's call, Stephanie Shrewsbury (90) returns to the dugout to help cheer on her fellow teammates.

First year player Holly Gutridge (92) focuses on the batter as she winds up for the pitch in the home game against Osbourn Park.

Determined to score another run, Jeanine Castro (91) watches the flight of the ball intently as she prepares to run towards home plate.



Teresa Lewis was a three year varsity level player. She was nominated to be an Honorable Mention for the All-Commonwealth District team.



"I feel honored to have been voted Most Improved Player because that means my teammates saw my improvement over the season." Regina McCarthy

Experience comes with time

Although the Varsity Softball Team had only five returning members, each of those members were letter winners. The team was made up of more freshmen than usual. "We lost three seniors but all players contributed. We also had many underclassmen who were first year starters," commented Coach Jennifer Jones.

Returning team member Stephanie Hosier (89) pitched a sensational no hitter (6-0) against Potomac. However, halfway through the season the team lost Stephanie due to a leg injury. Thus giving freshman pitcher Holly Gutridge

a chance at the big time. LaVonne Maddox summed up the mood of the team by stating "I felt the season went well even with the loss of our first string pitcher."

The most difficult game the team had was the home game against Osbourn Park. This game went into ten long innings and ended the season for the team which made winning the game extra important. Even though the team gave it their best, they were not able to defeat Osbourn Park.

The team worked on improving their batting and fielding skills throughout the season. The powerful throw-

ing strength of the outfielders contributed greatly towards the teams' playing ability. Team spirit was consistently high even with their losses.

Stephanie Hosier (90) was given the honor of playing on the All-Commonwealth District Team as pitcher. Stephanie Shrewsbury (90) was chosen for the All-Commonwealth District second team as first baseman. Chosen for honorable mention were team players Regina McCarthy (91) and Teresa Lewis (89).

Varsity Softball

11	Stafford	0
5	James Wood	8
0	Stonewall Jackson	3
4	Potomac	0
1	Osbourn Park	9
5	North Stafford	6
6	Fauquier	1
2	Woodbridge	3
12	Stafford	7
4	James Wood	1
1	Stonewall Jackson	6
6	Potomac	0
7	Osbourn Park	9
1	North Stafford	4

Season Record: 6 - 8



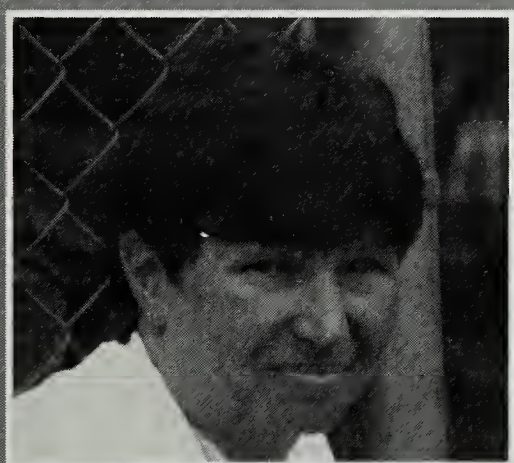
Just in case the ball should come her way, Regina McCarthy (91) prepares for it as she watches the pitch during the game against Woodbridge.



Catcher Denise Simcic (90) prepares to throw the ball down to second base in order to hopefully make an easy out.



Front Row: Teresa Lewis, Stephanie Hosier, Stephanie Shrewsbury. Middle Row: Lynn Harris, Regina McCarthy, Heather Jewett, LaVonne Maddox. Back Row: Coach Jennifer Jones, Denise Simcic, Teri Mathewson, Aimee Templeton, Jeanine Castro, Holly Gutridge, Carmen Spesert, and Dina McCarthy.



"I feel that we have a superb nucleus from the 1989 squad coming back that will make us a stronger team in 1990."
Coach Jennifer Jones



"Our team was young and it was a change for most people. I feel that next year the team will be better as we adjust to the changes." Teri Mathewson

Looking enthusiastic, Monica Gauber (91), Claire O'Grince (92), and Jenny Lewis (91) watch from the dugout as the team scores another home run.



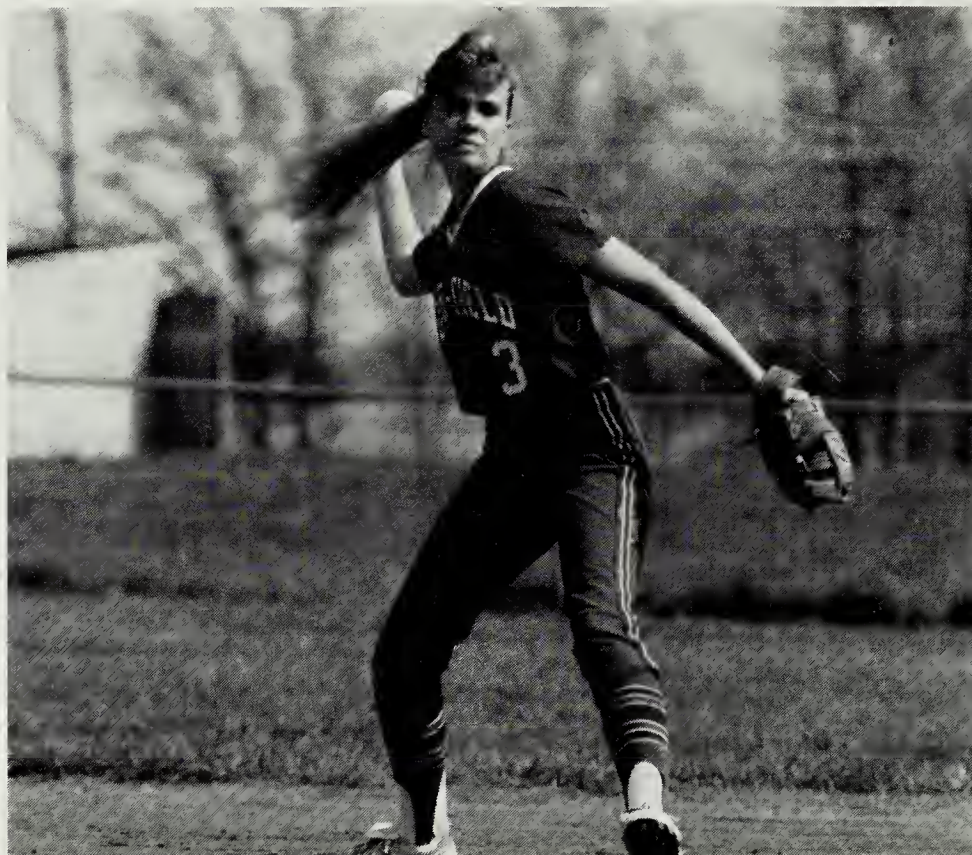
BALANCE BETWEEN MIND AND BODY

Juggling school work and sports is sometimes hard on a student. Having practices right after school cuts into a student's studying time. The new Varsity Football coach, Chuck White, makes his football players come to a study hall from 2-2:30 everyday after school before they start practice. Mr. Ramos, from the Math Department, contributes by helping players with their math. Although the academic environment has gotten tougher, playing a sport doesn't have to affect your grades unless you let it. Denise Simcic (90) who plays softball and tennis says, "Sports do take up a huge amount of my time, but participating in a sport is worth it in the long run. I have learned to utilize my academic time wisely."



Jane Fetko prepares to make the catch, while Monica Gauber backs her up. The two of them together are sure to make the out.

With grim determination, Terry Padalino (92) quickly moves to sweep up the ball for a possible fast out.



Although Claire O'Grince (92) did not quite manage to tag this player out, she knows she was in the proper playing position.

Trying to get the ball quickly to her teammate, Monica Gauber (91) throws a fast ball in order to help get the opposing team out.



"Kellie was a strong player, making great catches in centerfield." Coach Steve Webb on Most Valuable Player Kellie Meehan (91)



By putting all of her time and energy into playing softball, Lisa Valentine (92) was chosen as the Most Improved Player.

HIT AND RUN



When Jenny Linthicum sees the ball go flying into the outfield, she makes tracks towards first base.

The Junior Varsity Softball Team went through several changes in coaching staff but finally Coach Steve Webb finalized the position. Co-captain Jane Fetko said, "I felt we had a great season considering we had a change in coaches in the middle of the season and still remained undefeated. They finished the season with an impressive twelve wins and no losses. The team was made up of sixteen of the twenty-four girls who initially tried out for the team. Eight of

Looking relaxed and confident, Krista Miller (92) watches as our team scores another run.

them were returning from the previous season. The Captain was Kathy Taylor (91) and the two co-captains were Kellie Meehan (91), who was also voted as Most Valuable Player, and Jane Fetko (91). The team manager was Marty Ruffin (90).

The team's toughest game was against Osbourn Park. OP had not lost in two years, but our team managed to defeat even them. The team's greatest strength was in their defense. "We practiced defensive plays every day and even hit hard grounders in the gym on rainy days. Fundamentals was the key, knowing when to

throw the ball and when not to," said Coach Webb. Their only weakness was in their lack of speed which they managed to work around.

JV Softball

25	James Wood	0
13	Stonewall Jackson	6
19	Potomac	3
5	Osbourn Park	4
8	North Stafford	4
8	Woodbridge	3
17	Stafford	2
20	James Wood	3
8	Stonewall Jackson	5
18	Potomac	1
9	North Stafford	8
16	Stafford	7

Season Record: 12 - 0



Top Row: Coach Steve Webb, Kellie Meehan, Krista Miller, Jenny Linthicum, Kathy Taylor, Chris Macejka, Terry Padalino, and Marty Ruffin, manager. Bottom Row: Jane Fetko, Lisa Valentine, Claire O'Grince, Monica Gauber, Kim Cox, Michelle Bourke, and Jenny Lewis.



"The team worked hard defensively and played well together. They had a great attitude and strived to improve each game." Coach Steve Webb



As the team manager, Marty Ruffin (90) gained untold knowledge of the sport and was a vital part of an undefeated team.

PRESSURE

to bring it Home

Even though most people don't think about baseball in December, Coach Tony Labozetta made sure the Varsity Baseball Team was well prepared for the spring season. Many days on the afternoon announcements the players who wanted to try out for the team were reminded, "Baseball players don't forget to meet down in the weight room for weightlifting and batting practice afterschool."

With only six returning players from the last season, the team worked diligently to get the others in "varsity" shape for their first game. Coach Labozetta recruited two freshmen, Brian Jersey

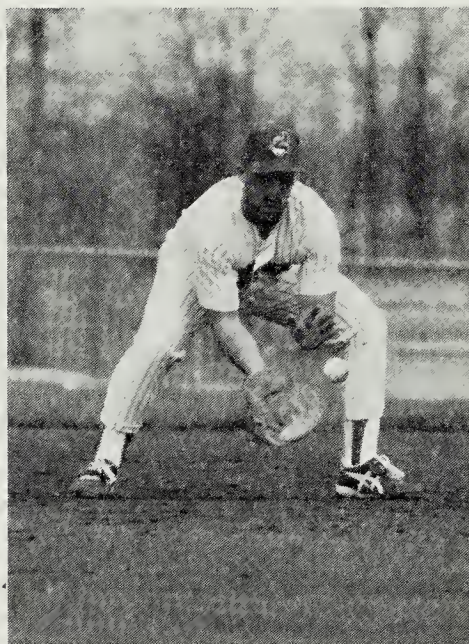
Jack Martin (89) tests the middle ground in hopes of stealing second base against cross-town rival Potomac High School.



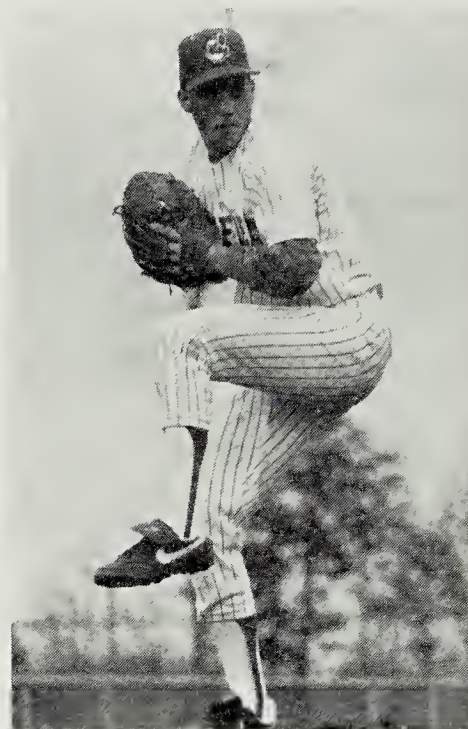
(92) and Ron Pennell (92) to round out the talented team.

As the season came to a close, the temperatures and weather fluctuated from one extreme to another. Due to rain, the Fauquier game was cancelled and the Woodbridge games were forced into double-headers. These games were the deciding factor to the teams' chance for districts. Unfortunately, we lost both games. "It was really disappointing," commented third baseman Stan Fissel (91). However, days later Eric Lambert (89) and Jack Martin (89) were both named Honorable Mention in All-District.

First baseman and pitcher Ricky Dickhute (89) gets into position to field a grounder and foil Potomac's play in the 3rd inning.

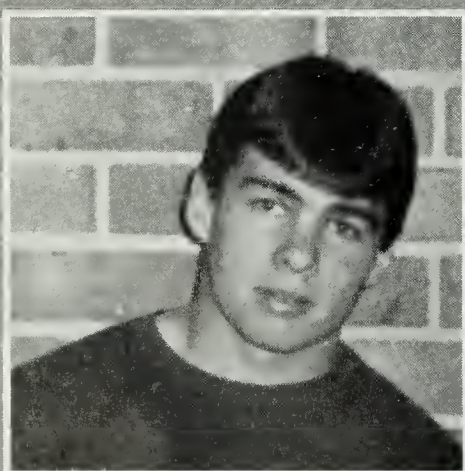


At the bottom of the fifth inning, Byron Petrauskus (89) winds up to throw a curve ball past his current opponent.

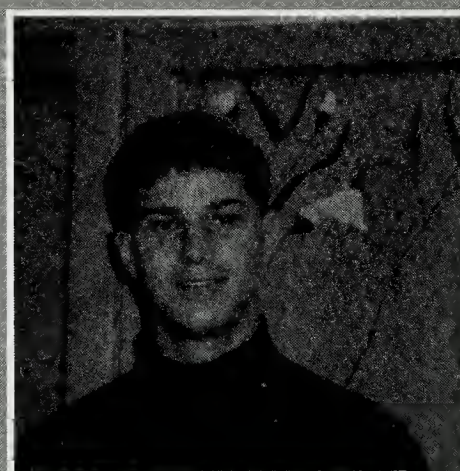


Looking towards Coach Tony Labozetta for the next play, Jeff Smith (89) waits for the relief pitcher to take the mound.

Running smoothly past first base for a single to add to his record, Brian Jersey (92) racks up a run batted in against Osbourn Park.



"The team worked hard, and although the season didn't end the way we wanted it to, we never gave up." Kevin Ash (91)



"As a freshman on a varsity team I felt a little out of place but the guys made me feel like I belonged." Ron Pennell (92)



After successfully stealing third base, Jeff Banks (89) takes his gloves off and rests before his teammate makes another play.

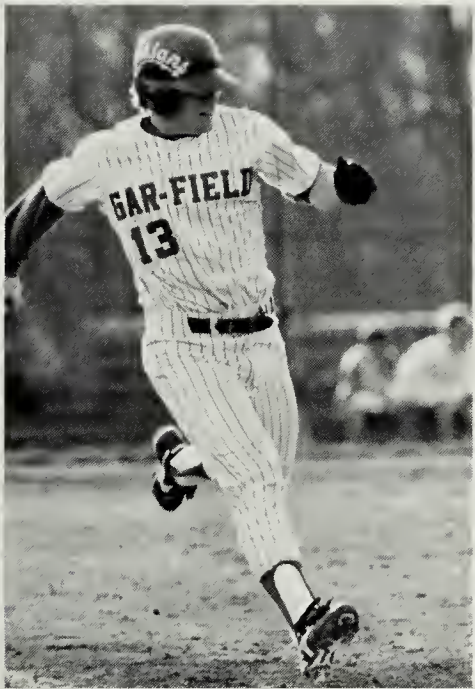
Varsity Baseball

7	Stafford	2
4	James Wood	6
18	Stonewall Jackson	5
7	Potomac	16
10	Osborn Park	9
3	North Stafford	5
6	W. T. Woodson	5
3	Fauquier	1
13	Stafford	6
2	Benedictine	6
6	James Wood	12
2	Stonewall Jackson	10
0	Potomac	6
7	Osborn Park	6
0	North Stafford	13
1	Woodbridge	5
1	Woodbridge	10

Season Record: 6 - 11



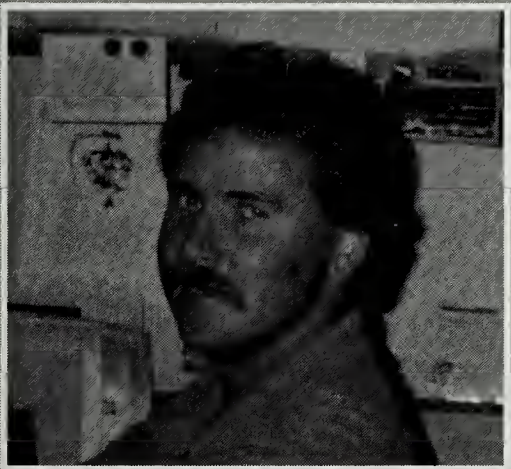
Danny Bickford (89) patiently awaits for the bunt of his teammate in order to steal home adding another stolen base and run to his record.



While streaking towards first base, Stan Fissel (91) wonders how far the ball went and how many runs he batted in.



First Row: Brian Jersey, Clarence Fowler, Chris Campbell, Kevin Ash, Chris Bachman, Ricky Dickhute. Middle Row: Mike Linkous, Jeter Holloway, Bryon Petrauskas, Eric Lambert, Jeff Smith. Back Row: Stan Fissel, Jeff Banks, Ron Pennell, and Jack Martin.



"Take two and go to the RIGHT! I love the game of baseball. It was great to watch these guys." Coach Paul Barrett



"Although the team was almost all seniors, the guys really helped to make me feel right at home." Brian Jersey (92)



After a successful hit into left field, Garland Scott (92) is determined to reach third base.

TALENT + GRADES = MONEY

Scholarships are a hot subject for the student that is worthy. If you have the grades and the talent for a scholarship in your field, you just might receive one. Scholarship amounts vary depending upon the subject and agency giving them out. Academic scholarships take a 3.0 grade point. Scholarships in the fine arts can range from playing an instrument to painting. Sports scholarships are the athletically talented. College scouts may start looking at a student's physical development and capabilities. the bottom line for competing for a scholarship is hard work, determination, and discipline.

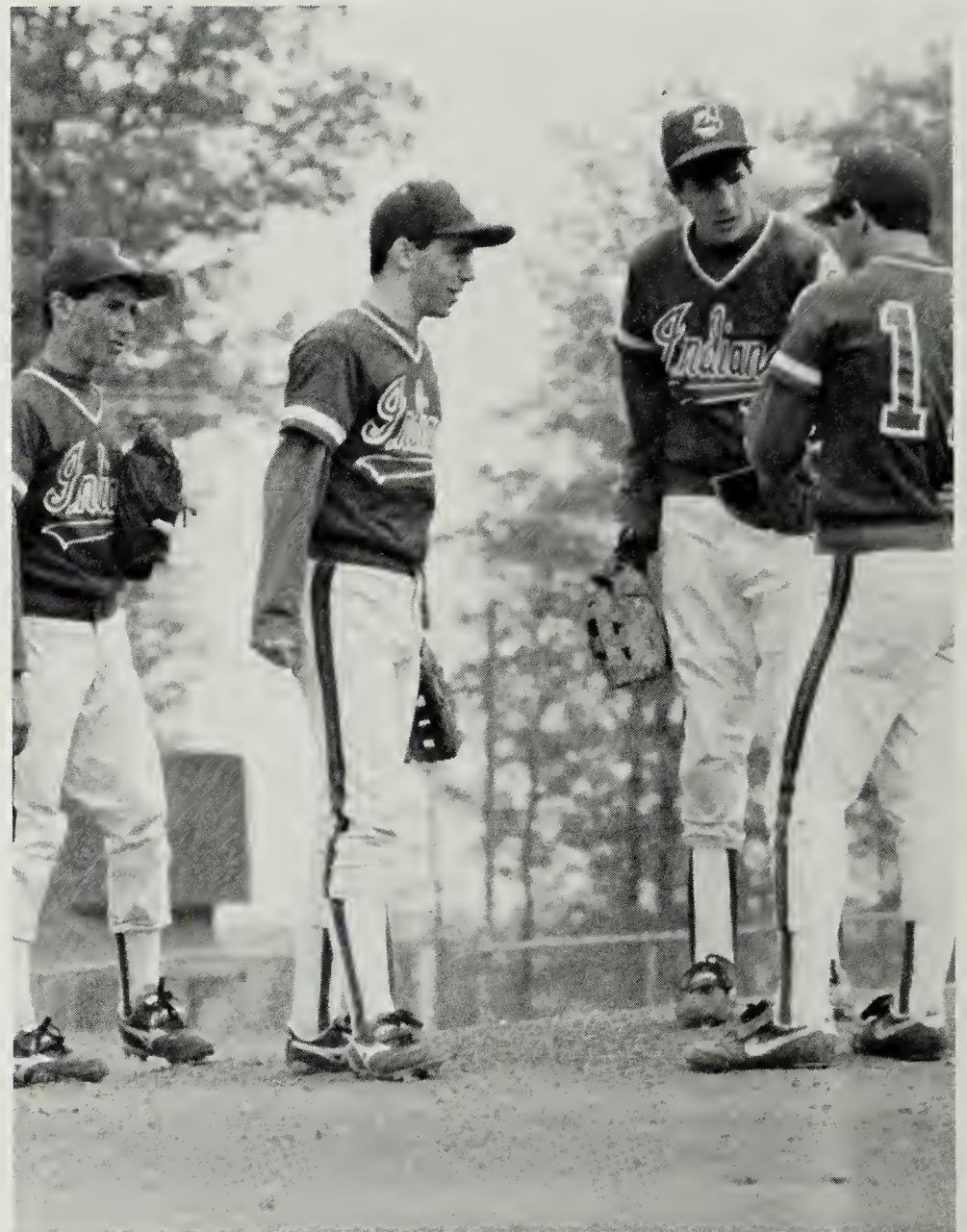
The Junior Varsity team fought hard and aggressively this season to overcome the less than enthusiastic attitude present last year. Coach Butch Murphy, along with the entire team, concentrated on boosting spirit and morale.

Motivation soon became the key to success. the team improved its defensive strategy while obtaining a competitive .327 batting average. The highlight of the season was the game against W.T. Wilson, when the team won a 5-4 victory on the eighth inning.

The most challenging game was against Potomac. But after a close game and with lots of team work, the team had another 5-4 victory.

Through teamwork and determination the J.V. baseball team ended the season with a 9-4 overall record. they improved both physically and personally, having yet another winning season.

Coach Butch Murphy said he had to keep on the team to keep its members motivated because they tended to be laid back.



Robert Holloway (92) discusses the strategy for the next play with Matt Jilson (91), and Mark Lettman (92).

Anticipating a ground ball from the player at bat, Greg Crone (92) gets into the proper playing position.

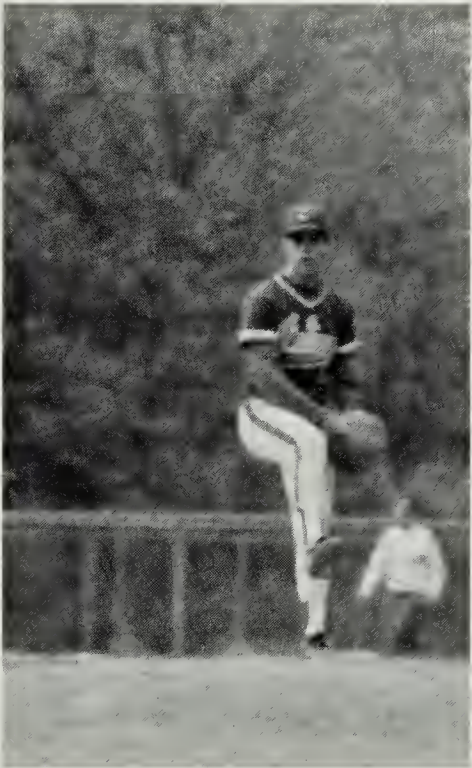


"This season gave me more experience and proved to be lots of fun because I could relax and just play baseball." Brian Bassett (91) Most Valuable Player



"This was a good season because of good team leadership and the starters were motivated by the veteran players." Mark Lettman (92) Most

Robert Holloway (92) winds up to pitch another strike out.



Mark Lettman (92) chases an opponent down with the ball.



Waiting for the right moment John Sincavage (91) prepares to steal to third base.



JV Baseball

16	Stafford	6
12	James Wood	13
0	Potomac	4
15	Osborn Park	22
10	North Stafford	4
5	W. T. Woodson	4
17	Fauquier	6
4	Woodbridge	6
16	Stafford	1
12	James Wood	1
10	Stonewall Jackson	1
5	Potomac	4
10	North Stafford	1

Season Record: 8 - 4



Front Row: Edgar Seeley, Matt Jillson, Brian Bassett, and Todd Bell. Middle Row: Greg Crone, Brian McNichol, Mark Lettman, and Chris Wright. Back Row: Morris Hicks, Acie Forrer, Eric Pfitzner, Robert Holloway, John Sincavage, Carl Antolick, Garland Scott, and Coach Butch Murphy.



"The team had a more laid back and relaxed attitude towards the game." Coach Butch Murphy



"We had a slow start but towards the end we had gained more experience and stayed undefeated in the last half of the season." Acie Forrer (91)

WITH SUCCEEDING EFFORT

With careful concentration, Jason Sanborn (91) prepares to deliver a smashing overhead return.

Tennis takes dedication and talent and the Boys' Tennis Team displayed both. The team won the majority of its games due to great team determination and outstanding individual effort. "The spirit of the team was always up, whether it be practice or a match. We felt we were able to accomplish anything, we were a family," stated Anthony Gamboa (90).

The team practiced hard and played to win. "We tried harder and played better than in previous years," commented Eric Barnhart (90).

At the beginning of the season, the team was winning every game. Their winning streak could be attributed to not only the expertise of the players but also to the great support they received from the G-F fans at the home games.

Towards the end of the season the team hit a low point with a few losses at away matches. They were one match short of competing in districts.

Displaying his great physical strength, Marty Irvine (91) captures the moment with his powerful and aggressive forehand drive.



"We accomplished more than anyone expected us to." Tony Gamboa (90)
Most Valuable Player



"Our record improved because Coach White was so persistent with practicing and believing in becoming better that we couldn't help but become that way." Tony Salathe (90) MIP

Using both strength and force, Tony Gamboa (90) pounds out another of his powerful backhand drives.

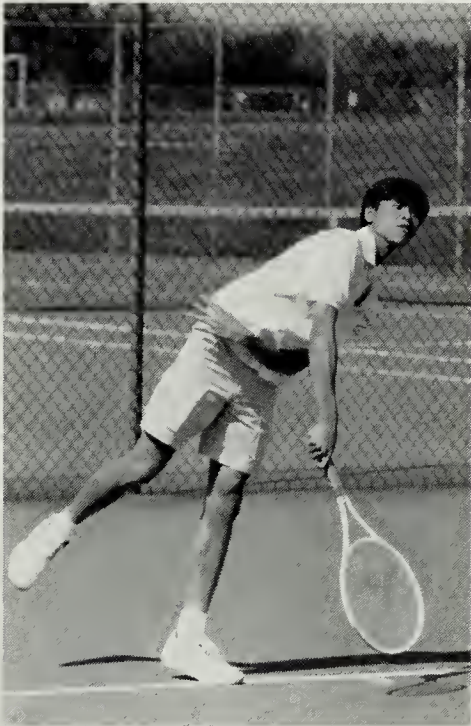


Not many players can return Mirwais Shpoon's (89) powerfully driven two-handed backhand drive.



Tennis

Won	North Stafford
Won	Stonewall Jackson
Won	Osborn Park
Won	North Stafford
Won	Stafford
Won	Stonewall Jackson
Lost	Potomac
Won	James Wood
Won	Osborn Park
Lost	Fauquier
Lost	Woodbridge



A strong, well placed serve is an important element in the game of tennis and Tony Salathe starts his serve off in the correct position.

Phuc Le (92) demonstrates good follow through in his serving technique.



Front Row: Phuc Le (92), Mirwais Shpoon (89), Tony Gamboa (90), Marty Irvine (91), Ian Buckwalter (92). Middle Row: Matt Schelling (92), Eric Barnhart (91), Jitender Kumar (92), John Ross (92). Back Row: Tony Salathe (90), Symon Sanborn (89), Donnie Spatzer, Joe Goyette.



"The team improved because of their individual work and effort. They were only one game out of the district tournament." Coach Nancy White



Phuc Le (92) was chosen as Most Improved Player for all of his hard work and extra effort.

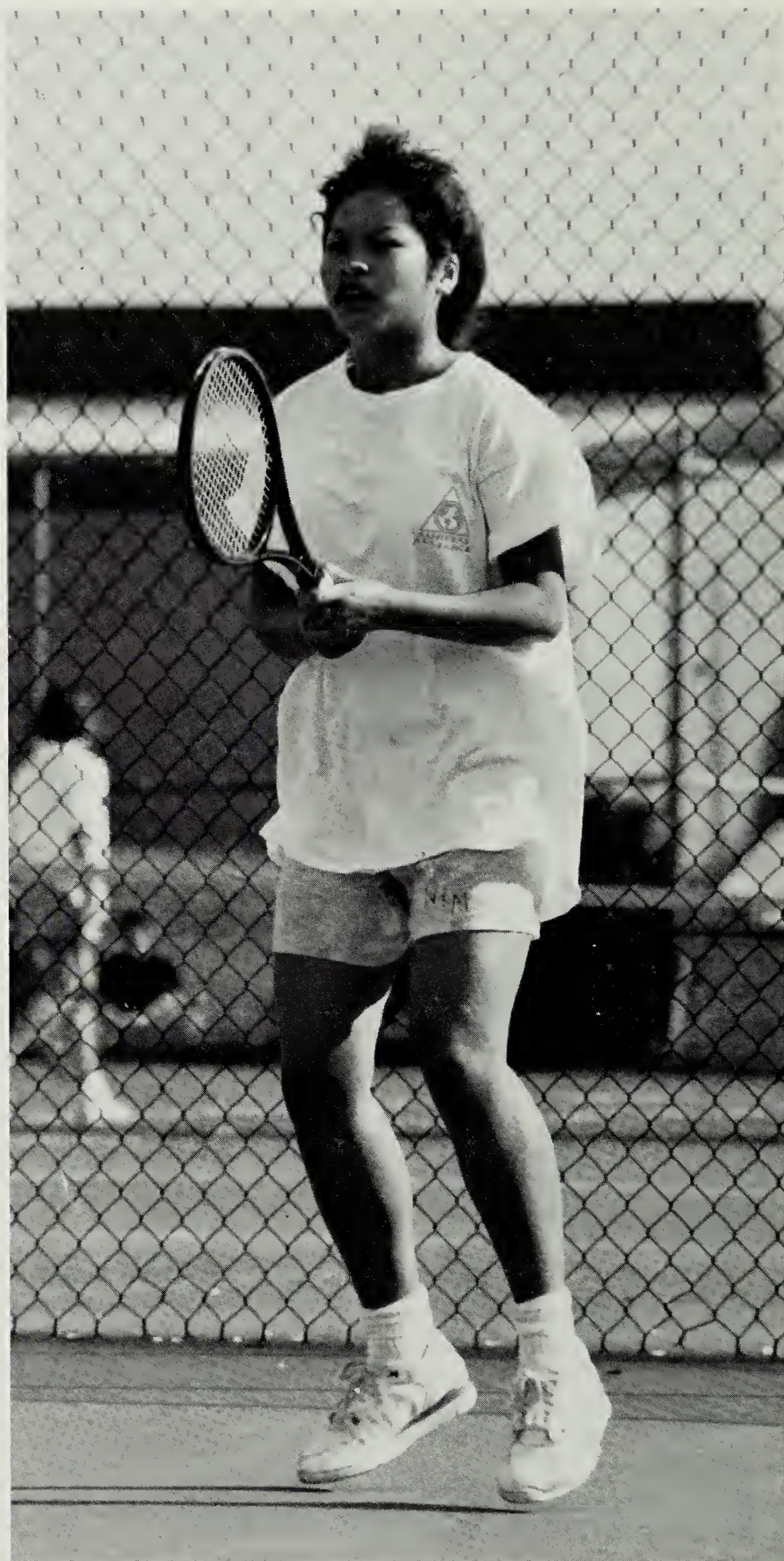
Jessica Williams (90), lowers to the level of the ball, to hit a forehand cross court to her opponent backhand, staying focused the whole time.



Jodi Levin (93), hits a solid backhand as she began to lift the ball over the net.



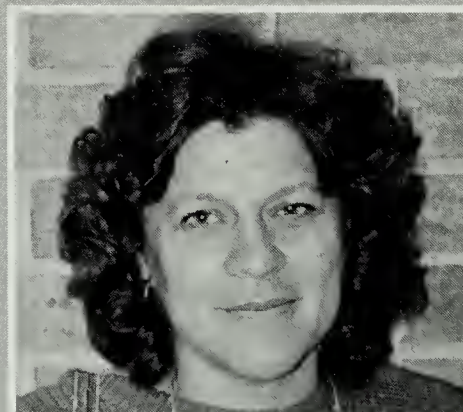
Inken Mueller (90), concentrated on her serve as she began to toss up the ball.



Tam Le (90), waited for the ball to return over the net after shuffling back to the center line to prepare for the next shot.



"We all played and practiced hard. We all deserved to be MVP's."
MVP Chrissy White (91)



"The team formed a tight knit group that helped and encouraged each other."
Coach Nancy White

Tennis captured undefeated season

Placing third in the region, the girls' tennis team accomplished more than expected. "As the season progressed, the team proved everyone wrong. They showed incredible integrity, confidence and skill," Monica Rosson (91) explained.

Finishing the regular season undefeated, the team went on to the district tournament, where they experienced a difficult and controversial loss against Woodbridge.

Coach Nancy White commented, "The team worked hard and earned the wins. They deserved the district title."

Many questions arose over the judgement of line calls. Tess Gamboa (91) explained, "The best team doesn't always win. But at least we left the courts knowing we played fair."

The Indians won their earlier season matches decisively.

There was a lot of togetherness on the team, "The unity that was present among the players was overwhelming. It not only made us a strong, close team, but it also made us a family away from home," contributed Monica Rosson (91).

Coach Nancy White contin-

ued, "The desire to excel was good. The team believed in themselves and I believed in them."

Maria Gamboa (91) was named first team all district with an undefeated season at the number four seed. The doubles team of Jessica Williams (90) and Inken Mueller (90) also received first team all district. Number one seed Chrissy White (91), placed second in the region as a singles player. The number one seed doubles team of Chrissy White and Denise Simcic (90) also made it to the finals in regionals, coming in second place.

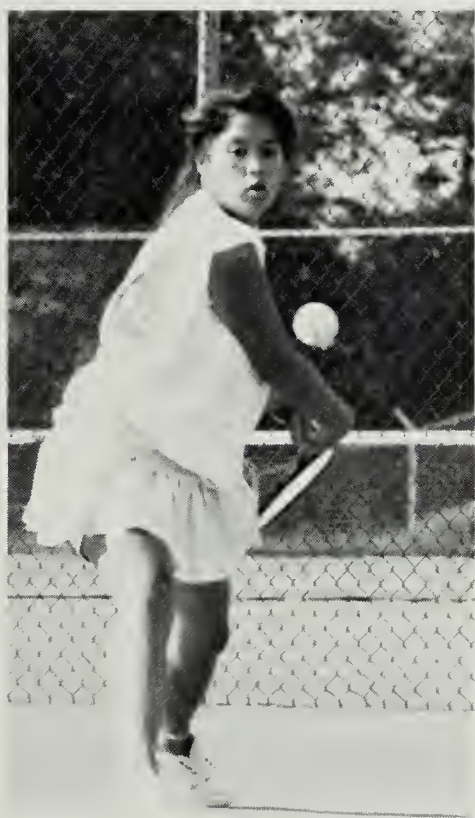
Varsity Tennis

8	North Stafford	1
6	Stafford	3
7	Stonewall	2
7	James Wood	2
6	Potomac	3
5	Woodbridge	4
7	Osborn Park	2
7	Fauquier	2

Record: 8 - 0



Awaiting to return a serve, Christine White (91), patiently looks toward her opponent.



Maria Gamboa (91), pulls her racket back to hit a powerful topspin backhand.



Backrow: Jodi Levin (93), Beth Riddel (93), Amy Johnson (91), Diane Johnson (93), Monica Rosson (91), Michelle Bourke (93) Takeya Leathers (93), Amy Coffee (91), Maria Gamboa (91). Middle row: Jessica Williams (90), Monica Gruber (91), Claudia Grafenstien (92), Alexandra Ennett (90) Pam Lewis (92), Cherity Bedell (91), Denise Simcic (90), Heather Knox (91), Jennifer Robison (93). Front row: Christine White (91), Tam Le (90), Inken Mueller (90)



"The team dedicated themselves to do the best they could, they never gave up and in the end it paid off." Alexander Ennett (90)



"Everybody on the team worked hard and improved throughout the season." MIP Jessica Williams (90)

Just putting around

What do thirteen students do every day after school for three to four hours involving a swinging club and dimpled, white, round thing? Play golf of course.

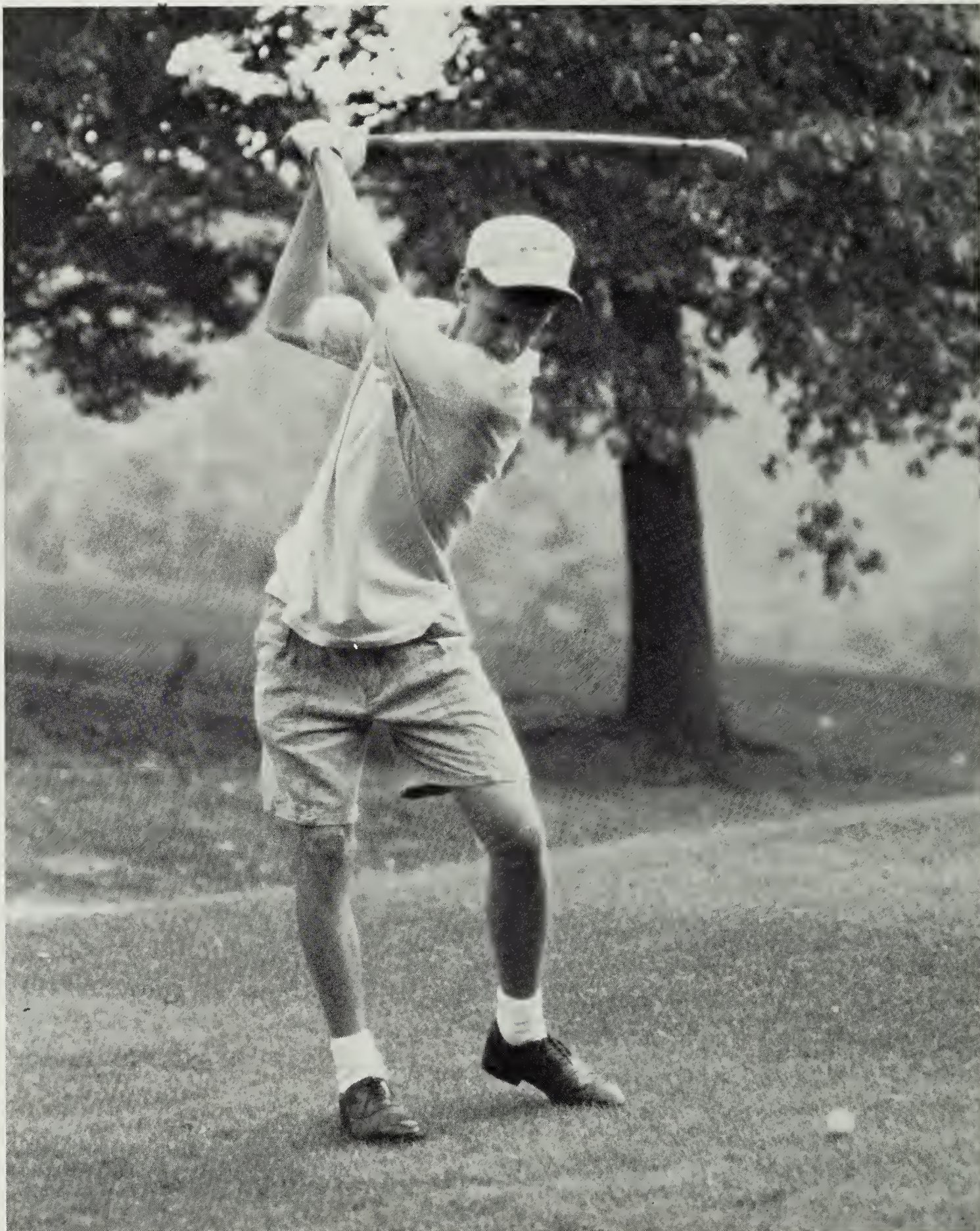
The majority of the golf team had played golf for consecutive seasons, but that doesn't stop the team from learning new techniques on their own time.

Golf is one of the more difficult sports, due to the amounts of concentration and discipline required to play well. For this golf team that came second nature, which helped to secure a respected seat in golf circles.

Involved in being on the team is a tremendous amount of traveling, simply because the school doesn't have a golf course.

Despite the traveling, the most difficult thing about playing golf is undoubtedly caddying for what amounts to three or four miles.

Using his strong powerful stroke A.J. Kahrer (90) hits the ball carefully to try to the ball in the eleventh hole to put him ahead.



As the most value able player, David Bailey (90) was a first draft choice since his playing technics show his effort and style.



Concentrating on his form and consisteny, helped Blake Betham (90) earn the title of most improved for the season.

Hitting the ball carefully David Bailey (90) attempts to get the ball in the fifth hole.



Golf

Quantico Incitational
Tournament
6th out of 28
District ranking: runner up
win King George
win St. Jackson
win Potomac
win Woodbridge
win Osbourn Park
win Fauquier
lose James Wood
lose Mercerberg (Pa)
win BDHS
win North Stafford
win Stafford



Applying his most important shot Paul Priebe (90)takes his time in doing so.



Concentrating on his stroke, senior Blake Bethem take a swing at the ball.



Top row:John ross (92), Dennis Krell(90), John Somers(90), Blake Bethem (90) middle row: Mike casiy (90), David Bailey (90), Mark West (92), Paul Priebe(90), A.J. Kahrer (90), Brett Templeton (90) Bottom row : Rodney Huff (90), Michael Bryant (90), Aaron McGee (90).



Coach Artz said the toughest match of the season was the Regional tournament. He noted, however, that the team performed well.



This year was the first season that John Ross (92) played on the team.

We Gave Our Best Shot

Jumping up over the net, Charleata Beale pushes the ball against her opponent.

While forty students tried out, only twelve made the varsity volleyball team.

The season didn't start as well as they expected, but the games lost weren't easy wins for their opponents. "Everytime we played, win or lose, we worked as a team and gave it our best shot," said Laura Giese (90).

The game against Woodbridge on September 26 was one of the highlights of the season. Beating Woodbridge on the third game was a great joy for the team, especially since it was Woodbridge's first loss in 17 games.

The team received unprecedented support from the student body this year.

"It really lifted our spirits to have many of them in the stands losing their voices for us. We really appreciated everyone's support, especially the G-F Party Patrol, who came to almost every game," said Tara Knight (90).

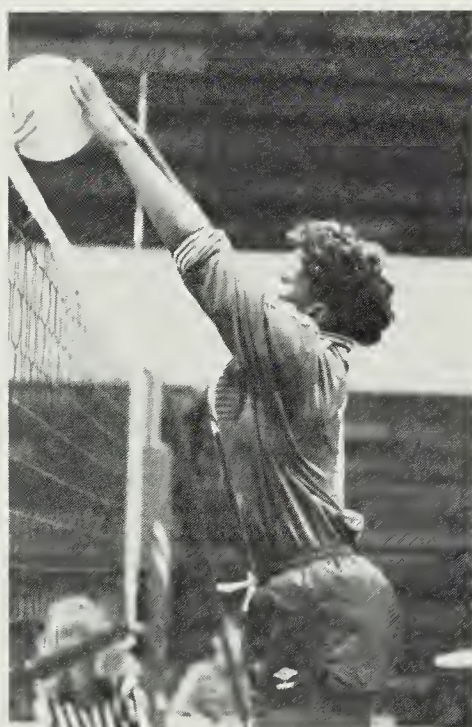
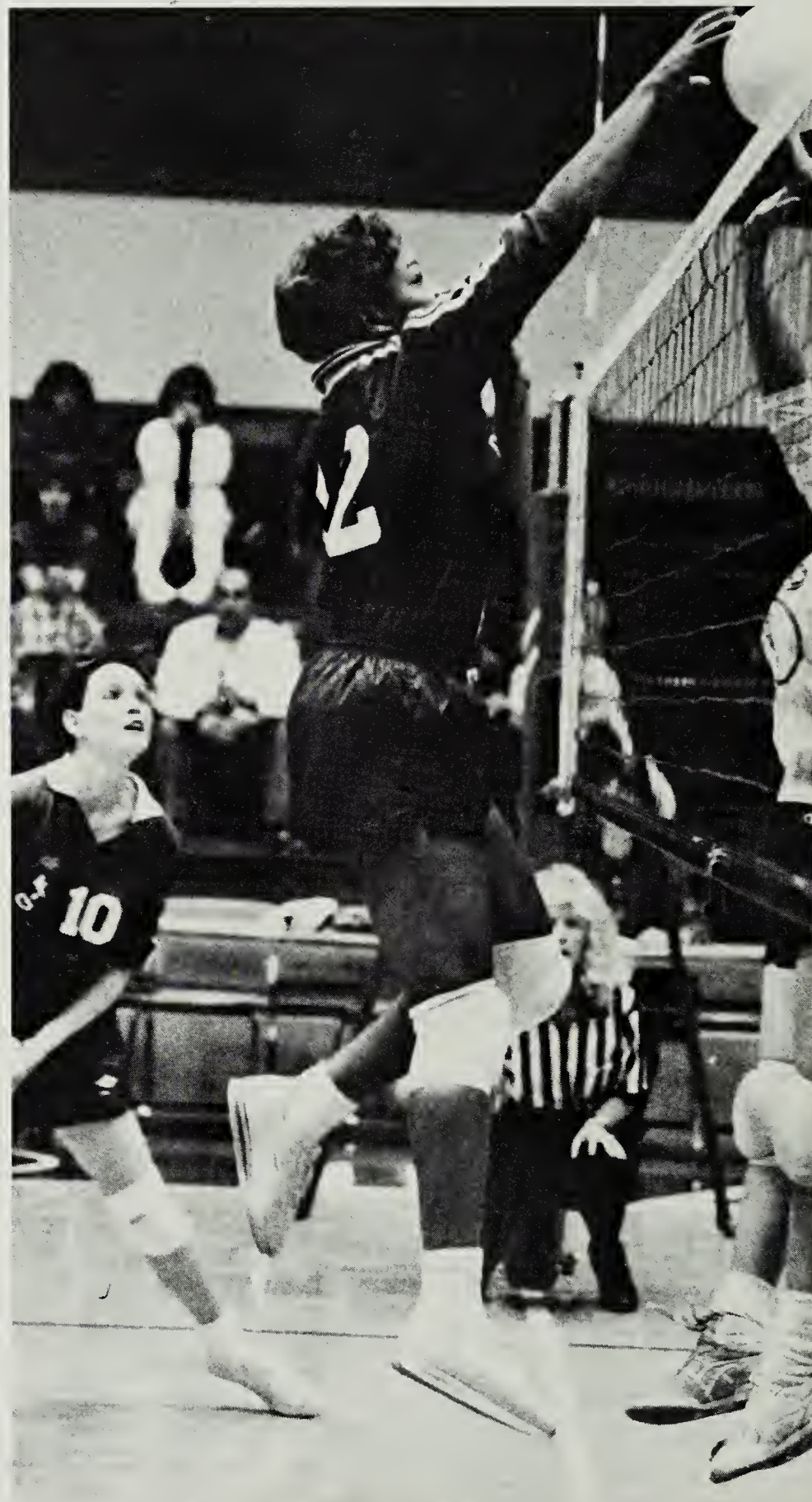
The Party Patrol was a group of seniors that attended the games and cheered on the team.

Members of the patrol included Carrie Vitko (90), Chad Jordon (90), Jake Smoot (90), and Thomas Schawalder (90).

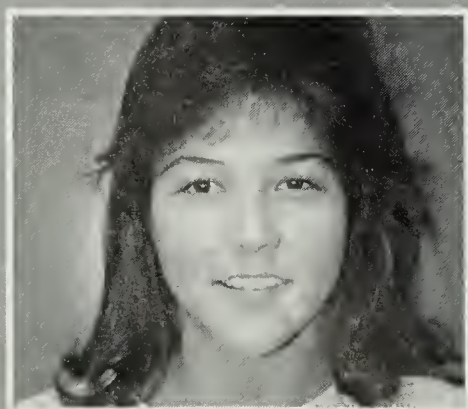
Senior Stephanie Shrewsbury added, "There were more people at our games than there have been the four years I have played. The crowd had a great effect on the way we played."

The team went on to play in districts, where the crowd followed.

JV coach Claye Rhea and teammate Giovi Cauchi try to cheer up Audra Weber after she suffered the first injury of the season.



While Charleata Beale goes up to block the opponent's ball, Laura Giese gets into position to help.



"I believe we had what it took to go all the way, but we just didn't have any breaks. But we're satisfied with our improvement." MVP Teri Mathewson



"To a certain extent, we improved 100% over last year. We didn't have the best season, but we worked hard together." MIP Laura Giese

Playing at the net, Stephanie Shrewsbury goes for the spike.



Senior Teri Mathewson takes a moment of rest, before the next serve.

While keeping track of the ball, April Haslacker stoops to a ready position.



"Shrews, this is for you," yells junior Lynn Harris setting the ball high, so Stephanie Shrewsbury could spike it.

Prepared for anything, senior Laura Giese gets down on stand to return the ball to the opposing team.



Varsity Volleyball

Potomac	L
Woodbridge	L
Potomac	L
Fauquier	W
Stonewall	L
Osborn Park	L
Woodbridge	L
Potomac	L
Fauquier	W
Stonewall	W
Osborn Park	L
Woodbridge	L

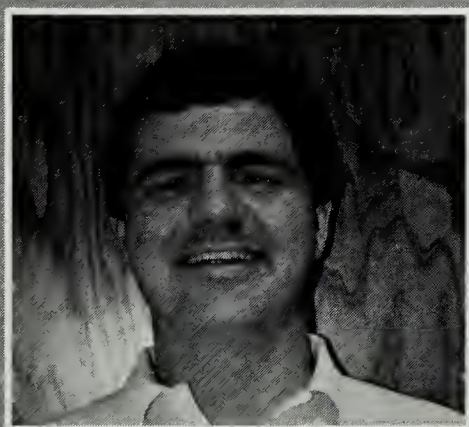
District

Woodbridge	L
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Record: 4 - 8



Front Row: Captain Teri Mathewson (90), Captain Stephanie Shrewsbury (90). Middle Row: Giovi Cauchi (91), Audra Weber (91), Regina McCarthy (91), April Haslacker (91), Lynn Harris (91). Back Row: Coach Milbert, Tara Thompson (91), Charleata Beale (91), Laura Giese (90), Kathy Kruczek (91). Not in picture: Tara Knight (90).



"The season was a very satisfying improvement over last year! The thrill and excitement was worth every minute of it!"
Coach Fred Milbert



"We worked hard as the team and from it we accomplished so much. We just had a terrific season." Giovi Cauchi

Psych and Spike

Beginning their game days with a positive attitude, the Junior Varsity Volleyball Team met in Coach Claye Rhea's classroom to get themselves psyched. There they received inspiration, quotes and last minute strategies.

The major strength in the team was teamwork. The team worked hard together to improve and perfect the basic skills essential to the game; bumping, setting and spiking. "Everyone got along," adds Mrs. Rhea, "When one player was down, there was always someone there for them."

The team was made up of talented, natural athletes, allowing the coach to let everyone play the same amount of

time. "Playing all the time is the best improvement for the team and each individual," declared Coach Rhea.

The J.V. volleyball team was faced with a competitive and demanding season. Unfortunately two top servers, Jenni Linthicum (92) and Amy Ashley (92) were out for several weeks due to injuries. Bethany Clark (93), a valuable setter, was also out for one week. The team did, however do the best they could, ending with a 4-6 record.

Preparing to bump the volleyball and return it to the opposing team, Jenni Lithicumm (92), moves into the correct position and stance.



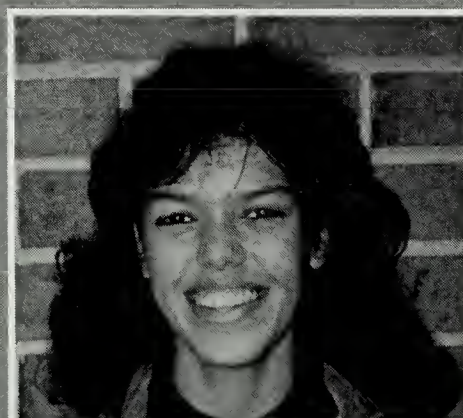
Freshman Volleyball Back Row: Jenni Temmerman (93), Meredith Murray (93), Amber Wood (93), Traci Russ (93), Coach Rudy Zimmerman. Middle Row: Christine, Gorisek (93), Kim Bush (93) Julia Scoleri (93), Sandra Bourke (93), Tami Openshaw (93), Shannon Cagney (93). Front Row: Sheri Bailey (93), Stephanie Rogers (93).



Ginger Rummler (92) watches as team member Elizabeth Jolly (91) advances into proper position in order to return the volleyball.



"If I had to do it again I wouldn't change anything except our losing record. The team and Mrs Rhea were great." Most Valuable Player Jenni Lithicumm.



"Even though we didn't have a great season, we did, however, learn alot about teamwork from each other." Most Improved Player Christy Cooch

In order to move the ball into a more preferable position, Brandi Logsdon (92) properly bumps with perfect form.



In stance together Aimee Templeton (92) and Claire O'Grince (92) wait anxiously for the other team's return.



JV Volleyball

Potomac	L
Fauquier	L
Stonewall	W
Osborn Park	W
Woodbridge	L
Potomac	W
Fauquier	L
Stonewall	L
Osborn Park	W
Woodbridge	L

Record: 4 - 6



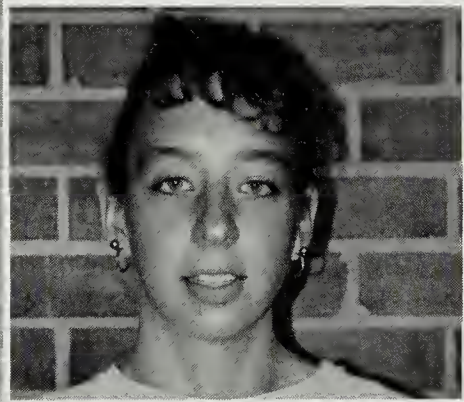
All in stance Aimee Templeton (92), Brandi Logsdon (92), and Jenni Linthicum (92) readily await a spike from the other team.



J.V. Volleyball Back Row: Claye Rhea, Amiee Templeton (92), Julie Bartlett (93), Elizabeth Jolly (91). Middle Row: Brandi Logsdan (92), Clarie O'Grince (92), Bethany Clark (93), Christie Cooch (92). Front Row: Jenni Linthicum (92), Tracy McCloud (91). Not Pictured: Traci Carrano (92), Amy Ashley (92), Ginger Rummler (92).



"The major strength in the team this year was team-work. Everyone worked together." Coach Claye Rhea



"It was a lot of fun to work with such a good group of friends." Manager Denise Rummler (92)

Reaching for the top...

Although this year's girls' freshman basketball team had a tough time in terms of victories, all the girls were willing to work hard and wanted to learn. Therefore each player was challenged to improve in her own knowledge of basketball.

In addition to developing playing skills, the team members developed comradery.

"We kept our spirits up no matter what, and we learned our plays and I think what happened was when we played in the games, we put aside our personal feelings and worked together as a team to get the jobs done," said Tami Openshaw.

Tiffany Cowgill added, "We worked well together as a team, and all of us became very close friends by the end of the year. Throughout the year, we gave constructive criticism that really helped each other."

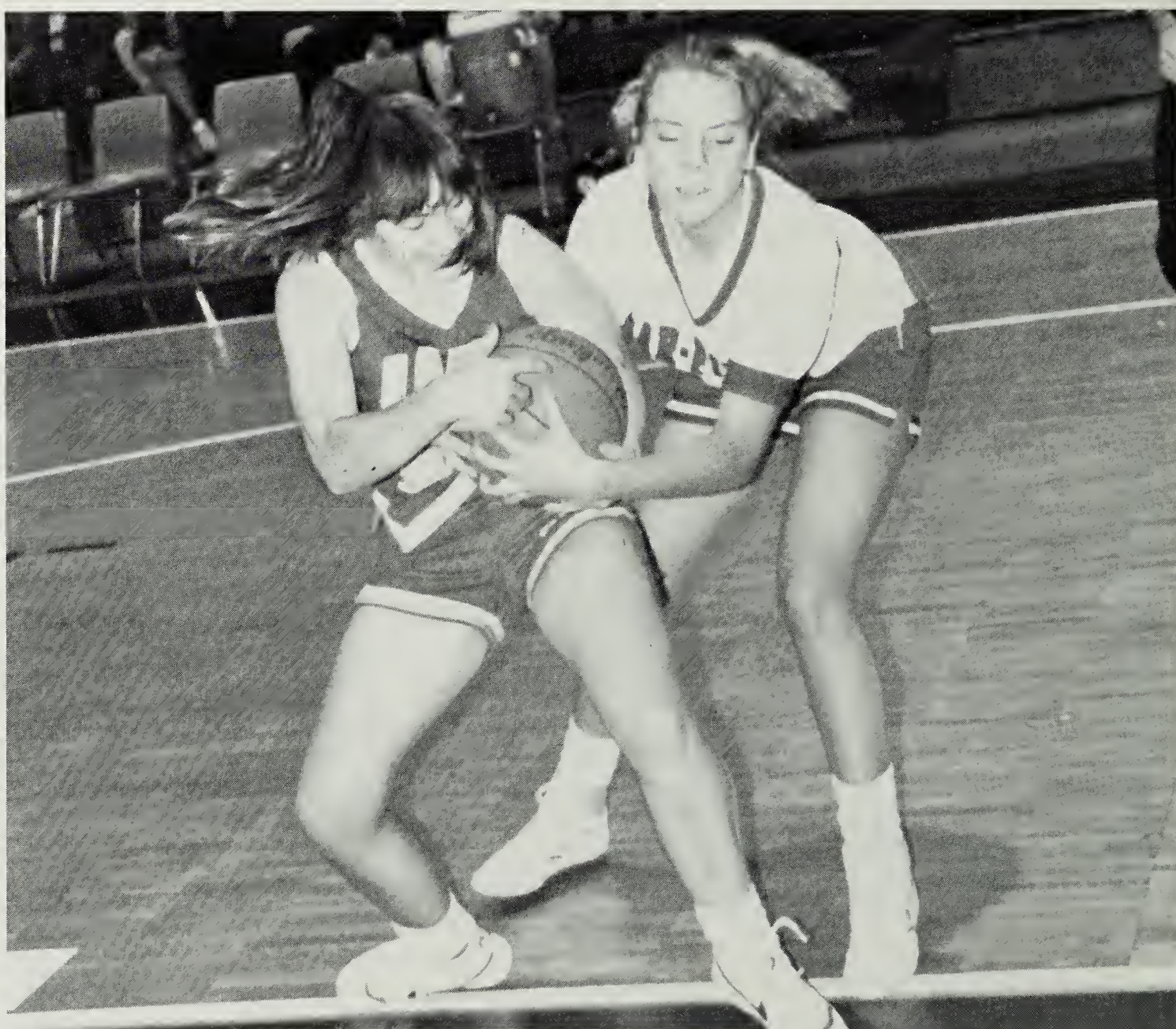
One of the highlights of the season was the come back victory against Stafford in which the team was down 10-5 at half time, but won 25-19.

"As always we worked very hard together as a team, and we're satisfied with what we have accomplished, and most of all we had fun," said Tracey Russ.

Coordinating this young team was coach Jennifer Jones. "Ms. Jones was like a mom to the whole team, she'd make us things to cheer us up for the upcoming games, and talk about our problems. I feel Ms. Jones was a great friend and coach," said Bethany Clark.

After she escapes a player from Stonewall, April Huffman shoots the ball.

Holding back nothing, Tracey Russ attempts to steal the ball from her opponent.



"In terms of success we accomplished much. From the beginning of the season to the end we learned so much and built a good foundation." Coach Jennifer Jones



"We learned to work as a team and learned to like each other as well." April Huffman (93)



Pulling away from her Stonewall opponent, Bethany Clark prepares to shoot.

Meredeth Murray pushes her way through her opponents to make a basket.



Girls' Freshman Basketball

Potomac	W
Stafford	W
Woodbridge	L
Osborn Park	L
N. Stafford	W
Stafford	L
Stonewall	L
Osborn Park	L
Woodbridge	L
Stonewall	L
Potomac	L
N. Stafford	L

Record 3-9



While team member Emily Jolly cheers from the bench, coach Jennifer Jones watches the team attentively.



Front row: April Huffamn 30, Jeanine Johnson 42 . Second row: Christy Gorisek 44, Tiffany Cowgill 12, Tami Openshaw 34, Bethany Clark 10. Third row: Mr. Jones, Emily Jolly 24, Stephanie Parker 50, Stephanie Hoftman 54, Meredith Murray 14, Tracey Russ 32, Amy Kuhl.



"Everyone worked hard together as a team." Tracey Russ (93)



"Even though we didn't have a good season we all learned alot about the sport." Meredith Murray (93)

New Coach Brings a New Beginning

While most of us were tanning our bodies in the August sun, hopeful football standouts were sweating, learning new plays from a new coach and new staff members. From last year's team, five players were returning and only one was a returning starter. This made for a young team. There were 12

seniors and eight sophomores; the rest were juniors. Coach Chuck White stressed the importance of team unity and self-discipline. While some students were finding it hard to get up at eleven in the morning, these guys had to be at the school and ready to play at 7:30.

Once school started, a

study hall was implemented so that the players had time to start their homework and get help from the teachers if they needed it. "My goal in the study hall was so that my guys wouldn't become ineligible," said Coach White.

Two weeks into the school year, the team had two wins under their belts. Unfor-

tunately, their youth and inexperience caught up to them. The team lost the rest of their games, most of them only by a matter of points. "Youth is our major hope for next year," comments Coach White.

Before the starting kick-off, players join hands and kneel for a moment in silent meditation. The team often meditated to-

Posing a threat to the other team, junior Acie Forrer (91) lunges at the James Wood quarterback.



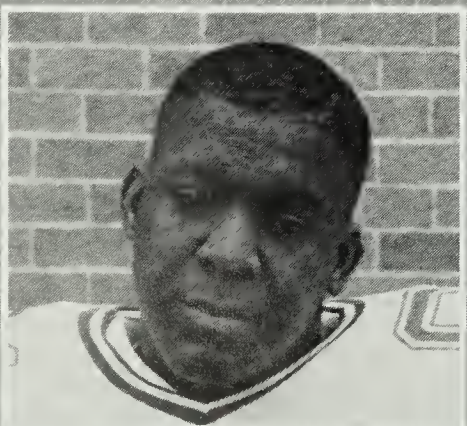
Randy Baucom (91) and Garland Scott (91) inform the sideline that the ball is in our favor.



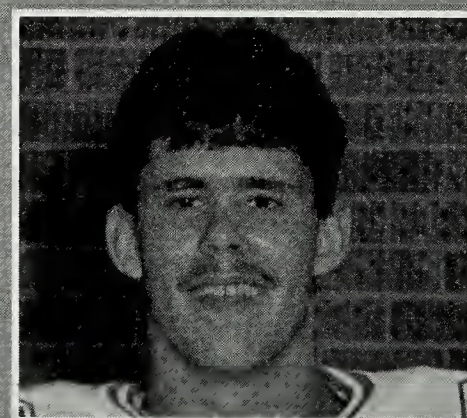
After a successful drive down field, Stan Fissel (91) congratulates Spiro Nomikos (90).



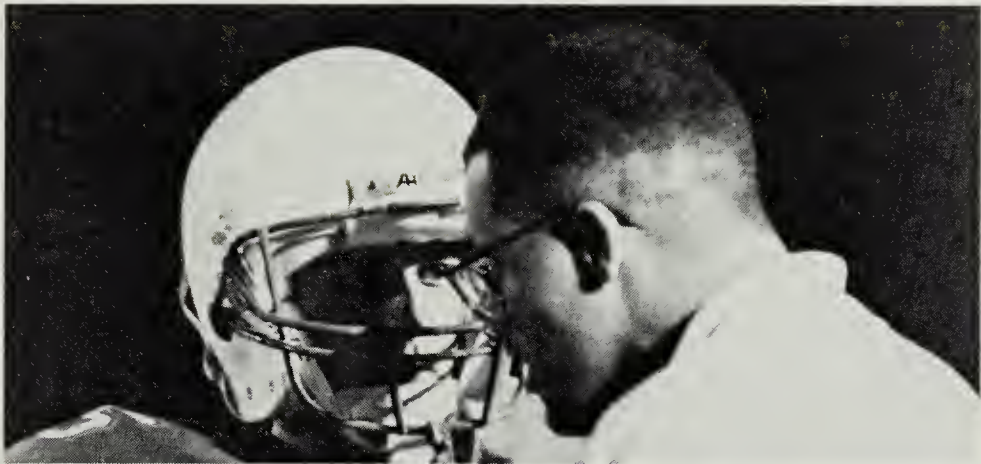
While playing against James Wood, Orlando Parsons (90), Brian Stanley (91), Lante White (91), Jay Medina (92), and the rest of the defensive line gang tackle the running back.



"Even though we had a rough season, I'm glad I was nominated All-District 2nd team. I leave all my skills and luck to next year."
Kevin Kyles (90) MVP



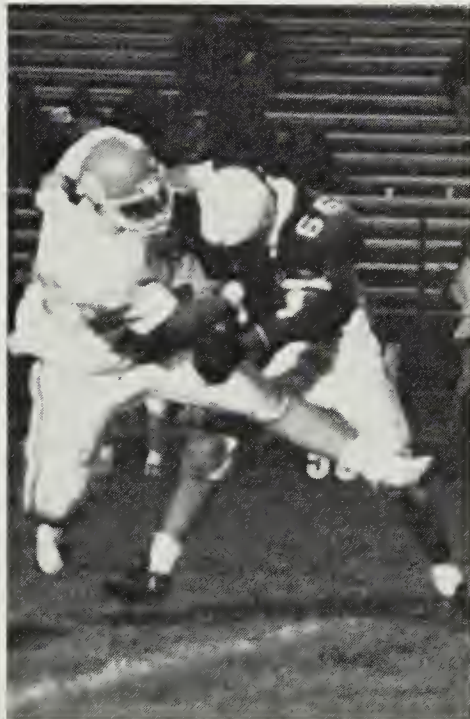
"It was a tough season, but as a whole, we stuck together. I hope for better times for next year." Steve Quesenberry (90) Most Improved Player



Coach White pulls aside quarterback Todd Bell (91) to make necessary changes in the offensive line against Oxen Hill.

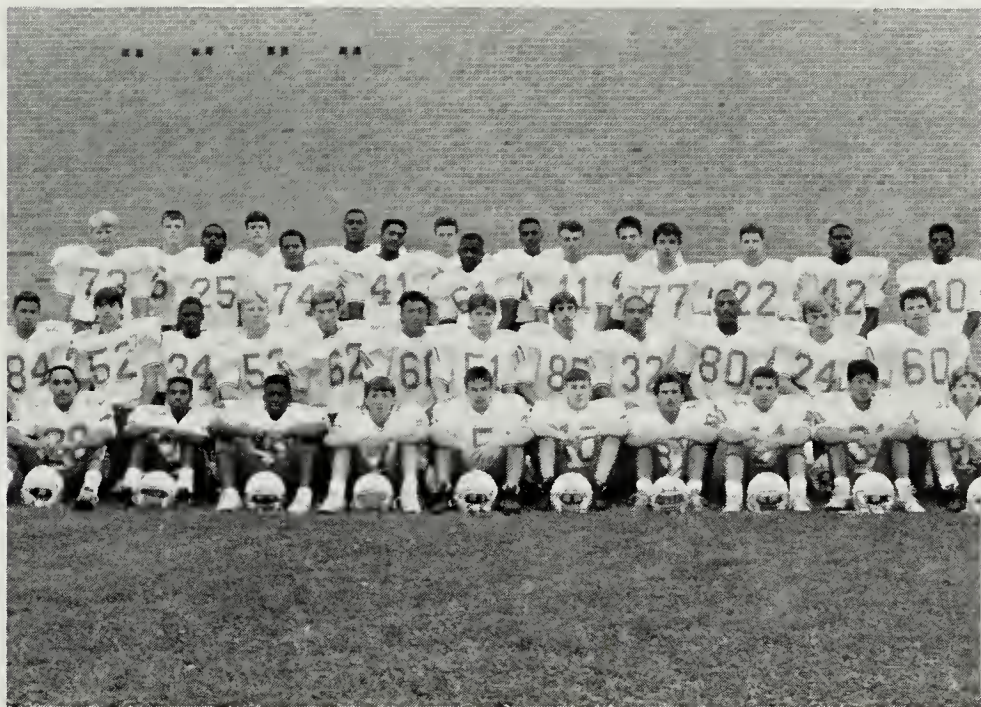


Defensive linemen senior James Lyons (90), senior Kevin Kyles(90), and senior Steve Quesenberry(90) jubilantly congratulate senior newcomer Brett Smith (90) as he sacks the quarterback of James Wood.

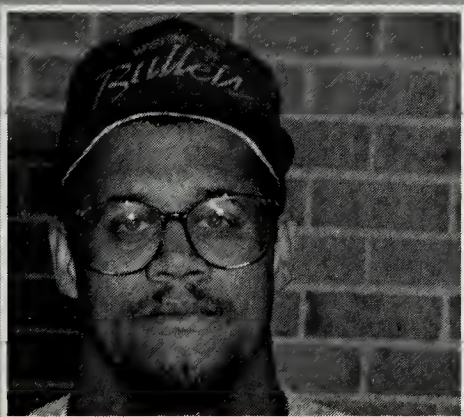


While playing intensely against North Stafford, defensive lineman, Jay Medina (91) knocks his opponent into the air.

Varsity Football		
21	Anacostia	0
10	Oxen Hill	8
0	Osborn Park	13
6	Stafford	19
13	James Wood	14
0	Fauquier	40
14	Stonewall Jackson	28
20	Potomac	38
16	North Stafford	24
7	Woodbidge	33
Record: 2 - 8		



Front row: Spiro Nomikos, Marshall Gillon, Brian Stanley, Ron Hicks, Todd Bell, Donald Bell, Brian Dobash, Brian Marolda, Jeff Tom, Aaron Smuzynski. 2nd row: Scott Grune, Matt Haugh, Clyde Ellis, Acie Forrer, Scott Hanson, Jay Medina, Stan Fissel, Wes Gardner, George Thompson, Garland Scott, Joe Knerr, Eric Soos. 3rd row: Matt Timmerman, LaTroy Askew, Mitch Trotter, Lante White, Kevin Kyles, Garland Dillard, Ken Frese, Jeff Rasmussen, William Walker, Alfred Toole. Back row: Tom Burrell, Steve Quesenberry, Demont Story, Brett Smith, Russell Williams, Randy Baucom.



"We're in the process of building a solid foundation for the future." Head Coach Chuck White



Our job wasn't always easy, but there was a lot of love and support. We always had a good time." Head Mgr. Suzie Zeunges (90)

The Challenge of the X's and O's

*Rest...
Ice...
Compression...
and
Elevation*

As many athletes know, the R.I.C.E. method is the best way to heal tired, aching, and torn muscles. "It's the miracle cure," commented Coach Chuck White this summer.

R.I.C.E. involves resting the injured part of the body; applying ice to the injury to keep down swelling (don't you love ice on your body?); compressing the area, again to keep down the swelling; and last but not least, elevating the injury, preferably above the heart to divert the blood towards the heart and away from the injury.

Although the thought of sitting out a game is terrifying to some, it's better to heal.

O.K., so girls weren't the only thing on these young men's minds most of the summer. They were actually hard at work, preparing for the upcoming J.V. season. Many of them came to school for the early (7 a.m.) practice and didn't leave until the late practice and weightlifting was over (oh, say around 6 p.m.). And you thought being in school to learn was bad!

Although school had not started yet, they did learn. They did it by practical application, namely by associating

x's, o's and squares, written on the chalkboard at lunchtime chalk talks, as members of the opposing team. Many players had to learn new positions. Neil Teves became quarterback after many quarterback changes. When it was time to show their stuff, the players proudly put on their Gar-Field uniform, helmet and pads and knocked those x's, o's, and squares into the losing column.

Due to the unpredictable weather during the season, indoor practices, cramped in

with the indoor teams, and very muddy football players were common. The Osborn Park game was cancelled, due to too many rain days and not enough open dates to play it. The Woodbridge game was also postponed and was forced to be held early Veteran's Day morning after the freshmen.

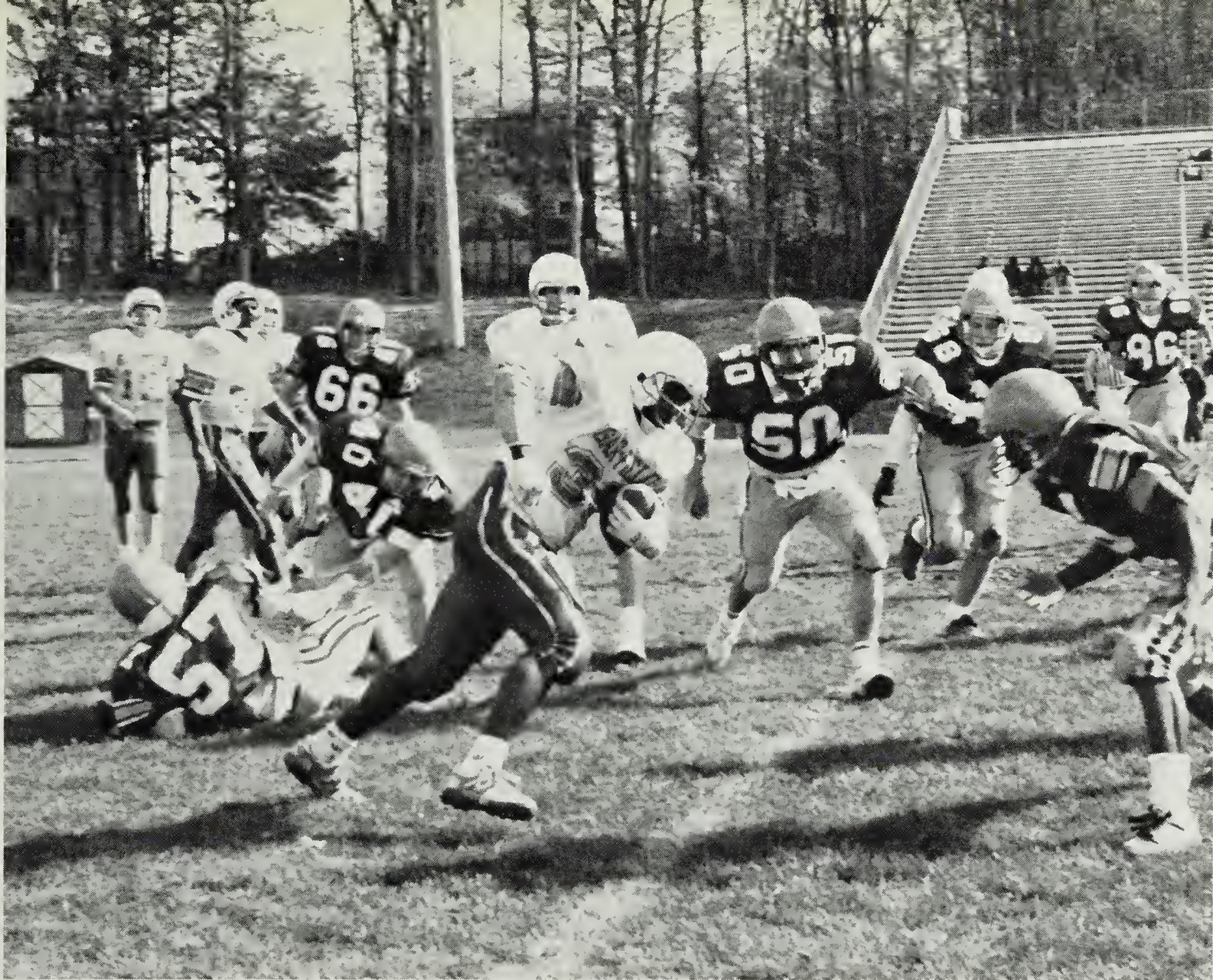
As the referee dutifully explains the regulations of the game and the coin toss, Brian Wise (92), the captain for the game, contemplates the pros and cons of winning the kick-off.



"Because I played both J.V. and Varsity, I played my best ever."
Warren Jenkins (93)
Most Valuable Player



"Amid the changes during the season, the team stuck together and ended out with a good record." Brian Wise (92), Most Improved



Running back Warren Jenkins (93) digs down deep to get past the Woodbridge defensive line and gain valuable yardage.

J.V Football

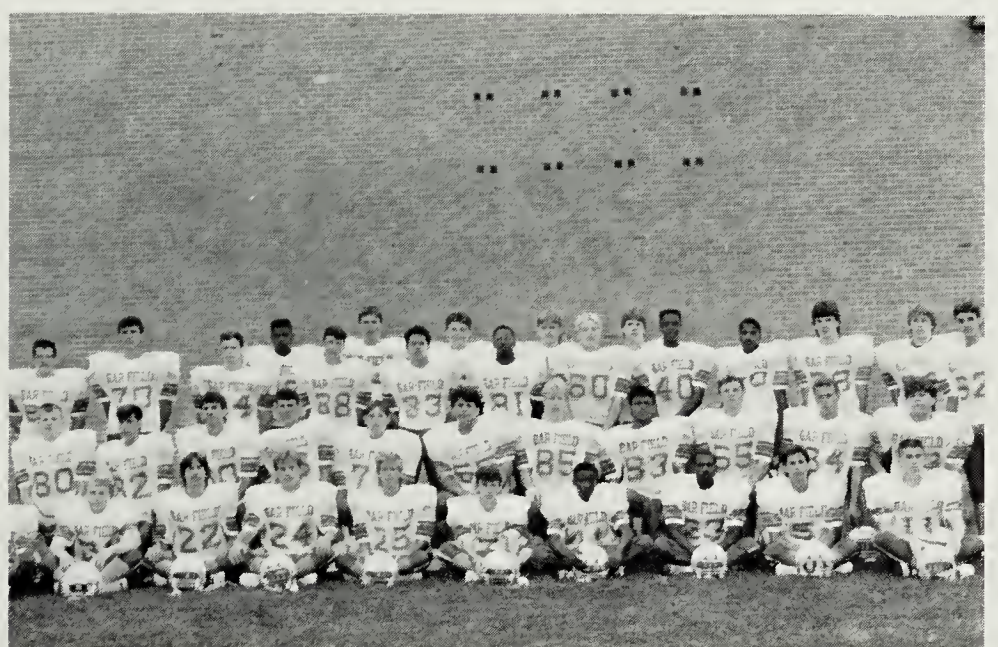
14	Osbourne City	0
6	Stafford	0
28	James Wood	14
8	Fauquier	38
13	Stonewall Jackson	0
0	Potomac	6
8	North Stafford	6
6	Woodbridge	14
Season record:		5 - 3



With a swift kick, Ron Hicks (92) punts the ball down field on a 4th down and 10 to go.



Looking a bit miffed, Coach Wark throws his hands up in despair at the ref's call.



Sitting: Kevin Frank, Walter Cockran, John Hall, Mike Roach, Andy Pessaud, Craig Deely, Felix McMullen, Aubrey Toole, Jonathon Mattiello, Tom Wilson. 2nd row: Mike Timmerman, Wayne Gonsorcik, Marcus Peatross, James Robinson, Doug Hicks, Kevin Salminen, Peter Gvozdaz, Jeff Gillion, Brian Wise, Jason Morrow, Drew Johnson. 3rd row: Steven Matthews, Jason Crawley, John , Neil Teves, James Kent, Billy Yates, Scott English, Matt Hurst, Chris Pace, Morris Hicks. 4th row: Ron Shepard, Robert Lawrence, get, Mike Gallup, and Steve Flowers.



"We were working hard during the season to prepare for varsity competition in the future." Coach Steve Webb



"The players and coaches depended on us to help them keep their sanity." Head Manager Suzie Zeunges (90)

Under the care and supervision of Coach Bell, the freshman football team became

A Success Story

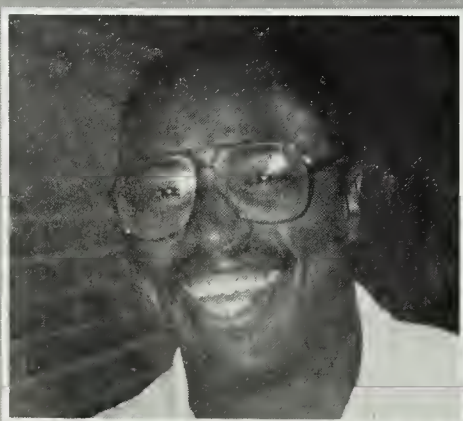
"Fence!" was the only thing Coach Larry Bell had to say and the young freshmen football players were off and running to the fence that separates Gar-Field from the roller rink.

Dedication was a major factor in the success of this year's team. They worked long hours and never quit until the play they were running was done correctly and everyone knew what they were doing. Such dedication will carry on into the rest of their football careers believes Bell.

In supporting school spirit and other teams, Bell told his players that even though they were only freshmen, they still were representing their school.

In addition to playing in their own games, the team was often seen in large groups at the Varsity and JV games.

As the ball glides into the endzone, the team scores a touchdown against Woodbridge.



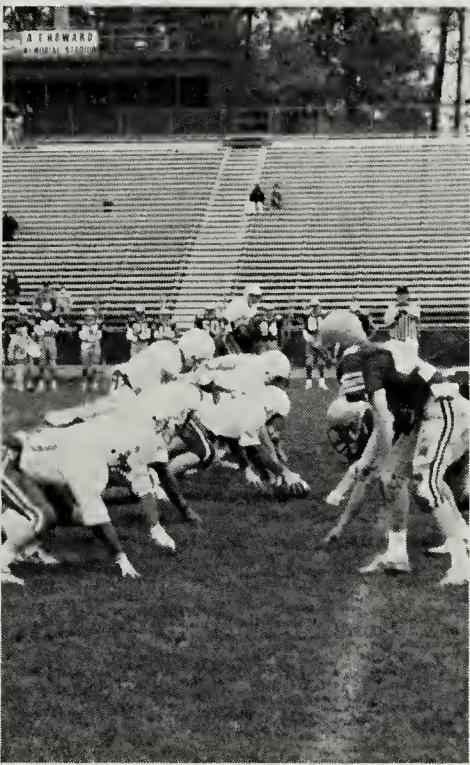
Coach Bell said the season went well. He anticipates that the members will be successful as they move up.



The squad's best accomplishment was "Coming together as a team and displaying the type of sportsmanship that made the coaches and school proud," said coach Rob Bailes.

Once again in the offensive satnce, the team gets ready to score the winning tochdown.

Number 25's strong tackle puts his opponent out of commision for awhile.



Freshman Football		
us		them
0	James Wood	6
22	Stafford	0
22	Osbourn Park	8
20	Stonewall	0
26	Potomac	6
14	North Stafford	0
28	Woodbridge	7



Coach Larry Bell gives the team last minute instructions on how to carry out the play.



Front row: M. Demassey, D. Brooks, D. Dugger, C. Popp, M. Rubino, K. Ali, D. Bellamy, R. Hyman, D. Johnson, J. Mattiello, K. Hundley. 2nd row: J. Mattingly, E. Smith, D. Atienza, J. Lewis, S. Kwatra, J. Cole, C. Williams, C. Bridgett, G. Ferguson, S. Yates, J. Hopkins, B. Daley, A. Woodall. 3rd row: J. Lockamy , C. Tisdale, S. Grizzle, D. Gratton, J. Gill, J. Mathewson, S. Madison, E. Boffman, B. Smith, . Bedenbaugh, P. Nelson



Carrying out the equipment was the hardest part of being a manager according to Teralynn Hines ('93). "That stuff is heavy," she said.



"I had a great time," said manager Tanya Gundle ('93) about working with the team.

A step in the right direction

One of the sports that didn't have pressure to do well was the girls' cross country team. Hardly any of the students expected the team to do well and compete with other schools in the district.

Knowing that they could do better than what their critics thought, the team headed out to an inspirational season. The team gained confidence by working together. "We worked together as a team," said Desiree Porter (93). "We pushed each other to do well."

Working as a team, they placed highly against their district opponents. "We kept practicing and we set our minds on doing better," said Kathy Lomeli (92).

Once the regular season was over, the team headed off towards districts. At districts the girls' placed third.

After districts the team went onto regionals and placed second. By placing second in the region, the team qualified for state. While at state meet the team placed eighth. "The season was good because we kept on improving," said Kathy Lomeli (92).

Striving to be the best they can be, Maryelaine Ackerman (91) and Desiree Porter (93) lead the runners.



"I was voted because I was a senior, and I showed leadership." Most Valuable Player Melissa Cushing (90)



"I improved throughout the whole season, and it was fun." Most Improved Player Elina Lohiniva (91)

Working as a team, the girls' cross country team pushes each other to do well.



Girls' Cross Country

- 4th James Wood Invitational
- 2nd Stonewall, Osbourn Park
- 1st Handley Invitational
- 1st Faquier, Woodbridge
- 3rd N. Stafford, James Wood
- 1st UVa. Invitational
- 9th W & M Invitational
- 10th Georgetown Prep
- 3rd District
- 2nd Region
- 13th State



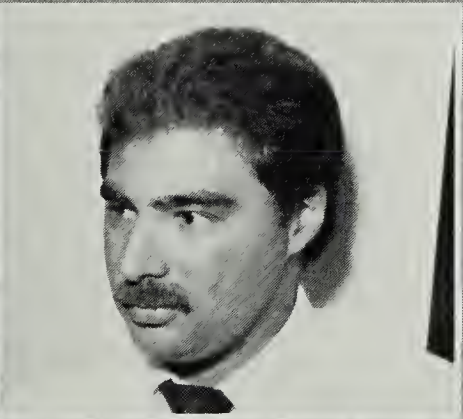
Concentrating on the race, Ingrid Savage (93) increases her pace.



Stretching her lead Jody Reise (93) increases her speed.



Top: Maria Firvida (92), Christie Wilson (91), Alethea Demel (92), Maryelaine Ackerman (91), Krista Miller (92). Middle: Kathy Lomeli (92), Jody Reise (93), Melissa Cushing (90), Ingrid Savage (93). Bottom: Eliva Lohiniva (91), Amy Kellerman (92), Desiree Porter (93), Denise Grizzle (90), Lisa Smith (92).



"I was pleasantly surprised by their progress throughout the season."
Coach Mike Scudieri.



"The girls' did pretty well. They did their best and tried real hard."
Manager Nicole Spatzer

Caught by the pack

As the new cross country season arrived, the boys team felt under pressure to perform well. The team had strong runners returning and also, the addition of a new coach.

When the season started the team placed highly, usually coming in first or second place.

"Everyone worked hard over the summer and we wanted to beat Woodbridge when state and districts came along," said Roger Birchmer (91).

As the season progressed the team continued to do well, again coming in the number one and two slots.

"When Dave (Presnell) came back from his injury all of us got motivated by his presence," added Roger Birchmer (91).

After the season was over the team headed off for districts. They placed second behind Woodbridge.

"We ended up pretty good. Woodbrige surprised us. We thought we should have won districts, but we got them back at state," said Roger Birchmer (91).

Concentrating on the race, James Hart (91) pushes himself to the limit.



"It wasn't till districts, when I finally got my head on straight." Most Valuable Player David Presnell (90)



"I was running good throughout the season, and I just got better as the season went on." Most Improved Kirk Masterson

Thinking about the race, Kirk Masterson (93) focuses on ward.



Running with great strides, Russell Robertson (91) expands his lead.



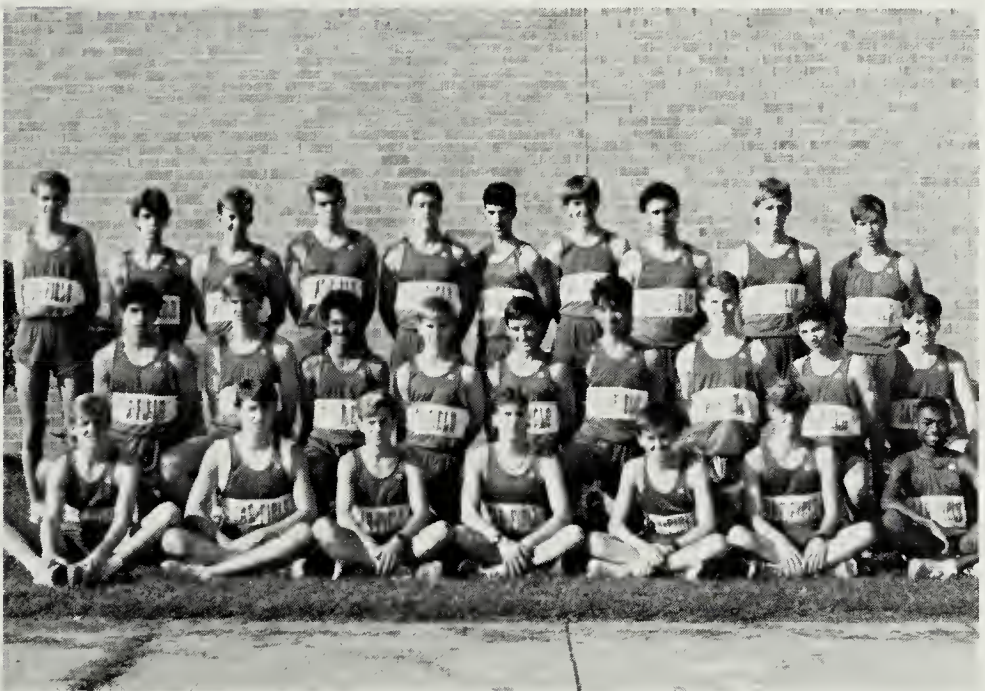
Keeping the pace with each other, Edward Schoenborn (91) and Steven Lomeli (93) work together as a team.



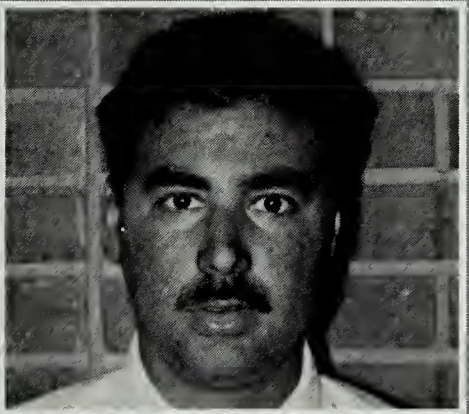
Focussing on the race, Chris Whitman (90) is determined to win the race.

Boys' Cross Country

- 2nd James Wood Invitational
- 1st Stonewall, Osbourne Park
- 2nd Handley Invitational
- 1st Faquire, Woodbridge
- 1st N.Stafford, James Wood
- 5th UVa. Invitational
- 1st Potomac, Stafford
- 4th W & M Invitational
- 7th George Prep Invitation
- 2nd District
- 4th Region
- 8th State



Top: Paul Snyder (90), Russell Robertson (91), Ashley Holland (90), Jake Stoneman (91), Dave Presnell (90), Jason Sawyer (92), Josh Briggs (92), Mike Campbell (91), Pat Hogeboom (90), Kenny Ritenour (91). Middle: Roger Birchmer (91), Chris Whitman (90), Akram Khan (92), Kirk Masterson (93), Mark Masterson (92), Ivan Robeloy (92), Jeff Thurston (90), Steven Lomeli (93), John Kinzinger (92). Bottom: Jimmy O' Neill (92), Carl Quinte (92), Jay Cano (92), Jim Hart (91), Brian Carlin (92), Ed Schoenborn (91), Lemaul Pearsall (91).



"I expected a lot from the beginning, and they fulfilled all my expectations."
Coach Mike Scudieri



"We should have beaten Woodbridge in districts."
Manager Nicole Spatzer

Leaping To The Top

Concentrating hard on balance and perfecting her routine, Kathy Lomeli straddles on the balance beam.

Team unity and willingness to learn and cooperate was the 1989-1990 gymnastics team's key to success. Even though the team did not reach their major goal, to beat North Stafford, the team did win a tri-meet against Potomac and Stonewall Jackson. This meant a lot to the team and Coach Sullivan. "It was the first meet we won, and it really built up our confidence," said co-captain Jennifer Dixon.

The team spent a lot of time after school practicing in order to do well at the meets. And at the meets, the team strived to do better and to get better individual scores than the previous meet. Coach Sullivan said that since many of the top gymnasts left the team it was hard to begin again, but so far the team has done a great job of working hard and sticking together.

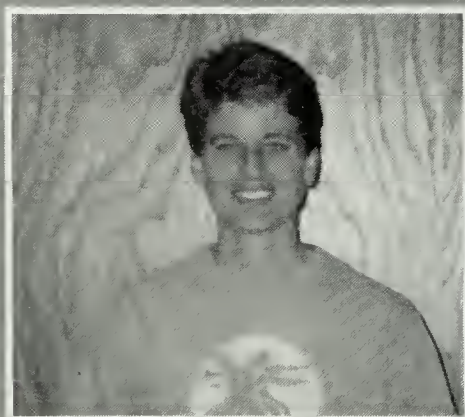
Making a team work together is a hard thing to do, but Coach Sullivan made it happen. Starting with only ten girls to work with was not easy, but each of the girls had potential and they were able to stretch their ability to the limits in order to succeed. The team drew from each other's strengths. Of course individual support was necessary to do well. "We got along well, we supported each other, and it helped to boost our team's pride and spirit," said Sheila



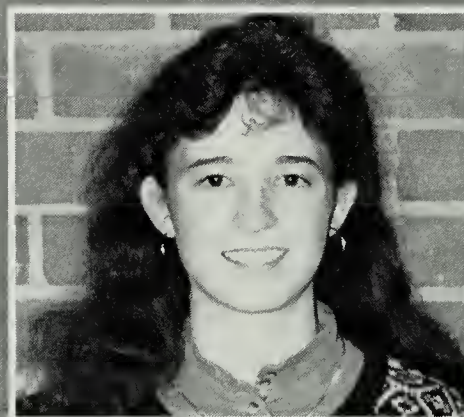
On the uneven bars, Shiela Sullivan gets ready to straddle to the high bar with style and grace.

Sullivan.

Of course gymnastics is not as easy as it looks. Years of training and hard work are involved. A sense of balance is also needed to be able to move easily and freely. Routines are practiced many times so that the girls will perform perfectly.



"The season was very successful in the eyes of the team because we improved our skill level and met our personal goals." Coach Sullivan



"We have a great team this year due to our unity, talent, and Coach Sullivan. She helped a lot through her support and encouragement." Shiela Sullivan

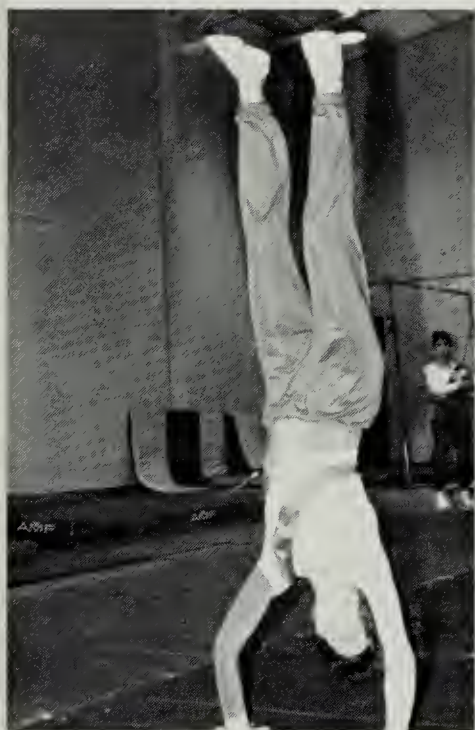
Carfully balancing herself, Heather Jewett does a perfect handstand on the balance beam.



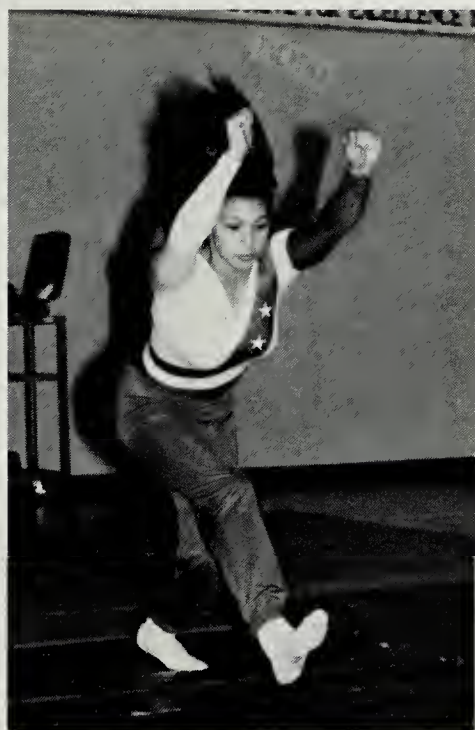
Perfecting her skill on the balance beam while practicing her routine, Jennifer Dixon goes into a scale.



Sandy England practices her routine on the uneven parallel bars in order to improve her her scores.



Doing a handstand takes a lot of hard work and practice, but Molly Mac Mahon makes it look easy.



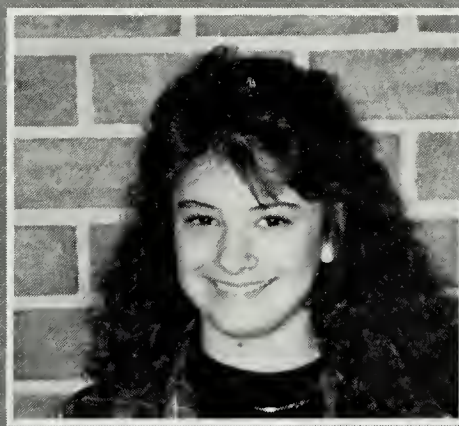
Going for round off on the floor, Tina Jewett uses all of her strength to give her a push off of the ground.



First row: Heather Jewett, Sandy England, Jennifer Dixon. Second row: Kela Gibson, Talitha Green, Tina Jewett. Third row: Coach Sullivan, Jason Thurston, Molly McMahon, Shiela Sullivan, Kathy Lomeli, Jennifer Tomlin, Angie McCuen.



"I think we did pretty good this season because everyone supported one another's teamwork." Molly Mc Mahon



"Practices are long and hard, but it sure pays off at the meets because we all win in some way or another." Jenny Tomlin

Cradled And Pinned

The cradle is one of the moves that wrestlers used to win their matches over their opponents this year. "I used the single leg takedown, tilts, the granby, the switch, and the stand up," said Jason Rivera (91), who placed 2nd in his weight class in the Osbourn Tournament and 3rd in the St. Stevens Tournament. Bryan Silvis (90), one of the captains this year, liked to work his way up. "I usually get taken down, so I usually play catch up. I might as well start on the bottom and give the guy two points, I use a lot of rolls to even up the score." Silvis placed first in the Osbourn Tournament and ranked 3rd in

the 119 lbs. weight class in the district.

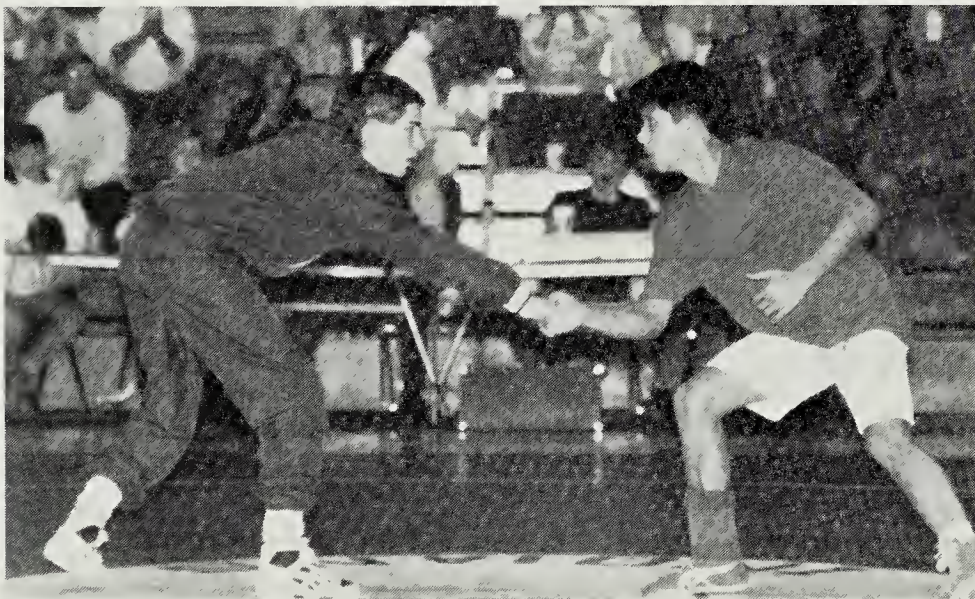
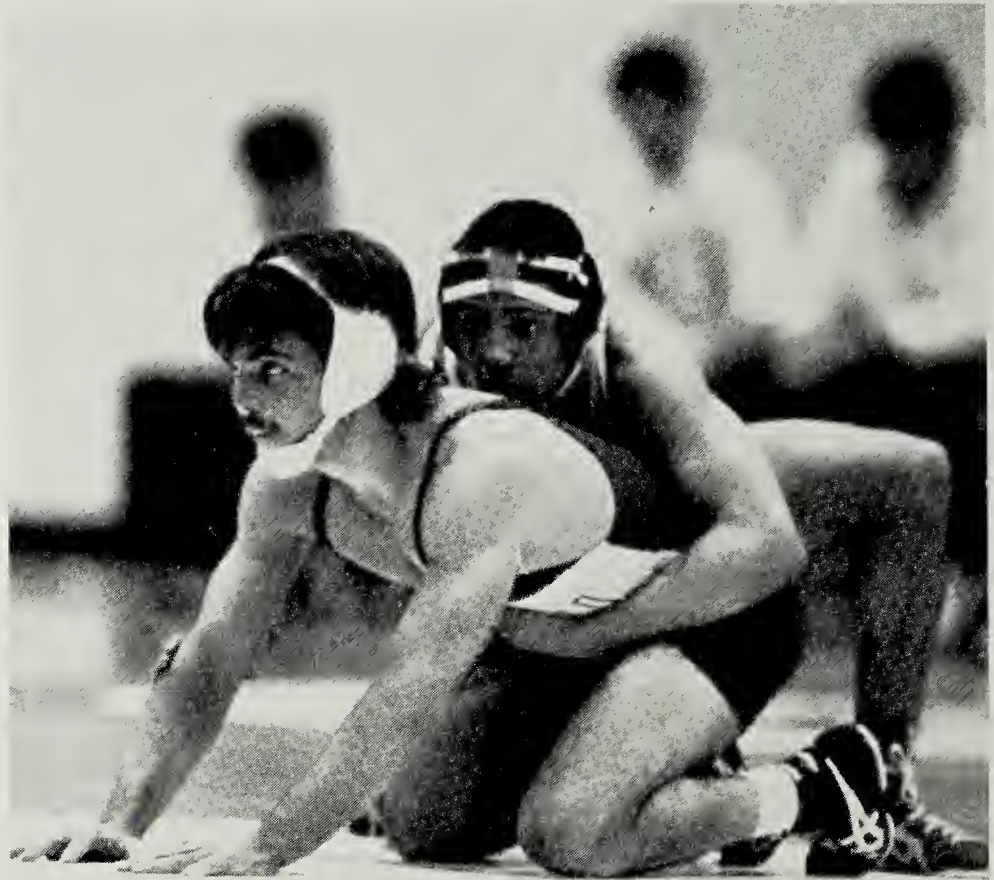
This year's team was composed of mostly underclassmen and four seniors. The morale of the team rested on the seniors. "We tried to keep things interesting. (Chris) Meurer (90) gets most of the credit for keeping our spirits up. He's always yelling about something," joked Silvis.

Coach Tommy Legge also had an important part in the team's morale with his catch word "focus." It was meant to remind the team to concentrate on their match.

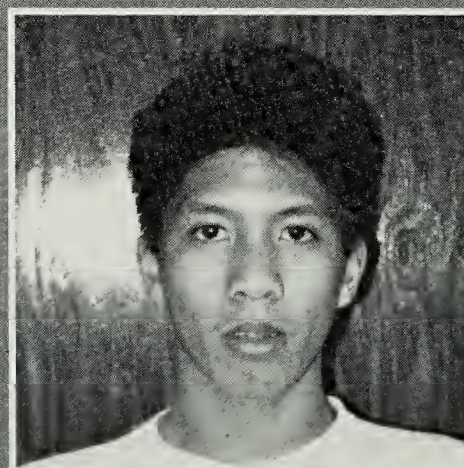
At the top of his 130 lbs. weight class, Hiram Frias (91), waits for the signal by the referee to start the next round of his match.

Team captain Anthony Gamboa (90) apprehensively shakes the hand of his opponent in his 112 lbs. weight class before the match begins.

Sweeping the arm of his opponent and taking him down for another victorious pin, top wrestler in the 135 lbs. class, Phil Sykes defends his position.



"We've improved a lot over the season. The team works together as a whole. As long as we stick together, we do fine." Jason Rivera (91)



"Coach Legge has helped us improve throughout the season. Once a person 'focuses' on his goal, there's no stopping him." Tony Gamboa (90)

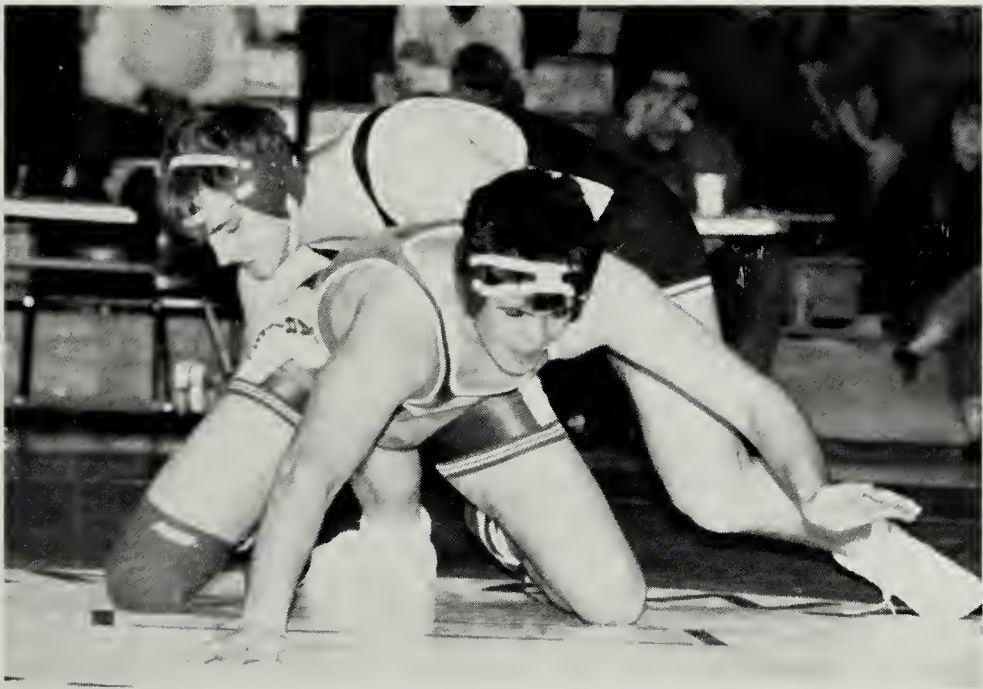


Injuring his ankle in a previous match, Anthony Gamboa (90) and Chris Meurer (90) check out the swelling before applying ice.

Varsity Wrestling

21 Stonewall Jackson	42
24 Osbourn Park	36
32 Hayfield	9
22 James Wood	32
3rd Osburn Tournament	
3rd St. Stephen's Tournament	
35 Potomac	28
33 Stafford	32
23 Woodbridge	41
36 Fauquier	22
1st Woodberry Forest Tournament	
42 North Stafford	18

Record: 5-4



Trying to get out of a tough position and win the match, Corey McKinley (91) works his way across the mat. Corey won 2nd in the Osborun Tournament and 1st in the St. Steven's Christmas Tournament in his weight class this year.

Varsity Wrestling Team Members

Tony Gamboa
 Jeff Silvis
 Undre Moore
 Craig Deely
 Brian Silvis
 Jason Rivera
 Hiram Frias
 Russ Bennett
 Brian Dobash

Phil Sykes
 Mike Roach
 Tony Oliver
 Brett Wade
 Chris Meuer
 John Anderson
 Cory McKinley
 Kevin Kyles
 Robert Laurence



"Going into districts, I feel that we are better prepared physically and mentally than we have been all season." Coach Tommy Legge



"I think we got off on a real-good start. We have progressed over the season and we're doing a much better job than before." Robyn A. Thirkill (93), Manager

Taking it out on the mats

"Wrestling is a very demanding sport which requires dedicated people," commented Coach Rob Bailess.

Wrestlers give all they have on the mats and during conditioning drills. It takes speed, agility, flexibility, and stamina to be able to use all their strength during every second of a match. When wrestlers finish their match, they're exhausted.

To be successful and keep up with competition, the team practices up to 2 hours and 15 minutes a day. They work on their moves, and perfecting their techniques. Coach Bailess explained, "The kids work extremely hard in practice preparing themselves mentally and physically for each match."

Bailess continued, "The

kids really started to come together as a team later in the season."

Sophomore Jeff Silvis added, "At the Woodberry Quad, we all began to pull together at that tournament. We continued that for the season." The team is made up of mostly freshman and a few sophomores. They were eager to learn and hardworking, said Bailess.

He added, "They have also had a lot of fun at the tournaments that we have participated in."

Silvis said, "The season went pretty well. We all learned in some way or another."

Anthony Collier (93), struggles from the bottom position to attempt a one point escape.



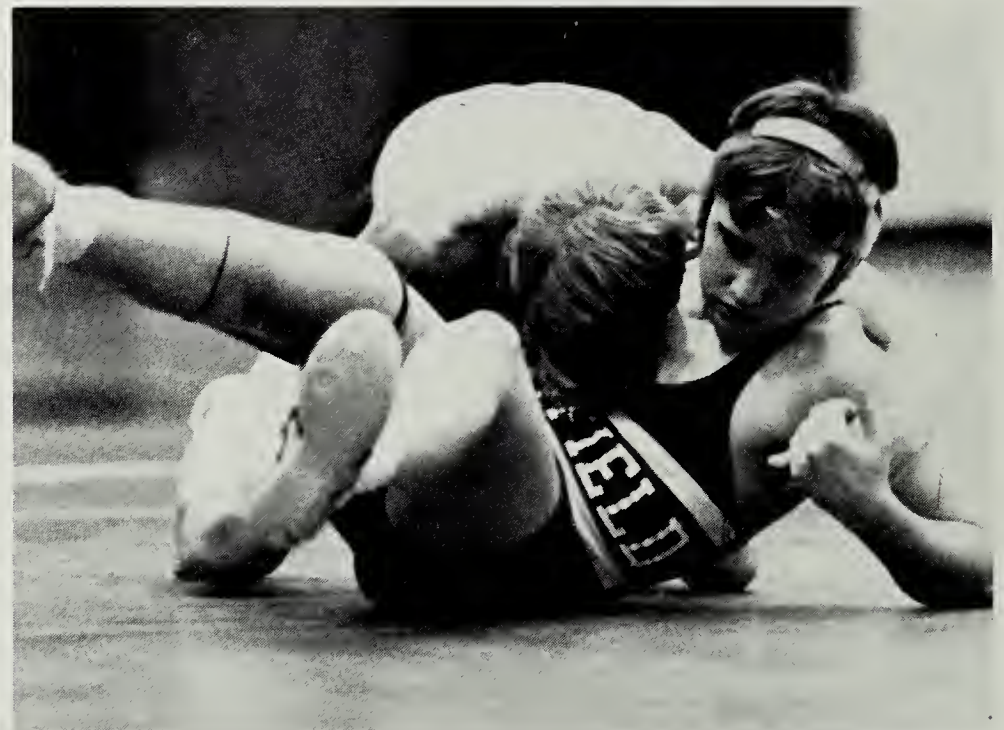
Stretching out as a team in the gym, the wrestlers prepare both mentally and physically before each match.



Along with other teammates, Craig Deely, practices the moves he will use in his match before the tournament begins.



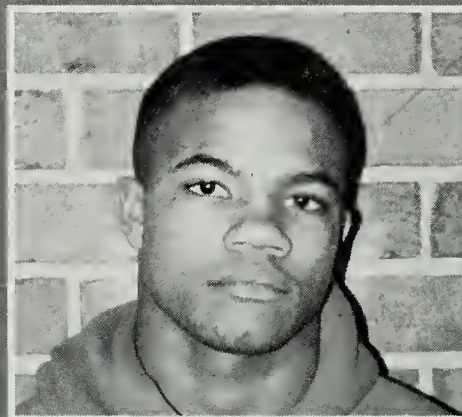
Using all his strength, Jeremy McPike (93), attempts to force his struggling opponent to the mat. He tries desperately to get the pin.



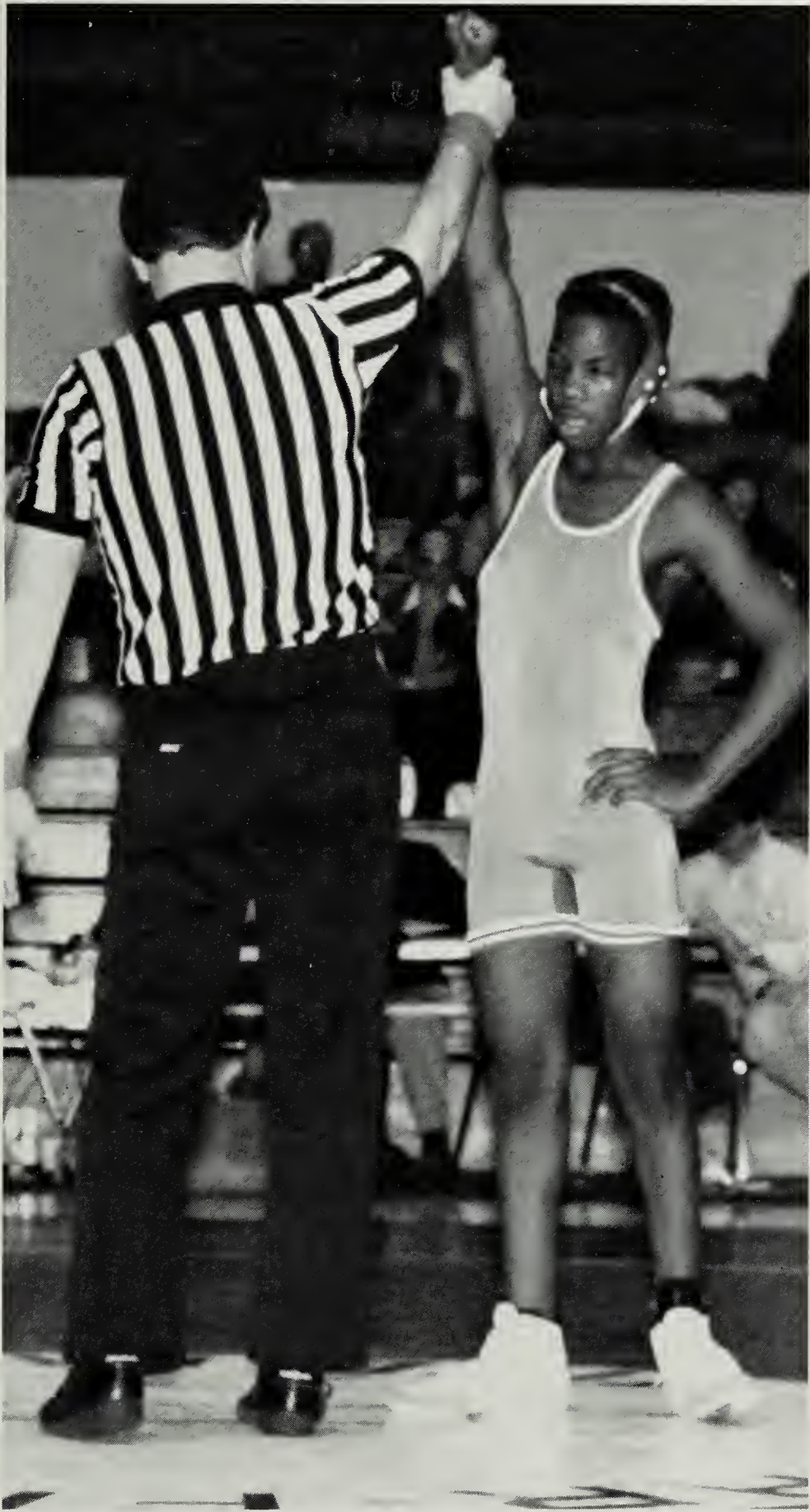
Working from the bottom, Cary Johnson (93), tries to free himself from his opponent who has him in a strong hold.



"Being the manager is fun. I learn more about the sport everyday. It's hard work and I get little recognition, but the satisfaction is seeing the guys do well." Robyn Thirkill (91)



"I think we had a very good and successful season. The team did a very good job." Steve Madison (93)



Standing with a victory Undre Moore (93), exhaustedly allows the ref to hold his arm in the air after a hard faught match.

Talking the match over, Coach Bailess and Anthony Collier (93), focused on learing from it.



J.V. Wrestling

us		them
33	Osbourn Park	31
62	Hayfield	14
19	James Wood	50
54	Fauquier	14
48	Potomac	10
28	Stafford	37
24	Woodbridge	33
41	North Stafford	27

2nd place Osbourn Christmas Tournament

Record: 5-4



Standing: Steve Madison (93), Drew Johnson (93), Jason Lockamy (93), Scott Hansen (91), Kneeling: Mike Timmerman (92), Mike Glycer (93), Chris Popp (93), Dennis Harold (93). Sitting: Anthony Collier (93), Cary Johnson (93), Sean Harrington (92), Art Rooney (93), Ian Jung (93), Jeremy McPike (93).



"The kids really started to come together as a team and this is reflected by their overall performance." Coach Rob Bailes



"I thought the season was good, and the end, the hard work paid off." Jeff Silvis (92)

On Track to Win

"Track" what is yelled when some part of the team is using the lane or lanes. "I like track because it keep me in shape," said freshmen Tane-shia Reeves. When running track you have to be deter-mined to stay up or you fall too behind, but when you fall behind; you fall all the way

behind. If you want to win, then the team wants to win. It really all depends on you and how well you conditioned yourself. "Track is a very competitive sport that re-quires a lot of dedication and hard work," responded sopho-more Alexa Cross. Running is a one man triumph, there is nobody around when you

cross that line and break the tape. It is only you and the wind, what you hear is silence, with a rush of noise. "I feel that track is very hard , but the sa-tisifaction that I get when I run hard keep me going," an-swered junior Dana Easley. Always before victory there is pain, the pain of not knowing if you will survive, to be the

best at what you want to ac-complish. Which is to win and to be well known for doing what you always wanted do. "I think track is fun and I enjoy participating in the sport," said Alexandra Sanchez. To be a leader means you have to be more competitive than before and the fear of loosing is in-creasing every time you race.



Waiting for the signal Desire Porter (93), Jodie Reise (93), Elina Lohinwa (91) and Mary Elaine Ackerman (91) can't wait to take off running.



On a routine practice Alexandra Sanchez (91), Chenel Currence (92) and Jessica Williams (90) seems to be in the peak of condition.



"I like the competition, it teaches me discipline, how to compete and when I win I get a good feeling." Shavonne Dargan (91)



"The types of workout that I do everyday are warm ups, stretches and lifting." Kristi Madison (92)

After a long hard run Melissa Madrid(93) tak es a break to nurse her ankle and get ready to run again.



Before running, Connie Coaxum(90) stretches so she can reach her ultimate goal.



Girls' Indoor Track

Fork Union Meet 2nd Place
 VMI Invitationsl 2nd Place
 District Meet 1st Place
 Regional Meet 1 st Place
 State Meet 9th place



Top Row Jody Reise, Jessica Williams, Ingrid Savage, Melissa Madrid, Kristi Madison, Faziah Johnson, Mary Ackerman, Katie Stephen, Krista Miller, Renee Girouard, Alethea Semel. Bottom Row Anne Oreland, Denise Grizzle, Desire Porter, Elina Lohiniva, Dana Easly, Chenel Currence, Georgina Tompson, Suzanne Duckworth, Alexander Sanchez, Patricia Gutierrez, Inken Muellen , Maria Firirda ,Alexis Cross, Amy Kellierman, Nicloe Spatzer.



" It's a lot of hard work but I really enjoy being with team and the coaches." Nicole Spatzer (91)



"They pushed and challenged each other throughout the year." Coach Hoy

Making Tracks

The indoor track team was on its way to victory. As a team they worked well together, but the path to victory is always very competitive. Their love for track and desire to win could help their dream come true. "The first couple of weeks are pretty hard, but after you give all your effort and time it all pays off, replied junior Rodger Birchmier. When the urge to win come up on you, you give your all to win. It takes what you have to be the best at what you want to become. "The workouts depends on how hard you push yourself," responded freshmen Kurt Masterson.

Everyone is capable of making choices in life. "I feel track gives me a chance to see what I can and cannot do," answered senior Dwight

Buchanon. Some people just happened to choose track. Running track is more than just going around in a circle.

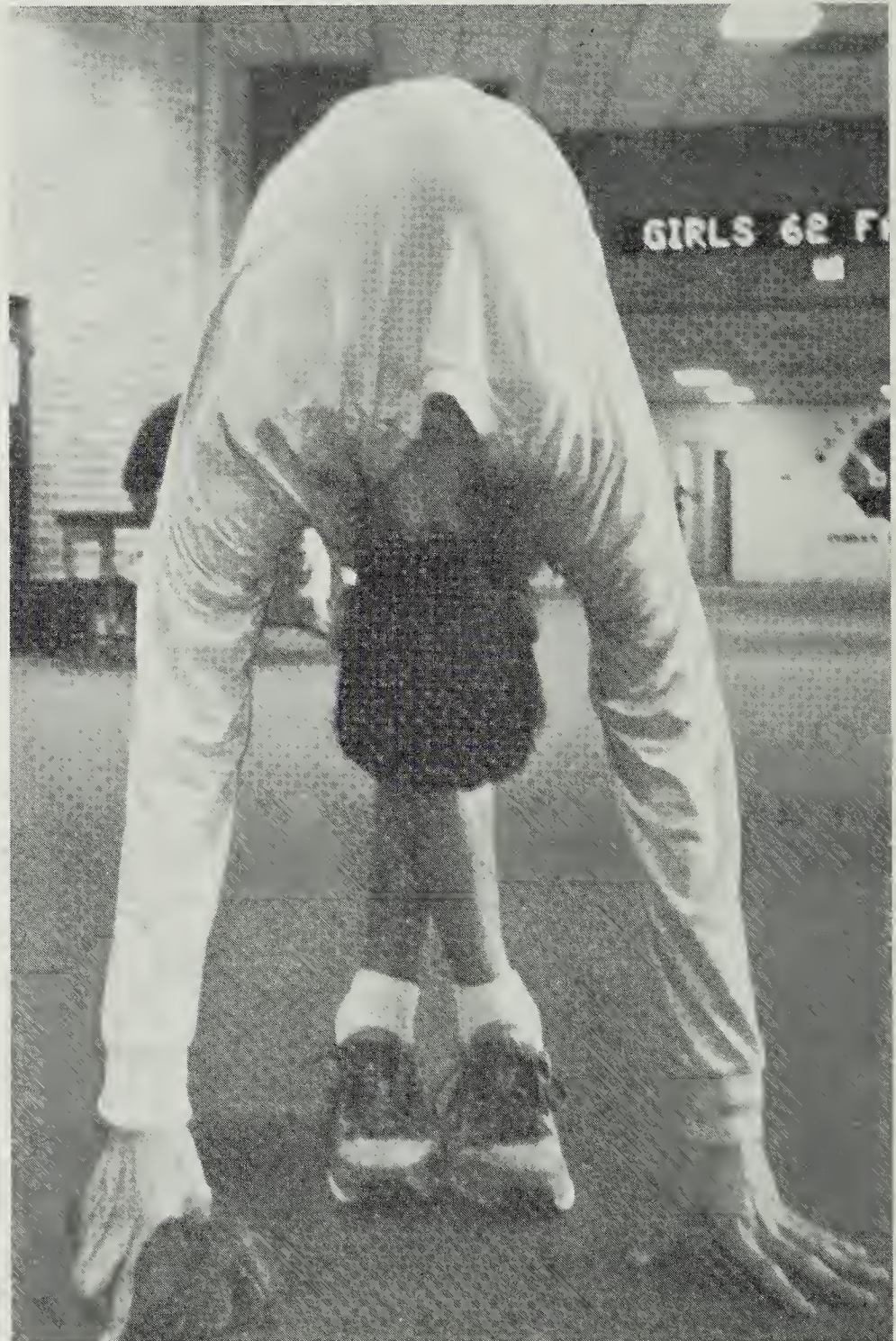
It is that hunger to be the most victorious over your team mates, and especially your outside competitors. "The practices are hard because you run longer in practice then you would in a real race." replied senior Kevin Beach. What you have to understand is you first have to want, before you can dream and after you dream; you begin to make that dream come true and when the dream comes true, all at once it becomes your past, so from there you move toward your next big accomplishment. Participating in the sport of track is more involved than the average person thinks because track is

more mental than physical. You have to be prepared for a good race. Even though you may not win, as long as you

know you did your very best, there are always better days ahead as for your life in track and life after track.



Sprinting down the straight away Lemont Brown (92) and Latroy Askew (90) and Alfred Toole (91) do it with poetic rythm.



Stretching (92) Jason Sawyer appears totally relaxed and without any tension.



"I think you have to work hard to improve and if you don't work hard, you are not going to get any better." Brian Carlin (91)

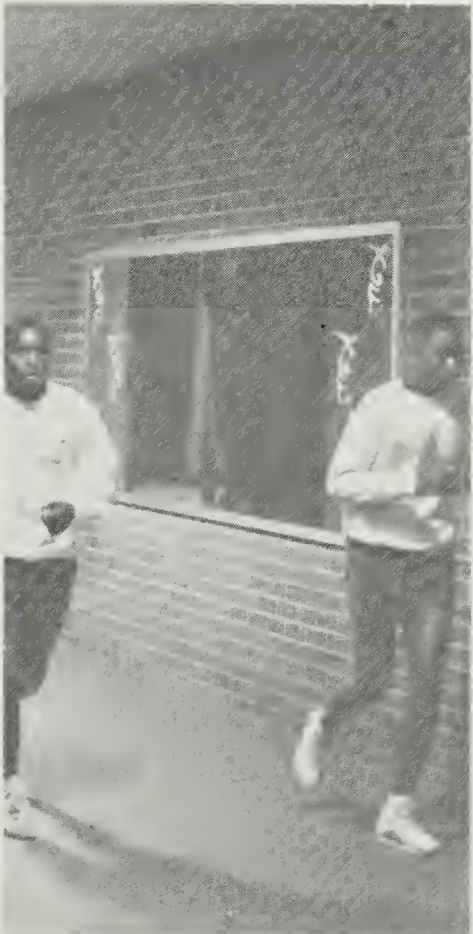


"The ability of each individual to act and to function as a team has contributed to our success." Alfred Toole (91)

Running in full force, Rich Bennett (92), Russell Richardson (91), Kenny Kitneour (91), Jimmy O'neil (92) and Patrick Hoagaboom(90) forging straight as though they could conquer the world.



After a long run Latroy Askew and (90) Russell Williams (90) are still running.



Boys' Indoor Track

- Fork Union Meet 4th Place
- VMI Invitational 1 st Place
- District Meet 1st Place
- Regional Meet 1st Place
- State Meet 1st place



Giving in to the need, Dennis Toole (90) supports himself by proping his fists against his side and taking a sigh of relief.



Top Row Russell Robertson, Jeff Parker, Roger Birchmier, Latroy Askew, Dennis Toole, Dwight, Eligah Hamm, Demonte Story, David Presell, Danny Housier, Alfred Toole, Rus sell Williams. Second Row Brian Carlin, Jason Sawyer, Jeff Thurston, James Watkins, Chad Hurst, Jason Morrow, Akram Khan, Karl Quante, Mike Campbell, Rich Bennett, Pat Hogaboom, Kenny Ritenour, Brad Arehart. Third Row Mark Masterson, Chris Whiteman, Jimmy O'Niel, Jermamy Hoptkins, James Hart, Kirk Masterson, Corey Barnes.



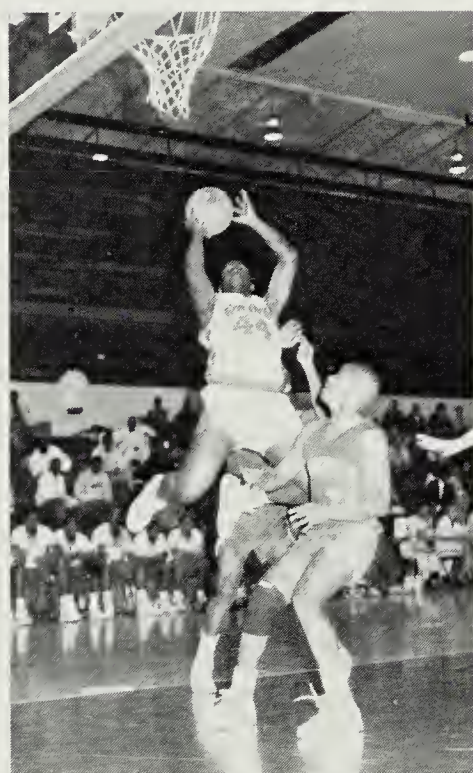
"My goal is to win and get through the season healthy."
David Presnell (90)



"The coaches and the athlete's at Gar-Field have put in alot of long tough hours bringing the program back to the top."
Coach Hoy

With an eager look on his face, Carroll Rich (90) figures out which way he should go. Carroll was one of the keys to the team's success.

Coach Bell looks out at the game trying to figure out how he can improve his team's performance. It was this motivation that drove him to push his players.



Trapped between two Anacostia players, Mike Nelson (90) stretches to make the basket. Mike was one of the four returning players.



Going for the basket, Bryan Palmer (90) flies by the startled Anacostia players. This type of aggressive playing was what made this a winning year.



"I think our success came from giving 110% in everything we did and having a close relationship as a team." Skip Saunders (90)



"Coach Bell pushed us to do our best. He taught us a lot about basketball and life as well." Carroll Rich (90)

New players gain experience

Basketball was one of the most popular sports here. Every Friday night during the season "Our House" was packed.

"Full houses get everyone's blood flowing faster and heart beating quicker. It makes you want to win even more!" ex-

claimed coach Larry Bell. This year's team was almost completely new. "We were very inexperienced. We only had four people back and only two had been full time starters." said Bell.

Despite the lack of experience the team played excel-

lently.

"It was the willingness to work hard and keep trying. The players never got down on themselves," stated Bell.

The younger and newer players became familiar with the system and began to come together better on the court. The teammates suffered many injuries that slowed down their development as a team.

However, they always seemed to come back and meet up to their expectations. If coach Bell could come up with one word to describe the season it would be "interesting."

Varsity Basketball

Anacostia	L
N. Stafford	W
Oak Hill	L
Osbourne Park	W
Ferguson	L
Manor	W
Denbigh	L
Stonewall	W
Stafford	W
James Wood	W
Woodbridge	W
Potomac	L
N. Stafford	W
Potomac	L
Stonewall	W
Faquier	W
Osbourne Park	W
Stafford	W
Faquier	L
James Wood	W
Woodbridge	L
Osbourne Park	W

Record: 14-8



Front Row: Lewis Forrest, Mario Jackson, Damion Keyes, Carol Rich, Richard Deerden. Back Row: Courtney Newkirk, Mike Gorkowski, Frank Coaxum, Brian Palmer, Marcus Holman, Kevin Fields, Bert Seay. Not pictured: Skip Saunders.



"We are a very strong team and very well coached. We have finally started working as a team." Bryan Palmer(90)



"It was a lot of fun working with the team. Mr. Bell and I are pretty good friends and work well together." Matt Haugh (90)

Teamwork

No one could have wished for a better season than the J.V. Boys basketball team had this year. Not only did they end up with a great record, but the team improved throughout the year. As Garland Scott ('92) explained, "We get along well as a team. That's one reason why we win."

The team agrees that the hardest game they played was Fauquier. One of the challenges of that game was that Fauquier is "big, and they can jump," explained Scott. Overall this year the team has "improved on technique," stated Kevin McClelland ('92).

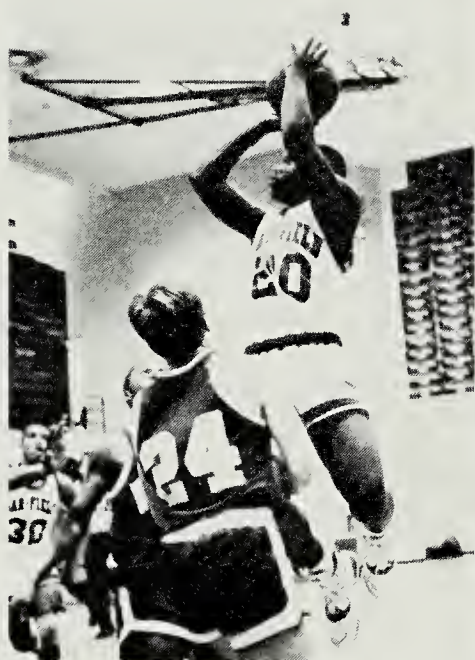
Coaches are a very important part of the team. The guys had a great coach this year, Mr. Wark. "He stresses discipline which helps the whole team," said Maurice

Barbour ('91). The coach and the team together have worked on team unity this year. "The team played together and did not have one star player that stood out. That really made the team successful," said Tim Kuehne ('91). Eric Pfitzner ('91) commented that, "the season has been great because we work hard at practice and get along with each other."

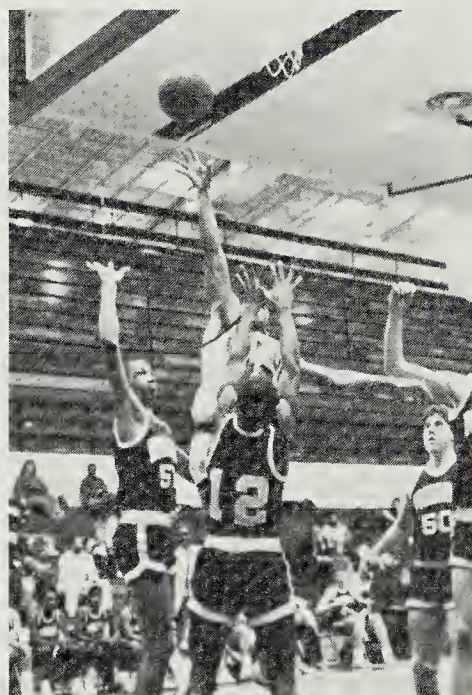
As McClelland commented, "We play a lot better when there are a lot of people in the crowd." Though the team is highly self motivated, the roar of the crowd is still quite encouraging to them. Sometimes the crowd can be as stimulating as one of Coach Wark's pep talks.

The J.V. Boys' Basketball team ended up with a superb record and lots of memories.

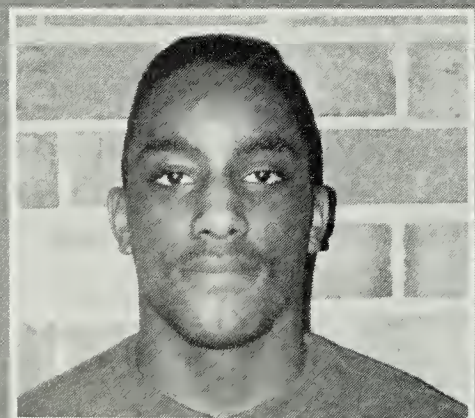
Keeping in great control as his opponent tries to set up the defense, Kevin McClelland ('92) dribbles the ball to set up a shot with his fellow teammates.



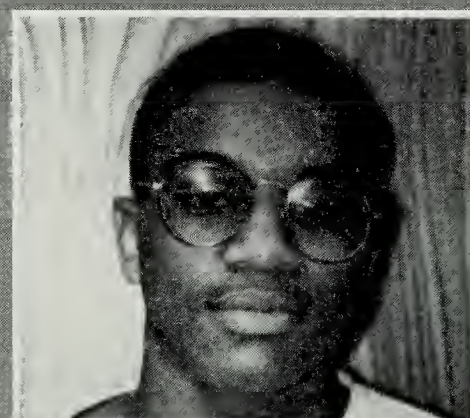
Rising above his opponent, William Walker ('91) flies into the air to make a basket at a game.



Maurice Barbour ('92) jumps to great heights to escape his opponents and make a basket.

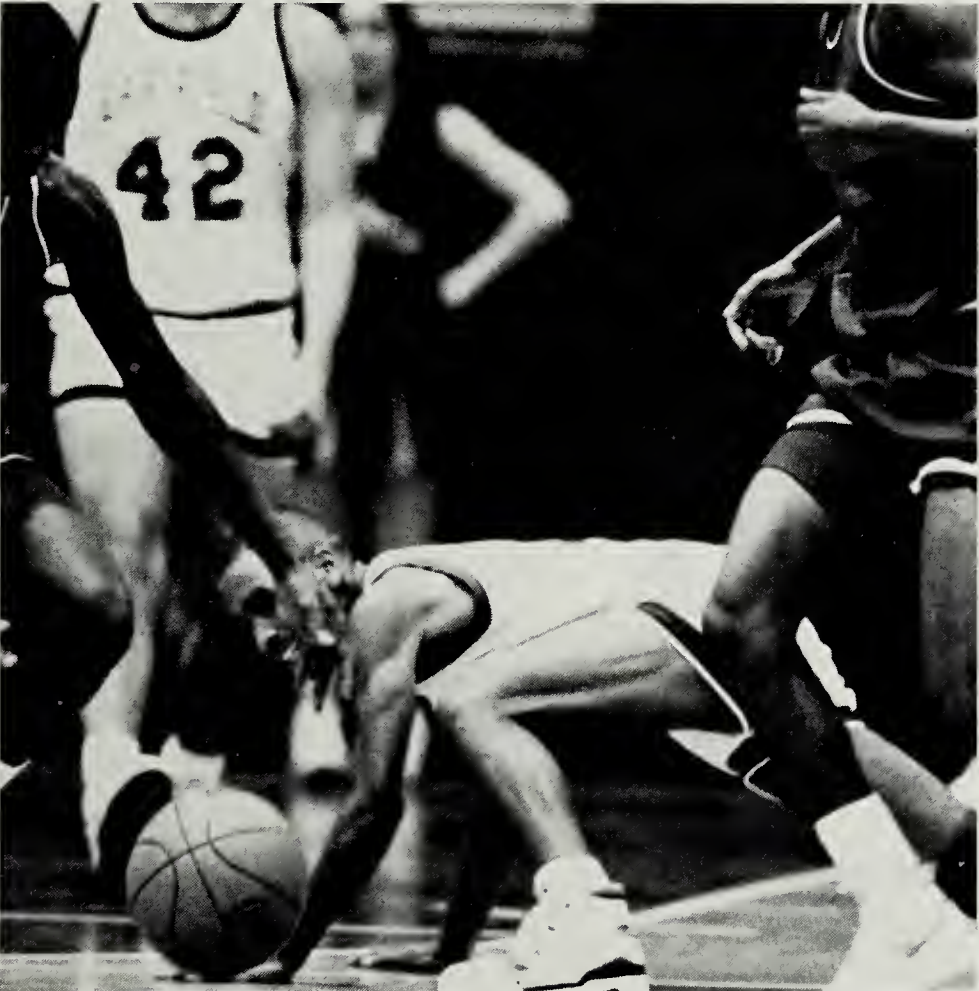


"Our season has gone so well because we worked as a team. There is no "I" in team." Garland Scott ('92)

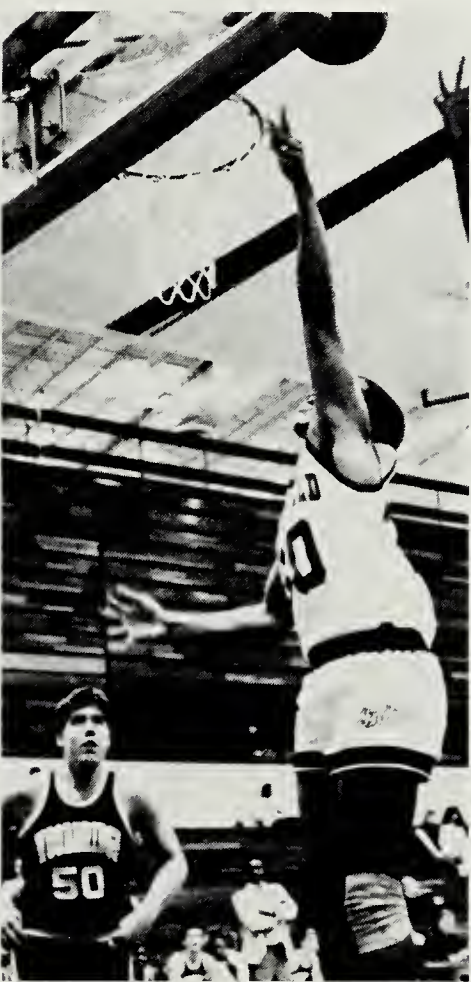


"The season has gone so well because everyone stuck together and gave it their best." William Walker ('91)

Going to any lengths to gain possession of the ball for the team, Tarik Harding ('92) is even willing to get down on the floor in a game against Anacostia that ended in a win for Gar-Field.



Adding to the Indian's score, AR Hersi ('92) made the basket, despite the team's upsetting loss.



J.V. Basketball

Potomac	W
Anacostia	W
Oak Hill	W
North Stafford	W
Stonewall Jackson	W
Fauquier	L
Osbourne Park	W
Stafford	L
James Wood	W
Woodbridge	L
Potomac	W
North Stafford	W
Stonewall Jackson	W
Stafford	W
Osbourne Park	W
Fauquier	W
James Wood	W
Woodbridge	L

Record: 14-4



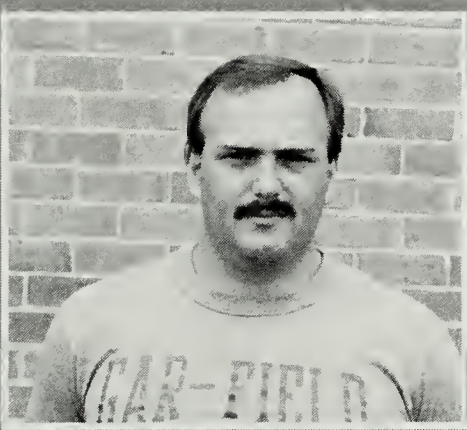
Coach Wark gives the team a pep talk and some coaching advice at a time out during a game. They must have taken this to heart since the ended up winning the game.



Top row: Coach Wark, Garland Scott, Kevin McClelland, A.R. Hersi, Casey Borden, Brian McNichol, Tim Kuehne, Chad Gargon. Bottom row: Maurice Barbour, William Walker, Tarik Harding, Charlie Daniel, Eric Pfitzinger.



"The team played togehter as a team. There was no single star which is what really made the team successful." Tim Kuehne (91)



"We wanted to get the guys ready for next year. We weren't concerned with our record, but everyone worked hard." Coach Wark.

Shooting For the Best

Rewarding was the word that Coach Webb used to describe the boys' freshman basketball season.

Although adjusting to high-school basketball is sometimes a problem for freshmen, these boys seemed to adjust quite well.

Coach Webb explained, "The team learned it takes a lot of discipline and hard work each day to play for Gar-Field.

To most players, basketball is a very important part of their lives to which they are completely devoted. They all work hard by practicing every day, or in the summer playing in leagues,

or going to camp.

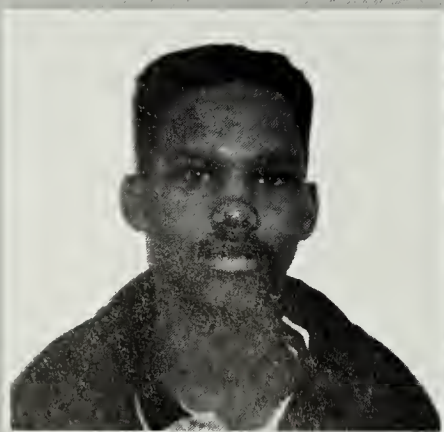
The freshmen team had an excellent attitude on and off the court. They worked hard and were determined to be their best. "The Loud Crowd" also gave the team a boost of confidence, especially in the game at Stonewall. Gar-Field was behind eleven points, but made an outstanding comeback in the fourth quarter to win the game.

Of course the team played great everywhere it went, but it always played its best here, at Gar-Field. That's probably because of all of the support the fans, and the "Loud Crowd" gave the players. That's why they always said, "There's no place like home."

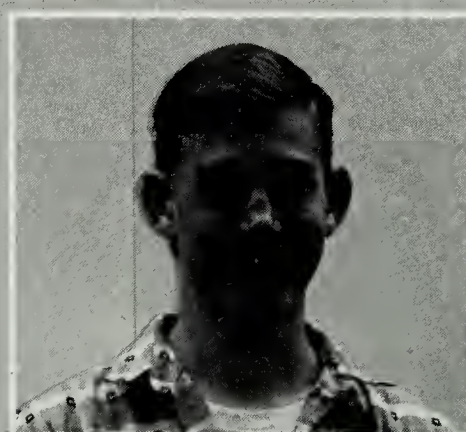
Dribbling the ball down the court, Trevor Welborn waits for the right moment to catch his opponent off guard.



Chris Baxter surprises himself by scoring the winning point for the game.



"We have worked hard together in both practice, and games which made us have a winning season. Rashid Coleman (93)

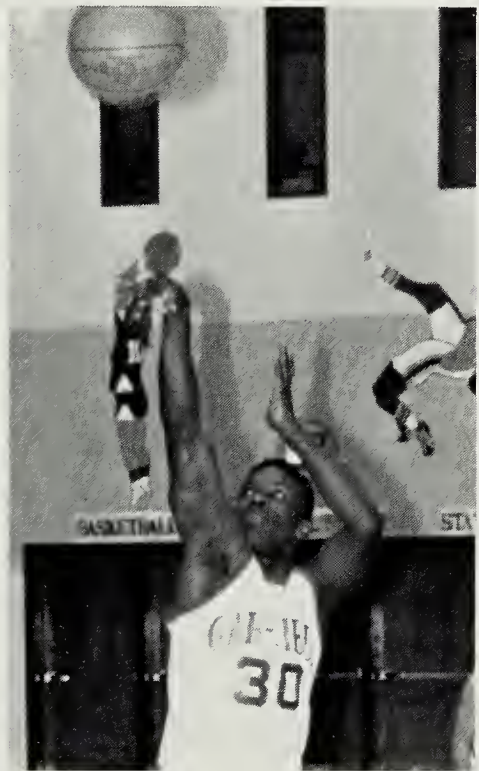


"Coaching, teamwork, and practice helped us have a successful year." Mike Tekampe (93)



Leaping from the floor, Rashid Coleman prepares to shoot another basket.

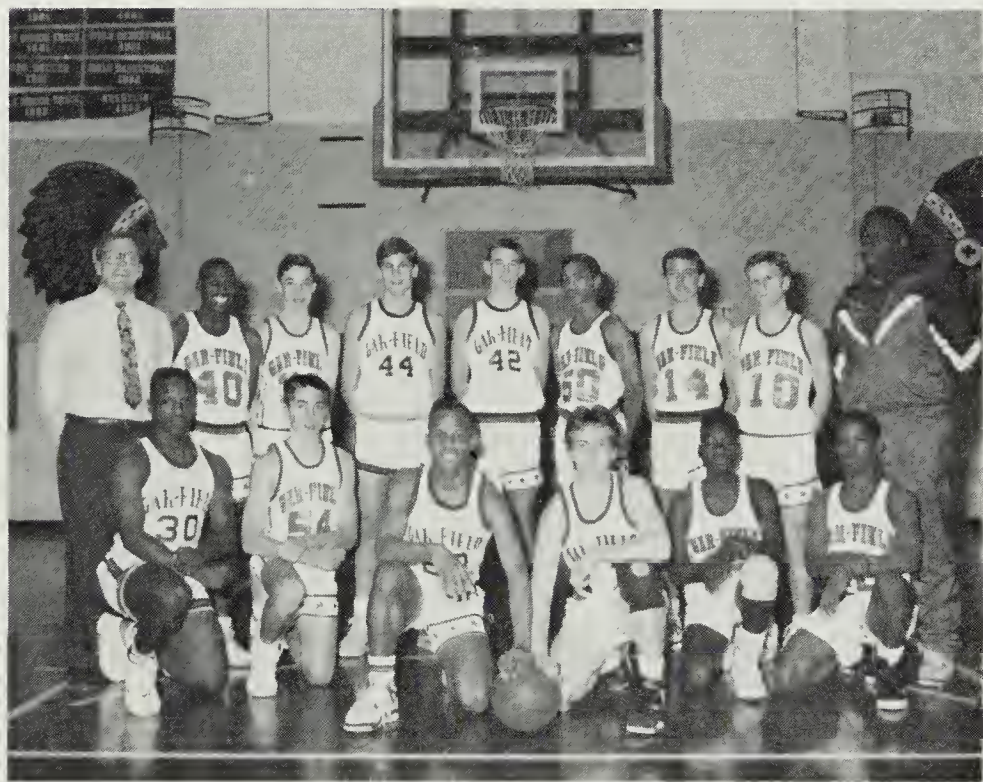
Warren Jenkins practices his shooting techniques after school in the gym.



Boys' Freshman Basketball		
us		them
29	Potomac	22
43	Stafford	26
26	Woodbridge	29
40	Osbourne Park	36
35	N. Stafford	32
27	Stafford	28
58	Stonewall	34
46	Osbourne Park	26
39	Woodbridge	41
36	Stonewall	34
40	Potomac	38
35	N. Stafford	23
Record: 9-3		



Determined to make a basket, Brandon Alvarez awaits the perfect moment to shoot.



"We all worked really hard. Everyone played their hardest to be the best that they could." Trevor Welborn (93)



"The team worked well together, everyone worked hard, and got along great." Coach Webb

Unstoppable

the Lady Indians were every opponent's nightmare as they scored a #1 season again

When the *Washington Post* writes the team up, when college recruiters fly out just to watch the team practice, when the point spread on a game is higher than most interest rates, then it's pretty safe to say that the girl's Varsity basketball team is on to something good.

That "something good" takes the form of being number one in the district, again. With twenty-nine consecutive district wins, as of February, with twelve of them just from

the '89-'90 season, the girl's team has proven itself to be a dynamic force on the court.

Unlike most undefeatable teams, this one isn't made up of seasoned seniors. There is only one senior on the court this year, and the starting players are all underclassmen. Coach Fred Milbert is not only aware of the lasting potential of his team, but is glad of it as well. "With the strength and experience we gain from this season, we can only get better, and continue our winning

streak if we apply it next season."

The team has a good court record, averaging 60 points a game, and allowing 40. Rachel Hemmer is the teams' highest average scorer with 18 points, yet Charleata Beale made her thousandth point this season.

Also prominent on the court are sophomore Jenny Linthicum and junior Kathy Kruczek. Kruczek has an impressive assist record, and Linthicum's rebounds are second only to Hemmer and

Beale.

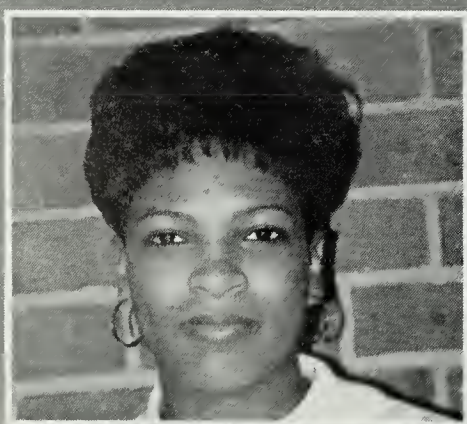
Despite the unbeatable team, one thing was lacking, wide school support. Said coach Milbert, "At this time, it's important that all of the student and faculty realize that we need their support and good wishes as we work toward the championships!"

But with yet another district championship in the bag, and promises of an even stronger season next year, the Lady Indians brought down The House for the season... again.



Huddling together for a strategy session before starting the Stonewall Jackson game, Coach Fred Milbert reviews opening plays with the team and offers a time for last-minute support.

Using a two-man play to gain possession of the ball, Kathy Kruczek tries to wrestle the ball away from one player as Charleata Beale covers the player from behind.



"I think we had a successful season due to our hard work and team unity both on and off the court" Charleata Beale (91)

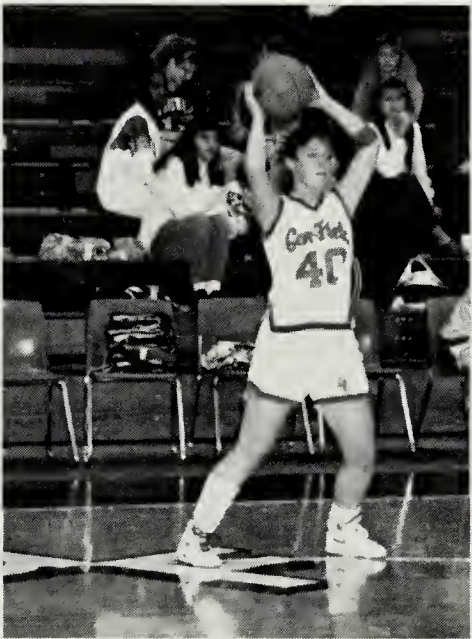


When asked what the best part of coaching basketball was, coach Fred Milbert answered, "Watching a team work together and make goals become reality."



Arm stretched to hit the ball out of her opponent's reach, Rachel Hemmer is temporarily airborne as she gains the ball in an attempted rebound.

Deciding where the ball should go, April Haslacker takes a split-second pause before passing the ball to one of her teammates during the Stonewall Jackson game.



Girls' Varsity Basketball

us	them
62 North Stafford	37
60 Osbourne Park	43
70 Stonewall	32
56 Stafford	40
59 Faquier	21
54 Woodbridge	30
73 Potomac	33
61 North Stafford	34
65 Potomac	19
59 Stonewall	44
62 Faquier	22
63 Osbourne Park	41
47 Stafford	25



1989-1990 Girls Varsity Basketball team. Bottom row l-r. Claire O'Grince, Traci Carrano, April Haslacker, Audra Weber, Kathy Kruzcek. Top row l-r Coach Milbert, Jeannine Castro, Charleata Beale, Rachel Hemmer, Jenny Linthicum, Nikki Hiett, Dee Aiken, manager Tina Vliestra, manager Jennifer Timmerman.



"We've done a great job- it hasn't been a two man job because we all improved." Rachel Hemmer (91)



"We work really hard in practice which pays off when we compete against other teams." April Haslacker (91)

Preparing For The Future

Leadership Within The Ranks

While the coach is away, the team is at play, right? No, there always seem to be SOMEONE to lead the team, who is destined to wreak havoc all over the place, until the coach comes into eyesight.

"There are two kinds of leaders," commented track Coach Clyde Hoy. "(In track) there are the leaders who lead at practice and those who lead in performance." Those who lead at practice are the ones who give 110% on the field and beg the coach for more running. While it may be good that a player wants their team to excel to the utmost limits, such players are sometimes scorned. Not everybody can, let alone wants to, run 20 miles before and after every practice. Maybe not everybody has the intensity they do. Maybe they just want to earn the coach's trust. As Coach Claye Rhea said, "It's all a matter of trust."

As the days started getting shorter and the temperature outside was getting lower, basketball and its players were just warming up. With six teams vying for three basketball courts, afternoon announcements were often peppered with reminders for the teams to meet at thirty-one past an hour on the dot. Because of the limited floor space, practice time was precious and had to be used wisely. Defense patterns such as zone, man-to-man, half and full court, and press, were drilled over and over again. "I enjoyed practice, even though it is a lot of hard work. We learned something everyday and we accomplished a lot. We always tried to have fun and push each other to do our best so we could, be the best we could be," commented Kathy Taylor (91). Amy Coffee (91) agreed, "It was a way to prepare yourself for games, and be able to play to the best of your ability."

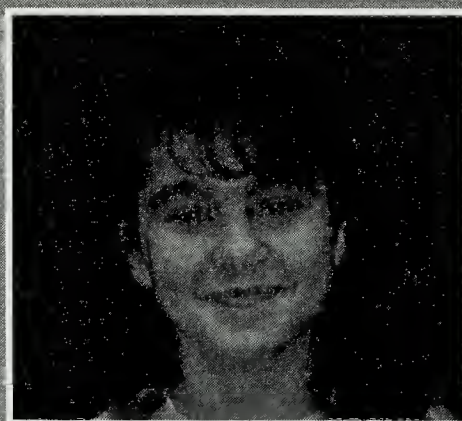
Playing to the best of its ability, this season was the best the team has had in five years. "We had a very good team. It was not a one player team. We had twelve players come together and work as a unit," commented Coach Marty Riddle. "Our number one goal was to prepare each of our players to play varsity basketball in the future."



Team unity and encouragement was a big asset to the team's success. During half-time and time-outs, Coach Marty Riddle and the team came together for an inspiring pep talk and team cheer.



"My goal is to become a better basketball player and to help my team beat Woodbridge." Amy Coffee (91)



"This season I learned a lot about teamwork and basketball itself. It was working with friends and teammates." Rachel Weber (93)

Grabbing the ball form the oppo-
nent, Camille Boomer (92) pivi-
oted around and scanned the
court for an open teammate.



Reaping the benifits from her
opponent's foul, Rachel Weber
(93) concentrates on her free
throw to add points to the score.



Amid the sea of opponents and
with the clock ticking away, Bev-
erly Brayboy (93) looks up for an
opportunity to make the basket.



Girls' J.V. Basketball		
us		them
38	Potomac	32
20	O'Connel	59
28	North Stafford	43
39	Osbourn Park	18
41	Seton Hall	19
39	Stonewall Jackson	38
19	Stafford	30
53	Lee-Davis	17
33	Fauquier	30
26	Woodbridge	37
24	Potomac	31
43	North Stafford	53
36	Stonewall Jackson	34
39	Fauquier	34
35	Osbourn Park	24
35	Stafford	42
23	Woodbridge	50
Season Record: 9-8		



Taking a breather before going back into the game, Tonya Sullivan (92), Kathy Taylor (91), and Heather Knox (93) watch their team mates out on the court.



Front row: Heather Knox, Shannon Lang, Sabrina Kalin, Elizabeth Jolly, Rachel Weber, Latoya McNeil, Amy Coffee. Back row: Holly Gutridge, Amy Templeton, Camille Boomer, Tonya Sullivan, Kathy Taylor, Laconda Howard, Beverly Brayboy.



"We had a very good team. They were good students, good athletes, and they represented Gar-Field very well." Coach Marty Riddle



"My peers inspire me to do my best when I see someone going all out to do their very best." Kathy Taylor (91)

Pyramid of Success

A cheerleader is a symbol of vitality who holds a never ceasing interest in the team. A cheerleader has confidence and the enthusiasm to lead the crowd at every sporting event. And most of all a cheerleader is an honorable character, someone who puts her or himself aside and lives to support the school.

Cheerleading wasn't easy. Behind all the glamour was hard work which most people didn't realize. Cheerleaders worked out daily with weights, practiced everyday after school, and on top of that, attended up to three or four events a week. Some girls were even involved in gymnastics and aerobics out-

side of school to maintain their fitness. This year the girls were forced to tackle more difficult stunts to compensate for the loss of their stuntmen. Somehow they were able to overcome the pressure. They maintained their composure and kept their grades up to meet the 2.0 GPA standard.

On every game day cheerleaders would also wear their uniforms to promote each activity. It is nice to know that a cheerleader was always there in our support, creating spirit everywhere.

Wendy Hodges (93), Shalome Phillips (90), Taneshia Reeves (90) and Kristin Lovell (90) work together to perform stunts between periods.



Cheerleaders like Stephanie Tiller (90) and Lisette Rios (90) with friends, Ursula Perales (90) and Debbie Navarro (90) are involved in Teen Counseling as well.

When they are not cheering or performing stunts the J.V. squad is always watching their team with enthusiasm and attentiveness.



"It's a lot of hard work balancing cheerleading with school and gymnastics but it's worth it." Kela Gibson (90)



"The pressure of being a cheerleader can be tremendous, but we all stick together to help each other out." Stephanie Tiller (90)



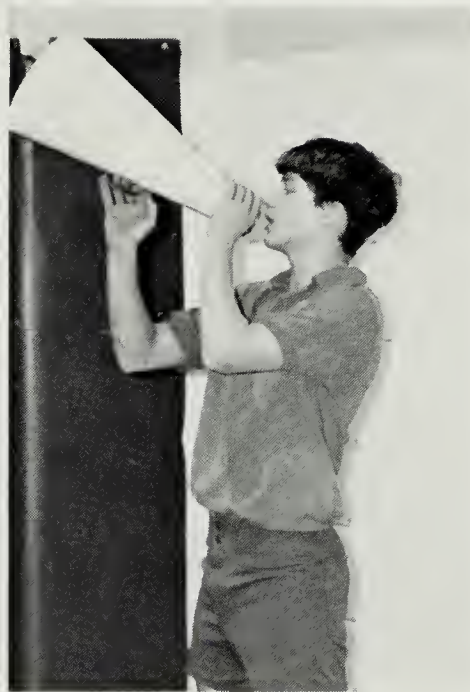
During pep assemblies Carol Medina (90) is always found having fun while cheering.



Angela Spinner (93), Margie Beall (93), and Danielle Johnson (93) dance to a cheer.



Varsity cheerleaders, Nicole Richards (91), Kathy Leavy (92), Rachael Aldridge (93), and Bonnie Michelle (93) group together for a pep rally.



Denis Riva (93), one of the few stuntmen, begins a cheer through a megaphone at one of the J.V. basketball games.

Cheerleading Squads

Varsity

Lisette Rios
Laurie Eichenbaum
Kela Gibson
Stephanie Tiller
Monica Chavez
Vallerie Tribble
Chevilli Robinson
Judi Todd
Lora Bradford
Nicole Davis
Nicole Richards
Kathy Leavy
Tracy Neagle
Bonnie Michelle
Racheal Aldridge
Angie Watts
Carol Medina

Junior Varsity

Kristen Vitko
Heather Hollis
Susan Malone
Jane Fetko
Laurie Becht
Margie Beale
Danielle Johnson
Sharon Eddy
Tammy Bouman
Lisa Williams
Angela Spinner
Denis Riva
Michael Corral

Freshman

Amy Sullivan
Kristen Lovell
Elizabeth Baker
Tracy Stinnett
Shalom Phillips
Heather Moore
Adrian Williams
Amy Hiatt
Holly Grayson
Susan Baker
Wendy Hodges
Taneshia Reeves
Erin Powell



"Cheerleading gives me the opportunity to help support my school and express my spirit." Lisette Rios (90)



"The cheerleaders were able to maintain their spirit through thick and thin. They really worked hard." Coach Phyllis Coffee

Wth all the choices, the pressure was on to choose an **Activity**

Another important part of school life was the clubs and organizations. They gave the non-athletic student something else to participate in. There were a variety of activities to choose from, from learning "The Electric Slide" in the Black History Club to being a part of the U.S.S.R. in Model UN.

Many clubs gave the student an opportunity to travel to places they probably wouldn't otherwise visit. The *Indian Echos* and *hyphen* staffs went to Richmond to learn more about putting a publication together. While Indianettes Stephanie Thompson and Jenny Moore went to New York to participate in the Macy's Thanksgiving Day

parade.

Some clubs dealt with helping others like teen counseling. They go to nearby middle schools to give advice and help with problems students might have.

S.A.D.D. (Students Against Drunk Drivers) was a group of students who wanted to do something about drunk drivers. A new club called the Student Relations Council dealt with helping students come together and forget racism.

Dominants, bands, Indianettes, Drama and Orchestras liked to entertain others. They were able to get on the field or stage wherever it may be and show their stuff.

Unlike most clubs that you can just join there werethe clubs you needed try out for like the Flags, Indianettes, Dominats, It's Academic and some Choirs, Orchestras, and Bands.

To be a part of the National Honor Society a teacher had to nominate you and you must maintain a 3.5 grade point average. They atttended meetings and do service projects.

Clubs like DECA (Distributive Education Clubs of America) and VICA (Vocational Industrial Cooperative Association) gave the student a chance to have a job and receive credit for it. Participants are also able to get out of school early.

There's one for each student



VICA member senior Matt Underwood works on a truck during activity period.

Senior Jennifer Stambough, first year drum major of the marching bands, directs the band at an after school practice to get prepared for the game Friday.

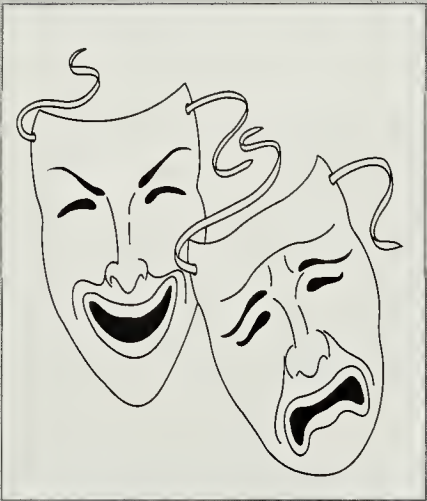




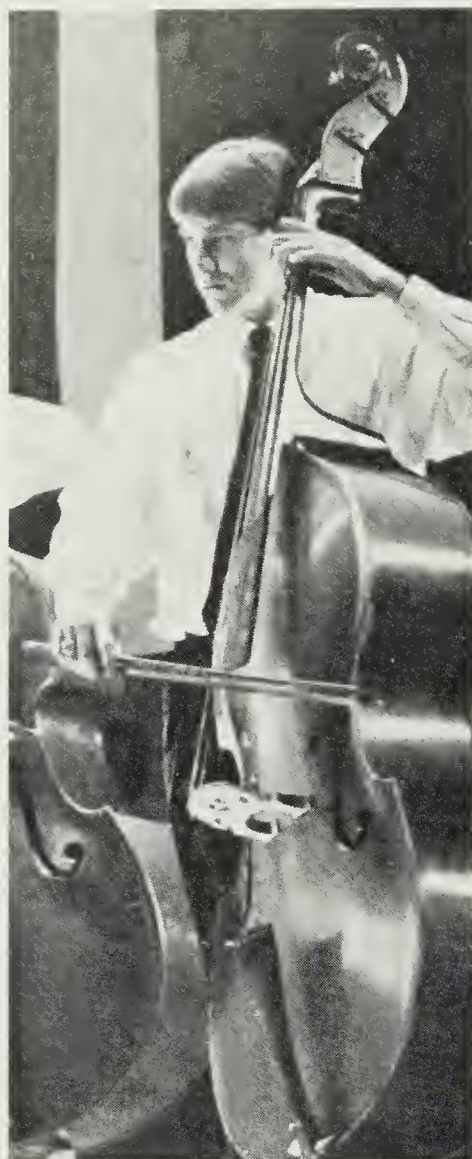
Bret Lazerson, Corey Barnes, Randy Balcome, Mike Childers, Glorious Ford, and Kela Gibson who are all part of the Dominats, practice during sixth period for their next performance.



clubs & o r g a n i z a t i o n s



Concentrating on the music Junior Alex Council plays the cello during the orchestra's winter concert.



For the finale of the winter concert, the Dominants and all of the choirs join together to do one last special performance for their audience. The Dominants and choirs together as one made one fantastic show.



During the orchestra's winter concert, Christian Rensch concentrates on her music as she plays the cello.



Seniors John Porter and John Sommers are just a few of the Drama Club members who were part of the production of the Pink Panther who took time out to stop for a picture.



In the performance of the Pink Panther, Cato was played by Ryan Duncan, chokes Inspector Clouseau played by Donnie Bledsoe.

break a leg

Deion Matthews, Ted Destaphanis, Jared McElwee, Doug Kay, and Matt Wyatt of the Marching band concentrate and watch the drum major hoping to pull off a perfect performance.



Amy Ripton really gets into it as she puts on a little skit for her drama class.



What do the choirs, Dominants, bands, Indianettes, Drama, and Orchestras have in common? They all entertain people.

The Indianettes were the schools dancers. They performed at basketball and football games during half-time. The Indianettes not only entertained fans at football and basketball. They also had competitions. They competed at the University of Maryland during the middle of March. This year they also had two members in the Macy's Thanksgiving Day Parade.

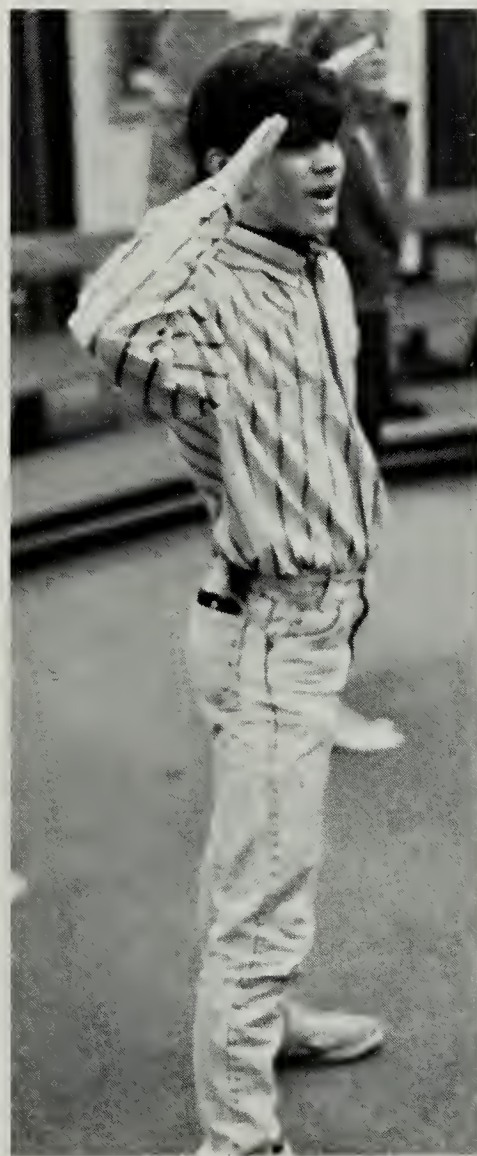
Another entertaining group was the Dominants. They not only danced, but they sang too. They put on many performances throughout the year and kept the audiences surprised and in suspense with each new routine.

Drama made up the acting part of the entertainers. This year, Drama did *The Pink Panther* and was a big success.

Other entertainers are the choirs, bands, and orchestras. These three put on plenty of concerts throughout the year and even had their very own competitions.

The Flags were also entertainers. They were part of the Marching band and were sponsored by Melinda McKenzie. The Flags put on their own routines during the half-time of basketball games and they also performed with the Marching band during the football season.

There are many different kinds of entertainment and there was something to satisfy everyone's taste.



Senior John Porter practices for the Dominants upcoming concert during sixth period.



Adding a few additional touches, Heather Brokaw does not seem nervous before the opening of the *Pink Panther*.

putting it in print

Every month *the hyphen* goes out, once a year the literary magazine and the yearbook go out, but does the student body really know what goes on behind closed doors. Layouts are prepared, body copy is written, interviews are done and pictures are taken.

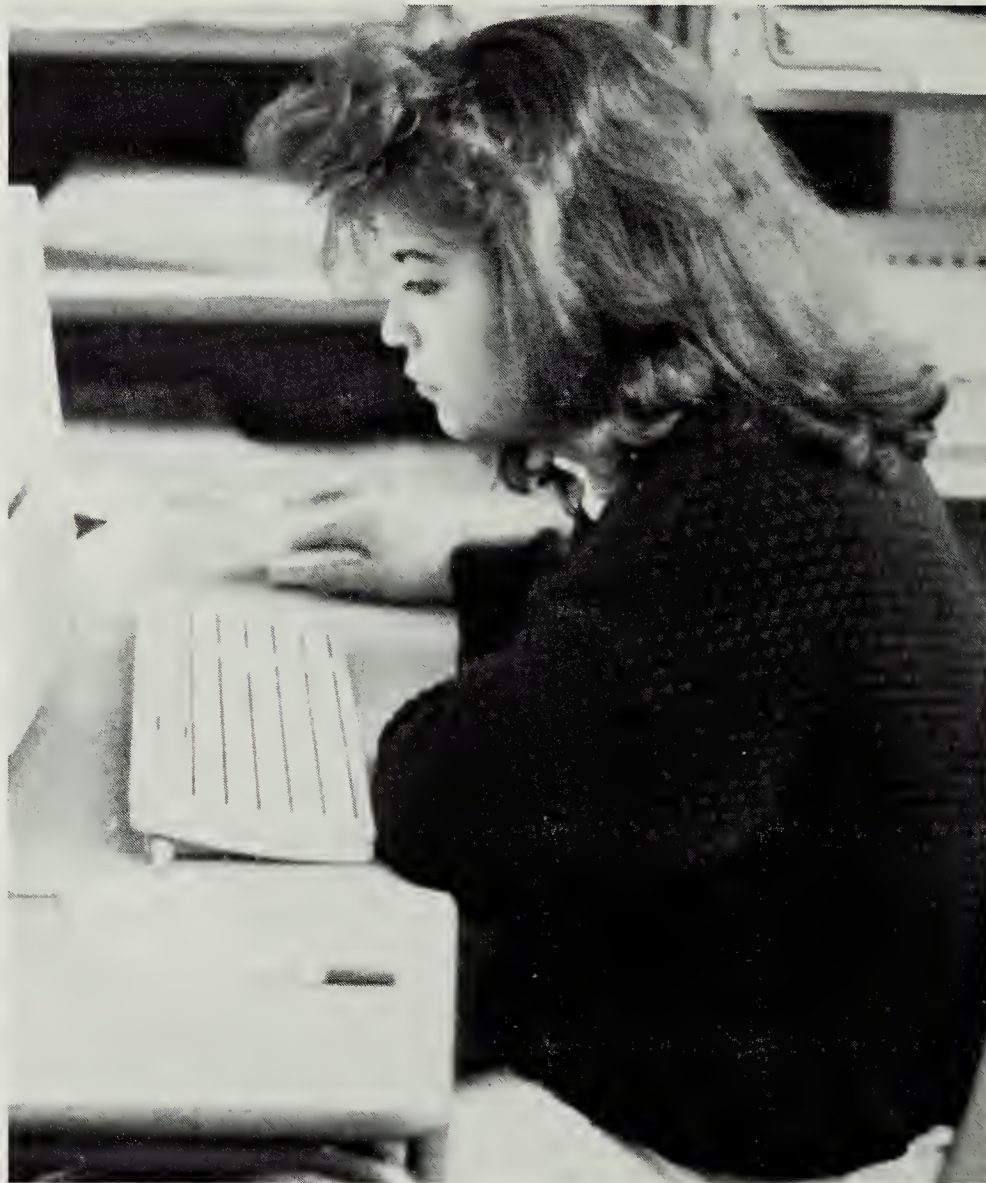
The yearbook staff consisted of eighteen students who choose to take on the responsibility of putting an entire school year into one book. Though the average student didn't realize the time and effort it took to put this book together, the staff took great pride in their work. Often you could find them after school working to meet a deadline. Sometimes they were even at school on weekends or until the late hours of the night. This year the book was done entirely on the Macintosh computer rather than the Apple, which was used last year. With the Macintosh things were more time efficient and easier for the staff to handle. The staff worked hard and meet all their deadline dates.

Like the yearbook staff *the hyphen* staff also spent some of its free time working after school and on weekends. This staff however, is more pressed for time, they were faced with putting out a paper every month. Trying to beat these deadlines was difficult at times. Although the first issue did not get out on time and had many mistakes, by the second issue things got done on time and the paper was becoming first quality. This year the paper had some changes. For the first time *Potomac News* printed the paper which was quicker than sending it all the way to Pennsylvania. Also, rather than having to pay 25 cents for the paper it was distributed to the student body for free. Making the paper free to the students was a better way to get more students to read the paper.

Vanessa Vega, news editor of *the hyphen*, proofreads the stories on the Macintosh before the final copy is sent to the printer.



Trying to keep up with her duties of associate editor, Eliana Cabral works after school on her story for the January issue of *the hyphen*.



Working on her basketball layout Tamara Enoch does not look enthused as she tries to meet her deadline.

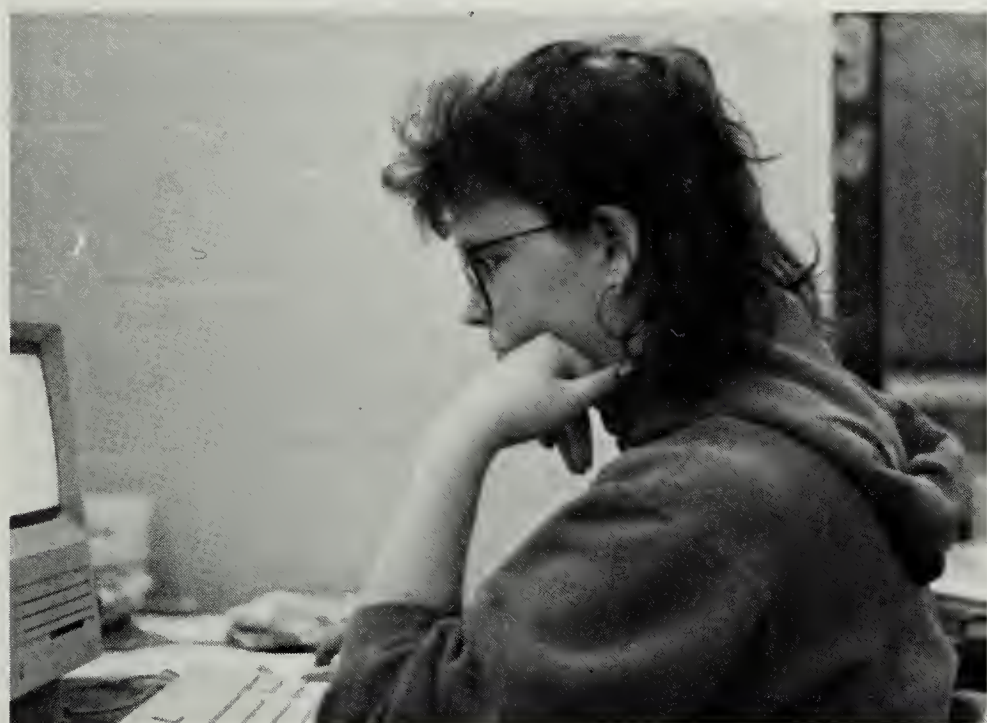
Looking over pictures for the senior section, Christine Williams laughs at a picture of a student getting yelled at.



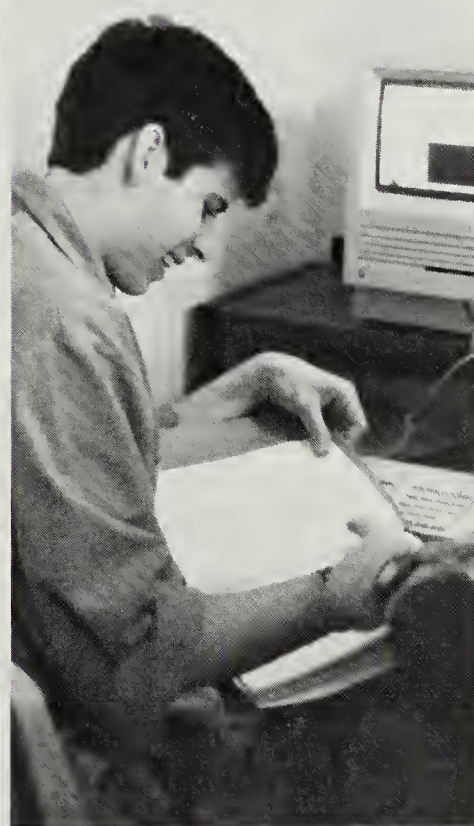
Senior Roman Whitt points out to senior Chris Forster a good picture for their yearbook layout.



Senior Denise Simcic helps Karen Angiolillo think of interview questions for her story.



Editor-i-chief of *the hyphen* Dyane Felts works on a layout for the paper.



In order to get the facts correct, senior David Fugitt checks his notes for his yearbook body copy.

Academically Speaking

When most students think of academics they think of 7:40 a.m. to 1:50 p.m. and maybe a few hours of homework if any at all. There were some students though, who carried their classes over into their clubs. There were a variety of academic clubs to choose from Math, Computer, History, Science, and Foreign Language.

The History club had 30 members and was sponsored by Mr. Bailey. The club members learned and discussed all types of history that were available to them. Most members were drawn in from the classes taken during school. The officers were Akran Khan President, Ivan Rabell Vice President, Asia English Secretary. The Science club participated in many activities. They went on a field trip to the Baltimore Aquarium. They also collected cans for recy-

cling. They also go on educational trips to various hospital facilities. Another field trip they went on was to the Chesapeake Bay to study Marine Biology and learn all they could. The officers are Chris Forster President, Roman Whitt Vice President.

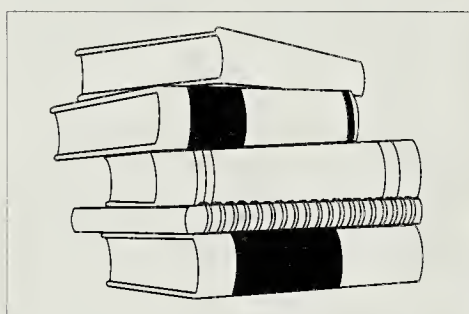
Of the Foreign Language clubs there were Latin, Spanish, French, and German. The German club visited the West German Embassy. During the

many meetings during activity period and after school the German club participated in many activities. They simulated Christmas traditions in Germany. The officers were Mona Davidson President, Roman Whitt Vice President.

The Spanish club also celebrated during the Christmas holiday by having a Christmas party during activity period. The sponsor, Senora Hacker played Christmas car-

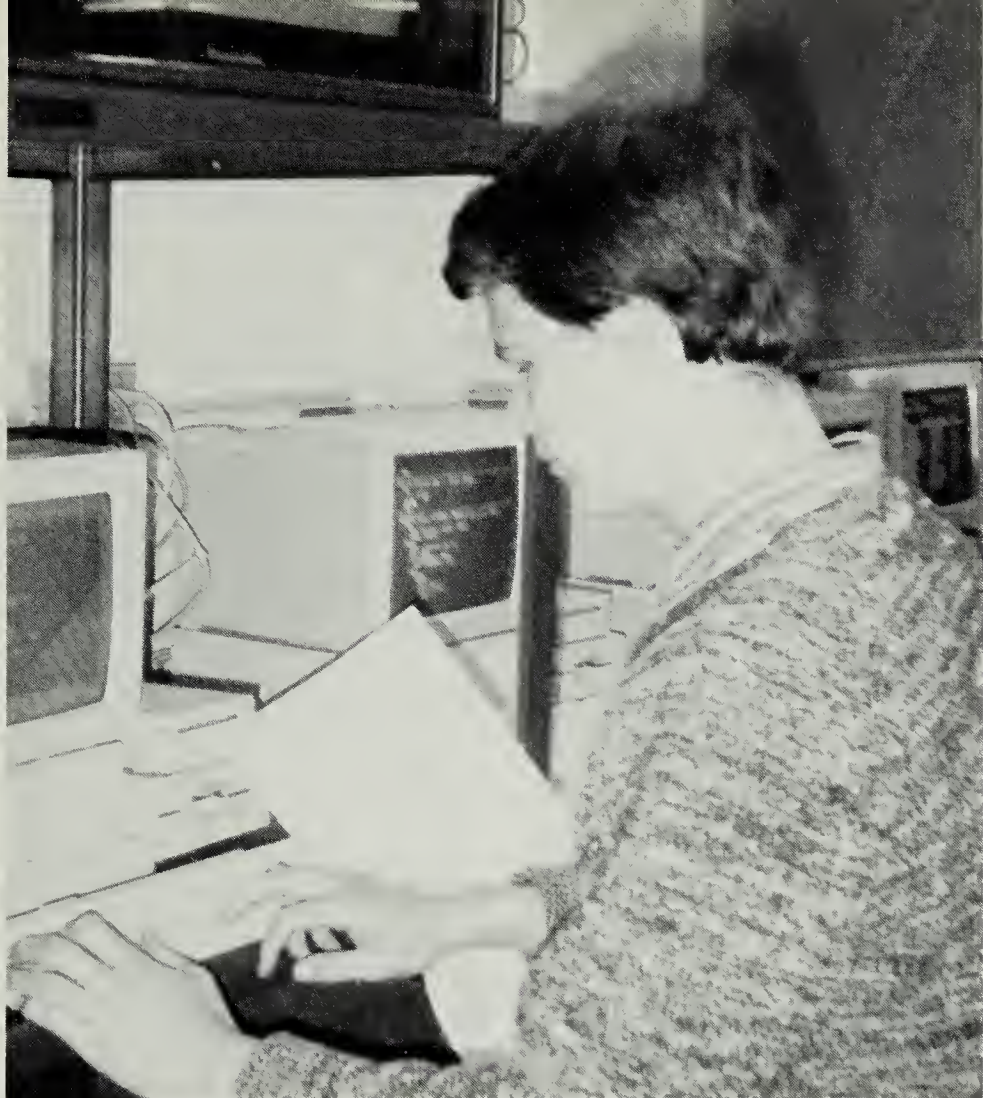
ols on her guitar as the students sang along in Spanish. Afterwards they had refreshments. Everyone enjoyed themselves. The President is Tami Openshaw.

The Latin and French clubs both met during activity period and learned and discussed many aspects of the language. It's not like the academics in school, the members have fun while they are learning something.



During activity period sponsor of the history club Walter Bailey points out a member that has a question.

"Science Club is a lot more active this year. Field trips, daily meetings, and active participation helped improve this year's club." **Chris Forster President**



John Pates of the computer club concentrates on the problem he is faced with solving.

During the Spanish club's Christmas party Tami Openshaw enjoys the Spanish food her fellow classmates prepared.



Trying to find a solution Sean McCracken of the computer club works during activity period to prepare himself for competition.



During the annual Christmas party the Spanish clubs members listen and sing along as Mrs. Hacker plays Spanish Christmas songs on her guitar.

learning about the past

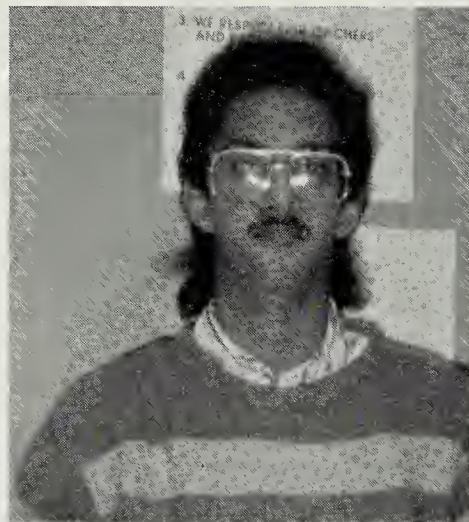
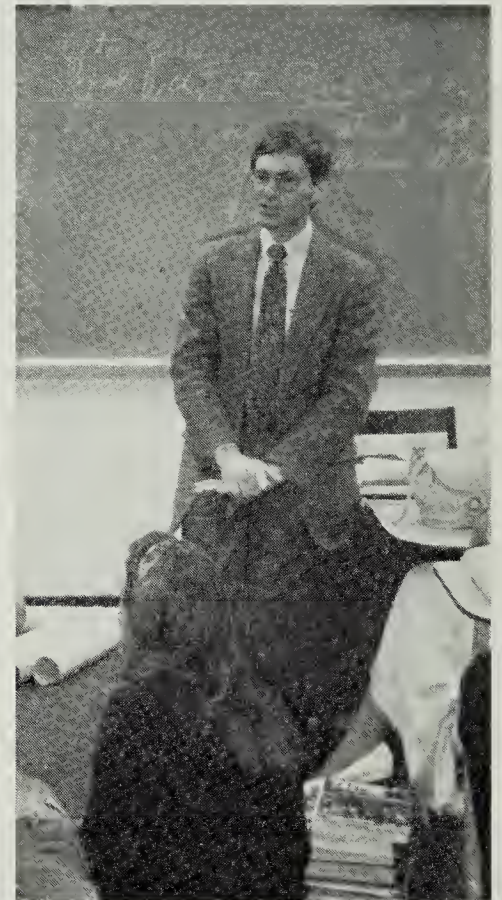
Sponsor Walter Bailey of the History Club holds a conversation with the members of the club during activity period.

The History Club and the Black History Club are both clubs that center around historical attractions.

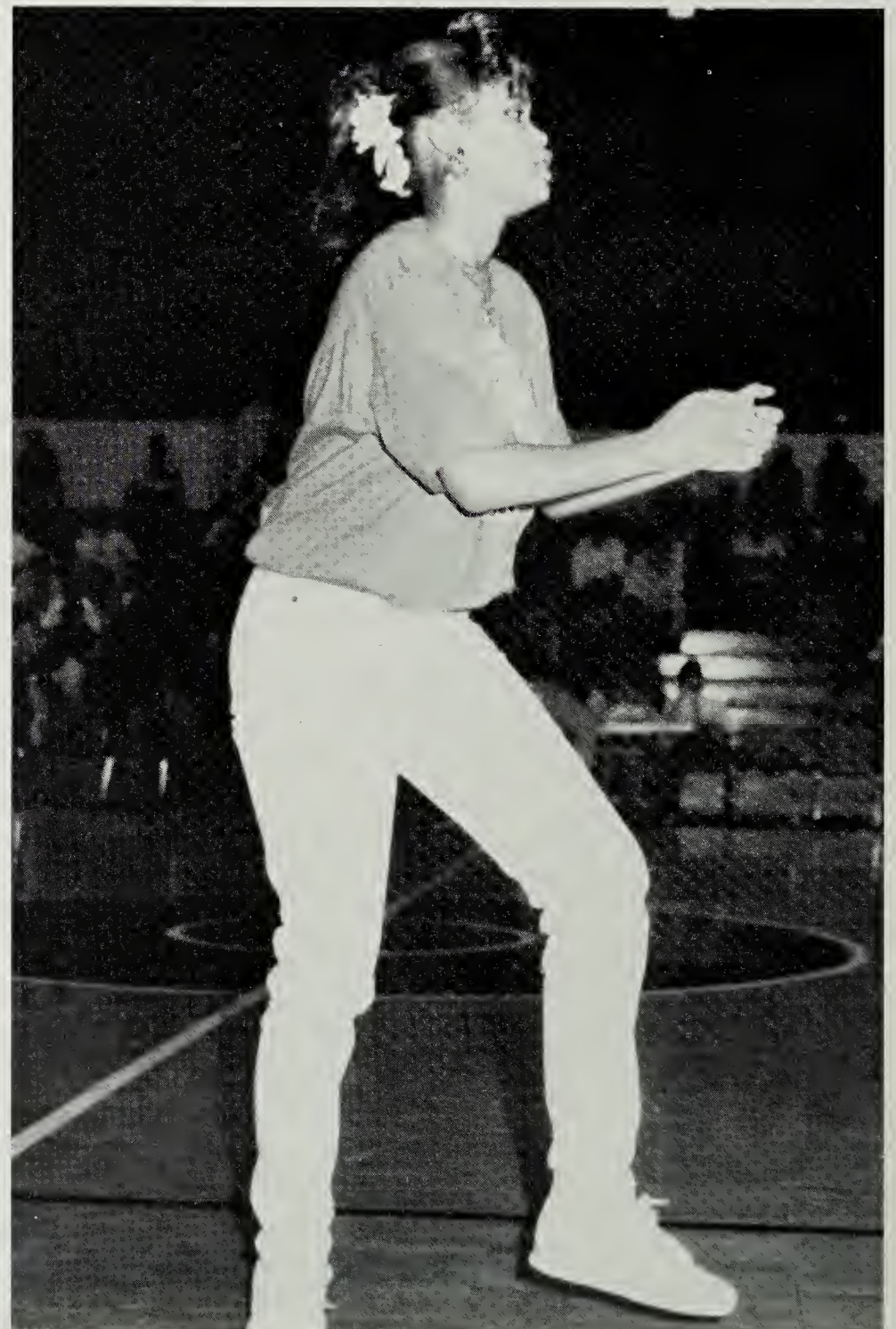
The History Club was sponsored by Mr. Walter Bailey. The president of the club was Akram Khan. This year was pretty eventful. They met once a month during activity period, but that was not all they did. They went on many historical field trips. They went to Montecello, which is Thomas Jefferson's home, and that was an interesting experience for them. They also got to go to the Manassas battle ground. This year hasn't just been all fun and field trips, but it was also an educational year. Officials from Quantico came to talk to them during the Europe forum. They also had a History Day in the middle of March.

The Black History Club was a club that centered its topics on black people who were important not only to history, but to the members of the club. They didn't always spend all of their time talking about history though. They put on performances too. At one of the pep rallies, The Black Greeks, or the Black History Club, did their own version of the "Electric Slide." This new addition to the pep rally really had the crowd jumping. The sponsors of the club were Mrs. Lisa Shacklette and Mr. Nate Spencer.

Learning the "Electric Slide" is just one of the exciting things Desiree Anderson and Crystal Adams of the Black History Club learned this year.

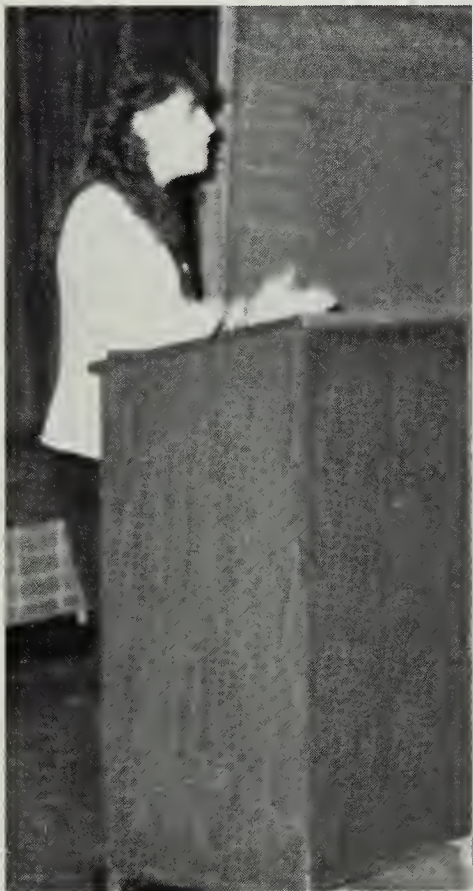


President of the History Club was Akram Khan.



Senior Sandra Perkins does the "Electric Slide" for the student body during a pep rally.

Being a part of Model UN includes debating and making speeches. Amy Ripton is certainly getting her point across as she debates her ideas.



simulations ponder international

politics

Having earned two awards during the weekend simulation, the William and Mary MUN team mugs for the camera before leaving.

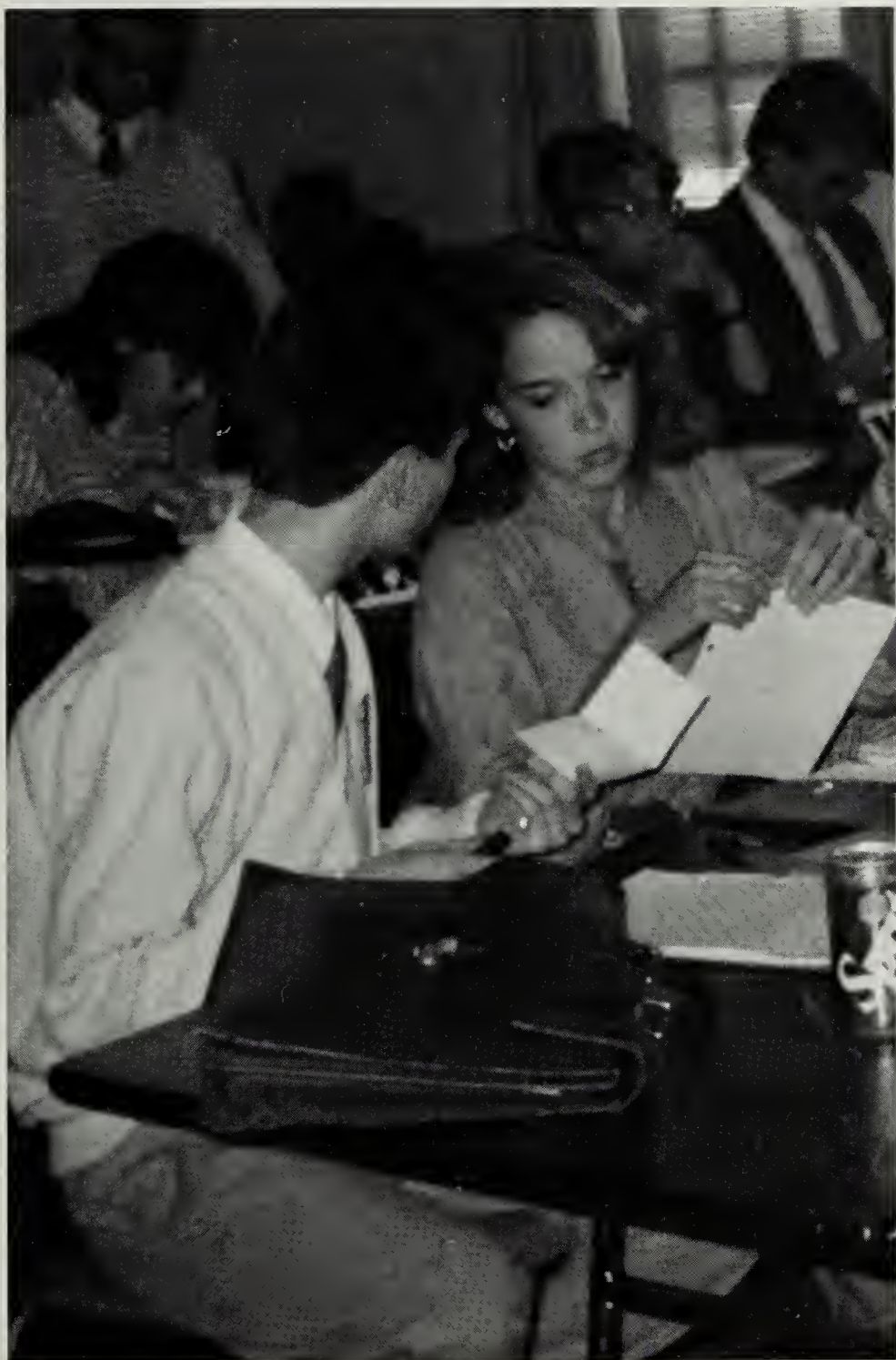


If there were ever a section of Trivial Pursuit Model U.N. students excel at, it would be geography. Forced with learning the strategic military positions in the Mediterranean basin, moving up and down parallels in Korea, and pinpointing drought in Mozambique are just a few of the pieces of information that students had to pick up this year in order to be able to discuss international issues.

Members competed in simulations of the real U.N. at universities like William & Mary, ODU, and U.Va., as well as National competition in New York City. This year, students have represented the countries of Japan, the U.S.S.R., Viet Nam, Cuba, and Brazil; in National competition, the team will be representing the foreign policies of the U.K.

In addition to traveling to simulations, the club held one of their own. Said club president Lisa Schmeiser, "It's an enormous amount of work. We have to put together a simulation with three different committees and two specialized councils. There were high schools from three different states attending, and over five hundred people."

The work pays off though. Said Ed Johnson, the club sponsor, "it's considered one of the best-run simulations on the East coast."

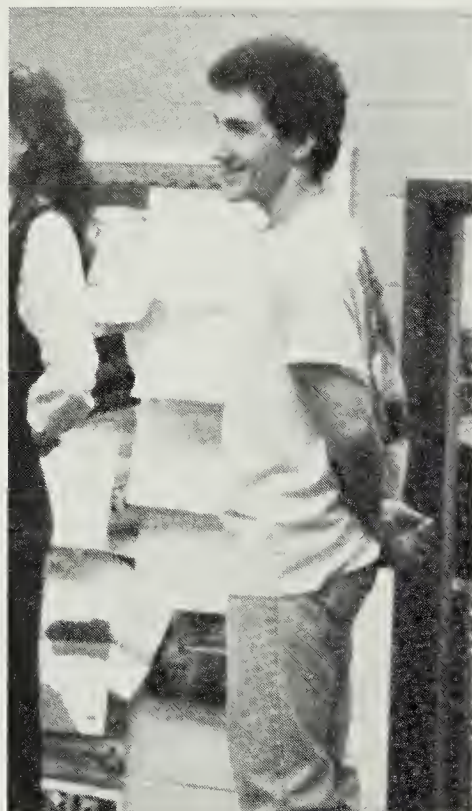


Learning the ropes at his first simulation, sophomore Michael Peters reviews a resolution at Prince William Model U.N.

Intent on solving a mock crisis in Security Council, Soviet delegates Greg Johnson and Lisa Schmeiser discuss a "press bulletin" they have just received

IT'S ALL IN THE AUDITION

Mike Howard is prepared to dance as he stands tall with a big grin on his face.



With all the clubs that are offered, it seemed as if they would be fairly easy to get into anyone of them. There were those few though, that must be tried out for though and each club has their own qualifications that have to be met.

One club that had to be tried out for was It's Academic. In order to be a member of this club, students had to have general knowledge, especially in the areas of history and English. They must also be quick, with accurate responses and were required to answer questions in a rapid-fire format. Of the five students who tried out for the Washington Metro Meet held on September 23 at NBC-TV in Washington, D. C., three were

chosen for the team and the other two were alternates. This year's team was Joe Emling, Captain of the Washington Metro Team, Bob Barkley, Greg John, and alternates, Akram Khan and Sandy Ennet.

Other clubs that had to be tried out for are Flags and Indianettes. These clubs had similar qualifications that had to be met to be a participant in these groups. Both taught interested students a routine that was made up by seniors from the past year. Students had to perform this routine and those who did it the best were chosen for the team.

Dominants had to be tried out for also. To be a part of this club, students needed to be

able to sing as well as dance.

Students were selected from Concert Choir among the top 40 and higher scores. The second audition involved dancing, singing a solo in front of the group and writing qualifications. Another important qualification was recommendations of teachers.

Some of the choirs, bands, and orchestras also had to be tried out for. Singing or being able to play an instrument were the qualifications for these organizations.

Organizations don't always have to be competitive though, but for those who do like competitiveness, one of the groups that have to be tried out for may be the group for them.

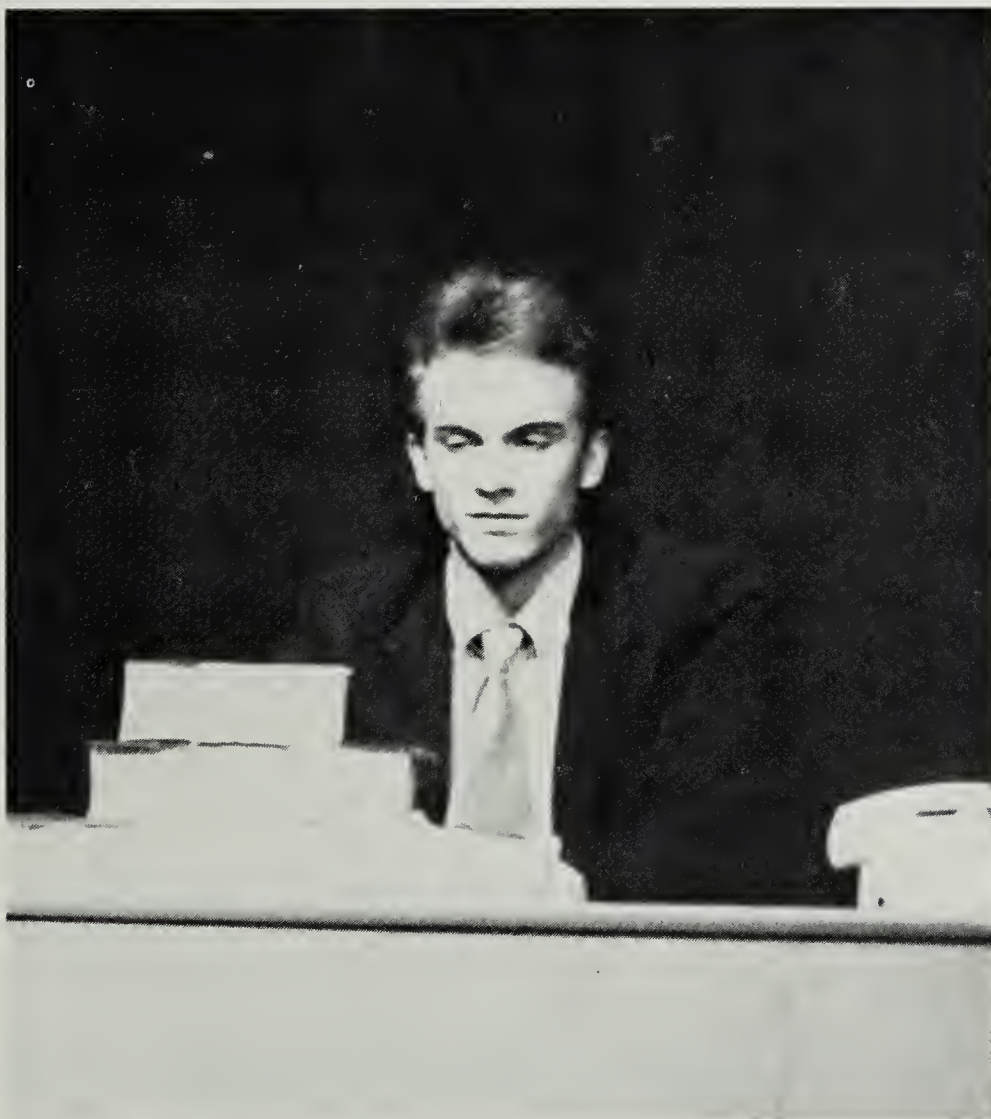


The It's Academic crew Robert Barkley, Joseph Emling, and Greg Johnson, pose with sponsors Mrs. Jeri Cantwell and Mr. Chuck Castrina and Mack McGeary host of It's Academic with Bob Kassick of Giant Foods.



Concentrating on her next move, Connie Cole holds on to her flag tightly, hoping not to drop it.

Billy Justice and Emily Wilbur stand in line trying not to look nervous with a smile on their face as they wait to perform.



Travis Fitzwater worked long and hard to get the part in the *Pink Panther*.



At the end of the song all the Dominats gather in the middle of the stage for one last wave at the audience before the curtains close.

lending a helping hand

There were many clubs and organizations that lent a helping hand and did a lot of volunteer work for the community.

The Key Club got up early on Saturday mornings and devoted their time to picking up trash under the bleachers of the football stadium. They also helped the Salvation Army over the holidays by volunteering their time to ring the bell and collect money.

The Science Club helped

by making recycling boxes for the students to put their aluminium cans in after lunch.

DECA went to the hospital during the Christmas season and sang carols to the patients. This helped lift the patient's spirits about being in the hospital during that time of year. They also took time to make special Christmas cards for everyone.

S.A.D.D. was always helping the community by trying to get the students to realize the seriousness of drinking

and driving. During the Christmas season red ribbons were placed on the school fence showing that the school was against drinking and driving. Also, many red ribbons were seen on the students cars thanks to S.A.D.D.

Teen Counseling helped students from middle schools. They went to Saunders and Godwin every two weeks to work with the sixth graders and help them with any problem that they were facing.

Being president of S.A.D.D. is a big responsibility, Kelly Sorensen finds out as she conducts a meeting and informs the members about upcoming activities.



Key Club member Jo Emming doesn't seem bothered that he had to get up early and be to school by 9:00 a.m. on a Saturday to pick up trash.



Paul Puletz and David Harper who are part of S.A.D. D. help tear apart ribbons to place on the outside fence to show that our school is against drunk drivers.



Looking over the ground and trying not to leave any trash behind, Shelia Sullivan takes pride in helping her school.

SusanSuslowicz manages a smile on this bright Saturday morning as she does her service project for Key Club.



While Frank Bevenour works on the recycling box , Tim Alexander takes a break.

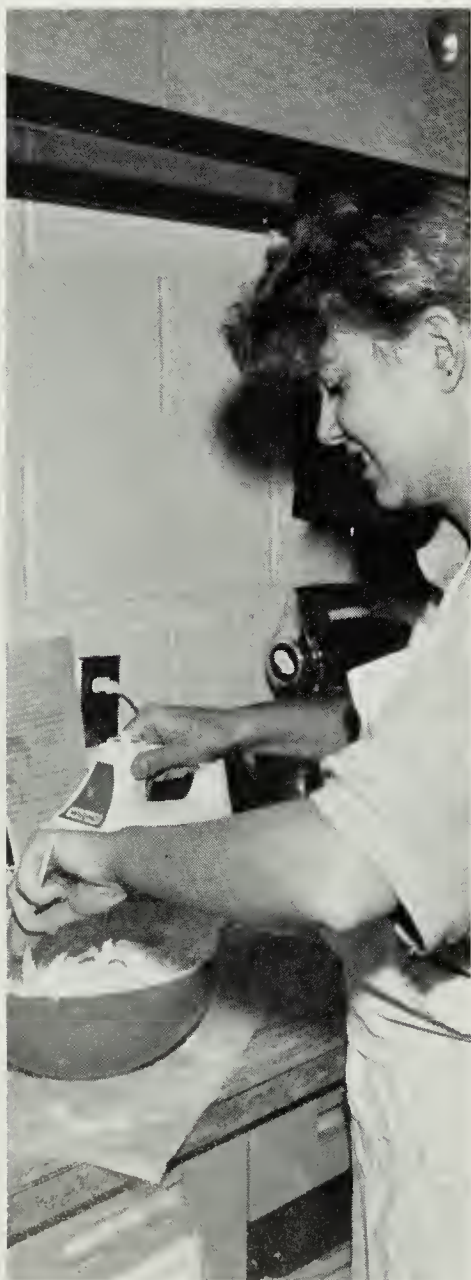


Nazik Hillali and another Science club member work together to make their recycling box the best.

Cleaning up is the not so fun part of cooking, but ChrissyDumire and Tamara Wood don't seem to mind that much.



George Cook takes time out to sample one of the things he made in cooking class.



Preparing the recipe, Debbie Davis looks content as she beats the mix with the beater.



Fixing a dummy's hair in Cosmetology is fun, but getting to fix a real person's hair is even better. Tina Garcia and Nicole Conward get a chance to experiment on LaConda Howard.



Making sure her station is clean, Alvera Fernandez scours the pan that she used in class.

In Cosmetology
and Cooking Class,
students get

Back to Basics

Styling hair is one of the steps Shakira Boyd and Napell Wicker do as a part of learning Cosmetology.



VICA (Vocational Industrial Clubs of America) is made up of clubs that train students for future occupations which they might decide to pursue after school. Students who are in one of the VICA organizations are also enrolled in a vocational class that prepares them for an immediate job after high school graduation. Two of the classes that are a part of VICA are Cooking and Cosmetology.

There are two Cosmetology classes. Cosmetology I, which is for the beginning student and Cosmetology II, which is a continuance of the first class. Students learn a variety of

beauty techniques from shampooing to putting make-up on dummy heads. Cosmetology takes up three periods of the school day, and the student not only learns about hair, but they also learn how to do facials and manicures.

In Cooking class, students learn all the basics of cooking. Students watch demonstrations done by the teacher and then they get to sample the food. Once the students learn what to do, they are on their own. They make everything from cheeses to desserts. Cooking class is an excellent experience for those who want a career in the cooking field.



Senior Ricky Lloyd whips up one of the many recipes that are required of the cooking class.



The fun part of cooking class is getting to test everyone else's food, as Louie Eichenbaum, Chris Atkinson, and Mike Gorkowski do.



Sheila Vanover smiles as she practices the new techniques she learned in Cosmetology.

Kim Harris, Cynthia Lyons, Tara Knight, Kim McCulloch and Sherry Schooly are all DECA members who traveled to New York with their Fashion Merchandising classes in December. Here they take time out to get a photo with Santa Claus.

The History club visited Montecello in November.



The V.I.C.A officers visited Leesburg this year. Here they are posing for a picture before one of their competitions Robert Rodriguez, Matt Underwood, Craig Copland, Vernon Kline, George Cook, Pat Wagon.

Some of the DECA members visited Fredericksburg during the fall rally.





While at Officer training camp in Hemlock overlook officers Kim McCulloch, Christy Wilmoth, Liz Roths, Tara Knight, and Jessie Sherstom goof around as they hold Beth Rosato.

places to go and *things to see*

There are a number of clubs that traveled, sometimes just around the corner to a near by middle school or as far away as New York.

Almost every club went on at least one field trip during the school year. For most students going on a field trip is their favorite part. Many field trips got students out of school which they liked very much. There were also those trips, however, that required the students own time on weekends or after school.

The Fashion Merchandising students who are DECA members traveled during December to New York. They

attended showrooms and learned about the fashion industry. They also had free time to shop and take in the sights. They chose a good time of year to take their trip because they were also able to ice skate in Rockefeller Center.

the hypen and *Indian Echoes* also went to New York in March. They attended a conference in Colombia University. They also attended a play and and were able to eat and dance on a fun full filled dinner cruise on the spirit of New York.

During October *the hypen* and *Indian Echoes* took one of their weekends to go to

Richmond. They attended classes and learned about journalism techniques.

At the beginning of the year DECA went on a fall rally to Fredericksburg and learned about the business of travel and tourism.

V.I.C.A. also had a fall rally, but they went to King Dominion. V.I.C.A. also had a spring cook out.

The History club was busy. They went to Motecello and the Mannassas Battle Field.

The Science Club went to the inner Harbor of Baltimore. They also toured the Baltimore aquarium.

Model UN was always trav-

eling to debates some of the locations were Old Domion University, UVA University of Virginia, and Williom and Mary.

Over the summer the Indianettes went to camp at the University of Richmond. Competition was held at University of Maryland.

Once a month the teen counselors got out of school to go to middle schools and talk to students there.

Dominants was taught during sixth period so the students could go to elementary and middle schools. When ever they were invited they went on performing field trips.

Working on a sketch for drafting, Courtney Russel looks happy with his work.



Watching his work carefully, Eric Dawson bead blasts a part of the engine to clean it.



Trying to find out the problem with the truck V.I.C.A., member Brian Piper works during activity period.



During sixth period Francisco Reyes, Antione Brooks, and Chris Pase, members of V.I.C.A., get practice on how to change a tire.



Tony Piccione works on fixing an electrical outlet during class.

Tools of the trade

V.I.C.A., which stands for Vocational Industrial Clubs of America, taught students technological skills, leadership, social skills and provided activities for the members to do on their free time. The students involved in these clubs must have also been involved in a vocational class. Some of the things offered were electronics, autoshop, drafting, and construction.

Members learned a variety

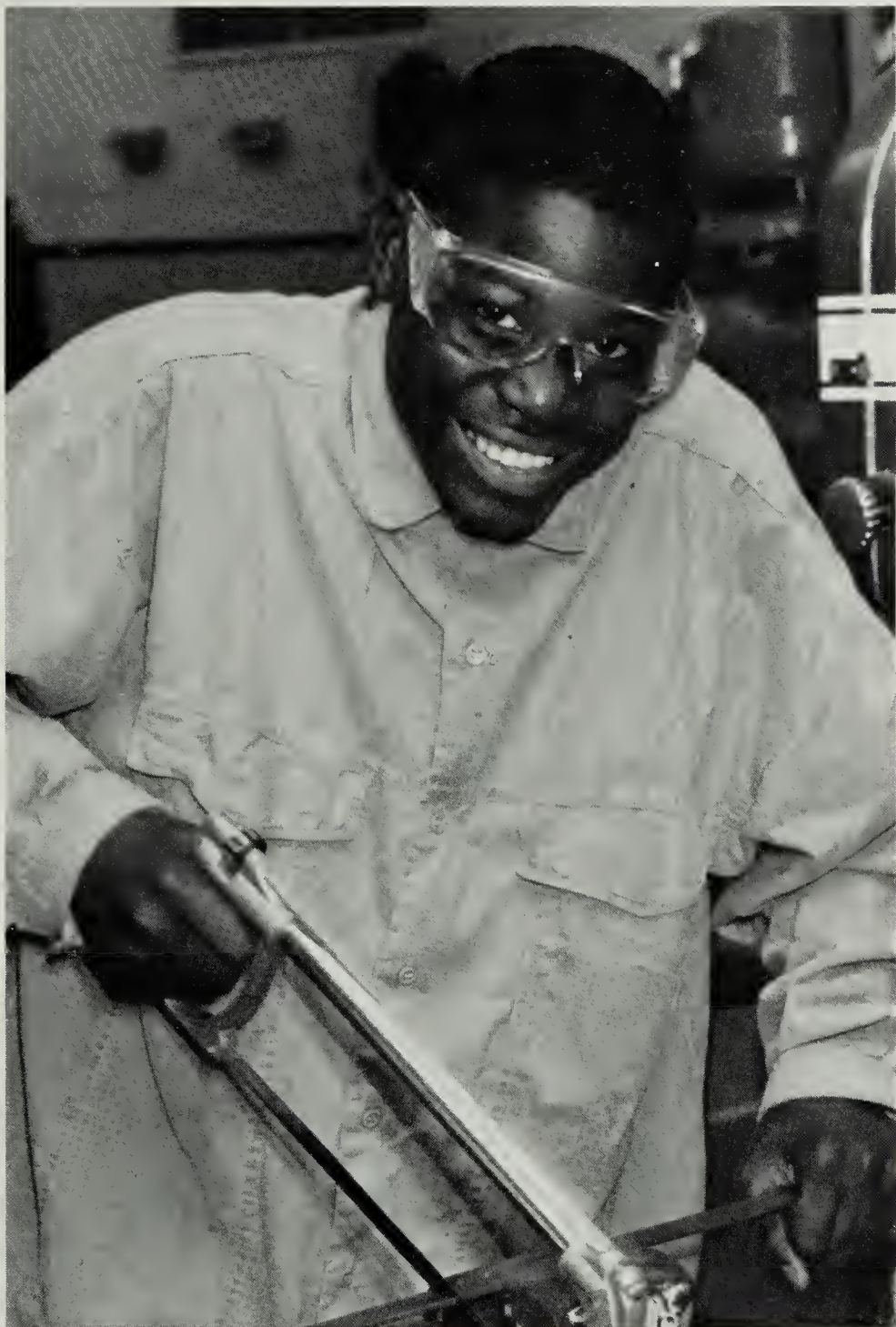
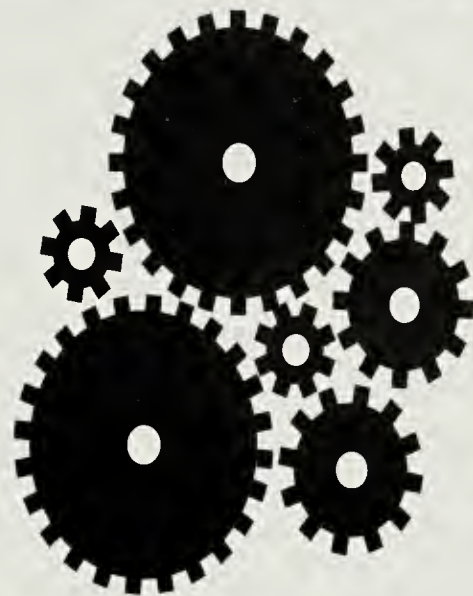
of things which can help prepare them for a job. They learned such skills as what makes a radio work, how to put together automotive parts, how to form an engine, and even how to do a front end alignment.

The club was very busy this year. They went to Leesburg to compete and won third place in the state. They attended a fall rally at Kings Dominion. They also had a

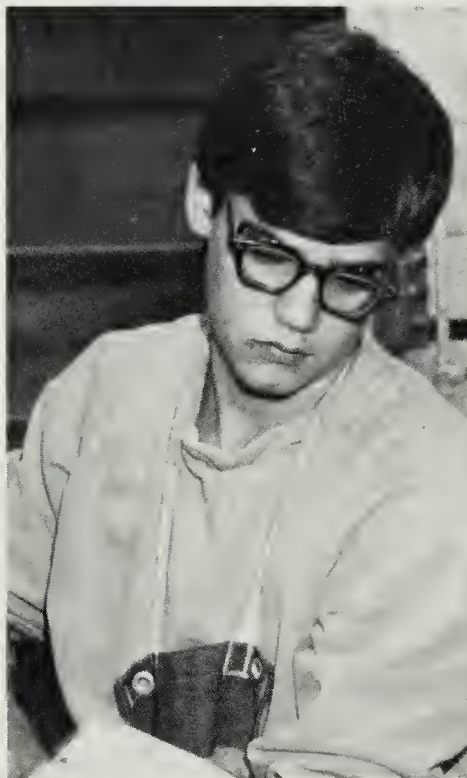
spring cook out.

They also had an annual fruit sale. They sold citrus fruits to raise money for the clubs needs. It worked very well and took in a lot of money.

The president is Pat Wagon and vice president is George Cook. Vernon Kline is Secretary treasurer is Craig Coplan, and parliamentarian Matt Underwood. The Advisor is George Karakatsanis.



Cutting a support beam, Alton Woodbridge takes pride in his work.



Shoveling dirt, Jamie Corvin learns many trades in masonry.



Sabrina Akins holds the V.I.C.A. flag proudly as Molly McMahon stands on the float during the homecoming game.

athletic clubs offer...

different strokes for different folks

The tennis, crew and varsity clubs were all involved in different kinds of strokes. The tennis club went on the court and made strokes with the racket. The crew clubs made strokes with their oars. The varsity club in a way got strokes for a job well done.

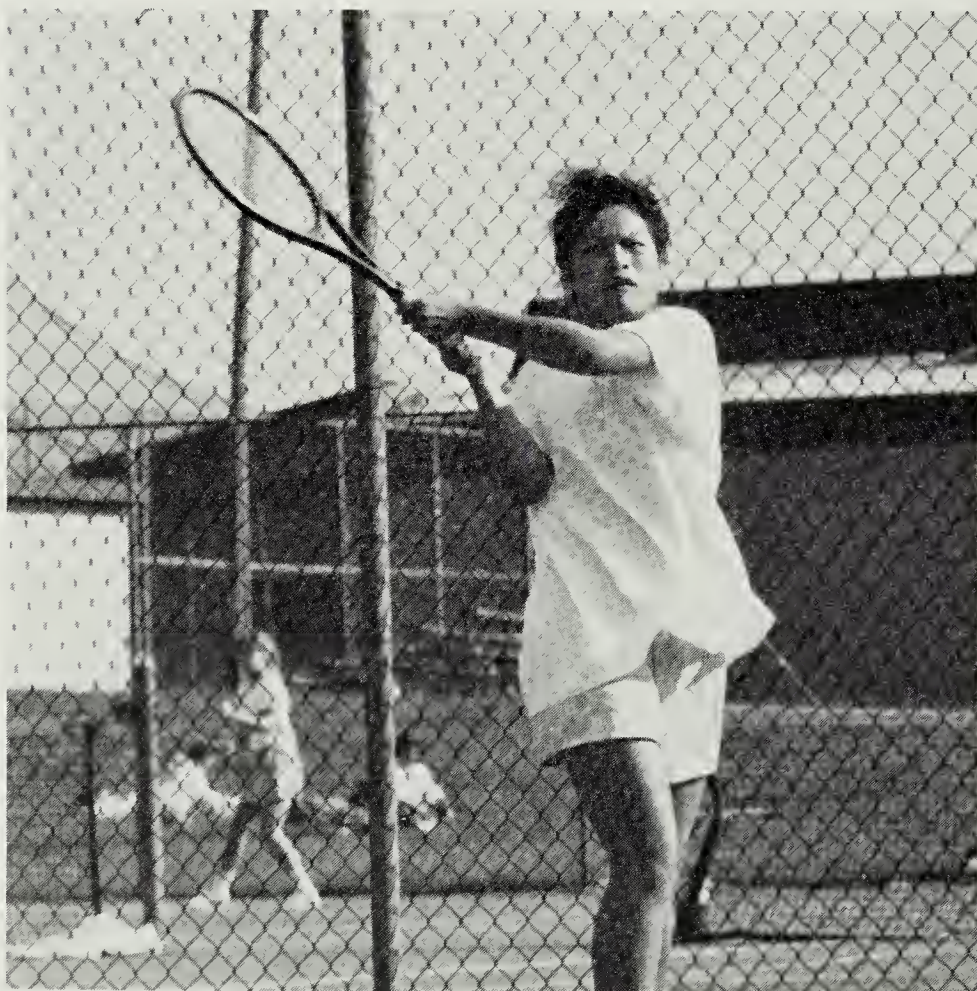
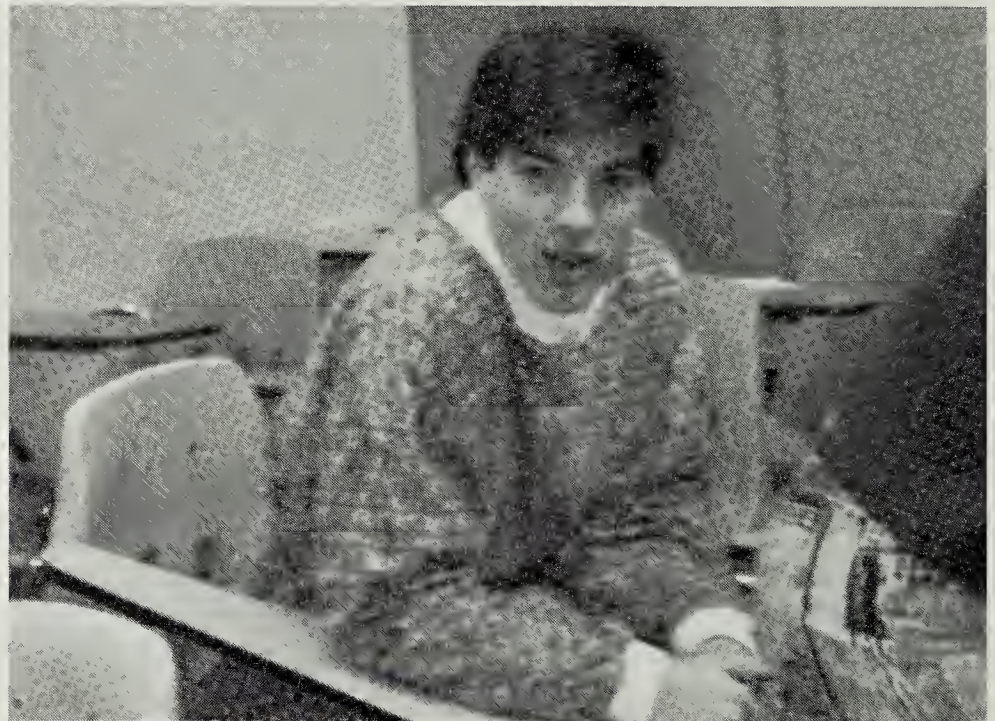
Tennis is often only thought of when the team was out on the courts practicing or playing. There was a club, however, that tried to promote interest in the sport. During one of their typical meetings they viewed video tapes, or talked about upcoming tournaments.

Crew was self supportive,

which means the school and county did not supply them with anything. The members had to raise money for such things as boathouse maintenance, insurance, new racing shells, oars, uniforms, and boathouse rental. The club had over \$60,000 worth of equipment. From the beginning of fall they worked out in a gym lifting weights and preparing themselves for the end of February when they went out on the Occoquan River.

The varsity club was started this year for athletes who lettered twice in a sport. One of their activities was making a float for homecoming.

Taking time out to look at the camera, John Riggs of the Tennis Club, tries to get in on the group discussion.



As part on the tennis club Tam Le shows her stuff on the court.



After one of their many regattas, Milly Munoz, Denise Rummler, Ginger Rummler, and Heidi Dieringer are all smiles because of their victory.



Michelle Burke and Maria Gamboa watch Chrissy White intently as she goes over some of the upcoming activities.

Showing her love for the sport of tennis Maria Gamboa smiles at the crowd as Lynn Harris sports her volleyball attire while Kathy Krucezk poses as an angel on the varsity clubs homecoming float.



The boys' boat is in the lead during one of the regattas that the team rowed in during the year.

Showing Matthew Baumgarten how to use the Apple computer is one of the things Mrs. McClure teaches as a part of her class.



Here, Tara Knight performs one of her many duties as DECA District Vice-President.



Looking through a current fashion magazine, Cynthia Lyons searches for an article to present to the class.



As the class takes time writings, Giovi Cauchi looks really serious while trying to meet her goal.

as vocational students prepare for the future they get down to business

FHA, HERO, HOSA, DECA, and FBLA are all clubs that were business career oriented. These clubs were for the student who was interested in business or other careers.

FHA, stands for Future Homemakers of America. But they were not just homemakers. They were students who wanted to learn more about the world they live in. The students who were in this club usually took a class also that taught them about relation-

ships, cooking, child development, and sewing.

HERO was another career oriented club. HERO stands for Home Economic Related Occupations. This club watched video tapes on subjects such as drug abuse and teenage pregnancy.

DECA (Distributive Education Clubs of America) was a co-curricular club for the fashion merchandising and marketing students. DECA was involved in many activities this year, one of those being

the fall rally which was in Fredericksburg, where the students learn about the business of travel and tourism. DECA also went to Potomac Hospital during the holidays and sang Christmas carols to the patients and the staff. On March 22nd, DECA put on a fashion show. This year's theme was "Express Yourself." This year's officers were Jessica Scherstrom, President; Christy Wilmoth, Vice-President; Kim McCulloch, Reporter; Beth Rosato, Historian,

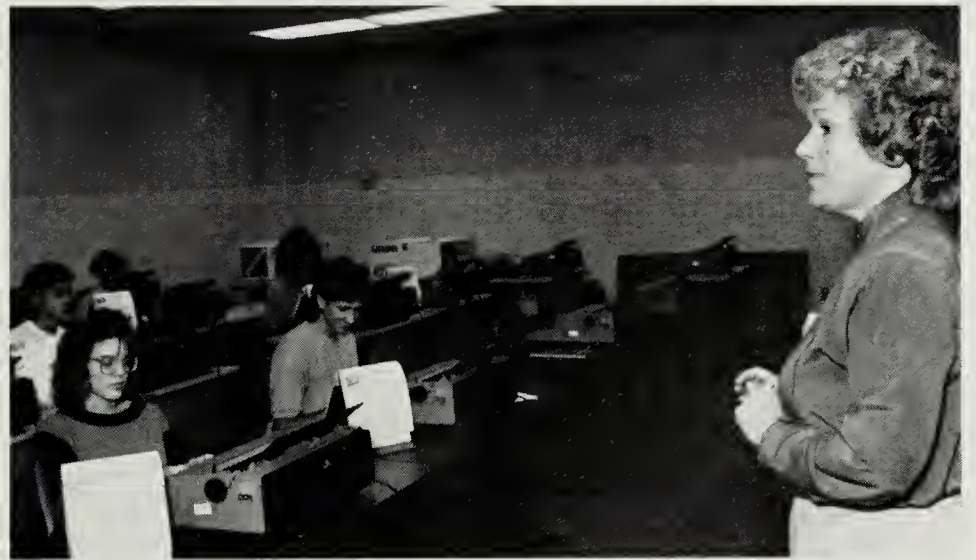
and Liz Rohlfs, Secretary.

HOSA is the Health Occupation Student Association. This club was made up of students who were in nursing and health classes. Students who were in this club were interested in a career in the health field. The officers for this year were Sue Greenwald, President; Michelle Liston, Vice-President; Lourdes McKinney, Treasure; and Lana Hennessee, Secretary; and George Greenfield, Parliamentarian.

(Back Row) Charlotte Harrell, Liz Rohlfs, Christy Wilmoth, Mr. Cardinale, Beth Rosato, Mr. Dallek, and Kim McCulloch, (Front Row) Jessica Scherstrom and Tara Knight attended an officer installation for DECA at Kilroy's.



At the HERO installation of officers, Charlene Withers, Wes Sprouse, Brian Matis, Jennifer Collatos and Ryan Dunn are sworn in.



Alice Krimmer teaches her typing class the basics of typing.

with all the confusion student government still ruled

Student Council Association (SCA) has been involved with many activities during the year.

In the beginning of the year they planned the homecoming court and dance. They spent many hours after school making posters and building props for the dance. They also had the task of organizing the court for the game.

Also they had answer/question sessions with Mr. Dallek. During these sessions they discussed problems brought up by SCA representatives.

This year they set up an experimental student court.

The court would appeal a student's punishment if they felt it was unfair. They could suggest to Mr. Dallek another form of punishment they thought was more suitable. They could not tell Mr. Dallek what to do they could only give him suggestions.

For example, if someone got caught smoking in the bathroom and got three days out of school suspension she could go to the court and they could suggest to Mr. Dallek three days in school suspension. He did not have to follow their suggestions but he would listen to them.

Proud of their homecoming float the seniors are excited as they make their trip around the track for the float to be judged.



During the pep rally Tara Knight crowns the princesses which is one of her duties as SCA President.



SCA Officers



Tara Knight, President "It was great being a part of the SCA this year, and I was thrilled to serve as President. I wish Gar-Field the best of luck in the future."

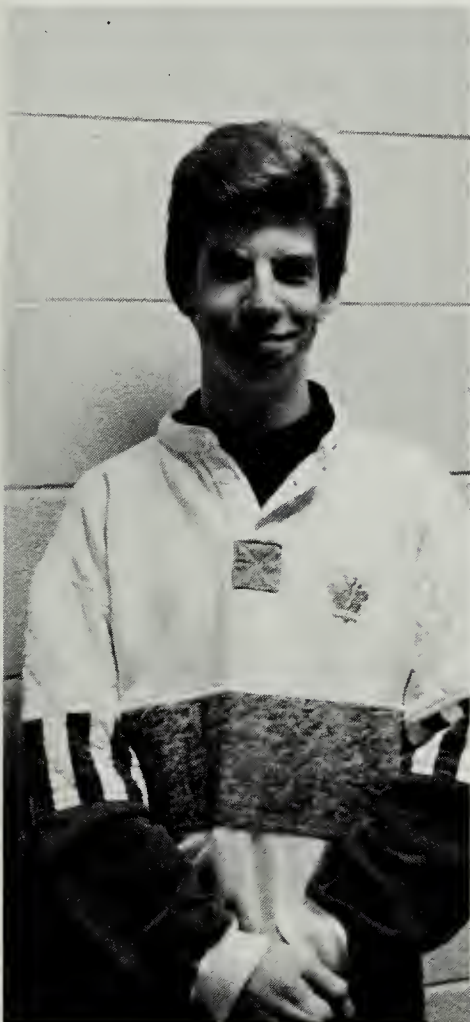


Carrie Vitko, Secretary; Tony Gamboa, Vice President.

John Somers President. "Once you become president you find out how much responsibility it is, and no matter how much good you do you can't please all the people all the time."

Senior Class Officers

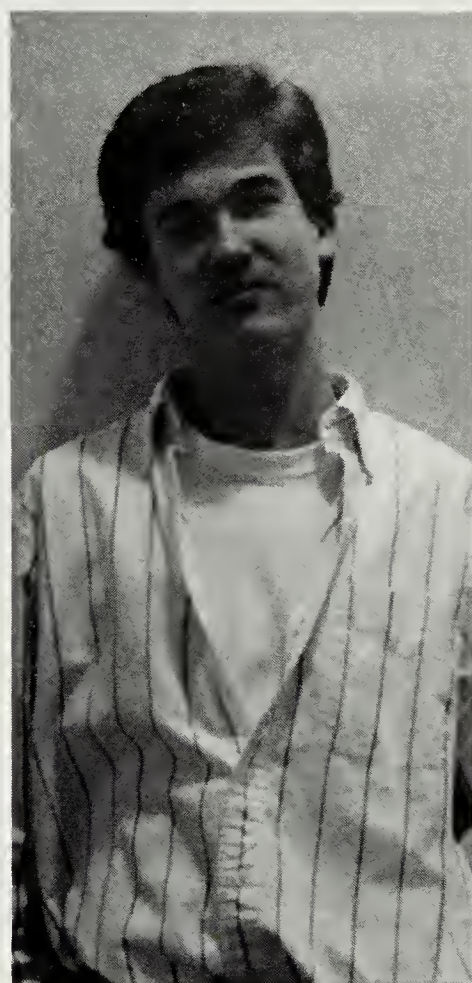
Chris Forster, Vice President



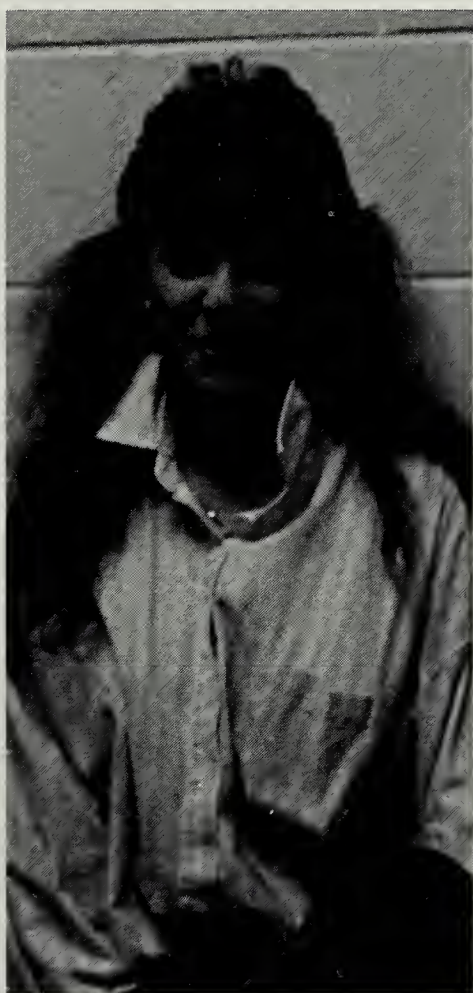
Jenn Peters, Secretary



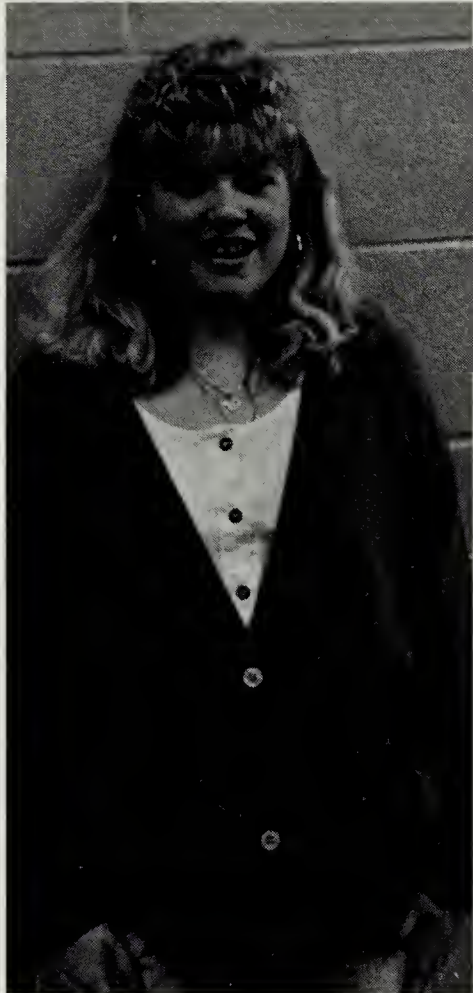
Roman Whitt, Treasurer



Junior Class Officers



Cathie Holstein, President



Teri Dey, Vice President



Eileen Perez, Secretary/Treasurer

activities would never get planned without student leaders

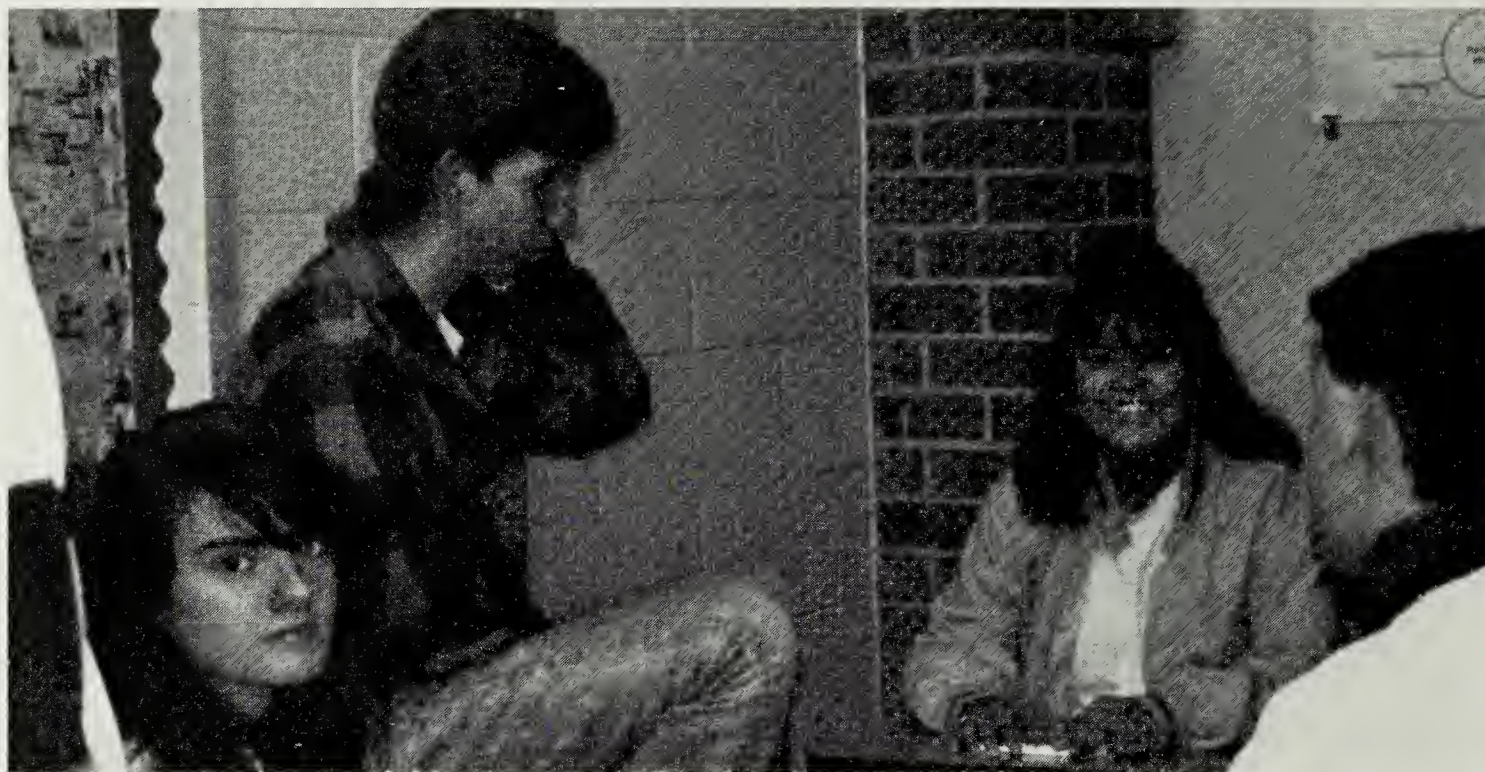
Did the student body really know what went into activities that the school had or who came up with the ideas?

Mostly it was the class officers who suggested activities they thought students would like.

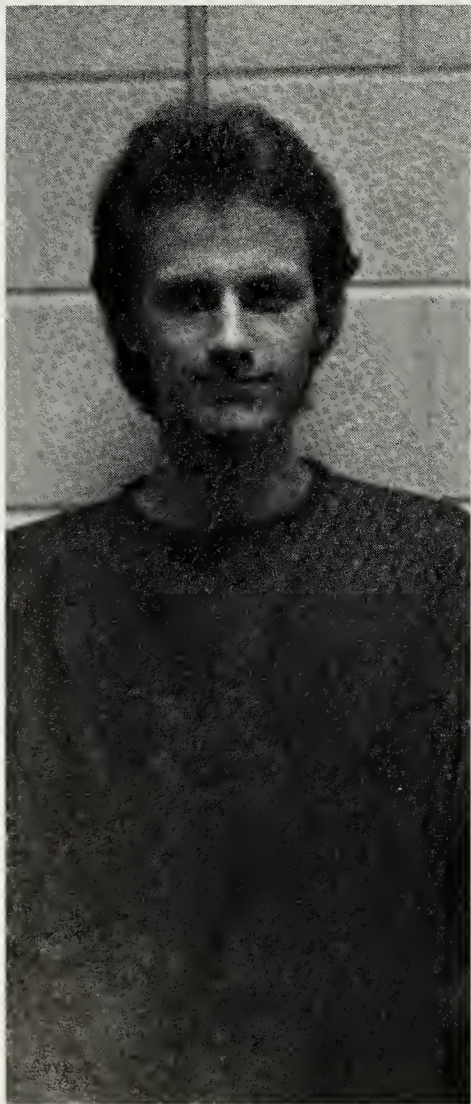
All the officers helped in the planning of homecoming. They worked on homecoming floats for their class. The juniors won first place and the seniors came in second.

The seniors sponsored a Sadie Hawkins Day dance where the girls got a chance to ask the guys out. They even had a male homecoming court for which Drew Ashley was crowned king.

During one of the senior class meetings John Sommers listens to ideas from Eliana Cabral who was chairperson for the homecoming float.



Sophomore Class Officers



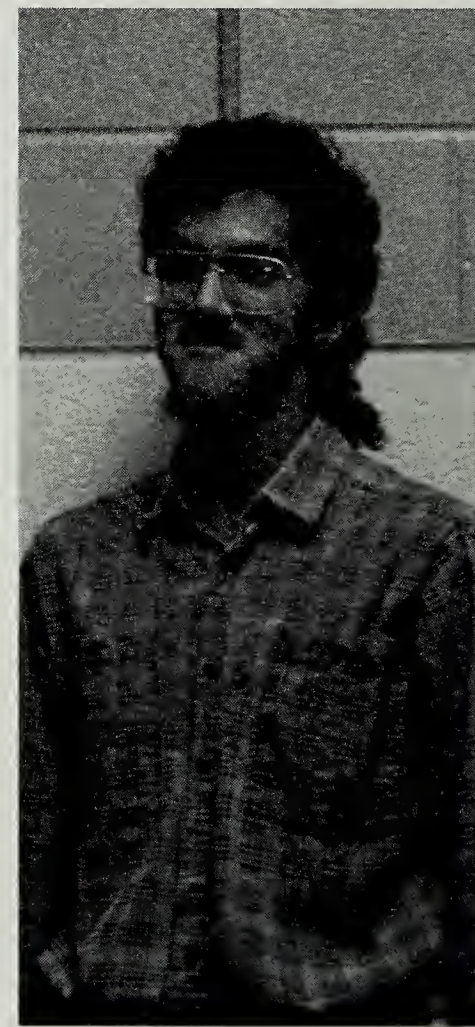
Travis Fitzwater President, "The SCA is a good thing, but it could be better if there were less restrictions on what we're allowed to do."



Kim Cox, Vice President



Maria Firvida, Secretary



Akram Khan, Treasurer

Freshman Class Officers

Tanya Gundel President, "It was fun being involved with the activities and I wish the best of luck to the freshmen."

Jenny Cyphers, Vice President

Jamie Dedman, Secretary



When the planning for homecoming is done Mr. O'Shea SCA sponsor relaxes by showing some of the students his favorite dances.



Mylinda McConnell looks on as SCA president Tara Kinight cuts the homecoming cake.



After the many hours of working hard on the senior float Vice President Tony Gamboa proudly displays his flower toga.

When there was nothing else to worry about, we had to consider the pressure to keep up with

Trends of the 80's

Technology and fashion governed the lives of many over the course of the eighties as the struggled to keep up with the times.

Schools changed radically from the seventies as new mechanical devices were introduced. While in the 70's computers were big, expensive, and impractical for schools, in the 80's they became essential to everyday life. Secretaries used

them for office work, guidance used them for scheduling and attendance, the library used them to house what would have been volumes of information. And of course, students used them in classes from math, to English to auto mechanics.

Other inventions changed the way we listened to music, watched T.V., and even how we were kept from skipping school.

In the mean time, fashion trends changing rapidly, too. In the beginning of the decade, long hair, long hemlines, and tight pants were in. As time passed, both hemlines and haircuts got shorter.

By the end of the decade there was practically a fashion free-for-all, with people wearing anything from a shirt and tie to tie-dye sweats to school.



As the size and cost of computers got smaller, their useage in schools increased.

Sculptured hair styles like freshman Rovetta Brown's replaced the afros of the 70's





the
80's

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the
80's

Running on the track in P.E. class, freshmen Courtney Russel and Ben Davies work to keep in shape.

When there was nothing else
to do, students tried to

Keep in Shape

If the 70's were the age of polyester, the 80's were the age of spandex, Gortex, and nylon. The age of the health kick had begun.

The hippies of yesterday became the yuppies of today. Suddenly they thought of their bodies as temples. So they got off the acid and onto aerobics worshipping hard muscles and offering tofu in return for slender bodies.

Health clubs and spas sprouted up, promising a better, healthier body for a couple hundred dollars a year. Losing weight was a perfect conversation topic as people watched their calories more avidly than *Dallas* and compared cholesterol levels.

Jane Fonda, the health guru actress, and ex-little fat kid, hyperactive Richard Simmons, made millions living off the fat of the land or the land of the fat, depending on your view, selling videotapes to closet

exercisers, encouraging the livingroom athlete to go for the burn.

Aerobics isn't for everyone, though. Amy Ripton, junior, said, "Aerobics makes you a bimbo. If you don't do fun things, your brain goes to mush."

Others' ideas of exercise ran to the more unconventional, such as self-defense classes. "Exercise is only fun when you get to kick people," commented Erina Moriarty, junior.

It became fashionable to be seen in stylish sweatsuits. Nike told America to "Just do it." Reebok had fit and trim celebrities encouraging everyone to be in their shoes. Everywhere you turned there were signs, ads, and studies telling Americans no one loves you unless you're thin.

If it wasn't just picked from the garden, absent of preservatives, it wasn't

good for you.

Even Gar-Field, got in on the health kick. With two years of P.E. and health as a requirement, students sweated their way to a good

grade and a better body.

What's in store for the 90's? Spandex formalwear? AP Aerobics? A soybean fest for lunch? We can only sweat it out.



Junior Steve Balcomb lifts weights to keep the healthy look.

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Thing were always
changing in the

World of Fashion

Fashions of the 80's changed as fast as you could say Liz Claibourne. The decade was sort of an, as Madonna said, "express yourself" era. Practically any-

thing was acceptable. Many fashions emphasized naturalness. Make-up was toned down and Natural fibers like cotton and wool had a resurgence.



Sporting some of the fashionsof the late 80's are Eric Jenkins and his friend.

Where you shopped was often more important than what you bought, with some popular place being Britches, Bennetton, The Limited, and The Limited Express.

Many styles were inspired from stars. Michael Jackson guys and girls as well, sporting one glove, parachute pants, and jackets with lots of zippers. Some girls became Madonna wanna-bes, wearing crusafixes and see through clothing. Girls died, crimped, curled, and teased to get the Cyndi Lauper look. And of course guys went for the pastel, Don Johnson look after watching Miami Vice.

In the beginnings of the decade the word for jeans was tight and Calvin Klein and Jordash were in. Later in the decade new styles like acid-washed and white-washed were in.

Comfort was an concern in the 80's. Everything got

bigger as people wore oversized everything. "My favorite piece of clothing is my baggies They're so comfortable," said John Brettle, junior.

Skirt lengths rose and fell about as many times as Opra's weight in the last decade. Miniskirts came back in, and some were shorter than ever.

Even shoes were status symbols in the 80's. Velcro was discovered to be an asset to tennis shoes, eliminating the need to tie shoes. Later Keds became popular, first without the laces, then later with them. High tops made by Nike, Converse, and Brittish Knights were popular as well.

To finish out their outfits, girls turned to accessories including jewelry, vests, scarves, and belts. "My favorite accesories are my diamond rings and watches," said junior Stephanie Lamb.



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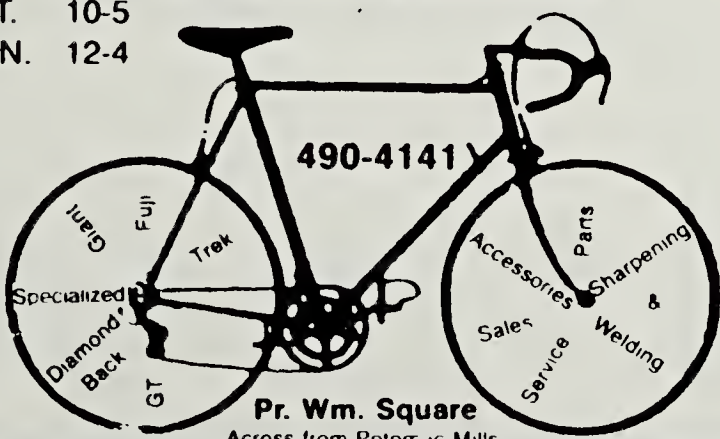
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And when we needed a
something to relax us

Music was the answer

As with any decade, several new ideas have come about in the music world. Compact discs replaced the vinyl records, Music Television was created, and a new generation of music was unleashed.

There was a major blend of music liked in the 80's generation; there was progressive rock, rap, reggae, heavy metal, pop, classic rock, and basic rock.

Progressive rock jumped into the music scene first at colleges and universities around the United States in the early 80's. Soon, the groups developed cult followers from all age groups. Some of the groups that gained most of the listeners' attention were R.E.M. with *Pagan*, *Document*, and *Green* albums; U2 with *The Joshua Tree*; INXS with *Listen Like Thieves* and *and* The Cure with *Kiss Me, Kiss*

Me, Kiss Me. "Progressive Rock is one of the best types of music ever invented in a generation. Its music enhances your mind because the music has meaning, and its language grows with you," stated senior

1982," said sophomore Dan Baglivio. "I heard the Fat Boys and Run DMC, they were awesome. The bass beat was hip, happening and deaf defying."

The sound of reggae caught

from England, UB40.

The music which relates to rebellion, heavy metal also increased in popularity. With groups making the top 40 and having hit albums helped also. Some of the popular bands in the 80's were Iron Maiden, Aerosmith, Metallica, Motley Crue, Ratt, Def Leppard, and the newest group Guns and Roses. One of the major highlights for heavy metal fans in the 80's was the Monsters of Rock Tour. The tour had major groups like Metallica, Scorpions, Van Halen, Dokken, and Kingdome Kome.

"I got into the music from my sister," said junior Kraig Smith. "I was tired of hearing Casey Kasem every time I woke up on Sundays."

One of the types of music usually liked by many high school students is pop music. During the 80's many groups

"I was tired of hearing Casey Kasem every time I woke up on Sundays."

Junior Kraig Smith

Michael Adams.

Rap is another type of music enjoyed by many people. Rap became popular in the mid 80's in the high schools across America. Some of the groups that became favorites were: Run DMC, D.J. Jazzy Jeff and the Fresh Prince, Young M.C., The Fat Boys, Public Enemy, and L.L. Cool J.

"I first listened to rap in

the attention of many people. Bob Marley brought the sound of reggae into the lives of many people. Like many other great musicians he died. Later in the 80's his son Ziggy took over where his father left off. He gained fans with his album *Conscious Party*. In the summer of '88 the song "Red, Red Wine" brought fan and airway support to the reggae group

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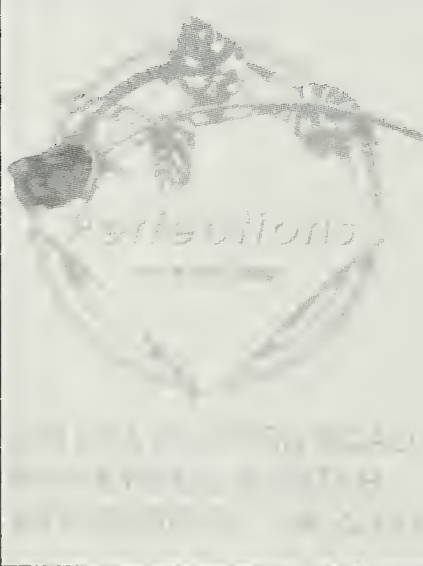
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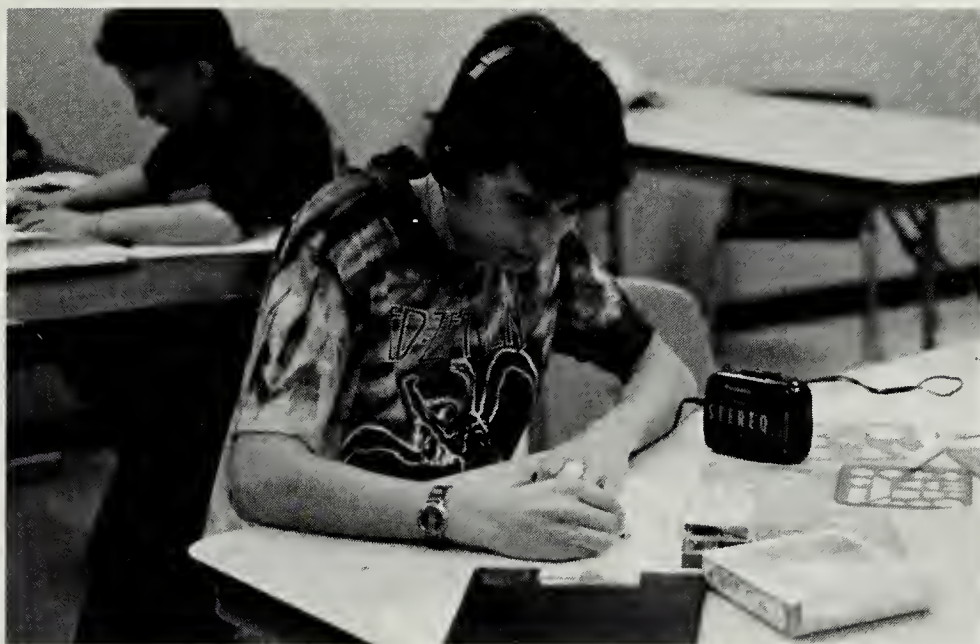
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Senior Davis Fugitt enjoys listening to music on one of the inventions of the 80's, a personal stereo.

grabbed the attention of people mostly by the way they looked. In the 80's there was New Edition, Whitney Houston, Wham, Janet Jackson, New Kids on the Block, Bobby Brown, George Michael, Tiffany, Debbie Gibson, and Paula Abdul.

"I like pop music because they play it so much on the radio," said junior Ryan Pruitt, "so it just started to grow on

me."

Ever since MTV put the Monkees back on television, Classic Rock has increased in popularity. Many new classic rock radio stations prospered in the D.C. metropolitan area like 105.9, 106.7, 104.1, and 107.7. In the mid 80's one of the most popular bands of the 60's staged a comeback. The Grateful Dead released the hit album *In the Dark* the last sum-

mer of the 80's, The Who celebrated their 25th anniversary with a 25 city tour across North America.

"Classic rock is rock in its simplest form," said junior Kary Dengler.

The music which was born in our parents' generation, rock, continued its popularity. Its music continued to attract listeners of all ages. The more successful groups of the 80's were The Cars, The Police, Queen, Billy Joel, Journey, Genesis, Prince, Madonna, Cyndi Lauper, Michael Jackson, ZZ Top, and Tom Petty and the Heartbreakers.

"Rock music just got better in the 80's," said senior Tom Breen. "It's music sounded a lot better, and it was more interesting."

The decade of the 80's introduced a new way for audiences to see their favorite groups. In 1980, Music Television was born. Now, instead of groups just sounding good, they had to look good. Throughout the 80's MTV had shows that pertained to certain

viewers, they had Heavy Metal Half Hour, Headbangers' Ball, Hard 30, Classic Capsule, Post Modern, Yo! MTV Raps, and a wacky game show, Remote Control.

"I think MTV is a waste of time because it distracts students from their academic achievements," said Linc Williams.

Some people had different views about the birth of MTV. "I believe that MTV has progressed so far. Everyone in the country not only can hear, but see their favorite performers everyday," said senior Brett Templeton.

In the mid 80's a new invention was introduced that would change the world of music forever. Compact discs were here. They sounded so much better than your basic albums and cassettes. Since the quality sounded better, the listener paid more for them. "I love CD's; the price may be expensive, but the quality will always last," added Brett. "CD's are the greatest invention that happened in the 80's."

Best Wishes to the Class of 1990

From the Indian Echoes Staff

Focusing on intensified instruction and discipline forced everyone to make

Changes at school

During the past decade, Gar-Field has had many changes, including the change in principal, from the popular Zuill Bailey to the then unknown, Roger Dallek. Principal Dallek brought many rules and new ideas that he wanted strictly enforced here. Although at first he was not liked at all for his changes, they now have become routine to many students. Senior Karen Jenkins commented, "He was a lot more strict than anyone expected him to be. He seemed to be unflexible on many issues." She added, "I think everyone is pretty used to him now. He is still strict, but at least he is fair."

These rules included stricter tardy rules, a radical in-school suspension for chewing gum, automatic out-of-school suspension for smoking. The wearing of hats was intolerable, and many felt

the punishments didn't fit the crimes. But students didn't have any choice in the matter. Senior Alex Reys explained, "I think if the students that get caught smoking are going to get 3, 4, or 5 days of suspension, then it should be in school and not out. The punishment we have now results in semester failure or even more, year failure."

The term "jail" became used

"I think everyone is pretty used to him now. He is still strict, but at least he is fair."

Karen Jenkins on Mr. Dallek

by many, and for good reason. A tall, grey fence was built to surround Gar-Field. Students objected vocally, and were told it was their parents choice. With a new mall across the street it would keep out unwanted strangers. The effec-

tiveness of the fence is still a question and probably will never be known. Senior Daralyn Egan added, "The gates are never closed so why even bother having them there." She continued, "It feels like a prison and not really a school, although it is good to have security, I think we've over done it."

An additional security guard was hired, and only the

burden to them and some kind of punishment. Senior Beth Rosata said, "You have to wait in line with all the people who were late also. That's a lot of wasted time."

With the all the building up of Dale City, the population of students grew quickly. School was an overcrowded place to be, not only for classes, but for in between class. A trial six minute between class change was started, although a minute doesn't seem long, students found it to be very valuable.

Passes were also changed. They needed as much as four or six signatures. Each of your destinations had to have a time of arrival, a signature, and a time to get to your next destination. During class time, you had to have a pass even if you had no excuse for being tardy, the pass was simply checked as unexcused.

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more than other babies. Get tested for AIDS before you
get pregnant. Until then, use condoms to help
protect you from AIDS. Don't grow a baby born to die.

Schools took on the role of educating people about AIDS in
classes as well as through signs.

First reported in mid-1981,
AIDS has had a major impact
on the 80's. It has caused the
American population to be-
come a lot less sexually pro-
miscuous and more sexually
responsible.

In the beginning, it was
thought AIDS was only trans-
mitted through homosexual
contact. We have now learned
there are several ways to trans-
mit the disease including shar-
ing contaminated needles,
getting contaminated blood
from transfusions, passing it
from an infected mother to a
fetus, and through sexual in-
tercourse.

Condoms have proved to
be the best protective measure
aside from abstinence. Many
Americans have learned to
practice "safe sex" by either
using a condom, or having a
stable, monogamous relation-
ship.

AIDS has also become very

controversial in schools. Many
children with AIDS were kept
from attending school. There
has been no evidence that
AIDS can be spread through
normal contact. Junior Amy
Fair commented, "I think its
O.K. for kids with AIDS to go
to school because I know you
can't get it by just looking at
them or touching them."

AIDS education has be-
come very important. Health
regulators feel it is imperative
that everyone be properly in-
formed on this issue. In some
states AIDS education in
schools is mandatory. Jennifer
Lewis said, "I think everyone
should know the risks and
causes of AIDS."

AIDS, to some is known as
the trademark of the 80's. It
was one of the most important
and controversial issues of the
decade. Although no cure has
been found, the search for one
will continue well into the 90's.

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The 80's will be hard to top when it comes to the hit of the Silver screen

During the 80's movies continued to play an important role in people's lives. Different types of movies focused around different types of age groups. There were more action/adventure movies, funnier comedies, better sci-fi movies, and the dramatic movies grabbed a piece of your heart.

In the 80's the time was right for people to begin to understand and accept the Vietnam War. Many movies came out that dealt with different situations of the war.

The 1986 release of *Platoon* really grabbed the attention of many by winning an academy award for best picture. Some of the better Nam movies were *Full Metal Jacket*, *Uncommon Valour*, *Good Morning Vietnam*, *Hamburger Hill*, and the newest Oliver Stone movie, *Born on the Fourth of July*.

"I liked them because they

were realistic and I thought it was about time they had some," said junior Linc Williams.

Ever since *Star Wars* was released, the special effects in movies have improved tremendously. George Lucas and Steven Spielberg directed some of the best action movies ever seen by man. *Return of the Jedi* had scenes that past generations only dreamed about making. The Indiana Jones trilogy brought back the spirit of the old damsel in distress, and the invincible hero, with Harrison Ford playing the dynamic Indiana Jones.

At the tender age of 21, Eddie Murphy made his film debut in *48 Hours* with Nick Nolte in 1981. As the decade closed, he solidified his mark in motion pictures with *Harlem Nights*. Throughout the 80's he had a string of hits including *Beverly Hills Cop I & II*, *Golden*

Child, and *Coming to America*. His biggest hit grossed over \$200 million.

Other comedy movies which succeeded in the 80's were *Tootsie*, *Stripes*, *Caddyshack*, and *Ghostbusters*, shows that starred Bill Murray.

In the last years, such comedy hits as *When Harry met Sally*, *Naked Gun*, *Who Framed Roger Rabbit*, and *Honey I Shrunk the Kids* revived comedy. One of the funniest movies to be released was *Strange Brew*.

"I give *Strange Brew* a 10 on any classic movie list," said Linc. "It was one of the funniest movies I've ever seen in my life."

Drama movies continued to score big at the box office. *E.T.*, *the Extraterrestrial* passed *Star Wars* in tickets sold to become the biggest box office hit in history.

Other successful movies

were *Rain Man* and *Terms of Endearment*, both which won awards for best picture. Also popular were *Dead Poets Society*, *Mississippi Burning*, *The Breakfast Club*, and *Gorillas in the Mist*.

"I thought *The Breakfast Club* was an awesome movie," said senior Michael Adams. "It was so realistic the way it dealt with the lives of different people in other social groups."

Many movies of the 80's became more than just a source of entertainment. Often they set the trends of the decade as well.

Navy recruitment soared after the release of *Top Gun*, its posters hanging in every recruiting depot. *Dirty Dancing* turned a mediocre performance by Patrick Swaze into a dance craze that might only have been rivaled by John Travolta's *Saturday Night Fever* of the late 70's.

*To the Super Gar-Field
Seniors of 1990
Congratulations and
Good Luck*

Roger Dallek
Principal

Making life simpler for everyone, the decade was filled with **Advances in technology**

As with the beginning of any new decade, we tend to look back on the past. Since it's opening, the school has progressed through the years to keep up with the developing and demanding times. Technology played a significant role in many different ways in the students' curriculum. Every aspect in today's students' life is in some way affected by the use of modern day computers.

A large variety of improvements have taken place here at Gar-Field over the last ten years. The school library has acquired a TOM (Text on Microfilm) machine that allows students an easy access to a wide variety of stories listed by index on microfilm.

Computers in the last few years have become a familiar sight at our school. Word processors have now replaced

the outdated time consuming conventional typewriters of the past. Students are given the opportunity to use computers for book reports and research papers. "I typed a book report on a word processor and it was very easy to use and it didn't take any time at all," said junior Erik Howe.

Students with ease are now able to rearrange, insert and delete text which can be saved on a disk or printed out on hardcopies error free. On-screen menus give the students directions on how to use special details that include a word wrap, bold type, on screen rulers and more.

The school security guards and principals currently use expensive and long range walkie-talkies to maintain contact with each other and to monitor student activities.

The use of VCRs (Video Cassette Recorder) have long since replaced outdated film

and slide projectors. The quality and affordability of the video cassette tapes have allowed movies and documentaries to be shown in class without any frustrations. "VCRs are a lot easier to use than those old film projectors," said senior Chad Hurst.

The intercom system used in the driver education course aids in teaching the students better driving skills. The control tower allows the teacher's to watch over many student drivers at one time and to communicate to each by radios in their driver's ed car.

The office has acquired a machine that calls the students home to notify any guardians that his or her student has not attended school for that day.

Answering machines have even been developed for the students' lockers so that they can send messages to each other between classes without having to write notes in class.



This machine called the parents of absent students each night.

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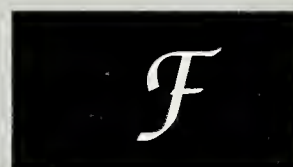
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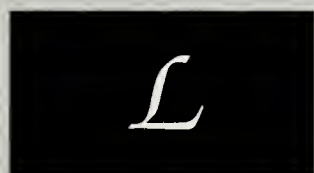
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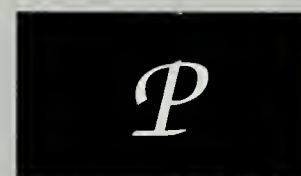


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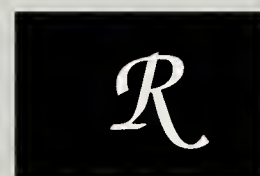
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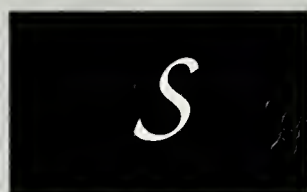


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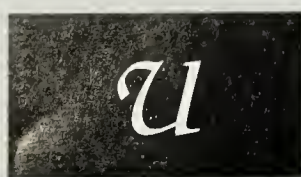
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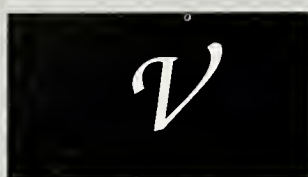
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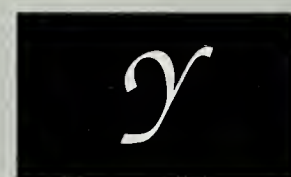


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Darlene Wooley, art

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Mac Lambert, music
Melina McKenzie, music
Debbie Moyers, music
Mike Trowbridge, music

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DEDICATION During the month of December, when cold temperature were rivaling the records, Coach Clyde Hoy's indoor track teams still practiced. Their hard work paid of in district and regional championships for both the girls and the boys.



Apology

If you didn't find your name in the index, don't panic, you may still have your picture, or at least your name in the yearbook. Due to unexpected technical difficulties, some names could not be indexed. We especially apologize to seniors whose portraits could not be indexed.

STATE CHAMPS Taking advantage of the surprisingly warm January weather, the boys indoor track team ran intervals on the track, preparing for its championship. The team was led by Dennis Toole and David Presnell

The Pressure's off

(or how everyone feels at the end of another year of school.)

Stress was the word of the year as earthshaking events kept the media on its toes. From ZsaZsa Gabor's trial to an epidemic of Leona Helmsley jokes to Guns 'n' Roses winning Best Heavy Metal Band at the American Music Awards, it was undoubtedly a year of shocking events. And didn't someone say something about some wall falling somewhere? Was it on *Close Up*?

Through all the turmoil the world was experiencing, life went on at Gar-Field just the same, complete with its own set of crises. Icy parking lots, hall passes that were only marginally simpler than the 1990 tax forms, and the morning announcements were just a few of the various non-normal events going on at Gar-Field. (Okay, so it's true the blue lockers *did* make it more

Indian Pride was still evident despite the less-than-perfect football season. At the Woodbridge game, the stands were packed with fans sporting red, white, and blue.

difficult for everyone to remember where their locker was, but we adjusted.)

The end of the Eighties also caused some trepidation for people. Students feared our past would catch up with us this decade, and feared we'd be left to solve such awful problems as the deficit, the disappearing ozone layer, and the comeback of bellbottoms. Fortunately, the first two were deemed "controllable" by the Class of '90, but even these future leaders were daunted at the prospect of a bellbottom on every body.

But the end of the decade was also a blessing to some. "Yuppies" and their crass consumerism have been declared a fad of the past, so thousand of students could stop sweating over whether or not the Ivy of their choice would take them.

Amy Ripton (91), a member of the county's Youth Advisory board, helped staff G-F's suicide prevention night. Said Amy, "one person saved is worth it."

All in all, the end of the school year was too long in coming. Sure, this year was fun, and a lot of people wished it wouldn't go by so fast, but all the stress of gearing up for the Nineties kept the contents of Gar-Field under too much pressure.

Enjoying the fall sunshine, Lisa Schmeiser checks out the William and Mary campus on a weekend visit. Many seniors spent their fall weekends checking out colleges before they began the tedious process of applying to them.



Jumping for joy at the sound of the sound of the sixth period bell, Denise Simcic (90) grins in anticipation at the thought of rushing home and relaxing.



But seriously, Indians... the sober truths about this year



The 1989-1990 school year was far from slow. Every morning, our fearless leader, Mr. Dallek, would remind us of our "commitment to intensified instruction and discipline," along with the daily announcements.

Too bad you can't leave class or school as quickly as you want. If it wasn't the hall passes, then it was trying to get out of the school parking lot with all those chains, jersey walls, and Mr. Scudieri, our new security officer, making sure no intruders entered our school grounds. Even if you decided to be the serious scholar, the pressure was on to keep those grades up and cram for exams. They account for 1/4 of your grade. If you flunked your exams, you were history.

Even in his "Our House" t-shirt and sweats, principal Roger Dallek puts the pressure on the students to behave. Striking an intimidating pose, Mr. Dallek monitors the students at College Night, held at Gar-Field this year.

Diligently reviewing her notes on intergration, Stacy Bittner (90) could often be found in class early studying for an upcoming killer Calculus quiz in Miss McKelvey's class.

Speaking of history, this year was unprecedented in historical events. The school year started out with the uprising in Tiannemen Square in China. Then disaster struck the United States. Hurricane Hugo wrecked the East coast and an earthquake, which registered 7.1 on the Richter scale, rocked San Fransisco.

Rocks? did someone say rocks? Some rocks, otherwise known as the Berlin Wall came tumbling down in November. Soviet leader Gorbechev declared "glasnost" and the Eastern Bloc countries declared themselves independent.

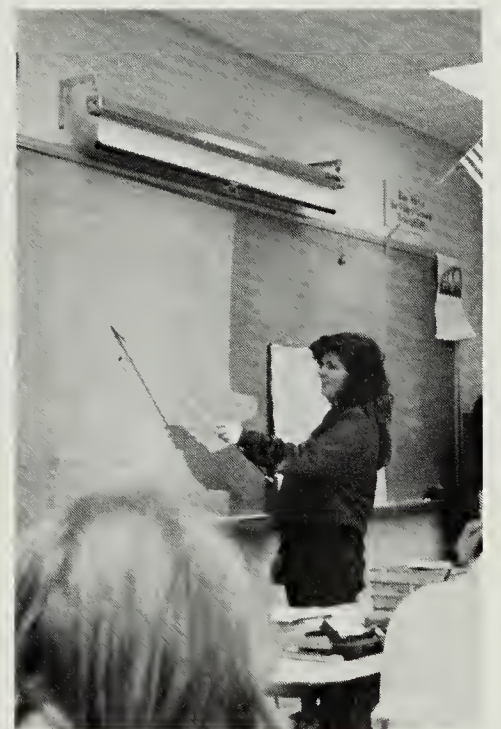
Gar-Field students raised over \$500 for the earthquake victims and held a forum to discuss the events in Europe.

Maybe when the year is over we should thank Mr. Dallek for our daily reminder because with his help and the grace of Father Time, the school year is over and the pressure is off.

Sherie Stewert (90), goes to the head of the class in Latin as she explains what all that Latin on the board means in twentieth-century English.



Sitting through her 3rd application of pink make-up, Shannon Raymond (91) prepares for the opening night of the "Pink Panther."



Hunting for ideas, identifying people, and putting together what G-F really is on paper kept the class contents

Under Pressure

"Take a picture of me! I want to be in the yearbook!"

"I didn't like last year's yearbook; this year better be better."

Amid the criticism and comments the student body made, 18 students walked into JN01 on the first day of school ready to put together yet another edition of *Indian Echoes*.

A significant change was going from making the yearbook from paper and typewriter to computer. Staff members used to drawing up layout designs now had to learn how to manipulate a mouse, and new members had to too. Other challenges were finding the person you wanted to quote, finding good pictures, figuring out who the people in the picture were, and getting it all done in as little time possible.

The first trial the staff underwent was an early November deadline. Homecoming was due on that deadline and it hadn't even happened

yet. And no one could operate the computers either. "It was real hard to learn. I kept losing my patience. And my pages kept disappearing," comments senior staff member Jenn Peters. My blood pressure skyrockets everytime I get near one of these. I don't care if it's technology, I still don't like it."

The next deadline experience was a little better, despite the two snow days right before it and a month's backlog at Segall-Majestic. The third was on Christmas, and the fourth on exams. Pretty soon, the word "deadline" was synonymous with "omen" because everytime one approached something would happen.

Staying after school was common for some staffers as well, and coming on weekends and holidays. Ms. LaRue and Mrs. Shacklette put in more than their fair share as well, sometimes staying at school until two or three in the morning putting on finishing touches.

Although everyone was under constant stress, everyone agreed that putting together the *Indian Echoes* was worth it. "Stress?" said Lisa Schmeiser, "That's what I took yearbook for!"

Yearbook staff for 1989-90 was:

Underclass- Becky Bank -editor, Bobbi Plenty

Senior class- Christine Williams- editor, Tara Lewis

Sports- Chris Forster-editor, Jenn Peters- coeditor, and layouts by staff

Clubs and Organizations- Kim Harris-editor, Kim McCulloch-editor

Student Life- Lisa Schmeiser-editor, and layouts by staff

Index- Sean Prior

Staff- Mike Adams, Fred Beg, Katie Burrell, Tamara Enoch, Dave Fugitt, Veronica Ko, Denise Simcic, and Roman Whitt.

Opening- Kim Harris and Kim McCulloch

Closing- Jenn Peters and Lisa Schmeiser.



Indian Echoes Staff 1990 Front Row: Mike Adams, Christine Williams, Katie Burrell, Roman Whitt. Second Row: David Fugitt, Sean Prior, Chris Forster, Lisa Schmeiser, Bobbie Plenty. Back Row: Jenn Peters, Kim McCulloch, Kim Harris, Denise Simcic, Veronica Ko, Becky Bank.

Colophon

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Sponsor: Wendy LaRue, journalism I,II; photojournalism; English 9

Consultant/co-sponsor: Lisa Shacklette, media center librarian.

If you've read this far, then thanks and best of luck next year!

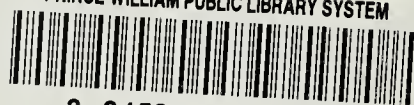
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